main tutorial:

We can use the guide as these website tell us.
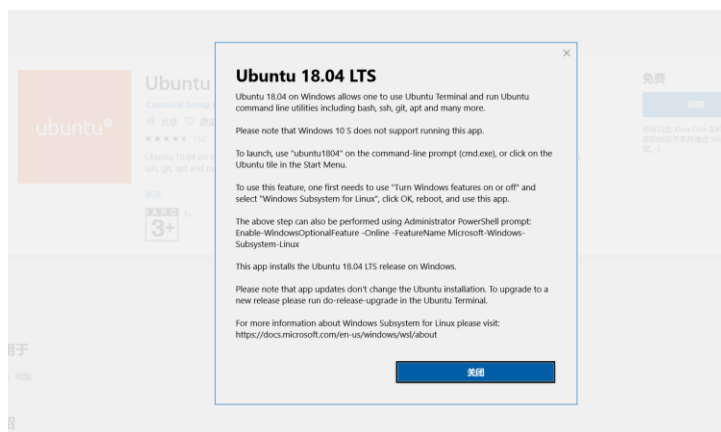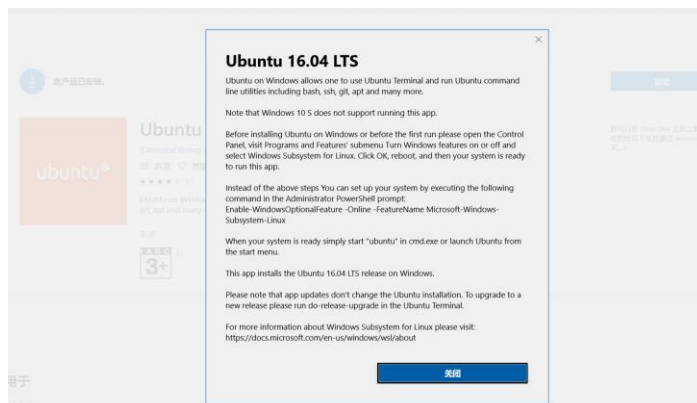
1. FSL (https://fsl.fmrib.ox.ac.uk/fsl/fslwiki)   (should keep python=2.x)

2. AFNI (https://afni.nimh.nih.gov)

Points to pay attention to:

1.When download Ubuntu system from Microsoft Store, use this Ubuntu version!!!!
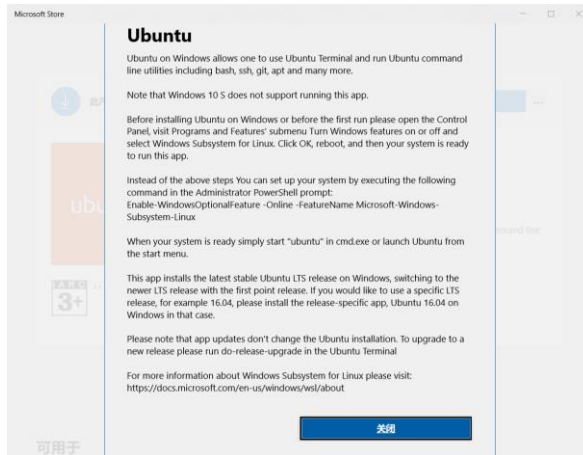
DO NOT USE THESE UBUNTU VERSION

2.
And, at first we should have the sudo root. Remember to type:
sudo passwd root
(and then type your new password which can be the same as before)
su - root
su (your username)

3.After install Xlaunch, if you want to use it, please add export DISPLAY=:0 before your command line.

4.Every time we finished install a package (eg. R), we should close the Ubuntu windows and restart it.