

# Vanilla Icebox Ice Cream (THM FP)

Makes one serving.

## Ingredients:

- 1 cup of almond milk ice cubes
- 1 Tbsp coconut cream
- 1/2 cup [almond milk yogurt](#)
- 3 doonks (1/32 tsp) pure stevia
- 1/2 tsp vanilla extract
- Pinch of mineral salt

## Directions:

Place all ingredients into a blender and blend until smooth!

## notes

- You can make almond milk ice cubes by placing unsweetened almond milk into ice cube molds and freezing.
- I use a Vitamix blender and it works great. I cannot assure this will work with any blender.