

## Presentation of a Paper For Lab-Meet

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# DDM<sup>2</sup> : SELF-SUPERVISED DIFFUSION MRI DENOISING WITH GENERATIVE DIFFUSION MODELS

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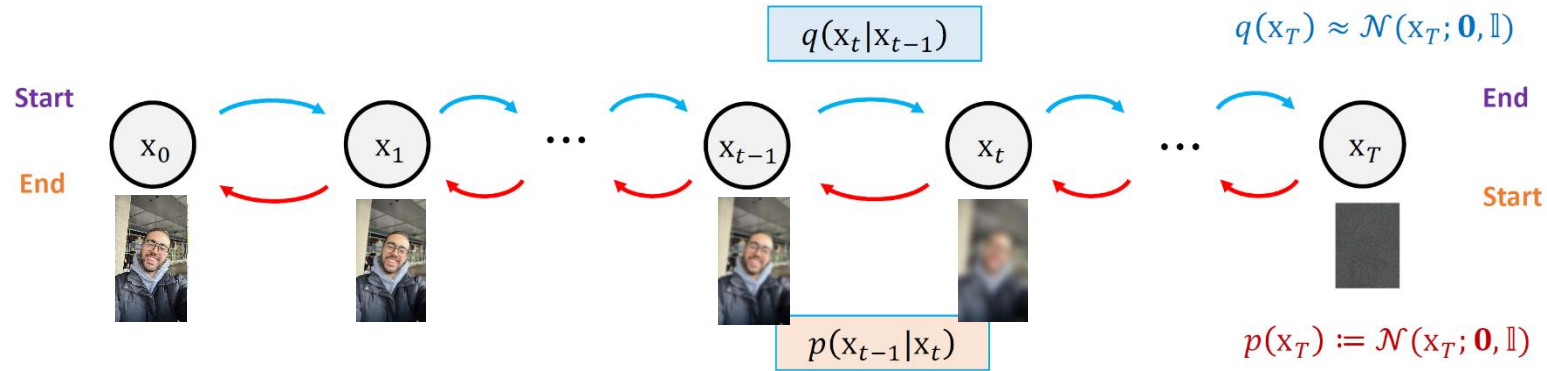
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# Prerequisites / Recap : Diffusion Models

- Generative models that can create new data.
- Process: gradually add noise until the signal is destroyed.
- Learning: train a network to reverse the process and reconstruct data.



## 1/ Forward Process (Diffusion / Noise Addition)

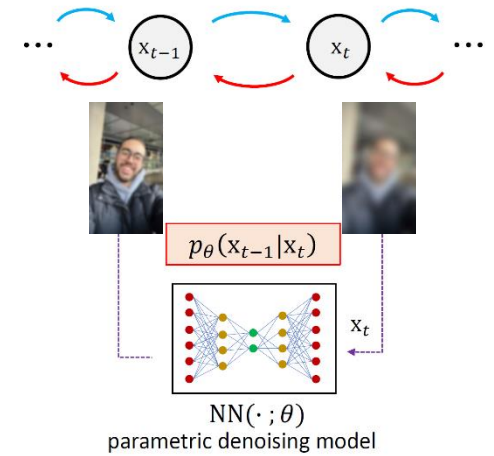
- Start from a clean image  $x_0$ .
- Gradually add Gaussian noise across  $T$  steps :  $q(x_t | x_{t-1}) = \mathcal{N}(x_t; \sqrt{1 - \beta_t}x_{t-1}, \beta_t I)$
- After many steps  $\rightarrow$  the image becomes pure noise.

## 2/ Reverse Process (Denoising / Generation)

- Train a neural network  $F_\theta$  to predict and remove the noise at each step.
- Sampling: start from noise and progressively denoise  $\rightarrow$  generate a realistic image.

## 3/ Training Objective

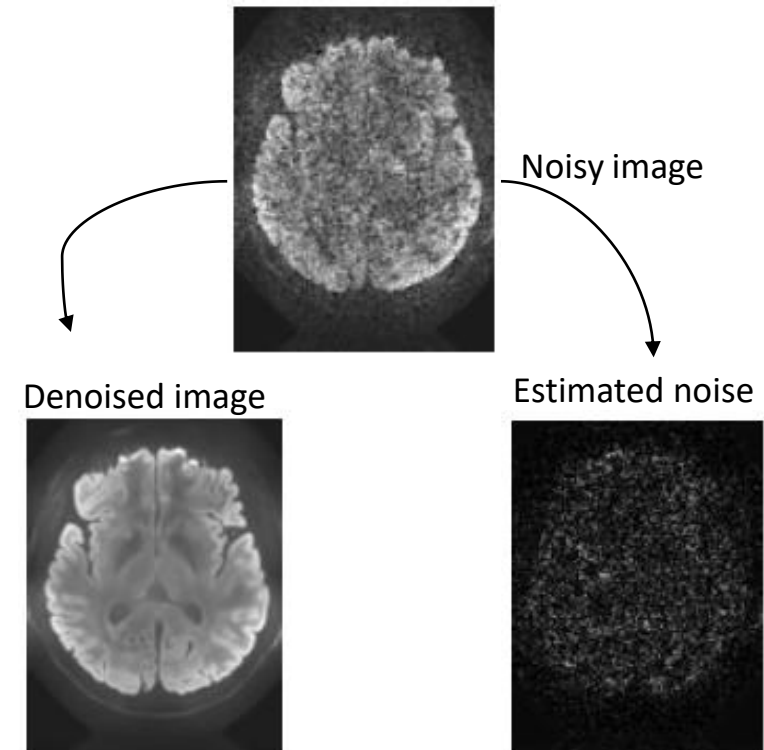
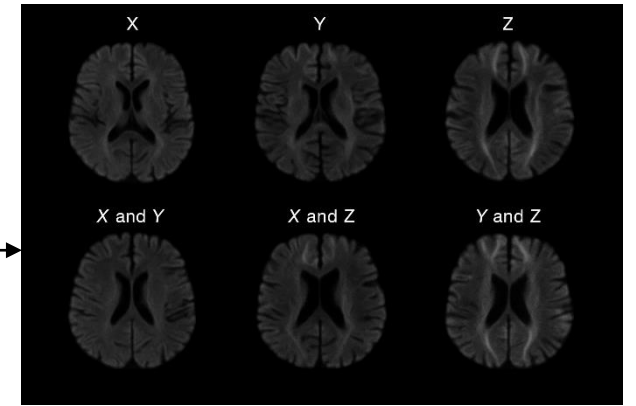
- Learn to predict the added noise  $\epsilon$ : 
$$L(\theta) = \mathbb{E}_{x_0, t, \epsilon} [\|\epsilon - \epsilon_\theta(x_t, t)\|^2]$$



# Context:

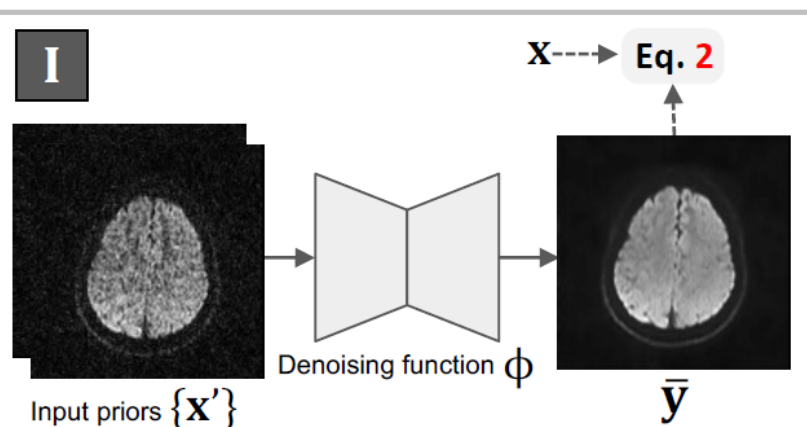
## Diffusion MRI and the issue of noise

- **MRI:** A non-invasive medical imaging modality, essential for diagnosis.
- **Diffusion MRI (dMRI):**
  - Allows the analysis of tissue microstructure (brain, oncology).
  - Produces 4D images: 3D spatial + diffusion directions.
- **Problem ;**
  - **Low SNR** ( $= \frac{\text{Useful signal amplitude}}{\text{Noise standard deviation}}$ )  $\rightarrow$  diagnostic losses.
  - Long acquisition times  $\rightarrow$  patient discomfort + higher costs.
  - Difficult to acquire **paired low/high SNR** scans in clinical practice.
  - **Target Solution :**
    - **Self-supervised** denoising (no ground truth required).
    - Combination of **noise statistical** models and **diffusion models**.
    - Robust **generalization** across diverse MRI protocols.



