

## **For 5 year students. Subject 'Internal Medicine'**

**Station 1.** Interrogatio of patient with internal disease.

**Practical skill 1.** History taking of patient with rheumatic disease

### **Student actions algorithm in this case:**

1. Greeting and introducing. Friendly facial expression and smile. Gentle tone of speech. Take permission from patient.
2. Ask the patient how he or she wants to be addressed?
3. Take information about patient's age and job
4. Complaint handling
5. Ask about possible concomitant complaints
6. Give the patient such questions:
  - Which joints are involvement? (proximal, distal interphalangeal joints (PIP, DIP) of hands and feet; metacarpo-phalangeal joints (MCP); metatarsal-phalangeal joints (MTP), 1 metatarsal-phalangeal joint, hip, knee, ankle joints).
  - Is any pain in spine? Is any swelling? Deformity? Morning stiffness? Duration of morning stiffness?
  - When the pain is the most markable? (in the morning, afternoon or after physical activity).
  - Is any crecking, feeling of block during moving?
  - Does pain start after overuse or after long periods of inactivity?
  - Is any limitation of movement in affected joints?
  - Was the fever present?
7. Take information about anamnesis of disease:
  - Onset of disease (When did it start? What was the onset? Why did these symptoms develop on patient's mind? )
  - Which joints were affected at the beginning of the disease?
  - Symptoms dynamics
  - Did the patient apply for medical care before?
  - Previous investigations and it results
  - Previous treatment and its efficacy. Possible side effects
  - When did the patient feel worsening? (Describe symptoms). Does anything aggravate the symptoms? What was the reason? (of this worsening )
8. Ask patient to estimate her condition according to Visual Analog Scale. Take information about patient's job, household chores. Can she do any? Can she take care about herself?
9. Specify information about previous diseases.
10. Give answers to patient questions
11. Summarize conversation. Ask patient about accuracy of taken information. Explain the actions (hospitalization, making of certain tests which are planned to perform in the future, necessity of treatment) depend on situation.
12. Conversation accomplishment.

