# Abstract Writing for Medical Research Papers

# 医学论著英语摘要写作

Qi Hui, Chen Feina, Guo Haiyan

Fujian Medical University

Department of Arts and Sciences

# 译者序

本书是由福建医科大学文理艺术学院的齐晖、陈菲娜、郭海燕老师为主编,陈晶为学术秘书,交由复旦大学出版社出版,专供福医大学生使用的英语摘要写作教科书。我本人也是三位老师的学生,纵然课堂生动有趣、干货满满,但苦于同校前辈制作的扫描件观感不佳,笔记整理不便,译者决心要进行文字重排处理。其中自觉原书排版不善之处,皆进行重新编排,以符合译者审美。

原书通本以英文编写,编者似乎意图借此提升我等英语阅读水平,奈何文本中穿插语言学专有名词,初学时疲于翻译、苦不堪言。此外,期末复习期间,全英文本并不利于提升复习效率,故译者对主要文本进行翻译,对照复习。本套重置本将基于该译本进行整理,包含三种排版样式——原文重排版、双语对照版、译文版。以上三个版本请学弟学妹们按需取用,20届学长祝各位期末考试顺利。

本书为个人翻译作品,若发现纰漏,请在GitHub上提交issue。在此声明,此书仅供学习交流使用,请勿用于商业用途或其他领域。

# 编译环境

操作系统: Windows

● 语言: IATEX

● 编译环境: XHATEX

• TeX Live版本: TeX Live 2022

# 命令环境注释

e.g.环境 标签命名规则: eg:<语步/语阶缩写>-本章节e.g.e.g.环境序号, 如: label={eg:1s1-1}

# 目录

第一章	Overview of Abstracts	1
1.1	Definition of an Abstract	1
1.2	Importance and Functions of an Abstract	1
1.3	Types of Abstracts	2
1.4	Types of Informative Abstracts	2
1.5	Glossary	7
chap	oter Exercice	8
第二章	Move and Step Identification	11
2.1	Move Identification	11
2.2	Step Identification	15
2.3	Glossary	17
chap	oter Exercice	18
第三章	Move One	25
3.1	Steps in M1	25
3.2	Language Features in Each Step	31
	3.2.1 Step 1(1S1) Presenting current knowledge or relevant information established by	
	previous studies	31
	3.2.2 Step 2(1S2) Establishing a niche/problem	33
	3.2.3 Step 3(1S3a) Indicating main purposes	34
	3.2.4 Step 3(1S3b) Raising hypotheses	36
3.3	Sample Reading	37
3.4	Glossary	40
3.5	Glossary	40
chap	oter Exercice	41
第四章	Move Two	47
4.1	Steps in M2	47
4.2	Language Features in Each Step	50
	4.2.1 Step 1(2S1) Reporting on medical ethics review	51

iv	目录

	4.2.2	Step 2(2S2) Explaining briefly research design	51
	4.2.3	Step 3(2S3) Describing subjects or data and their selection criteria	53
	4.2.4	Step 4(2S4) Describing experimental procedure, such as interventions, examina-	
		tions, etc	54
	4.2.5	Step 5(2S5) Describing main outcomes and their measures	55
	4.2.6	Step 6(2S6) Describing data analysis methods	57
	4.2.7	Step 7(2S7) Reporting on registration information	58
4.3	Sampl	e Reading	59
4.4	Glossa	ry	63
chap	ter Exe	ercice	63
第五章	Move	Three	67
第六章			69

# Overview of Abstracts

#### Definition of an Abstract 1.1

The American Psychological Association (APA) Style (2010) states that an abstract is a brief, comprehensive summary of the content of an article. According to the American National Standards Institute (1979), an abstract is an abbreviated accurate representation of the content of a document, preferably prepared by its author(s) for publication with it. In general, an abstract is a concise, accurate and comprehensive statement of the content of an article. It is original rather than excerpted.

#### Importance and Functions of an Abstract 1.2

An abstract is a distinct genre, and to some extent plays a pivotal role in academic reading and writing. In the era of information explosion, an enormous number of new publications are produced in the academic community each day. There is no practical way for every reader to get access to every new article, or to read every new publication even if it is accessible. The abstracts published online, which are concise and comprehensive, can be obtained easily and quickly. Abstract reading, then, may be a useful starting point of any academic reading and writing. In this sense, an abstract is the most read part of an article.<sup>1</sup>

An abstract has at least three functions (Huckin, 2001). First, it serves as 则机,最你更枝。想极整月正 a stand-alone mini text, giving readers a quick summary of a study's objectives, 进好志次回总般, 段然取向使 methodology, findings and conclusions, which are the major components of ab- 张规军证回,世市总李率英茄 stracts. Second, it serves as a screening device, and gives readers an adequate view 持伴。 on whether the full-length article is of great value to their needs and worth further reading. A good abstract, to some extent, increases the chance of being cited or referenced. Third, for those readers who do opt to read the article as a whole, the abetract serves as a preview, creating an interpretive frame that can guide reading.

1 劳仑衣普桑, 认至将指点效

### 1.3 Types of Abstracts

Generally, abstracts fall into two categories, indicative and informative, depending on the type of information they convey. A typical distinction between them is that the indicative abstract, viewed as the outline of the paper, is usually shorter and simpler, while the informative abstract, viewed as the summary of the paper is usually longer and more thorough.

These two types of abstracts also differ in the components they contain. Indicative abstracts often include the purpose, scope, and methods of the report or study, but seldom include theresults or conclusions. Reading indicative abstracts could not substitute reading the paper, because not all the crucial components are covered. It is more widely used in social science papers. On the other hand, informative abstracts usually include all the crucial components of the study, such as the background, purpose, methods, results, and conclusions. It is the type of abstracts widely used in medical field. In this book, we focus on the writing of informative abstracts. The abstracts referred to in the following chapters are informative abstracts.

## 1.4 Types of Informative Abstracts

There are two types of informative abstracts, structured abstracts and unstructured abstracts.

Where a heading or label is used at the beginning of the text in each section, it is a structured abstract. Each section is usually written in a separate paragraph, but sometimes sections are written in a sole or continuous paragraph. Headings might be background, objectives, methods, results, conclusions, and so on. They vary according to the criteria set by different journals. Structured abstracts appear to be favored by medically-relevant publications.

Where no heading or label is used to indicate different parts of an abstract, it is an unstructured abstract. It is always a sole paragraph. The major difference between the two types of abstracts lies in whether there are headings or not. In an unstructured abstract the content and sequence of the items are written as it is in the structured one.

Journals mandate which style should be used, so check the author guidelines if you' re not sure. If it is not mentioned, keep an eye out for the type of abstracts preferable in the journals where you are willing to have your paper submitted and published. Write your abstracts in the style which dominates.

#### Sample 1.4.1:

#### **BACKGROUND**

In patients with acute heart failure, early intervention with an intravenous vasodilator has been proposed as a therapeutic goal to reduce cardiacwall stress and, potentially, myocardialinjury, thereby favorably affecting patients' long-term prognosis.

#### **METHODS**

In this double-blind trial, we randomly assigned 2, 157 patients with acute heart failure to receive a continuous intravenous infusion of either ularitide at a dose of 15 ng per kilogram of body weight per minute or matching placebo for 48 hours, in addition to accepted therapy. Treatment was initiated a median of 6 hours after the initial clinical evaluation. The coprimaryd outcomes were death from cardiovascular causes during a median follow-up of 15 months and a hierarchical composite end point that evaluated the initial 48-hour clinical course.

#### RESULTS

Death from cardiovascular causes occurred in 236 patients in the ularitide group and 225 patients in the placebo group (21.7% vs. 21.0%; hazard ratio, 1.03;96% confidence interval, 0.85 to 1.25; P=0.75). In the intention-to-treat analysis, there was no significant between-group difference with respect to the hierarchical composite outcome. The ularitide group had greater reductions in systolic blood pressure and in levels of N-terminal pro-brain natriuretic peptide than the placebo group. However, changes in cardiac troponin T levels during the infusion did not differ between the two groups in the 55% of patients with paired data.

#### CONCLUSIONS

In patients with acute heart failure, ularitide exerted favorable physiological effects (without affecting cardiac troponin levels), but short-term treatment did not affect a clinical composite end point or reduce long-term cardiovascular mortality.

—Effect of Ularitide on Cardiovascular Mortality in Acute Heart Failure.

New England Journal of Medicine (2017)

#### Sample 1.4.2:

#### **OBJECTIVE**

To evaluate the association between the parameters of 24-hour multichannel intraluminal impedance (MII)-pH monitoring and the symptoms or quality of life (QoL) in laryngopharyngeal reflux (LPR) patients.

#### **DESIGN**

Prospective cohort study without controls.

#### **SETTING**

University teaching hospital.

#### **METHODS**

Forty-five LPR patients were selected from subjects who underwent 24-hour MII-pH monitoring and were diagnosed with LPR from September 2014 to May 2015. Reflux Symptom Index (RSI), Health-related Quality of Life (HRQoL), Short Form 12 (SF-12) Survey questionnaires were surveyed. Spearman's correlation was used to analyse the association between the symptoms or QoL and 24-hour MII-pH monitoring.

#### RESULTS

Most parameters in 24-hour MII-pH monitoring showed weak or no correlation with RSI, HRQoL and SF-12. Only number of non-acid reflux events that reached the larynx and pharynx (LPR-non-acid) and number of total reflux events that reached the larynx and pharynx (LPR-total) parameters showed strong correlation with heartburn in RSI (R=0.520, P < 0.001, R=0.478, P = 0.001, respectively). Multiple regression analysis showed that there was only one significant regression coefficient between LPR-non-acid and voice/hoarseness portion of HRQoL (b=1.719, P = 0.022).

#### **CONCLUSION**

Most parameters of 24-hour MII-pH monitoring did not reflect subjective symptoms or QoL in patients with LPR.

—Association between 24-hour combined multichannel intraluminal impedance-pH monitoring and symptoms or quality of life in patients with laryngopharyngeal reflux.

Clinical Otolaryngology (2017)

#### **Sample 1.4.3:**

Due to the high incidence of recurrent squamous cell carcinoma of the head and neck andd the toxicity profile of current salvage regimens, there is a need for tolerable and effective treatment options. We performed a retrospective matched case series to report our experience with recurrent high-risk patients who received capecitabine (CAP) therapy in the adjuvant setting after salvage therapy. The 5-year recurrence-free survival rates for the CAP and control cohorts were 54% (95% CI, 0.27%–0.75%) and 27% (95% CI, 0.09%–0.50%), respectively.Multivariable Cox modeling showed a significant improvement in recurrence-free survival in thed CAP cohort (hazard ratio, 0.19; 95% CI, 0.04–0.92; P=.0392). While this was a respective analysis that could not control for all variables, these exploratory findings offer insights that may inform a prospective study to determine CAP efficacy.

