

■ AI Health & Diet Report

Date: 2025-11-05 14:43

Symptoms: cold,stomachache,nausea

Duration: 5

Severity: Severe

Diagnosis: Based on the symptoms provided—cold, stomachache, and nausea—here are some possibilities:

Diet: Based on the symptoms of cold, stomachache, and nausea, it's important to focus on gentle, easy-to-digest foods.

Report: **Health Wellness Report** ■■**Overview of Symptoms:** ■You have been experiencing symptoms of a cold, stomachache, and nausea. These symptoms can be caused by a variety of factors, including viral infections, food poisoning, or stress. It's important to monitor your symptoms and seek medical attention if they persist or worsen.