**Page 1**

Name UHID Health Check Date

**Mr. NEIL BAGCHI** **AMHL.0002169706** **30/08/2025**

**My Health Report**

**Name** : Mr. NEIL BAGCHI

**Age/Gender** : 31/MALE

**UHID** : AMHL.0002169706

**AHCID** : AMHLAH253861

**Health Check Date** : 30/08/2025

**Package Name** : MEDIBUDDY-BT (MB PACK-

212) HCK

**Centre** : Apollo Gleneagles Hospital -

Main

**Next Assessment Date: 30/08/2026**

Scan to view

your report digitally

**Page 2**

Name UHID Health Check Date

**Mr. NEIL BAGCHI** **AMHL.0002169706** **30/08/2025**

Dear  Mr. NEIL BAGCHI

Thank you for choosing Apollo ProHealth, India’s ﬁrst AI-powered health management program,

curated to help you make positive health shifts. Being healthy is about making smart choices, and

you have taken the ﬁrst step with this program. We are privileged to be your healthcare partner.

Your health is our priority.

We are with you on your path to wellness by:

**Predicting your risk:** Artiﬁcial Intelligence-powered predictive risk scores are generated, based

on your personal, medical, and family history and detailed multi-organ evaluation of your body

through diagnostic and imaging tests.

**Preventing onset or progress of chronic lifestyle diseases:** Your Health Mentor is

available to help you understand your physician’s recommendations and helping you handle any

concerns (complimentary service up to one year)

**Overcoming barriers to your wellbeing:** Your Health Mentor will help you set your health

goals and guide you with tips to stay on track. We will also, digitally remind you to proactively

prioritize your health.

Through this report, you will be able to understand your overall health status, your health goals

and the recommendations for your path to wellness. Your Health Report will include the following:

Your medical history and physical examination reports

Results from your diagnostic and imaging tests

AI powered health risk scores

Your physician's impression and recommendations regarding your overall health

Your personalized path to wellness, including your follow-up assessments and

vaccinations

We have reviewed the results of the tests and have identiﬁed some areas for you to act on. We

believe that with focus and targeted interventions, you can be healthier and happier.

You can visit your ProHealth physician in person at this center, or you can book a virtual

consultation for review via  www.apollo247.com  or through the Apollo 24\*7 mobile app. You can

avail 30% discount on additional tests and follow-up tests at Apollo Hospitals within one week.

Your Health Mentor will call you periodically to track your progress. Save this

number 04043441090, so that you don’t miss their calls. You can also reach out to your Health

Mentor on the same number or email at prohealthcare@apollohospitals.com should you have any

questions.

Stay Healthy and happy!

Apollo ProHealth Care team

**Page 3**

Name UHID Health Check Date

**Mr. NEIL BAGCHI** **AMHL.0002169706** **30/08/2025**

Normal Needs Attention Requires Action

**BMI**

**Age** **Gender**

**31** Years **MALE**

**28.73** 14.0 18.0 24.0 29.0

**Height** **Weight**

18 - 24

**176** Cm **89** Kg

**Lab Report Summary**

**Blood and** **Stomach &**

**Anaemia** **Liver/Digestive**

**Proﬁle** **System**

20

10

Parameters

Parameters

**Glands,**

**Kidney/Genito-Endocrine and**

**UrinaryHormonal**

**Systemsystem**

6 Parameters 3 Parameters

1 Parameters

**Heart/Cardiac**

**System**

**Bones &**

1 Parameters **Joints/Skeletal**

**System**

5 Parameters

1 Parameters

**Page 4**

Name UHID Health Check Date

**Mr. NEIL BAGCHI** **AMHL.0002169706** **30/08/2025**

**Lab Parameters Needing Attention**

**Heart/Cardiac System**

TRIGLYCERIDES - SERUM HDL CHOLESTEROL - SERUM

**Description:** **Description:**

During digestion, your body breaks down We refer to HDL cholesterol as “good”

fats in your meal into smaller molecules cholesterol because it helps remove LDL

called triglycerides. High blood triglyceride cholesterol from your blood.

levels increase your risk of developing

cardiovascular disease. Risk factors for

high triglyceride levels include high-calorie

diets, obesity, uncontrolled diabetes, and

drinking too much alcohol.

**\*** **\***

**347** mg/dL 0 - 150 mg/dL **31** mg/dL 40 - 60 mg/dL

LDL CHOLESTEROL -SERUM TC/HDL-C ratio serum (Calculated)

**Description:**

We refer to LDL cholesterol as “bad”

cholesterol since high levels can cause

cholesterol to build up inside the walls of

your arteries. This process raises your risk

of atherosclerosis, heart attack and stroke.

**\*** **\***

**101** mg/dL 0 - 100 mg/dL **5** 0 - 3.5

VLDL CHOLESTEROL - SERUM (Calculated)

**Description:**

VLDL Cholesterol is also one of the " bad forms of Cholesterol ". High levels of LDL increases

the risk for heart disease and stroke.

**\***

**38** mg/dL 0 - 35 mg/dL

**Page 5**

Name UHID Health Check Date

**Mr. NEIL BAGCHI** **AMHL.0002169706** **30/08/2025**

**Kidney/Genito-Urinary System**

URIC ACID - SERUM

**Description:**

This test measures your blood uric acid level. Uric acid is a normal by-product of the

metabolic breakdown of biochemical compounds called purines. Purines are substances

found in your cells and also in some foods. Under normal circumstances, you excrete uric

acid through your kidneys. If your body produces uric acid in large quantities or doesn't

excrete it, uric acid crystals can deposit in and around your joints, which can cause painful

inﬂammation (a form of arthritis called gout). Elevated uric acid levels can also lead to the

formation of kidney stones.

**\***

**7.6** mg/dL 2.6 - 7.2 mg/dL

**Bones & Joints/Skeletal System**

25 (OH) VITAMIN D (Chemiluminescence)

**Description:**

Vitamin D helps the body absorb calcium from foods and supplements and is particularly

important for bone health. It also protects against heart disease, diabetes, and some

cancers. You can receive Vitamin D from two primary sources: diet (fortiﬁed dairy foods,

breakfast cereal, certain ﬁsh) and ultraviolet light, such as sunlight. Your liver and kidney

metabolize vitamin D into 25-hydroxyvitamin D, the active, circulating form. With age, your

body gradually loses its ability to synthesize vitamin D. Assessing vitamin D blood levels can

gauge requirements for diet and lifestyle modiﬁcation, including vitamin D supplementation.

**\***

**15** ng/mL 30 - 100 ng/mL

**Page 6**

Name UHID Health Check Date

**Mr. NEIL BAGCHI** **AMHL.0002169706** **30/08/2025**

**Overall Synopsis & Advice**

We have reviewed the results of the tests and have identiﬁed some areas for you to act on. Please reach

out to your doctor or see a specialist to fully understand any concerns or queries you may still have. We

believe that with focus and targeted interventions, you can be healthier and happier.

**Page 7**

Name UHID Health Check Date

**Mr. NEIL BAGCHI** **AMHL.0002169706** **30/08/2025**

**Path to Wellness**

**CLINICAL GOALS** **Your Result** **Your Target**

BMI 28.73 24

**Your Care Team**

Your **ProHealth** To reach your Health Emergency or Ambulance

**physician** is Mentor services

Please

call: 04043441090

Name: Dr.SUCHISMITA For any Emergency or

To book your Follow-upBHAUMIK Ambulance services

appointments

Call: 1800 570 1033 call 1066

We are available Monday

to Saturday, from 9 am to

6 pm.

Download the Apollo 24|7 App

In the ProHealth section, keep track of your health goals, monitor your

**Google Play**activity, order medicines, book at home tests, read latest articles on health

conditions and lifestyle management.

**Apple Store**

We encourage you to continue to make your health a priority. Your Care team is available to support you in

every step of your path to wellness.

Stay Healthy and Stay Happy!

**Page 8**

Name UHID Health Check Date

**Mr. NEIL BAGCHI** **AMHL.0002169706** **30/08/2025**

**Personal History**

**Physical Activity**

**Diet -** Non Vegetarian

Status: Mild

**Smoking -** **Alcohol** **Tobacco -** No No

consumes alcohol occasionally

**Your History**

**Presenting Complaints**

- For corporate health checkup

- No speciﬁc complaints

**Allergies**

Allergy name - Not known,

**Past Medical History**

**Past medical history** -nil signiﬁcant

**Surgical History**

Surgical history -Nil

**Current Medications**

- Nil

**Page 9**

Name UHID Health Check Date

**Mr. NEIL BAGCHI** **AMHL.0002169706** **30/08/2025**

**Blood and** Blood is a ﬂuid that that transports nutrition, oxygen & waste

**Anaemia Proﬁle** (back from the various organs) across the body

**Diagnostics summary**

**Haemogram**

Haemogram is a test panel that gives information about the cells in a patient's blood. Abnormally

high or low counts may indicate the presence of many forms of disease, and hence blood counts

are amongst the most commonly performed blood tests in medicine, as they can provide an

overview of a patient's general health status.

**RBC:** **Platelets:**

Normocytic Normochromic Cells Adequate.

**14.8** 13 - 17

Hemoglobin

g/dlg/dl

13.0 17.0

**5.28** 4.5 - 5.5

RBC COUNT

Million/ulMillion/ul

4.5 5.5

**44.7**

Hematocrit - Hct: 41 - 53 %

%

41.0 53.0

**84.8**

MCV 83 - 101 ﬂ

ﬂ

83.0 101.0

**28**

MCH 27 - 32 pg

pg

27.0 32.0

**33** 31.5 - 34.5

MCHC

%%

31.5 34.5

**13.4** 11.8 - 14

RDW

%%

11.8 14.0

4000 -**6700**

WBC Count 10000 /cu

/cu mm mm4000.0 10000.0

**Page 10**

Name UHID Health Check Date

**Mr. NEIL BAGCHI** **AMHL.0002169706** **30/08/2025**

**2.53** 1.5 - 4

Platelet Count

lacs/cummlacs/cumm

1.5 4.0

**67**

Neutrophils 40 - 80 %

%

40.0 80.0

**23**

Lymphocytes 20 - 40 %

%

20.0 40.0

**6**

Monocytes 2 - 10 %

%

2.0 10.0

**4**

Eosinophils 1 - 6 %

%

1.0 6.0

**0**

Basophils

%

**10**ERYTHROCYTE SEDIMENTATION 0 - 15

mm/1st hrRATE (ESR) mm/1st hr

0.0 15.0

**Anaemia Proﬁle**

FERRITIN - SERUM **148** 24 - 336

ng/mL(Chemiliminescence) ng/mL

336.0

**302**VITAMIN B12 -SERUM 222 - 1439

pg/ml(Chemiliminescence) pg/ml

222.0 1439.0

**97** 70 - 180

IRON - SERUM (Ferrozine)

µg/dLµg/dL

70.0 180.0

IRON BINDING CAPACITY TOTAL

**384** 255 - 450

- SERUM (Ionexchange Resin -

µg/dLµg/dL

Ferrozine) 255.0 450.0

**25**TRANSFERRIN SATURATION

20 - 50 %

(CALCULATED) %

20.0 50.0

**Page 11**

Name UHID Health Check Date

**Mr. NEIL BAGCHI** **AMHL.0002169706** **30/08/2025**

**Glands,**

The Endocrine system is a group of glands that produce

**Endocrine and**

hormones that regulate metabolism, growth and development,

**Hormonal**

tissue function, sexual function, reproduction, sleep, and mood.

**system**

**Diagnostics summary**

**Diabetic Proﬁle**

Blood sugar concentration or blood glucose level is the amount of sugar present in the blood. The

body naturally regulates blood glucose levels. Diabetes mellitus is characterized by persistent high

blood sugar, and is the most prominent disease related to failure of blood sugar regulation.

**87** 70 - 99

GLUCOSE - PLASMA (FASTING)

mg/dLmg/dL

70.0 99.0

GLUCOSE - PLASMA (POST **125** 70 - 140

mg/dLPRANDIAL) mg/dL

70.0 140.0

**5**HBA1C (GLYCOSYLATED

4 - 5.6 %

HAEMOGLOBIN)-WHOLE BLOOD %

4.0 5.6

**Hormonal Proﬁle**

TOTAL T3: TRI IODOTHYRONINE **1.49** 0.87 - 1.78

ng/ml- SERUM (Chemiliminescence) ng/ml

0.87 0.9 1.8

5.48 -**9.91**TOTAL T4: THYROXINE - SERUM

14.28

(Chemiliminescence) µg/dL µg/dL5.5 14.3

TSH: THYROID STIMULATING

**3.4** 0.38 - 5.33

HORMONE - SERUM

µIU/mLµIU/mL

(Chemiliminescence) 0.38 5.3

**Page 12**

Name UHID Health Check Date

**Mr. NEIL BAGCHI** **AMHL.0002169706** **30/08/2025**

The Cardiovascular system or Circulatory system can be

**Heart/Cardiac** considered as the end to end transport system of the body

**System** which has three main components: the heart, the blood vessels

and the blood.

