# Import required packages for EDA, statistical analysis and Visualization

```
import warnings
warnings.filterwarnings('ignore')
import os
os.chdir('/Users/admin/Desktop/AXA')
import pandas as pd
import numpy as np
from pandas import Series, DataFrame
import seaborn as sns
import matplotlib.pyplot as plt
import plotly.express as px
from wolta.data tools import col types
from wolta.data_tools import make_numerics
from sklearn.ensemble import RandomForestClassifier
from sklearn.ensemble import GradientBoostingClassifier
from sklearn.ensemble import AdaBoostClassifier
from sklearn.tree import DecisionTreeClassifier
from catboost import CatBoostClassifier
from xgboost import XGBClassifier
```

#### upload dataset provided by AXA Health

```
df=pd.read_csv('depression_data.csv')
```

This is a use case of class imbalance, as there are 69.6% of the total population representing to people with "No Mental Illness" whereas only 30.4% representing to pouplation with "Mental Illness"

```
df['History of Mental Illness'].value_counts()
History of Mental Illness
No     287943
Yes     125825
Name: count, dtype: int64
```

```
Target_column_mapping = {'Yes': 1, 'No': 0}
df['History of Mental Illness'] = df['History of Mental
Illness'].map(Target_column_mapping)
```

#### No duplicate rows in the dataset

```
df.duplicated().sum()
0
```

#### No null values in the dataset

```
df.isnull().sum()
Name
                                 0
                                 0
Aae
Marital Status
                                 0
Education Level
                                 0
Number of Children
                                 0
                                 0
Smoking Status
Physical Activity Level
                                 0
Employment Status
                                 0
Income
Alcohol Consumption
                                 0
Dietary Habits
Sleep Patterns
                                 0
History of Mental Illness
                                 0
History of Substance Abuse
                                 0
Family History of Depression
                                 0
Chronic Medical Conditions
dtype: int64
```

This is a use case of class imbalance, as there are 69.6% of the total population representing to people with "No Mental Illness" whereas only 30.4% representing to pouplation with "Mental Illness"

Mapping the target column for easier interpretation(History of Mental Illness) as Yes to 1 (have history of mental illness) and No:1(no history of mental illness)

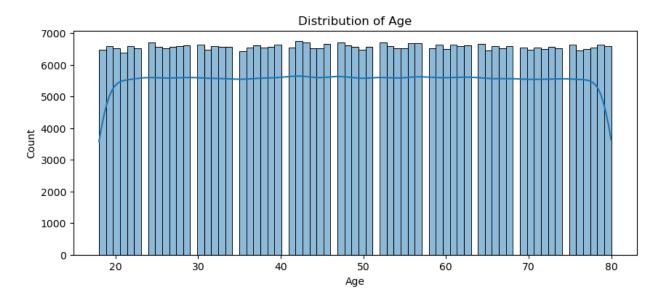
```
Target_column_mapping = {'Yes': 1, 'No': 0}
df['History of Mental Illness'] = df['History of Mental
Illness'].map(Target_column_mapping)
```

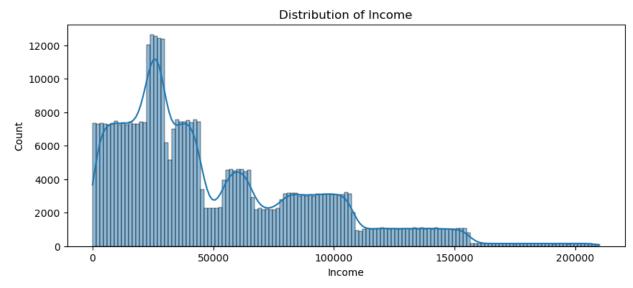
Univariate feature analysis on Age and Income to see if there is any outliers based on the kernel density estimate

Based on the distribution of Age this looks like age feature distribution doesn't contain outliers while Income feature shows there is outliers based on kernel density estimate more towards very high income of 170,000+

```
numerical_features = ['Age','Income']
for feature in numerical_features:
    plt.figure(figsize=(10, 4))
    sns.histplot(data=df, x=feature, kde=True)
```

plt.title('Distribution of ' + feature)
plt.show()

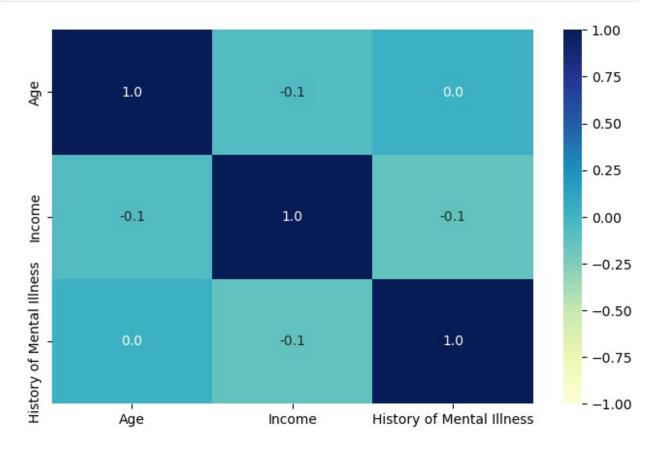




To check pearson coorelation firstly the distribution has to normal distribuition (bell shaped curve). Based on the heatmap below this looks like there is no positive, no negative relationship between the numerical features vs Target("History of Mental Illness")

```
feature_list = ['Age', 'Income', 'History of Mental Illness']
fig_dims = (8,5)
fig, ax = plt.subplots(figsize=fig_dims)
sns.heatmap(df[feature_list].corr(method='pearson'),cmap="YlGnBu",vmin =-1,annot=True,fmt='.1f',ax=ax)

Axes: >
```



(Feature engineering)-In order to reduce the number of unique values of a variable binning is the best option. This converts continuos variables to discrete bins. As this helps to capture non-linear relationships between a feature and Target. Furthermore, this will result in creating two new additional features i.e. Income\_Range and Age\_bin. This will further simplify the complex transformations and improve model performance.

```
def income_range(Income):
    if Income<20000:
        return 'Low Income'
    elif (Income > 20000) & (Income<100000):
        return 'Standard Income'
    elif Income >100000:
        return 'High Income'

df['Income_Range']=df['Income'].apply(income_range)
df['Age_bin'] = pd.cut(df['Age'], bins=[-np.inf, 18, 35, 50, 65, np.inf], labels=['Under 18', '18-35', '36-50', '51-65', '65+'])
```

