

**Criteria No: 3.4.1**

**Criteria Details:** Extension activites are carried out in neighborhood community. Sensitizing students to social issues, for their holistic development, and impact thereof during the years.

**Criteria No: 3.4.3**

**Criteria Details:** Number of extension and outreached Programmes conducted in collaboration with industry, community and Non- Government Organizations through NSS/ NCC/ Red Cross/ YRC etc., during the last five years.

**Criteria No: 3.4.4**

**Criteria Details:** Average percentage of students participating in extension activities with Government Organization, Non-Government Organizations and Programmes such as Swachh Bharat, AIDS awareness, Gender issue etc. during last five years

S. No.	Particulars	Annexure No.
1.	Blood Donation Drive (3 <sup>rd</sup> June 2023)	Annexure 1
2.	Activity Bhadraj Trekking NCC-NSS Student (24 <sup>th</sup> April 2023)	Annexure 2
3.	Cleanliness Drive (2 <sup>nd</sup> April 2023)	Annexure 3
4.	Odha Do Zindagi (13 <sup>th</sup> Jan 2023)	Annexure 4
5.	Chai pe Charcha (12 <sup>th</sup> Jan 2023)	Annexure 5
6.	Health Check-up camp (6 <sup>th</sup> Jan 2023)	Annexure 6
7.	Awareness Talk on Female Hygiene (22 <sup>nd</sup> Dec 2022)	Annexure 7
8.	Awareness Session on Women Safety (21 <sup>st</sup> Dec 2022)	Annexure 8
9.	Plafthon- 24 Hours cleanliness drive (12 <sup>th</sup> and 14 <sup>th</sup> Dec 2022)	Annexure 9
10.	Blood Donation Camp (26 <sup>th</sup> Nov 2022)	Annexure 10
11.	Clothes Donation Drive (20 <sup>th</sup> Oct 2022)	Annexure 11
12.	Tree Plantation Drive (27 <sup>th</sup> Aug 2022)	Annexure 12

*Sanjay  
Director  
Tula's Institute, Dehradun*

**Vision**

- To emerge as an academic centre producing world class professionals promoting innovation and research.

**Mission:**

- To Promote intellectual and skilled human capital generating employment and entrepreneurship.
- To Be educational centre of excellence of multi ethnicity and diversity.
- To Establish as technology driven teaching learning institution.
- To Provide world class platform for research and innovation.
- To Inculcate social, environmental, heritage values.

## Cover Page

**Name of Event:** Blood Donation Drive

**Date:** 3<sup>rd</sup> June 2023

**Venue:** Graphic Era Institute of Medical Sciences- Medical College and Hospital in Dehradun

**Organized by:** NSS, Tula's Institute

**Event Coordinators (Faculty and Students):**

**Faculty Coordinator:** Emmanuel Gabriel

**Student Coordinators:** Aditya Kumar, BBA

**Name of Experts/ Guests/ Speakers etc. (if any):**

**Total Registered Student:** 25

**Total Student Participants:** 25

**Total Registered Faculty:** 1

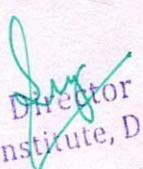
**Total Faculty Participants:** 1

**Total Registered External (if any): Total External Participants (if any):**

**Mode of Event (Online/ Offline / Hybrid):Expenditure Amount (if any):**

**Social Media Links:**

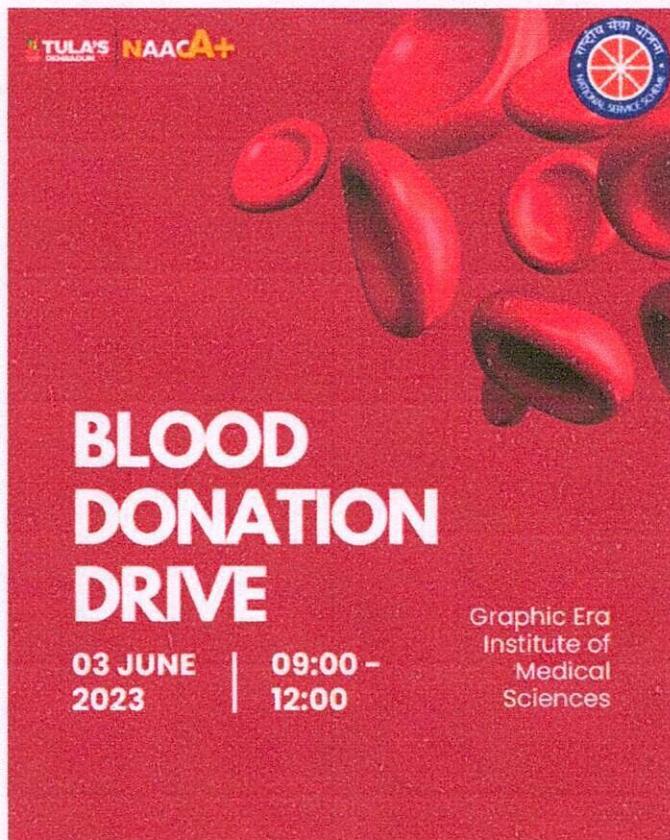
- Twitter:
- Facebook:
- LinkedIn:
- Instagram:
- IEEE V-Tools:
- Other:



Director  
Tula's Institute, Dehradun

## Blood Donation Drive

**3<sup>rd</sup> June 2023**



### Objective:

1. Promote Health Awareness: Encourage students to contribute to the community by donating blood, emphasizing the health benefits and critical need for blood donations.
2. Foster Community Engagement: Strengthen the bond between students and the local community through active participation in altruistic activities.
3. Build a Habit of Volunteering: Instill a sense of responsibility and the importance of giving back in the students, creating lifelong volunteers.

### Summary:

On 3rd June 2023, Tulas Institute students participated in a blood donation drive at Graphic Era Hospital, Dehradun, with 25 students donating blood. The event promoted health awareness, community engagement, and the habit of volunteering, resulting in life-saving contributions, increased awareness, strengthened community ties, and boosted student confidence.

### Event Details:

On 3rd June 2023, a blood donation drive was held at Graphic Era Hospital, Dehradun, with

*[Handwritten signature]*  
Director, Dehradun  
Tula's Institute, Dehradun

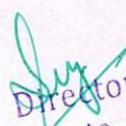
enthusiastic participation from the students of Tulas Institute. A total of 25 students took part in this noble initiative, underscoring the importance of community service and health awareness. The event aimed to promote the vital need for blood donations and encourage students to engage in altruistic activities.

Throughout the day, students from Tulas Institute demonstrated their commitment to giving back to the community by willingly donating blood. The drive not only provided critical support to patients in need but also educated the participants on the significance of regular blood donations for maintaining public health. The students' active involvement highlighted their dedication to social responsibility and fostered a stronger connection with the local community.

The blood donation drive was a resounding success, marked by life-saving contributions and increased awareness about the importance of blood donation. The event strengthened community ties and boosted the confidence of the students, who left with a profound sense of accomplishment and pride. This initiative exemplified the spirit of volunteerism and highlighted the positive impact of collective efforts in creating a healthier society.

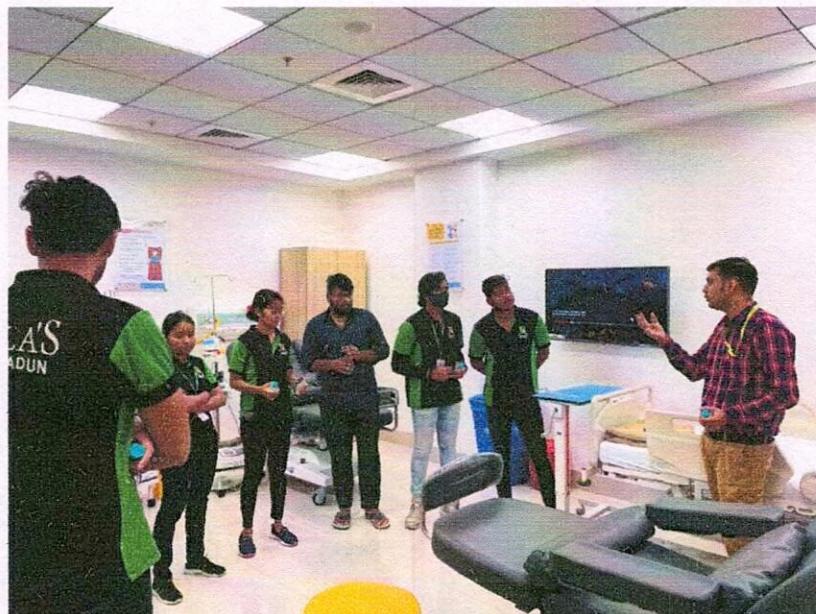
#### Outcomes:

1. Life-Saving Contributions: A successful collection of blood units, directly aiding patients in need and potentially saving lives.
2. Increased Awareness: Students gained knowledge about the importance of regular blood donation and its impact on public health.
3. Strengthened Community Ties: Enhanced relationships between Tulas Institute students and the local Dehradun community, fostering mutual support and goodwill.
4. Boosted Student Confidence: Participants felt a sense of accomplishment and pride in contributing to a noble cause, enhancing their self-esteem and sense of purpose.



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Tula's Institute, Dehradun

### Event Photographs



Doctor at GEIMS guiding the students about the blood donation drive 3 June 2023



Blood donation drive at GEIMS 3 June 2023

*Sanjay*  
Director  
Tula's Institute, Dehradun



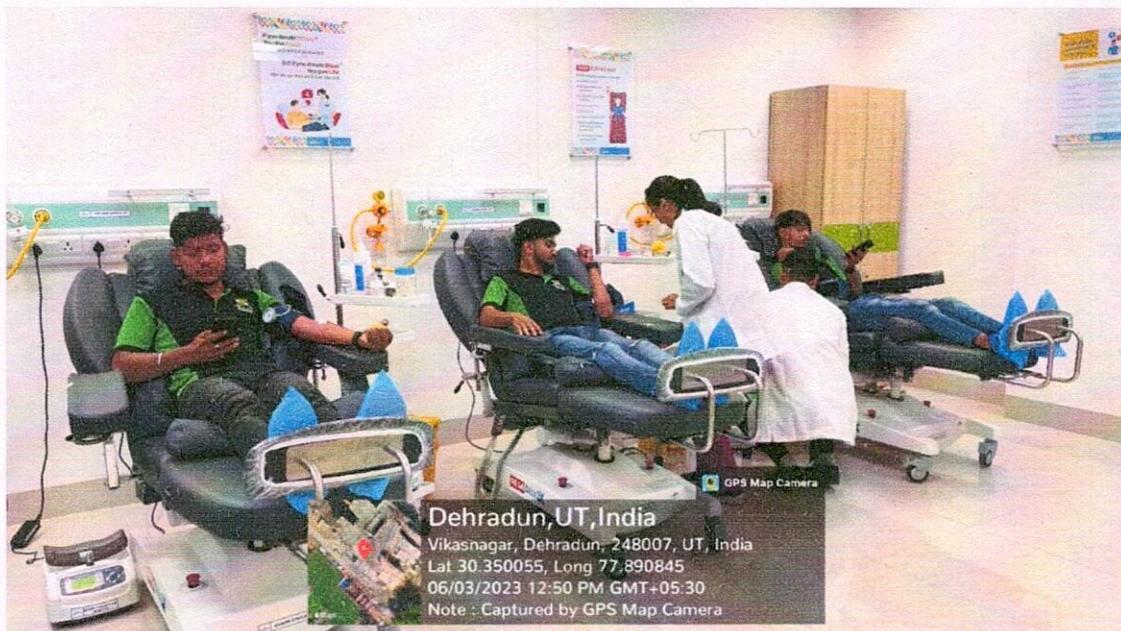
Blood donation drive at GEIMS 3 June 2023



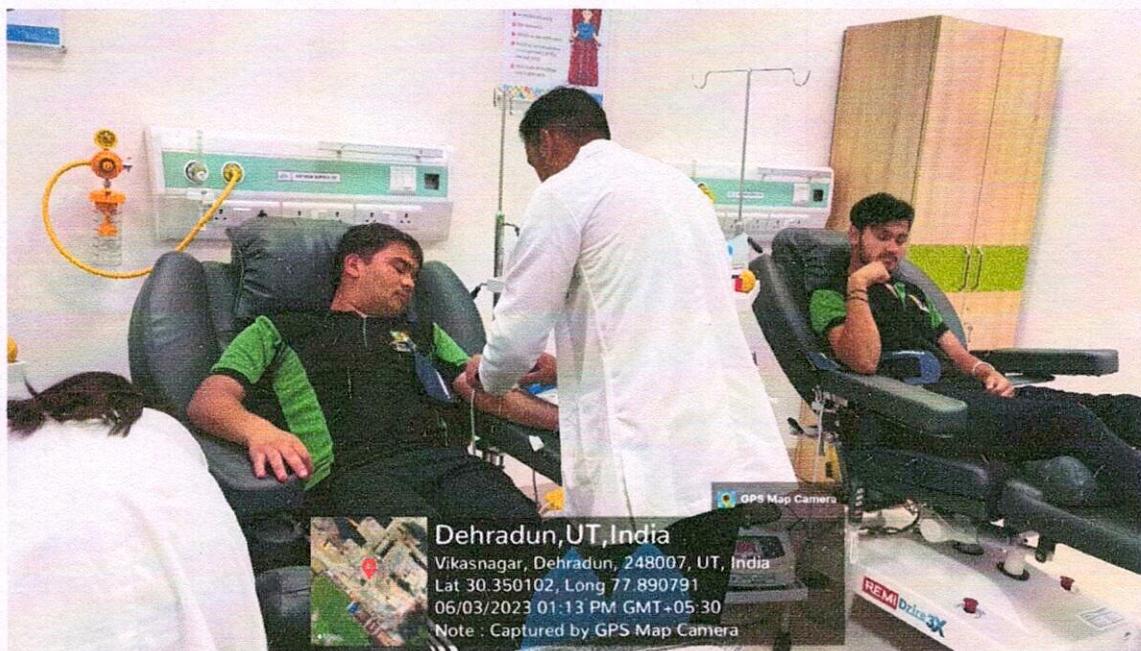
Group photograph at GEIMS after Blood donation drive 3 June 2023

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Tula's Institute, Dehradun

Geo Tagged Photos



Blood donation drive



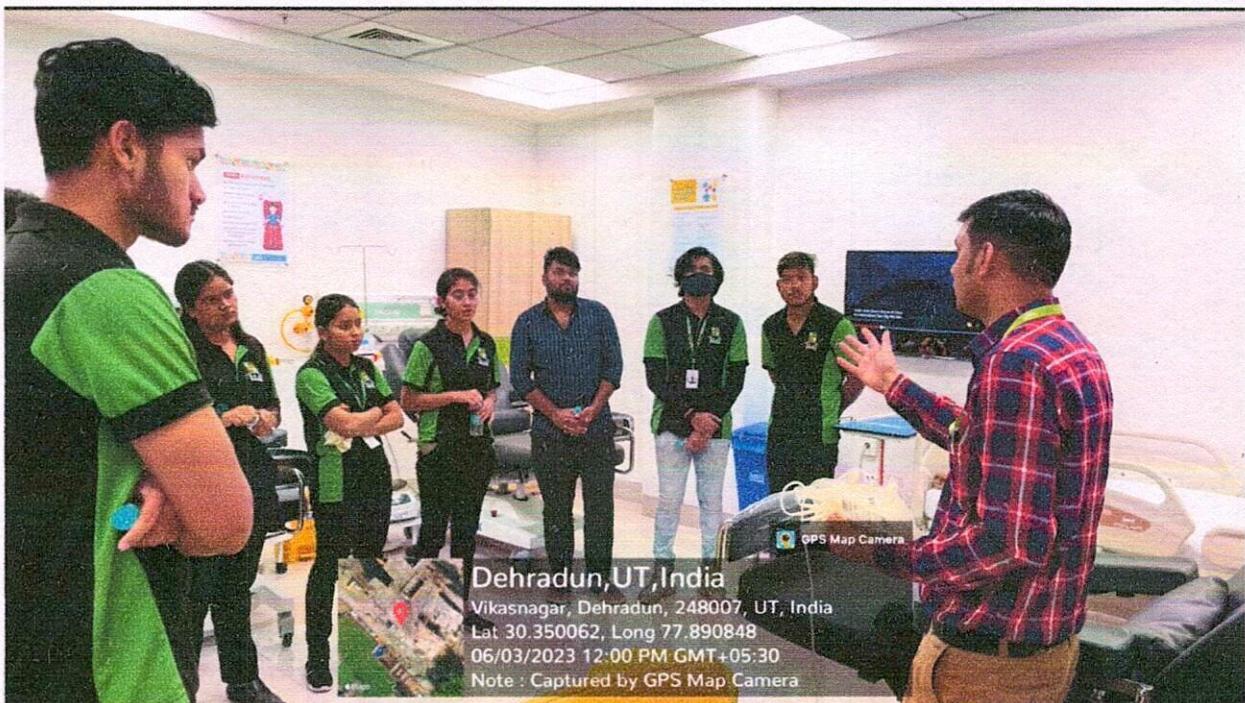
Blood donation drive

*Sanjay*  
Director  
Tula's Institute, Dehradun



Blood donation drive

Dehradun, UT, India  
Vikasnagar, Dehradun, 248007, UT, India  
Lat 30.350069, Long 77.890840  
06/03/2023 12:50 PM GMT+05:30  
Note : Captured by GPS Map Camera



Blood donation drive

Dehradun, UT, India  
Vikasnagar, Dehradun, 248007, UT, India  
Lat 30.350062, Long 77.890848  
06/03/2023 12:00 PM GMT+05:30  
Note : Captured by GPS Map Camera

Director  
Tula's Institute, Dehradun

## Cover Page

**Name of Event:** Bhadraj Trekking NCC and NSS

**Date:** 24<sup>th</sup> April 2023

**Venue:** Bhadraj Temple, Dehraudn

**Organized by:** NSS, Tula's Institute

**Event Coordinators (Faculty and Students):**

Faculty Coordinator: Lt. Karan Kumar

Student Coordinators: Ayush Jha, BBA

**Name of Experts/ Guests/ Speakers etc. (if any):**

Total Registered Student: 26

Total Student Participants: 26

Total Registered Faculty: 2

Total Faculty Participants: 2

**Total Registered External (if any): Total External Participants (if any):**

**Mode of Event (Online/ Offline / Hybrid):Expenditure Amount (if any):**

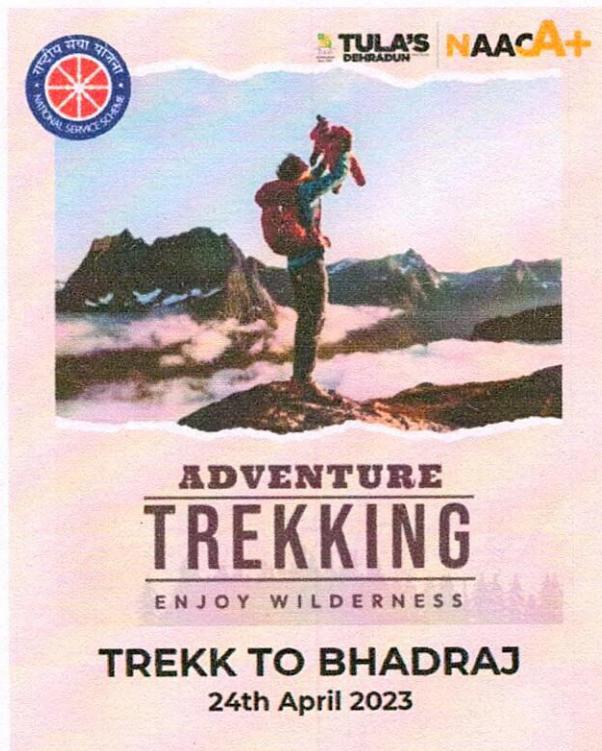
**Social Media Links:**

- Twitter:
- Facebook:
- LinkedIn:
- Instagram:
- IEEE V-Tools:
- Other:

Director  
Tula's Institute, Dehradun

## Bhadraj Trekking NCC and NSS

24<sup>th</sup> April 2023



### Objective:

1. Promote Environmental Awareness: Educate students on the importance of maintaining cleanliness in natural and sacred places.
2. Encourage Physical Fitness: Combine trekking with a purposeful activity to promote physical well-being among participants.
3. Foster Teamwork and Leadership: Develop a sense of teamwork and leadership skills through coordinated efforts in the cleanliness drive.
4. Support Community Engagement: Strengthen the bond between the students and the local community by contributing to the upkeep of a significant landmark.

### Summary:

On 24th April 2023, 26 NSS and NCC students from Tulas Institute, along with two faculty members, participated in a trekking and cleanliness drive at Bhadraj Temple, Dehradun. The event promoted environmental awareness, physical fitness, and community engagement, resulting in a cleaner temple area, health benefits for participants, and strengthened community bonds.

### Event Details:

On 24th April 2023, NSS and NCC students from Tulas Institute organized a trekking and

*Director  
Tula's Institute, Dehradun*

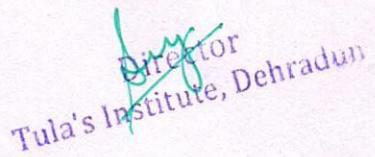
cleanliness drive at Bhadraj Temple, Dehradun. The event saw the enthusiastic participation of 26 students along with two faculty members, all committed to promoting environmental awareness and physical fitness. The drive aimed to educate participants on the importance of maintaining cleanliness in natural and sacred spaces while enjoying the physical benefits of trekking.

Throughout the day, students trekked to the Bhadraj Temple, taking in the beautiful surroundings and the sense of purpose that came with their mission. Upon arrival, they embarked on a thorough cleanliness drive, picking up litter and ensuring the area around the temple was pristine. This activity not only contributed to the environmental upkeep of the temple but also fostered a strong sense of teamwork and leadership among the participants.

The event was a resounding success, resulting in a cleaner environment around Bhadraj Temple and leaving the students with a sense of accomplishment and community spirit. The combined efforts of the NSS and NCC students, guided by their faculty, highlighted the importance of environmental stewardship and physical fitness, promoting a healthier and more united community.

#### Outcomes:

1. Cleaner Environment: Enhanced the cleanliness and beauty of Bhadraj Temple and its surroundings.
2. Health and Fitness: Participants enjoyed the benefits of physical exercise through trekking.
3. Strengthened Community Bonds: Fostered a sense of unity and collaboration among students and with the local community.



