

History taking of patient with joint disease

(1 station)

Student actions algorithm in this case:

1. Greeting and introducing (give information about year of your study).
Friendly facial expression and smile. Gentle tone of speech. Explain the aim. Take permission from patient.
2. Ask the patient how he or she wants to be addressed?
3. Take information about patient's age and job
4. Complaint handling.
5. Ask about possible concomitant complaints. Take information from patient
Give the patient such questions:
 - Which joints are involvement? (proximal, distal interphalangeal joints (PIP, DIP) of hands and feet; metacarpo-phalangeal joints (MCP); metatarsal-phalangeal joints (MTP), 1 metatarsal-phalangeal joint, hip, knee, ankle joints).
 - Is any pain in spine? Is any swelling? Deformity? Morning stiffness? Duration of morning stiffness?
 - When the pain is the most markable? (in the morning, afternoon or after physical activity).
 - Is any crecking, feeling of block during moving?
 - Does pain start after overuse or after long periods of inactivity?
 - Is any limitation of movement in affected joints?
 - Was fever present?
6. Take information about possible causes of disease (based on patient's mind)
7. Take information about joints involvement at the onset of the disease.
8. Take information about inherited anamnesis and patient's lifestyle (preferred food, job, physical activities, sport)
9. Specify information about any previous illnesses.
10. Give answers to patient questions
11. Summarize conversation. Explain the actions (hospitalization, making of certain tests which are planned to perform in the future, necessity of treatment).
12. Conversation accomplishment.