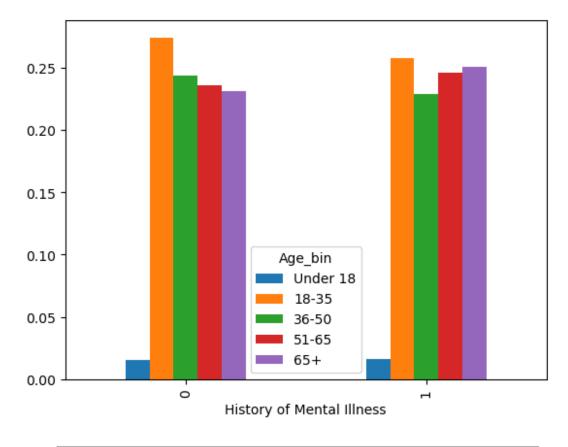
Name column is dropped mainly as this is a privacy concern and its not relevant for model interpretation

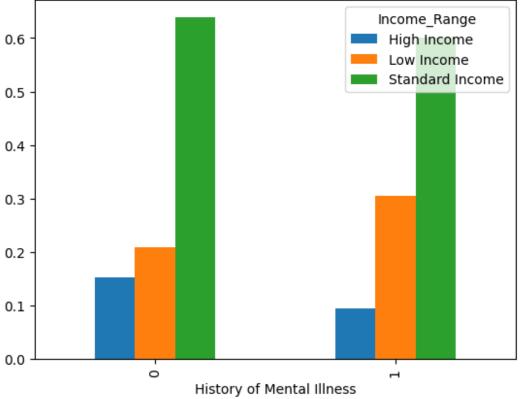
```
df.drop(columns=["Name"],inplace=True)

# Bivariate Analysis
SS = pd.crosstab(df['History of Mental Illness'],df['Age_bin'])
SS.div(SS.sum(1),axis=0).plot(kind='bar',stacked=False)

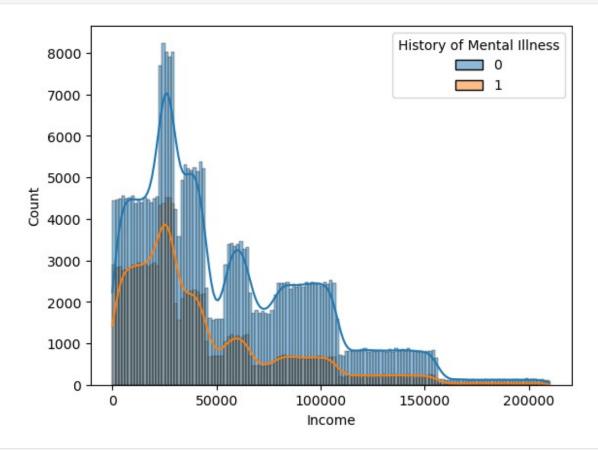
SS = pd.crosstab(df['History of Mental Illness'],df['Income_Range'])
SS.div(SS.sum(1),axis=0).plot(kind='bar',stacked=False)

<Axes: xlabel='History of Mental Illness'>
```

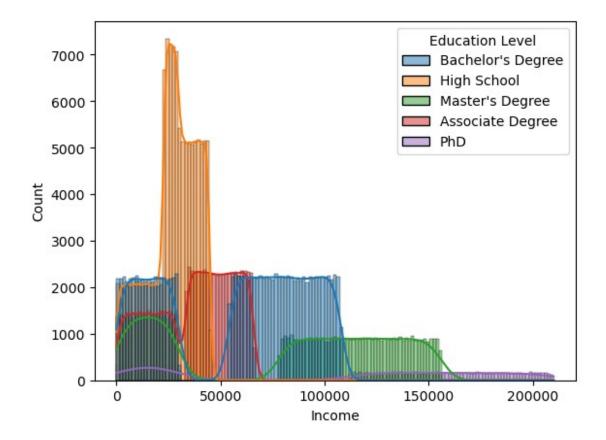




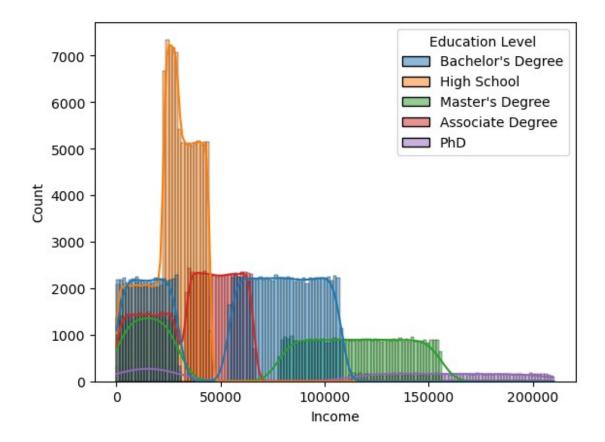
sns.histplot(data = df, x = "Income", kde = True, hue = "History of Mental Illness");



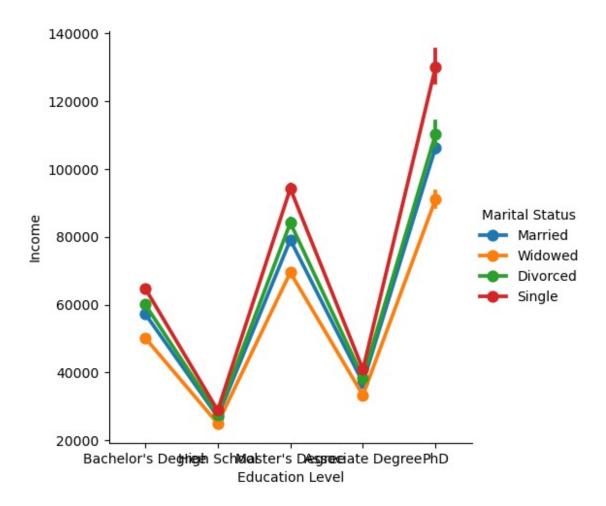
sns.histplot(data = df, x = "Income", kde = True, hue = "Education Level");



