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Criterion No: 7.1.10

Criterion Details: The Institution has a prescribed code of conduct for students, teachers, administrators and other staff and conducts periodic programmes in this regard.

S. No.	Particulars	Annexure No.
1.	Minutes of Meeting (MOM)	Annexure - I
2.	Circular	Annexure - II
3.	Institution organizes professional ethics Programmes for students, teachers, administrators and other staff <ul style="list-style-type: none"> • Public Awareness on Road Safety • Awareness Workshop on Bodh-Drug Abuse Eradication 	Annexure - III
4.	Annual awareness Programmes on Code of Conduct are organized <ul style="list-style-type: none"> • Induction Program 	Annexure - IV



Director
Tula's Institute, Dehradun

Vision

- To emerge as an academic centre producing world class professionals promoting innovation and research.

Mission:

- To promote intellectual and skilled human capital generation employment and entrepreneurship.
- To be educational centre of excellence of multi ethnicity and diversity.
- To establish as technology driven teaching learning institution.
- To provide world class platform for research and innovation.
- To inculcate social, environmental, heritage values.

Minutes of Meeting (MOM)



Director
Tula's Institute, Dehradun



Minutes of Meetings

Date/Time	23 rd Aug, 2021 / 02:30 PM	
Venue:	Director Office	
Minutes taken by:	Mr. Sachin Kumar	
Chairperson	Dr. Sandip Vijay	
Attendee:	Dept. & Desig.	Signature:
Dr. Sandip Vijay	Chairperson	
Dr. Pawan Kumar Chaubey	Member (Secretary)	
Dr. Nishant Saxena	Member	
Dr. Ranit Kishor	Member	
Mr. Sachin Kumar	Member	
Mr. Lokesh Kumar	Member	
Mr. Ankit Jain	Member	
Absent:	Reason	
None		
Agenda Regarding:		
Discussion on code of conduct		
Discussions / Suggestions / Action taken		Actions
No.	Actionee	
1.	All Members	-
2.	All Members	18 th Aug, 2021
3.	All Members	18 th Aug, 2021

Director
Tula's Institute, Dehradun

Minutes of Meetings

4. A monitoring committee will be there to monitor the follow-up of the code of conducts. This committee comprise of following members: -

Monitoring Committee

- Dr. Tarun Kumar
- Mr. Sunny Saini
- Mr. Raj Singh
- Mr. Sandeep Kumar

This committee will be reporting their observation time to time the chairman of code of conduct committee.

The meeting ended with vote of thanks.

All Members

18th Aug, 2021

Next Review: 25th Aug 2022

Direc
Tula's Inst


Director
Tula's Institute, Dehradun

Annexure – II

Circular



Director
Tula's Institute, Dehradun

Ref. No./Tulas/Director/0821/04

Date: 23rd Aug, 2021

CIRCULAR

Tula's Institute Dehradun is pleased to reconstitute a committee to observe the different code of conduct of institute according to their cadre. The following members will be in the committee.

1. Dr. Sandip Vijay (Chairperson)
2. Dr. Pavan Kumar Chaubey (Member Secretary)
3. Dr. Nishant Saxena (Member)
4. Dr. Ranit Kishor (Member)
5. Mr. Sachin Kumar (Member)
6. Mr. Lokesh Kumar (Member)
7. Mr. Ankit Jain (Member)



Director

Vision

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Professional Ethics

Programmes for students, teachers, administrators and other staff

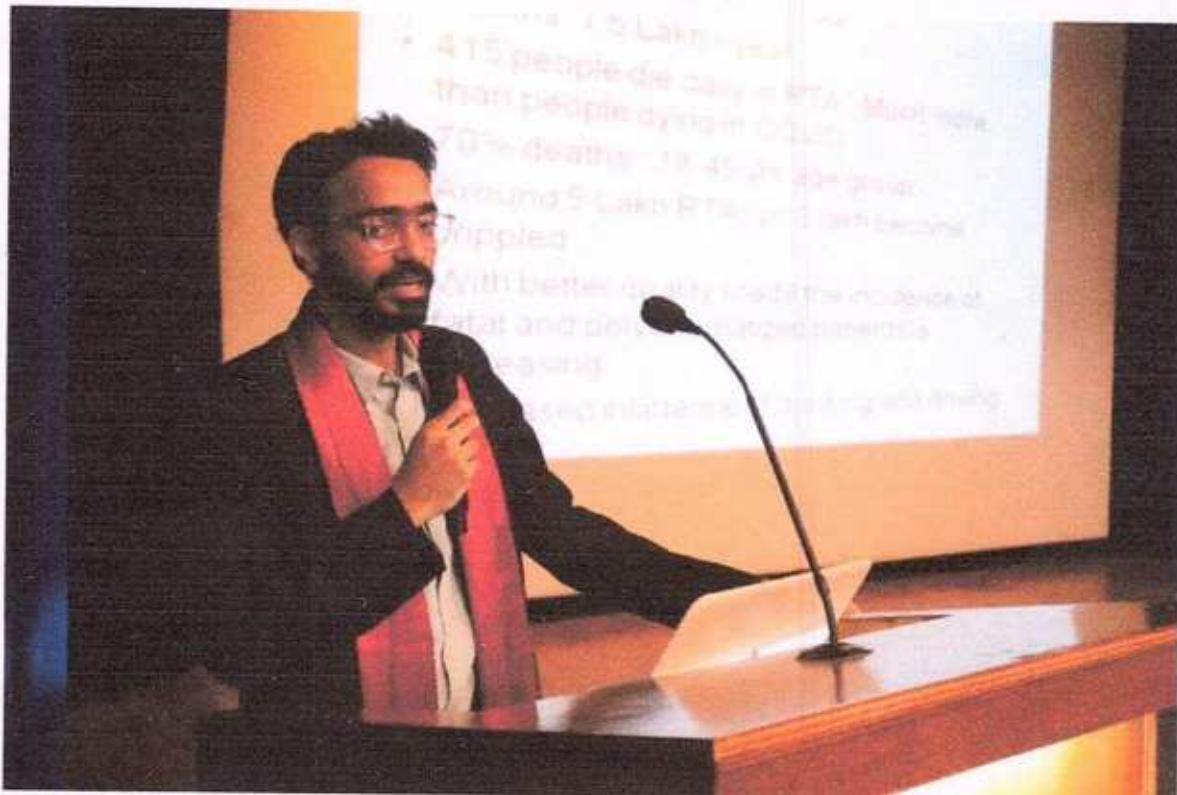


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Public Awareness on Road Safety

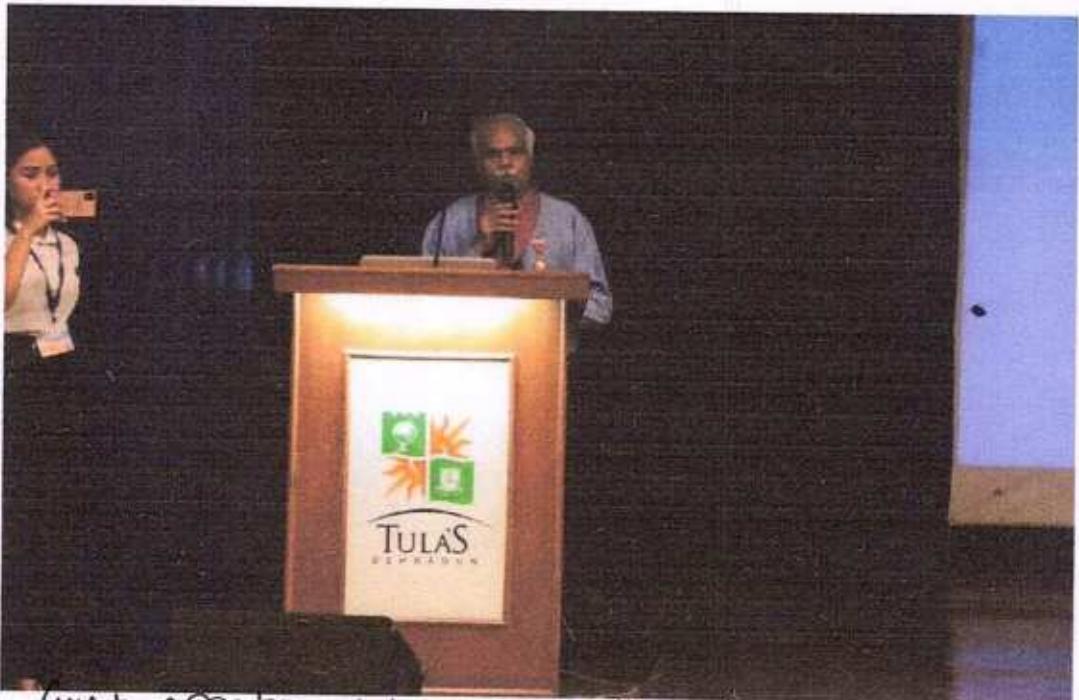
GSSU
Director
Tula's Institute, Dehradun

Name of the Event	Public Awareness Lecture Road Safety
Date of the Event	17-05-2022
Venue	Tula's Institute
Program	On May 12, a talk on a noteworthy issue was delivered at Tula's Institute. To educate the pupils about safety protocols. Perhaps the safety guidelines were explained, and the pupils were made aware of the potential harm that road accidents might cause.

