```php
for($i = 1;$i <= 10; $i++){

    echo 'the current value of $i is '.$i.'<BR>';

}
```

http://php.net/manual/en/control-structures.while.php

```php
<?php
/* example 1 */

$i = 1;
while ($i <= 10) {
    echo $i++;  /* the printed value would be
                   $i before the increment
                   (post-increment) */
}

/* example 2 */

$i = 1;
while ($i <= 10):
    echo $i;
    $i++;
endwhile;
?>
```

http://php.net/manual/en/control-structures.do.while.php

```php
<?php
$i = 0;
do {
    echo $i;
} while ($i > 0);
?>
```