

Neil B. Goldstein

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EDUCATION

- 2013 – 2016 **Bachelors of Arts – Exercise Science**, *Bellarmino University – Louisville, KY.*
- 2010 **Tactical Combat Casualty Care/Combat Life Saver Instructor Certification**,
Field Medical Training Battalion East, U.S. Navy – Camp Johnson, NC.
- 2009 **Field Medical Service Technician Certification**, *Field Medical Training Battalion East, U.S. Navy – Camp Johnson, NC.*
- 2007 **Naval Hospital Corps School**, *U.S. Navy Training Command Great Lakes – Great Lakes, IL.*

RESEARCH EXPERIENCE

- 2015 – 2016 **Undergraduate Research Thesis**, *Bellarmino University – Louisville, KY*
Leading investigator of the *Active Reserves (AcRe) Trial: A Social Media-Based Approach to Influence Lifestyle Physical Activity in Navy Reservists.*
- Personally developed Senior Research question, author of IRB and manuscripts, initiated and completed participant recruitment, prepared participant scheduling and coordination, developed population specific program, and individually collected and analyzed research data.
- 2014 – 2015 **Undergraduate Research Assistant**, *Bellarmino University – Louisville, KY*
- Involvement in University sponsored randomized controlled trial: *The effect of peer influence on exercise behavior and enjoyment in recreational runners.* Carnes, A. PhD.
- Responsibilities included data collection, research participant coordination, and field research management.

TEACHING EXPERIENCE

- 2014 – Present **Health Promotion Coordinator**, *U.S. Navy Reserve – Louisville, KY*
- Navy Health Promotion is a program within the larger establishment Navy and Marine Corps Public Health, and is provided guidance for their health initiatives and policies.

Duties required are to ensure juniors disseminate health education through maintained wallboards, providing courses of health education to Sailors and assistance in implementation of programs to better the health and development of Sailors.

2010 – Present **Combat Life Saver Instructor**, U.S. Navy, *U.S. Navy Reserve – Louisville, KY; (MASL P122000)*, Combat Life Saver (CLS) is a program initiated by the U.S. Navy and Marine Corps to provide real-life, combat medical experience to Marines, Sailors and foreign Armies under NATO and Geneva Conventions.

Responsibilities include gathering medical supplies, course material, arranging medical transportation for notional casualties, course teaching and practical application instruction, evaluating trauma intervention task completion, and grading proctored exams.

2009 – Present **Assistant Command Fitness Leader**, U.S. Navy, *U.S. Navy Reserve – Louisville, KY*

Serving as liaison between unit-specific Sailors, Command fitness and the Navy Physical Readiness Program.

Responsibilities include instruction, demonstration, and evaluation of Sailors and Marines of all ranks through guided exercises. As well as collection of 1.5 mile run time, push-up and sit-up repetitions, data entry and interpretation, and command reporting for bi-annual Physical Readiness Test.

PROFESSIONAL PRESENTATIONS

Goldstein, N. B., & Wojcicki, T.R., Poster Presentation, Society of Behavioral Medicine; “Active Reserves Trial: A Social Media-Based Approach to Influence Lifestyle Physical Activity in Navy Reservists.”, U.S. Navy Reserve – *SBM Conference* San Diego, CA, March 2017.

Goldstein, N. B., & Wojcicki, T.R., Active Reserves (AcRe) Trial Recruitment for “Active Reserves Trial: A Social Media-Based Approach to Influence Lifestyle Physical Activity in Navy Reservists.”, *U.S. Navy Reserve – Navy Operational Support Center*, Louisville, KY, January 2016.

Goldstein, N.B., “Nutritional Guidelines per *Navy and Marine Corps Public Health*”, *U.S. Navy Reserve – Navy Operational Support Center*, Louisville, KY, January 2015.

Goldstein, N.B., “Combat Life Saver Course”, United States Marine Corps – *2D Regiment, 2D Marine Division*, Camp Lejeune, North Carolina, November 2012.

Goldstein, N.B., “Combat Life Saver Course”, United States Marine Corps – *2D Regiment, 2D Marine Division*, Camp Lejeune, North Carolina, August 2012.

Goldstein, N. B., “Combat Life Saver Course”, United States Marine Corps – 3rd Battalion, 2nd Marines, Afghan National Army & Afghan National Police Embedded Training Team, Camp Lejeune, NC, Helmand Province, AFG, August, 2011.

Goldstein, N. B., “Combat Life Saver Course”, United States Marine Corps – 3rd Battalion, 2nd Marines, 8th Regimental Combat Team, Camp Lejeune, NC, March, 2011.

