

# Optimization for Data Science

## Lecture 08 and 09: Optimal Gradient Methods

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# Outline

- Accelerated gradient method for convex functions.

# Descent methods

- So far we have talked about algorithms that generate a sequence  $\{x_k\}_{k \in \mathbb{N}_0}$  such that

$$f(x_{k+1}) < f(x_k)$$

- This type of sequences gave us the following rates

	<b>Convex</b>	<b><math>\delta</math>–strongly-convex</b>
<b>Smooth</b> $f(x)$	$\mathcal{O}\left(\frac{L}{\epsilon}\right)$	$\mathcal{O}\left(\frac{L}{\delta} \log \frac{1}{\epsilon}\right)$

# Optimal gradient methods

- For convex and strongly-convex functions the previous rates are not optimal!!
- It can be shown that optimal algorithms that only use gradients to produce a sequence  $\{x_k\}_{k \in \mathbb{N}_0}$  have the following rate:

	Convex	$\delta$ -strongly-convex
Smooth $f(x)$	$\mathcal{O}\left(\sqrt{\frac{L}{\epsilon}}\right)$	$\mathcal{O}\left(\sqrt{\frac{L}{\delta}} \log \frac{1}{\epsilon}\right)$

# Nesterov's (optimal) accelerated method

- Let  $\gamma_k$  be such that  $\prod_{i=0}^k (1 - \gamma_i) \geq \gamma_k^2 \quad \forall k \geq 0$  and  $\gamma_k \in [0,1]$ .
- One option for  $\gamma_k$  such that this is true is:
  - $\gamma_0 = \gamma_1 = \gamma_2 = \gamma_3 = 0$  and  $\gamma_i := \frac{2}{i}$  for  $i \geq 4$ .
- Let  $\lambda_k := \prod_{i=0}^k (1 - \gamma_i)$ .

# Nesterov's (optimal) accelerated method

- Pick an arbitrary  $x_0 \in \mathbb{R}^n$ .
- Set  $z_0 := x_0, \gamma_0 = 0$
- Until the termination criterion is not satisfied do:
  - $y_{k-1} := (1 - \gamma_k)x_{k-1} + \gamma_k z_{k-1}$
  - $z_k := z_{k-1} - \frac{\gamma_k}{\lambda_k} \nabla f(y_{k-1})$
  - $x_k := y_{k-1} - \frac{1}{L} \nabla f(y_{k-1})$

# Optimal gradient methods

- This result was initially an existential result, i.e., it was proved that there must exist gradient based methods that have optimal rates of convergence.
- However, an actual algorithm with optimal rate was first discovered by Y. Nesterov in 1983.

# Optimal gradient methods

- Nesterov showed that to obtain algorithms with optimal rate we have to relax the “descent” constraint that the output sequence  $\{x_k\}_{k \in \mathbb{N}_0}$  must satisfy

$$f(x_{k+1}) < f(x_k)$$

- In other words, we will have to think of methods that do not decrease monotonically the objective function.
- Today we will discuss a new type of sequences that allows us to obtain algorithms with optimal rate.



# Estimate Sequence

- **Definition:** a sequence  $\{\phi_k, \lambda_k, x_k\}_{k \in \mathbb{N}_0}$ , where  $\phi_k : \mathbb{R}^n \rightarrow \mathbb{R}$ ,  $\lambda_k \in [0,1]$  and  $x_k \in \mathbb{R}^n$  is said to be an **estimate sequence** if it satisfies the following:
  - “upper bound”:  $\forall k \in \mathbb{N}_0$  and  $\forall x \in \mathbb{R}^n$  we have
$$\phi_k(x) \leq (1 - \lambda_k)f(x) + \lambda_k\phi_0(x)$$
  - “lower bound”:  $\forall x \in \mathbb{R}^n$  we have  $f(x_k) \leq \phi_k(x)$

# Estimate Sequence

- Function  $\phi_k$  serves as an approximation to  $f$ , which becomes tighter as  $k \rightarrow \infty$ .
- Example: since both inequalities hold for any  $x$ . Let's set  $x := x^*$  (the minimizer of  $f$ ). Then using the “lower bound” inequality in the definition of an estimate sequence we get:

$$f(x_k) - f^* \leq \phi_k(x^*) - f^*$$

# Estimate Sequence

- Therefore, if  $\phi_k(x^*) - f^* \rightarrow 0$  as  $k \rightarrow \infty$ , then we must also have that  $f(x_k) - f^* \rightarrow 0$ .

# Estimate Sequence

- Can we prove that an estimate sequence exists?

- **Theorem:** for every convex function  $f$  with Lipschitz continuous gradient, then for an arbitrary  $x_0 \in \mathbb{R}^n$  there exists an estimate sequence  $\{\phi_k, \lambda_k, x_k\}_{k \in \mathbb{N}_0}$  with  $\phi_0(x) := f(x_0) + \frac{L}{2} \|x - x_0\|_2^2$  and  $\lambda_k \leq \frac{c}{k^2}$  for some constant  $c > 0$ .

# Estimate Sequence

- Why is an estimate sequence useful?
- For such a sequence we have the following:

$$f(x_k) - f^* \leq \mathcal{O}\left(\frac{1}{k^2}\right)$$

- This is  $1/k$  times faster than what we get with gradient descent!!

# Estimate Sequence

- This also means that after

$$t = \mathcal{O} \left( \sqrt{\frac{L}{\epsilon}} \right)$$

- iterations we guarantee that  $f(x_k) - f^* \leq \epsilon$ . This is much faster than

$$t = \mathcal{O} \left( \frac{L}{\epsilon} \right)$$

- which is what we get for gradient descent for convex functions.

# Estimate Sequence

- Proving the convergence rate theorem for the estimate sequence is **non-trivial!!**
- But we will do this anyway because it's cool!!