Director  
Tula's Institute, Dehradun

### Event Photographs



Bhadraj Trekking 24<sup>th</sup> April 2023

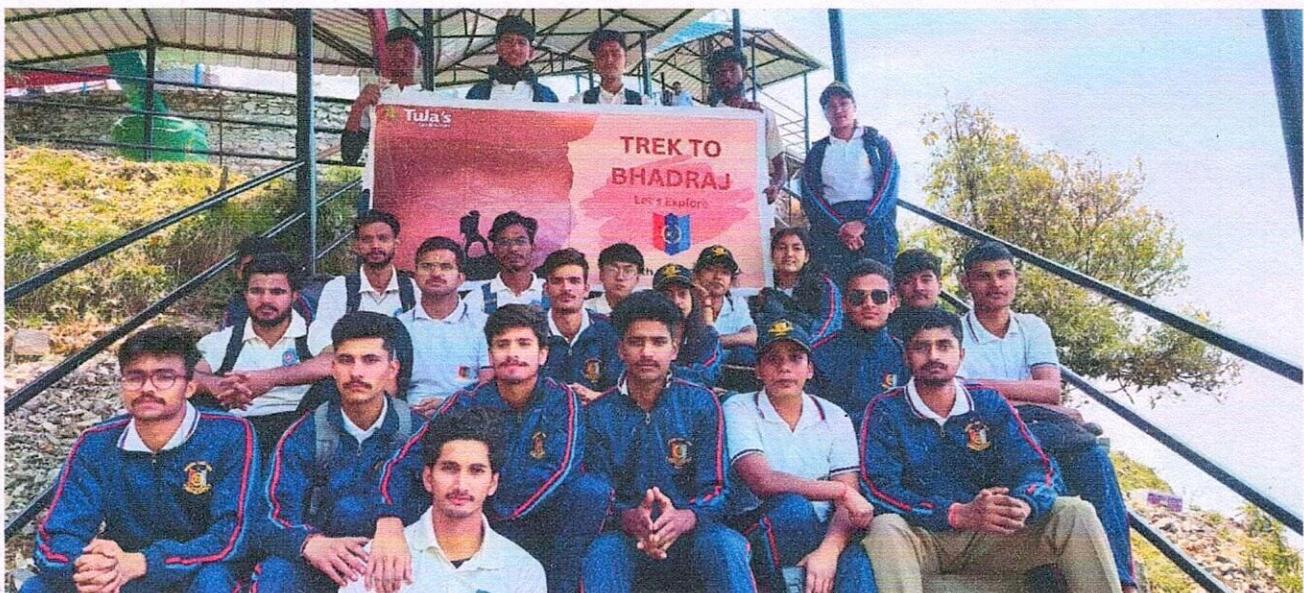


Bhadraj Trekking 24<sup>th</sup> April 2023

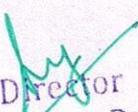
*Jay*  
Director  
Tula's Institute, Dehradun



Bhadraj Trekking 24<sup>th</sup> April 2023



Bhadraj Trekking 24<sup>th</sup> April 2023

  
Director  
Tula's Institute, Dehradun

Ref:TI/EC/0423/03

Date:01-04-2023

### NOTICE

We are pleased to announce that a cleanliness drive will be conducted at ISBT Dehradun on the 2nd of April 2023. This initiative aims to promote cleanliness and hygiene within our premises, ensuring a pleasant and healthy environment for all.

As responsible members of the community, it is imperative that we take proactive steps to maintain cleanliness in our surroundings. Therefore, we invite everyone to participate in this noble endeavor and contribute towards making ISBT Dehradun a cleaner and more vibrant place.

Activities planned for the cleanliness drive include:

- Waste collection and segregation
- Cleaning of public areas such as platforms, waiting areas, and washrooms
- Painting and beautification of designated areas

The success of this initiative depends on the active participation of each one of us. Let us come together as a community and make a positive impact on our environment.

Date: 2nd April 2023

Time: 11:00 am

Venue: ISBT Dehradun

Head

Extension Committee

*Gabsiel*  
01/04/23

*Director*  
Tula's Institute, Dehradun

#### Vision

- To emerge as an academic centre producing world class professionals promoting innovation and research.

#### Mission:

- To Promote intellectual and skilled human capital generation employment and entrepreneurship.
- To Be educational centre of excellence of multi ethnicity and diversity.
- To Establish as technology driven teaching learning institution.
- To Provide world class platform for research and innovation.
- To Inculcate social, environmental, heritage values.

Date: 02<sup>nd</sup> April 2023

**'CLEANLINESS DRIVE' BY TULA'S INSTITUTE AT ISBT  
DEHRADUN, DEHRADUN**



**About Swachh Bharat Abhiyan**

Cleanliness is next to Godliness. We've heard this phrase many times. But do we follow this? A lot of people don't, even though we should. However, some of us don't even respect the people who clean the trash. There are a lot of cons for not maintaining cleanliness. Cleanliness should be followed by everyone. Let's find out more about it.

  
Director  
Tula's Institute, Dehradun

Cleanliness means that there is no dirt, no dust, no stains, no bad smells. The goals of cleanliness are health, beauty, absence of offensive odor and to avoid the spreading of dirt and contaminants to oneself and others.

With the help of cleanliness, we can keep our physical and mental health clean, which will make us feel good. Cleanliness gives rise to a good character by keeping body, mind, and soul clean and peaceful. Maintaining cleanliness is the essential part of healthy living because it is the cleanliness only which helps to improve our personality by keeping clean externally and internally.

It is everybody's responsibility, and one should keep themselves and their surroundings clean and hygienic. It also brings good and positive thoughts in the mind which slows down the occurrence of diseases.

### **Cleanliness Drive by the student of Tula's Institute**

On 2nd April 2023, a cleanliness drive was conducted at the ISBT (Inter-State Bus Terminal) in Dehradun, Uttarakhand. The drive was organized by the National Service Scheme (NSS) students of Tula's Institute in collaboration with Shri Nityanand Swami Jan Seva Samiti. The aim of the drive was to promote cleanliness and hygiene in the public transport hub, which serves thousands of commuters daily.

Over 15 students from Tula's Institute participated in the drive. They were joined by volunteers from the Jan Seva Samiti. The students were divided into groups and were provided with gloves, masks, and garbage bags. The groups were assigned different areas of the ISBT to clean up.

The students worked tirelessly for over two hours, picking up garbage. The volunteers were surprised by the amount of garbage they collected. Over 150 kg of garbage was collected during the drive. The garbage included plastic bottles, food wrappers, paper cups, and cigarette butts.

The drive not only helped in making the ISBT cleaner but also raised awareness about the importance of cleanliness and hygiene among the commuters. The students and volunteers also interacted with the commuters and educated them on the importance of disposing of garbage properly.

The event was a success and was appreciated by the local authorities and the commuters. The NSS students of Tula's Institute and the Jan Seva Samiti were congratulated for their efforts and were encouraged to conduct more such drives in the future.

In conclusion, the cleanliness drive at ISBT, Dehradun, was a successful event that helped in promoting cleanliness and hygiene in the public transport hub. The drive was conducted by NSS students of Tula's Institute in collaboration with Shri Nityanand Swami Jan Seva Samiti. The drive collected over 150 kg of garbage and raised awareness about the importance of cleanliness and hygiene among the commuters.



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Tula's Institute, Dehradun

## Objectives of the Event

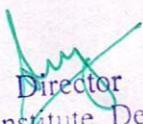
The 'Cleanliness Drive' would promote the values of cleanliness, discipline and respect for the environment in the children and educate and sensitize them about the importance of cleanliness for a healthy, socially responsible, economically dynamic and progressive nation.

## Outcomes of the Event

1. All the students and faculties of Tula's Institute participated in the event with great gusto.
2. Around 100 bags of garbage were collected from the venue.

## List of Measures

1. Masks, Hand Sanitizers, Hand Gloves were distributed among the students and all the volunteers.
2. Recyclable bin bags were given to the students and volunteers.
3. Arrangement of refreshment was done for the students and all the volunteers



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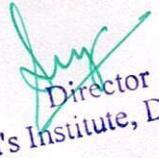
### Event Photographs



Interaction And Conversations Between Students and Faculties (02-04-23)



Students Collecting Waste Materials (02-04-23).

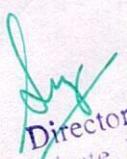
  
Director  
Tula's Institute, Dehradun



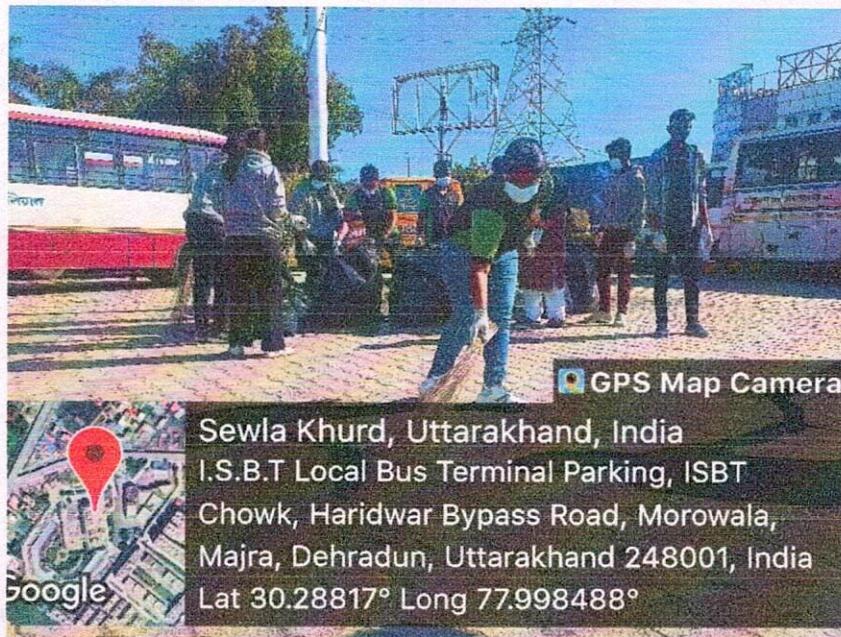
Cleanliness work going on with full Spark in students (02-04-23).



Student Cleaning the Area with a broomstick (02-04-23).

  
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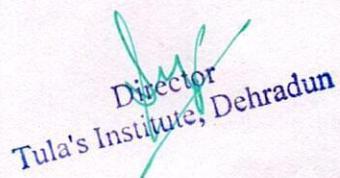
## Geo Tag Photographs of the event

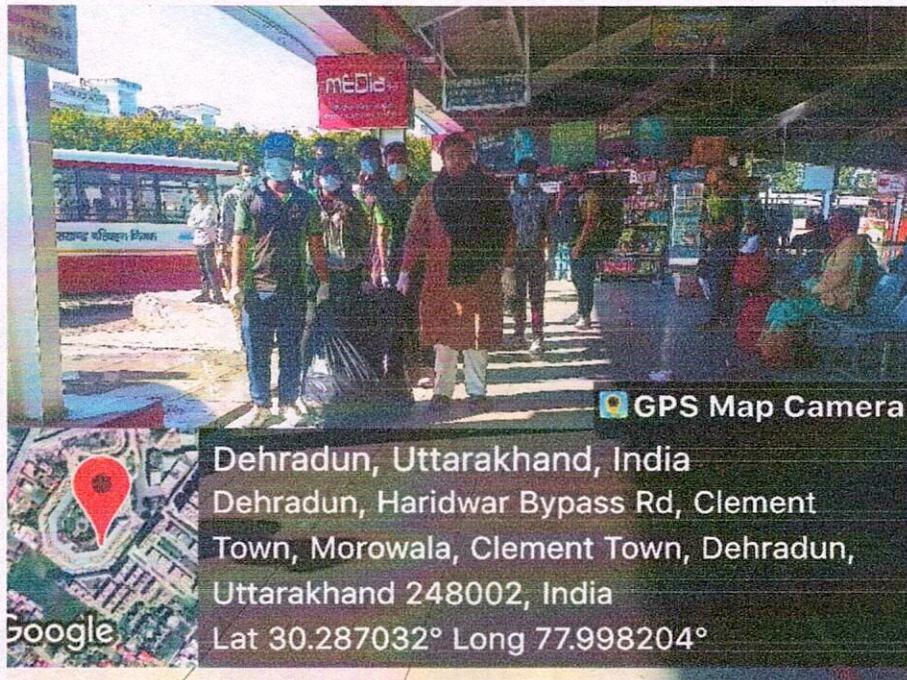


Garbage Collection at a particular point (02-04-23).

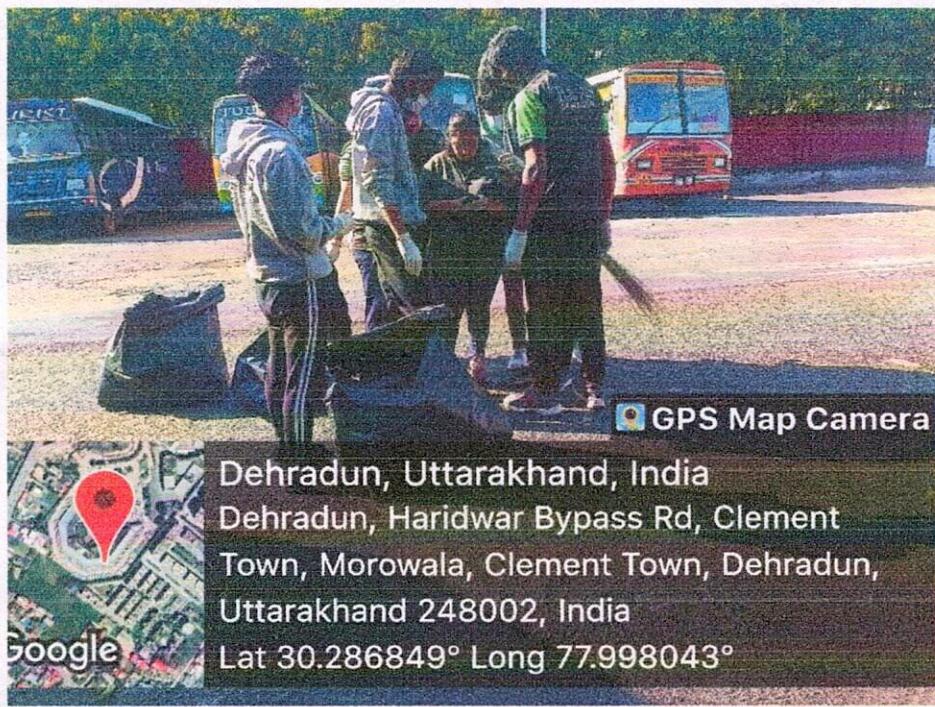


Photography Session of students and Faculty members (02-04-23).

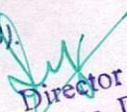
  
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Students at ISBT Dehradun Collecting Garbage (02-04-23).



Students Gathered at a place and examined the areas (02-04-23).

  
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## Cover Page

**Name of Event:** Odha Do Zindagi

**Date:** 13<sup>th</sup> Jan 2023

**Venue:** Seminar Hall, Block I, Dehradun

**Organized by:** ICC Committee

**Event Coordinators (Faculty and Students):**

**Faculty Coordinator:** Dr. Prerna Badoni

**Student Coordinators:** Srishti Soumya

**Name of Experts/ Guests/ Speakers etc. (if any):**

**Total Registered Student:** 48

**Total Student Participants:** 48

**Total Registered Faculty:** 7

**Total Faculty Participants:** 7

**Total Registered External (if any): Total External Participants (if any):**

**Mode of Event (Online/ Offline / Hybrid):Expenditure Amount (if any):**

**Social Media Links:**

- **Twitter:**
- **Facebook:**
- **LinkedIn:**
- **Instagram:**
- **IEEE V-Tools:**
- **Other:**



Director  
Tula's Institute, Dehradun

## Odha Do Zindagi

13<sup>th</sup> Jan 2023



### Objective:

1. Raise Awareness: Inform participants about the importance of donating old clothes instead of discarding them.
2. Promote Social Responsibility: Encourage the community to support those in need through clothing donations.
3. Highlight the Impact of Donations: Showcase how donated clothes can make a significant difference in the lives of the underprivileged.
4. Foster Community Involvement: Engage students and faculty in meaningful social initiatives to build a sense of community and empathy.

### Summary:

On 13th January 2023, the "Odha Do Zindagi" initiative at Tulas Institute, featuring speakers from Goonj NGO, successfully raised awareness about the importance of donating old clothes. With 26 students and two faculty members participating, the event led to increased donations, heightened awareness, and strengthened community bonds.

### Event Details:

On 13th January 2023, the "Odha Do Zindagi" initiative was held to raise awareness about the importance of donating old clothes instead of discarding them. The event was graced by various speakers from the renowned NGO Goonj, who shared their insights and experiences on the significance of clothing donations. A total of 26 students and two faculty members from Tulas Institute participated in this noble cause, emphasizing the value of social responsibility.

The speakers from Goonj passionately discussed how donated clothes can make a profound

*Director  
Tula's Institute, Dehradun*

difference in the lives of the underprivileged. They highlighted stories of how simple acts of kindness, such as donating old clothes, can bring comfort and dignity to those in need. The event was not only informative but also deeply inspiring, leaving a lasting impact on the attendees.

The success of the "Odha Do Zindagi" initiative was evident in the enthusiastic response from the participants. The event led to a significant increase in clothing donations and heightened awareness about the importance of supporting the underprivileged. The collective efforts of the students, faculty, and the Goonj NGO fostered a sense of community and empathy, strengthening the bonds among all involved.

### **Outcomes:**

1. Increased Donations: Participants were motivated to donate their old clothes, resulting in a substantial collection for the needy.
2. Heightened Awareness: Attendees gained a better understanding of the importance and impact of clothing donations.
3. Strengthened Community Bonds: The initiative fostered a sense of unity and collective responsibility among students, faculty, and the community.

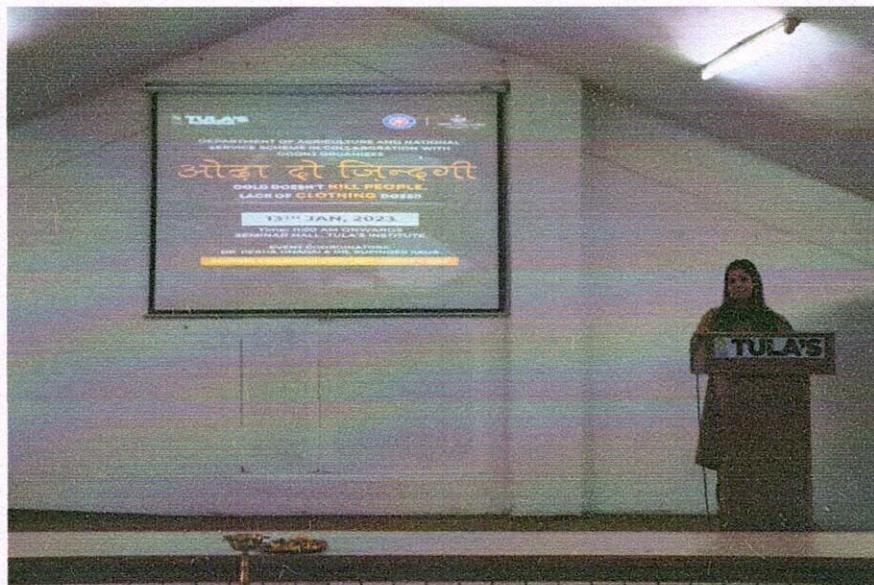


Director  
Tula's Institute, Dehradun

### Event Photographs

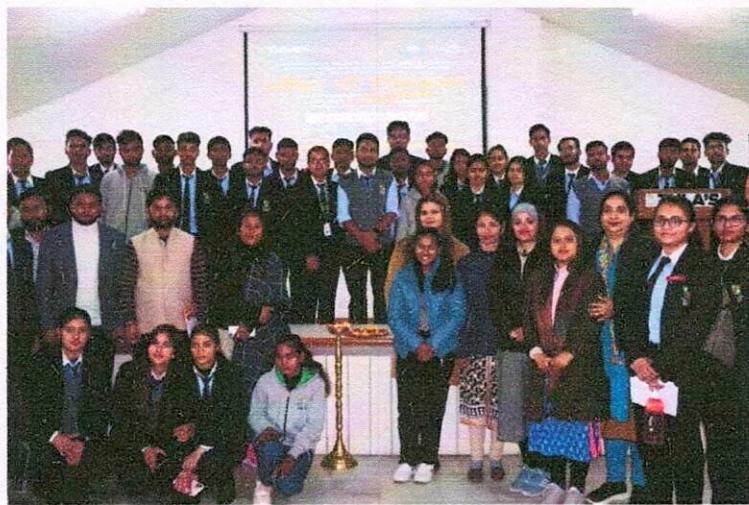


Odha do zindagi session at Tula's Institute, 13<sup>th</sup> Jan 2023



Odha do zindagi session at Tula's Institute, 13<sup>th</sup> Jan 2023

*Shyam*  
Director  
Tula's Institute, Dehradun



Group Photograph, Odha do zindagi session at Tula's Institute, 13<sup>th</sup> Jan 2023



Odha do zindagi session at Tula's Institute, 13<sup>th</sup> Jan 2023

*Suy*  
Director  
Tula's Institute, Dehradun

Geo Tagged Photos



Google

Dhulkot Mafi, Uttarakhand, India  
8VVP+4JH, Dhulkot Mafi, Uttarakhand 248007,  
India  
Lat 30.342902°  
Long 77.886419°  
13/01/23 11:52 AM GMT +05:30

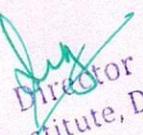
Odha do zindagi



Google

Dhulkot Mafi, Uttarakhand, India  
8VVP+4JH, Dhulkot Mafi, Uttarakhand 248007,  
India  
Lat 30.342825°  
Long 77.886389°  
13/01/23 11:58 AM GMT +05:30

Odha do zindagi

  
Director  
Tula's Institute, Dehradun



Dhulkot Mafi, Uttarakhand, India  
8VVP+4JH, Dhulkot Mafi, Uttarakhand 248007,  
India  
Lat 30.342813°  
Long 77.886351°  
13/01/23 12:02 PM GMT +05:30

Odha do zindagi



Dhulkot Mafi, Uttarakhand, India  
8VVP+4JH, Dhulkot Mafi, Uttarakhand 248007,  
India  
Lat 30.342836°  
Long 77.8864°  
13/01/23 11:58 AM GMT +05:30

Odha do zindagi

Director  
Tula's Institute, Dehradun

Ref:TI/EC/1022/05

Date:12-01-2023

### NOTICE

You're cordially invited to join us for an engaging session of "Chai Pe Charcha" on January 12, 2023, in the Seminar Hall. This event promises an afternoon filled with enriching discussions, warm camaraderie, and of course, steaming cups of tea.

