Table 12-4. Surface-Supplied Helium-Oxygen Decompression Table (DESCENT RATE 75 FPM—ASCENT RATE 30 FPM)

						St	op time							(fsw) HeO ₂ a		t O ₂ st	ор				
	Bottom	Time to	190	180	170	160	150	140	130	120	110	100	90	80	70	60	50	40	30	20	Chamber O ₂ Periods
Depth (fsw)	Time (min.)	First Stop (min:sec)					воттс	M MIX							50%	6 O ₂			100	% O ₂	
60	10	2:00																		0	0
60	20	2:00																		0	0
	30	2:00																	,	0	0
	40	2:00																		0	0
Max O ₂ =40.0%	60	0:40																10	11	16	1
Min O ₂ =14.0%	80	0:40																10	13	22	2
	100	0:40																10	16	27	2
l	120	0:40																10	17	28	2
7 0	10	2:20																		0	0
70	20	2:20																		0	0
İ	30	2:20																		0	0
	40	1:00																10	10	16	1
Max O ₂ =40.0%	60	1:00																10	14	24	2
Min O ₂ =14.0%	80	1:00																10	18	30	2
ļ	100	1:00																10	19	34	2
Į	120	1:00																10	21	37	2
ı																					
80	10	2:40																		0	0
00	20	2:40																		0	0
	25 30	2:40																10	44	0 16	0
14. 0. 00.00/	40	1:20 1:20																10	11 13	21	2
Max O ₂ =38.0% Min O ₂ =14.0%	60	1:20																10	18	32	2
Wiiii 02 77.070	80	1:20																10	21	38	2
	100	1:20																10	24	42	3
İ	120	1:20																10	25	45	3
ı	120	1.20																10			
00	10	3:00																		0	0
90	20	3:00																		0	0
	30	1:40																10	13	21	2
İ	40	1:40																10	16	26	2
Max O ₂ =34.9%	60	1:40																10	21	38	2
Min O ₂ =14.0%	80	1:40																10	25	45	3
[100	1:40																10	28	50	3
	120	1:40																10	29	52	3

Table 12-4. Surface-Supplied Helium-Oxygen Decompression Table (Continued). (DESCENT RATE 75 FPM—ASCENT RATE 30 FPM)

						St	op time					on St) and firs	t O ₂ st	ор				
	Bottom Time	Time to First Stop	190	180	170	160	150	140	130	120	110	100	90	80	70	60	50	40	30	20	Chamber O ₂ Periods
Depth (fsw)	(min.)	(min:sec)					вотто	OM MIX							50%	6 O ₂			1009	% O ₂	
400	10	3:20																		0	0
100	15	3:20																		0	0
	20	2:00																10	11	17	1
	30	2:00																10	15	24	2
Max O ₂ =32.3%	40	2:00																10	18	32	2
Min $O_2 = 14.0\%$	60	2:00												Ļ				10	25	44	3
	80	2:00																10	28	52	3
	100	2:00												ļ				10	31	56	3
	120	2:00				<u> </u>			<u> </u>									10	32	58	3
	10	2:20				ı —			ı —			1			1			10	8	11	1 1
110	20	2:20																10	12	20	1
	30	2:20																10	17	28	2
	40	2:20																10	20	36	2
Max O ₂ =30.0%	60	2:20																10	27	49	3
Min O_2 =14.0%	80	2:20																10	31	58	3
22	100	2:20																10	33	62	4
	Exceptional														·						
	120	2:20																10	35	64	4
420	10	2:40																10	9	13	1
120	20	2:40																10	14	23	2
	30	2:40																10	19	33	2
	40	2:40																10	23	42	3
Max O ₂ =28.0%	60	2:40																10	30	55	3
Min $O_2 = 14.0\%$	80	2:40												Ļ				10	34	63	4
	100	2:40																10	36	66	4
	Exceptional I								· · · · · · · · · · · · · · · · · · ·		T	1			1		1 40	1 40			
	120	2:20															10	10	35	65	4
	10	2:40	1	1		l	1		l	1		1	<u> </u>	1		1	10	10	6	8	T 1
130	20	2:40															10	10	12	19	1
100	30	2:40															10	10	18	30	2
	40	2:40														7	10	10	22	40	3
Max O ₂ =26.3%	60	2:20														7	10	10	29	52	3
Min O_2 =14.0%	80	2:20														7	10	10	33	60	3
2 / •	Exceptional																				
	100	2:20														7	10	10	35	64	4
	120	2:20														7	11	11	35	66	4

Table 12-4. Surface-Supplied Helium-Oxygen Decompression Table (Continued). (DESCENT RATE 75 FPM—ASCENT RATE 30 FPM)

							an time					on St				40					
) SI	op ume	28 (11111	i) iriciu	ue trav	ei iime	, excep) LIII'S LI	1eO ₂ 8	and firs	10_2 sc	op r				
	Bottom Time	Time to First Stop	190	180	170	160	150	140	130	120	110	100	90	80	70	60	50	40	30	20	Chamber O ₂ Periods
Depth (fsw)	(min.)	(min:sec)		•			BOTTO	M MIX				•			50%	6 O ₂		•	1009	% O ₂	
4.40	10	3:00															10	10	6	8	1
140	20	3:00															10	10	12	19	1
	30	3:00															10	10	18	30	2
	40	2:40														7	10	10	22	40	2
Max O ₂ =24.8%	60	2:40														7	10	10	29	52	3
Min $O_2 = 14.0\%$	80	2:40														7	10	10	33	60	3
	Exceptional E																				
	100	2:40														7	10	10	35	64	4
	120	2:40														7	11	11	35	66	4
	10	3:20	_	1		ı	_										10	10	7	8	1 1
150	20	3:00														7		10	14	_	2
100	_																10	_		22	
	30 40	3:00 3:00														7	10	10	19 24	34	2
Ma O =00.40/	60	3:00				<u> </u>										7	10	10	31	44 56	3
Max O_2 =23.4% Min O_2 =14.0%	80	3:00														7	10	10	35	64	4
WIII 02-14.076	Exceptional E			<u> </u>	l	<u> </u>			<u> </u>		<u> </u>				<u> </u>	1	10	1 10	33	04	4
	100	3:00	1	T	1	1	1	<u> </u>	1		1	1			1	7	13	13	36	66	 4
	120	3:00														9	16	16	36	66	5
	120	0.00															10	10	- 00		
400	10	3:20				ĺ										7	10	10	8	10	1
160	20	3:20				ĺ										7	10	10	15	24	2
	30	3:20														7	10	10	21	37	2
	40	3:20		İ												7	10	10	26	47	3
	60	3:00		İ		Ì			Ì						7	6	10	10	30	56	3
Max O_2 =22.2% Min O_2 =14.0%	Exceptional E	Exposure																			
WIII 02-14.0%	80	3:00													7	9	10	10	35	66	4
	100	3:00													7	13	14	14	35	66	5
	120	3:00													7	17	17	17	36	66	5
170	10	3:20													7	0	10	10	8	12	1
170	20	3:20													7	0	10	10	16	28	2
	30	3:20		ļ											7	1	10	10	23	42	3
	40	3:20													7	4	10	10	28	52	3
Max O ₂ =21.1%	60	3:20													7	10	10	10	33	62	4
Min O ₂ =14.0%	Exceptional E		1													4.4	4.4	4.4			
-	80	3:20												7	9	14	14	14	35	66	4
	100	3:00												7	5	18	18	18	36	66	5
	120	3:00												7	9	21	21	21	36	66	5

Table 12-4. Surface-Supplied Helium-Oxygen Decompression Table (Continued). (DESCENT RATE 75 FPM—ASCENT RATE 30 FPM)

						St	top tim	es (mir	Deco	ompr de trav	essic	on St	ops ot first	(fsw) HeO ₂ 8	and firs	t O ₂ st	ор				
	Bottom Time	Time to First Stop	190	180	170	160	150	140	130	120	110	100	90	80	70	60	50	40	30	20	Chamber O ₂ Periods
Depth (fsw)	(min.)	(min:sec)					вотто	OM MIX							50%	6 O ₂			1009	% O ₂	
4.40	10	3:00															10	10	6	8	1
140	20	3:00	i														10	10	12	19	1
	30	3:00											i				10	10	18	30	2
	40	2:40														7	10	10	22	40	2
Max O ₂ =24.8%	60	2:40														7	10	10	29	52	3
Min $O_2 = 14.0\%$	80	2:40														7	10	10	33	60	3
	Exceptional																				
	100	2:40														7	10	10	35	64	4
	120	2:40														7	11	11	35	66	4
	10	2.00				1	1	1	1			1		1	1	1	10	1 40	l 7	١ ،	1 4
150	10	3:20	-	-						-						-	10	10	7	8	1
100	20	3:00														7	10	10	14	22	2
	30	3:00		-						-						7	10	10	19	34	2
Ma O =02, 40/	40 60	3:00 3:00	-				1									7	10	10	24	44 56	3
Max O_2 =23.4% Min O_2 =14.0%	80	3:00														7	10 10	10	31 35	64	3
Wiiii O2-14.076	Exceptional															,	10	1 10	33	04	
	100	3:00	1	T	T	T	T	1	T	T	T	1	Ī	1	T	7	13	13	36	66	4
	120	3:00														9	16	16	36	66	5
400	10	3:20														7	10	10	8	10	1
160	20	3:20														7	10	10	15	24	2
	30	3:20	İ	İ	İ		Ì	İ		İ	İ			İ		7	10	10	21	37	2
	40	3:20			ĺ						ĺ		ĺ			7	10	10	26	47	3
May 0 =22.20/	60	3:00		Î											7	6	10	10	30	56	3
Max O_2 =22.2% Min O_2 =14.0%	Exceptional	Exposure																			
Wiii 1 02-14.070	80	3:00		ļ						ļ					7	9	10	10	35	66	4
	100	3:00		ļ			<u> </u>	ļ						ļ	7	13	14	14	35	66	5
	120	3:00													7	17	17	17	36	66	5
	10	1 0.00						1				1		1			10	1 40		1 40	1 4
170	10	3:20													7	0	10	10	8	12	1
170	20	3:20		ļ			ļ			ļ					7	0	10	10	16	28	2
	30	3:20													7	1	10	10	23	42	3
	40	3:20													7	4	10	10	28	52	3
Max O ₂ =21.1%	60 Executional	3:20 Exposure			<u> </u>	l			l	l	<u> </u>				/	10	10	10	33	62	4
Min $O_2 = 14.0\%$	Exceptional 80	3:20		T	T	T	T	1	1	T		1	T	1	9	14	14	14	35	66	4
	100	3:00												7	5	18	18	18	36	66	5
	120	3:00												7	9	21	21	21	36	66	5
	120	5.00													9			41	50	00	

Table 12-4. Surface-Supplied Helium-Oxygen Decompression Table (Continued). (DESCENT RATE 75 FPM—ASCENT RATE 30 FPM)

						St	op time							(fsw) HeO ₂ a		t O₂ st	op				
	Bottom	Time to	190	180	170	160	150	140	130	120	110	100	90	80	70	60	50	40	30	20	Chamber O ₂ Periods
Depth (fsw)	Time (min.)	First Stop (min:sec)					BOTTO	M MIX							50%	ο O ₂			100	 % O₂	
	10	3:40		Ι	1							1			7	0	10	10	9	14	1
180	20	3:40													7	0	10	10	17	30	2
	30	3:40													7	4	10	10	25	45	3
	40	3:20												7	0	8	10	10	30	54	3
	60	3:20	İ											7	5	11	11	11	35	64	4
Max O_2 =20.1% Min O_2 =14.0%	Exceptional E	xposure																			
WIII O2-14.0%	80	3:20												7	9	15	15	15	36	66	4
	100	3:20												7	13	19	19	19	36	66	5
	120	3:20												7	17	23	23	23	36	66	6
						1												1			1 .
190	10	4:00													7	0	10	10	10	15	1
130	20	3:40												7	0	2	10	10	19	34	2
	30	3:40												7	0	7	10	10	26	46	3
	40	3:40												7	4	9	10	10	31	56	3
M . O . 40.00/	Exceptional E		1	·	1									7		40	40	1 40	1 24		
Max O_2 =19.2% Min O_2 =14.0%	60 80	3:40 3:20											7	7	9	13 18	13 18	13 18	34 36	62 66	5
WIII 02-14.076	100	3:20											7	6	16	21	21	21	36	66	6
	120	3:20											7	8	20	23	23	23	36	66	7
	120	0.20													20	20		20	00	00	, ,
000	10	4:00												7	0	0	10	10	11	17	1 1
200	20	4:00												7	0	4	10	10	20	36	2
	30	3:40											7	0	3	7	10	10	27	50	3
	40	3:40			İ								7	0	7	10	10	10	31	58	3
	Exceptional E	xposure																			
Max O_2 =18.4%	60	3:40											7	4	10	14	14	14	35	66	4
Min O ₂ =14.0%	80	3:40											7	8	14	18	18	18	36	66	5
	100	3:40											7	12	17	23	23	23	36	66	6
	120	3:40											8	15	21	23	23	23	36	66	7
	40	1.00				1								l -			1 40	1 40	40	1 40	T 4
210	10	4:20												7	0	0	10	10	12	19	1
210	20	4:00											7	0	1	6	10	10	22	38	2
	30 40	4:00 4:00											7	0	6	7	10	10	29	53	3
		Exposure			<u> </u>								/	3	9	10	10	10	33	60	3
May O =17.79/	60	3:40	T	T	<u> </u>							7	0	9	11	17	17	17	35	66	 5
Max O_2 =17.7% Min O_2 =10.0%	80	3:40										7	3	11	15	20	20	20	36	66	6
02 10.070	100	3:40										7	6	14	19	23	23	23	36	66	7
	120	3:40										7	8	18	23	23	23	23	36	66	7

Table 12-4. Surface-Supplied Helium-Oxygen Decompression Table (Continued). (DESCENT RATE 75 FPM—ASCENT RATE 30 FPM)

						St	op time							(fsw)		t O ₂ st	ор				
	Bottom Time	Time to First Stop	190	180	170	160	150	140	130	120	110	100	90	80	70	60	50	40	30	20	Chamber O ₂ Periods
Depth (fsw)	(min.)	(min:sec)					вотто	OM MIX							50%	6 O ₂			100	% O ₂	
220	10	4:40												7	0	2	10	10	13	20	1
220	20	4:20											7	0	3	7	10	10	23	41	3
	30	4:20	<u> </u>		<u> </u>								7	2	6	9	10	10	30	54	3
	40	4:00										7	0	6	9	11	11	11	34	62	4
Marr O =47.00/	Exceptional	, ' 																			
Max O_2 =17.0% Min O_2 =10.0%	60	4:00										7	4	9	12	18	18	18	36	66	5
Will O ₂ -10.076	80	4:00										7	8	12	17	21	21	21	36	66	6
	100	4:00	<u> </u>									7	12	15	20	23	23	23	36	66	7
	120	4:00										8	14	19	23	23	23	23	36	66	8
000	10	4:40											7	0	0	3	10	10	14	22	2
230	20	4:20	ì	Ì								7	0	3	4	7	10	10	24	44	3
	30	4:20	i –	İ	İ							7	0	5	7	10	10	10	31	57	3
	40	4:00	Î								7	0	3	7	9	13	13	13	34	64	4
	Exceptional	Exposure																			
Max O ₂ =16.3%	60	4:00									7	0	8	10	14	18	18	18	36	66	6
Min O ₂ =10.0%	80	4:00									7	3	10	14	18	23	23	23	36	66	7
	100	4:00			ļ						7	6	12	17	23	23	23	23	36	66	8
	120	4:00									7	7	16	19	23	23	23	23	36	66	8
	10	4:40										7	0	Ι 0	3	4	10	10	14	24	2
240	20	4:40	 									7	0	3	5	7	10	10	25	46	3
	30	4:20	i	<u> </u>							7	0	3	6	7	10	10	10	32	58	3
	40	4:20	i –								7	0	5	8	9	14	14	14	35	64	4
	Exceptional	Exposure																			
Max O_2 =15.7%	60	4:20		1							7	4	8	11	14	19	19	19	36	66	6
Min O ₂ =10.0%	80	4:20	Î								7	7	11	16	18	23	23	23	36	66	7
	100	4:20									7	10	14	19	23	23	23	23	36	66	8
	120	4:00								7	3	12	17	19	23	23	23	23	36	66	8
	10	5:00	1	1		1		ı				7	0	Ι 0	3	4	10	10	15	25	2
250	20	4:40									7	0	0	3	7	7	10	10	26	47	3
	30	4:40	 	1	 						7	0	4	6	8	10	10	10	32	60	4
	40	4:40									7	2	5	9	9	14	14	14	35	64	4
	Exceptional																				
Max O ₂ =15.2%	60	4:20								7	0	7	9	12	16	21	21	21	36	66	6
Min O ₂ =10.0%	80	4:20	Ì							7	3	9	13	15	21	23	23	23	36	66	7
	100	4:20								7	6	11	14	19	23	23	23	23	36	66	8
	120	4:20								7	8	13	19	20	23	23	23	23	36	66	8

Table 12-4. Surface-Supplied Helium-Oxygen Decompression Table (Continued). (DESCENT RATE 75 FPM—ASCENT RATE 30 FPM)

									Deco	mpr	essio	on St	ops	(fsw)							1
						St	op time									t O ₂ st	ор				
																					Chamber
	Bottom	Time to	190	180	170	160	150	140	130	120	110	100	90	80	70	60	50	40	30	20	O ₂ Periods
5 4 (5)	Time	First Stop			<u> </u>									<u> </u>					4000		1 0110
Depth (fsw)	(min.)	(min:sec)	<u> </u>				воттс	NINI IVIIX							50%				1009		
260	10	5:00									7	0	0	0	4	4	10	10	16	27	2
200	20	5:00								7	7	0	3	4	6	7	10	10	27	50	3
	30 40	4:40 4:40								7	0	3	5 8	6	9	10 15	10 15	10 15	33 35	62 64	5
	Exceptional E												0] 3	10	13	13	15	33	04	
Max O ₂ =14.6%	60	4:40	<u> </u>							7	3	7	10	14	16	21	21	21	36	66	6
Min O ₂ =10.0%	80	4:40								7	6	10	13	17	23	23	23	23	36	66	7
	100	4:20							7	2	9	13	16	20	23	23	23	23	36	66	8
	120	4:20							7	4	11	14	19	20	23	23	23	23	36	66	8
270	10	5:20									7	0	0	3	3	4	10	10	17	28	2
	20 30	5:00 5:00								7	0	3	3 6	6	6 9	13	10 13	10	29 34	52 62	3 4
	Exceptional E		<u> </u>	<u> </u>	<u> </u>		<u> </u>					<u> </u>	0	0	9	13	13	13	34	02	4
	40	4:40	l		1				7	0	2	5	8	8	12	16	16	16	35	66	5
Max O ₂ =14.2%	60	4:40							7	0	6	8	10	14	19	23	23	23	36	66	6
Min O ₂ =10.0%	80	4:40							7	3	8	11	14	17	23	23	23	23	36	66	7
	100	4:40							7	5	11	13	16	20	23	23	23	23	36	66	8
	120	4:40							7	8	12	16	19	20	23	23	23	23	36	66	8
280	10	5:40									7	0	0	3	3	4	10	10	18	31	2
	20 30	5:20 5:00							7	7	0	0 5	4 5	6	7	7 12	10 12	10 12	30 35	54 64	3 4
	Exceptional E		<u> </u>	<u> </u>	<u> </u>		<u> </u>		/	0	<u>'</u>	5	5	<u> </u>	9	12	12	12	აა	04	4
	40	5:00							7	0	4	6	8	9	12	17	17	17	35	66	5
Max O_2 =13.7%	60	5:00							7	4	6	8	12	15	18	23	23	23	36	66	7
Min O ₂ =10.0%	80	4:40						7	0	7	9	11	15	17	23	23	23	23	36	66	8
	100	4:40						7	2	9	11	15	17	20	23	23	23	23	36	66	8
	120	4:40						7	4	11	13	16	19	20	23	23	23	23	36	66	8
290	10	5:40							-	7	0	0	0	4	3	4	10	10	19	33	2
	20 30	5:20 5:20							7	0	2	2 5	6 5	6	6 9	9	10 14	10 14	30 34	56 63	3 5
	Exceptional E		<u> </u>	<u> </u>	<u> </u>		<u> </u>		/	0		5	5	<u> </u>	9	14	14	14	34	03	
	40	5:20	I						7	0	5	7	8	11	13	17	17	17	35	66	5
Max O ₂ =13.3%	60	5:00						7	0	6	7	9	12	15	20	23	23	23	36	66	7
Min O ₂ =10.0%	80	5:00						7	2	8	10	12	16	19	23	23	23	23	36	66	8
	100	5:00						7	5	10	12	15	19	20	23	23	23	23	36	66	8
	120	5:00						7	8	11	16	17	19	20	23	23	23	23	36	66	8

Table 12-4. Surface-Supplied Helium-Oxygen Decompression Table (Continued). (DESCENT RATE 75 FPM—ASCENT RATE 30 FPM)

