

CodeBook for [DataSet1]

C:\Users\Elias Mwakilama\Desktop\Nkhokwe_project\IAT_data_imported.sav

File Information

Variable Information

Variable	Position	Label	Measurement Level	Role	Column Width	Alignment	Print Format	Write Format
ID	1	respondent identity	Nominal	Input	8	Left	A3	A3
Internet_usg	2	Total internet usage scores	Nominal	Input	10	Right	F3	F3
Internet_Add	3	IAT score ranges	Nominal	Input	14	Right	F1	F1
Gender	4	Gender in categories	Nominal	Input	6	Right	F1	F1
Age_grp	5	Age group	Nominal	Input	5	Right	F1	F1
Level_study	6	Level of Study	Nominal	Input	13	Right	F1	F1
Yr_study	7	Year of study	Nominal	Input	6	Right	F1	F1
Discipline	8	Discipline of Study	Nominal	Input	29	Right	F1	F1
stay_online	9	How often do you find that you stay on-line longer than intended?	Ordinal	Input	8	Right	F2	F2
neglect_chores	10	How often do you neglect household chores to spend more time on- line?	Ordinal	Input	8	Right	F2	F2
excitement	11	How often do you prefer the excitement of the Internet to intimacy with your partner?	Ordinal	Input	8	Right	F2	F2

relationships	12	How often do you form new relationships with fellow on-line users?	Ordinal	Input	8	Right	F2	F2
life_complaint	13	How often do others in your life complain to you about the amount of time you spend online?	Ordinal	Input	8	Right	F2	F2
school_work	14	How often do your grades or school-work suffer because of the amount of time you spend on-line?	Ordinal	Input	8	Right	F2	F2
email_socialmedia	15	How often do you check your e-mail/social media platforms before something else that you need to do?	Ordinal	Input	8	Right	F2	F2
job_performance	16	How often does your job performance or productivity suffer because of the Internet?	Ordinal	Input	8	Right	F2	F2
defensive_secretive	17	How often do you become defensive or secretive when anyone asks you what you do on-line?	Ordinal	Input	8	Right	F2	F2

disturbing_thoughts	18	How often do you block out disturbing thoughts about your life with soothing thoughts of the Internet?	Ordinal	Input	8	Right	F2	F2
online_anticipation	19	How often do you find yourself anticipating when you will go on-line again?	Ordinal	Input	8	Right	F2	F2
life_no_internet	20	How often do you fear that life without the Internet would be boring, empty, and joyless?	Ordinal	Input	8	Right	F2	F2
act_annoyed	21	How often do you snap, yell, or act annoyed if someone bothers you while you are on-line?	Ordinal	Input	8	Right	F2	F2
late_night_logins	22	How often do you lose sleep due to late- night log-ins?	Ordinal	Input	8	Right	F2	F2
feel_preoccupied	23	How often do you feel preoccupied with the Internet when off-line, or fantasize about being on-line?	Ordinal	Input	8	Right	F2	F2

online_glued	24	How often do you find yourself saying "just a few more minutes" when on-line?	Ordinal	Input	8	Right	F2	F2
time_cutdown	25	How often do you try to cut down the amount of time you spend on-line and fail?	Ordinal	Input	8	Right	F2	F2
hide_online	26	How often do you try to hide how long you've been on-line?	Ordinal	Input	8	Right	F2	F2
more_online_time	27	How often do you choose to spend more time on-line over going out with others?	Ordinal	Input	8	Right	F2	F2
feel_depressed	28	How often do you feel depressed, moody, or nervous when you are off-line, which goes away once you are back on-line?	Ordinal	Input	8	Right	F2	F2
filter_\$	29	SQR_catg=1 (FILTER)	Nominal	Input	10	Right	F1	F1
headache	30	Do you often have headaches?	Nominal	Input	7	Right	F1	F1
appetite	31	Is your appetite poor?	Nominal	Input	6	Right	F1	F1
sleep	32	Do you sleep badly?	Nominal	Input	4	Right	F1	F1

fear	33	Are you easily frightened?	Nominal	Input	3	Right	F1	F1
shaking	34	Do your hands shake?	Nominal	Input	5	Right	F1	F1
nervous	35	Do you feel nervous, tense or worried?	Nominal	Input	6	Right	F1	F1
digestion	36	Is your digestion poor?	Nominal	Input	6	Right	F1	F1
troubled	37	Do you have trouble in thinking clearly?	Nominal	Input	5	Right	F1	F1
unhappy	38	Do you feel unhappy?	Nominal	Input	7	Right	F1	F1
cry	39	Do you cry more than usual?	Nominal	Input	6	Right	F1	F1
enjoyment	40	Do you find it difficult to enjoy your daily activities?	Nominal	Input	6	Right	F1	F1
decisions	41	Do you find it difficult to make decisions?	Nominal	Input	6	Right	F1	F1
work	42	Is your daily work suffering?	Nominal	Input	5	Right	F1	F1
play	43	Are you unable to play a useful part in life?	Nominal	Input	3	Right	F1	F1
interest	44	Have you lost interest in things?	Nominal	Input	5	Right	F1	F1
worthless	45	Do you feel that you are a worthless person?	Nominal	Input	5	Right	F1	F1
suicide	46	Has the thought of ending your life been on your mind?	Nominal	Input	4	Right	F1	F1

tiredness	47	Do you feel tired all the time?	Nominal	Input	5	Right	F1	F1
uncomfortable	48	Do you have uncomfortable feelings in your stomach?	Nominal	Input	9	Right	F1	F1
easily_tired	49	Are you easily tired?	Nominal	Input	7	Right	F1	F1
SQR_Total	50	SQR-20 Total score	Nominal	Input	11	Right	F3	F3
New_SQR_total	51	SQR-20 summarized total item scores	Nominal	Input	8	Right	F2	F2
SQR_catg	52	Categorised SQR_total_score	Nominal	Input	10	Right	F1	F1