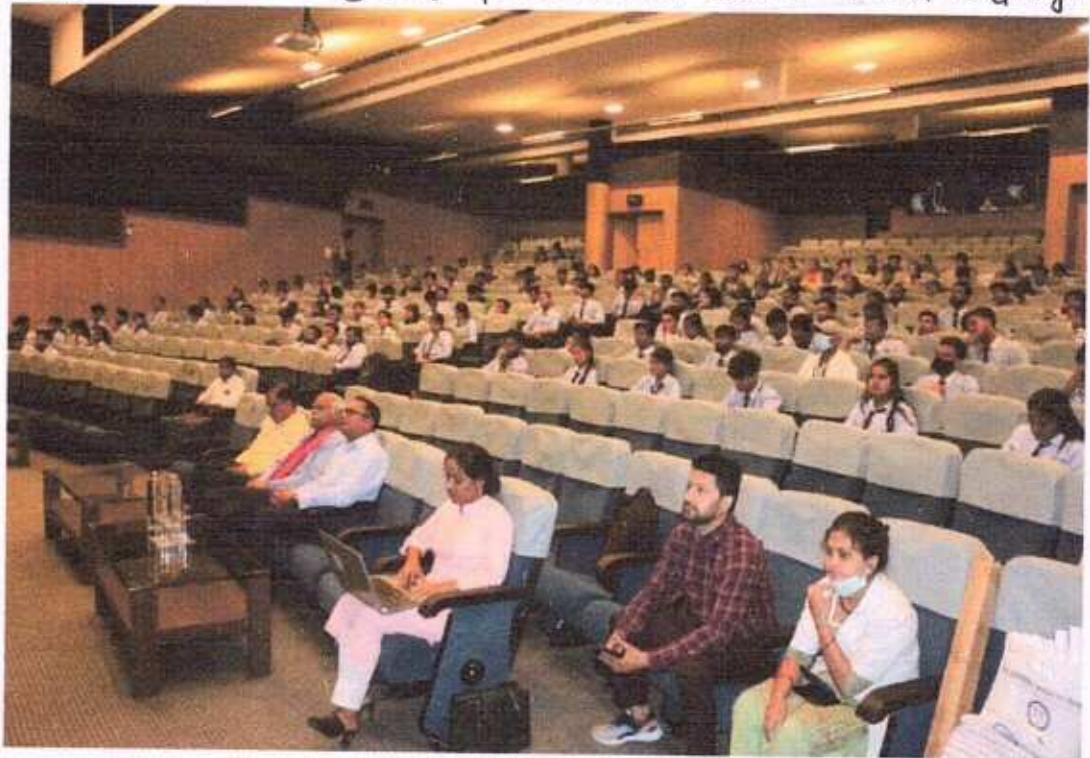


public awareness speech on road safety, 17th may 2022.


Arvind
Director
Tula's Institute, Dehradun



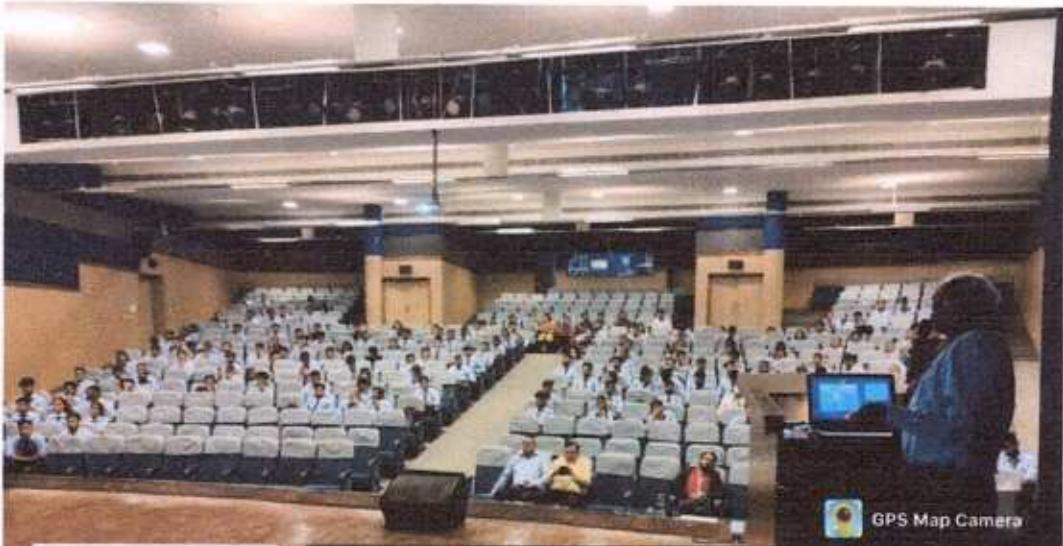
Guest speaker giving presentation about Road Safety.



All presented in the Auditorium for the same on 17th may 2022.

 Gabriel

 Director
Tula's Institute, Dehradun

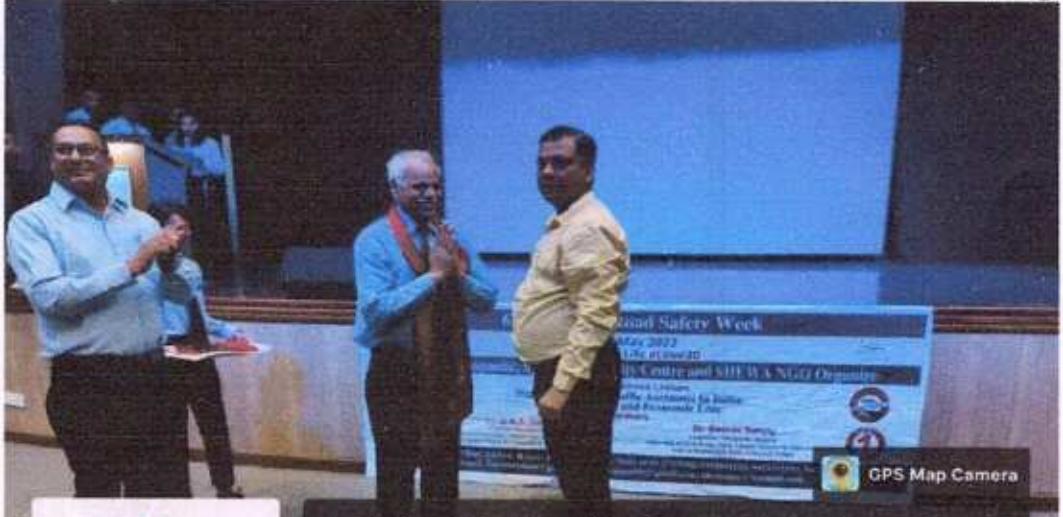


GPS Map Camera



Mehreka Gaun, Uttarakhand, India
8VVP+8QF, Dhulkot Rd, Mehreka Gaun, Uttarakhand 248007,
India
Lat 30.34345°
Long 77.88704°
17/05/22 12:20 PM

Students listening to the presentation on Road Safety.



GPS Map Camera



Mehreka Gaun, Uttarakhand, India
8VVP+8QF, Dhulkot Rd, Mehreka Gaun, Uttarakhand 248007,
India
Lat 30.343398°
Long 77.887027°
17/05/22 11:34 AM

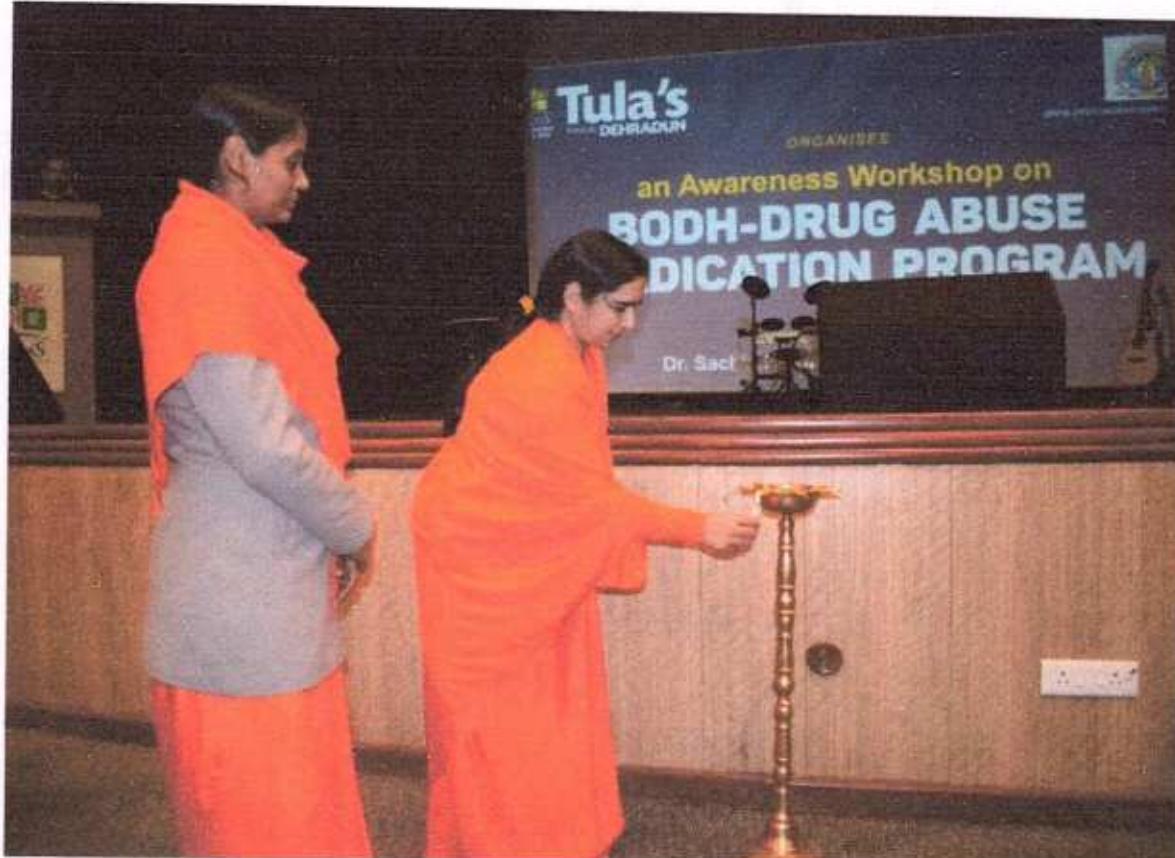
Dr. Sandip Vijay welcoming the Guest during the event

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**Awareness Workshop
on
Bodh-Drug Abuse Eradication**


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Director
Tula's Institute, Dehradun

Name of the Event	Awareness Workshop on Bodh-Drug Abuse Eradication Program
Date of the Event	06-12-2021
Venue	Tula's Institute
Program	On December 6, 2021, a presentation was given to raise awareness of drug abuse in Bodh. The event began with the lighting of the lamps and thanks from the guests for attending. The speech about the harm that drugs can do was later given, educating young people about drugs through messages. The session came to a close with heartfelt thanks to the visitor for the same.



lightened up the lamp to honor the day on 6th december 2021.