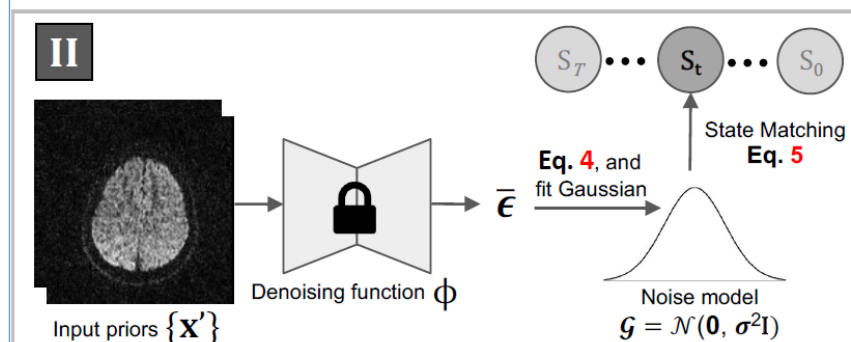
# Vue d'ensemble de la méthode : DDM<sup>2</sup>

## 1. Stage I – Noise Model Learning

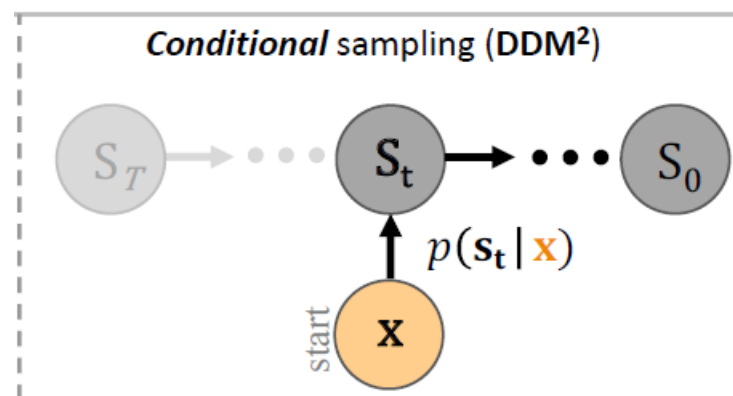


Learning a function  $\Phi$  to estimate noise.

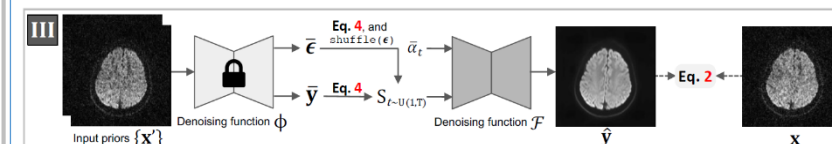
## 2. Stage II – Markov State Matching



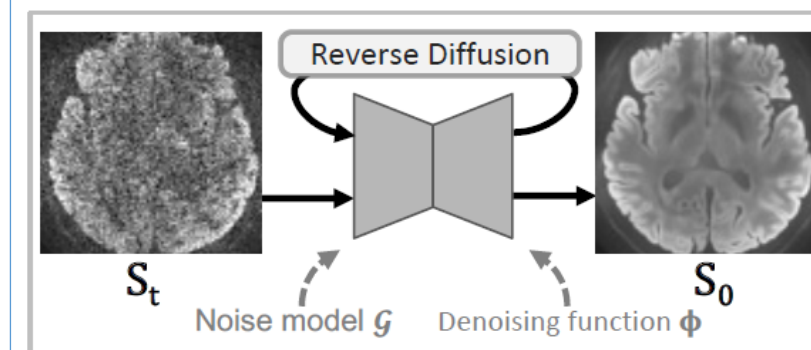
Associating each noisy image with an intermediate state of the diffusion Markov chain.