—Capecitabine after Surgical Salvage in Recurrent Squamous Cell Carcinoma of Head and Neck.

Otolaryngology—Head & Neck Surgery (2017)

#### Note 1.4.1: Corpus used for this book

The data used and analyzed in this book are from a custom-built corpus with 1.15 million tokens of medical research article (RA) abstracts. The discipline of medicine is divided into 18 sub-disciplines, and RA abstracts from 2 to 3 leading journals are randomly retrieved in each sub-discipline with relatively similar number of texts for each sub-discipline (Table 1.1). The journals selected are all with relatively high impact factors.

表 1.1: Sub-disciplines and journals in each sub-discipline

Sub-discipline	Journal
Anesthesiology	British Journal of Anaesthesia Anesthesiology Anesthesia and Analgesia
Dermatology	Journal of American Academy of Dermatology Giornale Italiano di Dermatologia e Venereologia

表 1.1: Sub-disciplines and journals in each sub-discipline (Continued)

Sub-discipline	Journal
Emergency Medicine	Annals of Emergency Medicine Internal and Emergency Medicine Academic Emergency Medicine
Geriatrics	Neurobiology of Aging Aging Cell Age and Ageing
Internal Medicine	The New England Journal of Medicine The Lancet JAMA-Journal of the American Medical Association
Medical Imaging	The Journal of Nuclear Medicine Investigative Radiology Radiology
Medical Laboratory	Clinical Chemistry and Laboratory Medicine Clinical Biochemistry
Neurology	The Lancet Neurology Annals of Neurology
Obstetrics and Gynecology	Obstetrics & Gynecology American Journal of Obstetrics & Gynecology An International Journal of Obstetrics & Gynecology
Oncology	Journal of Clinical Oncology The lancet Oncology
Ophthalmology	Ophthalmology American Journal of Ophthalmology Archives of Ophthalmology
Otolaryngology (ENT)	Head & Neck Clinical Otolaryngology Otolaryngology—Head & Neck Surgery
Pain Medicine	The Clinical Journal of Pain Pain Medicine Regional Anesthesia and Pain Medicine
Pediatrics	Journal of the American academy of child & Adolescent psychiatry Pediatrics JAMA pediatrics

1.5 GLOSSARY 7

表 1.1: Sub-disciplines and journals in each sub-discipline (Continued)

Sub-discipline	Journal
Physical medicine and rehabilitation	Neurorehabilitation and neural repair  Journal of fluency disorders
Psychiatry	Molecular psychiatry The American journal of psychiatry JAMA psychiatry
Sports medicine	Medicine and Science in Sports and Exercise Sports Medicine The American Journal of Sports Medicine
Surgery	Annals of Surgery  American Journal of Transplantation  Journal of Neurology, Neurosurgery & Psychiatry

#### Task 1.4.1: Corpus-based task

Can you build your own corpus with at least 100, 000 tokens?

#### Note 1.4.2: Corpus used for this book

In this book, "corpus-based tasks" are designed to enhance your ability to explore language realizations of medical RA abstracts with corpus approach. Most of these tasks might require the use of software such as AntCone, WordSmith, and so on.

# 1.5 Glossary

表 1.2: Glossary of Chapter 1

WORDS	MEANING	MEANING OR EXAMPLE
excerpt/'eks3:pt/	v. 摘录; 引用	If a long piece of writing or music is excerpted, short pieces from it are printed or played on their own.
genre/ˈʒɑːnrə/	<i>n</i> . 体裁	a particular type of art, writing, music etc, which has certain features that all examples of this type share.

WORDS	MEANING	MEANING OR EXAMPLE
mandate /'mændert/	v. 授权;强制执 行;委托办理	to tell someone that they must do a particular thing.
methodology /ˌmeθəˈdɒləʤi/	n. 方法学	a set of methods and principles used to perform a particular activity.
$\mathbf{opt}/\mathrm{opt}/$	v. 选择; 挑选	to choose one thing or do one thing instead of another
pivotal/'prvətl/	<i>adj.</i> 关键性的; 核心的	more important than anything else in a situation or system.

表 1.2: Glossary of Chapter 1 (Continued)

## Chapter Exercice

1. Identify whether the following abstracts are structured or unstructured and tell the reasons.

#### Abstract 1

Objectives: The aim of this study was to analyze changes in health care utilization and cost among a sample of highly impaired children and adolescents who sought a 3-week intensive interdisciplinary pain treatment (IPT).

Materials and Methods: Claims data from 7 statutory health insurance companies were analyzed for 65 children and adolescents who sought IIPT at the German Paediatric Pain Centre. The annual health care utilization and cost were determined for the following 4 areas: outpatient care, inpatient care, medications, and remedies and aids. We analyzed the changes in resource utilization in the year before (pre\_1 y) IPT and in the subsequent year (post\_1 y).

Results: Within the first year after IPT, overall health care costs did not decrease significantly. However, the pattern of health care utilization changed. First, significantly more children and adolescents started outpatient psychotherapy (P=0.001). Second, the number of hospitalized children decreased significantly from 1-year pre to 1-year post (P=0.001). Accordingly, there were significantly fewer hospitalizations for primary chronic pain disorders at 1-year post (P<0.001). The prescription of nonopioids, coanalgesics and opioids was significantly reduced from 1-year pre to 1-year post (all P<0.013).

Chapter Exercice 9

Discussion: The present results indicate that the health care costs of children and adolescents with severe chronic pain disorders do not significantly decrease 1 year after IPT; however, the treatment becomes more goal-focused. Differential diagnosis measures and nonindicated therapeutic interventions decreased, and more indicated interventions, such as psychotherapy, were used. Future research is needed to investigate the economic long-term changes after IPT.

—Health Care Utilization and Cost in Children and Adolescents with Chronic Pain: Analysis of Health Care Claims Data 1 Year Before and After Intensive Interdisciplinary Pain Treatment.

The Clinical Journal of Pain (2017)

#### Abstract 2

Previous studies of brain structure in Tourette syndrome (TS) have produced mixed results, and most had modest sample sizes. In the present multicenter study, we used structural magnetic resonance imaging (MRI) to compare 103 children and adolescents with TS to a well-matched group of 103 children without tics. We applied voxel-based morphometry methods to test gray matter (GM) and white matter (WM) volume differences between diagnostic groups, accounting for MRI scanner and sequence, age, sex and total GM+WM volume. The TS group demonstrated lower WM volume bilaterally in orbital and medial prefrontal cortex, and greater GM volume in posterior thalamus, hypothalamus and midbrain. These results demonstrate evidence for abnormal brain structure in children and youth with TS, consistent with and extending previous findings, and they point to new target regions and avenues of study in TS. For example, as orbital cortex is reciprocally connected with hypothalamus, structural abnormalities in these regions may relate to abnormal decision making, reinforcement learning or somatic processing in TS.

—Brain structure in pediatric Tourette syndrome.

Molecular Psychiatry (2017)

#### Abstract 3

Objective: To assess the feasibility of detecting signature volatile organic compounds in the breath of patients with oral squamous cell carcinoma.

Study Design: Prospective cohort pilot study.

Setting: University hospital.

Subjects and Methods: Using gas chromatography and mass spectrometry, emitted volatile organic compounds in the breath of patients before and after curative surgery (n=10) were compared with those of healthy subjects (n=4). It was hypothesized that certain volatile organic compounds disappear after surgical therapy. A characteristic signature of these compounds for diseased patients was compiled and validated.

Results: Breath analyses revealed 125 volatile organic compounds in patients with oral cancer. A signature of 8 compounds that were characteristic for patients with oral cancer could be detected: 3 from this group presented were absent after surgery.

Conclusion: The presented results confirmed the hypothesis of an absence of cancer-associated volatile organic compounds in the breath after therapy. In this pilot study, we proved the feasibility of this test approach. Further studies should be initiated to establish protocols for usage in a clinical setting.

> —Volatile Organic Compounds in the Breath of Oral Squamous Cell Carcinoma Patients: A Pilot Study.

> > Otolaryngology Head and Neck Surgery (2017)

# 第二章 Move and Step Identification

#### 2.1 Move Identification

A medical RA abstract consists of moves which work together to achieve its communicative purposes. A move in this sense is "a section of a text that performs a specific communicative function" (Kanoksilapatham, 2007, p.23).

A four move scheme is used in most medical RA abstracts, with move 1 (M1) creating a research space move 2 (M2) describing research process, move 3 (M3) summarizing principal results and move 4 (M4) drawing conclusions. All of them are conventional moves in medical RA abstracts.

In a structured abstract, M2, M3 and M4 could be easily recognized via the headings of methods, results and conclusions. Although there is no specific heading of "methods" in some abstracts, M2 is subdivided into several steps which could be clearly recognized. They could be labelled "design"; "setting", "participants", "interventions", "main outcome measures", and so on.

When it comes to M1, sections labelled with either "objectives" or "background" or both are included. In some structured abstracts, both "background" and ""objectives"" are labelled, in some only "objectives", and in others only "background". Those sections with the label of either "objectives" or "background" are usually comprised of both of them in terms of actual contents. Moreover, in practice, objectives and background are closely related and usually viewed as a whole to provide a specific communicative purpose of creating research space.

For a structured abstract, four moves could be recognized by headings, one of the lexical signals. For unstructured abstracts in which there are no headings or labels, manual recognition of four moves is needed. Other lexical signals could be helpful in recognizing the moves, which are illustrated in Chapter 3 to Chapter 6.

#### Sample 2.1.1:

(M1)

#### BACKGROUND

it is still equivocal whether there is a potential role of late-life physical activity in ameliorating the challenges of increasing healthcare expenditure due to the consequence of global population ageing.

#### **OBJECTIVE**

this study aimed to examine the prospective association between physical activity and subsequent hospital care utilisation in older adults and to explore the optimal dose of physical activity required to reduce hospital care utilisation.

(M2)

#### **DESIGN**

this was a prospective cohort study based on the data from the Taiwan 2005 National Health Interview Survey, which were linked to the 2005-12 claims data from the National Health Insurance system.

#### **PARTICIPANTS**

1,760 older adults aged 65 or more.