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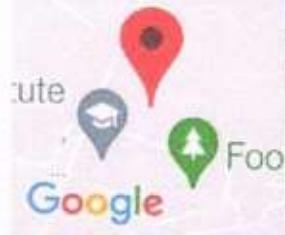
A role was played on the day of Bodh -drug abuse Eradication program, 6th december 2021.



Students delivered the messages on Bodh- drug abuse Eradication program, 6th december 2021.


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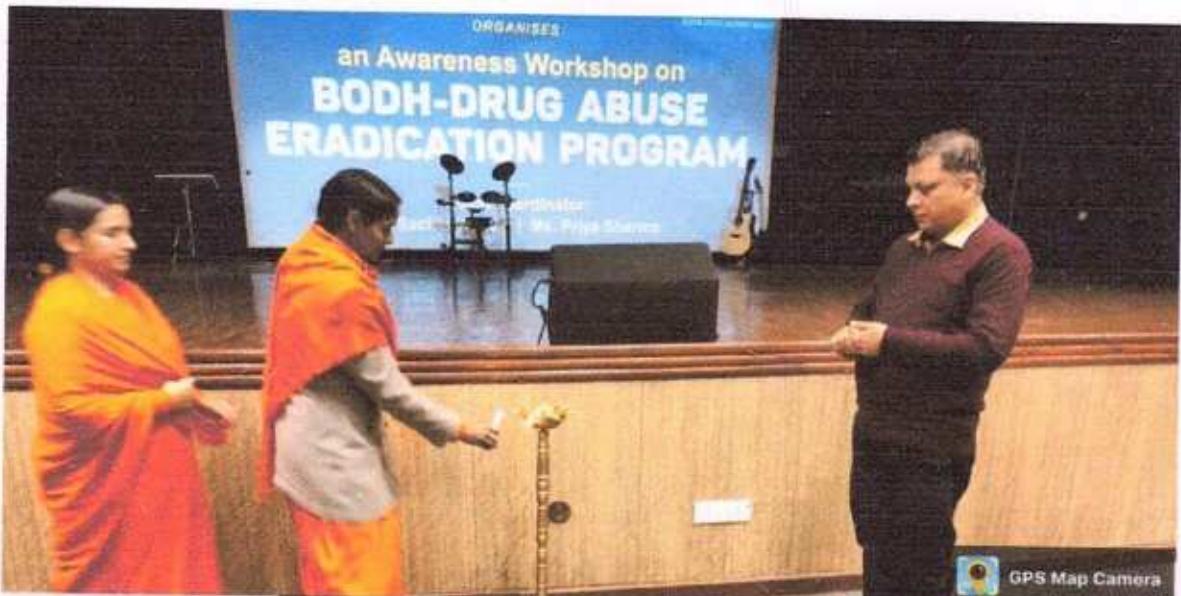


Mehreka Gaun, Uttarakhand, India
8VVP+MH5, Mehreka Gaun, Uttarakhand 248007, India
Lat 30.343513°
Long 77.887063°
06/12/21 02:25 PM

Students doing fun learning activity


Director
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GPS Map Camera



Mehreka Gaun, Uttarakhand, India

8VVP+MH5, Mehreka Gaun, Uttarakhand 248007, India

Lat 30.343416°

Long 77.887033°

06/12/21 02:13 PM

Guest lighting the lamp during the event inauguration


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Annual awareness Programmes on Code of Conduct



Director
Tula's Institute, Dehradun

INDUCTION

REPORT



TULA'S
DEHRADUN
Estd. 2006

Session: 2021-22

(From 4th October to 24th October 2021)


Director
Tula's Institute, Dehradun

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Director
Tula's Institute, Dehradun

2021



Life Skills Training Program for first year Engineering & other Graduates

We find that behavior does not always follow the mind. This is when incidents of "I know but I can't help it" occur. What we need is the ability to act responsibly. Life skills enable us to translate knowledge, attitudes and values into actual abilities. Life skills training is an efficacious tool for empowering the youth to act responsibly, take initiative and take control. It is based on the assumption that when young people are able to rise above emotional impasses arising from daily conflicts, entangled relationships and peer pressure, they are less likely to resort to anti-social or high risk behaviors.

TPCTM Global

Training for Professional Competence

"Improving employability and growth of our partner institutions and universities with precision and diligence"


Director
Tula's Institute, Dehradun

PROGRAM OVERVIEW OF 11 DAY 60 HOURS)
LIFE-SKILLS TRAINING PROGRAMME FOR FIRST
YEAR GRADUATES
@ TULA'S

Getting Started – 10 Hours (Day-1 & 2)

The day will be divided into 2 sessions of 2.5- hour each, with
1-hour break between the two sessions

**HIGHLIGHTS OF
THE DAY**

- 1 Understanding and Setting anticipations
- 2 Setting disciplinary rules
- 3 Formation of groups and sub - teams
- 4 Understanding the program
- 5 Introducing awards

"I read, I forget, I discuss, I remember, I do, I inculcate."

**350 STUDENTS CLASSIFIED INTO 6 MAIN GROUPS
(approx. 25 students)**

- ↳ Distribution of name tags
- ↳ Simple icebreaker of name tags and alternative names
- ↳ Orientation of students
- ↳ Overview of the whole program
- ↳ Introducing TPC Team
- ↳ Setting objectives
- ↳ Setting ground rules
- ↳ Introducing the fun element
- ↳ Creating a space of learning, fun and play
- ↳ Understanding experiential learning
- ↳ Introducing fun elements of the program

- ↳ Sub orientation within groups
- ↳ Classification of 5 teams (with 5 students each) with every group
- ↳ Introducing respective trainers for every team
- ↳ Delegation of team leaders and roles
- ↳ Ice breaking activities
- ↳ Introduction of WHO AM I??
- ↳ Need generation
- ↳ Introducing personal profiling of every student
- ↳ Creating dance as an anchor for stress bursting

[The day ends with Introducing agenda for Day 3 & 4]


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Getting Started – DAY 3 & 4

The day will be divided into 2 sessions of 2.5- hour each, with
1-hour break between the two sessions

HIGHLIGHTS

- 1 Activities throughout the day
- 2 Video capturing of goal setting & sharing session
- 3 Story telling
- 4 Creating anchors for personal goals
- 5 Introduction of Online Flex Board



- ↳ Concept of self-awareness
- ↳ Introducing Wheel of life
- ↳ Concept clarity

Objective: Developing self-awareness can help us to recognize when students are stressed or feel under pressure. It is often a prerequisite to effective communication and interpersonal relations, as well as for developing empathy with others.

- ↳ Self-awareness questionnaire
- ↳ Personality assessment test
- ↳ Introducing Empathy
- ↳ Concept clarity
- ↳ Goal Setting - Trainers will help students identify their career goals, short term and long term personal development goals.
- ↳ 9 major rules & questions to set goals
- ↳ Sharing, Story-telling, listening

Objective: Questionnaire and assessments will be used for personal profiling during one on one interaction. Empathy can help students to accept others, who may be very different from us. This can improve social interactions, especially, in situations of ethnic or cultural diversity.

Methodology: Story-telling, Listening activities, Role plays, Goal Setting Questionnaire & Activity

The day ends with Introducing agenda for Day 5 & 6, sharing their experience, feedback on a common platform


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Getting Started – Day 5 & 6

The day will be divided into 2 sessions of 2.5- hour each, with
1-hour break between the two sessions

HIGHLIGHTS OF THE DAY

- 1 Activities throughout
- 2 Capturing of emotional anchors
- 3 Yoga & Meditation
- 4 Evolutionary growth chart
- 5 Live examples
- 6 Flex Board
- 7 Anchoring
- 8 Changing Emotional states

- ↳ Understanding emotions
- ↳ Spirituality & Happiness
- ↳ Yoga & Meditation
 - ↳ Evolutionary growth as a personal growth tool
 - ↳ Health & Life
 - ↳ Coping with Stress
 - ↳ Recognizing the sources of stress in our lives,
 - ↳ Recognizing how this affects us
 - ↳ Acting in ways that help us control our levels of stress, by changing our environment or lifestyle and learning how to relax.
 - ↳ Recognizing emotions within us and others
 - ↳ Being aware of how emotions influence behaviors
 - ↳ Effective Communication

Objective: Stress caused to students can lead to extremely dangerous outcomes.

In today's world, where students are so volatile, stress dealing abilities make them stronger and give them the power to choose their state of being. Intense emotions like anger or sadness can have negative effects on our health if we do not respond appropriately. Understanding basics of Communication & Knowing non-verbal aspects of communication including body language.

Methodology: Live examples, Movies, Audio Visuals, Music and dance, Meditation, Triad of success, Evolutionary growth chart, Group Discussions, Anchoring

[The day ends with Introducing agenda for Day 7,8, 9 & 10 sharing their experience, feedback on flex board and dancing activities for 20 minutes!!]


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Getting Started – Day 7,8,9,10

HIGHLIGHTS OF THE DAY

- 1 Video capturing of the entire day
- 2 1 Hr feed forward & sharing session
- 3 2 Hr Movie
- 4 Flex Board
- 5 Video capturing of the give back activity to the campus
- 6 Flex Board
- 7 Responsible citizenship & social responsibility at the campus
- 8 Collage & Craft activity
- 9 Preparation of 11th day (event)

- ↳ Days will be divided into 3 sessions all in group form
- ↳ Parallel sessions - 2 HOUR MOVIE, Activity & Conceptual Sessions on:
 - ↳ Creativity
 - Generating new ideas, flexibility - shifting perspective easily, Originality - conceiving of something new, elaboration - building on other ideas
 - ↳ Critical Thinking
 - Ability to reason inductively and deductively
 - Applying general rules to specific problems
 - Combining many specific pieces of information to form broad conclusions.
- ↳ Social Responsibility
 - Attitude towards outside world
 - Societal values
 - Global citizenship
 - Sense of belongingness @ TULA
 - Creating ownership
 - Community Service
 - Responsible citizenship
 - Social etiquette
 - Accepting differences
- ↳ Decision Making
 - Healthy assessment of different options and, what effects these different decisions are likely to have.
- ↳ Activities & Leadership
 - Understanding the importance of working in team
 - Winning trust, Understand shared responsibility
 - Problems handling in team work, Motivation to work in a team
 - Leadership styles, How to be a good leader
 - Why leadership, To BE-Know-do-model of leadership
 - BE- Character, BE- Ethics
- ↳ Problem Solving
 - An eye for details, Common sense approach in a pressurized environment, Dealing with the unexpected, Driving efficiencies
- ↳ Group will be undergoing different sessions. 3 batches per activity parallel

Methodology: Movie, Brain storming, Mind mapping, time based activity and games, Kouzes/Posner study Assessment sheets, Crafting exercises, Photo Impulse, Follies

The day ends with an hour session of feed-forward, sharing their experience, feedback on flex board, Introducing agenda for Day 9 & 10, and dancing activities for 20 minutes!!


