LIABILITY WAIVER FOR NUNAVUT POLARS LACROSSE TEAM

I,, hereby acknowledge that I am voluntarily participating in the Nunavut
Polars Lacrosse Team activities. I understand that there are inherent risks associated with participating in these activities, including but not limited to physical contact, running, and the use of equipment.
of equipment.
I hereby assume all risks of participating in these activities and waive any and all claims that I may have against the Nunavut Polars Lacrosse Team, its coaches, its sponsors, and its agents arising out of my participation in these activities, including but not limited to claims for personal injury, property damage, or wrongful death.
I acknowledge that I am in good physical condition and able to participate in these activities without any limitations or medical conditions that may put me at risk.
I understand that the Nunavut Polars Lacrosse Team does not provide any medical or health insurance coverage and that I am responsible for obtaining and maintaining my own medical and health insurance coverage.
I understand that I am responsible for complying with all applicable laws and regulations governing my participation in these activities.
I agree to indemnify and hold harmless the Nunavut Polars Lacrosse Team, its coaches, its sponsors, and its agents from any and all claims, damages, or expenses that may arise from my participation in these activities.
I have read this waiver and release of liability, fully understand its terms, and agree to be bound by it.
Player's Name:
Date: