


```
Enum gender_type {
  male
  female
}
```

```
Enum notification_type {
  system_alert [note: " "]
  achievement [note: " ", " "]
  content_update [note: " "]
}
```

```
Enum activity_level {
  sedentary [note: "BMR x 1.2"]
  lightly_active [note: "BMR x 1.375"]
  moderately_active [note: "BMR x 1.55"]
  very_active [note: "BMR x 1.725"]
}
```

```
Enum meal_type {
  breakfast
  lunch
  dinner
  snack
}
```

```
Enum content_type {
  article [note: "/", " "]
  video [note: " "]
}
```

```
Enum food_type {
  raw_ingredient [note: " ", " "]
  recipe_dish [note: " "]
}
```