						St	on time	es (mir		ompr de trav			•	. ,		t Oo st	on				
	Bottom	Time to	190	180	170	160	150	140	130	120	110	100	90	80	70	60	50	40	30	20	Chamber O ₂ Periods
Depth (fsw)	Time (min.)	First Stop (min:sec)			1		BOTTO	MIX	(1			l.	 50%	6 O ₂	1	ļ.	100	% O ₂	
	10	6:00	 			Г			Г	7	0	0	0	4	3	4	10	10	19	33	2
300	20	5:40	i						7	0	0	2	6	6	6	9	10	10	30	56	3
	30	5:40	i						7	0	2	5	5	9	9	14	14	14	34	63	5
	Exceptional	Exposure																			
	40	5:40							7	0	5	7	8	11	13	17	17	17	35	66	6
Max O ₂ =12.9%	60	5:20						7	0	6	7	9	12	15	20	23	23	23	36	66	7
Min O ₂ =10.0%	80	5:20						7	2	8	10	12	16	19	23	23	23	23	36	66	8
	100	5:20						7	5	10	12	15	19	20	23	23	23	23	36	66	8
	120	5:20						7	8	11	16	17	19	20	23	23	23	23	36	66	8
040	Exceptional	Exposure																			
310	10	6:00				Ι			7	0	0	0	3	3	3	7	10	10	21	36	2
0 - 0	20	5:40	i –				İ	7	0	0	2	4	5	6	7	10	10	10	31	57	4
	30	5:40	i –					7	0	2	4	5	7	8	11	15	15	15	35	66	5
	40	5:20					7	0	1	4	6	7	8	12	15	19	19	19	36	66	7
Max O ₂ =12.5%	60	5:20					7	0	5	6	9	11	13	17	20	23	23	23	36	66	8
Min O ₂ =10.0%	80	5:20					7	3	7	9	11	13	17	20	23	23	23	23	36	66	8
	100	5:20					7	5	9	11	13	17	19	20	23	23	23	23	36	66	8
	120	5:20					7	7	12	13	16	17	19	20	23	23	23	23	36	66	8
	Exceptional	Exposure																			
320	10	6:20	1			1			7	0	0	0	4	3	3	7	10	10	21	38	2
	20	6:00						7	0	0	3	5	5	6	8	10	10	10	32	59	4
	30	5:40	1				7	0	0	4	4	6	7	9	11	17	17	17	35	66	5
	40	5:40	i –			ĺ	7	0	4	4	6	7	9	12	16	20	20	20	36	66	6
Max O_2 =12.2%	60	5:20				7	0	2	6	8	9	11	14	17	23	23	23	23	36	66	8
Min O ₂ =10.0%	80	5:20				7	0	6	8	8	13	14	19	20	23	23	23	23	36	66	8
	100	5:20				7	2	7	10	13	16	17	19	20	23	23	23	23	36	66	8
	120	5:20				7	4	9	12	13	16	17	19	20	23	23	23	23	36	66	8
	Exceptional	Evnosuro	-																		
330	10	6:20	1	T	T	T	1	7	0	0	0	2	3	3	4	7	10	10	22	40	2
300	20	6:00					7	0	0	2	3	4	6	5	10	10	10	10	33	60	4
	30	6:00	1				7	0	1	4	5	6	8	8	13	17	17	17	35	66	6
Max O ₂ =11.8%	40	5:40	ì			7	0	1	4	5	7	7	10	12	17	22	22	22	36	66	7
Min O ₂ =10.0%	60	5:40				7	0	5	6	8	9	11	15	20	23	23	23	23	36	66	8
	80	5:40				7	2	7	8	10	13	15	19	20	23	23	23	23	36	66	8
	100	5:40				7	5	9	9	13	16	17	19	20	23	23	23	23	36	66	8
	120	5:20			7	1	7	10	13	15	16	17	19	20	23	23	23	23	36	66	8

Table 12-4. Surface-Supplied Helium-Oxygen Decompression Table (Continued). (DESCENT RATE 75 FPM—ASCENT RATE 30 FPM)

						St	op time					on St				t O ₂ st	ор				
	Bottom Time	Time to First Stop	190	180	170	160	150	140	130	120	110	100	90	80	70	60	50	40	30	20	Chamber O ₂ Periods
Depth (fsw)	(min.)	(min:sec)					вотто	OM MIX	,						50%	% O ₂			100	% O ₂	
240	Exceptional I	Exposure																			
340	10	6:40						7	0	0	0	3	3	3	4	7	10	10	23	41	3
	20	6:20					7	0	0	2	4	5	7	8	9	10	10	10	33	60	5
	30	6:00				7	0	0	3	5	5	6	8	9	13	18	18	18	35	66	6
	40	6:00				7	0	2	4	6	7	8	10	13	16	22	22	22	36	66	7
Max O_2 =11.5%	60	5:40			7	0	3	5	6	9	10	13	16	18	21	23	23	23	36	66	8
Min O ₂ =10.0%	80	5:40			7	0	7	7	8	11	13	15	19	20	23	23	23	23	36	66	8
	100	5:40			7	2	8	8	12	13	16	17	19	20	23	23	23	23	36	66	8
	120	5:40			7	4	9	11	13	15	16	17	19	20	23	23	23	23	36	66	8
250	Exceptional	Exposure																			
350	10	6:40					7	0	0	0	2	2	3	3	5	7	10	10	24	43	3
	20	6:20				7	0	0	0	4	4	5	5	7	9	13	13	13	33	63	5
	30	6:20				7	0	1	4	4	5	7	8	11	13	18	18	18	36	66	6
	40	6:00			7	0	1	3	5	6	7	8	11	14	17	23	23	23	36	66	7
Max O ₂ =11.2%	60	6:00			7	0	5	5	8	8	11	12	16	19	23	23	23	23	36	66	8
Min O ₂ =10.0%	80	6:00			7	2	7	7	10	11	13	17	19	20	23	23	23	23	36	66	8
	100	5:40		7	0	6	8	9	11	15	16	17	19	20	23	23	23	23	36	66	8
	120	5:40		7	1	7	9	12	14	15	16	17	19	20	23	23	23	23	36	66	8
	Exceptional	Exposure																			
360	10	7:00		Ι			7	0	0	0	2	2	3	3	7	7	10	10	25	44	3
	20	6:40				7	0	0	2	3	4	5	5	8	10	13	13	13	34	63	5
	30	6:20			7	0	0	3	3	5	6	7	8	11	13	19	19	19	36	66	7
	40	6:20			7	0	2	4	5	7	7	9	10	14	20	23	23	23	36	66	8
Max O ₂ =10.9%	60	6:20			7	2	5	6	7	9	11	14	16	19	23	23	23	23	36	66	8
Min O ₂ =10.0%	80	6:00		7	0	6	6	8	11	12	14	16	19	20	23	23	23	23	36	66	8
	100	6:00		7	2	7	8	11	13	13	16	17	19	20	23	23	23	23	36	66	8
	120	6:00		7	4	8	10	12	14	15	16	17	19	20	23	23	23	23	36	66	8