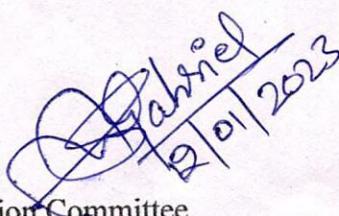
Date: January 12, 2023

Time: 12:30 PM onwards

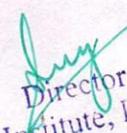
Venue: Seminar Hall

Head

Extension Committee



12/01/2023



Director  
Tula's Institute, Dehradun

#### **Vision**

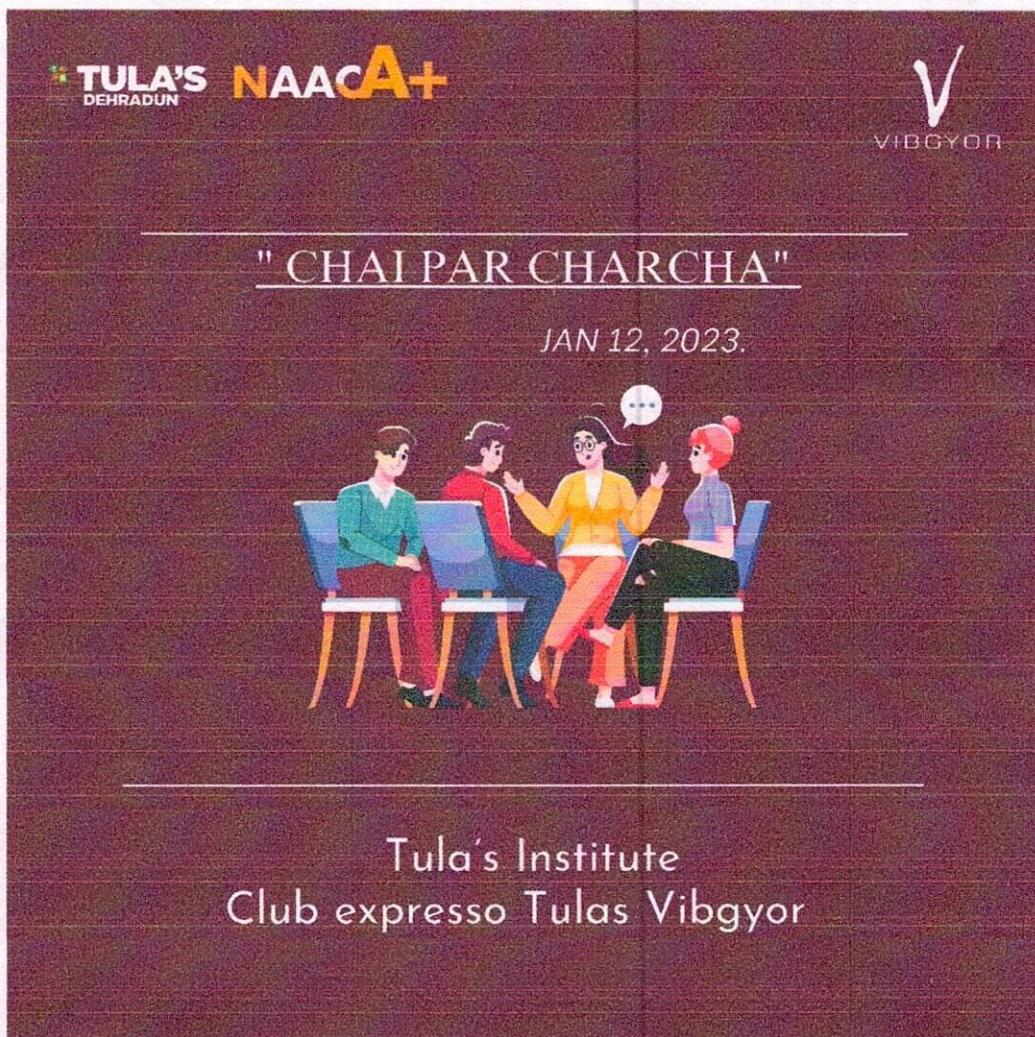
- To emerge as an academic centre producing world class professionals promoting innovation and research.

#### **Mission:**

- To Promote intellectual and skilled human capital generation employment and entrepreneurship.
- To Be educational centre of excellence of multi ethnicity and diversity.
- To Establish as technology driven teaching learning institution.
- To Provide world class platform for research and innovation.
- To Inculcate social, environmental, heritage values.

Date: 12<sup>th</sup> January 2023

**Chai Pe Charcha**  
**(A debate competition)**



  
Director  
Tula's Institute, Dehradun

## Objectives of Chai Pe Charcha

1. To provide a platform for students to engage in meaningful discussions and debates on relevant social, political, and economic issues.
2. To improve students' communication and public speaking skills through participation in debates and discussions.
3. To boost students' confidence by providing them with a platform to express their opinions and ideas in front of an audience.

## Summary (Press Release)

The day of every common Indian start with tea. Literary and cultural workers cannot conduct any discussion or event with completeness without tea. The greatest quality of tea is that it does not break people but unites them. Similarly, 'Vibgyor' the Student council of Tula's Institute, Dehradun, organized a Group Discussion and Extempore Competition on the seventh season of Chai pe Charcha on 12 th January 2023; the event was inaugurated by Dr. Nishant Saxena, Dean Academics. Shristi Saumya of B.sc. Agriculture 2nd Year and Gurdeep Sahani of BBA 2nd Year hosted the entire event with grace and gratitude. Mr. Emmanuel Gabriel and Dr. Nidhi Goyal gave brief information about the seventh season of CPC-7. Chai pe Charcha was planned in two rounds. The first round was a group discussion on gender equality, women empowerment, and education policies, etc. More than 50 students participated in the event out of which 10 were shortlisted from the first round for the final round which was extempore. Vaibhav Chauhan from Uttranchal University became the winner and Sumit Singh from Tula's Institute was the runner-up. The event was judged by Ms. Swati Yadav and Ms. Preeti Rana of the Graduate School of Business. The students from other colleges and universities like Uttarakhand University, Dehradun, Doon Business School, and Graphic Era University also showed interest and participated in the grand event.

### Outcome:

1. Participants develop better communication skills, including articulation, clarity, and persuasiveness, through their participation in debates.
2. Students learn to think critically and analyze information more effectively as they formulate arguments and counterarguments during debates.
3. Participants gain a deeper understanding of the topics discussed as they research and prepare for the debates, expanding their knowledge base.



Director  
Tula's Institute, Dehradun

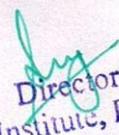
### Event Photographs



Introducing CHAI PE CHARCHA [12-01-2023]



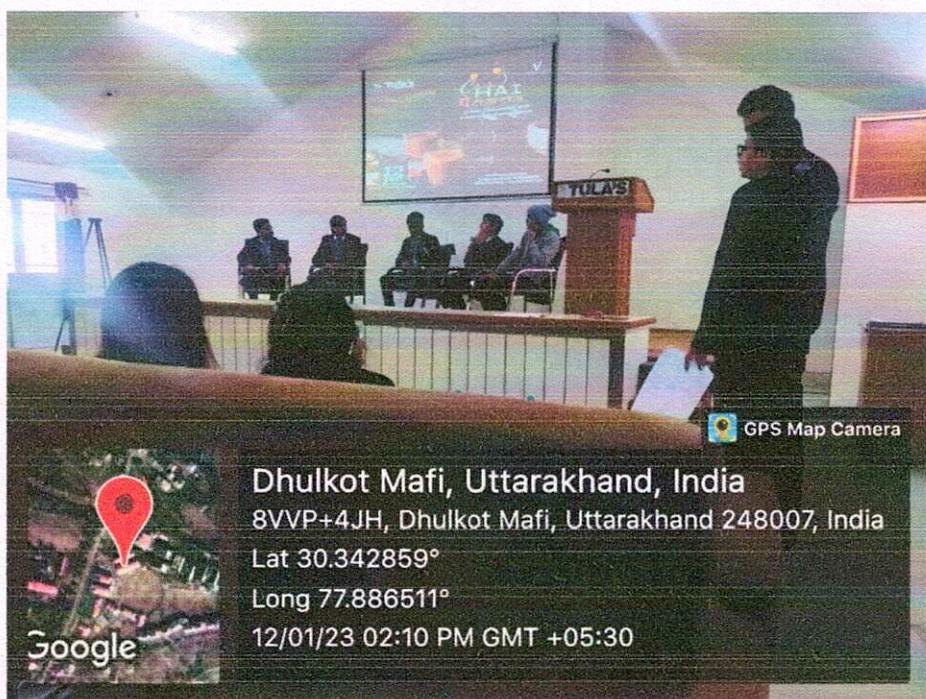
Speech is the power said Tula's institute [12-01-2023]

  
Director  
Tula's Institute, Dehradun

### GeoTag Photographs of the event



Debate taking interesting turns [12-01-2023]



Talking does not prove it DEBATE DOES - Tula's institute [12-01-2023]

  
 Director  
 Tula's Institute, Dehradun



CHAI PE CHARCHA at Tula's institute [12-01-2023]



A successful event CHAI PE CHARCHA [12-01-2023]

*Sanjay*  
Director  
Tula's Institute, Dehradun



Presenting CHAI PE CHARCHA [12-01-2023]



An interesting session of CHAI PE CHARCHA at Tula's institute

  
Director  
Tula's Institute, Dehradun

## Cover Page

**Name of Event:** Health Checkup Camp

**Date:** 6<sup>th</sup> Jan 2023

**Venue:** Vill. Podwala, Dehradun

**Organized by:** Student Council of Tula's VIBGYOR and NSS

**Event Coordinators (Faculty and Students):**

**Faculty Coordinator:** Emmanuel Gabriel and Nidhi Goyal

**Student Coordinators:** Ayush Jha

**Name of Experts/ Guests/ Speakers etc. (if any):**

**Total Registered Student:** 16

**Total Student Participants:** 16

**Total Registered Faculty:** 2

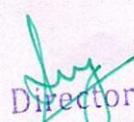
**Total Faculty Participants:** 2

**Total Registered External (if any): Total External Participants (if any):**

**Mode of Event (Online/ Offline / Hybrid): Expenditure Amount (if any):**

**Social Media Links:**

- Twitter:
- Facebook:
- LinkedIn:
- Instagram:
- IEEE V-Tools:
- Other:



Director  
Tula's Institute, Dehradun

## Health Check Up Camp at Vill. Podwala

6<sup>th</sup> Jan 2023



## FREE HEALTH CHECKUP



### Objective:

1. Promote Health Awareness: Increase awareness about the importance of regular health check-ups among the villagers.
2. Provide Medical Support: Offer accessible medical examinations and consultations to the residents of Podwala.
3. Encourage Preventive Healthcare: Emphasize the importance of early detection and prevention of health issues.
4. Foster Community Involvement: Engage NSS students in community service, strengthening their sense of social responsibility.

### Summary:

On 6<sup>th</sup> Jan 2023, a health check-up camp at Vill Podwala, Dehradun, led by Dr. Kapil Arora and organized by NSS students, successfully increased health awareness and provided medical support to the villagers. The event, involving 26 students and two faculty members, strengthened student-community bonds and highlighted the importance of preventive healthcare.

*[Signature]*  
Director  
Tula's Institute, Dehradun

### Event Details:

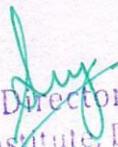
On 6<sup>th</sup> Jan 2023, a health check-up camp was organized at Vill Podwala, Dehradun, led by Dr. Kapil Arora and facilitated by NSS students. A total of 26 students, along with two faculty members, participated in this initiative. The primary aim of the camp was to promote health awareness, provide medical support, and emphasize the importance of preventive healthcare among the villagers.

Throughout the day, Dr. Kapil Arora conducted thorough medical examinations and offered consultations to the residents. The villagers eagerly participated in the camp, taking advantage of the accessible healthcare services provided. This initiative not only addressed immediate health concerns but also educated the attendees on the significance of regular check-ups and maintaining good health practices.

The health check-up camp was a resounding success, with improved health awareness among the villagers and enhanced access to medical support. The event also fostered a sense of community involvement, as the NSS students actively participated in the organization and execution of the camp. The experience strengthened the bond between the students and the local community, promoting a spirit of mutual support and social responsibility.

### Outcomes:

1. Improved Health Awareness: Villagers became more informed about the significance of regular health check-ups and preventive care.
2. Enhanced Medical Access: The villagers received necessary medical support and advice from Dr. Sachin Arora.
3. Strengthened Student-Community Bonds: The event reinforced the relationship between the students and the local community, highlighting the importance of mutual support.



Director  
Tula's Institute, Dehradun

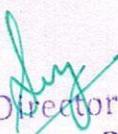
### Event Photographs

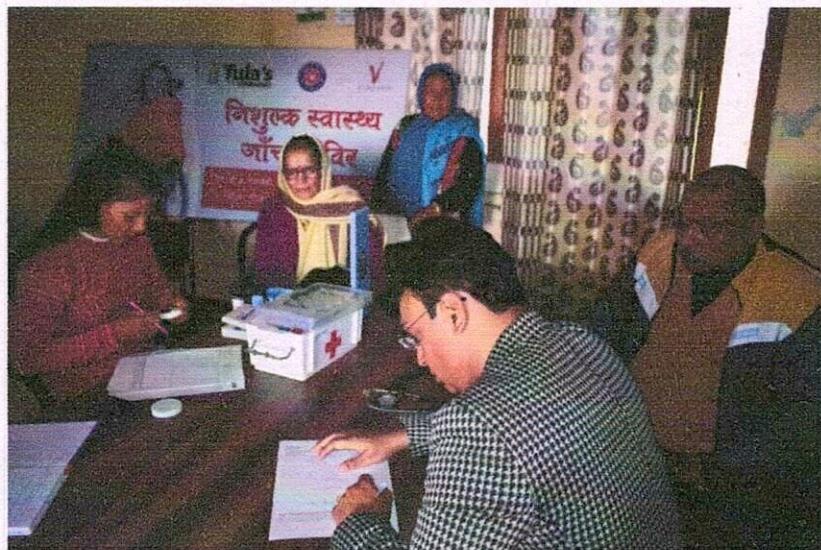


Nurse taking the initial 6<sup>th</sup> Jan 2023



Doctor examining the patient, 6<sup>th</sup> Jan 2023

  
Director  
Tula's Institute, Dehradun



Doctor examining the patient, 6<sup>th</sup> Jan 2023



Group photo after the health check-up camp, 6<sup>th</sup> Jan 2023

  
Director  
Tula's Institute, Dehradun

Ref: Tula's/ICC/1222

Dated: 21/12/2022

## Notice

It is hereby informed that Internal Complaint Committee (ICC) is organizing an event on the theme "Awareness Talk on Female Hygiene" on Thursday, 22<sup>nd</sup> December beginning at 11:30 AM in Conference Hall.

All the female staff and girls' students are hereby invited to the event at the said time.



CC:

Director

Registrar

Dean Academics

Dean (M&A)

All HoDs (For circulation among female staff & girl students)

*Disha Rautani*  
Tula's Institute, Dehradun

**Vision**

- To emerge as an academic centre producing world class professionals promoting innovation and research.

**Mission:**

- Promote intellectual and skilled human capital generation employment and entrepreneurship.
- Be educational centre of excellence of multi ethnicity and diversity.
- Establish as technology driven teaching learning institution.
- Provide world class platform for research and innovation.
- Inculcate social, environmental, heritage values.

## Cover Page

**Name of Event:** Awareness Talk on Female Hygiene

**Date:** 22<sup>nd</sup> December 2022

**Venue:** Seminar Hall, Tula's Institute, Dehradun

**Organized by:** ICC, Tula's Institute

**Event Coordinators (Faculty and Students):**

**Faculty Coordinator:** Dr. Prerna Badoni

**Student Coordinators:** Srishti Soumya, BSc Agriculture

**Name of Experts/ Guests/ Speakers etc. (if any):**

**Total Registered Student:** 23

**Total Student Participants:** 23

**Total Registered Faculty:** 4

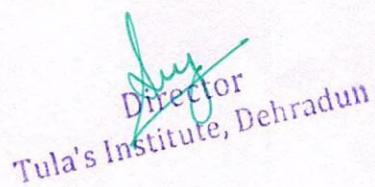
**Total Faculty Participants:** 4

**Total Registered External (if any): Total External Participants (if any):**

**Mode of Event (Online/ Offline / Hybrid):Expenditure Amount (if any):**

**Social Media Links:**

- Twitter:
- Facebook:
- LinkedIn:
- Instagram:
- IEEE V-Tools:
- Other:



Dr. Shyamal K. Ray  
Director  
Tula's Institute, Dehradun

## Awareness Session on Women Hygiene

### 21<sup>st</sup> December 2022



#### Objective:

1. Educate attendees on the importance of female hygiene and its impact on overall health and well-being.
2. Promote best practices and habits for maintaining female hygiene, including practical tips and guidance.
3. Address common misconceptions and answer questions to help dispel myths related to female hygiene.

#### Summary:

On 22nd December 2022, Tulas Institute held a women's safety awareness session with guest speaker Yukti Gupta, engaging all female staff and students. Her insightful talk covered crucial safety issues and empowered attendees with practical advice, fostering a safer community.

#### Event Details:

On 22nd December, the Internal Complaint Committee at Tulas Institute organized an "Awareness Talk on Female Hygiene" led by the knowledgeable and engaging speaker, Ms. Yukti Gupta. The session focused on educating female staff and students about the critical aspects of maintaining hygiene and its direct impact on health and well-being. Ms. Gupta's expertise and approachable style made the topic accessible and relatable to all attendees.

Throughout the talk, Ms. Gupta covered essential hygiene practices and offered practical tips to help attendees maintain optimal health. The session also addressed common misconceptions and myths surrounding female hygiene, providing clear and factual information to dispel any confusion. Attendees were encouraged to ask questions, ensuring a comprehensive understanding of the topic.

The event was highly successful, with participants leaving the session feeling more

*[Signature]*  
Director  
Tula's Institute, Dehradun

knowledgeable and empowered to take control of their hygiene. The practical advice and myth-busting provided by Ms. Gupta fostered a sense of confidence among the attendees, promoting healthier habits and a greater sense of well-being within the community.

### Outcomes:

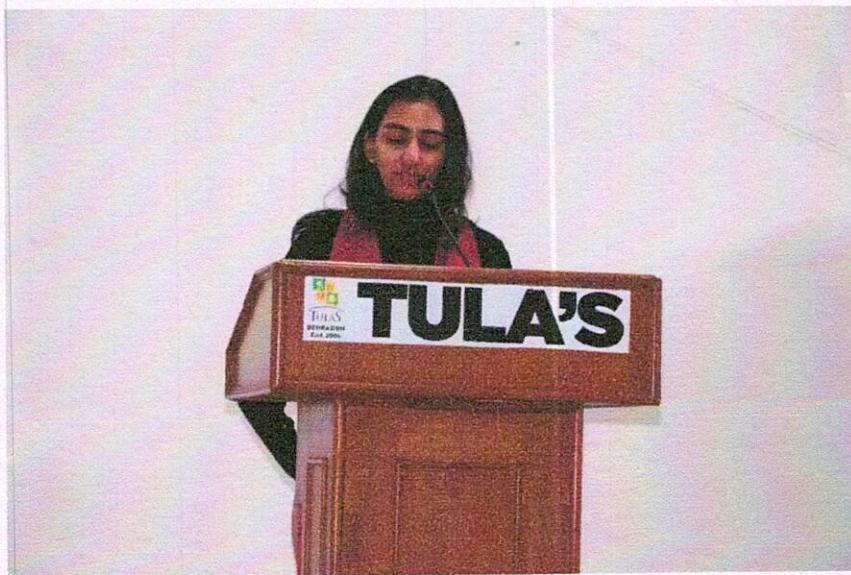
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2. Promote best practices and habits for maintaining female hygiene, including practical tips and guidance.
3. Address common misconceptions and answer questions to help dispel myths related to female hygiene.