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DAY 11

SESSION 1: COMMON SESSION (3 Hours) OF 350 STUDENTS

- ↳ REINFORCEMENT OF THE PROGRAM
- ↳ FEEDBACK – FEED FORWARD
- ↳ CERTIFICATES
- ↳ AWARDS
- ↳ REINFORING EMOTIONAL STATES
- ↳ SHARING THE BEST LEARNINGS

SESSION 2: CLOSING SESSION WITH ENTERTAINMENT

- ↳ DANCE PERFORMANCES
- ↳ AWARDS
- SKITS
- SHARING OF VIDEOS
- SHARING OF AUDIO VISUALS OF THE PROGRAM
- TALENT PERFORMANCE

HIGHLIGHTS OF THE PROGRAM

- ↳ Individual profiling of every student
- ↳ Goal setting of every student
- ↳ Creation of action plan for every student on personal growth
- ↳ One on one counseling to students
- ↳ Making students open up Breaking limits
- ↳ beliefs
- ↳ Motivation sessions
- ↳ Creation of spark among students
- ↳ Confidence boosting sessions
- ↳ Understanding career options
- ↳ High levels of enthusiasm and energy
- ↳ Ice breaking sessions
- ↳ Music and Dance
- ↳ Meditation levels
- ↳ Movie watching sessions
- ↳ Tea/coffee breaks for personal interactions
- ↳ Breakthrough coaching sessions on goals
- ↳ Experiential learning
- ↳ In-bound training activities Photography of the entire programme Video
- ↳ Recording of the programme

Ajay Sharma

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Executive Director



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Branch Office:
S R Tower
GMS Road, Ballupur Chauk
Dehradun 248 001
Uttarakhand, INDIA

Director
Tula's Institute, Dehradun

INDUCTION PROGRAM 2021

	Time	Activity	Description	Venue
Day 12	10:00 am to 11:00 am	Heartfulness Activity		Auditorium
	11:00 am to 11:30 am	Warm up session	Host Emmanuel Gabriel and Navjyoti Singhal	Auditorium
	11:30 am to 12:15 pm	Introduction and division of teams	Team names would be based on mountains	Auditorium
	12:15 pm to 01:00 pm	Lunch Break		
	01:00 pm to 02:00 pm	Interaction and Proficiency Test	English, Mathematics and Computer test (Question paper will be designed by Subject Faculties)	Class Rooms
	02:00 pm to 04:00 pm	Model Making/Tower Making activity	The model will be made by used newspapers/bamboo sticks	Corridors
	04:00 pm to 04:15 pm	Result announcement and gift distribution to the winners	Winner will be group wise	Class Rooms
Day 13	10:00 am to 11:00 am	Heartfulness Activity		Auditorium
	11:00 am to 12:30 pm	Tula's Got Talent, Round 1/ Social Activity (Renovation of Primary School)	Students will perform their talents and will be judged accordingly for further rounds	Auditorium/ Sherpur Primary School
	12:30 pm to 01:00 pm	Lunch Break		
	01:00 pm to 01:15 pm	Fresh Flash (Games and Challenges)	Balancing the ball, Blind Retrieve, Human Knot, Human Tower	Cricket Ground

Tula's Institute, Dehradun

Day 14	10:00 am to 11:00 am	Heartfulness Activity		Auditorium
	10:00 am to 12:15 pm	Induction Program	Presentation about college's hierarchy	Auditorium
	12:15 pm to 01:00 pm	Lunch Break		
	01:00 pm to 04:15 pm	Tula's Got Talent, round 1/ Social Activity (Tree Planation at NIVH)	Tree Plantation and Swachh Bharat Drive	Auditorium/ Rajpur Road, Near NIVH
Day 15	10:00 am to 11:00 am	Heartfulness Activity		Auditorium
	11:00 am to 12:30 pm	Tula's Got Talent, Round 2		Auditorium
	12:30 pm to 01:00 pm	Lunch Break		
	01:00 pm to 04:15 pm	Social Activities and Sports	Awareness camp hygiene	Cricket Ground
Day 16	10:00 am to 11:00 am	Heartfulness Activity		Auditorium
	10:00 am to 12:15 pm	Team Building Activities	Various activities	Cricket Ground
	12:15 pm to 01:00 pm	Lunch Break		
	01:00 pm to 02:30 pm	Outdoor Activites	Tug-of-war, Sac Race, Water relay, Chinese Whisper, Hula Hoop, Zumba	Cricket Ground
	02:30 pm to 06:00 pm	Social Activity (Cloth Donation and Distribution Drive)		(NGO will decide)
Day 20	10:00 am to 11:00 am	Heartfullness Activity		


 Director
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	11: 00 am to 12:15 pm	Treasure Hunt	Treasure Hunt	Tendulkar's Pavilion
	12:15 pm to 01:00 pm	Lunch Break		
	02:30 pm to 04:30 pm	Comedy Movie		Auditorium
Day 21	09:30 am to 10:30 am	Heartfulness Activity		
	10:30 am to 1:00 pm	Introduction to Vibgyor, Victree and other Student bodies	Badge Ceremony	Auditorium
	1:00 pm to 02:00 pm	Lunch Break		
	02:00 pm to 03:00 pm	Registrations for respective clubs		Auditorium
	03:00 pm to 06:00 pm	Cultural evening	Performances along with Mr. and Miss Fresher	Auditorium
	06:00 pm to 09:00 pm	Dj Night		Parking lot
	09:00 pm to 10:00 pm	Dinner		Mess


 Director
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3 WEEKS INDUCTION PROGRAM AT TULA'S INSTITUTE

Introduction

Tula's Institute has conducted 3 weeks Induction Programme for first year students from 4th October 2021 to 24th October 2021 in Institute premises.

Mentoring is a particular form of relationship designed to provide personal and professional support to an individual. The mentor is generally more experienced than the mentee and makes use of that experience in a facilitative way to support the development of the mentee. The mentoring relationship provides a developmental opportunity for both parties and can thus be of mutual benefit. In a nutshell, a student mentor's role may be perceived to be facilitative, supportive and developmental for the student community in general and the first-year students in particular.



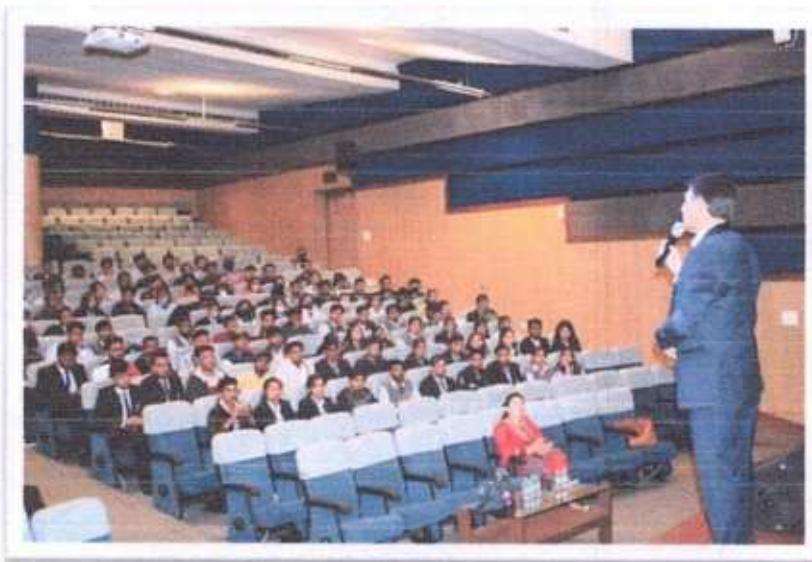
Inauguration of Induction Program by TPC Global 2021, 4th Oct 2021


Director
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Day 1 of Induction at Tula's Institute

The Induction program began on 4th October 2021 with the welcome of the students.

The team of TPC Global came with a team of trained professionals for mentoring the first-year students of B.Tech., BBA, BCA, B.Sc., BJMC, Diploma, MBA, MCA and M.Tech. The program was started with lamp lighting ceremony accompanied by Saraswati Vandana. Next, a brief description of the institute, which included the Vision & Mission, history and ranking of college along with recent achievements. After that the introduction of TPC Global team was done so that students should also know about the overall schedule and how the coming three weeks of Induction would benefit the student.