## 3. Stage III – Diffusion Model Training



Generation of clean images using a diffusion model  $F$ .



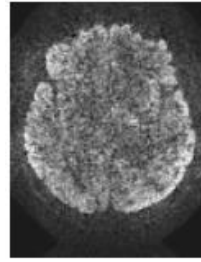
# DDM<sup>2</sup> : Stage I

## Noise Model Learning

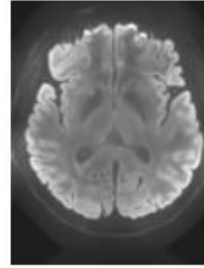
Physical acquisition :

$$\mathbf{x} = \lambda_1 \mathbf{y} + \epsilon$$

Noisy image



Denoised image



$$= \lambda_1 \times$$

Estimated noise  $\epsilon \sim \mathcal{N}(0, \lambda_2^2 I)$

+



Predictive model  $\Phi$  (denoising function with:  $\lambda_1 = 1$  )

□ Principle of J-Invariance :

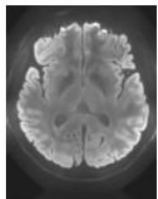
A **denoising network** can be trained using only **noisy images**, by predicting a **clean approximation**  $\bar{\mathbf{y}}$  from the other noisy slices  $\{\mathbf{x}'\}$ .



$$\bar{\epsilon} = \mathbf{x} - \bar{\mathbf{y}} \rightarrow \text{Residual noise estimated}$$

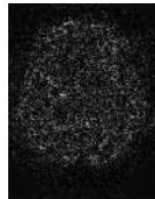
□ Résultats :

Denoised image

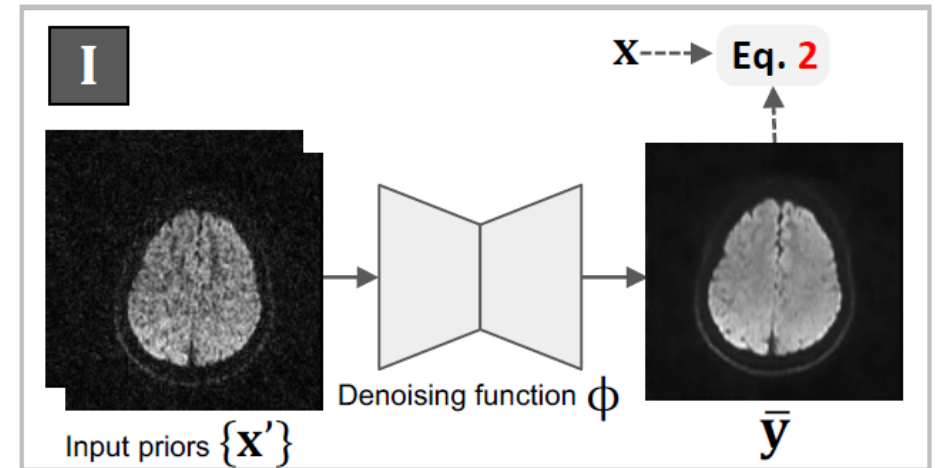


+

Estimated noise



Stage II



$$\mathbf{y} \approx \bar{\mathbf{y}} = \Phi(\{\mathbf{x}'\})$$

$$\mathcal{L}(\Phi(\mathbf{x}'), \mathbf{x}) = \|\Phi(\mathbf{x}') - \mathbf{x}\|^2 \approx \|\Phi(\mathbf{x}') - \bar{\mathbf{y}}\|^2 + \text{const.}$$