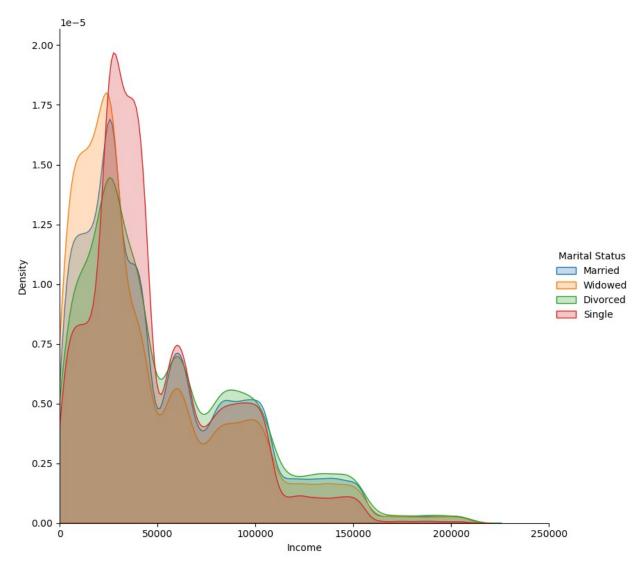
sns.histplot(data = df, x = "Income", kde = True, hue = "Education Level");

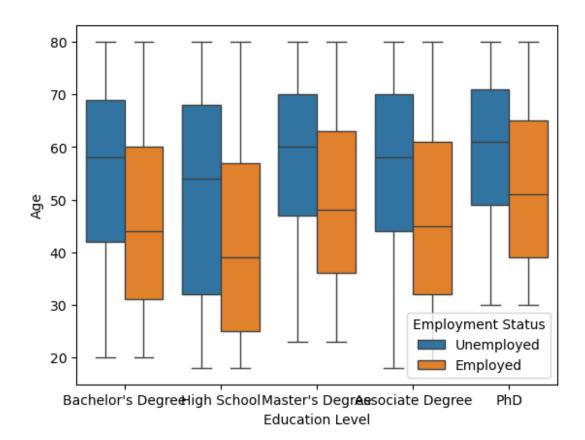


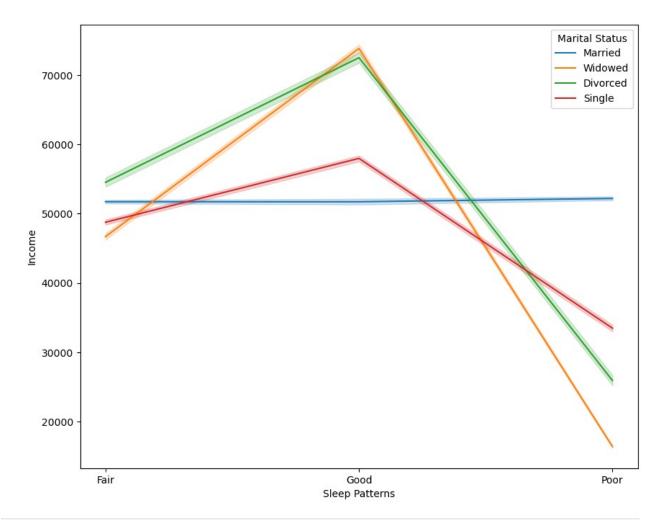
sns.catplot(data = df, x = "Education Level", y = "Income", hue =
"Marital Status", kind = "point");



#### KDE plot between Income and Mariatal Status





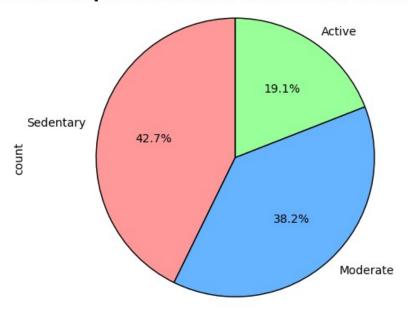


```
df['Physical Activity Level'].value_counts().plot(kind = 'pie' ,
autopct= '%0.1f%%',

colors=['#ff9999','#66b3ff','#99ff99','#ffcc99'],

shadow=False,startangle=90, wedgeprops={'edgecolor': 'black'} )
plt.title('The dataset comprises of more individuals who are less
active',fontsize=15,weight='bold')
plt.axis('equal')
plt.show()
```

#### The dataset comprises of more individuals who are less active



# Sedentary to Moderate activity level individuals have the risk of having mental illness

```
x,y = 'Physical Activity Level', 'History of Mental Illness'

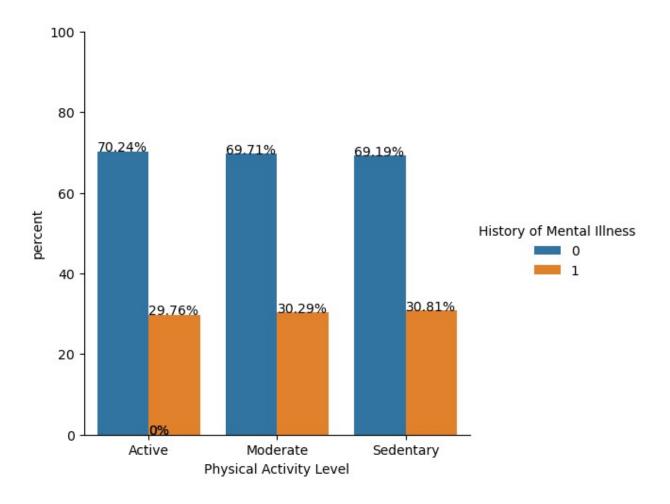
dfl = df.groupby(x)[y].value_counts(normalize=True)

dfl = dfl.mul(100)

dfl = dfl.rename('percent').reset_index()

g = sns.catplot(x=x,y='percent',hue=y,kind='bar',data=dfl)
g.ax.set_ylim(0,100)

for p in g.ax.patches:
    txt = str(round(p.get_height(),2)) + '%'
    txt_x = p.get_x()
    txt_y = p.get_height()
    g.ax.text(txt_x,txt_y,txt)
```