### Event Photographs

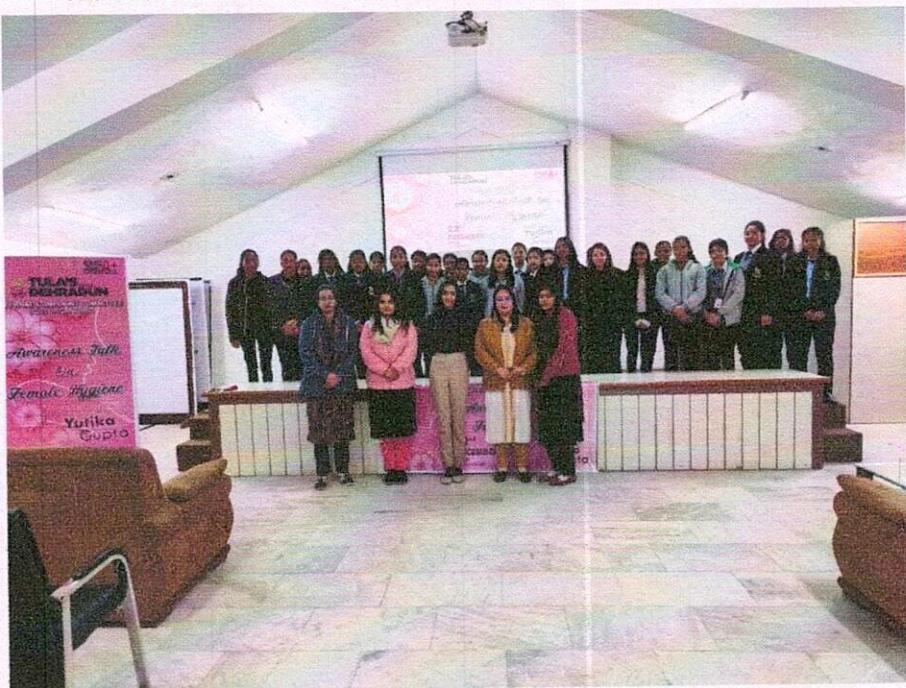


Ms. Yukti Address the students about the women safety during the session 22 Dec 2022

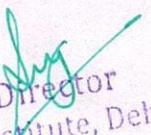
*✓*  
Director  
Tula's Institute, Dehradun



Ms. Yukti Address the students about the women safety during the session 22 Dec 2022



Group Photograph with all the ICC team members and students 22 Dec 2022

  
Director  
Tula's Institute, Dehradun



Group Photograph with all the ICC team members and non-teaching staff members 22 Dec 2022

*Sugya*  
Director  
Tula's Institute, Dehradun

Geo Tagged Photos



Awareness session on Female Hygiene



Awareness session on Female Hygiene

*Sy*  
Director  
Tula's Institute, Dehradun



GPS Map Camera

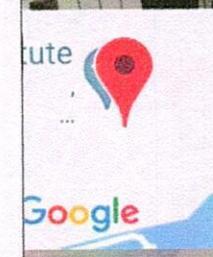


**Dhulkot Mafi, Uttarakhand, India**  
8VVP+4JH, Dhulkot Mafi, Uttarakhand 248007,  
India  
Lat 30.342829°  
Long 77.886418°  
22/12/22 12:28 PM GMT +05:30

Awareness session on Female Hygiene



GPS Map Camera



**Dhulkot Mafi, Uttarakhand, India**  
8VRP+RM2, Dhulkot Mafi, Uttarakhand 248007,  
India  
Lat 30.342413°  
Long 77.886578°  
22/12/22 02:58 PM GMT +05:30

Awareness session on Female Hygiene

*Shyam*  
Director  
Tula's Institute, Dehradun

## Cover Page

**Name of Event:** Awareness Session on Women Safety

**Date:** 21<sup>st</sup> December 2022

**Venue:** Seminar Hall, Tula's Institute, Dehradun

**Organized by:** ICC, Tula's Institute

**Event Coordinators (Faculty and Students):**

**Faculty Coordinator:** Dr. Prerna Badoni

**Student Coordinators:** Srishti Soumya, BSc Agriculture

**Name of Experts/ Guests/ Speakers etc. (if any):**

**Total Registered Student:** 52

**Total Student Participants:** 49

**Total Registered Faculty:** 4

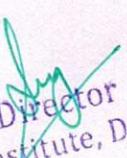
**Total Faculty Participants:** 4

**Total Registered External (if any): Total External Participants (if any):**

**Mode of Event (Online/ Offline / Hybrid):Expenditure Amount (if any):**

**Social Media Links:**

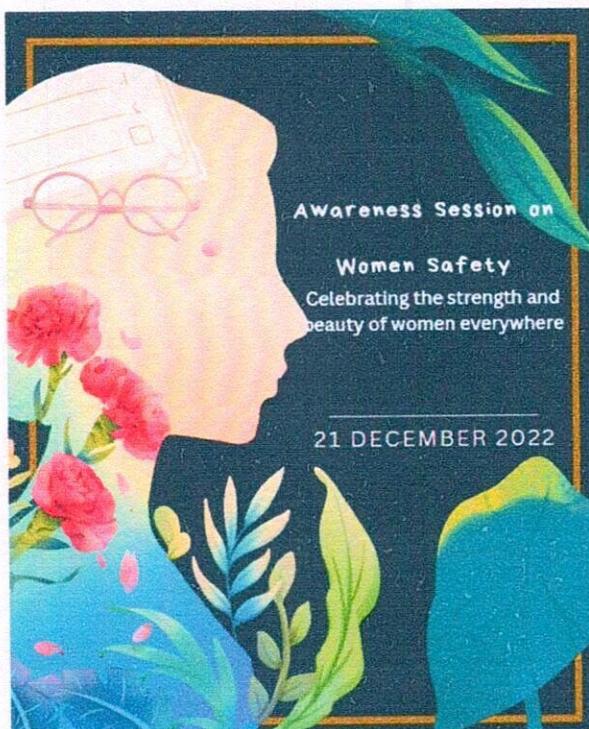
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- Facebook:
- LinkedIn:
- Instagram:
- IEEE V-Tools:
- Other:



Director  
Tula's Institute, Dehradun

## Awareness Session on Women Safety

**21<sup>st</sup> December 2022**



### Objective:

1. Educate students on the various forms of harassment and violence women face.
2. Promote available resources and support systems within and outside the campus.
3. Encourage active bystander behavior—how to step in safely and effectively.
4. Empower women with self-defense techniques and confidence-building activities.
5. Foster an inclusive environment that promotes respect and equality.

### Summary:

On 21st December, Tulas Institute's Internal Complaint Committee organized a women's safety session led by the Thana Incharge. The event provided critical education on safety issues, practical self-protection tips, and highlighted resources available in the community. Attendees left feeling informed, empowered, and confident in creating a safer environment.

### Event Details:

On 21st December, the Internal Complaint Committee at Tulas Institute organized an "Awareness Session on Women Safety" led by the Thana Incharge. The session focused on educating female staff and students about the critical aspects of women's safety and the importance of being vigilant. The Thana Incharge's expertise and engaging approach made the session highly informative and impactful for all attendees.

Throughout the session, the Thana Incharge provided valuable insights into the various safety challenges women face and offered practical tips and strategies for self-protection. The session also highlighted the resources and support systems available within the

*Director  
Tula's Institute, Dehradun*

community and law enforcement, ensuring that participants knew where to turn for help. Attendees were encouraged to ask questions and share their concerns, making the session interactive and comprehensive.

The event was a resounding success, with participants leaving the session feeling more informed and empowered to take control of their safety. The practical advice and resources provided by the Thana Incharge fostered a sense of confidence among the attendees, promoting a safer and more supportive environment at Tulas Institute.

#### Outcomes:

1. Educate students on the various forms of harassment and violence women face.
2. Promote available resources and support systems within and outside the campus.
3. Encourage active bystander behavior—how to step in safely and effectively.
4. Empower women with self-defense techniques and confidence-building activities.
5. Foster an inclusive environment that promotes respect and equality.



Director  
Tula's Institute, Dehradun

### Event Photographs



Interaction about the women safety with the students 21<sup>st</sup> Dec 2022



Interaction about the women safety with the students 21<sup>st</sup> Dec 2022

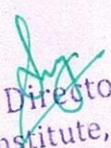
  
Director  
Tula's Institute, Dehradun



**Interaction about the women safety with the students 21<sup>st</sup> Dec 2022**



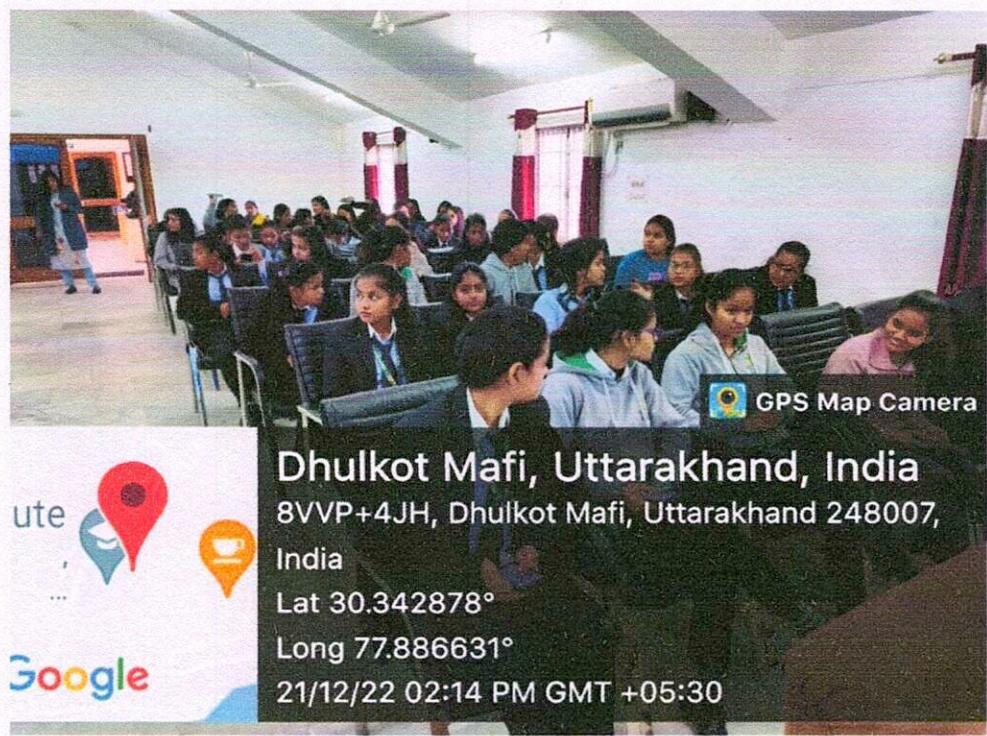
**Group photograph after the session 21<sup>st</sup> Dec 2022**

  
Director  
Tula's Institute, Dehradun

Geo Tagged Photos

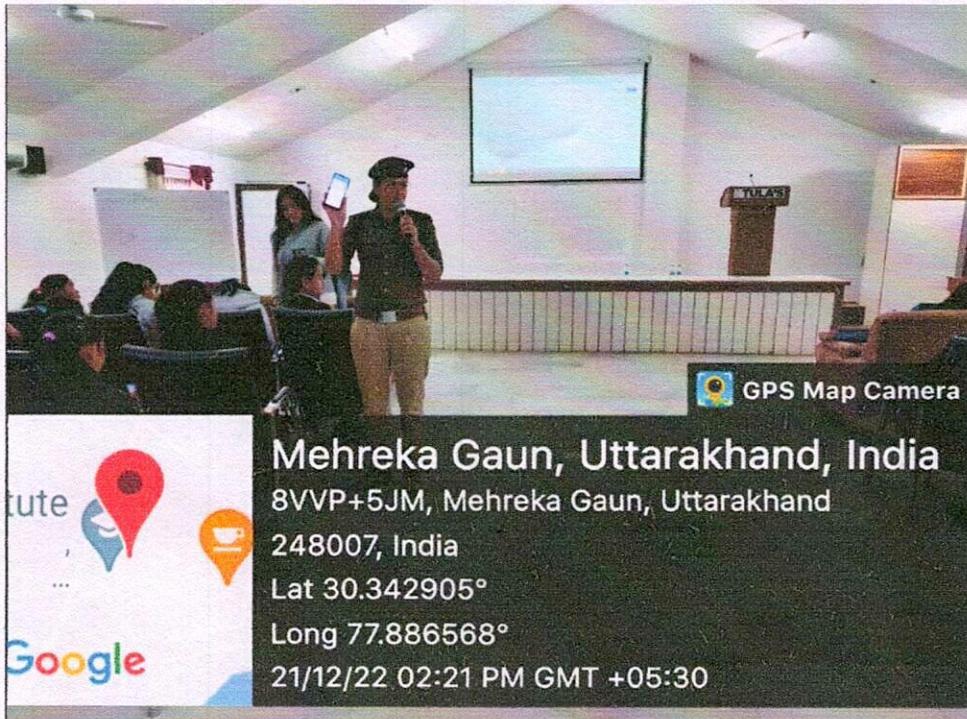


Session on Women Safety

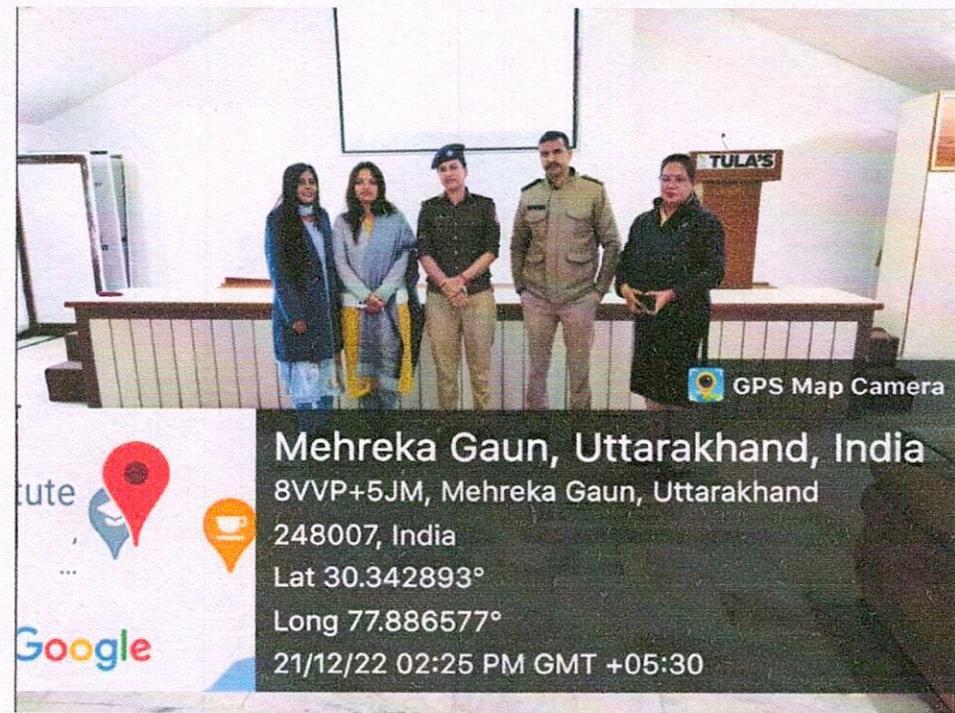


Session on Women Safety

*Director*  
Tula's Institute, Dehradun



Session on Women Safety



Session on Women Safety

*[Signature]*  
Director  
Tula's Institute, Dehradun

Ref:TI/EC/1222/01

Date:10-12-2022

## NOTICE

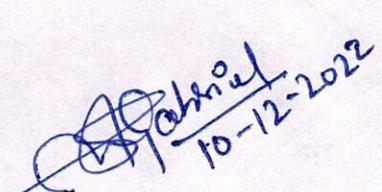
We are excited to announce Plafthon, a 24-hour cleanliness drive, organized in collaboration with NSS and Discover Magazine. This event aims to promote cleanliness and hygiene in and around our campus.

The drive will commence on 13th December 2022 at 3:00 PM near the college gate. We invite all students to participate actively and contribute towards making our campus clean and beautiful.

Event Coordinator: Pratik Ojha (President, Student Council)

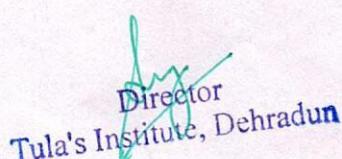
Let's join hands for this noble cause and make a difference together!

Head



10-12-2022

Extension Committee



Director  
Tula's Institute, Dehradun

### Vision

- To emerge as an academic centre producing world class professionals promoting innovation and research.

### Mission:

- To Promote intellectual and skilled human capital generation employment and entrepreneurship.
- To Be educational centre of excellence of multi ethnicity and diversity.
- To Establish as technology driven teaching learning institution.
- To Provide world class platform for research and innovation.
- To Inculcate social, environmental, heritage values.



Dhoolkot, P.O. Selaqui, Chakrata Road  
Dehradun - 248011 (U.K India)



[www.tulas.edu.in](http://www.tulas.edu.in)



0135-2699300  
0135-2699309

Date: 13<sup>th</sup> and 14<sup>th</sup> December 2022

**"PLAFTHON" 24 HOUR PLASTIC FREE MARATHON BY**  
**"TULA'S INSTITUTE AND DISCOVER UTTARAKHAND**  
**MAGAZINE"**



**ABOUT PLASTIC-FREE ENVIRONMENT**

On 30th July 2018 , Minister of State for Environment, Forest and Climate Change, Dr. Mahesh Sharma said that India was the global host for "World Environment Day – WED 2018" on 5 June, 2018. In a written reply to a question in Rajya Sabha here today, Dr. Sharma said that during this celebration, the Ministry launched a pan-India plastic clean-up drive in public areas, national reserves, forests, beaches, rivers, etc. Further, letters were written to the State Governments asking them to make protected areas as "Plastic Free Zones' '. "To combat plastic pollution, 21 States/Union Territories in the country have also notified more stringent norms and imposed a ban on plastic carry bags and other items in their respective States/UTs", the Minister said. Dr. Sharma stated that as per the provisions of the Rules, the generators of waste have been mandated to take steps to minimize the generation of plastic waste, not to litter, ensure segregated storage of waste at the source and hand over segregated waste to the local bodies or authorized agencies. The Rules also mandate the responsibilities of local bodies, gram panchayats, waste generators, retailers, and street vendors to manage plastic waste. It is also mandated that the producers, importers, and brand owners work out modalities for the waste collection system based on the principle of

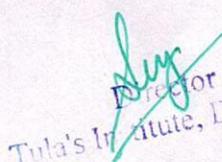
*[Signature]*  
Director  
Tula's Institute, Dehradun

## TULA'S INSTITUTE, DEHRADUN

Extended Producer Responsibility. The Minister added that further, the Ministry of Environment, Forest and Climate Change has written letters to the offices that come under its administrative control, Regional Offices of the Ministry, offices of the Central Government and its departments, major PSUs, corporates, institutes, etc to prohibit single-use plastic products including water bottles, take away coffee cups, lunch wrapped in disposable plastic packaging, plastic bags, disposable food containers, plates and containers made of polystyrene foam, plastic straws, etc. in their offices. The schools were reached through Eco-Clubs operating in the respective states to create awareness about the ill effect of "single-use plastic" and imbibe the "Green Good Deeds" practices. Dr. Sharma said that letters were also issued to Chief Secretaries of all the States/Union Territories to communicate with temples, mosques, gurudwaras, and churches in their states on the ill effects of "single-use plastic" and to encourage staff and visitors to prohibit Single-use plastic products.

### Objectives of the Event

- Creating awareness among people
- Minimizing plastic waste production
- Promoting appropriate waste management techniques
- Reducing plastic waste
- Reusing & Recycling
- Using plastic waste in energy development
- Safe waste disposal
- Preventing pollution
- Protecting water bodies and the environment
- Maintaining ecosystem and sustainable development



Director  
Tula's Institute, Dehradun

# TULA'S INSTITUTE, DEHRADUN

## Summary Report

### An Initiative by Tula's Institute and Discover magazine

**Date: 13/12/22 & 14/12/22**

On November 13<sup>th</sup> and 14<sup>th</sup>, Tula's Institute, with Discover Uttarakhand, initiated a drive called Plafthon, a 24-hr continuous plastic garbage collection drive across Dehradun.

The drive was inaugurated under the able guidance of Dr. Pawan Kumar Chaubey, Registrar, Dr Nishant Saxena Dean Academics, Dr Ranit Kishore Dean Agri And Management, Emmanuel Gabriel & Dr. Nidhi Goyal Vibgyor Heads.

The areas covered were Dhoolkot Mafi, Ton's river, AWHO colony, Singni wala More, Chakrata Road, Datt Kali, Upper Dhoolkot, Bansiwala, Jhajhra, Sudhowala, Nanda Ki Chowki and Premnagar

In around more than 300 kg of plastic was collected. Around 28 volunteers were present along with 4 camera persons. The drive was led by the President of the student council Pratik Ojha along with his team which consisted of Nikhil Chaudhary, Treasurer, and Shristi Saumya, Secretary.

In fact, Pratik Kumar Ojha said that plastic is polluting our environment day by day, this problem has increased very much and he even added that since the time of the industrial revolution, the plastic industry has increased rapidly.

Due to the increasing number of factories and vehicles around the world, the level of pollution has increased manifold in the last few decades.

To which Shristi Saumya added that on one hand the smoke emanating from vehicles and factories has made it difficult for us to breathe by polluting the air and on the other hand, the plastic waste from industries and houses has contributed to water and land pollution, due to which many serious diseases have taken birth.

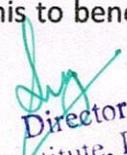
Fauna club coordinator Anmol Ratnam said that due to plastic pollution, animals also suffer a lot, Further Ritika Rajput said that the work of the government is done only on paper and not on the ground.

The only aim of these students was to create awareness among mankind to start understanding the amount of poison these plastics carry for our society.

Tula's Institute is the first College throughout India to do something like this to benefit the environment and we look forward to more such events.

Outcome:

- Awareness and Education: The event likely raised awareness about the harmful effects of plastic pollution on the environment and the importance of adopting plastic-free

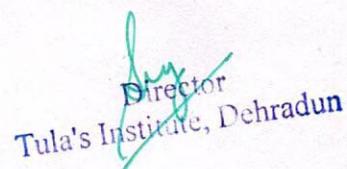


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## TULA'S INSTITUTE, DEHRADUN

alternatives. Participants and attendees would have gained insights into practical ways to reduce plastic usage in their daily lives.

- Community Engagement: The marathon would have brought together people from different backgrounds, including students, professionals, and environmental enthusiasts, fostering a sense of community and shared responsibility towards environmental conservation.
- Impact on Participants: Participants would have experienced firsthand the challenges and rewards of living without plastic for 24 hours. This could lead to personal reflections and potentially inspire long-term behavioral changes towards more sustainable living practices.
- Media Coverage and Publicity: The event might have garnered media attention, both locally and potentially nationally or internationally, shining a spotlight on the issue of plastic pollution and highlighting the efforts of the organizers and participants.