# DDM<sup>2</sup> : Stage II

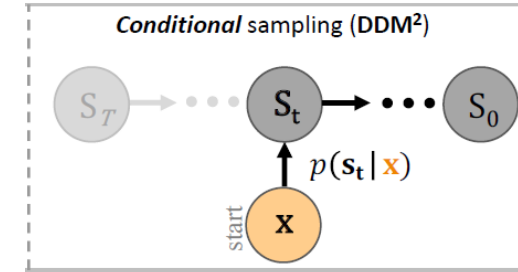
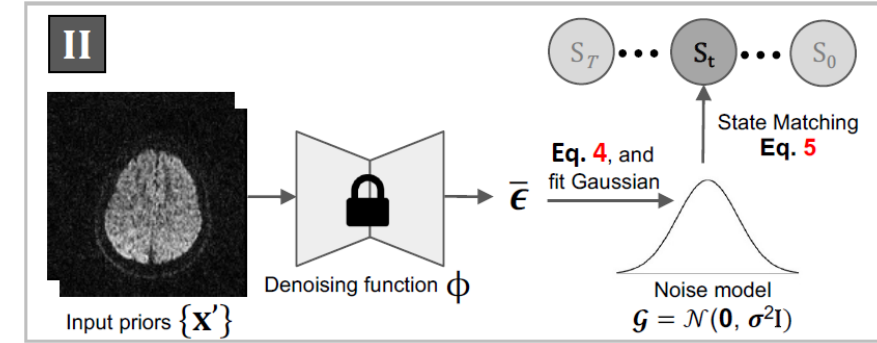
## Markov State Matching

1. Centering of residual noise :  $\bar{\epsilon} := \bar{\epsilon} - \mu_{\bar{\epsilon}}$   
 $\bar{y} := \bar{y} + \frac{\lambda_2 \mu_{\bar{\epsilon}}}{\lambda_1} \longrightarrow \bar{\epsilon} \sim \mathcal{N}(0, \sigma^2 I)$

2. Matching to a state in the diffusion chain :

- Compare the measured noise  $\sigma$  with the posteriors  $p(S_t)$ , associated with the noise level  $\beta_t$ .
- Find the time step  $t$  that minimizes the  $p$ -norm distance:  $t^* = \arg \min_t \|\sqrt{\beta_t} - \sigma\|_p$

Since  $t$  is discrete  $(1, \dots, T) \rightarrow$  the problem becomes one of searching for the best corresponding state.

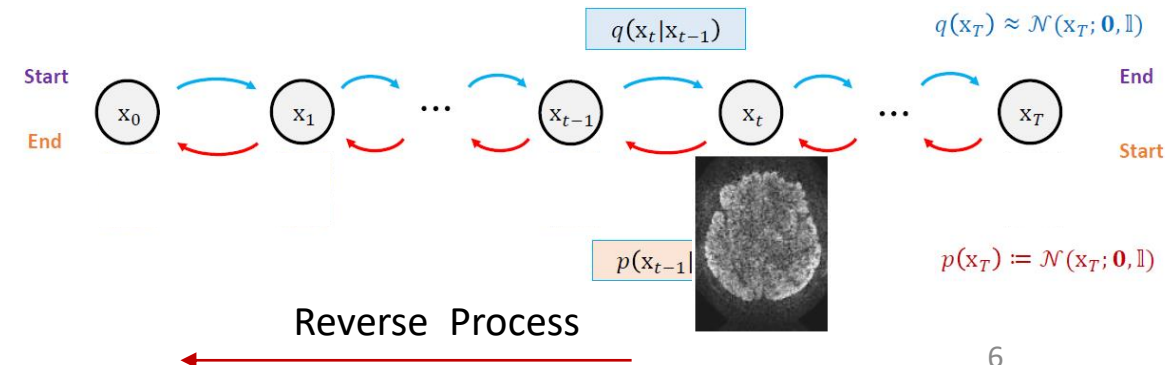


Once  $\beta_t$  is identified ;

- The reverse denoising process can be started from  $S_t$  in the Markov chain.
- The final denoised image  $S_0$  is then progressively obtained via this process ;

$$p(S_0 | S_t)$$

$$q(x_t | x_{t-1}) = \sqrt{1 - \beta_t} x_{t-1} + \sqrt{\beta_t} z, \quad z \sim \mathcal{N}(0, I).$$





