

Buffalo Chicken Salad (THM S)

Serves Multiple

Ingredients:

- 1 can of chicken, drained
- 2 Tbsp mayonnaise
- 2 Tbsp hot sauce
- 1Tbsp butter, melted (or coconut oil)
- 2 celery stalks, diced
- 1 tsp mineral salt
- 1tsp black pepper
- 1 Tbsp blue cheese crumbles (optional)

Directions:

Mix all ingredients together in a bowl. Refrigerate until ready to serve!