### Under 18 and 65+ age group individual are likely to mental illness

```
x,y = 'Age_bin', 'History of Mental Illness'

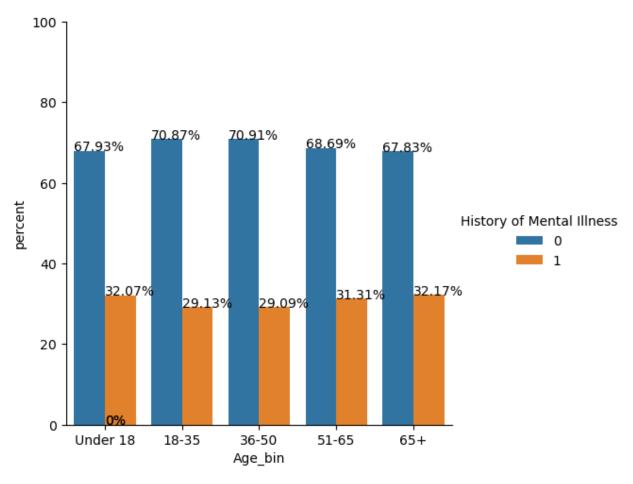
dfl = df.groupby(x)[y].value_counts(normalize=True)

dfl = dfl.mul(100)

dfl = dfl.rename('percent').reset_index()

g = sns.catplot(x=x,y='percent',hue=y,kind='bar',data=dfl)
g.ax.set_ylim(0,100)

for p in g.ax.patches:
    txt = str(round(p.get_height(),2)) + '%'
    txt_x = p.get_x()
    txt_y = p.get_height()
    g.ax.text(txt_x,txt_y,txt)
```



# Poor sleep cycle can be a good indicator of having mental illness

```
x,y = 'Sleep Patterns', 'History of Mental Illness'

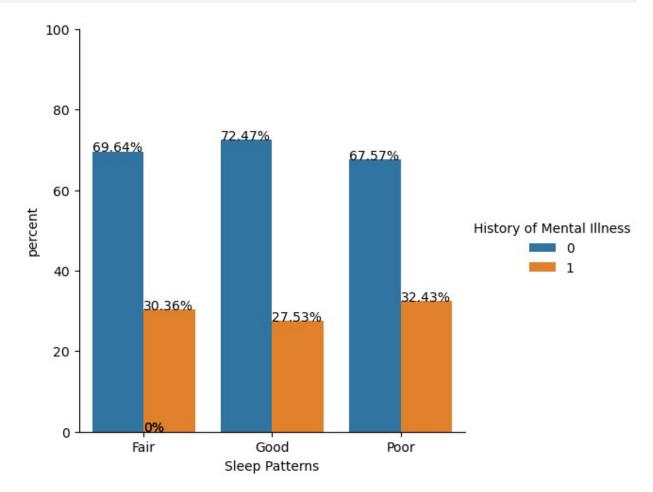
df1 = df.groupby(x)[y].value_counts(normalize=True)

df1 = df1.mul(100)

df1 = df1.rename('percent').reset_index()
```

```
g = sns.catplot(x=x,y='percent',hue=y,kind='bar',data=df1)
g.ax.set_ylim(0,100)

for p in g.ax.patches:
    txt = str(round(p.get_height(),2)) + '%'
    txt_x = p.get_x()
    txt_y = p.get_height()
    g.ax.text(txt_x,txt_y,txt)
```



### Widowed individuals are more likely to have more chances of Mental illness

```
x,y = 'Marital Status', 'History of Mental Illness'

df1 = df.groupby(x)[y].value_counts(normalize=True)

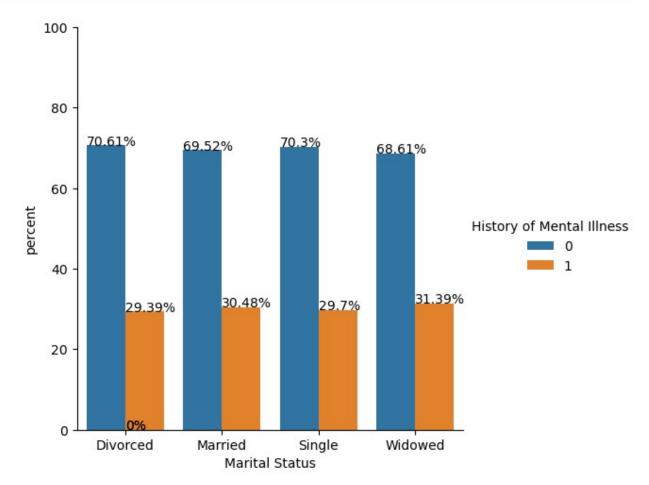
df1 = df1.mul(100)

df1 = df1.rename('percent').reset_index()

g = sns.catplot(x=x,y='percent',hue=y,kind='bar',data=df1)
```

```
g.ax.set_ylim(0,100)

for p in g.ax.patches:
    txt = str(round(p.get_height(),2)) + '%'
    txt_x = p.get_x()
    txt_y = p.get_height()
    g.ax.text(txt_x,txt_y,txt)
```