#### **METHODS**

the frequency, duration and intensity for physical activity were assessed, and total physical activity energy expenditure was estimated. The average annualised hospital care utilisation for the period 2006 through 2012, including number of hospitalisations, number of days in hospital and the costs of hospitalisation, were calculated.

(M3)

#### RESULTS

older adults engaging in at least moderate volume of physical activity ( $\geq 1,000~\rm kcal/week$ ) experienced fewer subsequent hospital admissions and fewer days in hospital than did sedentary individuals, after adjusting for covariates. Trends for reduced hospitalisation costs were also found. These associations persisted in sensitivity analyses, including tests of reverse causation.

(M4)

#### CONCLUSION

this study has provided evidence that older adults who are at least

moderately active may minimise utilisation of hospital care services. The findings highlight the importance of maintaining a physically active lifestyle in later life.

—Prospective association between late-life physical activity and hospital care utilisation: a 7-year nationwide follow-up study. Age and Aging (2017)

#### Sample 2.1.2:

(M1)

#### **PURPOSE**

Stuttering can trigger anxiety and other psychological and emotional reactions, and limit participation in society. It is possible that psychological counseling could enhance stuttering treatment outcomes; however, little is known about how clients view such counseling. The purpose of this study was to gain an understanding of clients' experiences with, and perceptions of, a psychological counseling service that was offered as an optional adjunct to speech therapy for stuttering.

(M2)

#### **METHOD**

Nine individuals who stutter (13–38 years old) participated in semistructured interviews. Six participants had taken part in psychological counseling; three participants did not do so. Interview data were analyzed using grounded theory as a guiding framework.

(M3)

#### RESULTS

Four thematic clusters emerged from participants' accounts: insights into personal decision-making, why others may not participate in counseling, psychological counseling as a worthwhile part of therapy, and counseling as a necessary component in a stuttering treatment program.

(M4)

#### CONCLUSION

In addition to experiencing barriers and facilitators to help-seeking that are reported in related fields, participants accounts also revealed novel facilitators (i.e., a 'why not' mentality and the importance of having a pre-existing relationship with the clinician who offered the service) and barriers (i. e., viewing the service as a 'limited resource,' and, the overwhelming nature of intensive stuttering treatment programs). Findings suggest that clients value the option to access psychological counseling with trained mental health professionals to support the stuttering treatment provided by speech-language pathologists. Participants made recommendations for the integration of psychological counseling into stuttering treatment programs.

—Psychological counseling as an adjunct to stuttering treatment: Clients' experiences and perceptions.

Journal of Fluency Disorder (2017)

#### Sample 2.1.3:

(M1)

Genetic and neuroimaging research has identified neurobiological correlates of obesity. However, evidence for an integrated model of genetic risk and brain structural alterations in the pathophysiology of obesity is still absent.

(M2)

Here we investigated the relationship between polygenic risk for obesity, gray matter structure and body mass index (BMI) by the use of univariate and multivariate analyses in two large, independent cohorts (n = 330 and n = 347).

(M3)

Higher BMI and higher polygenic risk for obesity were significantly associated with medial prefrontal gray matter decrease, and prefrontal gray matter was further shown to significantly mediate the effect of polygenic risk for obesity on BMI in both samples.

(M4)

Building on this, the successful individualized prediction of BMI by means of multivariate pattern classification algorithms trained on wholebrain imaging data and external validations in the second cohort points to potential clinical applications of this imaging trait marker.

—Prefrontal gray matter volume mediates genetic risks for obesity.

Molecular Psychiatry (2017)

# 2.2 Step Identification

In the genre with an obvious hierarchical structure, moves are usually composed of the steps or sub-moves, which are the subordinate units. In medical RA abstracts, some steps are conventional steps and others are optional steps. The type and frequency of the steps also show the rhetorical purpose of the author. Lexical signals could be helpful in recognizing the steps, which are illustrated in Chapter 3 to Chapter 6.

The abstracts of different journals in the corpus are randomly extracted, with 6 articles in each sub-discipline, totaling 108 articles. Through manual recognition, the steps and communication functions that constitute each step are established (Table 1). If the step is used in more than 80% of articles, it is considered conventional, otherwise optional.

表 2.1: Move/Step Scheme of Medical RA Abstracts

Move/Step	Move/Step Abbr.	Communicative functions	Percentage
Move1	M1	Creating a research territory/space	
Move1Step1	1S1	Presenting current knowledge or relevant 56.5% information established by previous studies	
Move1Step2	1S2	Establishing a niche/problem $^{1}$	41.7%
Move1Step3a	1S3a	Indicating main purposes	83.3%
Move1Step3b	1S3b	Raising hypotheses	2.8%
Move2	M2	Describing research process	
Move2Step1	2S1	Reporting on medical ethics review 2.8	
Move2Step2	2S2	Explaining briefly research design	54.6%
Move2Step3	2S3	Describing subjects or data and their 92.6% selection criteria	
Move2Step4	2S4	Describing experimenal procedure, such as interventions, examinations, etc. 60.2%	
Move2Step5	2S5	Describing main outcomes and their 93.5% measures	
Move2Step6	2S6	Describing data analysis methods 10.2%	
Move2Step7	2S7	Reporting on registration information $9.3\%$	

Move/Step	Move/Step Abbr.	Communicative functions	Percentage
Move3	M3	Summarizing results	
Move3Step1	3S1	Providing information on valid samples	43.5%
Move3Step2	3S2	Illustrating overall observation or main	100%
		results	
Move4	M4	Drawing conclusions	
${\bf Move 4 Step 1}$	4S1	Reiterating pivotal results	16.7%
${\bf Move 4 Step 2}$	4S2	Indicating limitations	3.7%
Move4Step3	4S3	Stating the significance of the results	99.1%
Move4Step4	4S4	Predicting future studies	19.4%

表 2.1: Move/Step Scheme of Medical RA Abstracts (Continued)

<sup>1</sup> niche 原本指法国天主教徒房屋墙壁上预留用于放置圣母玛利亚的神龛。20世纪80年代,该词以"利基市场 (Niche Market)"被美国商学家引入市场营销领域,意指那些被市场中的统治者/有绝对优势的企业忽略的某些细分市场。英文论文写作中,niche引申为被主流研究忽视的问题,即现有研究的缺陷、不足,指向该论文意图解决的问题。

#### Sample 2.2.1:

#### **BACKGROUND**

(1S1) Graded exercise therapy is an effective and safe treatment for chronic fatigue syndrome, (1S2) but it is therapist intensive and availability is limited. (1S3a) We aimed to test the efficacy and safety of graded exercise delivered as guided self-help.

#### **METHODS**

(2S2) In this pragmatic randomised controlled trial, (2S3) we recruited adult patients (18 years and older) who met the UK National Institute for Health and Care Excellence criteria for chronic fatigue syndrome from two secondary-care clinics in the UK. (2S4) Patients were randomly assigned to receive specialist medical care (SMC) alone (control group) or SMC with additional guided graded exercise self-help (GES). Block randomisation (randomly varying block sizes) was done at the level of the individual with a computer-generated sequence and was stratified by centre, depression score, and severity of physical disability. Patients and physiotherapists were necessarily unmasked from intervention assignment; the statistician was masked from intervention assignment. SMC was delivered by specialist doctors but was not standardised; GES consisted of a self-help booklet describing a six-step graded exercise programme that would take roughly 12 weeks to complete, and up to four guidance sessions with a physiotherapist over 8 weeks

2.3 GLOSSARY 17

(maximum 90 min in total). (2S5) Primary outcomes were fatigue (measured by the Chalder Fatigue Questionnaire) and physical function (assessed by the Short Form-36 physical function subscale); both were self-rated by patients at 12 weeks after randomisation and analysed in all randomised patients with outcome data at follow-up (ie, by modified intention to treat). We recorded adverse events, including serious adverse reactions to trial interventions. (2S6) We used multiple linear regression analysis to compare SMC with GES, adjusting for baseline and stratification factors. (2S7) This trial is registered at ISRCTN, number ISRCTN22975026.

#### **FINDINGS**

(3S1) Between May 15,2012, and Dec 24,2014, we recruited 211 eligible patients, of whom 107 were assigned to the GES group and 104 to the control group. (3S2) At 12 weeks, compared with the control group, mean fatigue score was 19.1 (SD-7.6) in the GES group and 22.9(6.9) in the control group (adjusted difference-4.2 points, 95% CI -6.1 to -2.3, P < 0.0001; effect size 0.53) and mean physical function score was 55.7(23.3) in the GES groupand 50. 8(25.3) in the control group (adjusted difference 6.3 points, 1.8 to 10.8, P=0.006; 0.20). No serious adverse reactions were recorded and other safety measures did not differ between the groups, after allowing for missing data.

#### INTERPRETATION

(4S2) GES is a safe intervention that might reduce fatigue and, to a lesser extent, physical disability for patients with chronic fatigue syndrome. (4S4) These findings need confirmation and extension to other health-care settings.

—Guided graded exercise self-help plus specialist medical care versus specialist medical care alone for chronic fatigue syndrome (GETSET): a pragmatic randomised controlled trial.

The Lancet (2017)

# 2.3 Glossary

WORDS	MEANING	MEANING OR EXAMPLE
conventional/kər	<i>adj.</i> 传统的;常 规的	a conventional method, product, practice, etc. has been used for a long time and is considered the usual type
$\mathbf{ethics}/^{\cdot} e\theta iks/$	n. 伦理标准	[plural] moral rules or principles of behaviour for deciding what is right and wrong
intervention/,mt	n. 干预; 介入	an action or ministration that produces an effect or is intended to alter the course of a pathologic process
$\mathbf{niche}/\mathrm{ni:} \mathcal{J}/$	n. 利基; 生态 位; 微环境	a gap in the previous research
reiterate/ri:'ıtəreı	v. 重申	to say something again, usually in order to emphasize it

表 2.2: Glossary of Chapter 2

# Schapter Exercice

#### 1. Identify the four moves in the abstracts.

#### Abstract 1

Objective: To evaluate the association between the parameters of 24-hour multichannel intraluminal impedance (MII)-pH monitoring and the symptoms or quality of life (QoL) in laryngopharyngeal reflux (LPR) patients.

Design: Prospective cohort study without controls.

Setting: University teaching hospital.

Methods: Forty-five LPR patients were selected from subjects who underwent 24-hour MII- pH monitoring and were diagnosed with LPR from September 2014 to May 2015. Reflux Symptom Index (RSI), Health-related Quality of Life (HRQoL), Short Form 12 (SF-12) Survey questionnaires were surveyed. Spearman's correlation was used to analyse the association between the symptoms or QoL and 24-hour MII-pH monitoring.