# DDM<sup>2</sup> : Stage III

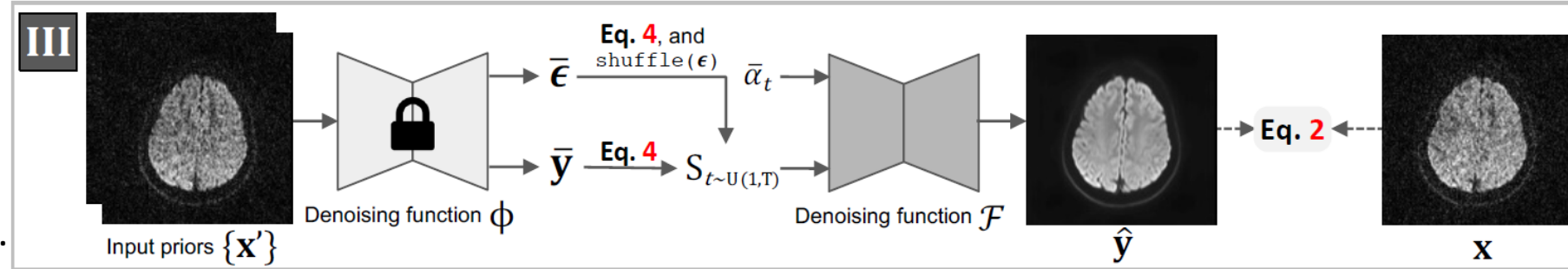
## Diffusion Model Training

❖ Train the **generative diffusion model F** to produce clean images ;

### Problem :

- If F is trained directly on  $\bar{y} \rightarrow F$  may collapse into simply **reproducing  $\Phi$** .

→ Leads to suboptimal performance.



### Solution :

a) **Noise Shuffle :**

$$q(S_t | \bar{y}) = \sqrt{\bar{\alpha}_t} \bar{y} + \text{shuffle}(\bar{\epsilon}) \quad ;$$

$\text{shuffle}(\cdot)$  = spatial shuffling of the residual noise  $\epsilon$  estimated by  $\Phi$ .

- {
- Forces F to learn the true implicit noise distribution of  $\Phi$ .
  - Reduces the gap with the explicit noise model G.

b) **J-Invariance Optimization** (loss toward x);

$$\min_F \|F(S_t, \bar{\alpha}_t) - x\|^2$$

- Instead of constraining F to copy  $\bar{y}(\Phi)$  ; reconstruct an image that reverts back to x after noise is re-added.;

- {
- Corrects approximation errors from Stage I.
  - Allows F to explore a broader and more accurate solution space.

$$\bar{\alpha}_t = \prod_{i=1}^t \alpha_i, \quad \alpha_t = 1 - \beta_t$$

# Experiments and Results

## Qualitative Results :

- DDM<sup>2</sup> removes noise without over-smoothing anatomical structures.
- No hallucinated lesions, as confirmed by two neuroradiologists.