Director  
Tula's Institute, Dehradun

# TULA'S INSTITUTE, DEHRADUN

## EVENT PHOTOGRAPHS



Group Photo before the start of PLAFTHON- the plastic-free marathon, 14th December 2022



Green flag for start PLAFTHON- the plastic-free marathon, 14th December 2022

*[Signature]*  
Director  
Tula's Institute, Dehradun

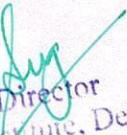
## TULA' S INSTITUTE, DEHRADUN



*Volunteers weighing the weight of plastic wastes, 14th December 2022*



*Volunteers collecting the plastic wastes, 14th December 2022*

  
Director  
Tula's Institute, Dehradun

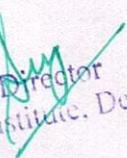
## TULA' S INSTITUTE, DEHRADUN



*Volunteers collecting the plastic wastes, 14th December 2022*



*Volunteers collecting the plastic wastes, 14th December 2022*

  
Director  
Tula's Institute, Dehradun

## TULA' S INSTITUTE, DEHRADUN



*Volunteers collecting the plastic wastes at evening , 14th December 2022*



*Media coverage from public about dumping the plastic wastes on streets, 14th December 2022*



Director  
Tula's Institute, Dehradun

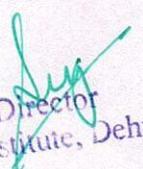
## TULA' S INSTITUTE, DEHRADUN



*Volunteers collecting the plastic wastes at midnight, 14th December 2022*



*Volunteers collecting the plastic wastes, 14th December 2022*



Director  
Tula's Institute, Dehradun

## TULA'S INSTITUTE, DEHRADUN



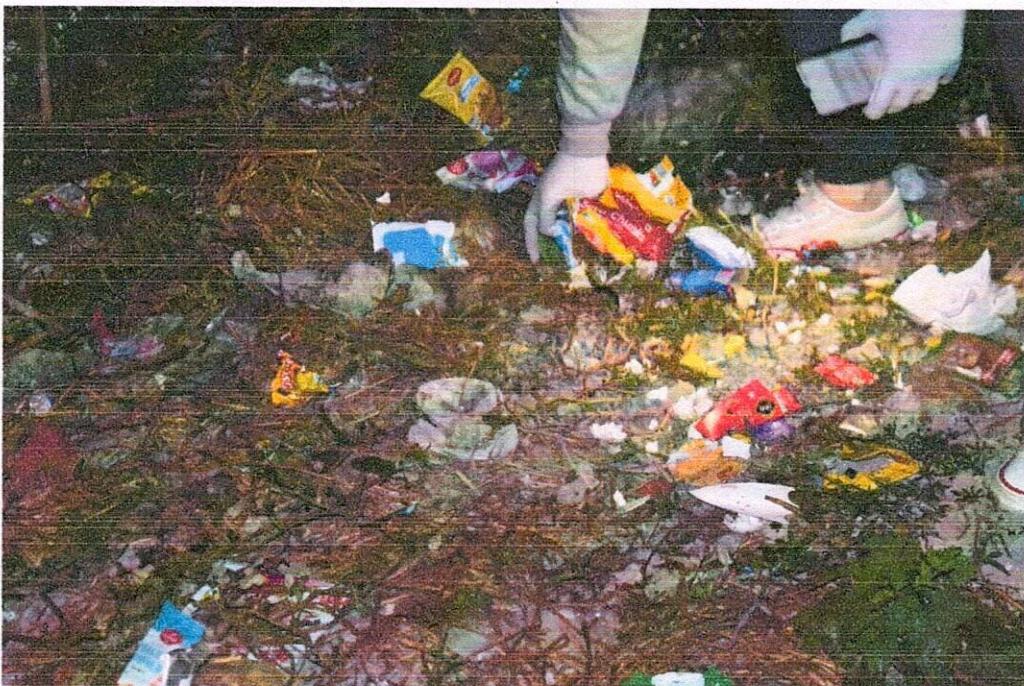
Volunteers collecting the plastic wastes, 14th December 2022



Volunteers collecting the plastic wastes, 14th December 2022

Director  
Tula's Institute, Dehradun

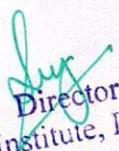
## TULA'S INSTITUTE, DEHRADUN



Volunteers collecting the plastic wastes, 14th December 2022



Volunteers collecting the plastic wastes, 14th December 2022

  
Director  
Tula's Institute, Dehradun

## TULA'S INSTITUTE, DEHRADUN



Volunteers collecting the plastic wastes, 14th December 2022

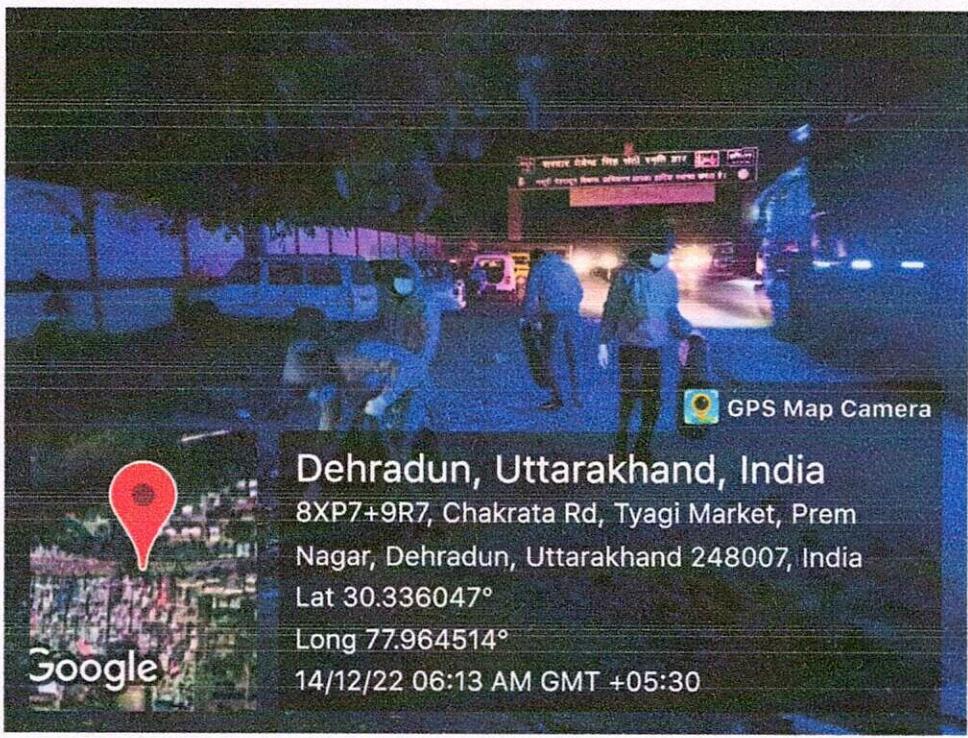


About 350+ KGs of plastic were collected by volunteers

  
Director  
Tula's Institute, Dehradun

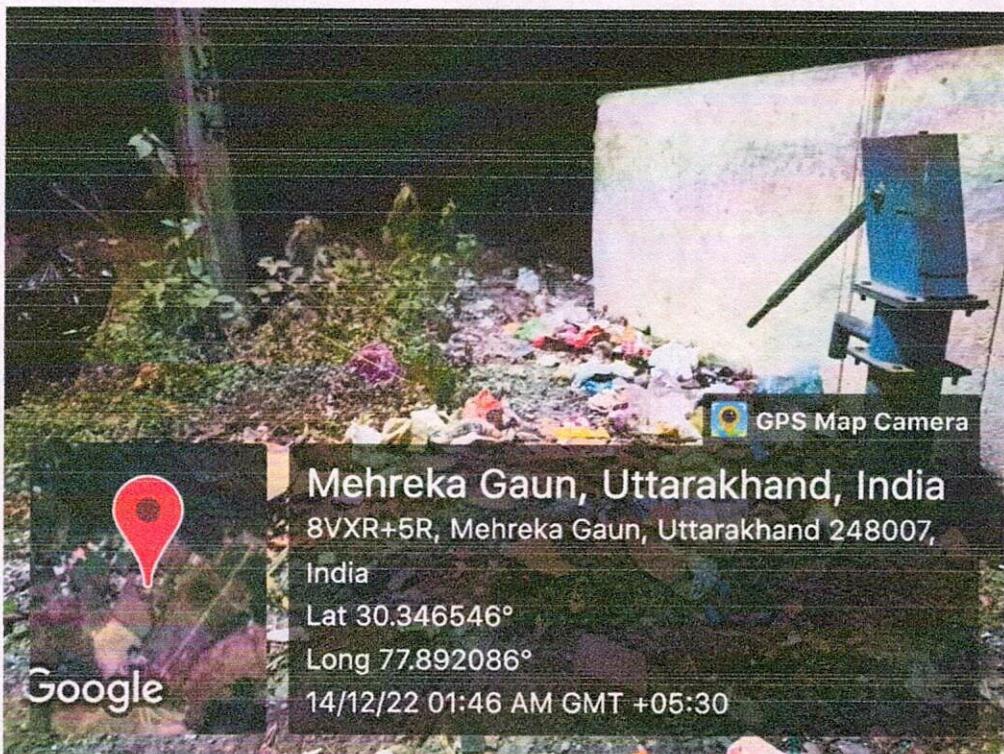
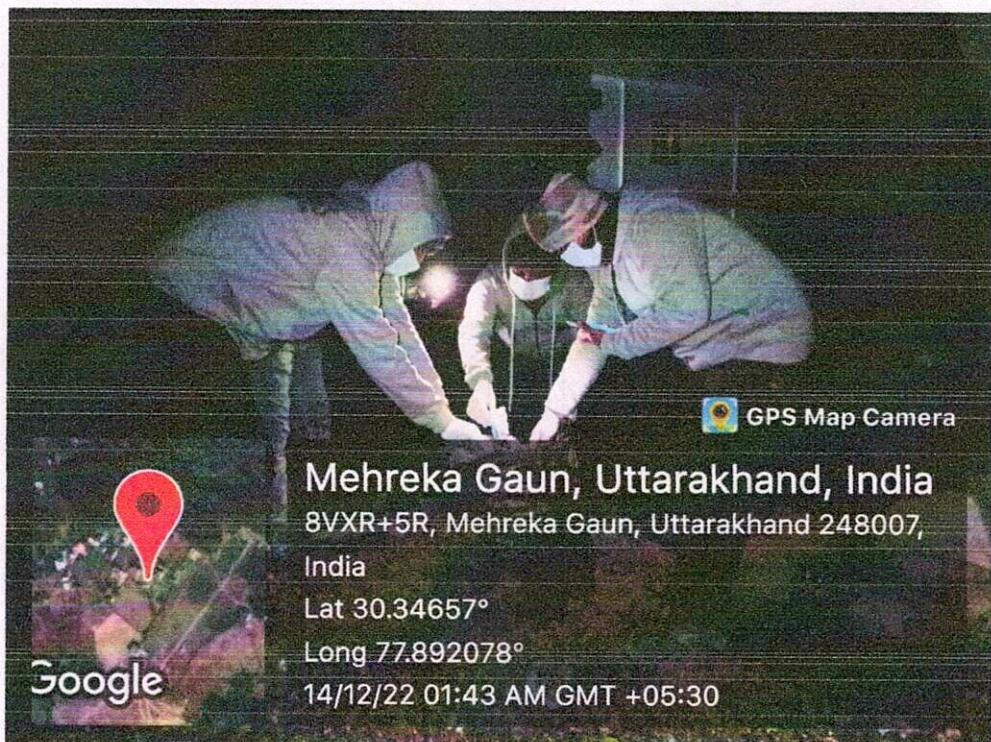
# TULA'S INSTITUTE, DEHRADUN

## GEOTAGGED PHOTOGRAPHS



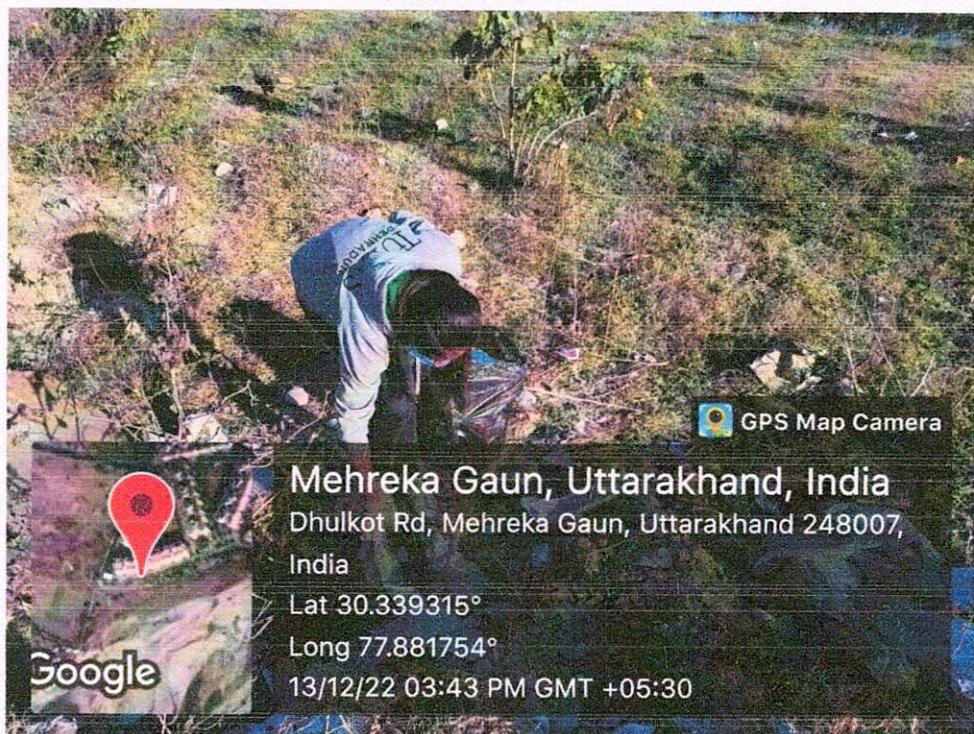
Director  
Tula's Institute, Dehradun

## TULA'S INSTITUTE, DEHRADUN



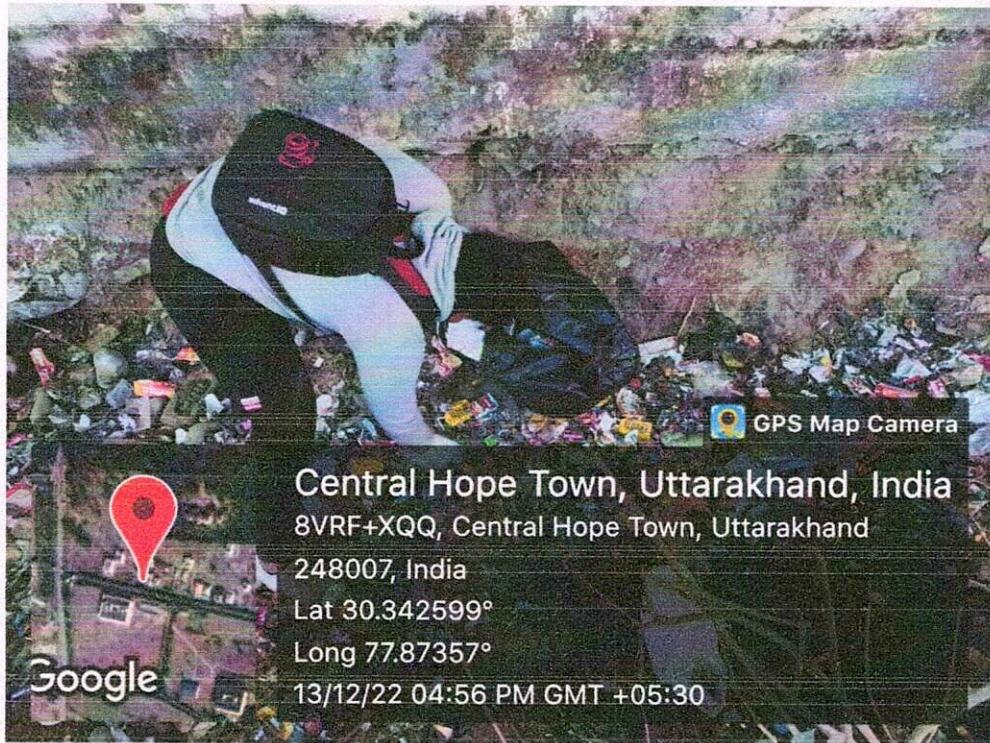
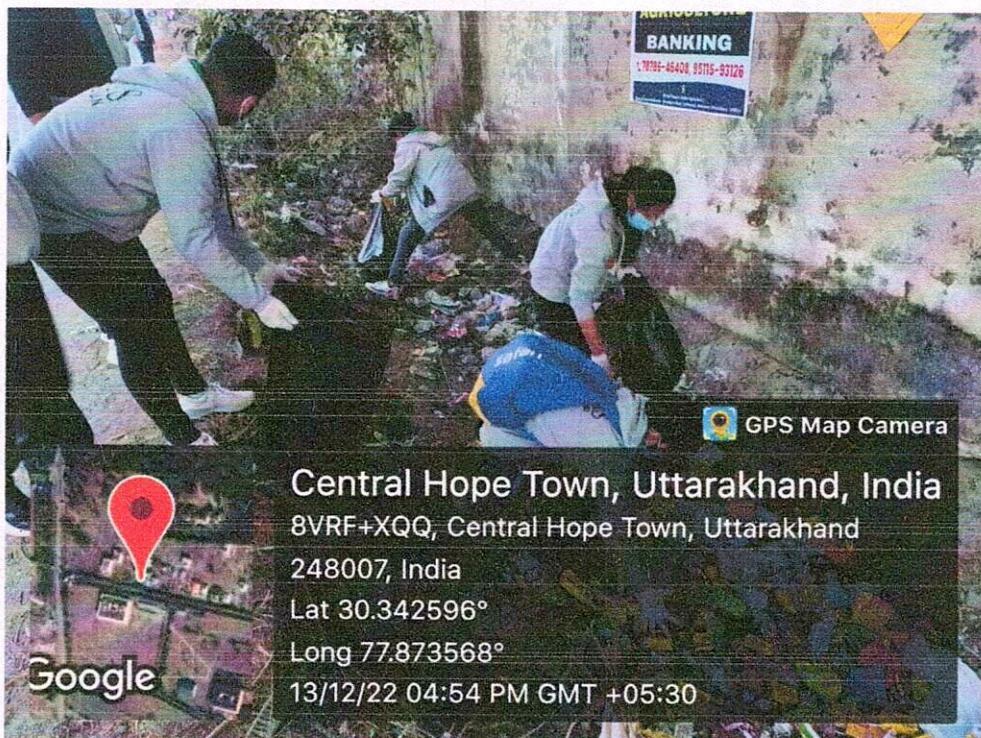
NMK  
Director  
Tula's Institute, Dehradun

## TULA'S INSTITUTE, DEHRADUN



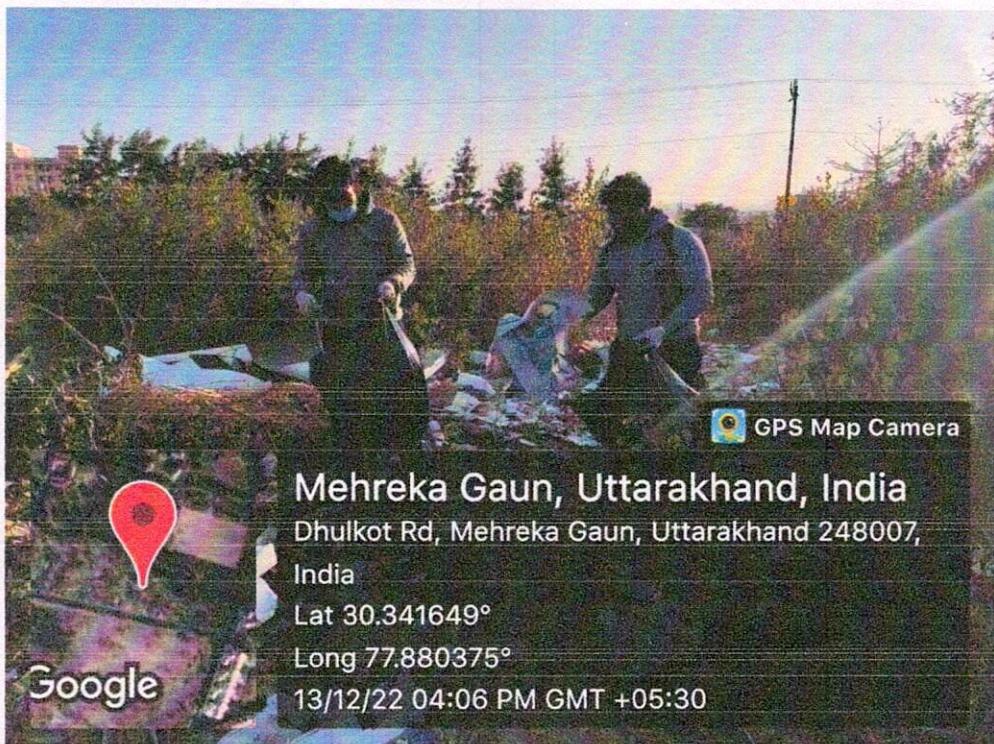
  
Director  
Tula's Institute, Dehradun

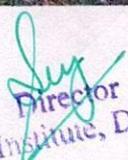
## TULA'S INSTITUTE, DEHRADUN



Director  
Tula's Institute, Dehradun

## TULA' S INSTITUTE, DEHRADUN



  
Director  
Tula's Institute, Dehradun

## MEDIA COVERAGE

# दैनिक जनभारत मेल

## तुलाज़ इंस्टिट्यूट ने कचरा संग्रहण अभियान प्लाफ्थॉन का आयोजन किया

देहरादून, संवाददाता। तुलाज़ इंस्टिट्यूट ने शहर भर में प्लाफ्थॉन नामक 24 घण्टे स्वास्थ्यक कचरा संग्रहण अभियान चलाया। इस अभियान का उद्दारन तुलाज़ इंस्टिट्यूट के रजिस्ट्रार डॉ. पवन कुमार चौधरी, डीन एकेडमिक्स डॉ. निशांत मक्सेना, डीन प्रशिक्षण एंड मैनेजमेंट रणनीति किशोर, और विवाह्योग हेड्स इमेजेल गेंद्रियल और डॉ. निधि गोयल द्वारा किया गया।

अपनी तरह के इस अनोखे प्लास्टिक कचरा संग्रहण अभियान के तहत, अभियान में भाग लेने वाले छात्रों ने देहरादून और अस्पाय के कई क्षेत्रों में प्लास्टिक कचरा एकत्र करा, जिनमें धूलकोट मार्गी, टोंस नदी, एडुकेशनल ऑफिसों कॉलोनी, मिंगनी बाला मोड़, चक्रात रोड, डाट काली, ऊपरी धूलकोट, बंसीबाला, डाखरा, सुधोबाला, नंदा की चौकी, और प्रेमनगर शामिल हैं। अभियान का नेतृत्व



छात्र पारिषद के अध्यक्ष प्रतीक कुमार ओझा, कोषाल्या निखिल चौधरी व मनिव सृष्टि सौम्या ने किया। लगभग 28 स्वयंसेवकों ने सक्रिय रूप से अभियान में भाग लिया और 300 किलोग्राम से अधिक प्लास्टिक कचरा एकत्र किया।

इस अवसर पर बोलते हुए, प्रतीक कुमार ओझा ने कहा, प्लास्टिक हर दिन तो ऐसे समय

को प्रतीक्षित कर रहा है। औद्योगिक क्रांति के समय में, प्लास्टिक उद्योग तो जी से बढ़ा है। यही समय है कि हम सभी को इस गंभीर मुद्दे पर अंदूश लगाने के लिए एक साथ आना चाहिए। इडिय के दौरान, तुलाज़ इंस्टिट्यूट के छात्रों का उद्देश्य जनता के बीच समाज में प्लास्टिक द्वारा पैलाये जा रहे जहर के बारे में जागरूक करना था।

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e-mail: mail@thehawk.in

[www.thehawk.in](http://www.thehawk.in)

# The Hawk

## Tula's Institute Holds Garbage Collection Drive 'Plafthon'



**Dehradun (The Hawk):** Tula's Institute held a 24-hour continuous plastic garbage collection drive titled 'Plafthon' across the

city. The drive was inaugurated by the Registrar of Tula's Institute, Dr. Pawan Kumar Chaudhary, and Secretary Shristi Saumya. Around 28 volunteers actively took part in the drive and collected more than 300 kgs

Under this one-of-its-kind plastic garbage collection drive, numerous areas around Dehradun were covered, including Dhoolkot Mafi, Tons River, AWHO Colony, Singhi Wala Mod, Chakrata Road, Datt Kali, Upper Dhoolkot, Bansiwala, Jhajhra, Sudhowala, Nanda Ki Chowki, and Premnagar.