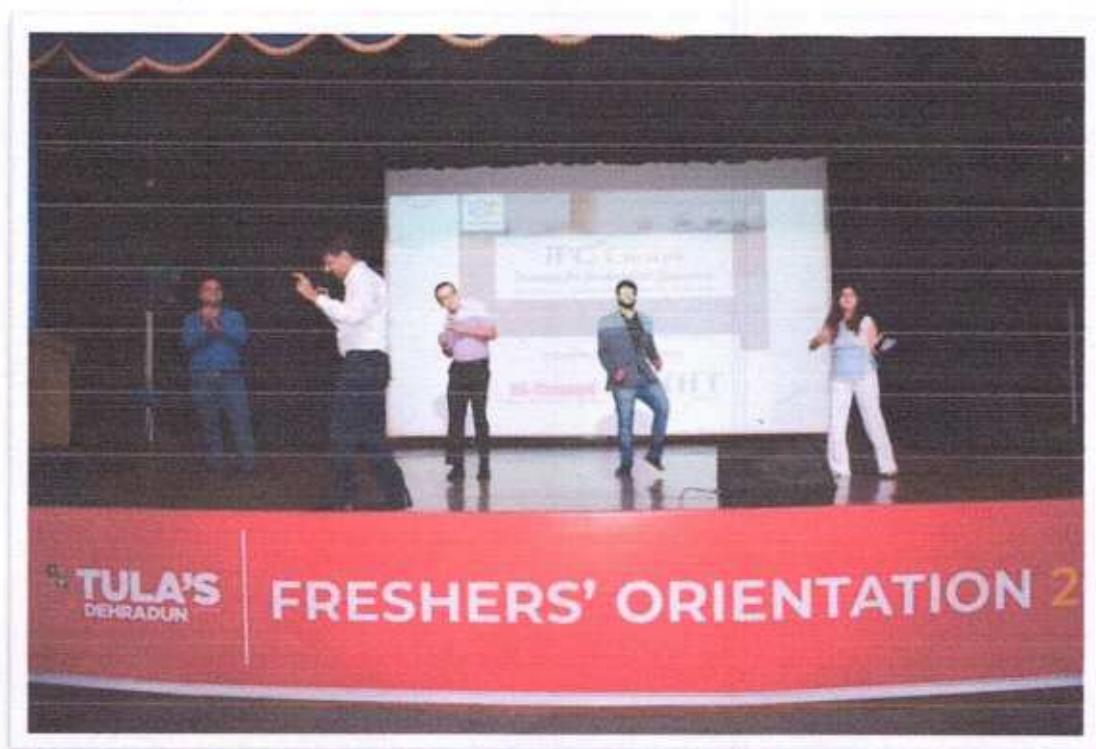


Mr. Ajay Sharma, Executive Director, TPC Global giving introduction about the induction ceremony 4th Oct 2021



Mr. Ajay Sharma, Executive Director, TPC Global addressing the 1st year students 4th Oct 2021

The students were then shown a brief presentation on Induction Program by Mr. Ajay Sharma, Executive Director of TPC Global. The students were acquainted with the opportunities they will be receiving under the Induction Program and all the support and guidance that they will be getting from the TPC team. Then the students were addressed by the Director , Tula's Institute, Dr. Sandip Vijay, who welcomed the students and gave them an introduction regarding the academic disciplines. Dr. Nishant Saxena, Dean Academics, next discussed miscellaneous affairs of the institute namely departments, financial aid and scholarships, student welfare, code of conduct. Followed next was a brief on importance of sports in student life, its role in acceptance at various organisation and sports curriculum of the institute, by Dr. Sachin Kumar faculty head of sports club of Tula's Institute. This was followed by Mr. Emmanuel Gabriel faculty coordinator of student body of the Institute, who discussed about the activity clubs at the institute, the various extracurricular and co-curricular activities.



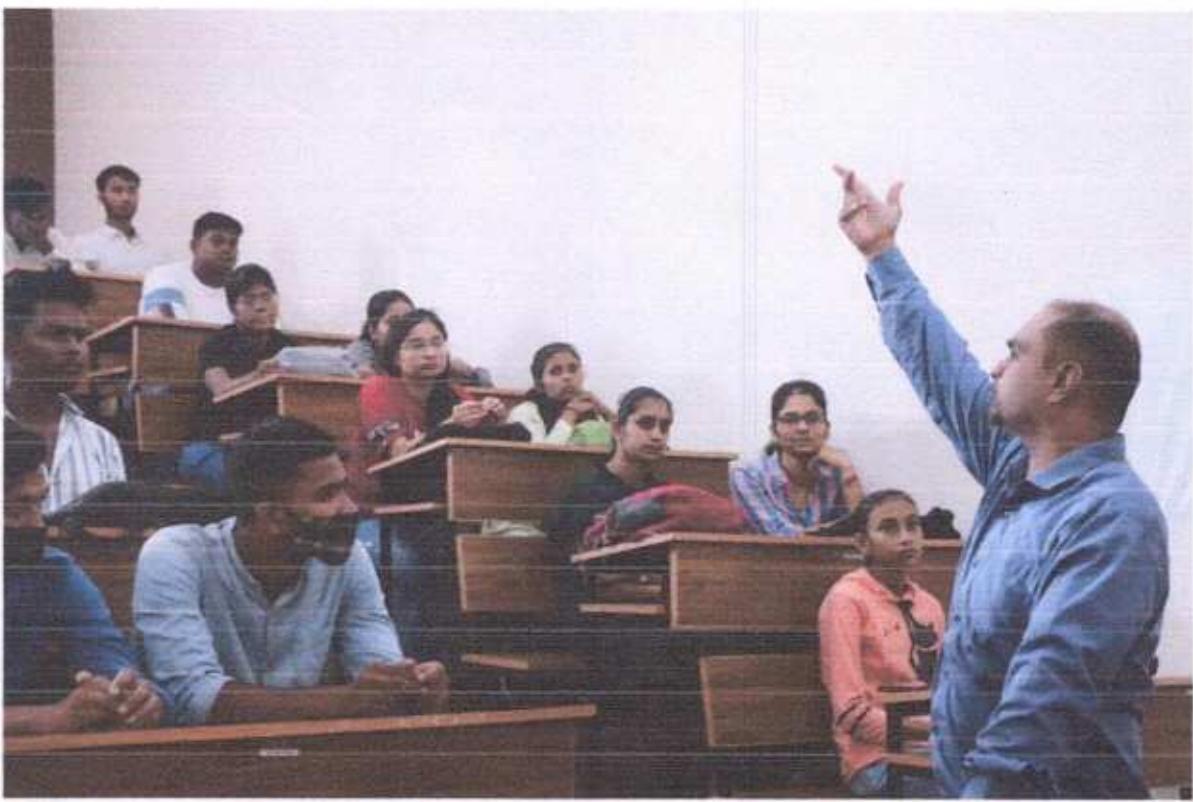
Trainers of TPC Global doing dance performance for the 1st year students, 4th Oct 2021

The activities were started from the day 1 only, where the students were distributed the name tags where they have to write a verb adding with their names and they have to explain why did they choose that verb for themselves. This activity was followed by various ice breaking activities.


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Day 2 of Induction at Tula's Institute

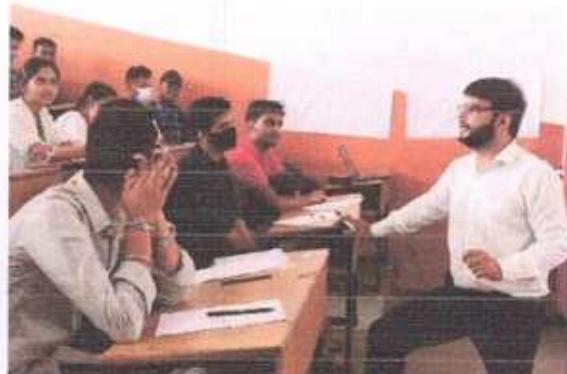
On day two the students were divided into various teams and allotted a trainer from TPC along with the faculty member as mentor with each trainer. the second day was fun day for each student, they were involved in many fun activities that included dance, music, personality development games. At the end of second day, the students were taken the feedback of both the days and were told to explain the experience of both the days, after hearing the delighted feedback the trainers were very motivated and very eager to provide more knowledgeable content to the students for the next coming weeks.



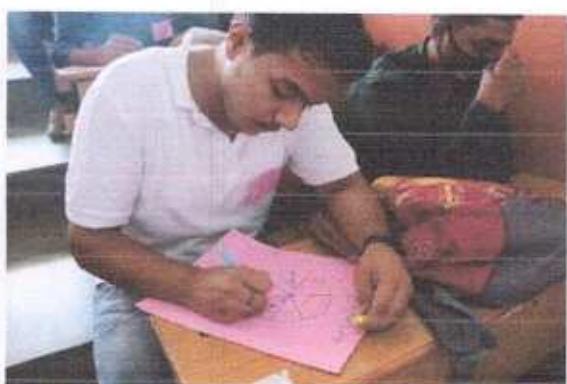
Mr. Varun, Expert from TPC Global taking session on Personality Development, 5th Oct 2021


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Tula's Institute, Dehradun

Glimpses of Day 2 of Induction at Tula's Institute



Experts from TPC Global mentoring students about the importance of music, games and extracurricular activities,
5th Oct 2021



Students participating various activities like Singing, Painting, Drawing, Goal Setting, 6th Oct 2021



Ice Breaking activities with TPC Trainer, 6th Oct 2021

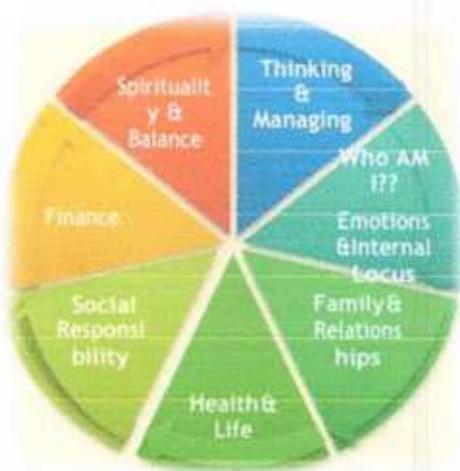


Session on personality development, 5th Oct 2021


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Day 3 & 4 of Induction at Tula's Institute

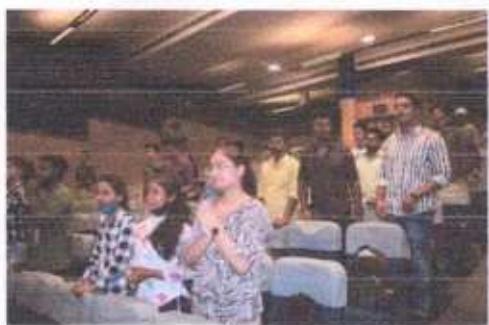
Day 3 and 4 of Induction program were divided into 2 sessions each of 2.5 hours with one hour break between the sessions. There were activities life concept of self-awareness, introducing the wheel of life, concept clarity for the first-year students. The students were given self-awareness questionnaires, personality assessment test to check the knowledge on personality aspects. The activities on empathy, concept clarity, story telling etc. were done. These activities were conducted in both the days, the methodology used were storytelling, listening activities, roles play, goal setting questionnaires and activity.



