



THE CYBER FIRST AID KIT

BY NELSON SAMUEL

REALITY



When it comes to Cyber incidents, its not a matter of *if* but *when*. Many organizations lack a tested incident response plan increasing recovery costs by as much as 40%. With 63% of businesses worldwide reporting to have been affected by a cyber attack the need for prevention and incident response teams rises each day.

PURPOSE



This playbook is about fast, structured and business-focused recovery. It gives a preview of what incident response entails and the *Dos* and *Donts* when hit with a cyber attack.

WHAT IS INCIDENT RESPONSE (IR)

- Incident response is like having a fire drill for your business but instead of smoke and flames it's hackers, malware, and data leaks.
- In formal terms, IR is a structured methodology for handling cyber security incidents and breaches with an aim to recover from attacks while minimizing damage and disruption



THE INCIDENT RESPONSE LIFECYCLE



- 1 PREPARATION: Involves defining clear policies, acquiring the right tools and training.
- 2 IDENTIFICATION: Confirming whether an event is a cyber attack and evaluating its intensity.
- 3 CONTAINMENT: Isolating the affected systems to prevent further damage.
- 4 ERADICATION: Investigating the root cause of the incident and eradicating any threats.
- 5 RECOVERY: Restore affected systems to the pre-incident state and restore operations.
- 6 LESSONS LEARNT: Review, document everything that occurred and monitor continuously.

COMMON CYBER INCIDENTS BUSINESSES FACE

- Phishing and Business Email Compromise
- Ransomware and Data Encryption
- Insider Threats (Malicious Employees)
- Cloud Service Breaches
- Distributed Denial of Service attacks (DDoS)

The impact of these incidents; loss of data, downtime, legal exposure. Yeah, you do not want that



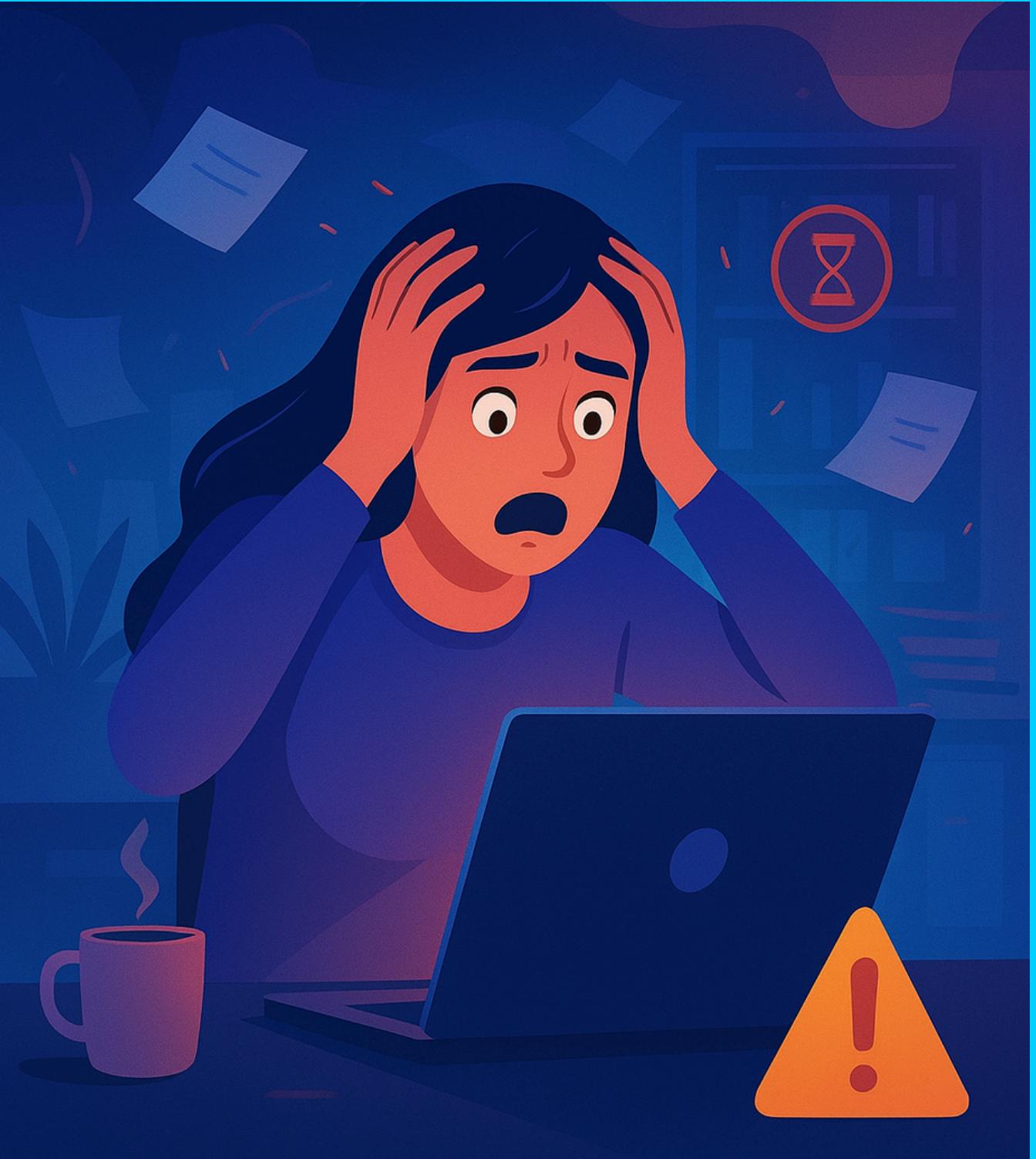
DOS AND DONTS WHEN HIT WITH A BREACH

DO	DON'T
<ul style="list-style-type: none">• Stay calm and try not to panic. Panic spreads faster than malware clouding your judgement.	<ul style="list-style-type: none">• Don't ignore it. That weird tone on your HR's email might actually be a phishing attempt. Follow up and consult with IT.
<ul style="list-style-type: none">• Notify the Incident Response team immediately about the alleged issue.	<ul style="list-style-type: none">• Don't try to fix it yourself, you might worsen it.
<ul style="list-style-type: none">• Disconnect compromised systems from the network. DO NOT SHUT THEM DOWN.	<ul style="list-style-type: none">• Again I repeat, Don't shut down any affected system as this might make forensics harder.
<ul style="list-style-type: none">• Document and keep notes of every detail happening including timelines.	<ul style="list-style-type: none">• Finally, Don't spread the word especially on public places and platforms without approval.

BEST PRACTICES

- Invest in an Incident Response Team
- Have an Incident Response Plan
- Backup your data regularly
- Keep systems updated
- Offer awareness and training for employees
- Regular security reviews including IT audits.
- Use Multi-factor Authentication

This is Jane. Jane's organization has been hit by a ransomware. Jane does not have an IR team or plan. Jane is in super panic. Business operations have halted. DON'T BE LIKE JANE.



CALL TO ACTION

 Remember that this playbook is a preview. A real IR plan is customized to your business.

Book a 30 min Cybersecurity Readiness Consultation

Contact: +254 746 392 370

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Bringing an incident responder on board turned panic into a plan. Hooray!!

THANK YOU

Thank you for taking the time
to explore this playbook
Remember that cybersecurity
is about readiness, resilience
and response. When a breach
happens every second matters
and that's when you need a
Digital First Responder.

*Nelson Samuel
Digital First Responder*