Variables in the working file

Variable Values

Value		Label
	0	less than 20
Internet_Add	1	20 to 39
	2	40 to 69
	3	70 to 100
	0	Female
Gender	1	Male
	2	Prefer not to say
	0	15-19
Age_grp	1	20-24
	2	25-29
	3	30-34
	4	35-39
	5	40+
	9	Missing
Level_study	0	Undergraduate
	1	Postgraduate
	7	Missing
Yr_study	0	Year 1

Discipline	1	Year 2
	2	Year 3
	3	Year 4+
	7	Missing
	0	Science
	1	Humanities and Social Science
	7	Missing
	0	Does Not Apply
	1	Rarely
	2	Occasionally
stay_online	3	Frequently
	4	Often
	5	Always
	99	Missing
	0	Does Not Apply
neglect_chores	1	Rarely
	2	Occasionally
	3	Frequently
	4	Often
	5	Always
excitement	99	Missing
	0	Does Not Apply
	1	Rarely
	2	Occasionally
	3	Frequently
relationships	4	Often
	5	Always
	99	Missing
	0	Does Not Apply
	1	Rarely
life_complaint	2	Occasionally
	3	Frequently

school_work	4	Often
	5	Always
	99	Missing
	0	Does Not Apply
	1	Rarely
	2	Occasionally
	3	Frequently
	4	Often
	5	Always
	99	Missing
email_socialmedia	0	Does Not Apply
	1	Rarely
	2	Occasionally
	3	Frequently
	4	Often
	5	Always
	99	Missing
	0	Does Not Apply
	1	Rarely
	2	Occasionally
job_performance	3	Frequently
	4	Often
	5	Always
	99	Missing
	0	Does Not Apply
	1	Rarely
	2	Occasionally
	3	Frequently
	4	Often
	5	Always
defensive_secretive	99	Missing
	0	Does Not Apply
	1	Rarely
	2	Occasionally
	3	Frequently
	4	Often
	5	Always
	99	Missing
	0	Does Not Apply
	1	Rarely
disturbing_thoughts	2	Occasionally
	3	Frequently
	4	Often
	5	Always
	99	Missing
	0	Does Not Apply
	1	Rarely
	2	Occasionally
	3	Frequently
	4	Often
online_anticipation	5	Always
	99	Missing

	2	Occasionally
	3	Frequently
	4	Often
	5	Always
	99	Missing
	0	Does Not Apply
	1	Rarely
	2	Occasionally
life_no_internet	3	Frequently
	4	Often
	5	Always
	99	Missing
	0	Does Not Apply
	1	Rarely
	2	Occasionally
act_annoyed	3	Frequently
	4	Often
	5	Always
	99	Missing
	0	Does Not Apply
	1	Rarely
	2	Occasionally
late_night_logins	3	Frequently
	4	Often
	5	Always
	99	Missing
	0	Does Not Apply
	1	Rarely
	2	Occasionally
feel_preoccupied	3	Frequently
	4	Often
	5	Always
	99	Missing
	0	Does Not Apply
	1	Rarely
	2	Occasionally
online_glued	3	Frequently
	4	Often
	5	Always
	99	Missing

time_cutdown	0	Does Not Apply
	1	Rarely
	2	Occasionally
	3	Frequently
	4	Often
	5	Always
	99	Missing
hide_online	0	Does Not Apply
	1	Rarely
	2	Occasionally
	3	Frequently
	4	Often
	5	Always
	99	Missing
more_online_time	0	Does Not Apply
	1	Rarely
	2	Occasionally
	3	Frequently
	4	Often
	5	Always
	99	Missing
feel_depressed	0	Does Not Apply
	1	Rarely
	2	Occasionally
	3	Frequently
	4	Often
	5	Always
	99	Missing
filter_\$	0	Not Selected
	1	Selected
headache	0	Yes
	1	No
	7	Missing
appetite	0	Yes
	1	No
	7	Missing
sleep	0	Yes
	1	No
	7	Missing
fear	0	Yes

	1	No
	7	Missing
	0	Yes
shaking	1	No
	7	Missing
	0	Yes
nervous	1	No
	7	Missing
	0	Yes
digestion	1	No
	7	Missing
	0	Yes
troubled	1	No
	7	Missing
	0	Yes
unhappy	1	No
	7	Missing
	0	Yes
cry	1	No
	7	Missing
	0	Yes
enjoyment	1	No
	7	Missing
	0	Yes
decisions	1	No
	7	Missing
	0	Yes
work	1	No
	7	Missing
	0	Yes
play	1	No
	7	Missing
	0	Yes
interest	1	No
	7	Missing
	0	Yes
worthless	1	No
	7	Missing
	0	Yes
suicide	1	No

	7	Missing
	0	Yes
tiredness	1	No
	7	Missing
	0	Yes
uncomfortable	1	No
	7	Missing
	0	Yes
easily_tired	1	No
	7	Missing
	0	Non-existence of a probable mental disorder
SQR_catg	1	Existence of a probable mental disorder