

# GW Co-op Student Learning Reflection 2016-2017



Center for  
Career Services

Please reflect on your Co-op experience by completing the information below and forwarding it to [gwcoop@email.gwu.edu](mailto:gwcoop@email.gwu.edu) by the last day of the semester's classes. **It is a requirement of the Co-op program that you submit this form to receive a passing grade.**

<b>Name:</b>	<b>GWID:</b>	<b>Co-op Semester/Year:</b>
<b>Learning Outcomes</b>		
Describe the outcome of your learning objectives, activities and assessment.		
<b>Knowledge and Skills</b>		
Identify new or enhanced skills acquired from the Co-op experience. What knowledge did you acquire?		
List three situations where you utilized your new or enhanced skills.		
What academic experiences did you apply to your work experience?		
<b>Work Culture</b>		
What are your work style preferences? How do you prefer to complete tasks? Communicate with others?		
Describe a project you worked on. How did you plan and utilize resources to complete?		
Describe a team activity. What role did you play on the team? What were the roles of other team members?		

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Personal Experience
Which aspects of your Co-op did you most enjoy? Why?
What did you like or dislike about the Co-op work environment/atmosphere?
What would you change about your Co-op experience?
How do you feel that your work contributed to your Co-op employer?
How will your feelings related to the experience impact your future career choices?