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Table 12-4. Surface-Supplied Helium-Oxygen Decompression Table (Continued). (DESCENT RATE 75 FPM—ASCENT RATE 30 FPM)

						St	on time					on St			and firs	t Oo st	on				
	Bottom Time	Time to First Stop	190	180	170	160	150	140	130	120	110	100	90	80	70	60	50	40	30	20	Chamber O ₂ Periods
Depth (fsw)	(min.)	(min:sec)					воттс	M MIX							50%	6 O ₂			1009	% O ₂	
270	Exceptional E	xposure																			
370	10	7:00				7	0	0	0	0	3	3	3	3	7	7	10	10	25	46	3
	20	6:40			7	0	0	0	3	4	4	5	5	8	10	13	13	13	34	63	5
	30	6:20		7	0	0	2	3	4	4	7	7	8	11	16	19	19	19	36	66	7
	40	6:20		7	0	0	4	4	5	6	8	10	11	14	20	23	23	23	36	66	8
Max O ₂ =10.6%	60	6:20		7	0	4	5	7	8	9	11	13	17	20	23	23	23	23	36	66	8
Min O ₂ =10.0%	80	6:00	7	0	3	6	7	9	10	12	15	17	19	20	23	23	23	23	36	66	8
	100	6:00	7	0	6	7	9	10	14	15	16	17	19	20	23	23	23	23	36	66	8
	120	6:00	7	1	7	9	11	13	14	15	16	17	19	20	23	23	23	23	36	66	8
380	Exceptional E																				
300	10	7:20				7	0	0	0	0	3	3	3	3	7	7	10	10	25	46	3
	20	7:00			7	0	0	0	3	4	4	5	5	8	10	13	13	13	34	63	6
	30	6:40		7	0	0	2	3	4	4	7	7	8	11	16	19	19	19	36	66	7
	40	6:40		7	0	0	4	4	5	6	8	10	11	14	20	23	23	23	36	66	8
Max O_2 =10.4%	60	6:40		7	0	4	5	7	8	9	11	13	17	20	23	23	23	23	36	66	8
Min O_2 =10.0%	80	6:20	7	0	3	6	7	9	10	12	15	17	19	20	23	23	23	23	36	66	8
	100	6:20	7	0	6	7	9	10	14	15	16	17	19	20	23	23	23	23	36	66	8
	120	6:20	7	1	7	9	11	13	14	15	16	17	19	20	23	23	23	23	36	66	8