Results: Most parameters in 24-hour MII-pH monitoring showed weak or no correlation with RSI, HRQoL and SF-12. Only number of non-acid reflux events that reached the larynxand pharynx (LPR-non-acid) and number of total reflux events that reached the larynx and pharynx (LPR-total) parameters showed strong correlation with heartburn in RSI (R=0.520, P < 0.001,

ª 英文论文中指代当前文献中的差距、问题或缺陷。即现有研究尚未解决的部分。

Chapter Exercice 19

R=0.478, P=0.001, respectively). Multiple regression analysis showed that there was only one significant regression coefficient between LPR-non-acid and voice/hoarseness portion of HRQoL (b=1.719, P=0.022).

Conclusion: Most parameters of 24-hour MII-pH monitoring did not reflect subjective symptoms or QoL in patients with LPR.

—Association between 24-hour combined multichannel intraluminal impedance-pH monitoring and symptoms or quality of life in patients with laryngopharyngeal reflux. Clinical Otolaryngology (2017)

#### Abstract 2

Skeletal muscle mitochondrial oxidative capacity declines with age and negatively affects walking performance, but the mechanism for this association is not fully clear. We tested the hypothesis that impaired oxidative capacity affects muscle performance and, through this mechanism, has a negative effect on walking speed. Muscle mitochondrial oxidative capacity was measured by in vivo phosphorus magnetic resonance spectroscopy as the postexercise phosphocreatine resynthesis rate, Kpc, in 326 participants (154 men), aged 24-97 years (mean 71), in the Baltimore Longitudinal Study of Aging. Muscle strength and quality were determined by knee extension isokinetic strength, and the ratio of knee extension strength to thigh muscle cross-sectional area derived from computed topography, respectively. In multivariate linear regression analyses, kpc, was associated with muscle strength ( $\beta = 0.140, P = 0.007$ ) and muscle quality ( $\beta = 0.127, P = 0.022$ ), independent of age, sex, height, and weight; muscle strength was also a significant independent correlate of walking speed (P < 0.02 for all tasks) and in a formal mediation analysis significantly attenuated the association between kpc and three of four walking tasks (18%-29% reduction in  $\beta$  for kpcr). This is the first demonstration in human adults that mitochondrial function affects muscle strength and that inefficiency in muscle bioenergetics partially accounts for differences in mobility through this mechanism.

—Muscle strength mediates the relationship between mitochondrial energetics and walking performance. Aging Cell (2017)

#### Abstract 3

Propacetamol, a water-soluble prodrug form of paracetamol, is hydrolyzed by esterase to generate paracetamol in the blood. Each gram of propacetamol is equal to 0.5 g of paracetamol. It has been reported to cause hypotension in critically ill patients with a fever. We aimed to investigate the hemodynamic effects of propagetamol for the control of fever in patients with diverse severities of illness who were managed in the emergency department (ED). We also aimed to identify clinical factors related to significant hemodynamic alterations in ED patients. This was a retrospective study of 1507 ED patients who received propacetamol. Significant hemodynamic alterations were defined as systolic blood pressure (SBP) ;90 mmHg or diastolic blood pressure (DBP) i60 mmHg, or a drop in SBP i30 mmHg, which required treatments with a bolus of fluid or vasopressor administration. Postinfusion SBP and DBP were significantly lower than the preinfusion SBP and DBP. A clinically significant drop in BP occurred in 162 (10.7%) patients, and interventions were necessary. Among the predictors assessed, congestive heart failure (OR 6.21,95% CI 2.67–14.45) and chills (OR 3.10.95% CI 2.04–4.70) were independent factors for a significant hemodynamic change. Administration of propacetamol can provoke a reduction in BP in ED patients. This reduction was clinically significant for 10% of infusions. Clinicians should be aware of this potential deleterious effect, especially in patients with congestive heart failure or who experience chills prior to the administration of propacetamol.

—Clinically significant hemodynamic alterations after propacetamol injection in the emergency department: prevalence and risk factors. *Internal and Emergency Medicine (2016)* 

#### 2. Reorder the four moves in the abstracts.

#### Abstract 1

Methods: A dual-virus tracing strategy combining retroviral birthdating with rabies virus- mediated putative retrograde trans-synaptic tracing was used to identify and compare presynaptic inputs onto adult-born and early-born DGCs in the rat pilocarpine model of mTLE.

Move	•
------	---

Objective: To understand how monosynaptic inputs onto adult-born dentate granule cells (DGCs) are altered in experimental mesial temporal lobe epilepsy (mTLE) and whether their integration differs from early-born DGCs that are mature at the time of epileptogenesis.

—Move	

Interpretation: These data support the presence of substantial hippocampal circuit remodeling after an epileptogenic insult that generates prominent excitatory monosynaptic inputs, both local recurrent and widespread feedback loops, onto DGCs. Both adult-born and early-bom DGCs are targets of new inputs from other DGCs as well as from CA3 and CA1 pyramidal cells after pilocarpine treatment, changes that likely contribute to epileptogenesis in experimental mTLE.

Results: Our results demonstrate that hilar ectopic DGCs preferentially synapse onto adult-born DGCs after pilocarpine-induced status epilepticus (SE), whereas normotopic DGCs synapse onto both adult-born and early-born DGCs. We also find that parvalbumin- and somatostatin-interneuron inputs are greatly diminished onto early-born DGCs after SE. However, somatostatin-interneuron inputs onto adult-born DGCs are maintained, likely due topreferential sprouting. Intriguingly, CA3 pyramidal cell backprojections that specifically target adult-born DGCs arise in the epileptic brain, whereas axons of interneurons and pyramidal cells in CA1 appear to sprout across the hip-pocampal fssure to preferentilly synapse onto early-bomDGCs.

—Move	
-------	--

—Rabiestracing of birthdated dentae granule cells in rat temporal lobe epilepsy. Annals of Neurology (2017)

#### Abstract 2

We identified a mssense Asn396Ser mutation (rs77960347) in the endothelial lipase (LIG) gene, occurring with an allele frequency of 1% in the general population, which was significantly associated with depressive symptoms (P-value =  $5.2 \times 10 - -08$ ,  $\beta = 7.2$ ). Replication in three independent data sets (N = 3612) confirmed the association of Asn396Ser (P-value =  $7.1 \times 10 - 03$ ,  $\beta = 2.55$ ) with depressive symptoms.

Despite a substantial genetic component, efforts to identify common genetic variation underlying depression have largely been unsuccessful. In the

current	study	we aim	ed to	identify	rare	${\rm genetic}$	variants	that	might	have	large
effects of	on dep	ression	in the	e general	l pop	ulation					

—Move \_\_\_\_

Using high-coverage exome-sequencing, we studied the exonic variants in 1 265 individuals from the Rotterdam study (RS), who were assessed for depressive symptoms.

—Move \_\_\_\_

LIPG is predicted to have enzymatic function in steroid biosynthesis, cholesterol biosynthesis and thyroid hormone metabolic processes. The Asn396Ser variant is predicted tod have a damaging effect on the function of LIPG. Within the discovery population, carriers also showed an increased burden of white matter lesions (P-value= $3.3\times10-02$ ) and a higher risk of Alzheimer's disease (odds ratio=2.01; P-value =  $2.8\times10-02$ ) compared with the noncarriers. Together, these findings implicate the Asn396Ser variant of LIPG in the pathogenesis of depressive symptoms in the general population.

—Move \_\_\_\_\_

—Exome-sequencing in a large population-based study reveals a rare Asn396Ser variant in the LIPG gene associated with depressive symptoms.

Molecular Psychiatry (2017)

#### Abstract 3

Conclusion: This study suggests that hearing problems in later life could increase the risk of having difficulties performing IADLs, which include more complex everyday tasks such as shopping and light housework. However, further studies are needed to determine the associations observed including the underlying pathways.

—Move

Methods: Data were collected on self-reported hearing impairment including hearing aid use, and disability assessed as mobility limitations (problems walking/taking stairs), difficulties with activities of daily living (ADL) and instrumental ADL (IADL). Mortality data were obtained from the National Health Service register.

—Move \_\_\_\_

Background and objective: Hearing impairment is common in older adults and has been implicated in the risk of disability and mortality. We examined the association between hearing impairment and risk of incident disability and all-cause mortality.

23

Results: Among 3,981 men, 1,074(27%) reported hearing impairment. Compared with men with no hearing impairment, men who could hear and used a hearing aid, and men who could not hear despite a hearing aid had increased risks of IADL difficulties (age-adjusted OR 1.86, 95% CI 1.29–2.70; OR 2.74, 95% CI 1.53–4.93, respectively). The associations remained after further adjustment for covariates including social class, lifestyle factors, comorbidities and social engagement. Associations of hearing impairment with incident mobility limitations, incident ADL difficulties and all-cause mortality were attenuated on adjustment for covariates.

—Move	

<sup>—</sup>Hearing impairment and incident disability and all-cause mortality in older British community-dwelling men. Age and Ageing (2016)

# 第三章 Move One

Move One (M1) is the first part of an abstract. It creates a research territory or space for the research

# 3.1 Steps in M1

M1 usually involves three steps, each with a clear communicative purpose.

- 1S1 Presenting current knowledge or relevant information established by previous studies
- 1S2 Establishing a niche/problem
- 1S3a Indicating main purposes
- 1S3b Raising hypotheses

Usually in the last step either the objectives or the hypotheses are presented while only a few abstracts cover both.

#### Sample 3.1.1:

Senescent cells are present in premalignant lesions and sites of tissue damage and accumulate in tissues with age. In vivo identification, quantification and characterization of senescent cells are challenging tasks that limit our understanding of the role of senescent cells in diseases and aging. Here, we present a new way to precisely quantify and identify senescent cells in tissues on a single-cell basis.

—Quantitative identification of senescent cells in aging and disease. Aging
Cell (2017)

#### STEP IDENTIFICATION

表 3.1: Common Prefixes

Step	Sample
1S1	Senescent cells are present in premalignant lesions and sites of tissue damage and accumulate in tissues with age.
1S2	In vivo identification, quantification and characterization of senescent cells are challenging tasks that limit our understanding of the role of senescent cells in diseases and aging.
1S3a	Here, we present a new way to precisely quantify and identify senescent cells in tissues on a single-cell basis.

