

# Optimization for Data Science

## Lecture 05: Convergence of Gradient Descent

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# Previous lecture

- We assumed that
  - The objective function  $f$  is differentiable
  - and its gradient  $\nabla f(x)$  is Lipschitz continuous

$$\|\nabla f(z) - \nabla f(s)\|_2 \leq L\|z - s\|_2 \quad \forall z, s$$

- Lipschitz continuity of the gradient implies that the gradient cannot change arbitrarily fast.
- Lipschitz continuity of the gradient is a common assumption in Machine Learning problems.
- For example, least-squares logistic regression, deep neural networks.

# Previous lecture

- We defined gradient descent as the following iterative scheme:

$$x_{k+1} = x_k - \frac{1}{L} \nabla f(x_k)$$

- where  $k$  is the number of iteration and  $L$  is the Lipschitz constant of the gradient.
- We proved that at each iteration gradient descent decreases the objective function

$$f(x_{k+1}) < f(x_k)$$

# Previous lecture

- More generally we defined the gradient descent using step-sizes  $\alpha_k$ :

$$x_{k+1} = x_k - \alpha_k \nabla f(x_k)$$

- where  $\alpha_k$  was chosen using line-search techniques.
- We proved that at each iteration gradient descent + line-search decreases the objective function

$$f(x_{k+1}) < f(x_k)$$

# Previous lecture

- We also proved that if a function  $f$  is differentiable and its gradient  $\nabla f(x)$  is Lipschitz continuous, then we can upper bound  $f$ :

$$f(y) \leq f(x) + \nabla f(x)^T (y - x) + \frac{L}{2} \|y - x\|_2^2 \quad \forall x, y \in \mathbb{R}^n$$

- **We are going to use this upper bound in this lecture a lot.**

# Outline

- Convergence of gradient descent
- Convergence rate of gradient descent for non-convex and convex functions

# A simplification

- In this lecture I will assume that we always work with the following version of gradient descent:

$$x_{k+1} = x_k - \frac{1}{L} \nabla f(x_k)$$

- which uses constant step-sizes  $\alpha_k = 1/L \ \forall k$
- This simplifies the analysis, also, similar results can be shown for gradient descent + line-search.

# Amount of decrease of the objective function

- If a function  $f$  is differentiable and its gradient  $\nabla f(x)$  is Lipschitz continuous, then gradient descent satisfies

$$f(x_{k+1}) \leq f(x_k) - \frac{1}{2L} \|\nabla f(x_k)\|_2^2$$

- This result shows that gradient descent is guaranteed to decrease the objective function
- The amount of decrease depends on the length of the gradient.



# Asymptotic convergence

- We can show that as  $k \rightarrow \infty$
- then  $f(x_k) - f(x_{k+1}) \rightarrow 0$
- which implies that  $\|\nabla f(x_k)\|_2 \rightarrow 0$

# Asymptotic convergence: sketch of proof

- Assuming that the function  $f$  is bounded below:

$$f^* \leq f(x) \quad \forall x \in \mathbb{R}^n$$

- (we have to assume this, otherwise we are minimizing unbounded functions)
- From the “amount of decrease inequality” we get

$$\|\nabla f(x_k)\|_2^2 \leq 2L(f(x_k) - f(x_{k+1}))$$

# Asymptotic convergence: sketch of proof

- Because gradient descent monotonically decreases the objective function

$$f(x_{k+1}) < f(x_k)$$

- and the objective function is bounded below, then we must have that  $f(x_k) - f(x_{k+1}) \rightarrow 0$  as  $k \rightarrow \infty$
- which in combination with  $\|\nabla f(x_k)\|_2^2 \leq 2L(f(x_k) - f(x_{k+1}))$
- implies that  $\|\nabla f(x_k)\|_2 \rightarrow 0$  as  $k \rightarrow \infty$ .

# Asymptotic convergence

- However, the asymptotic convergence results does not tell us about:
  - How fast the gradient goes to zero.
- Since the termination criterion of gradient descent is  $\|\nabla f(x_k)\|_2 \leq \epsilon$ , for some positive tolerance parameter  $\epsilon$ , we would like to know how many iteration will be required by gradient descent to satisfy the termination criterion.

# Asymptotic convergence

- In other words, given a tolerance parameter  $\epsilon > 0$ , we would like to know how many iterations does it take to get to  $\|\nabla f(x_k)\|_2 \leq \epsilon$ .