The drive was led by the President of the Student Council, Pratik Kumar Ojha, Treasurer Nikhil Chaudhary, and Secretary Shristi Saumya. Around 28 volunteers actively took part in the drive and collected more than 300 kgs

of plastic waste.

Speaking on the occasion, Pratik Kumar Ojha said, "Plastic is polluting our environment every day at a rapid rate. Since the time of the industrial revolution, the plastic industry has grown rapidly. It's high time that we all should come together to curb this serious issue and make the world a better place to live."

During the drive, the students of Tula's Institute aimed at creating awareness among the masses to start understanding the poison that plastics spread in society.

*Director  
Tula's Institute, Dehradun*

# The Himachal Times

## Tula's Institute holds garbage collection drive 'Plafthon'

Dehradun, Dec 15

(HTNS): Tula's Institute held a 24-hour continuous plastic garbage collection drive titled 'Plafthon' across the city. The drive was inaugurated by the Registrar of Tula's Institute, Dr. Pawan Kumar Chaudhary, Dean of Academics, Dr. Nishant Saxena, Dean of Agriculture & Management, Dr. Ranit Kishore, and Vibgyor Heads Emmanuel Gabriel and Dr. Nidhi Goyal.

Under this one-of-its-kind plastic garbage collection drive, numerous areas around Dehradun were covered, including Dhookot Mafi, Tons River, AWHO Colony, Singni Wala Mod, Chakrata Road, Datt Kali, Upper Dhookot, Bansiwala, Jhajhra,



Sudhowala, Nanda Ki Chowki, and Premnagar.

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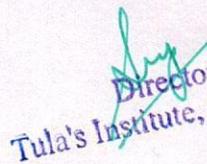
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Director  
Tula's Institute, Dehradun

दैनिक

भारत सरकार के डीएवीपी व राज्य सरकार द्वारा विज्ञापन के लिए मान्यता प्राप्त

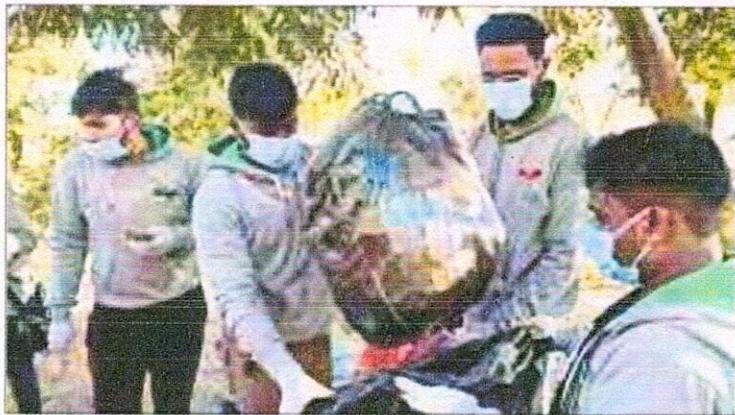
# नजरिया खबर

## कचरा संग्रहण अभियान प्लाफथॉन का किया आयोजन

देहरादून (नजरिया खबर ब्लूरो)।

तुलाज इंस्टीट्यूट ने शहर भर में प्लाफथॉन नामक 24 घंटे लम्बा प्लास्टिक कचरा संग्रहण अभियान चलाया। इस अभियान का उद्घाटन तुलाज इंस्टीट्यूट के रजिस्ट्रार डॉ. पवन कुमार चौधे, डीन एकेडमिक्स डॉ. निशांत सक्सेना, डीन एग्रीकल्चर एंड मैनेजमेंट रणित किशोर, और विवर्ग्योर हेडस इमेनुएल गेब्रियल और डॉ. निधि गोयल द्वारा किया गया।

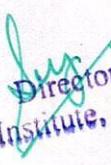
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प्लास्टिक कचरा संग्रहण करते हुए।

नदा की चौकी, और प्रेमनगर शामिल हैं। अभियान का नेतृत्व छात्र परिषद के अध्यक्ष प्रतीक कुमार ओझा, कोषाध्यक्ष निखिल चौधरी व सचिव सृष्टि सौम्या ने किया। लगभग 28 ख्यायसेवकों ने सक्रिय रूप से अभियान में भाग लिया और 300 किलोग्राम से अधिक प्लास्टिक कचरा एकत्र किया।

इस अवसर पर बोलते हुए, प्रतीक कुमार ओझा ने कहा, प्लास्टिक हर दिन तेजी से हमारे पर्यावरण को प्रदूषित कर रहा है। औद्योगिक क्रांति के समय से, प्लास्टिक उद्योग तेजी से बढ़ा है। यही समय है कि हम सभी को इस गंभीर मुद्दे पर अंकुश लगाने के लिए एक साथ आना चाहिए।

  
Director  
Tula's Institute, Dehradun

## Event Attendance

Event Name:

*Plaffton*

Date:

13/12/22

S. No	College ID	Name	Branch and Year	Signature
	Rites	Ritesh Dhyani	BCA.	<i>Ritesh</i>
	2023013037	Vishal Kumar	BBA	<i>Vishal</i>
	202304088	Aman Kumar	B.Tech 1st	<i>Aman</i>
	2023013038	Ravishank Kumar	BBA	<i>Ravishank</i>
	202207989	Dhirendra Pratap Singh	Agriculture 3rd	<i>Dhirendra</i>
	2023016008	Ankit Ray	Agriculture 1st	<i>Ankit Ray</i>
	20230420	Aayushi Ray	B.Tech 1st	<i>Aayushi R.</i>
	202304146	Sumit Kumar	B.Tech	<i>Sumit</i>
	2023018090	Piyush Kumar	BBA	<i>Piyush</i>
	202302001	Shashikant Kumar	B.Tech(EEE) 1st	<i>Shashikant</i>
	202301301	Rahul Jaiswal	B.B.A 1st	<i>Rahul</i>
	202305969	Priyanshu Ras	BBA 1st	<i>Priyanshu</i>
	2021046272	Munna Kumar	BCA 2nd	<i>Munna</i>
	202305058	Sanjan Kumar	HCA 1st	<i>Sanjan</i>
	2023013015	Rahul Jaiswal	BBA	<i>Rahul</i>
	202304072	Amit Kumar	B.Tech 1st	<i>Amit</i>
	202304173	Tushar Singh	B.Tech CSE	<i>Tushar</i>
	202304016	Satyam	B.Tech 1st	<i>Satyam</i>
	202304036	Vairabh Kumar	BBA 1st	<i>Vairabh</i>
	202307001	Sameer Khan	B.Tech 13th	<i>Sameer</i>

Signature of Head .....

*Gurbir*Tula's Institute, Dehradun  
Director

## Event Attendance

Event Name:

*Maffha*

Date: 13/12/22

S. No	College ID	Name	Branch and Year	Signature
	202309033	Shivam Kumar	B.Tech 1 <sup>st</sup>	<i>Shivam</i>
	202304132	Abhinav Pathak	B.Tech 1 <sup>st</sup>	<i>Abhi</i>
	2022076066	Mani Kumar	B.Sc Agri 2 <sup>nd</sup>	<i>Mani</i>
	202307066	Kundan Kumar	B.B.A 1 <sup>st</sup>	<i>Kundan</i>
	202104076	Pintu Kumar	Agriculture 1 <sup>st</sup>	<i>Pintu</i>
	202304016	Satyam	B.Tech 1 <sup>st</sup>	<i>Satyam</i>
	20230411	Aryan Thakur	B.Tech 1 <sup>st</sup>	<i>Aryan Thakur</i>
	2023013038	Rajesh Kumar	B.B.A	<i>Rajesh</i>
	2023013015	Rachul Taiswal	B.B.A	<i>Rachul</i>
	202304010	Abhay Jha	B.Tech 1 <sup>st</sup>	<i>Abhay</i>
	2023013001	Saket Suman	B.B.A 1 <sup>st</sup>	<i>Saket</i>
	202304005	Deeksha Kumar	B.Tech 1 <sup>st</sup> CSE	<i>Deeksha</i>
	2023013036	Himanshu Kumar	B.B.A	<i>Himanshu</i>
	202104888	Tunnu Rai	B.Tech 3 <sup>rd</sup>	<i>Tunnu Rai</i>
	202204029	Sukshi Srivastava	MCA 2 <sup>nd</sup>	<i>Sukshi</i>
	202304089	Milam Kumar	BCA	<i>Milam</i>
	202304086	Shekshi Priya	BBA 1 <sup>st</sup>	<i>Shekshi</i>
	202304033	Abhishek Kr.	B.Tech I <sup>st</sup> yr	<i>Abhishek Kr.</i>
	2023013037	Vishal Kumar	BBA	<i>Vishal</i>
	202302001	Shashikant Kumar	B.Tech(EEE) 1 <sup>st</sup>	<i>Shashikant</i>

Signature of Head .....

*D. Chaudhary*

*Sufi*  
Tula's Institute, Director  
Dehradun

## Event Attendance

Event Name:

*Plaffton*

Date:

13/12/22

S. No	College ID	Name	Branch and Year	Signature
1	202203016	Darshak Kumar	B.Tech 1 <sup>nd</sup>	<i>D</i>
2	202102019	Astik Vardan	B.Tech 1 <sup>st</sup>	<u>Astik</u>
3	202303001	Ayush Raj	B.Tech 1 <sup>st</sup>	<u>Ayush</u>
4	202303012	Asutosh Kumar	B.Tech 1 <sup>st</sup>	<u>Asutosh</u>
5	202202019	Ayush Raj	B.BA 1 <sup>nd</sup>	<u>Ayush</u>
6	202102016	Rahul Kumar	B.Com 1 <sup>st</sup>	<u>Rahul</u>
7.	202303001	Sumit Kumar	B.Tech 1 <sup>st</sup>	<u>Sumit</u>
8.	202303009	Ayush Raj	B.Tech 1 <sup>st</sup>	<i>A</i>
9:	202204029	SHAHIL RAJ	BCA / II <sup>nd</sup>	<del><i>Shahil</i></del>
10	202303003	Sameer	B.Tech 1 <sup>st</sup>	<i>S.</i>
11.	202204021	Ikush Shah	BCA / II <sup>nd</sup>	<i>Ikush</i>
12.	202303010	Saksham Tiwari	B.Tech 1 <sup>st</sup>	<u>Saksham Tiwari</u>
13.	202304016	Satyam	B.Tech 1 <sup>st</sup>	<u>Satyam</u>
14.	2023012018	Vishal Khanduri	BBA 1 <sup>st</sup>	<i>Vishal</i>
15.	2023013013	Rahul Jaiswal	BBA	<i>Rahul</i>
16.	2023013038	Rushan Kumar	B.B.A	<i>Rushan</i>
17.	2023030010	Hari Ghosh	B.Tech 1 <sup>st</sup>	<i>H.</i>
18.	202303011	Sumit Singh	BBA 1 <sup>st</sup>	<i>Sumit</i>
19.	202205026	Saurabh Sammu	BCA / II <sup>nd</sup>	<u>Saurabh</u>
20	202303016	Anshu Ray	B.Tech 1 <sup>st</sup>	<u>Anshu</u>

Signature of Head

*Shahil*

*Jay*  
Director  
Tula's Institute, Dehradun

## Event Attendance

Event Name: *Plaython*Date: *13/12/22*

S. No	College ID	Name	Branch and Year	Signature
	2023013197	Mazhar Iman	BBA/1st	<i>Mazhar</i>
	202304013	Badek Devaru	Btech/1st	<i>Badek</i>
	202304006	Raj Kr.	BBA 1st	<i>Raj</i>
	202304022	Shivam Singh	BCA 2nd	<i>Shivam</i>
	2023016015	Pawan Kumar	BBA 1st	<i>Pawan</i>
	202304103	Vikash Kumar	B.Tech (CSE) 1st	<i>Vikash</i>
	2023012100	Rohit Kumar	BCA	<i>Rohit</i>
	202304016	Satyam	Btech 1st	<i>Satyam</i>
	2023013185	Rahul Yadav	BBA/1st	<i>Rahul</i>
	202304007	Ashish Jha	B.Tech/1st	<i>Ashish Jha</i>
	202305051	Abhinav K.Y	BCA 1st	<i>Abhinav</i>
	2022016088	Kanvan Nayak	B.Sc/2nd	<i>Kanvan</i>
	202302001	Shaswikaant Kumar	B.Tech (EEE) 1st	<i>Shaswikaant</i>
	202304007	Shubel Raj	B.Tech (CSE)	<i>Shubel</i>
	202304102	Aryan Singh	B.Tech (CSE)	<i>Aryan</i>
	2023013036	Himanshu Kumar	BBA	<i>Himanshu</i>
	2023087004	Prince Kr	BCA 1st	<i>Prince</i>
	2021012165	Sai Singh	BCA/2nd	<i>Sai</i>
	2021052075	Nandita Kumar	BSC Ag/3rd	<i>Nandita</i>
	Ki 202302103	Kishan Dhoni	B.Tech	<i>Kishan</i>

Signature of Head .....

*Gahlot*Director  
Tula's Institute, Dehradun

Ref:TI/EC/1122/05

Date:25-11-2022

### NOTICE

We are pleased to announce that Tula's Institute is organizing a Blood Donation Drive in collaboration with the IMA blood bank. This noble event aims to contribute to saving lives by encouraging blood donation.

Date: 26th November 2022

Venue: Seminar Hall, Tula's Institute

Time: 10:00 AM

We invite all students and faculty members to participate in this life-saving initiative. Your contribution can make a significant difference to those in need.

Let us come together and make this event a success!

Head

Extension Committee

*[Signature]*  
25-11-2022

Director  
Tula's Institute, Dehradun

#### Vision

- To emerge as an academic centre producing world class professionals promoting innovation and research.

#### Mission:

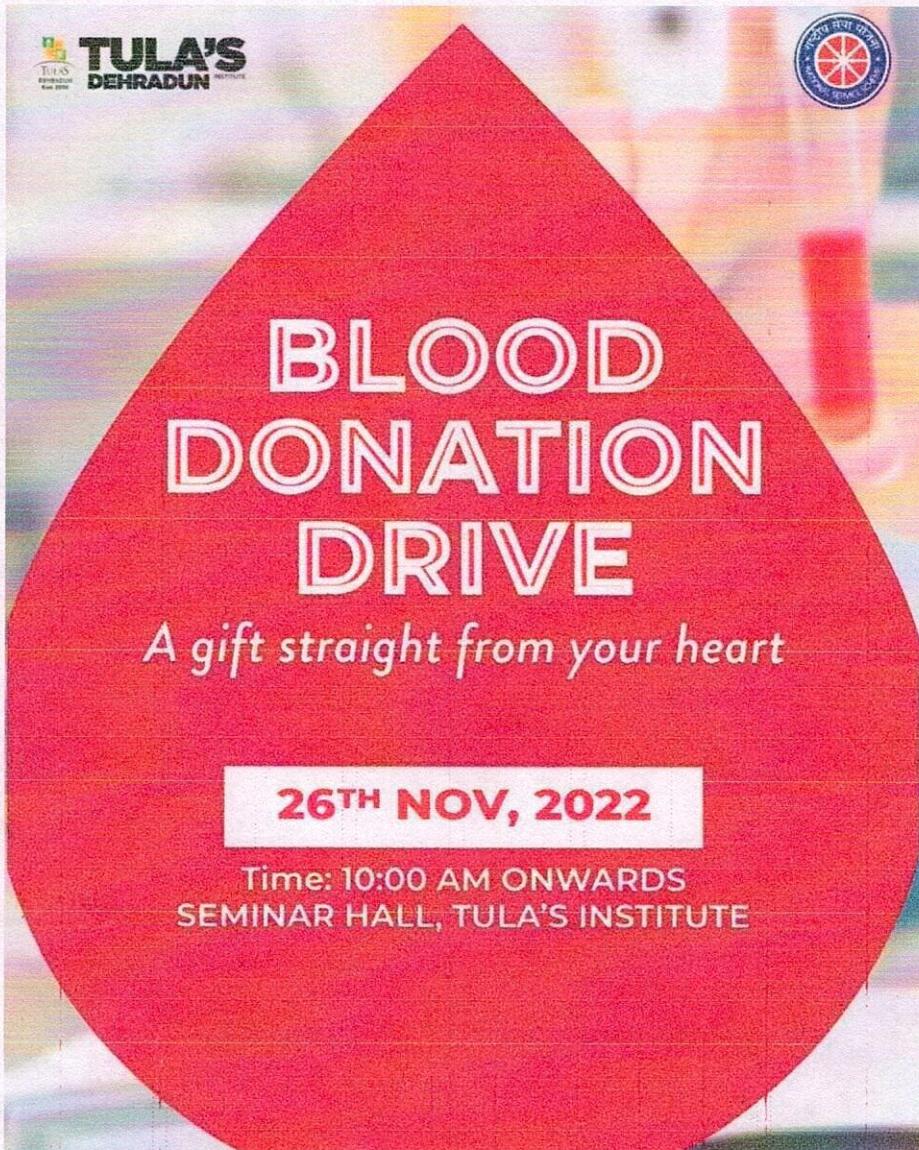
- To Promote intellectual and skilled human capital generation employment and entrepreneurship.
- To Be educational centre of excellence of multi ethnicity and diversity.
- To Establish as technology driven teaching learning institution.
- To Provide world class platform for research and innovation.
- To Inculcate social, environmental, heritage values.



TULA'S INSTITUTE, DEHRADUN

Date: 26<sup>th</sup> November 2022

## BLOOD DONATION CAMP AT TULA'S INSTITUTE



Blood Donation Camp at Tula's Institute on 22nd December 2022

Importance of Blood Donation

A handwritten signature in blue ink, appearing to read "Director Tula's Institute, Dehradun".

## TULA'S INSTITUTE, DEHRADUN

Each day, thousands of people need donated blood and blood products to keep them in good health or allow them to stay alive.

If a person's blood levels fall due to an accident or illness, or if their blood is not functioning properly, there will not be enough oxygen or other nutrients to maintain their vital organs. Donating whole blood can help these people.

A similar process to whole blood donation is apheresis. This provides other blood components, such as platelets. A donation of platelets can help people who have issues related to clotting. It may also provide antibodies to help fight disease, such as COVID-19.

Giving blood can be a lifesaving action, but it may also have benefits for the donor. In this article, learn about the effects of giving blood.

### Objectives of Blood Donation Camp

1. Provide safe and quality blood and blood components collected from voluntary donors, round the clock, at an affordable cost to the general public, and free of cost to the poor. Ensure the safety and quality of blood.
2. To wipe off the scarcity of blood and ensure the availability of safe and quality blood and other blood components, round the clock and throughout the year. This will lead to the alleviation of human suffering, even in the far-flung remote areas in the country

### Summary (Press Release)

Tula's Institute, Dehradun, organized a blood donation camp on November 26 2022 in collaboration with NCC and NSS, with joint efforts of IMA Blood Bank, Uttrakhand. The students, faculty, and staff of the college volunteered for this noble cause and about 200 units of blood were collected.

This event was inaugurated by Dr. Raghav Garg, VP of Technology, Dr. Nishant Saxena, Dean of Academics, Dr. Pawan Kumar Chaubey, Registrar, and Dr. Ranit Kishore Dean of Agriculture and Management.

More than 100 students volunteered in donating blood.

The donors were given certificates, refreshments, and gifts after blood donation.

Overall, the drive turned out to be a success wherein all the faculties and students donated

blood with full enthusiasm and courage.

### Outcome:

1. **Community Engagement:** Blood donation camps often engage the broader community, including students, faculty, staff, and local residents. By participating



Director  
Tula's Institute, Dehradun

## TULA'S INSTITUTE, DEHRADUN

in the camp, individuals demonstrate solidarity and compassion for those in need, fostering a sense of community and social responsibility.

**2. Health Awareness:** Blood donation camps also serve as an opportunity to raise awareness about the importance of regular blood donations and the impact they can have on saving lives. Educational materials and discussions at the camp can help dispel myths and misconceptions about blood donation and encourage more people to become regular donors.

**3. Promotion of Volunteerism:** Organizing and staffing a blood donation camp requires volunteers to assist with various tasks, such as registration, donor screening, and refreshments. Participation in these volunteer roles can promote a sense of civic duty and encourage individuals to engage in future volunteer opportunities within their community.