#### **ANALYSIS**

This is a typical example of M1 involving three steps. The first sentence informs the readers of the background information related to the research. The second sentence, where the word "no" can be seen as a signal for 1S2, identifies the problem-the lack of a standard. The last sentence, with the subject "aim" and the to-infinitive, shows the research objective.

#### **Sample 3.1.2:**

#### **OBJECTIVE**

Seizures are more frequent in patients with Alzheimer's disease (AD) and can hasten cognitive decline. However, the incidence of subclinical epileptiform activity in AD and its consequences are unknown. Motivated by results from animal studies, we hypothesized higherthan expected rates of subclinical epileptiform activity in AD with deleterious effects on cognition.

—Incidence and impact of subclinical epileptiform activity in Alzheimer's disease. Annals of Neurology (2016)

#### STEP IDENTIFICATION

	表 3.2: Common Prefixes
$\mathbf{Step}$	Sample
1S1	Seizures are more frequent in patients with Alzheimer's disease (AD) and can hasten cognitive decline.
1S2	However, the incidence of subclinical epileptiform activity in AD and its consequences are unknown.
1S3b	Motivated by results from animal studies, we hypothesized higher than expected rates of subclinical epileptiform activity in AD with deleterious effects on cognition.

1S3a is a comparatively conventional step in this move, while others are optional. These steps follow the orders listed above to fulfill the authors' communicative purposes, which are to clarify what is already known, what remains unknown and what is to be known.

#### Sample 3.1.3:

#### **BACKGROUND**

CT-P6 is a proposed biosimilar to reference trastuzumab. In this study, we aimed to establish equivalence of CT-P6 to reference trastuzumab in neoadjuvant treatment of HER2-positive early-stage breast cancer.

—CT-P6 compared with reference trastuzumab for HER2-positive breast cancer: a randomised, double-blind, active-controlled, phase 3 equivalence trial. *Lancet Oncology (2017)* 

#### STEP IDENTIFICATION

表 3.3: Common Prefixes

Step	Sample
1S1	<b>BACKGROUND</b> : CT-P6 is a proposed biosimilar to reference trastuzumab.
1S3a	In this study, we aimed to establish equivalence of CT-P6 to reference trastuzumab in neoadjuvant treatment of HER2-positive early-stage breast cancer.

#### Sample 3.1.4:

At a population level, dietary consumption of fish rich in docosahexaenoic acid (DHA) is associated with prevention of cognitive decline but this association is not clear in carriers of the apolipoprotein E epsilon 4 allele (E4). Plasma and liver DHA concentrations show significant alterations in EA carriers, in part corrected by DHA supplementation. However, whether DHA sufficiency in E4 carriers has consequences on cognition is unknown.

—Docosahexaenoic acid prevents cognitive deficits in human apolipoprotein E epsilon 4-targeted replacement mice. Neurobiology of Aging (2017)

#### STEP IDENTIFICATION

表 3.4: Common Prefixes

Step	Sample
1S1	At a population level, dietary consumption of fish rich in docosahexaenoic acid (DHA) is associated with prevention of cognitive decline but this association is not clear in carriers of the apolipoprotein E epsilon 4 allele (E4). Plasma and liver DHA concentrations show significant alterations in EA carriers, in part corrected by DHA supplementation.
	Continued on next page 表 3.4: Common Prefixes (Continued)
Step	Sample

#### Sample 3.1.5:

1S2

The aim of this cohort study is to compare the symptom burden of patients who have an planned admission. unplanned admission to an acute palliative care unit (APCU) with patients who have a regular planned admission.

However, whether DHA sufficiency in E4 carriers has

consequences on cognition is unknown.

—Characteristics of patients with an unplanned admission to an acute palliative care unit. *Internal and Emergency Medicine (2017)* 

#### STEP IDENTIFICATION

表 3.5: Common Prefixes

Step	Sample
1S3a	The aim of this cohort study is to compare the symptom burden of patients who have an planned admission. unplanned admission to an acute palliative care unit (APCU) with patients who have a regular planned admission.

It needs to be mentioned, however, that these steps can also be presented with different orders in a small number of cases.

#### Sample 3.1.6:

#### **OBJECTIVE**

To compare the rate of positive resection margins between radioactive seed localization (RSL) and wire-guided localization (WGL) after breast conserving surgery (BCS).

#### **BACKGROUND**

WGL is the current standard for localization of nonpalpable breast lesions in BCS, but there are several difficulties related to the method.

—Radioactive Seed Localization or Wire-guided Localization of Nonpalpable Invasive and InSitu Breast Cancer: A Randomized, Multicenter, Open-label Trial. *Annals of Surgery (2017)* 

#### STEP IDENTIFICATION

表 3.6: Common Prefixes

Step	Sample
1S3a	OBJECTIVE: To compare the rate of positive resection margins between radioactive seed localization (RSL) and wire-guided localization (WGL) after breast conserving surgery (BCS).
1S1	<b>BACKGROUND</b> : WGL is the current standard for localization of nonpalpable breast lesions in BCS,
1S2	but there are several difficulties related to the method.

#### Sample 3.1.7:

#### **OBJECTIVE**

The aim of this study was to investigate the efficacy of intraperitoneal local anesthetic (IPLA) on pain after acute laparoscopic appendectomy in children.

#### SUMMARY OF BACKGROUND

IPLA reduces pain in adult elective surgery. It has not been well studied in acute peritoneal inflammatory conditions. We hypothesized that IPLA would improve recovery in pediatric acute laparoscopic appendectomy.

—Intraperitoneal Local Anesthetic for Laparoscopic Appendectomy in Children: A Randomized Controlled Trial. Annals of Surgery (2017)

#### STEP IDENTIFICATION

	表 3.7: Common Prefixes
Step	Sample
1S3a	<b>OBJECTIVE</b> : The aim of this study was to investigate the efficacy of intraperitoneal local anesthetic (IPLA) on pain after acute laparoscopic appendectomy in children.
	Continued on next page $\frac{1}{2}$ 3.7: Common Prefixes (Continued)
Step	Sample
1S1	SUMMARY OF BACKGROUND: IPLA reduces pain in adult elective surgery.
	Continued on next page 表 3.7: Common Prefixes (Continued)
Step	Sample
1S2	It has not been well studied in acute peritoneal inflammatory conditions.
	Continued on next page 表 3.7: Common Prefixes (Continued)
Step	Sample
1S3b	We hypothesized that IPLA would improve recovery in pediatric acute laparoscopic appendectomy.

# 3.2 Language Features in Each Step

# 3.2.1 Step 1(1S1) Presenting current knowledge or relevant information established by previous studies

## Step Analysis

With this step authors introduce naturally the research having been conducted. In this step, current knowledge or relevant information established by previous studies is presented or explained, which might include the pertinent mechanism or definition, the possibility of a phenomenon, the significance of a certain study, etc.

There are two ways that this step could be put forward. Authors could present the knowledge or information in the same scope (E.g. 3.2.1.1). Also, the authors could introduce the conclusions of relevant previous studies (E.g. 3.2.1.2). In the latter one authors always employ words or phrases, such as "preclinical studies",

to indicate the source of the information (E.g. 3.2.1.2)

**E.g. 3.2.1.1:** Topical immunomodulators(Tl)-including corticosteroids, calcineurin inhibitors, and vitamin D analogues-are commonly prescribed in multiple specialties,...

**E.g. 3.2.1.2:** <u>Preclinical studies</u> have found radiotherapy enhances antitumour immune responses.

#### Language Realizations

Simple present tense is often used in this step to describe the current understanding of the topic.

**E.g. 3.2.1.3:** In chronic hemodialysis, physical functioning (PF) <u>is known</u> to be poor.

While "previous studies" or other phrases with similar meaning are used as the subject of the sentence, present perfect tense is preferred. However, simple present tense is still used to refer to the current knowledge or relevant information established by previous studies.

**E.g. 3.2.1.4:** Previous studies have shown that more active older adults have better cognition and brain health based on a variety of structural neuroimaging measures.

## Task 3.2.1: Corpus-based task

What kind of verb is often used in present perfect tense in M1?

Both active voice and passive voice could be used at this step.

**E.g. 3.2.1.5:** Physicians  $\underline{are}$  often  $\underline{asked}$  to prognosticate soon after a patient presents with stroke.

E.g. 3.2.1.6: Youth baseball frequently results in repetitive strain injuries.

Modal auxiliary verbs, such as "may", "can", as well as other words indicating likelihood, such as "possible", are commonly used in this step.

**E.g. 3.2.1.7:** Urban design <u>may</u> affect children's habitual physical activity by influencing active commuting and neighborhood play.

**E.g. 3.2.1.8:** Hirsutism in females <u>can</u> be a source of considerable psychological distress and a threat to female identity.

**E.g. 3.2.1.9:** It is <u>possible</u> that psychological counseling could enhance stuttering treatment outcomes.

#### Lexical Chunks

1. has been associated with

**E.g. 3.2.1.10:** Ethnicity <u>has been associated with</u> clinical and experimental pain responses.

2. has been shown to

**E.g. 3.2.1.11:** Estrogen administration following menopause <u>has been</u> shown to support hippocampally mediated cognitive processes.

# 3.2.2 Step 2(1S2) Establishing a niche/problem

# Step Analysis

In this step, negative evaluations are often given to the information provided at Step 1, including the limitations or the defects of the previous studies, which leaves a gap to be filled, a problem to be addressed or an idea to be tested. In other words, this step implies the value and significance of the authors' research.

**E.g. 3.2.2.1:** However, to date, underlying neuronal mechanisms of these WM load-dependent activation changes in aging remain poorly understood.

# Language Realizations

Simple present tense is usually seen in this step. But when the word "study" serves as the subject of an active sentence, or in a passive sentence as the unexpressed agent, present perfect tense is more often employed.

**E.g. 3.2.2:** Despite the availability of objective tests, gastroesophageal reflux disease (GERD) diagnosis and management in infants <u>remains</u> controversial and highly variable.

**E.g. 3.2.2.3:** However, no study <u>has</u> directly <u>compared</u> these outcomes between sports.

Words such as "however" and "but" could be used to lead the readers from Step 1 to Step 2, placing an emphasis on the problem or gap to be pointed out. **E.g. 3.2.2.4:** Delirium is associated with adverse postoperative outcomes, <u>but</u> controversy exists regarding whether delirium is an independent predictor of mortality.

**E.g. 3.2.2.5:** Excellent outcomes have been reported for anterior cruciate ligament (ACL) reconstruction (ACLR) in professional athletes in a number of different sports. <u>However</u>, no study has directly compared these outcomes between sports.

