Algorithm
"ACTIVE MANAGEMENT OF III STAGE OF LABOR"

1. Explain the course of manipulations and get the permission to realization.

2. Position: Woman lies on her back, on labour-bed, legs are flexed in the hip and knee joint.

3. During 1 minute after the baby's birth patpate utrerus to rule out the presence of another baby. If second baby is absent, administer oxytocin (an uterotonic) 10 IU (2 ml) intramusculary in external surface of hip.

4. Perform controlled cord tractionю

4.1. Place the clamp near the woman's perineum.

4.2. Hold the cord close to the perineum using a clamp in light tension condition.

4.3. Place the palm of the nondominant hand on the lower abdomen just above the woman's pubic bone to assess for uterine contractions.

4.4 Apply external pressure (when there is a contraction) on the uterus in an upward direction with the hand just above the pubic bone.

4.5 At the same time with your dominant hand, pull with firm and steady tension on the cord in a downward direction. Avoid jerky or forceful pulling. Do not release support on the uterus until the placenta is visible at the vulva.

4.6. Deliver the placenta slowly and support it with both hands.

5. Hold and gently turn delivered placenta with both hands until the membranes are twisted. Slowly pull to complete the delivery. Gently move membranes up and down until delivered.

6. Massage the uterus by nondominant hand immediately after delivery of the placenta and membranes until it is firm.

7. Inspect placenta.

8. Inform the woman about the course of III period of delivery.

9. Calculate physiological blood loss, exclude the 0,5% from a woman body weight.