

Table 4. Association between Stress and Risk Factors among participants Education Level (N=436)

Characteristic	Overall N = 436 ¹	Mild Stress N = 33 ¹	Moderate Stress N = 114 ¹	No Stress N = 5 ¹	Severe Stress N = 284 ¹	p- value ²
Academic Workload						0.026
High	120 (28%)	14 (42%)	24 (21%)	1 (20%)	81 (29%)	
Low	220 (50%)	15 (45%)	70 (61%)	4 (80%)	131 (46%)	
Moderate	96 (22%)	4 (12%)	20 (18%)	0 (0%)	72 (25%)	
Financial Concerns						0.023
High	151 (35%)	15 (45%)	29 (25%)	0 (0%)	107 (38%)	
Low	173 (40%)	13 (39%)	57 (50%)	3 (60%)	100 (35%)	
Moderate	112 (26%)	5 (15%)	28 (25%)	2 (40%)	77 (27%)	
Relationship						0.3
High	101 (23%)	9 (27%)	25 (22%)	2 (40%)	65 (23%)	
Low	209 (48%)	17 (52%)	63 (55%)	1 (20%)	128 (45%)	
Moderate	126 (29%)	7 (21%)	26 (23%)	2 (40%)	91 (32%)	
Family Responsibilities						0.033
High	127 (29%)	14 (42%)	24 (21%)	0 (0%)	89 (31%)	
Low	211 (48%)	13 (39%)	66 (58%)	5 (100%)	127 (45%)	
Moderate	98 (22%)	6 (18%)	24 (21%)	0 (0%)	68 (24%)	
Assignment Deadline						0.3
High	43 (9.9%)	4 (12%)	9 (7.9%)	0 (0%)	30 (11%)	
Low	284 (65%)	20 (61%)	84 (74%)	5 (100%)	175 (62%)	
Moderate	109 (25%)	9 (27%)	21 (18%)	0 (0%)	79 (28%)	
Health Concerns						0.2
High	51 (12%)	2 (6.1%)	9 (7.9%)	1 (20%)	39 (14%)	
Low	301 (69%)	24 (73%)	89 (78%)	3 (60%)	185 (65%)	
Moderate	84 (19%)	7 (21%)	16 (14%)	1 (20%)	60 (21%)	
Medical Illnesses						0.4
No	380 (87%)	28 (85%)	104 (91%)	4 (80%)	244 (86%)	
Yes	56 (13%)	5 (15%)	10 (8.8%)	1 (20%)	40 (14%)	

¹n (%)

²Fisher's exact test