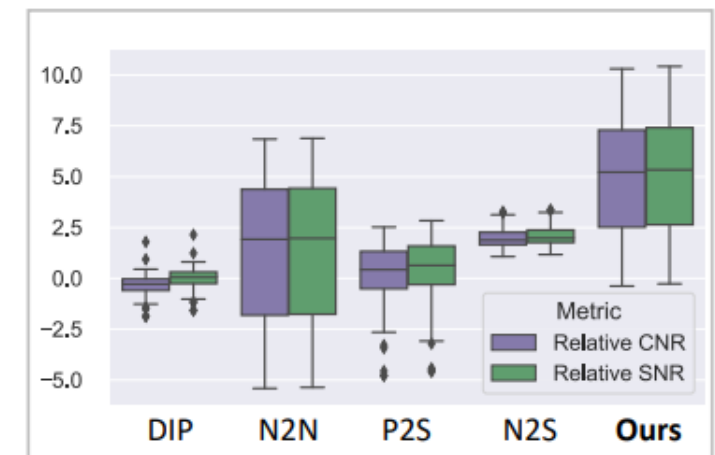
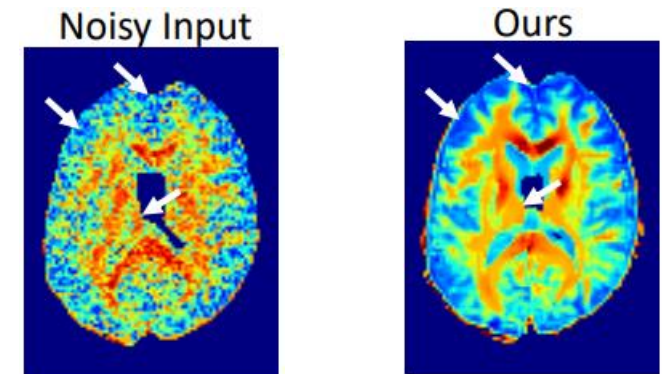
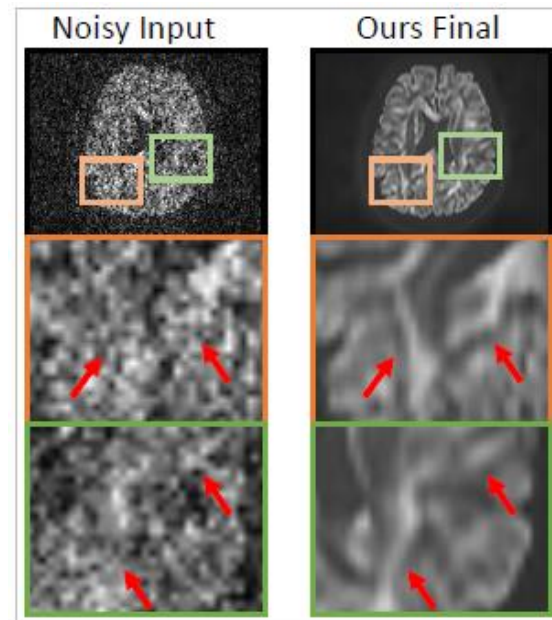
Dataset	Dims (X×Y×Z)	Dirs	Res.	b-values	Reference
gSlider (in-house)	128×128×160	50	0.5 mm iso	1000	In-house
Sherbrooke 3-Shell	128×128×64	193 (eval at b=1000)	–	1000, 2000, 3000	Garyfallidis et al. (2014)
Stanford HARDI	106×81×76	150	–	2000	Rokem (2016)
PPMI (Parkinson)	116×116×72	64	–	2000	Marek et al. (2011)

## Quantitative Results :

- SNR/CNR higher than all competing methods
- Average improvement** : +0.95 SNR / +0.93 CNR par compared to N2S

## Key Advantages :

- DDM<sup>2</sup> = better detail preservation than Patch2Self
- 5 to 10× **faster than** standard DDPM (thanks to Markov State Matching).



$$\text{SNR} = \frac{\mu_{\text{signal}}}{\sigma_{\text{bruit}}} \quad \text{CNR} = \frac{|\mu_{\text{foreground}} - \mu_{\text{background}}|}{\sigma_{\text{bruit}}}$$

Foreground := corpus callosum

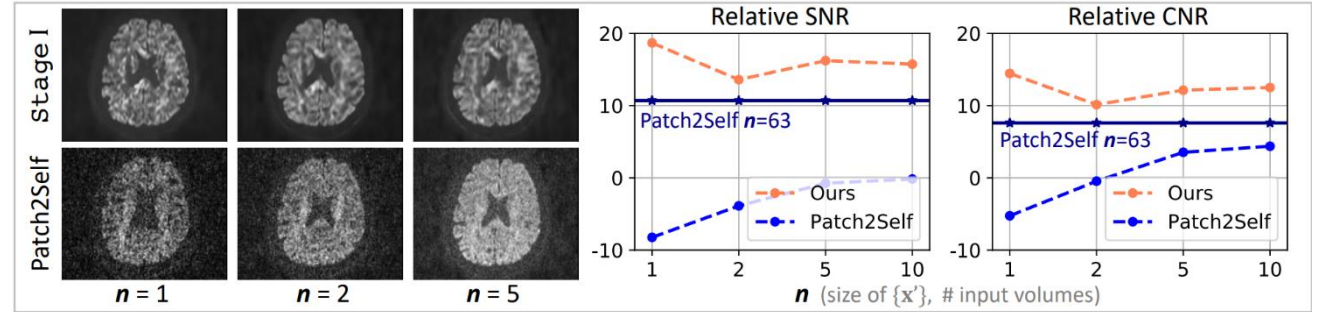
- DIP (Deep Image Prior)
- Noise2Noise (N2N)
- Patch2Self (P2S)
- Noise2Score (N2S)