### Event Photographs



Inauguration of Blood Donation Camp by Vice President Technology Dr. Raghav Garg 26th November 2022

  
Director  
Tula's Institute, Dehradun

## TULA'S INSTITUTE, DEHRADUN



Lamp lighting ceremony Blood Donation Camp Organized at Tula's Institute 22nd December 2022



Blood Donation Camp Organized at Tula's Institute 26th November 2022

Srijan  
Director  
Tula's Institute, Dehradun

## TULA'S INSTITUTE, DEHRADUN



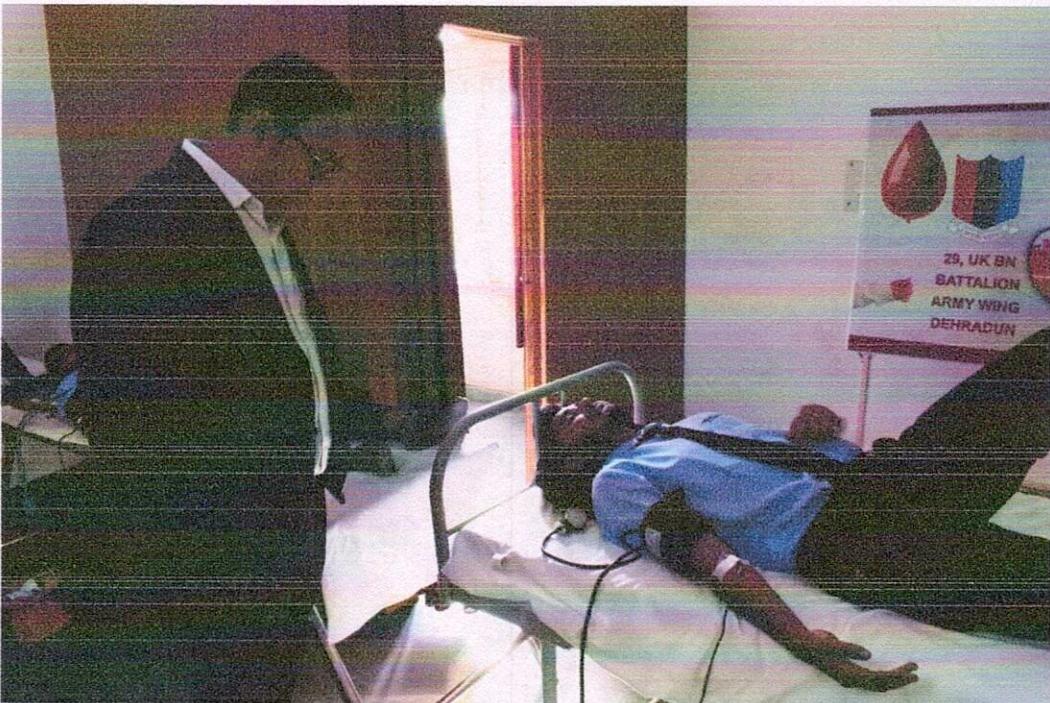
Blood Donation Camp Organized at Tula's Institute 22nd December 2022



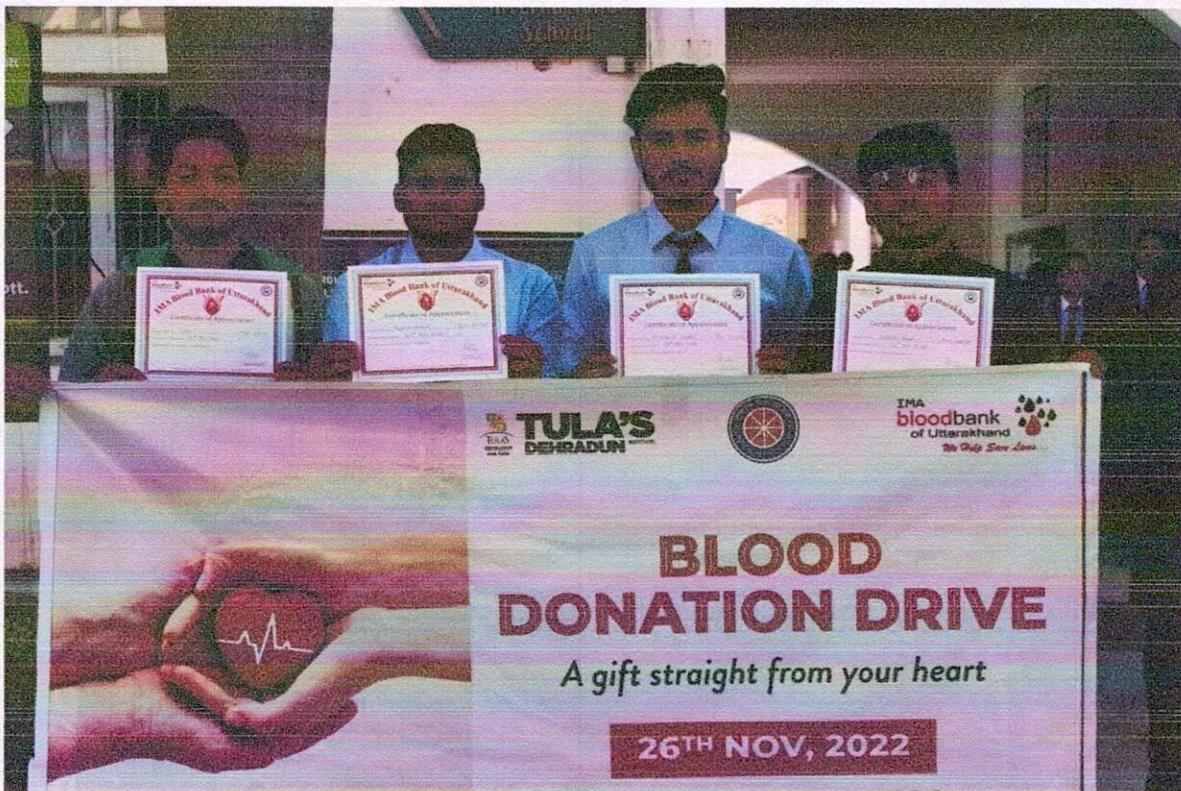
Doctor doing necessary formalities before processing for the blood donation, 26th November 2022

  
Director  
Tula's Institute, Dehradun

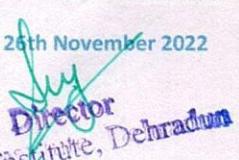
## TULA'S INSTITUTE, DEHRADUN



Dean academic Dr. Nishant Saxena visited the venue during the donation drive, 26<sup>th</sup> November 2022



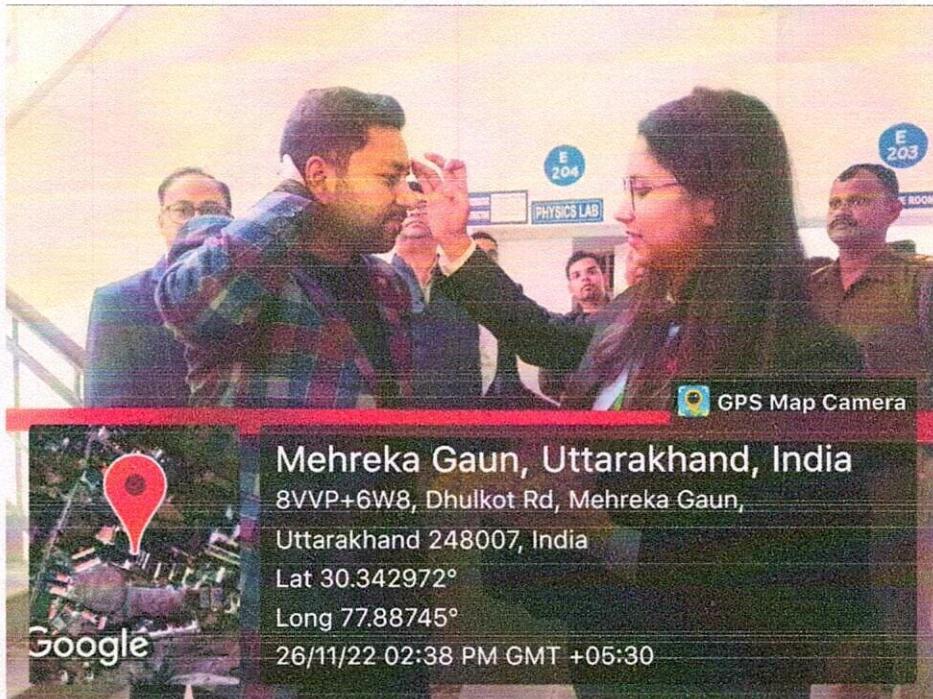
Students got certification for contribution in Blood Donation Camp Organized at Tula's Institute 26th November 2022

  
Director  
Tula's Institute, Dehradun

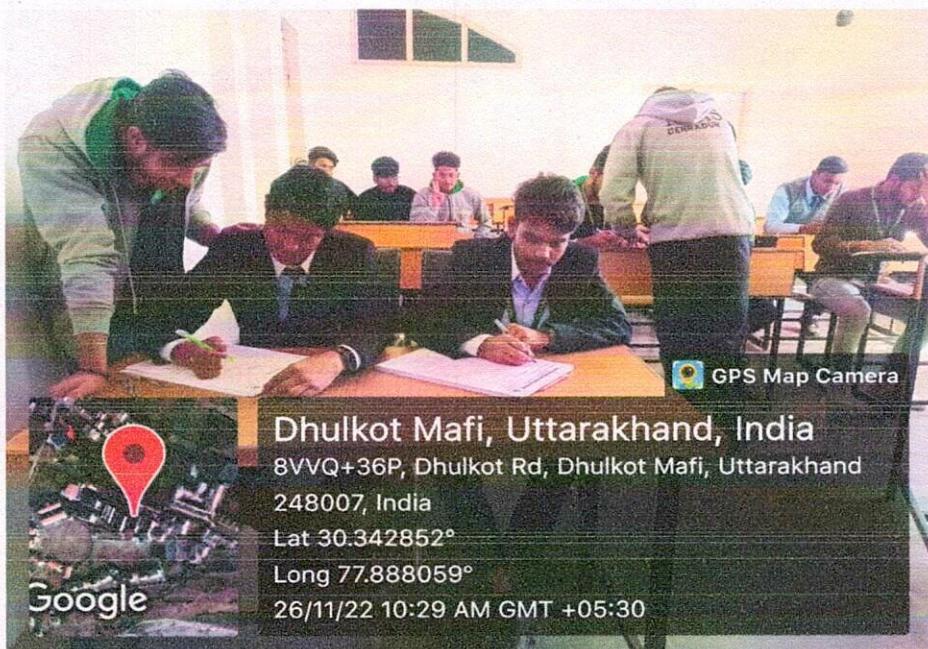


## TULA'S INSTITUTE, DEHRADUN

### GeoTag Photographs of the event



Inauguration of Blood Donation Camp Organized at Tula's Institute 26th November 2022



Registration for Blood Donation Camp Organized at Tula's Institute 26th November 2022

Director  
Tula's Institute, Dehradun



## TULA'S INSTITUTE, DEHRADUN



Dhulkot Mafi, Uttarakhand, India  
8VVQ+36P, Dhulkot Rd, Dhulkot Mafi, Uttarakhand  
248007, India  
Lat 30.342856°  
Long 77.88797°  
26/11/22 10:44 AM GMT +05:30

Registration for Blood Donation Camp Organized at Tula's Institute 26th November 2022

  
Director  
Tula's Institute, Dehradun

## Event Attendance

Event Name: Blood donation Camp

Date: 26/11/22

S. No	College ID	Name	Branch and Year	Signature
2023013047	Himanshu Singh	MCA 1 <sup>st</sup>		
202304134	Muskan Poddar	MBA 1 <sup>st</sup>		
202204006	Aditya Pandey	MCA 2 <sup>nd</sup>		
202303009	Ayush Kumar	B.Tech 1 <sup>st</sup>		
2023019081	Sadique Sheikh	BBA 1 <sup>st</sup> Ind		
2023061091	Piyal Singh	B.Tech 1 <sup>st</sup>		
2021701901	Munna Raj	BBA 1 <sup>st</sup> Ind		
2023016059	Priya Kumari	BBA 1 <sup>st</sup>		
2021013197	Kushi Mukerji	BBA 3 <sup>rd</sup>		
2023016179	Muskan Singh	BBA 3 <sup>rd</sup> Ind		
2021016519	Aastish Ray	B.Tech 3 <sup>rd</sup>		
20210652	Kriti Singh	BCA 3 <sup>rd</sup>		
2021015061	Priti Singh	BCA 2 <sup>nd</sup>		
2023013044	Anjali Kumar	BBA 1 <sup>st</sup> Ind		
2023019061	Ankit Tiwari	BBA 1 <sup>st</sup>		
2023013059	Diksha Kumari	BBA 1 <sup>st</sup> Ind		
2023013197	Meenakshi Iman	BBA 1 <sup>st</sup>		
2022017044	Shudhanshu Shrivastava	BCA 2 <sup>nd</sup>		
Priya Metta	202304038	B.Tech 2 <sup>nd</sup>		
2023013013	KR. Saransh	BBA 1 <sup>st</sup>		

Signature of Head .....

Tula's Director  
Institute, Dehradun

## Event Attendance

Event Name: Blood donation Camp

Date: 26/11/22

S. No	College ID	Name	Branch and Year	Signature
1.	2022013019	Rishabh Singh	B.Tech 1st	Rishabh
2.	2023013069	Nikhil Raj	BBA 1Ind	Nikhil
3.	202101E019	Vansh Saxena	BCA II rd	Vansh
4.	2023021045	Ammol Pathak	B.Tech(DS) I <sup>st</sup>	Ammol
5.	2023012145	Surabhi Singh	Agri	Surabhi
6.	20230417146	Sumeet Kumar	Agri	Sumeet
7.	2023012145	Raja Kumar	BCA (1 <sup>st</sup> )	Raja
8.	202304179	Aslam Kumar	BCA 2 <sup>nd</sup>	Aslam Kr
9.	202305178	Kunal Raj	BBA 1 <sup>st</sup>	Kunal
10.	2023016017	Raj Verma	B.Tech 1ST	Raj Verma
	2023016028	Sahil Kumar	BTech (1 <sup>st</sup> )	Sahil
	2022012038	Prince Raj	BBA (1 <sup>st</sup> )	Prince
	202203045	Raj Kumar	BCA 1 <sup>st</sup>	Raj
	2023013013	Kumay Saransh	BBA 1 <sup>st</sup>	Kumay Saransh
15.	202304186 Anmol	Anmol Raj	BBA 2 <sup>nd</sup>	Anmol Kr
	202205143	Aditya Raj	BBA 2 <sup>nd</sup>	Aditya Kr
	202305123	Amit Raj	BCA 1 <sup>st</sup>	Amit Kr
	2023019018	Vishal Verma	BCA 1 <sup>nd</sup>	Vishal Verma
	2023021019	Archit Rajan	B.Tech (DS) I <sup>st</sup>	Archit
	202302130	Adarsh Raj	BBA 2 <sup>nd</sup>	Adarsh

Signature of Head .....

  
Tula's Institute, Dehradun  
Director

## Event Attendance

Event Name:

Blood Donation Camp

Date: 26/11/22

S. No	College ID	Name	Branch and Year	Signature
1	2021016053	Muskan Kumari	2nd / BCA	<u>Muskan</u>
2	2023013138	Ritika	1st / BBA	<u>Ritika</u>
3	2023013129	Sakshi Singh	1st / BBA	<u>Sakshi</u>
4	202203010	Aditya Raj	B.Tech / 1st	<u>Aditya</u>
5	202202018	Anmol Rai	BBA / 2nd	<u>Anmol.</u>
6	202302016	Sahil Kumar	BJMC / 2nd	<u>Sahil</u>
7	2023018018	Sweta Thakur	Btech 1st	<u>Sweta</u>
8	202218017	Anukhi Waria	Btech 2nd	<u>Anukhi</u>
9	202016003	Rahul Singh	1st / BBA	<u>Rahul</u>
10	202301402	Riya	1st / BCA	<u>Riya</u>
11	202301031	Aditi Sharma	2nd BBA	<u>Aditi</u>
12	2023110130	Nisha Thakur	1st B.com	<u>Nisha</u>
13	2023013013	Nastik Kumar	1st BJMC	<u>Nastik</u>
14	202301604	Shreyan Singh	1st / Btech	<u>Shreyan Singh</u>
15	202304132	Saksham Singh	1st / Btech	<u>Saksham</u>
16	202206055	Nandni Kumari	3rd / BSc	<u>Nandni</u>
17	202301061	Rupam Shah	2nd BCA	<u>Rupam</u>
18	202304029	SHAHIL RAJ	3rd B.Tech Year	<u>Shahil</u>
19	202304036	Muskan Mehta	II <sup>nd</sup> year	<u>Muskan</u>
20	202200404	Shreya Devi	II <sup>nd</sup> BBA	<u>Shreya Devi</u>

Signature of Head .....

Director  
 Tula's Institute, Dehradun

## Event Attendance

Event Name: Blood donation Camp

Date: 26/11/22

S. No	College ID	Name	Branch and Year	Signature
1	2022018012	Mukesh Tiwari	BBA / 2nd	Mukesh
2	2023016044	Rishav Gupta	BSc Agri / 1st	Rishav
3	2023017001	Sonam Singh	B.Tech / 1st	Sonam
4	2021016042	Rakesh Verma	BCA / 2nd	Rakesh
5	202306812	Dunit Kumar Tiwari	B.Tech / 1st	Dunit Kumar
6	2023016011	Sagar Verma	BJMC / 2nd	Sagar
7	202308124	Vijay Patel	B.Tech / 1st	Vijay
8	202306198	Sonam Kumar	BCA / 1st	Sonam
9	202301393	Mashel Kumar	B.Tee / 3rd	Mashel
10	2023016004	Sonal Priy়া	B.CA / 1st	Sonal
11	202306184	Surbhi Patel	MEAT / 1st	Surbhi
12	2023017011	Vijay Shrestha	B.Com / 2nd	Vijay
13	2023016013	Akshay Arya	B.Com / 3rd	Akshay
14	202304068	Karan Sareen	B.Tee / 1st	Karan
15	2023016045	Anmol Sharma	BBA / 1st	Anmol
16	2023017023	Bhavya Kumari	BBA / 2nd Yr	Bhavya
17	2023017022	Lakshmi Priya	BJMC / 2nd	Lakshmi
18	202016057	Surbhi Jyoti	B.Sc Agri / 4th	Surbhi
19	2023016048	Priyanshu Rajput	B.Sc Agri / 1st	Priyanshu
20	2023016053	Sahil Raj	BSC / 2nd	Sahil

Signature of Head.....

Director  
Tula's Institute, Dehradun

## Event Attendance

Event Name: Blood donation Camp

Date: 26/11/22

S. No	College ID	Name	Branch and Year	Signature
1.	2023013019	Khushi Raj	Agile 1st	<u>Khushi</u>
2.	2023019016	Ayush Kumar	BCA 1st	<u>Ayush</u>
3.	2023013066	Shreya Fatima	B.com 1st	<u>Shreya</u>
4.	2023016079	Aryan Singh	BBA 1st	<u>Aryan</u>
5.	2023016019	Abhay K.	B.Tech 1st	<u>Abhay</u>
6.	2023016078	Suman Kumar	BBA 1st	<u>Suman</u>
7.	2023013016	SHWET RAJ	B.TECH 1st	<u>SHWET</u>
8.	2023013081	Devashish	BBA 1st	<u>Devashish</u>
9.	202204147	Ankrifi kumar	B.Tech 2nd	<u>Ankrifi</u>
10.	2023018027	Arman Kumar	B.Tech 1st	<u>Arman</u>
11.	2023013096	Harshita	BBA 1st	<u>Harshita</u>
12.	202209108	Himanshu Kumar	B.Tech(CSE) 2nd	<u>Himanshu</u>
13.	2023013122	Chanchal	BBA 1st	<u>Chanchal</u>
14.	202204032	Vishesh	B.Tech 2nd	<u>Vishesh</u>
15.	2023013086	Muskan	BBA 1st	<u>Muskan</u>
16.	202205018	Annu Priya	B.Tech 2nd	<u>Annu</u>
17.	2023013111	Shristti	BBA 1st	<u>Shristti</u>
18.	2023019001	Pallavi Jha	B.Tech 1st	<u>Pallavi</u>
19.	2023013129	Sarshi	BBA 1st	<u>Sarshi</u>
20.	2023018011	Aayushmaan k.	B.com 1st	<u>Aayushmaan</u>

Signature of Head .....

  
Director  
Tula's Institute, Dehradun

Ref: TI/EC.1022/01

Date: 27-10-2022

## NOTICE

The NSS unit of Tula's Institute is organizing a clothes donation drive at ISBT Dehradun on 20<sup>th</sup> October 2022, from 02:00 PM. This drive aims to collect clothes for the less fortunate and those in need.

We invite all the students to participate in this noble cause by donating clothes in good condition, your contribution can make a big difference in someone's life.

### Contact

Pratik Ojha  
President, Student Council

### Head

Extension Committee

*Sug  
Director  
Tula's Institute, Dehradun*

### Vision

- To emerge as an academic centre producing world class professionals promoting innovation and research.

### Mission:

- To Promote intellectual and skilled human capital generating employment and entrepreneurship.
- To Be educational centre of excellence of multi ethnicity and diversity.
- To Establish as technology driven teaching learning institution.
- To Provide world class platform for research and innovation.
- To Inculcate social, environmental, heritage values.



Dhoolkot, P.O. Selaqui, Chakrata Road  
Dehradun - 248011 (U.K India)



[www.tulas.edu.in](http://www.tulas.edu.in)  
[info@tulas.edu.in](mailto:info@tulas.edu.in)



0135-2699300  
0135-2699309



# TULA'S INSTITUTE, DEHRADUN

Date: 20th October 2022

## CLOTH DONATION DRIVE

**Tula's  
DEHRADUN**

VIBGYOR

Shri Nityanand  
Swami Jan Seva Samiti

NATIONAL SERVICE SCHEME

# CLOTH DONATION DRIVE

**DATE - 20 OCT 2022**  
**VENUE - ISBT DEHRADOON**  
**EVENT COORDINATOR**  
**SAURAV SANDILYA, SHASWAT SINGH, EKTA YADAV**

*Clothes donation drive at ISBT, Dehradun*

*Srijay  
Director  
Tula's Institute, Dehradun*

### **Objectives of the event**

The objectives of this activity are to engage staff in a clothing collection drive to support a local charity and to raise awareness of the environmental impact of clothes.

### **Summary Report**

*Venue: Jhajhra, Dehradun*

Tula's Institute, Dehradun – NSS Unit in association with Sri Nityanand Swami Jan Seva Samiti took an initiative and organized a Clothes Collection Drive at Slums of Vill. Banshiwala, Dehradun. The Drive was conducted on 20th October 2022. The purpose of this activity is to provide clothes to the needy and poor people of nearby adopted villages.

Thus totally 25 volunteers actively participated in this Drive. The students were very enthusiastic about the drive as they were happy after experiencing the cheerful and happy faces of the



## TULA'S INSTITUTE, DEHRADUN

children of slums. The villagers accepted all the clothes without any grudging which were distributed by NSS Volunteers.

On the whole, the drive was very fruitful for the villagers. As a result, they appeared very much positive and supportive about the programme when they witnessed sympathy and painstaking efforts for slum people. They also thanked and appreciated all the NSS Volunteers and NGO for taking the initiative in these regards and the Concern for the villagers.