**Requires Action**

Many Lab Parameters

show abnormal values

**Diagnostics summary**

**Blood Pressure & Heart Rate**

**127** 90 - 120

Systolic Blood Pressure

mm of Hgmm of Hg

40.0 90.0 120.0 140.0

**82** 60 - 90

Diastolic Blood Pressure

mm of Hgmm of Hg

20.0 60.0 90.0100.0

**88** 60 - 90

Heart Rate

/min/min

20.0 60.0 90.0 100.0

**Lipid Proﬁle**

Lipid proﬁle is a panel of blood tests that serves as screening tool for abnormalities in lipids, such

as cholesterol and triglycerides. The results of this test can identify certain genetic diseases and

can determine approximate risks for cardiovascular other diseases.

**170** 0 - 200

CHOLESTEROL - SERUM

mg/dLmg/dL

0.0 200.0

**\***

**347** 0 - 150

TRIGLYCERIDES - SERUM

mg/dL

mg/dL 0.0 150.0

**\***

**31** 40 - 60

HDL CHOLESTEROL - SERUM

mg/dL

mg/dL 40.0 60.0

**Page 13**

Name UHID Health Check Date

**Mr. NEIL BAGCHI** **AMHL.0002169706** **30/08/2025**

**\***

**101** 0 - 100

LDL CHOLESTEROL -SERUM

mg/dL

mg/dL 0.0 100.0

**139**Non-HDL Cholesterol-Serum (Calculated)

TC/HDL-C Ratio Serum **\***

**5** 0 - 3.5

(Calculated)

0.0 3.5

**\***

VLDL CHOLESTEROL - SERUM **38** 0 - 35

mg/dL(Calculated)

mg/dL 0.0 35.0

**ECG - Electrocardiogram**

Electrocardiogram (ECG) measures the heart rate and rhythm. It is done to determine structural

and functional abnormalities of the heart and area around it.

**Inference**

NORMAL SINUS RHYTHM, WITHIN NORMAL LIMITS.

**Treadmill Test**

A TMT or cardiac stress test measures how well your heart can function under physical stress,

including how far it can go before an abnormal rhythm or drop in heart muscle blood ﬂow. Some

cardiac conditions are easier to identify when your heart works hard to pump blood throughout

your body, such as when you exercise. During TMT, your ECG will be continuously monitored and

reﬂect the presence and severity of blocks in blood and oxygen supply to the heart. Therefore, this

test helps diagnose ischemic heart disease, heart valve disease, or heart failure.

**Inference**

STRESS TEST IS NEGATIVE FOR PROVOCABLE MYOCARDIAL ISCHAEMIA.

**Lungs/Respiratory** The respiratory system is the network of organs and tissues that

**System** help us breathe. It includes your Lungs and Airways

**Diagnostics summary**

**Respiratory Examination**

**Page 14**

Name UHID Health Check Date

**Mr. NEIL BAGCHI** **AMHL.0002169706** **30/08/2025**

**Breath Sounds**

Normal Vesicular Breath Sounds

**Pulmonary Function Test**

PFTs are non-invasive diagnostic tests that measure how well your lungs are working. They include

tests that measure lung volume, capacity, rates of airﬂow, and gas exchange. PFTs can help your

physician diagnose and decide management approach for certain lung disorders.

**Inference**

Spirometry within normal limits.

**Stomach &** Gastrointestinal Tract extends from mouth to anus and is

**Liver/Digestive** composed of several organs that form the food and nutrition

**System** processing system for the body

**Diagnostics summary**

**Liver Proﬁle**

Liver function tests(LFT), are groups of clinical biochemistry blood assays that give information

about the state of a patient's liver. These tests can be used to detect the presence of liver disease,

distinguish among diﬀerent types of liver disorders, gauge the extent of known liver damage, and

follow the response to treatment.