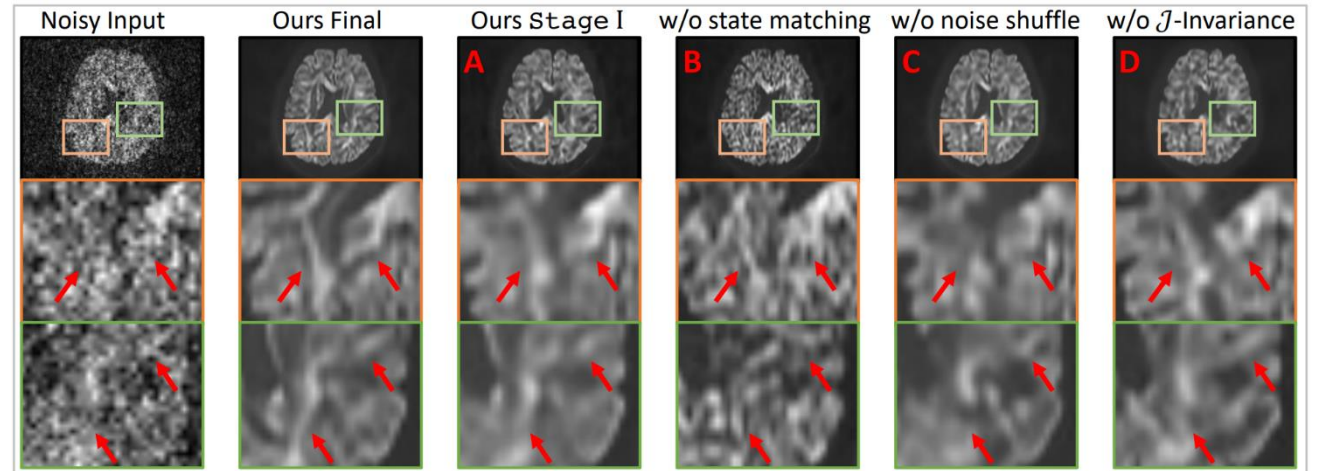
# ABLATION STUDIES

- **Stage I :**
  - Produces clean images even with  $n = 1$  or  $2$
  - Maintains **high SNR/CNR** across all settings
- **Patch2Self :**
  - Fails when  $n$  is **small** (images remain noisy)
  - Needs **large  $n$  ( $\sim 63$ )** to reach acceptable performance

Vary number of input volumes



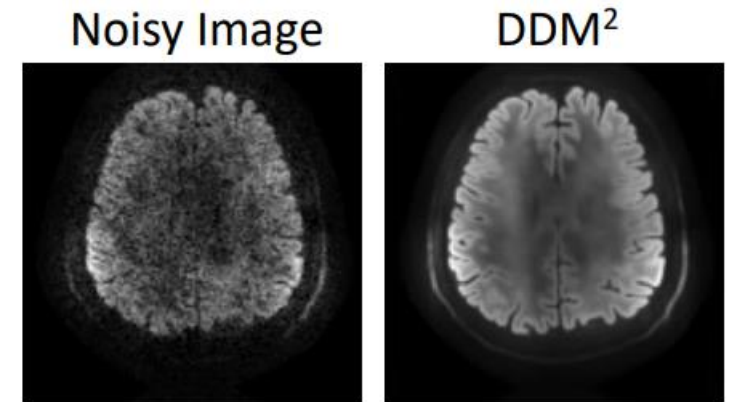
- **Stage I (A)** → good denoising but **too smooth**, loss of fine details
- **w/o State Matching (B)** → **hallucinations**, false anatomical details
- **w/o Noise Shuffle (C)** → structural degradation, loss of robustness
- **w/o J-Invariance (D)** → blurrier results, accumulated errors



# Conclusion et Discussion

**Summary of the article** : DDM2 : Self-supervised denoising in 3 stages

- Noise estimation (Stage I)
  - Matching to a Markov state (Stage II)
  - Denoised image generation via diffusion (Stage III)
- 
- Achieves higher SNR/CNR with preserved anatomical details.
  - Inference time is longer compared to conventional CNNs/MLPs.



Thanks for your attention !