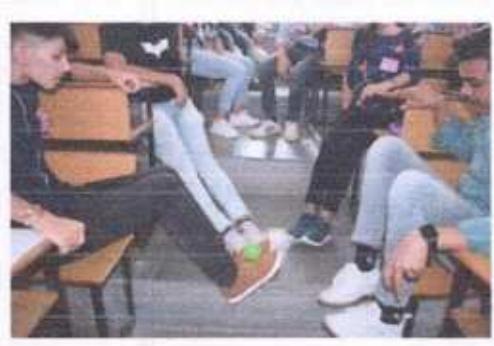
Story telling by 1st year student, 7th Oct 2021


Director
Tula's Institute, Dehradun

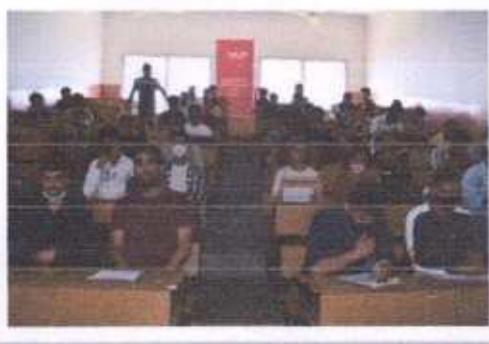
Glimpses of Day 3 & 4 of Induction at Tula's Institute



Session on human values, empathy, 7th Oct 2021



Activities on Concept clarity, 8th Oct 2021



Story telling activity, 8th Oct 2021


Director
Tula's Institute, Dehradun

Day 5 & 6 of Induction at Tula's Institute

Objective: Stress caused to students can lead to extremely dangerous outcomes.

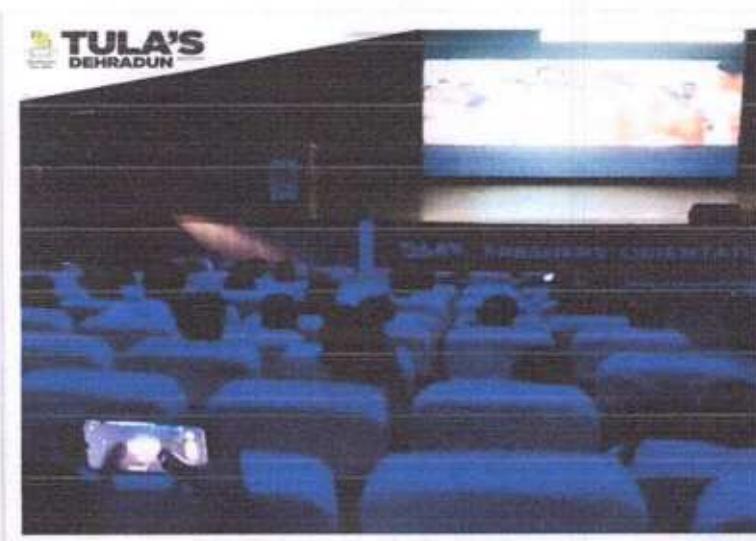
In today's world, where students are so volatile, stress dealing abilities make them stronger and give them the power to choose their state of being. Intense emotions like anger or sadness can have negative effects on our health if we do not respond appropriately. Understanding basics of Communication & Knowing non-verbal aspects of communication including body language.

To fulfil the objective of the various stress busting activities were done. The students were taught to cope up with stress, and to live stress free life with the help yoga, meditation.

The students were taught effective communication, through audio, visual movies, music dance, meditation, group discussion.



Meditation Session, 9th Oct 2021



Movie Screening, 11th Oct 2021


Director
Tula's Institute, Dehradun

Day 7, 8, 9, 10 of Induction at Tula's Institute

The days were divided into 3 sessions all in group form, the objective of the days was to deliver the students about the problem-solving classes, mind mapping, time-based activities and games, photo impulse, etc.

The students were given task on critical thinking, creativity, social responsibilities, decision making etc.



Decision Making Activity for 1st year students, 11th Oct 2021



Time based activities and games, 12th Oct 2021

 Director
Tula's Institute, Dehradun



Decision Making Activities, 13th Oct 2021



Classroom session on creative thinking, 13th Oct 2021

 Director
Tula's Institute, Dehradun



Classroom sessions on Social Responsibility, 14th Oct 2021



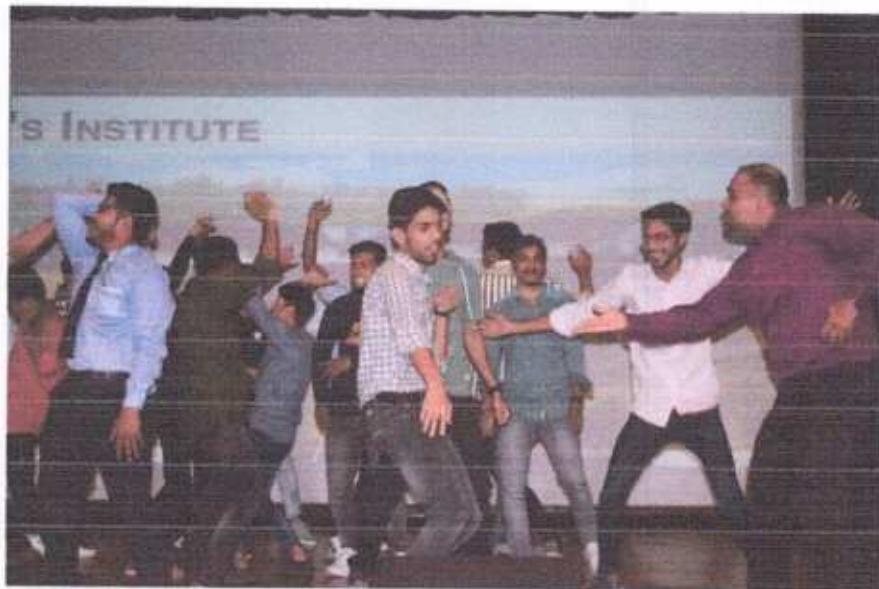
Session on personality development, 14th Oct 2021

✓ Director
Tula's Institute, Dehradun

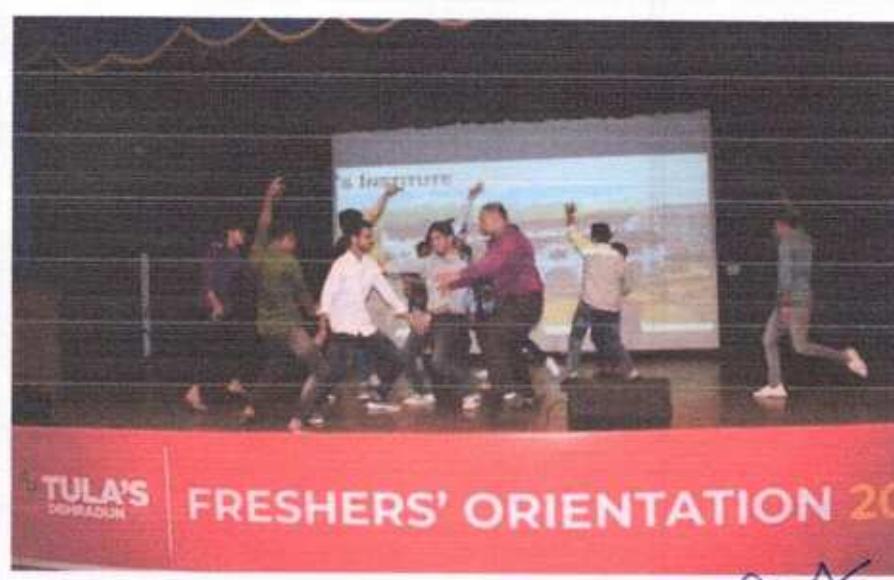
Day 11 of Induction at Tula's Institute

The day started with a common session with 350 students, where reinforcement of the program, feedback – feedforward session was done, cultural evening was planned where students performed their prepared shows in teams and in individual levels.

This was the last day with TPC Global team and after that the Induction program was continue by the faculties itself.



Cultural Activities, 15th Oct 2021



Induction 2021, Cultural Activities 15th Oct 2021

 Director
Tula's Institute, Dehradun

Day 12, 13 and 14 of Induction at Tula's Institute

On the 12th day, the students were taken at Jhajhra for cleanliness drive, the students were given such task to promote the initiative taken by government of India towards clean India movement. This activity also helps the student to bring empathy in them towards the society. These kinds of activities should be the everyday part in one's life. Students there collected around 100 bags of garbage which later on handed over to nagar palika for proper dumping. The activity was done in the collaboration with Shri Nityanand Swami Jan Seva Samiti (NGO).