# People with high alcohol intake are more likely to have Mental illness

```
x,y = 'Alcohol Consumption', 'History of Mental Illness'

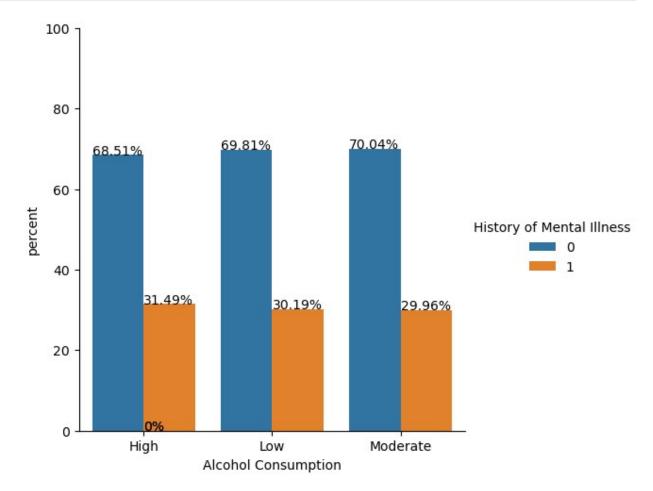
df1 = df.groupby(x)[y].value_counts(normalize=True)

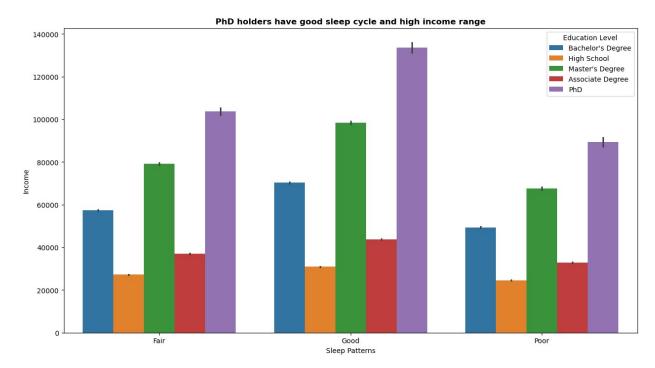
df1 = df1.mul(100)

df1 = df1.rename('percent').reset_index()

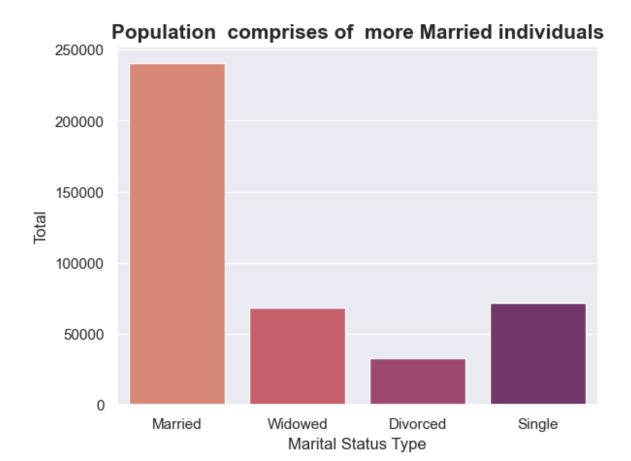
g = sns.catplot(x=x,y='percent',hue=y,kind='bar',data=df1)
g.ax.set_ylim(0,100)
```

```
for p in g.ax.patches:
    txt = str(round(p.get_height(),2)) + '%'
    txt_x = p.get_x()
    txt_y = p.get_height()
    g.ax.text(txt_x,txt_y,txt)
```





```
sns.set_theme(style="darkgrid")
sns.countplot(x="Marital Status", data=df, palette="flare")
plt.xlabel('Marital Status Type')
plt.ylabel('Total')
plt.title('Population comprises of more Married
individuals',fontsize=15,weight='bold')
plt.show()
```



```
Sleep Patterns status=pd.DataFrame(df['Sleep
Patterns'].value counts())
Sleep Patterns status.rename axis('Sleep Patterns',inplace=True)
Sleep Patterns status.columns=['Total Count']
Sleep Patterns status=Sleep Patterns status.reset index()
Sleep Patterns status
  Sleep Patterns Total Count
0
            Fair
                       196789
1
            Poor
                       129582
2
            Good
                        87397
plt.figure(figsize=(8,5))
palette = ["#fee090", "#fdae61", "#4575b4", "#313695"]
bar=sns.barplot(x='Sleep Patterns',y='Total
Count',data=Sleep Patterns status,palette=palette)
plt.title('Fairly slept individuals are more dominant in this
population',fontsize=18,weight='bold')
plt.xlabel('Sleep Pattern Status',fontsize=14,weight='bold')
plt.ylabel('Total Population',fontsize=14,weight='bold')
for i in range(len(Sleep Patterns status)):
```

#### Fairly slept individuals are more dominant in this population



```
Alcohol Consumption=pd.DataFrame(df['Alcohol
Consumption'].value counts())
Alcohol Consumption.rename axis('Alcohol Consumption',inplace=True)
Alcohol Consumption.columns=['Total Count']
Alcohol Consumption=Alcohol Consumption.reset index()
Alcohol_Consumption
  Alcohol Consumption Total Count
0
             Moderate
                            173440
1
                  Low
                            139250
2
                 High
                            101078
Employment Status=pd.DataFrame(df['Employment Status'].value counts())
Employment Status.rename axis('Employment Status',inplace=True)
Employment Status.columns=['Total Count']
Employment_Status=Employment_Status.reset_index()
Employment Status
```

```
Employment Status Total Count
0 Employed 265659
1 Unemployed 148109
```

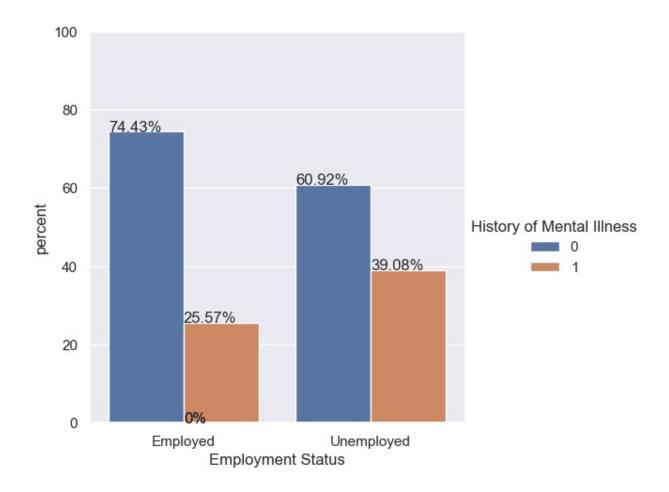
### Unemployement can be a cause of mental illness

```
x,y = 'Employment Status', 'History of Mental Illness'

df1 = df.groupby(x)[y].value_counts(normalize=True)
df1 = df1.mul(100)
df1 = df1.rename('percent').reset_index()

g = sns.catplot(x=x,y='percent',hue=y,kind='bar',data=df1)
g.ax.set_ylim(0,100)

for p in g.ax.patches:
    txt = str(round(p.get_height(),2)) + '%'
    txt_x = p.get_x()
    txt_y = p.get_height()
    g.ax.text(txt_x,txt_y,txt)
```



