

Patient Name: John Doe

Age: 58

Date: 2025-07-12

Chief Complaint:

Patient complains of shortness of breath, occasional chest pain, and fatigue over the past 2 weeks.

Clinical Findings:

- Heart rate: 110 bpm (tachycardia)
- Blood pressure: 145/90 mmHg
- Oxygen saturation: 94%
- ECG: Shows sinus tachycardia with occasional PVCs
- Echocardiogram: Mild left ventricular hypertrophy; ejection fraction of 45%
- Chest X-ray: Slight pulmonary congestion

Impression:

The findings are suggestive of mild congestive heart failure, likely secondary to chronic hypertension.

Plan:

Recommend lifestyle modification, initiate beta-blocker, low-sodium diet, and schedule a follow-up in 2 weeks.