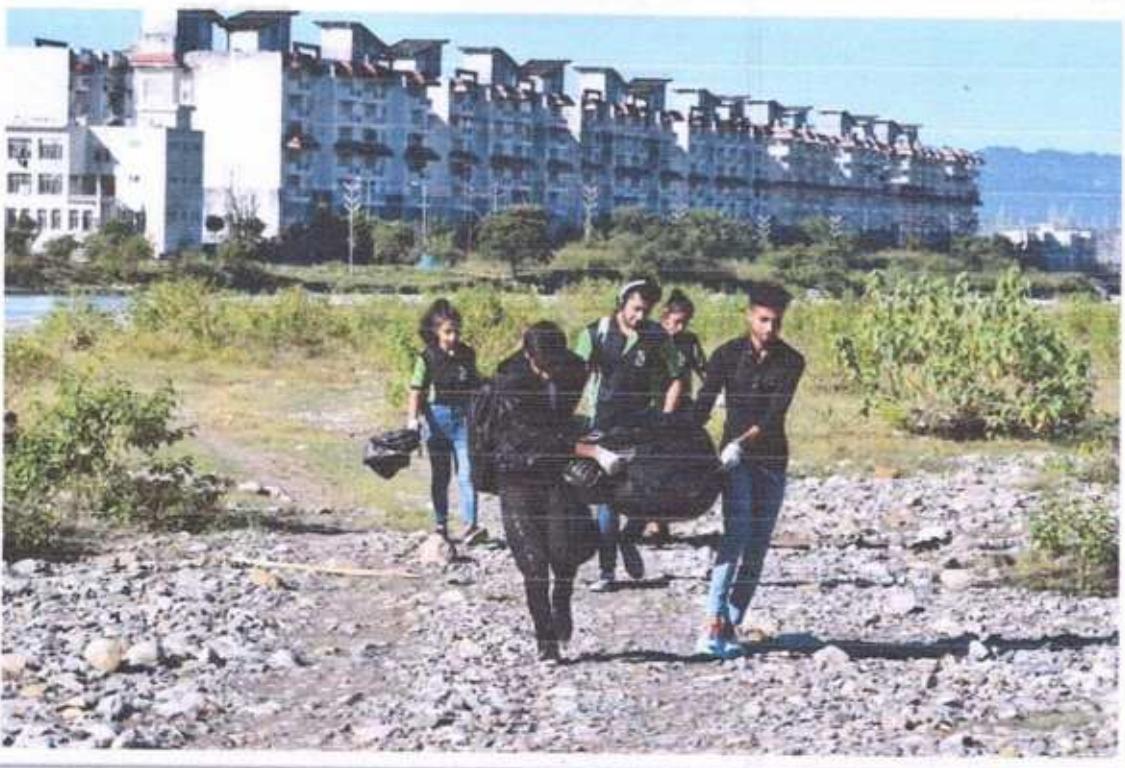


Induction 2021, Cleanliness Drive at Jhajhra, Dehradun, 19th October, 21

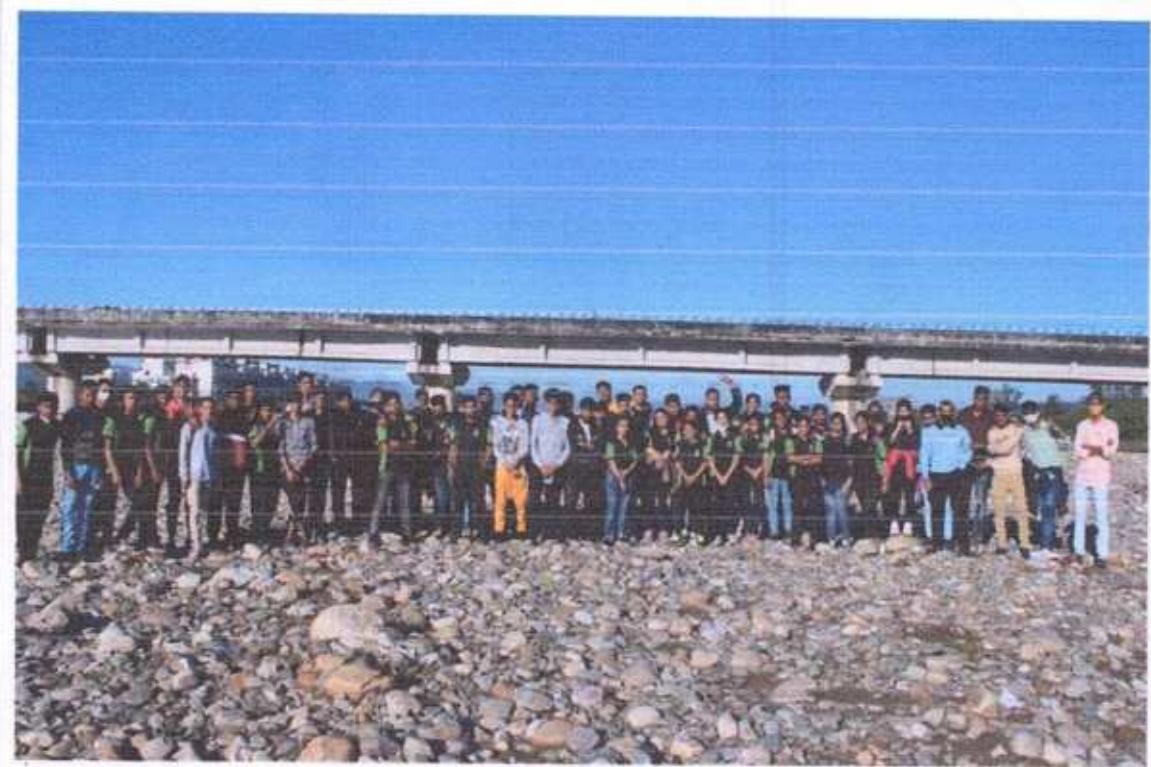


Cleanliness Drive at Jhajhra, Dehradun, 19th October, 21


Director
Tula's Institute, Dehradun



Cleanliness Drive at Jhajhra, Dehradun, 19th October, 21



Cleanliness Drive at Jhajhra, Dehradun, 19th October, 21


Director
Tula's Institute, Dehradun

Day 15, 16 and 17 of Induction at Tula's Institute

On day 15, a drive on women hygiene was conducted by the students, there we distributed around 500 sanitary pads to the local people of a village in Dehradun. The students also educated the local people about the personal hygiene to young girls so they know the proper hygiene and follow it.



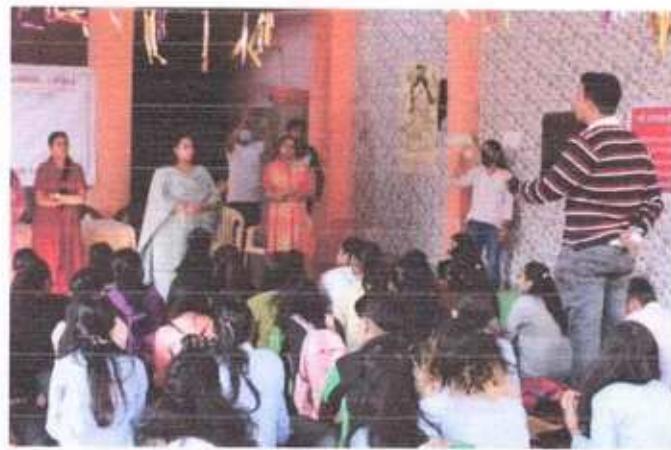
Sanitary Pads distribution at Dehradun, 20th Oct 2021



Sanitary Pads distribution at Dehradun, 20th Oct 2021


Director
Tula's Institute, Dehradun

Sanitary Pads distribution at Dehradun, 20th Oct 2021



 Director
Tula's Institute, Dehradun



Sanitary Pads distribution at Dehradun, 20th Oct 2021

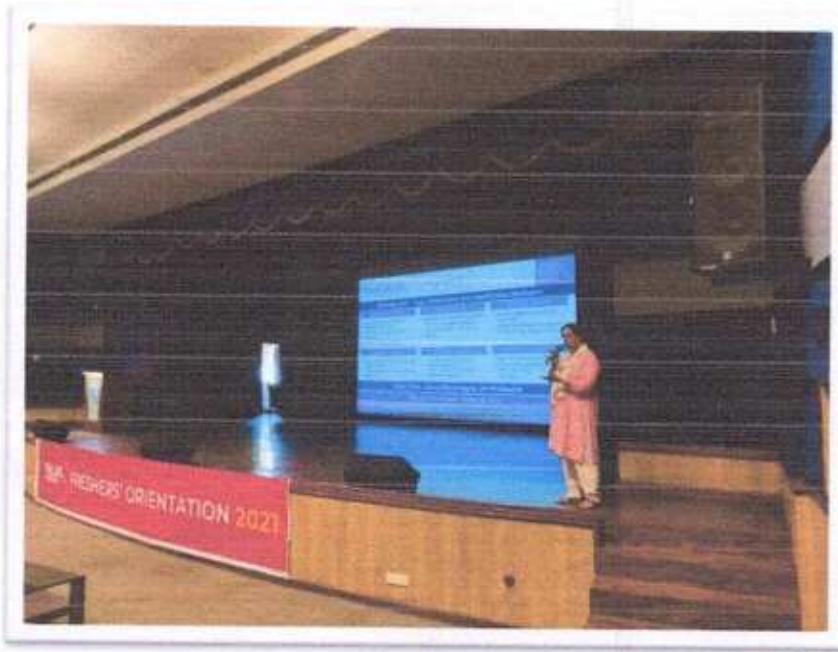


Sanitary Pads distribution at Dehradun, 20th Oct 2021

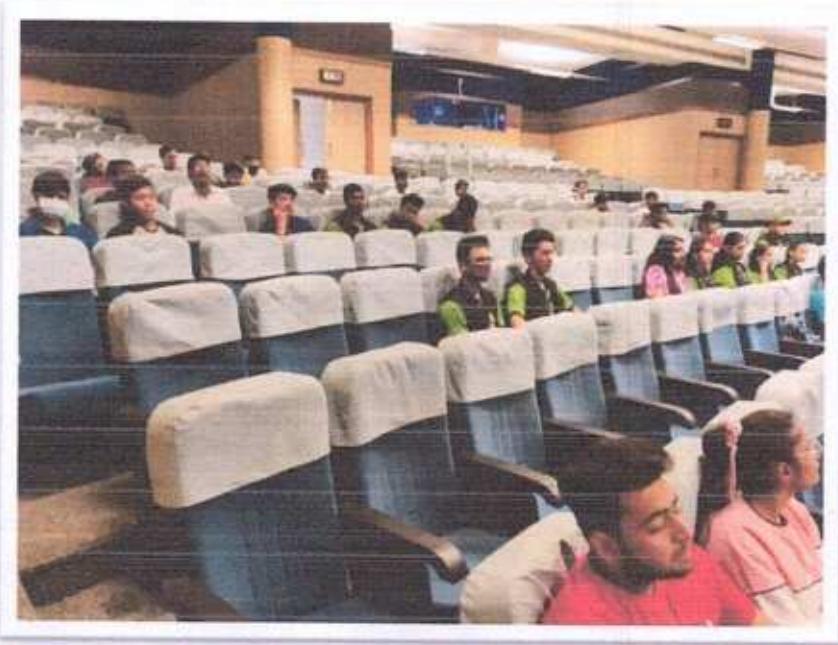

Director
Tula's Institute, Dehradun

Day 18 and 19 of Induction at Tula's Institute

The session had a demonstration of how to meditate & maintain body posture while sitting/ working on a chair. It also included various techniques of maintaining the body posture, and meditational positions were practiced.



Meditation Session 21st Oct 2021



Meditation Session 21st Oct 2021


Director
Tula's Institute, Dehradun



Meditation Session 21st Oct 2021



Meditation Session 21st Oct 2021


Director
Tula's Institute, Dehradun

Cricket Tournament

On day 18 and 19 sports activities were also organized where certain games like, cricket, tug of war, badminton, basketball, volleyball etc were played.



