# WP10-H: Sovereign Sync Protocol

Manual Memory Workflow for Constrained LLM Environments

Appendix H of the WP10 Architecture

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The Sovereign Sync Protocol introduces a manual memory architecture enabling persistent context management in LLMs without automated agents, plugins, or API dependencies. This workflow empowers users to overcome token limitations and session-based memory loss through disciplined file management and prompt engineering. By implementing structured upload/download cycles and symbolic compression, users simulate version-controlled memory persistence within the constraints of current AI systems.  
  
Philosophical Pillar: "Memory sovereignty resides not in the agent's recall, but in the user's methodical stewardship of context."  
  
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