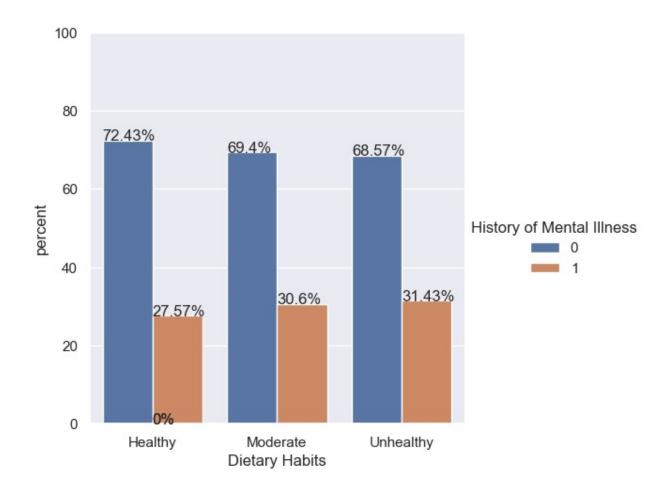
#### Poor diet can lead to mental illness

```
x,y = 'Dietary Habits', 'History of Mental Illness'

df1 = df.groupby(x)[y].value_counts(normalize=True)
df1 = df1.mul(100)
df1 = df1.rename('percent').reset_index()

g = sns.catplot(x=x,y='percent',hue=y,kind='bar',data=df1)
g.ax.set_ylim(0,100)

for p in g.ax.patches:
    txt = str(round(p.get_height(),2)) + '%'
    txt_x = p.get_x()
    txt_y = p.get_height()
    g.ax.text(txt_x,txt_y,txt)
```



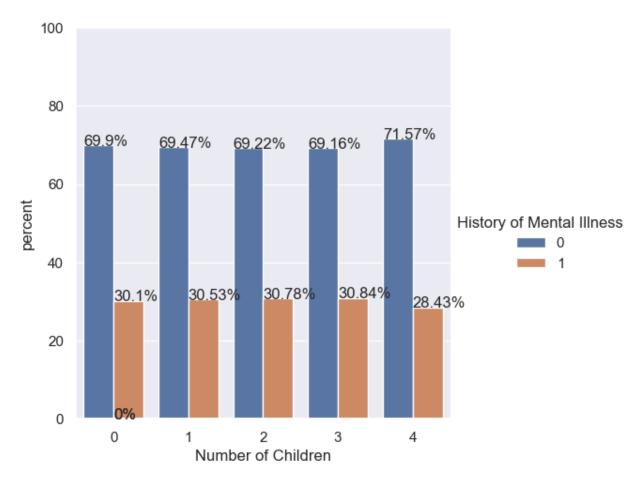
# People with less than 4 children have higher chances of having mental illness

```
x,y = 'Number of Children', 'History of Mental Illness'

df1 = df.groupby(x)[y].value_counts(normalize=True)
    df1 = df1.mul(100)
    df1 = df1.rename('percent').reset_index()

g = sns.catplot(x=x,y='percent',hue=y,kind='bar',data=df1)
    g.ax.set_ylim(0,100)

for p in g.ax.patches:
    txt = str(round(p.get_height(),2)) + '%'
    txt_x = p.get_x()
    txt_y = p.get_height()
    g.ax.text(txt_x,txt_y,txt)
```



### The population comprises of more individuals with no children than others

```
Number_of_Children=pd.DataFrame(df['Number of
Children'].value_counts())
Number_of_Children.rename_axis('Number of Children', inplace=True)
Number_of_Children.columns = ['Father or Mother']
```

```
Number_of_Children= Number_of_Children.reset_index()
Number of Children
   Number of Children
                        Father or Mother
0
                                    155232
1
                     2
                                     83961
2
                     1
                                     83925
3
                     3
                                     76974
                                     13676
```

### We have more data points where education level is Bachelor's Degree and High school

```
Education Level=pd.DataFrame(df['Education Level'].value counts())
Education_Level.rename_axis('Education Level',inplace=True)
Education Level.columns=['Total Count']
Education Level=Education Level.reset index()
Education Level
     Education Level Total Count
   Bachelor's Degree
                           124329
         High School
                           118927
   Associate Degree
                            79999
3
    Master's Degree
                            73768
4
                 PhD
                            16745
```

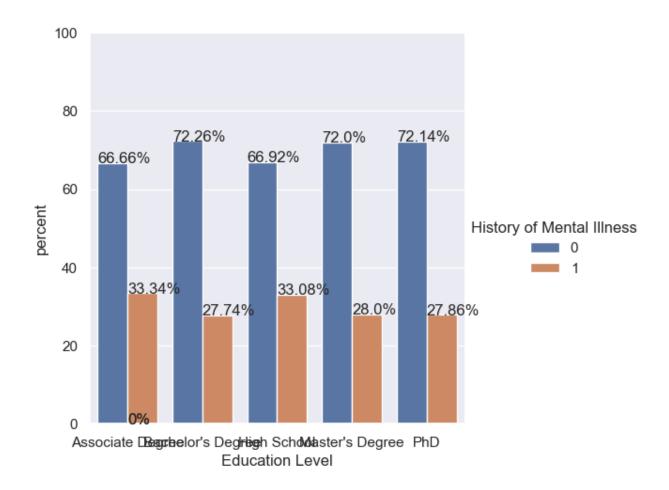
### Associate degree individuals are more likely to have mental illness

```
x,y = 'Education Level', 'History of Mental Illness'

df1 = df.groupby(x)[y].value_counts(normalize=True)
df1 = df1.mul(100)
df1 = df1.rename('percent').reset_index()

g = sns.catplot(x=x,y='percent',hue=y,kind='bar',data=df1)
g.ax.set_ylim(0,100)

for p in g.ax.patches:
    txt = str(round(p.get_height(),2)) + '%'
    txt_x = p.get_x()
    txt_y = p.get_height()
    g.ax.text(txt_x,txt_y,txt)
```



