





```
Enum gender_type {
```

```
    male
```

```
    female
```

```
}
```

```
Enum notification_type {
```

```
    system_alert [note: ""]  
    achievement [note: ""]  
    content_update [note: ""]
```

```
}
```

```
Enum activity_level {
```

```
    sedentary [note: "BMR x 1.2"]  
    lightly_active [note: "BMR x 1.375"]  
    moderately_active [note: "BMR x 1.55"]  
    very_active [note: "BMR x 1.725"]
```

```
}
```

```
Enum meal_type {
```

```
    breakfast  
    lunch  
    dinner  
    snack
```

```
}
```

```
Enum content_type {
```

```
    article [note: "/"]  
    video [note: "/"]
```

```
}
```

```
Enum food_type {
```

```
    raw_ingredient [note: ""]  
    recipe_dish [note: ""]
```

```
}
```