Besides the two words mentioned above, other words indicating a contrast or a negative meaning, such as "not" or "unknown", can also be seen as a signal for 1S2.

**E.g. 3.2.2.6:** Validated models to predict risk for complications are <u>not</u> available, and the effect of treatment on risk is unknown.

#### Lexical Chunks

1. little is known about the

**E.g. 3.2.2.7:** However, <u>little is known about the</u> effect of pharmacological PHD inhibition on tumor expansion, and on liver regeneration after surgical resection.

# 3.2.3 Step 3(1S3a) Indicating main purposes

#### Step Analysis

Step 1 and Step 2 show what is already known about the study and what remains to be done. Step 3a then states the purpose or expectations of the research being presented. It outlines the reasons why the research is conducted.

# Language Realizations

The to-infinitive is found in most cases to express the aims in this step. It can be placed either at the beginning of a sentence or in the middle, as can be seen in the following examples.

**E.g. 3.2.3.1:** To achieve the efficient usage of contrast material (CM) in high-pitch CT aortography, an appropriate duration of the CM injection is crucial.

**E.g. 3.2.3.2:** The purpose of this study was to evaluate how travel burden and hospital volume influence treatment and outcomes of patients with locally advanced esophageal cancer.

"The aim/purpose/objective of this study" or "we" are frequently used as the subject of the sentence. Simple past tense is often seen in this step especially when "was to", "sought to", "tested", etc. serve as the predicates.

**E.g. 3.2.3.3:** <u>The objective of this study</u> was to measure the success of intubation of a simulated patient in an upright versus supine position by novice intubators after brief training.

**E.g. 3.2.3.4:** <u>We</u> <u>sought to</u> determine if time from emergency department (ED) physician evaluation until operative intervention is independently associated with appendiceal perforation (AP) in children.

**E.g. 3.2.3.5:** <u>We</u> <u>tested</u> whether any association with APOE e4 status on cognitive ability was larger in older ages or in those with cardiometabolic diseases.

It needs to be mentioned that when "report" serves as the predicate, simple present tense would be employed.

**E.g. 3.2.3.6:** We <u>report</u> the effect of intravenous alteplase on long-term survival after ischaemic stroke of participants in the Third International Stroke Trial (IST-3).

#### Lexical Chunks

1. the aim of this study was to evaluate the

**E.g. 3.2.3.7:** The aim of this study was to evaluate the application of Mindray BC-6800 body fluid (BF) mode in cytometric analysis of CSF compared to light microscopy (LM).

2. the aim of this study was to investigate

**E.g. 3.2.3.8:** The aim of this study was to investigate the S100B utility for the determination of concussion in a professional 15-players-a-side rugby team.

3. the aim of this study was to assess

**E.g. 3.2.3.9:** The aim of this study was to assess the effect of HDF on serum sST2 and NT-proBNP concentrations in End-stage Renal Disease (ESRD) patients.

4. the purpose/objective of this study was to

**E.g. 3.2.3.10:** The purpose of this study was to present our investigation of the utility of a novel flexible robotic system for transoral supraglottic laryngectomy and total laryngectomy.

5. of this study was to determine the

**E.g. 3.2.3.11:** The overall aim of this study was to determine the effect of introducing a smartphone pain application (app), for both Android and iPhone devices that enables chronic pain patients to assess, monitor, and communicate their status to their providers.

6. of this study was to investigate/evaluate/compare/examine

**E.g. 3.2.3.12:** The aim of this study was to evaluate the diagnostic performance of susceptibility-weighted magnetic resonance imaging (SW-MRI) for the differentiation of osteophytes and disc herniations of the spine compared with that of conventional spine MR sequences and radiography.

7. we aimed to assess the

**E.g. 3.2.3.13:** We aimed to assess the efficacy and safety of the MEK inhibitor binimetinib versus that of dacarbazine in patients with advanced NRAS-mutant melanoma.

# 3.2.4 Step 3(1S3b) Raising hypotheses

## Step Analysis

While most authors set out goals or objectives in M1 to introduce the problems to be solved, a few may choose to put forward a hypothesis to be tested or proved by the research.

**E.g. 3.2.4.1:** We hypothesized that the use of 2-chloroprocaine would be associated with a faster recovery from sensorimotor block.

#### Language Realizations

In this step, with the verb "hypothesize" used as the predicate, the subject could be "we" or "the authors", the former much more commonly seen than the latter. Simple past tense is more often used than simple present. And the modal verb "would" is very often found in the sentence to indicate the probability.

**E.g. 3.2.4.2:** In the current study, <u>we hypothesized</u> that this method <u>would</u> be equal to or better than the transversus abdominis plane block with regard to pain relief and its duration of action after cesarean delivery.

**E.g. 3.2.4.3:** The authors hypothesized that the outcomes of meniscal repair associated with concomitant multiligament reconstruction would significantly improve from preoperatively to postoperatively at a minimum of 2 years after the index surgery.

#### Lexical Chunks

1. tested the hypothesis that

**E.g. 3.2.4.4:** We <u>tested the hypothesis that</u> extrafascial placement of the catheter tip reduces the rate of hemidiaphragmatic paresis compared with intrafascial tip placement for CISB while providing effective analysis.

# 3.3 Sample Reading

Three samples of M1 are presented here, followed by a detailed analysis on the language features of the steps included.

## Sample 3.3.1:

# **BACKGROUND**

Head impacts and resulting head accelerations cause concussive injuries. There is no standard for reporting head impact data in sports to enable comparison between studies.

#### **OBJECTIVE**

The aim was to outline methods for reporting head impact acceleration data in sport and the effect of the acceleration thresholds on the number of impacts reported.

—The Influence of Head Impact Threshold for Reporting Data in Contact

and Collision Sports: Systematic Review and Original Data Analysis.

Sports Medicine (2015)

## STEP IDENTIFICATION

表 3.8: Common Prefixes

Step	Sample
1S1	BACKGROUND: Head impacts and resulting head accelerations cause concussive injuries.
1S2	There is no standard for reporting head impact data in sports to enable comparison between studies.
1S3a	<b>OBJECTIVE</b> : The aim was to outline methods for reporting head impact acceleration data in sport and the effect of the acceleration thresholds on the number of impacts reported.

#### **ANALYSIS**

This is a typical example of M1 involving three steps. The first sentence informs the readers of the background information related to the research. The second sentence, where the word "no" can be seen as a signal for 1S2, identifies the problem—the lack of a standard. The last sentence, with the subject "aim" and the to-infinitive, shows the research objective.

# Sample 3.3.2:

#### **BACKGROUND**

Ergometrine is a uterotonic agent that is recommended in the prevention and management of postpartum hemorrhage. Despite its long-standing use, the mechanism by which it acts in humans has never been elucidated fully. The objective of this study was to investigate the role of adrenoreceptors in ergometrine's mechanism of action in human myometrium. The study examined the hypothesis that a-adrenoreceptor antagonism would result in the reversal of the uterotonic effects of ergometrine.

—A Role for Adrenergic Receptors in the Uterotonic Effects of Ergometrine in Isolated Human Term Nonlaboring Myometrium.

Anesthesia and-Analgesia (2017)

#### STEP IDENTIFICATION

表 3.9: Common Prefixes

Step	Sample
1S1	BACKGROUND: Ergometrine is a uterotonic agent that is recommended in the prevention and management of postpartum hemorrhage.
1S2	Despite its long-standing use, the mechanism by which it acts in humans has never been elucidated fully.
1S3a	The objective of this study was to investigate the role of adrenoreceptors in ergometrine's mechanism of action in human myometrium.
1S3b	The study examined the hypothesis that a-adrenoreceptor antagonism would result in the reversal of the uterotonic effects of ergometrine.

#### **ANALYSIS**

This paragraph involves four sentences. The first one provides the readers with the necessary knowledge of Ergometrine, a drug used to promote the contractions of the muscle ofthe womb (uterus). The second sentence, with the word "never" serving as the signal for 1S2, points out the gap that needs to be filled -the mechanism has not "been elucidated fully". Here, "elucidate" means to make clear. Present perfect tense is used, because the omitted agent in this passive sentence is "the previous study". The third sentence introduces the objective and the last one raises a hypothesis.

What needs to be noticed is that 1S3a and 1S3b are not very often seen with each other. This sample is one of the few exceptions.

#### Sample 3.3.3:

#### **OBJECTIVE**

To investigate the prognostic significance of p16 in patients with hypopharyngeal squamous cell carcinoma (HPSCC) and to evaluate the relationship between p16 and human papillomavirus (HPV). Unlike in oropharyngeal SCC (OPSCC), the prognostic significance of p16 in HPSCC and its association with HPV is unclear.

—p16 not a prognostic marker for hypopharyngeal squamous cell carcinoma.

Archives of Otorhinolaryngology-Head & Neck Surgery (2012)

# STEP IDENTIFICATION

表 3.10: Common Prefixes

Step	Sample
1S3a	OBJECTIVE: To investigate the prognostic significance of p16
	in patients with hypopharyngeal squamous cell carcinoma
	(HPSCC) and to evaluate the relationship between p16 and
	human papillomavirus (HPV).

Continued on next page

表 3.10: Common Prefixes (Continued)

Step	Sample
1S2	Unlike in oropharyngeal SCC (OPSCC), the prognostic
	significance of p16 in HPSCC and its association with HPV is
	unclear.

# ANALYSIS

This sample presents the steps with orders different from Sample 1 and 2. It starts with to-infinitives showing the objectives, and proceeds with the research gap, "unclear" being a signal.