**0.5** 0.3 - 1.2

BILIRUBIN TOTAL - SERUM

mg/dLmg/dL

0.3 0.3 1.2

**0.2**BILIRUBIN CONJUGATED 0 - 0.2

mg/dL(DIRECT) - SERUM mg/dL

0.0 0.2

**7.8** 6.4 - 8.3

PROTEIN TOTAL - SERUM

g/dLg/dL

6.4 8.3

**5** 3.5 - 5.1

ALBUMIN - SERUM

g/dLg/dL

3.5 5.1

ALKALINE PHOSPHATASE - **89** 43 - 115

U/LSERUM U/L

43.0 115.0

**Page 15**

Name UHID Health Check Date

**Mr. NEIL BAGCHI** **AMHL.0002169706** **30/08/2025**

**49**

ALT(SGPT) - SERUM 0 - 50 U/L

U/L

0.0 50.0

**25**

AST (SGOT) - SERUM 0 - 50 U/L

U/L

0.0 50.0

**52**GGTP: GAMMA GLUTAMYL

0 - 55 U/L

TRANSPEPTIDASE - SERUM U/L

0.0 55.0

**1.8**Albumin/Globulin Ratio 1 - 2

1.0 2.0

**2.8**GLOBULIN: (CALCULATED) - 1.8 - 3.6

g/dLSERUM g/dL

1.8 3.6

**Ultrasound Screening Whole Abdomen**

Ultrasound of the abdomen helps to look for abnormalities of the abdominal organs like liver,

spleen, gall bladder, pancreas, kidneys, uterus, etc.

**Inference**

\* Grade I fatty liver.

**Abdomen Examination Findings**

**Abdomen Findings**

Organomegaly - No

Tenderness - No

**Kidney/Genito-** Genito urinary system consists part of the body that play a role

**Urinary System** in reproduction getting rid of waste products in the form of urine

**Needs Attention**

Few of the Lab

Parameters show abnormal

values

**Page 16**

Name UHID Health Check Date

**Mr. NEIL BAGCHI** **AMHL.0002169706** **30/08/2025**

**Diagnostics summary**

**Renal Proﬁle**

This is a panel of blood tests performed to evaluate the state and function of the kidneys. The

tests measure various parameters, including minerals, electrolytes, proteins, and glucose, to

determine the current health of the kidneys. Physicians use results to screen for kidney disease

and assess disease progression, severity, and management.

**17** 13 - 43

UREA - SERUM

mg/dLmg/dL

13.0 43.0

**7.9** 7 - 18

BUN (BLOOD UREA NITROGEN)

mg/dLmg/dL

7.0 18.0

**0.9** 0.9 - 1.3

CREATININE - SERUM

mg/dLmg/dL

0.9 1.3

**\***

**7.6** 2.6 - 7.2

URIC ACID - SERUM

mg/dL

mg/dL 2.6 7.2

**Urine Examination**

Urinalysis, is the physical, chemical and microscopic examination of the urine and is one of the

most common methods of medical diagnosis. It is used to detect markers of diabetes, kidney

disease, infection etc.

**Colour:** **Appearance** **Albumin:** **Glucose**

Pale Straw Slightly Turbid Not Detected Not Detected

**Ketone:** **Bile Pigments** **RBC** **Pus Cells**

Not Detected Not Detected Nil /hpf Occasional /hpf

**Epithelial Cells** **Casts:** **Crystals:**

Occasional /hpf Not Found Not Found

**50**

Volume:

mL

**1.01**Speciﬁc Gravity

**6**PH:

**Page 17**

Name UHID Health Check Date

**Mr. NEIL BAGCHI** **AMHL.0002169706** **30/08/2025**

The skeletal system gives the body its basic framework,

**Bones &**

providing structure, protection, and movement. The 206 bones

**Joints/Skeletal**

in the body also produce blood cells, store important minerals,

**System**

and release hormones necessary for bodily functions.

**Needs Attention**

Few of the Lab

Parameters show abnormal

values

**Diagnostics summary**

**Vitamins & Minerals**

**\***

**15**25 (OH) VITAMIN D 30 - 100

ng/mL(Chemiluminescence)

ng/mL 30.0 100.0

Skin is considered to be the largest organ in the body and has

**Skin** multiple functions including body temperature regulation,

protecting against various microbes etc

**Systemic Review**

**- acne vulgaris**

**Diagnostics summary**

**Skin Examination Findings**

**Skin Findings**

- No signiﬁcant ﬁnding

**Page 18**

Name UHID Health Check Date

**Mr. NEIL BAGCHI** **AMHL.0002169706** **30/08/2025**

**Investigations Not Done**

Biochemistry :

 A/G - RATIO

Dr.SUCHISMITA BHAUMIK

**AHC Physician / Consultant Internal**

**Medicine**

Disclaimer : The Health Check-up examinations and routine investigations have certain limitations

and may not be able to detect all the diseases. Any new or persisting symptoms should be brought

to the attention of the Consulting Physician. Additional tests, consultations and follow up may be

required in some cases.

Powered by HNG