# Convergence rate: assumptions

- Function  $f$  is differentiable and its gradient  $\nabla f(x)$  is Lipschitz continuous.
- Function  $f$  is bounded below:

$$f^* \leq f(x) \quad \forall x \in \mathbb{R}^n$$

# Convergence rate

- After  $t$  iterations (start counting from zero), gradient descent satisfies

$$\min_{0 \leq k \leq t} \|\nabla f(x_k)\|_2^2 \leq \frac{2L(f(x_0) - f^*)}{t + 1}$$

- Thus after  $t$  iterations we have that gradient descent produces at least one  $x_k$  such that

$$\|\nabla f(x_k)\|_2^2 = \mathcal{O}\left(\frac{1}{t}\right)$$

# Convergence rate

- After  $t$  iterations we have that gradient descent produces at least one  $x_k$  such that

$$\|\nabla f(x_k)\|_2^2 = \mathcal{O}\left(\frac{1}{t}\right)$$

- We say that  $\|\nabla f(x_k)\|_2^2$  converges **sub-linearly**. Why?  
See next slide.



# Convergence rate

- $-\log_{10} \|\nabla f(x_k)\|_2^2$  is a measure of the number of correct significant digits in  $\|\nabla f(x_k)\|_2^2$ .
- For example:  $-\log_{10} 0.1 = 1$ ,  $-\log_{10} 0.01 = 2$ ,  $-\log_{10} 0.001 = 3$ .
- We have that  $-\log_{10} \|\nabla f(x_k)\|_2^2 \approx \log_{10} t$ . Thus the number of correct digits scales logarithmically with  $t$ . The logarithm is a smaller function than the linear function, thus we call the  $\mathcal{O}(1/t)$  rate sub-linear.

# Iteration complexity

- How many iterations does it take to satisfy

$$\|\nabla f(x_k)\|_2^2 \leq \epsilon$$

- Gradient descent requires in **worst-case**

$$t \geq \frac{2L(f(x_0) - f^*)}{\epsilon}$$

- to produce an  $x_k$  that satisfies  $\|\nabla f(x_k)\|_2^2 \leq \epsilon$ .

# Iteration complexity

- A similar result can be shown when using line-search techniques to compute the step-size  $\alpha_k$ . Only some constants change.
- The rate  $\mathcal{O}(1/t)$  is dimension independent (assuming that the Lipschitz constant  $L$  does not depend on the dimensions of the problem).

# Iteration complexity

- We showed that

$$\min_{0 \leq k \leq t} \|\nabla f(x_k)\|_2^2 \leq \frac{2L(f(x_0) - f^*)}{t + 1}$$

- But it is not necessary that the only the last iteration  $t$  satisfies the above bound.
- Since this is a **worst-case** result, earlier iterations might satisfy this bound too.

# Iteration complexity

- For Machine Learning problems bounds like

$$\min_{0 \leq k \leq t} \|\nabla f(x_k)\|_2^2 \leq \frac{2L(f(x_0) - f^*)}{t + 1}$$

- are often **very pessimistic**. In practice, gradient descent might converge faster.
- This reveals a practice and theory gap.

# Iteration complexity

- Since our function  $f$  is not necessarily convex, gradient descent is only guaranteed to converge to a stationary point, i.e.,  $\nabla f(x) = 0$ .

# Convergence rate for convex functions: assumptions

- Function  $f$  is differentiable and its gradient  $\nabla f(x)$  is Lipschitz continuous.
- Function  $f$  is bounded below:

$$f^* \leq f(x) \quad \forall x \in \mathbb{R}^n$$

- where  $f^*$  represents the minimum of  $f$ .
- Function  $f$  is convex:

$$f(x) \geq f(y) + \nabla f(y)^T (x - y) \quad \forall x \in \mathbb{R}^n, y \in \mathbb{R}^n$$

# Convergence rate for convex functions

- After  $t$  iterations (start counting from zero), gradient descent satisfies

$$f(x_t) - f^* \leq \frac{2L\|x_0 - x^*\|_2^2}{t + 1}$$

- Thus after  $t$  iterations we have that gradient descent produces an  $x_t$  such that

$$f(x_t) - f^* = \mathcal{O}\left(\frac{1}{t}\right)$$



# Convergence rate

- After  $t$  iterations we have that gradient descent produces  $x_t$  such that

$$f(x_t) - f^* = \mathcal{O}\left(\frac{1}{t}\right)$$

- We say that  $f(x_k) - f^*$  converges **sub-linearly**.

# Iteration complexity for convex functions

- How many iterations does it take to satisfy

$$f(x_k) - f^* \leq \epsilon$$

- Gradient descent requires in **worst-case**

$$t \geq \frac{2L \|x_0 - x^*\|_2^2}{\epsilon}$$

- iterations to satisfy  $f(x_t) - f^* \leq \epsilon$ .

# Convergence rate: non-convex vs convex

- Non-convex functions

$$\min_{0 \leq k \leq t} \|\nabla f(x_k)\|_2^2 \leq \frac{2L(f(x_0) - f^*)}{t+1}$$

- Convex functions

$$f(x_t) - f^* \leq \frac{2L\|x_0 - x^*\|_2^2}{t+1}$$

- We cannot bound the “distance”  $f(x_t) - f^*$  for non-convex functions. That’s because  $f^*$  represents the global minimum for non-convex functions and gradient descent is only guaranteed to converge to a stationary point.