# 3.4 Glossary

# 3.5 Glossary

表 3.11: Glossary of Chapter 3

WORDS	MEANING	MEANING OR EXAMPLE
<b>chunk</b> /t∫ոŋk/	n. 组块; 区块; 数据块	a considerable amount
mechanism /ˈmekəˌnɪzəm/	n. 机制; 机械装 置; 方法	a special way of getting something done within a particular system

Continued on next page

Chapter Exercice 41

WORDS	MEANING	MEANING OR EXAMPLE
modal auxiliary verb	n. 情态动词	A modal auxiliary verb, often simply called a modal verb or even just a modal, is used to change the meaning of other verbs (commonly known as main verbs) by expressing modality-that is, asserting (or denying) possibility, likelihood, ability, permission, obligation, or future intention.
pertinent /'ps:rtment/	<i>adj.</i> 有关的;恰 当的;相宜的	relevant to a particular subject
predicate /'predikət/	<i>n</i> . 谓语	a part of a sentence containing a verb that makes a statement about the subject of the verb, such as "went home" in "John went home. d"
territory /ˈterətuːri/	n. 领域; 地域;	refer to an area of knowledge or experience

表 3.11: Glossary of Chapter 3 (Continued)

# Chapter Exercice

1. Find out how many steps are involved in the following examples. 1S1
Presenting current knowledge or relevant information established by previous studies

1S2 Establishing a niche/problem

1S3a Indicating main purposes

1S3b Raising hypotheses

- (a) At a population level, dietary consumption of fish rich in docosahexaenoic acid (DHA) is associated with prevention of cognitive decline but this association is not clear in carriers of the apolipoprotein E epsilon 4 allele (E4). Plasma and liver DHA concentrations show significant alterations in E4 carriers, in part corrected by DHA supplementation. However, whether DHA sufficiency in E4 carriers has consequences on cognition is unknown.
- (b) In chronic hemodialysis, physical functioning (PF) is known to be poor. We set out to assess to what extent chronic dialysis patients are able to maintain a good physical condition over time and what the influence of age is on the trajectory of PF.

- (c) Both patient characteristics and intraoperative factors have been associated with a higher risk of stroke after cardiac surgery. We hypothesized that poor systemic oxygenation in the perioperative period is associated with increased risk of stroke following cardiopulmonary bypass.
- (d) Therapies to extend healthspan are poised to move from laboratory animal models to human clinical trials. Translation from mouse to human will entail challenges, among them the multifactorial heterogeneity of human aging. To inform clinical trials about this heterogeneity, we report how humans' pace of biological aging relates to personal-history characteristics.

# 2. Rearrange the sentences in correct order.

(a)

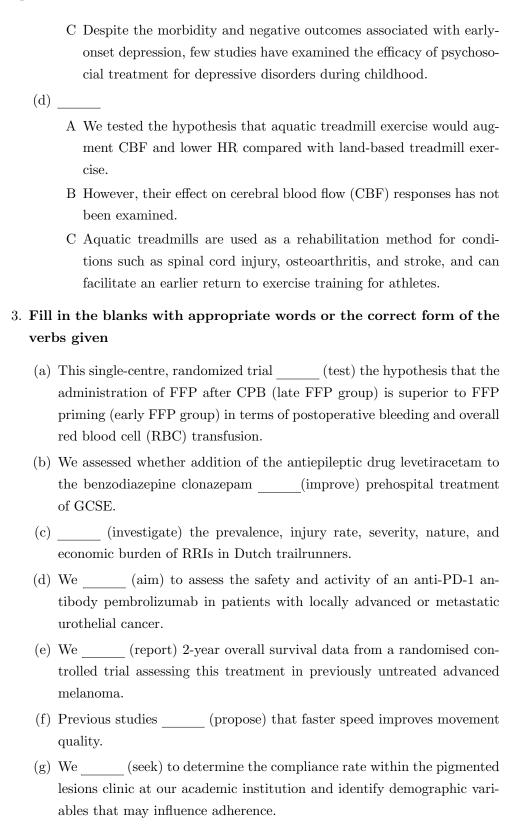
- A Regular use of sunbed exposure has been reported to increase 25-hydroxyvitamin-D3 [25 (OH)D] serum levels.
- B We investigated the impact of standard sunbed use compliant with the European Union standard on 25 (OH)D serum modulation and well-being.
- C However, the influence of sunbeds compliant with the recent European Union standard EN-60335-2-27 on  $25\,(\mathrm{OH})\mathrm{D}$  serum levels is unknown.

(b) \_\_\_\_\_

- A The Indian Health Service provides health care to eligible American Indians and Alaskan Natives.
- B We seek to determine the characteristics and capabilities of Indian Health Service emergency departments (EDs).
- C No published data exist on emergency services offered by this unique health care system.

(c) \_\_\_\_\_

- A This trial compared immediate posttreatment effects of family-focused treatment for childhood depression (FFT-CD) with those of individual supportive psychotherapy (IP) for children 7 to 14 years old with depressive disorders
- B Integrating family in treatment could have particularly salutary effects during this developmental period.



	wide;, many questions concerning the underlying molecular mechanisms still remain open.
(i)	Oncologic outcomes for induction chemotherapy and its role in patients with advanced olfactory neuroblastoma (ONB) unclear.
(j)	Histaminergic neurons are crucial to maintain wakefulness, but their role in cataplexy is
(k)	Background and Objectives: Although many studies (find) no difference between thoracic epidural block and unilateral thoracic paravertebral block after thoracotomy, no previous studies (compare) epidural block with bilateral thoracic paravertebral block (bTPVB) in patients undergoing open liver resection. We (aim) investigate whether there was a significant analgesic advantage of thoracic epidural over bTPVB after liver resection.
(1)	Background: Chronic tendinopathy (be) a commonly occurring clinical problem that affects both athletes and inactive middle-aged patients. Although some studies (show) that different platelet-rich plasma (PRP) preparations could exert various therapeutic effects in vitro, the role of leukocytes in PRP (be) defined under tendinopathy conditions in vivo.  Purpose: This study (compare) the effects of the intratendon delivery of leukocyte-poor PRP (Lp-PRP) versus leukocyte-rich PRP (Lr-PRP) in a rabbit chronic tendinopathy model in vivo.
(m)	Background: Eye trackers (be) widely used among people with amyotrophic lateral sclerosis, and their benefits to quality of life (show). On the contrary, Brain-computer interfaces (BCIs) (be) still quite a novel technology, which also serves as an access technology for people with severe motor impairment.  Objective: (compare) a visual P300-based BCI and an eye tracker in terms of information transfer rate (ITR), usability, and cognitive workload in users with motor impairments.
ner: cati	cussion: Read the following examples and discuss with your parts about the reasons why modal auxiliary verbs and words inding likelihood are used?  Imple 1

(h) Anxiety disorders constitute a major disease and social burden world-

Chapter Exercice 45

In the treatment of anxiety disorders, attention bias modification therapy (ABMT) and cognitive-behavioral therapy (CBT) may have complementary effects by targeting different aspects of perturbed threat responses and behaviors. ABMT may target rapid, implicit threat reactions, whereas CBT may target slowly deployed threat responses. The authors used amygdala-based connectivity during a threat-attention task and a randomized controlled trialdesign to evaluate potential complementary features of these treatments in pediatric anxiety disorders.

—Complementary Features of Attention Bias Modification Therapy and Cognitive-Behavioral Therapy in Pediatric Anxiety Disorders. *The American Journal of Psychiatry (2017)* 

#### Example 2

Ticagrelor is an effective antiplatelet therapy for patients with coronary atherosclerotic disease and might be more effective than aspirin in preventing recurrent stroke and cardiovascular events in patients with acute cerebral ischaemia of atherosclerotic origin. Our aim was to test for a treatment-by-ipsilateral atherosclerotic stenosis interaction in a subgroup analysis of patients in the Acute Stroke or Transient Ischaemic Attack Treated with Aspirin or Ticagrelor and Patient Outcomes (SOCRATES) trial.

—Efficacy and safety of ticagrelor versus aspirin in acute stroke or transient ischaemic attack of atherosclerotic origin: a subgroup analysis of SOCRATES, a randomised, double-blind, controlled trial. *The Lancet. Neurology (2017)* 

#### Example 3

Psychosocial disorders have been reported in adults who stutter, especially social anxiety disorder. Social anxiety has been linked to childhood victimization. It is possible that recalled childhood victimization could be linked to psychosocial problems reported in some adults who stutter.

—Long-term Consequences of Childhood Bullying in Adults Who Stutter: Social Anxiety, Fear of Negative Evaluation, Self-esteem, and Satisfaction with Life. *Journal of Fluency Disorders* (2016)

# 第四章 Move Two

Move Two (M2) describes the research process. In this move, the author states the way the problem has been studied. This might include the subjects and the methodology followed, among other things. In a 4-or 5-paragraphed abstract, M2 is usually a single paragraph; in abstracts with more than 5 paragraphs, M2 is divided into several paragraphs with a heading in front of each, which is clearer and more specific.

# 4.1 Steps in M2

Whichever form is M2 in, it can be further divided into several steps. Depending on different research types, the steps in M2 may include:

- 2S1 Reporting on medical ethics review2S2 Explaining briefly research design
- 2S3 Describing subjects or data and their selection criteria
- 2S4 Describing experimental procedure, such as interventions, examinations, etc.
  - 2S5 Describing main outcomes and their measures
  - 2S6 Describing data analysis methods
  - 2S7 Reporting on registration information

In most cases these steps follow the order listed above to fulfill the authors' communicative purposes (Sample 4.1.1 & 4.1.2). Sometimes some steps may be embedded with others (Sample 4.1.1 & 4.1.3). For instance, 2S2 could be embedded with 2S3, 2S4, and 2S1; 2S3 could be embedded in 2S2, 2S4, and 2S5, and so on. The order of the steps may differ from the above-mentioned mode. In most abstracts, M2 includes 2S2, 2S3, 2S4 and 2S5. Some of the steps are optional in an abstract, especially 2S1, 2S6 and 2S7 (Sample 4.1.1 & 4.1.2).

# Sample 4.1.1:

#### **METHOD**

Randomized controlled trial for adolescents (12–18 years of age) with recent (past 3 months) suicide attempts or other self-harm. Youth were randomized either to SAFETY or to treatment as usual enhanced by parent education and support accessing community treatment (E-TAU). Outcomes were evaluated at baseline, 3 months, or end of treatment period, and were followed up through 6 to 12 months. The primary outcome was youth-reported incident suicide attempts through the 3-month follow-up.

—Cognitive-Behavioral Family Treatment for Suicide Attempt Prevention:

A Randomized Controlled Trial. Journal of the American Academy of

Child and Adolescent Psychiatry (2017)

#### STEP IDENTIFICATION

Step	Sample
2S3 with 2S2 embedded	Randomized controlled trial for adolescents (12-18 years of age) with recent (past 3 months) suicideattempts or other self-harm.
2S4	Youth were randomized either to SAFETY or to treatment as usual enhanced by parent education and support accessing community treatment (E-TAU).
2S5	Outcomes were evaluated at baseline, 3 months, or end of treatment period, and were followed up through 6 to 12 months. The primary outcome was youth-reported incident suicide attempts through the 3-month follow-up.

# Sample 4.1.2:

#### **DESIGN**

Cross-sectional observational study.

#### **PARTICIPANTS**

One hundred nineteen children 2 to 16 years of age (mean age, 9.4 years; standard deviation [SD], 4.56 years) with glaucoma and their parents.