# People with history of depression seems like no direct relationship to hving mental illness

```
x,y = 'Family History of Depression', 'History of Mental Illness'

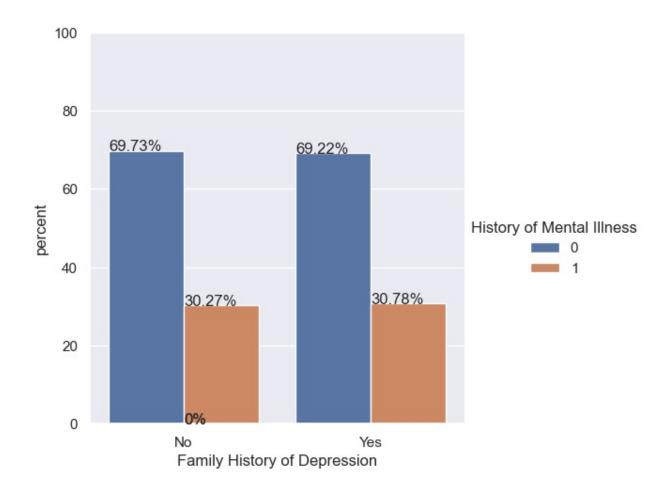
df1 = df.groupby(x)[y].value_counts(normalize=True)

df1 = df1.mul(100)

df1 = df1.rename('percent').reset_index()

g = sns.catplot(x=x,y='percent',hue=y,kind='bar',data=df1)
g.ax.set_ylim(0,100)

for p in g.ax.patches:
    txt = str(round(p.get_height(),2)) + '%'
    txt_x = p.get_x()
    txt_y = p.get_height()
    g.ax.text(txt_x,txt_y,txt)
```



# Total count of People not having chronic medical conditions is twice that of having chronic medical condition

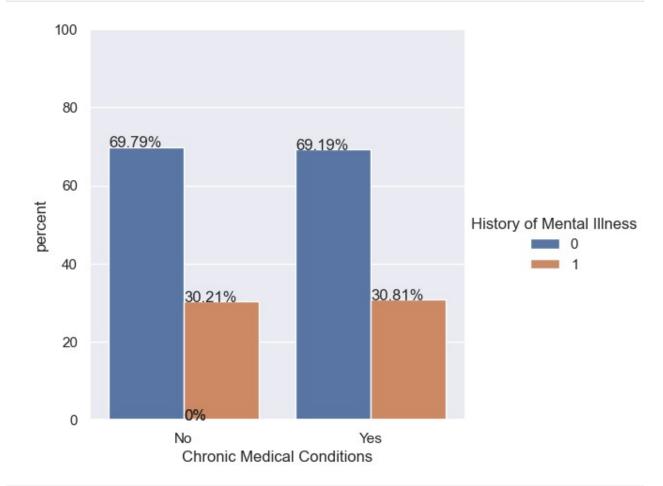
# Chronic medical condition may not be the right feature to predict mental illness

```
x,y = 'Chronic Medical Conditions', 'History of Mental Illness'

df1 = df.groupby(x)[y].value_counts(normalize=True)
df1 = df1.mul(100)
df1 = df1.rename('percent').reset_index()

g = sns.catplot(x=x,y='percent',hue=y,kind='bar',data=df1)
g.ax.set_ylim(0,100)

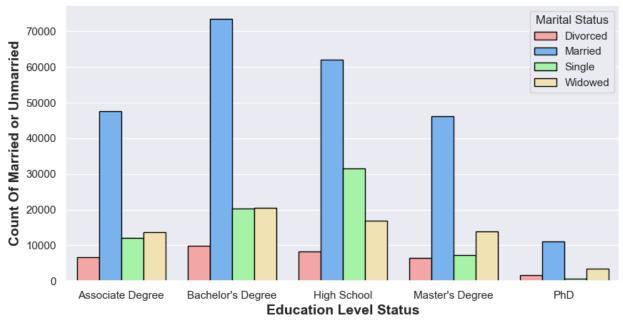
for p in g.ax.patches:
    txt = str(round(p.get_height(),2)) + '%'
    txt_x = p.get_x()
    txt_y = p.get_height()
    g.ax.text(txt_x,txt_y,txt)
```



Married\_Education = df.groupby(['Marital Status','Education Level'])
['Marital Status'].count().reset\_index(name =

```
'Count Of Married or Unmarried')
Married Education
   Marital Status
                     Education Level Count Of Married or Unmarried
0
         Divorced
                    Associate Degree
                                                                 6661
1
         Divorced
                   Bachelor's Degree
                                                                 9812
2
                         High School
                                                                 8193
         Divorced
3
                     Master's Degree
         Divorced
                                                                 6455
4
         Divorced
                                  PhD
                                                                 1608
5
          Married
                    Associate Degree
                                                                47535
6
          Married
                   Bachelor's Degree
                                                                73573
7
          Married
                                                                62126
                         High School
8
          Married
                     Master's Degree
                                                                46194
9
          Married
                                  PhD
                                                                11016
10
           Single
                    Associate Degree
                                                                12109
11
           Single
                   Bachelor's Degree
                                                                20345
12
           Single
                         High School
                                                                31651
13
           Single
                     Master's Degree
                                                                 7314
14
           Single
                                  PhD
                                                                  691
15
          Widowed
                    Associate Degree
                                                                13694
16
          Widowed
                   Bachelor's Degree
                                                                20599
17
          Widowed
                         High School
                                                                16957
18
          Widowed
                     Master's Degree
                                                                13805
19
          Widowed
                                  PhD
                                                                 3430
fig, ax = plt.subplots(figsize = (10,5))
sns.barplot(x = 'Education Level', y = 'Count Of Married or
Unmarried',data = Married Education,palette=
            ['#FF9999', '#66B2FF', '#99FF99','#fbe7aa'],
edgecolor='black',
hue = 'Marital Status')
plt.title('Correlation of Marital status and Educational
status', fontsize=18, weight='bold')
plt.xlabel('Education Level Status',fontsize=14,weight='bold')
plt.ylabel('Count Of Married or Unmarried',fontsize=14,weight='bold')
plt.show()
```

