



# 1<sup>st</sup> BHARAT OPEN NATIONAL TAEKWONDO CHAMPIONSHIP 2023

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## TAG TEAM OUTLINE

Each Team will consist of 5 Players (3 Boys and 2 Girls)

Every Bout will be for 8 minutes

The breakdown of the bout is as per below:

00:00 – 01:30 Girls

01:31 – 05:30 Boys

05:31 – 07:00 Girls

07:00 – 08:00 Boys

Boys will fight against Boys and Girls will fight against Girls.

NO AGE LIMIT. All Players above 15 years can participate.

Weight Categories are as follows:

| MALE     | FEMALE   |
|----------|----------|
| Under 58 | Under 57 |
| Under 68 | Over 57  |
| Under 80 |          |
| Over 80  |          |

Entry Fee: ₹ 5000

Cash Prize: ₹ 31000