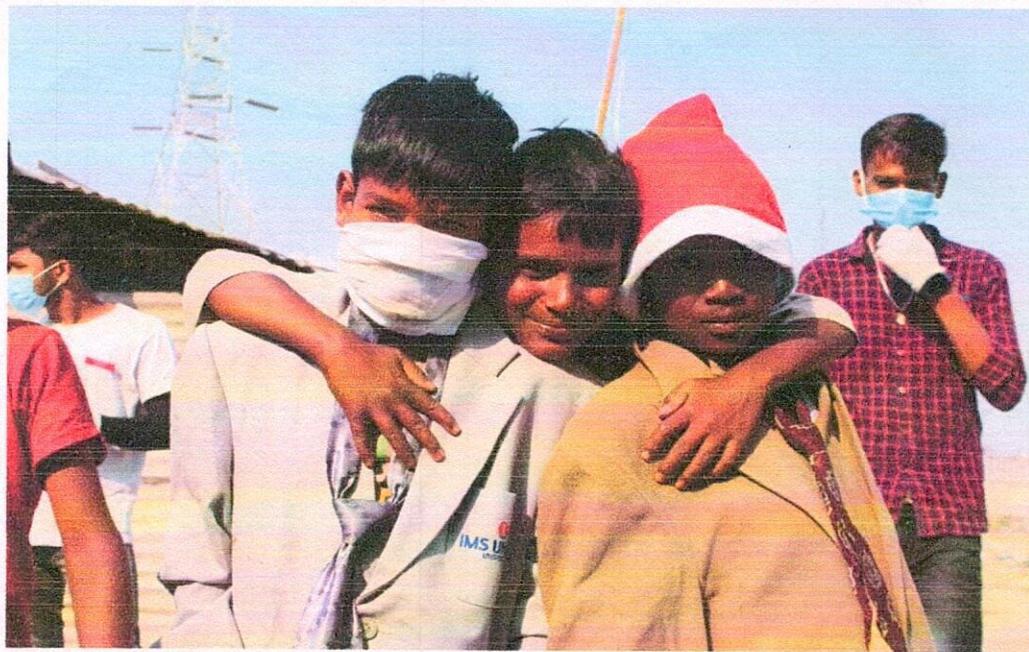
### Outcomes of the event

1. More than 100 underprivileged people were benefited from the drive.
2. By donating clothes instead of throwing them away, the drive helps reduce waste and promote a more sustainable approach to clothing consumption.
3. The donated clothes can benefit individuals and families who are struggling financially, providing them with clothing items they may not be able to afford otherwise.

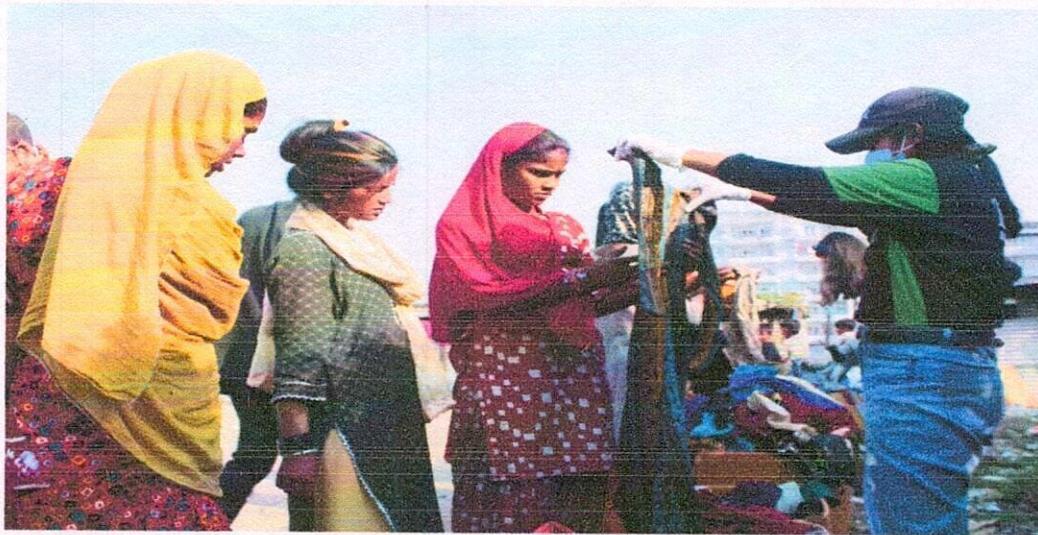
*Surya*  
Director  
Tula's Institute, Dehradun

# TULA'S INSTITUTE, DEHRADUN

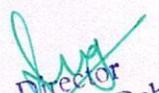
## EVENT PHOTOGRAPHS



*Clothes donation drive at ISBT, Dehradun*



*Clothes donation drive at ISBT, Dehradun*

  
Director  
Tula's Institute, Dehradun

## TULA'S INSTITUTE, DEHRADUN



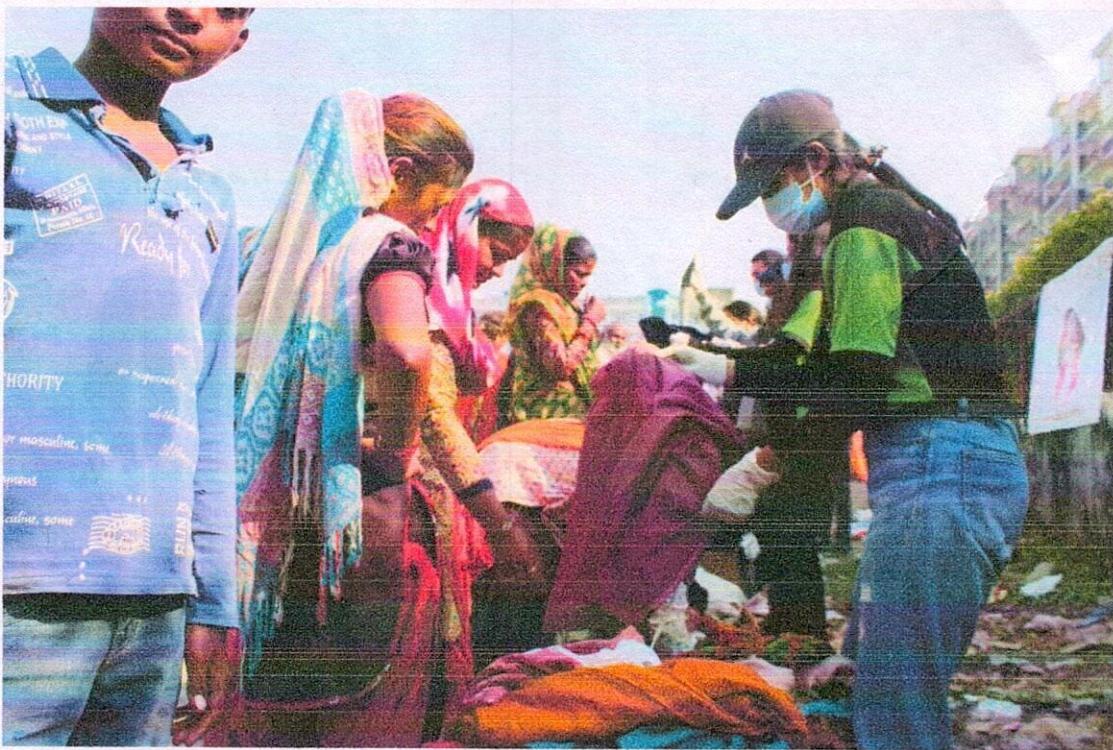
*Clothes donation drive at ISBT, Dehradun*



*Clothes donation drive at ISBT, Dehradun*

*[Signature]*  
Director  
Tula's Institute, Dehradun

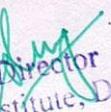
## TULA'S INSTITUTE, DEHRADUN



Clothes donation drive at ISBT, Dehradun

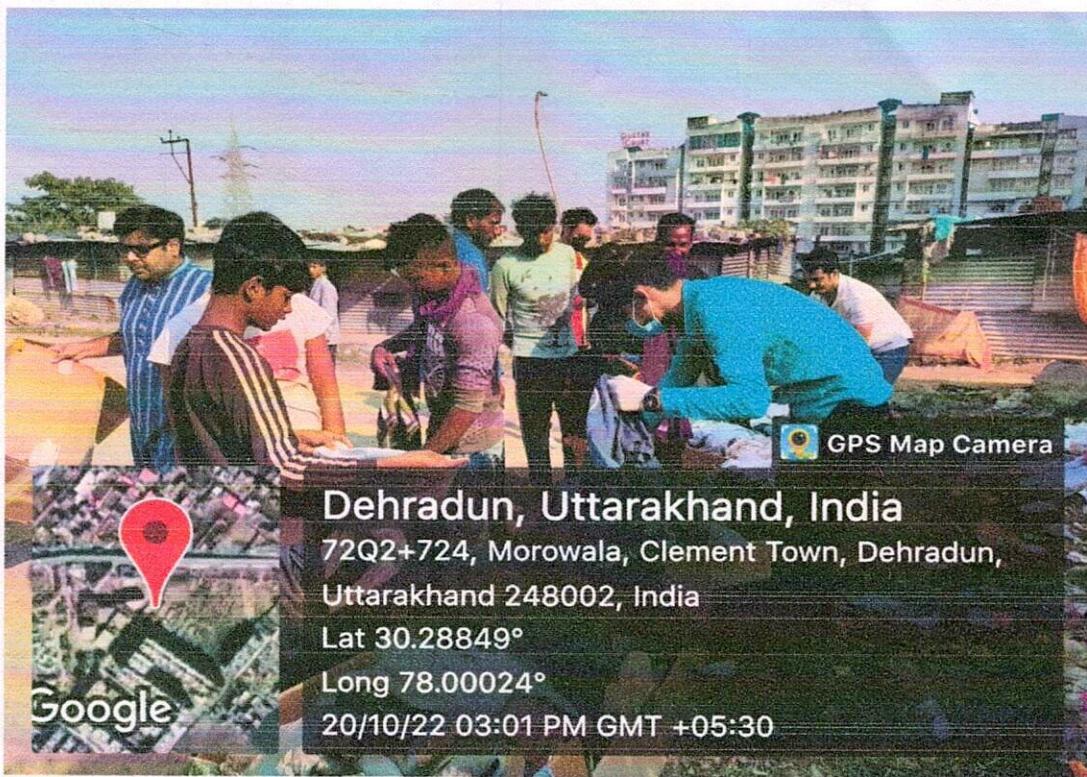


Clothes donation drive at ISBT, Dehradun

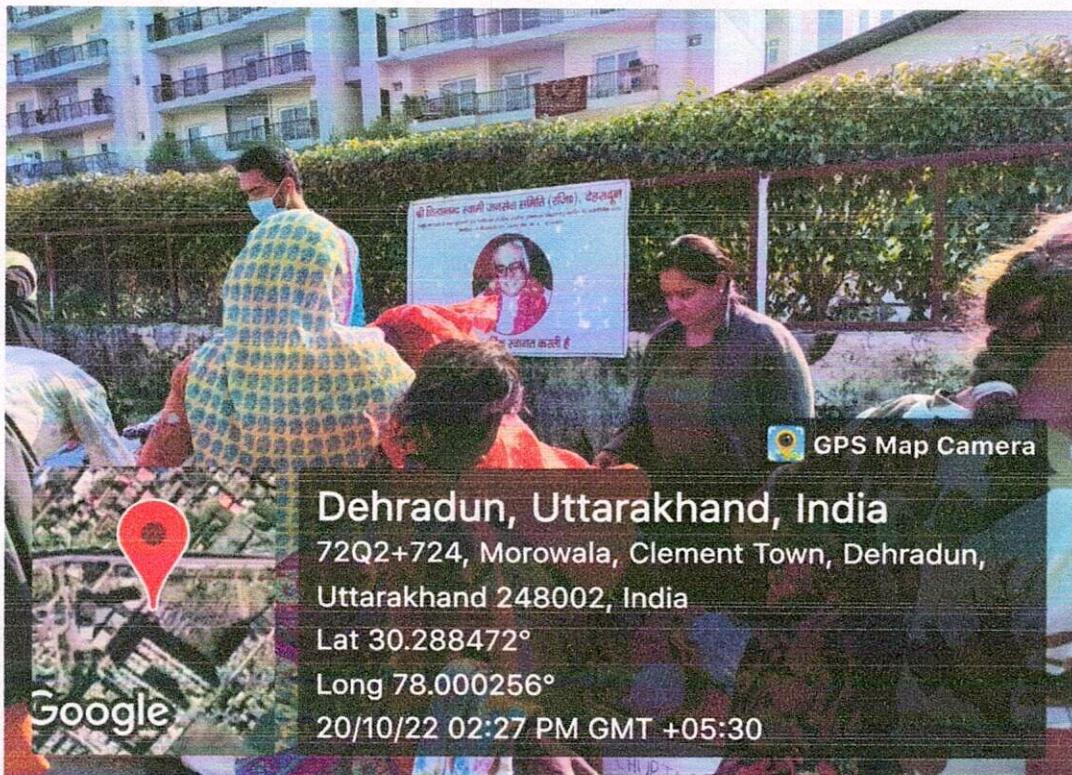
  
Director  
Tula's Institute, Dehradun

# TULA'S INSTITUTE, DEHRADUN

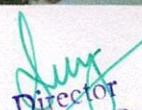
## GEO TAGGED PHOTOS



Clothes donation drive at ISBT, Dehradun



Clothes donation drive at ISBT, Dehradun

  
Director  
Tula's Institute, Dehradun

Ref:TI/EC/0822/03

Date:27-08-2022

## NOTICE

We are excited to announce a Tree Plantation Drive scheduled for August 27, 2022, at Podwala Village. This initiative aims to contribute to the conservation of our environment and enhance the greenery in our surroundings.

Date: August 27, 2022

Time: 9:00 AM

Venue: Podwala Village

Head

Extension Committee

Director  
Tula's Institute, Dehradun

### **Vision**

- To emerge as an academic centre producing world class professionals promoting innovation and research.

### **Mission:**

- To Promote intellectual and skilled human capital generation employment and entrepreneurship.
- To Be educational centre of excellence of multi ethnicity and diversity.
- To Establish as technology driven teaching learning institution.
- To Provide world class platform for research and innovation.
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 Dhoolkot, P.O. Selaqui, Chakrata Road  
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 0135-2699300  
0135-2699309



TULA'S INSTITUTE, DEHRADUN

Date: 27<sup>th</sup> August 2022

**TREE PLANTATION AT TULA'S INSTITUTE**



*[Signature]*  
Director  
Tula's Institute, Dehradun

## TULA'S INSTITUTE, DEHRADUN

### Importance of Tree Plantation

Trees play a crucial role in combating climate change by absorbing carbon dioxide and releasing oxygen during photosynthesis. They help in reducing the greenhouse effect and global warming. Trees filter the air by absorbing pollutants such as sulfur dioxide, ammonia, nitrogen oxides, and particulates. They help in improving air quality and reducing respiratory problems. Trees provide habitat and food for a variety of wildlife. They help in maintaining biodiversity and ecological balance in the ecosystem. Trees help in reducing water runoff and soil erosion by absorbing and storing water. They also help in recharging groundwater and maintaining the water cycle.

### Objectives of Tree plantation

1. tree plantation is to conserve and restore the environment. Trees help in reducing soil erosion, maintaining water levels, and providing habitat for wildlife.
2. Planting trees can help in conserving biodiversity by providing habitat for various species of plants and animals.

### Summary (Press Release)

The NSS team of Tula's institute did a plantation drive along with Shri Nityanand Swami JSS NGO at Podwala village, Dehradun 27th August 2022. It was a participation of 45 students and 10 faculty members who have done a great job. The drive started with the introduction address by Mr. Vinayak Sharma, youth wing president of the NGO, who shared the basic process of planting a tree. The students planted Mountain Ebony, and Indian blackberry saplings. There were also discussions during the drive about how we can save the forest and contribute to wildlife and the environment. The drive was a great success, and NSS will keep doing such activities to spread awareness among students and society. Emmanuel Gabriel, Sandeep Gautam along with other faculties participated in the plantation drive.

### Outcome:

1. Students learn about the importance of trees in the environment and the benefits they provide, such as oxygen production, air purification, and soil conservation.
2. By planting trees, students develop a sense of responsibility towards the environment and understand their role in environmental conservation.
3. Tree plantation activities can be integrated into the curriculum, providing students with valuable educational experiences related to biology, ecology, and environmental science.



Director  
Tula's Institute, Dehradun

## TULA'S INSTITUTE, DEHRADUN

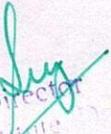
### Event Photographs



STUDENTS OF TULA'S INSTITUTE PLANTING A TREE FOR FUTURE [27-08-2022]



TULA'S INSTITUTE PLANTING TREES AND CONTRIBUTING TO THE FUTURE [27-08-2022]

  
Director  
Tula's Institute

## TULA'S INSTITUTE, DEHRADUN



THE NSS TEAM CHEERING IN GREENERY [27-08-2022]

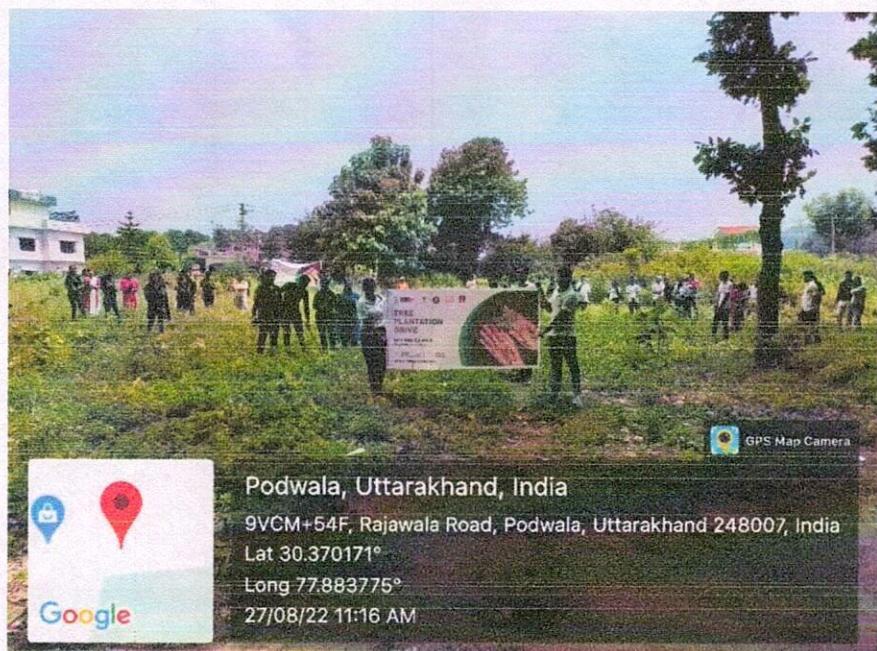
  
Director  
Tula's Institute, Dehradun

## TULA'S INSTITUTE, DEHRADUN

### GeoTag Photographs of the event



Student of Tula's institute planting greenery in Podwala UTTARAKHAND [27-08-2022]



*[Signature]*  
Director  
Tula's Institute, Dehradun

## TULA'S INSTITUTE, DEHRADUN



Tula's faculty also contributing to the NSS team [27-08-2022]



Tree plantation drive by NSS Tula's institute [27-08-2022]

*[Signature]*  
Director  
Tula's Institute, Dehradun

## Event Attendance

Event Name: Tree plantation

Date: 27/08/22

S. No	College ID	Name	Branch and Year	Signature
1	2022011005	Sanjana Kumari	Bgo <sup>th</sup> / 1 <sup>st</sup> yr.	Sanjana Kumari
2	2023016051	Aashu Raj	BBA / 2 <sup>nd</sup> year	Aashu Raj
3	2021016009	Aastha Kumar	BBA / 1 <sup>st</sup> yr.	Aastha Kumar
4	2022016053	Aashi Kumari	BBA / 1 <sup>st</sup> yr.	Aashi Kumari
5	2028016053	Aditya Sharma	B.Sc Agri / 1 <sup>st</sup>	Aditya Sharma
6	2022016052	Aashish OJha	BBA / 1 <sup>st</sup>	Aashish OJha
7	2022016089	Angur Raj	MCA / 1 <sup>st</sup> year	Angur
8	2023016107	Banshika Raj	B.Tech 1 <sup>st</sup>	Banshika Raj
9	2023016059	Bantu Verma	MCA / 1 <sup>st</sup>	Bantu Verma
10	202316045	Chotu Chand	B.Tech 1 <sup>st</sup>	Chotu Chand
11	202316041	Diksha Raj	BCA / 2 <sup>nd</sup> year	Diksha Raj
12	2022016011	Deepa Kumari	BBA / 1 <sup>st</sup>	Deepa Kumari
13	2022011011	Neha Kumari	BBA / 1 <sup>st</sup>	Neha Kumari
14	2022016006	Champa Singh	B.Com / 1 <sup>st</sup>	Champa
15	2021011009	Rekha Dev	B.Com / 2 <sup>nd</sup>	Rekha
16	2021011091	Ramesh Yadav	BCA / 2 <sup>nd</sup> year	Ramesh
17	2021012019	Arjun Kumar	MBA / 2 <sup>nd</sup> year	Arjun
18	202210929	Rahul Yadav	BBA / 1 <sup>st</sup>	Rahul
19	2021016058	Mashrafi Khan	BBA / 1 <sup>st</sup>	Mashrafi
20	2021016059	Arju Kumar	BBA / 2 <sup>nd</sup> year	Arju

Signature of Head .....

  
Director  
Tula's Institute, Dehradun

Event Attendance

Event Name: Tree plantation

Date: 27/08/22

S. No	College ID	Name	Branch and Year	Signature
	2023013004	Saket Kumar	BBA 1st year	<u>Saket</u>
	2023013009	Prince Kumar	BBA 1nd year	<u>P</u>
	2023012004	Akshat Jain	MCA 1st year	<u>A</u>
	2023012052	Arun Kumar	BCA 1st year	<u>Arun</u>
	2023012015	Bittu Singh	BCA 12nd year	<u>Bittu</u>
	2023012008	Aman Singh	BBA 1st year	<u>Aman</u>
	2023012009	Vivek Kumar	MBA 12nd year	<u>Vivek</u>
	2023012001	Aditya Singh	BCA 12nd year	<u>Aditya</u>
	2023012058	Prince Singh	BSC 13rd year	<u>Prince</u>
	2023012052	Aman Dao	BBA 12nd year	<u>Aman</u>
	2023012012	Neha Kumari	MCA 1st year	<u>Neha</u>
	2022015005	Anjali Kumari	BBA 12nd year	<u>Anjali</u>
	2022015025	Richa Kumari	BCA 12nd year	<u>Richa</u>
	2022016004	Diksha Thapa	Agri 13rd year	<u>Diksha</u>
	2022013044	Ankita Kumari	BBA 12nd year	<u>Ankita</u>
	2022013052	Sheha Singh	BBA 12nd year	<u>Sheha</u>
	2023013051	Aarushi	BCA 13rd year	<u>A</u>
	2023013041	Shristi Sen	Agri 12nd year	<u>Shristi</u>
	2023012044	Muskan Chaudhary	MBA 1st year	<u>Muskan</u>
	2023013001	Monu Kumar	MBA 1st year	<u>Monu</u>

Signature of Head .....

Jum  
Director  
Tula's Institute Dehradun