Students of first year playing cricket, 22nd Oct 2021



Students of first year playing cricket, 22nd Oct 2021


Director
Tula's Institute, Dehradun

Tug-of-war

There was a program "Tug of War" at Tendulkar's Pavilion during the induction. Total 6 teams were made with 10 members in each team. Students participated with great enthusiasm and energy to mark their win in the competition.



Tug of War competition for the first-year students, 22nd Oct 2021



Tug of War competition for the first-year students, 22nd Oct 2021

Director
Tula's Institute, Dehradun

Day 20 and 21 of Induction at Tula's Institute

The purpose of Fresher's Party is to welcome new students in a friendly atmosphere and to encourage their creative impulses to boost their confidence. It is the day where seniors and juniors finally bond and unite to celebrate being part of the college.

The final two days were cultural days, where students participated in various events like, Tula's Got Talent, Mr and Miss Freshers etc. the Induction ended with the DJ night.



Students Participated in Mr and Miss Freshers, 22nd Oct 21



Students Participated in Mr and Miss Freshers, 22nd Oct 21

Chetan Kumar
Director
Tula's Institute, Dehradun

Fresher's Day

Freshers along with their seniors got chance to showcase their talent by a stunning Ramp walk, various Dance performances like solo, Duo, Group dances. Later small games were organized to make the function trickier and fun! Talking about the ramp walk, it was conducted in two rounds. In the Round 1- the participants walked on the ramp and gave poses towards the audiences. The audiences enjoyed the fashion show and they encouraged the participants by making hooting sounds. Later in the Round 2- the shortlisted participants walked again on the ramp and they were asked to stand in the line followed by the questioning session based on which the Mr. and Ms. Freshers were finalized. There was a tough competition among the freshers as they all were amazing!



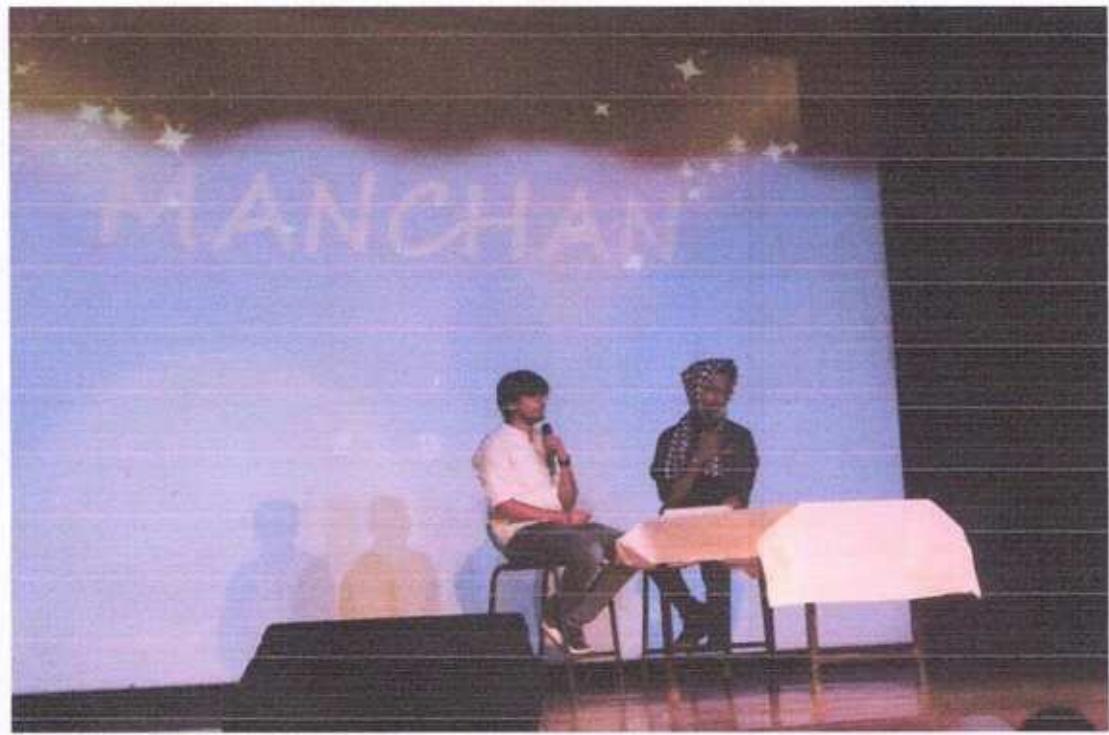
Cultural activities by senior students at Induction, 24th Oct 2021



Ramp walk by first-year students at Induction, 24th Oct 2021



Mr. and Miss Fresher at Induction, 24th Oct 2021



Comedy skit by team Manchan at Induction, 24th Oct 2021

O.P. Director
Tula's Institute, Dehradun



MR AND MISS FRESHER'S

2021

O.P.
Director
Tula's Institute, Dehradun

PRESS RELEASE OF INDUCTION AND FRESHER'S PROGRAM



देहरादून, संवाददाता। तुलाज़ इंस्टिट्यूट ने आज प्रथम वर्ष के छात्रों के लिए फेशर पार्टी का आयोजन किया। पार्टी का शुभारंभ उपायक्ष प्रौद्योगिकी डॉ. रघव गर्ग द्वारा किया गया।

बीएमसी एग्रीकल्चर के आर्यन कुमार और बीबीए की स्नेहा कोल्त्या को मिस्टर एंड मिस फेशर का खिताब प्रदान किया गया। कार्यक्रम की शुरुआत तुलाज़ इंस्टिट्यूट के सभी तकनीकी, गैर-तकनीकी, खेल और सांस्कृतिक वलबों के परिचय के साथ हुआ।

इसके बाद सांस्कृतिक संध्या का आयोजन हुआ जिसमें छात्रों ने नृत्य, गायन और अभिनय की प्रस्तुतियाँ देकर उपस्थित सभी लोगों का मन मोह लिया। कार्यक्रम के दौरान एक विशेष खंड का आयोजन किया गया जिसमें प्रथम वर्ष के छात्रों को अपनी प्रतिभा दिखाने का मौका दिया गया। डीजे नाइट के साथ कार्यक्रम का समापन हुआ।

Director
Tula's Institute, Dehradun

आमरउजाला

आर्यन, स्नेहा बने तुलाज मिस्टर एंड मिस फ्रेशर



देहरादून। तुलाज इंस्टीट्यूट की ओर से प्रथम वर्ष के छात्रों के लिए फ्रेशर पार्टी का आयोजन किया गया। पार्टी का शुभारंभ उपाध्यक्ष प्रौद्योगिकी डॉ. राघव गर्ग द्वारा किया गया। इस दौरान बीएससी एग्रीकल्चर के आर्यन कुमार और बीबीए की स्नेहा कोल्न्या को मिस्टर एंड मिस फ्रेशर का खिताब प्रदान किया गया। कार्यक्रम की शुरुआत तुलाज इंस्टीट्यूट के सभी तकनीकी, गैर-तकनीकी, खेल और सांस्कृतिक कलबों के परिचय के साथ हुआ। इसके बाद सांस्कृतिक संध्या में छात्रों ने नृत्य, गायन और अभिनय की प्रस्तुतियाँ देकर लोगों का मन मोह लिया। कार्यक्रम के दौरान आयोजित विशेष खंड में प्रथम वर्ष के छात्रों को अपनी प्रतिभा दिखाने का मौका दिया गया। डीजे नाइट के साथ कार्यक्रम का समापन हुआ। मा.सि.रि.


Director
Tula's Institute, Dehradun

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आर्यन और स्नेहा बने तुलाज मिस्टर एंड मिस फ्रेशर

PIC: DAINIK JAGRAN / INEXT



● तुलाज इंस्टीट्यूट में फ्रेशर पार्टी में रैप वॉक करते फ्रेशर्स.

dehradun@inext.co.in

DEHRADUN (26 Oct): तुलाज इंस्टीट्यूट ने आज प्रथम वर्ष के छात्रों के लिए फ्रेशर पार्टी का आयोजन किया। पार्टी का शुभारंभ उपाध्यक्ष प्रीद्योगिकी डॉ. राधव गर्ग ने किया। बीएससी एग्रीकल्चर के आर्यन कुमार और बीबीए की मेहा कोल्या को मिस्टर एंड मिस फ्रेशर का खिताब प्रदान किया गया। कार्यक्रम की

शुरुआत तुलाज इंस्टीट्यूट के सभी तकनीकी, गैर-तकनीकी, खेल और सांस्कृतिक वलबों के परिचय के साथ हुआ। इसके बाद सांस्कृतिक मंध्या का आयोजन हुआ कार्यक्रम के दौरान एक विशेष खुंड का आयोजन किया गया, जिसमें प्रथम वर्ष के छात्रों को अपनी प्रतिभा दिखाने का मौका दिया गया। डीजे नाइट के साथ कार्यक्रम का समापन हुआ।


Director
Tula's Institute, Dehradun

देवापथ

आर्यन और स्नेहा बने तुलाज़ मिस्टर एंड मिस फेशर



देहरादून, 26 अक्टूबर। तुलाज़ इंस्टीट्यूट ने आज प्रथम वर्ष के छात्रों के लिए फेशर पार्टी का आयोजन किया। पार्टी का शुभारंभ उपाध्यक्ष प्रौद्योगिकी डॉ. राघव गर्ग द्वारा किया गया। बीएससी एग्रीकल्चर के आर्यन कुमार और बीबीए की स्नेहा कोल्या को मिस्टर एंड मिस फेशर का खिताब प्रदान किया गया। कार्यक्रम की शुरुआत तुलाज़ इंस्टीट्यूट के सभी तकनीकी, गैर-तकनीकी, खेल और सांस्कृतिक वर्गों के परिचय के साथ हुआ। इसके बाद सांस्कृतिक संध्या का आयोजन हुआ जिसमें छात्रों ने नृत्य, गायन और अभिनय की प्रस्तुतियाँ देकर उपस्थित सभी लोगों का मन मोह लिया। कार्यक्रम के दौरान एक विशेष खंड का आयोजन किया गया जिसमें प्रथम वर्ष के छात्रों को अपनी प्रतिभा दिखाने का मौका दिया गया। डीजे नाइट के साथ कार्यक्रम का समापन हुआ।

Director
Tula's Institute, Dehradun