Goldstein, N.B., “Anthrax & Small Pox Administration and Procedures”, United States Navy– 3rd Battalion, 2nd Marines, 2nd Regiment, Camp Lejeune, NC, April, 2010.

HONORS & AWARDS

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| 2015 – 2016 | Exercise Science Undergraduate Research Award - <i>Bellarmino University</i> ; An award presented to a student of Exercise Science for development and completion innovative research. Awarded for the Randomized Control Trial, <i>Active Reserves (AcRe) Trial: A Social Media-Based Approach to Influence Lifestyle Physical Activity in Navy Reservists</i> . |
| 2015 – 2016 | Leadership Award – <i>Bellarmino University</i> ; An award presented to a student for their guidance, direction and leadership capabilities, which have resulted in the development of programs or initiatives for the student body or a specific population within the study body. |
| 2015 – 2016 | RSO Member of the Year Award – <i>Bellarmino University</i> ; An award presented to an on campus organization leader for their monumental influence and effort toward enriching the lives of their members, the student body and University. |
| 2015 – 2016 | Student Government Association Undergraduate Research Award – <i>Bellarmino University</i> ; award of \$350 given to sponsor Undergraduate Research Thesis, “Active Reserves Trial: A Social Media-Based Approach to Influence Lifestyle Physical Activity in Navy Reservists”. |
| 2015 | Letter of Commendation , United States Marine Corps Reserve – <i>Alpha Company, 8th Military Police Battalion, Lexington, KY</i> . In recognition for service as Assistant Leading Petty Officer for 8 th MP Co., Battalion Aid Station, Camp Talega, CA. |
| 2014 – 2015 | Lansing School of Nursing and Health Sciences Award, Outstanding Junior – <i>Lansing School, Exercise Science Department Awards and Honors Luncheon, Bellarmino University</i> ; plaque in recognition of academic achievement and research initiatives for Junior class students. |
| 2011 | Navy and Marine Corps Commendation Medal – 3 rd Battalion, 2 nd Marines, 2 nd Regiment, Camp Lejeune, NC; Awarded for merit in service as Preventive Medicine Petty Officer, Training Petty Officer, Medical Readiness Coordinator and for efforts with Weapons Co. during 2011 AFG deployment. |

- 2011 **Navy Unit Commendation** – 3rd Battalion, 2nd Marines, 2nd Regiment, Camp Lejeune, NC; Granted by Secretary of the Navy for units distinguished itself in action against the enemy with outstanding heroism; Operation Enduring Freedom.
- 2011 **Joint Meritorious Unit Award** – 3rd Battalion, 2nd Marines, 2nd Regiment, Camp Lejeune, NC; Granted by the Department of Defense by units performing tasks in a joint missions overseas; Operation Enduring Freedom.
- 2010 **Humanitarian Service Medal** – 3rd Battalion, 2nd Marines, 2nd Regiment, Camp Lejeune, NC; Meritorious participation in a significant military act or operation of a humanitarian nature; Haiti, Operation Unified Response.
- 2008 – 2009 **Navy and Marine Corps Achievement Medal**– Naval Hospital Pensacola, Pensacola, FL; Granted from Navy Medicine East in recognition as a participant in Sailor of the Year, East Coast.

PROFESSIONAL MEMBERSHIPS

- 2012 – Present Phi Theta Kappa, member
- 2015 – Present Bellarmine University Student Veterans Association, Founder-President
- 2015 – Present Society of Behavioral Medicine, Member
- 2016 – Present American College of Sports Medicine, Member

SERVICE

- 2007 – Present Fleet Marine Force Hospital Corpsman – *U.S. Navy, U.S Navy Reserve*
- 2013 – Present Morale, Welfare and Recreation, Board Member – *U.S. Navy*
- 2013 – Present Kentucky Regional Funeral Detail, Member – *U.S. Navy*
- 2013 – Present Navy Operational Support Center Ceremonial Guard, Member – *U.S. Navy Reserve*
- 2015 – Present Student-Veteran Liaison – *Bellarmino University*

COMMUNITY

- 2015 – Present **Mentor** – Big Brothers, Big Sisters, *Shawnee Middle School & High School*; Providing a once a week meeting with “in-need” youth for positive influence through role modeling to assist in healthy development from adolescence.

LOGO DESIGN and BRANDING

2015

BELLARMINE UNIVERSITY STUDENT VETERAN ASSOCIATION

2015

ACRE TRIAL (Active Reserves Trial)



REFERENCES

Thomas R. Wojcicki, PhD
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