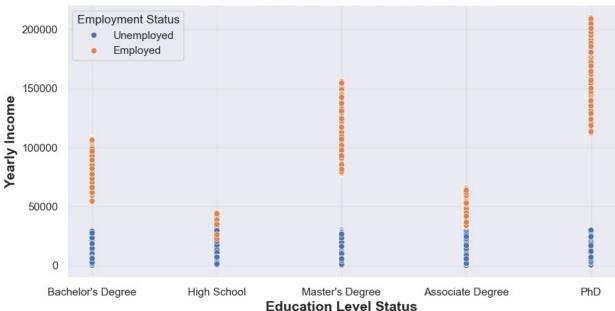
#### Correlation of Marital status and Educational status



### People with higher education can have potential to earn more

```
fig, ax = plt.subplots(figsize= (10,5))
sns.scatterplot(x = 'Education Level',y = 'Income',data =
df.sort_values(by = []), hue = 'Employment Status')
plt.title('Educational levels effects on Income
',fontsize=18,weight='bold')
plt.xlabel('Education Level Status',fontsize=14,weight='bold')
plt.ylabel('Yearly Income',fontsize=14,weight='bold')
plt.grid(color='#e2e2e6')
plt.show()
```





# Label Encoding all categorical columns values to unique numerical identifier

```
from wolta.data tools import col types
from wolta.data tools import make numerics
types = col types(df, print columns=True)
types = col types(df)
loc = 0
for col in df.columns:
    if types[loc] == 'str':
        df[col] = make numerics(df[col])
    loc += 1
Age: int64
Marital Status: str
Education Level: str
Number of Children: int64
Smoking Status: str
Physical Activity Level: str
Employment Status: str
Income: float64
Alcohol Consumption: str
Dietary Habits: str
Sleep Patterns: str
History of Mental Illness: int64
History of Substance Abuse: str
Family History of Depression: str
```

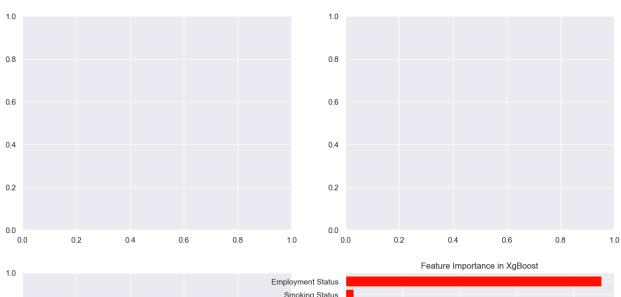
```
Chronic Medical Conditions: str
Income_Range: str
Age_bin: str
```

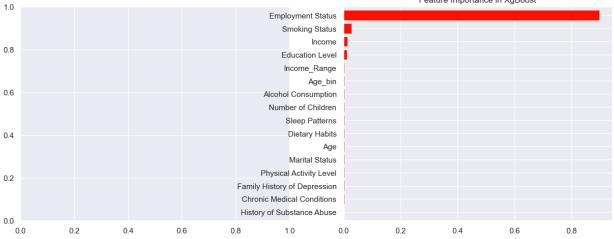
### Convert categorical column datatypes to category and encoding its values

```
df[['Marital Status', 'Education Level', 'Number of Children', 'Smoking
Status', 'Physical Activity Level', 'Employment Status',
    'Alcohol Consumption', 'Dietary Habits', 'Sleep Patterns', 'History
of Mental Illness', 'History of Substance Abuse',
  'Family History of Depression', 'Chronic Medical Conditions',
'Income Range', 'Age bin']].apply(lambda x: x.astype('category'))
types = col types(df, print columns=False)
types = col types(df)
loc = 0
for col in df.columns:
    if types[loc] == 'str':
        df[col] = make numerics(df[col])
    loc += 1
X = df.drop('History of Mental Illness', axis=1)
Y = df['History of Mental Illness']
f,ax=plt.subplots(2,2,figsize=(15,12))
model=RandomForestClassifier(n estimators=100, random state=0)
model.fit(X,Y)
pd.Series(model.feature_importances_,X.columns).sort_values(ascending=
True).plot.barh(width=0.8,ax=ax[0,0])
ax[0,0].set title('Feature Importance in Random Forests')
model=AdaBoostClassifier(n estimators=100,learning rate=0.05,random st
ate=0)
model.fit(X,Y)
pd.Series(model.feature_importances_,X.columns).sort_values(ascending=
True).plot.barh(width=0.8,ax=ax[0,1],color='#ddff11')
ax[0,1].set title('Feature Importance in AdaBoost')
model=GradientBoostingClassifier(n estimators=100,learning rate=0.1,ra
ndom state=0)
model.fit(X,Y)
pd.Series(model.feature importances ,X.columns).sort values(ascending=
True).plot.barh(width=0.8,ax=ax[1,0],cmap='RdYlGn r')
ax[1,0].set title('Feature Importance in Gradient Boosting')
model=XGBClassifier(n estimators=100,learning rate=0.1,enable categori
cal=True)
model.fit(X,Y)
pd.Series(model.feature importances ,X.columns).sort values(ascending=
```

```
True).plot.barh(width=0.8,ax=ax[1,1],color='#FD0F00')
ax[1,1].set_title('Feature Importance in XgBoost')
plt.show()

X = df.drop('History of Mental Illness', axis=1)
Y = df['History of Mental Illness']
f,ax=plt.subplots(2,2,figsize=(15,12))
model=XGBClassifier(n_estimators=100,learning_rate=0.1,enable_categorical=True)
model.fit(X,Y)
pd.Series(model.feature_importances_,X.columns).sort_values(ascending=True).plot.barh(width=0.8,ax=ax[1,1],color='#FD0F00')
ax[1,1].set_title('Feature Importance in XgBoost')
plt.show()
```





# The difference between these two features Income and Age is statistically significant

```
from scipy.stats import spearmanr
#calculate Spearman Rank correlation and corresponding p-value(should
be less than 0.05 to be statistically significant)
rho, p = spearmanr(df['Income'], df['Age'])
#print Spearman rank correlation and p-value
print('spearman relationship score:',rho)
print('The p value is:',p)

spearman relationship score: -0.12088665129874963
The p value is: 0.0
```