# Convergence rate: non-convex vs convex

- Non-convex functions

$$\min_{0 \leq k \leq t} \|\nabla f(x_k)\|_2^2 \leq \frac{2L(f(x_0) - f^*)}{t + 1}$$

- Convex functions

$$f(x_t) - f^* \leq \frac{2L\|x_0 - x^*\|_2^2}{t + 1}$$

- The bound for non-convex function holds for some  $x_k$  that is produced during execution of gradient descent during the first  $t$  iterations.
- The bound for convex functions holds for the last iteration  $t$ .

# Convergence rate: non-convex vs convex

- Non-convex functions

$$\min_{0 \leq k \leq t} \|\nabla f(x_k)\|_2^2 \leq \frac{2L(f(x_0) - f^*)}{t+1}$$

- Convex functions

$$f(x_t) - f^* \leq \frac{2L\|x_0 - x^*\|_2^2}{t+1}$$

- For convex functions we can convert the bound on  $f(x_t) - f^*$  to a bound on  $\|\nabla f(x_t)\|_2^2$  by using the inequality  $f(x) - f^* \geq \frac{1}{2L}\|\nabla f(x)\|_2^2 \quad \forall x$ .

# Strong convexity

- We say that a differentiable function “ $f$ ” is strongly convex if

$$f(y) \geq f(x) + \nabla f(x)^T (y - x) + \frac{\mu}{2} \|y - x\|_2^2$$

- for any  $x$  and  $y$  and some positive constant  $\mu > 0$ .

# Strong convexity

- For twice differentiable functions strong convexity is equivalent to assuming that

$$y^T \nabla^2 f(x) y \geq \mu \|y\|_2^2 \quad \forall x, y \in \mathbb{R}^n$$

# Strong convexity: unique minimizer

- Strong convexity implies that function  $f$  has a unique minimum.



# Convergence rate for strongly convex functions: assumptions

- Function  $f$  is differentiable and its gradient  $\nabla f(x)$  is Lipschitz continuous.

- Function  $f$  is bounded below:

$$f^* \leq f(x) \quad \forall x \in \mathbb{R}^n$$

- Function  $f$  is  $\mu$ -strongly convex:

$$f(y) \geq f(x) + \nabla f(x)^T (y - x) + \frac{\mu}{2} \|y - x\|_2^2$$

# Convergence rate for strongly convex functions: assumptions

- After  $t$  iterations (start counting from zero), gradient descent satisfies

$$f(x_t) - f^* \leq (1 - \mu/L)^t (f(x_0) - f^*)$$

# Convergence rate

- After  $t$  iterations we have that gradient descent produces an  $x_t$  such that

$$f(x_t) - f^* \leq (1 - \mu/L)^t (f(x_0) - f^*)$$

- We say that  $f(x_k) - f^*$  converges **linearly**. Why? See next slide.

# Convergence rate

- $-\log_{10}(f(x_k) - f^*)$  is a measure of the number of correct significant digits in  $f(x_k)$ .
- We have that  $-\log_{10}(f(x_k) - f^*) \approx -t \log_{10}(1 - \mu/L)$ . Thus the number of correct digits scales **linearly** with  $t$ .

# Iteration complexity for strongly convex functions

- How many iterations does it take to satisfy

$$f(x_k) - f^* \leq \epsilon$$

- Gradient descent requires in **worst-case**

$$t = \mathcal{O} \left( \log \frac{1}{\epsilon} \right)$$

- iterations to satisfy  $f(x_t) - f^* \leq \epsilon$ .

# Convergence rate: non-convex vs convex vs strongly convex

- Non-convex functions

$$\min_{0 \leq k \leq t} \|\nabla f(x_k)\|_2^2 \leq \frac{2L(f(x_0) - f^*)}{t + 1}$$

- Convex functions

$$f(x_t) - f^* \leq \frac{2L\|x_0 - x^*\|_2^2}{t + 1}$$

- Strongly convex functions

$$f(x_t) - f^* \leq (1 - \mu/L)^t (f(x_0) - f^*)$$

# Iteration complexity: non-convex vs convex vs strongly convex

- Non-convex functions (converges to stationary point)

$$t \geq \frac{2L \|x_0 - x^*\|_2^2}{\epsilon}$$

- Convex functions (converges to global minimizer)

$$t \geq \frac{2L \|x_0 - x^*\|_2^2}{\epsilon}$$

- Strongly convex functions (converges to global minimizer)

$$t = \mathcal{O} \left( \log \frac{1}{\epsilon} \right)$$