#### **METHODS**

Completion of 3 validated instruments for children to assess (1) functional visual ability (FVA) with the Cardiff Visual Ability Questionnaire

for Children (CVAQC), (2) VR QoL with the Impact of Vision Impairment for Children (IVI-C), and (3) HR QoL with the Pediatric Quality of Life Inventory (PedsQL) version 4.0.

## MAIN OUTCOME MEASURES

Cardiff Visual Ability Questionnaire for Children, IVI-C, and PedsQL scores.

—Quality of Life and Functional Vision in Children with Glaucoma.

Ophthalmology (2017)

#### STEP IDENTIFICATION

$\mathbf{Step}$	Sample
2S2	DESIGN: Cross-sectional observational study.
2S3	PARTICIPANTS: One hundred nineteen children 2 to 16 years of age (mean age, 9.4 years; standard deviation [SD], 4.56 years) with glaucoma and their parents.
2S4	METHODS: Completion of 3 validated instruments for children to assess (1) functional visual ability (FVA) with the Cardiff Visual Ability Questionnaire for Children (CVAQC), (2) VR QoL with the Impact of Vision Impairment for Children (IVI-C), and (3) HR QoL with the Pediatric Quality of Life Inventory (PedsQL) version 4.0.
2S5	MAIN OUTCOME MEASURES: Cardiff Visual Ability Questionnaire for Children, IVI-C, and PedsQL scores.

# Sample 4.1.3:

#### MATERIALS AND METHODS

The institutional review board approved this retrospective study and waived the informed consent requirement. Seventy-four patients with surgically confirmed PNETs and 82 patients with PDACs who underwent gadobutrol-enhanced MR imaging were included. Two radiologists independently evaluated the morphologic characteristics and temporal enhancement patterns of each tumor. Quantitative analysis, including measurement of tumor size, maximal upstream parenchymal thickness (MUPT), contrast-to-noise ratio, and apparent diffusion coefficient values, was performed. Uni-and multivariate logistic regression analyses were performed to identify relevant features

to differentiate between PNETs and PDACs.

—Nonhypervascular Pancreatic Neuroendocrine Tumors: Differential Diagnosis from Pancreatic Ductal Adenocarcinomas at MR Imaging-Retrospective Cross-sectional Study. *Radiology* (2017)

## STEP IDENTIFICATION

$\mathbf{Step}$	Sample
2S1 with 2S2 embedded	The institutional review board approved this retrospective study and waived the informed consent requirement.
2S3	Seventy-four patients with surgically confirmed PNETs and 82 patients with PDACs who underwent gadobutrol-enhanced MR imaging were included.
2S4	Two radiologists independently evaluated the morphologic characteristics and temporal enhancement patterns of each tumor.
2S5	Quantitative analysis, including measurement of tumor size, maximal upstream parenchymal thickness (MUPT), contrast-to-noise ratio, and apparent diffusion coefficient values, was performed.
2S6	Uni-and multivariate logistic regression analyses were performed to identify relevant features to differentiate between PNETs and PDACs.

# 4.2 Language Features in Each Step

Most steps in M2 are in the past tense, which suggests that the study or research has been conducted. Both active voice and passive voice can be employed in this move, with "we" as the subject in the active voice (E.g. 4.2.0.1) and other nouns indicating the research process as the subject in the passive voice (E.g. 4.2.0.2)

E.g. 4.2.0.1: <u>We</u> conducted a multicentre, double-blind, randomised, placebocontrolled trial at three hospitals in Australia.

**E.g. 4.2.0.2:** A correlation <u>analysis</u> <u>was used</u> to examine the relationship between age and weight gain.

# 4.2.1 Step 1(2S1) Reporting on medical ethics review

## Step Analysis

Medical ethics review has become a necessity in most medical research with human beings or animals as the tested. Despite its growing importance it is seldom reported in medical abstracts.

#### Language Realizations

Past tense and passive voice are usually employed in this step, with "study" or "approval" etc. as the subject. The following is one of the very few 2S1 examples found. Notice the past tense.

**E.g. 4.2.1.1:** This <u>study</u> <u>was</u> approved by our institutional review board, and informed consent was waived due to its retrospective design.

#### Lexical Chunks

1. study was approved by the

E.g. 4.2.1.2: This prospective <u>study was approved by the</u> institutional ethics committee, and written informed consent was obtained from all participants.

# 4.2.2 Step 2(2S2) Explaining briefly research design

## Step Analysis

A research design here narrowly refers to the study type. In most abstracts, this optional step usually appears at the beginning of M2.

#### Language Realizations

2S2 is usually in simple sentences or noun phrases as a single paragraph (E.g. 4.2.2.1) or embedded with other steps, usually with 2S3 (E.g. 4.2.2.2), occasionally with 2S4 or 2S1. Descriptive words are often employed to modify "study", "trial", etc. The words "cohort", "retrospective", "prospective", "observational", "cross-sectional" tend to collocate with "study". The words "randomised", "controlled", "double-blind" tend to collocate with "trial" (E.g. 4.2.2.1 & 4.2.2.2).

E.g. 4.2.2.1: DESIGN: Retrospective study.

**E.g. 4.2.2:** In this <u>randomised</u>, regimen-controlled, double-blind, phase 2 trial (2S2), we enrolled adult patients with multiple basal-cell carcinomas, including those with basal-cell nevus syndrome, who had one or more histopathologically confirmed and at least six clinically evident basal-cell carcinomas (2S3).

#### Lexical Chunks

1. a retrospective cohort study (of)

E.g. 4.2.2.3: This was a retrospective cohort study of singleton pregnancies delivered between 24 0/7 and 39 6/7 weeks, using 2005 through 2006 US national linked birth and death certificate data

**E.g. 4.2.2.4:** A retrospective cohort study was conducted in 2 distinct cohorts of female members of Kaiser Permanente Southern California, which is a large integrated healthcare delivery system.

2. we conducted a retrospective

**E.g. 4.2.2.5:** We conducted a retrospective collaborative study involving centers from 11 countries and 11 US institutions analyzing 102 ASNs by IMS.

3. a cross-sectional study

**E.g. 4.2.2.6:** This was <u>a cross-sectional study of</u> 83 patients enrolled in the Morphea in Adults and Children cohort.

4. a secondary analysis of

**E.g. 4.2.2.7:** This was <u>a secondary analysis of</u> a prospective cohort study conducted at eight Canadian hospitals.

# Task 4.2.1: Corpus-based task

What verb tense could be used when a single sentence is used to describe the studyd design?

# 4.2.3 Step 3(2S3) Describing subjects or data and their selection criteria

#### Step Analysis

2S3 is a step presenting the subjects or participants, including the location of the study, the subjects' characteristics, number, and selection criteria, etc. For most abstracts, 2S3 is conventional.

#### Language Realizations

This step can be an individual paragraph, in noun phrases (E.g. 4.2.3.1) or sentences. When it is in sentences, it could be embedded with the other steps, usually with 2S2 (E.g. 4.2.3.2) or 2S4 (E.g. 4.2.3.3) in sentences. If the participants or selection criteria are used as the sentence subject, passive voice is preferred over active voice (E.g. 4.2.3.4). Simple past tense is always used.

- E.g. 4.2.3.1: PARTICIPANTS: A total of 152 patients (152 eyes) with DME.
- E.g. 4.2.3.2: This was a retrospective, multicenter cross-sectional analysis (2S2) of children (j19 years old) presenting to 16 pediatric EDs (2004–2008) (2S3).
- E.g. 4.2.3.3: From November 1994 through January 2002, we randomly assigned 731 men with localized prostate cancer (2S3) to radical prostatectomy or observation (2S4).
- **E.g. 4.2.3.4:** All Danish <u>patients</u>  $\geqslant$  18 years on January 1,2012 with AD diagnosed by a hospital dermatologist <u>were included</u>. <u>Patients</u> <u>were age-and</u> sex-matched in a l:4 ratio with general population controls.

#### **Lexical Chunks**

1. were included in the/this

E.g. 4.2.3.5: All patients who received at least one dose of nivolumab were included in the primary and safety analyses.

**E.g. 4.2.3.6:** Patients diagnosed from 1995 to 2014 were included in this study.

2. years or older with

**E.g. 4.2.3.7:** Eligible patients were aged 18 years or older with histologically or cytologically confirmed recurrent stage Illb or stage IV, chemotherapy-naive NSCLC.

#### 3. data were collected from

E.g. 4.2.3.8: <u>Data were collected from</u> the China Health and Nutrition Survey, a prospective open cohort and an ongoing nationwide health and nutrition survey, consisting of 3 199 apparently healthy Chinese girls aged 6 to 18 years at entry from 1991 to 2011.

# 4.2.4 Step 4(2S4) Describing experimental procedure, such as interventions, examinations, etc.

#### Step Analysis

Experimental procedure here may include interventions, examinations, and so on. 2S4 is usually included in an abstract when the research is experiment-based or when there is an intervention in the research. It is a conventional step in M2.

#### Language Realizations

Passive voice is preferred over active voice in this step, as the research subjects or methods are often used as the subject of the sentence. Simple past tense is always used. Time indicators are characteristic of this step.

**E.g. 4.2.4.1:** The asthma <u>intervention</u> was tailored to the participant's allergen sensitivity and exposure, and it comprised 4 visits <u>over the course of 1</u> year.

#### **Lexical Chunks**

- 1. (patients/participants) were randomly assigned (to) (receive)
  - **E.g. 4.2.4.2:** From April 3,2014, to Dec 4,2015,667 patients were randomly assigned to receive placebo (n=286), erenumab 70 mg (n=191), or erenumab 140 mg (n=190).
  - **E.g. 4.2.4.3:** Dogs were randomly assigned to receive intravenous OA to induce ALI (n=7 for each OA group) or saline as an OA control (n=6 for each control).

**E.g. 4.2.4.4:** Patients were randomly assigned to a choice of 100 or 200 ug ITM or no choice.

**E.g. 4.2.4.5:** To induce PAH, Sprague-Dawley rats were randomly assigned to treatment with monocrotaline or normal saline.

**E.g. 4.2.4.6:** Participants were randomly assigned (1: 1) centrally by an interactive voice response system, to receive either ipilimumab 10 mg/kg or placebo every 3 weeks for four doses, then every 3 months for up to 3 years.

# 2. (patients) were randomized to (receive)

**E.g. 4.2.4.7:** Eyes were randomized to receive intravitreal injection of bevacizumab (1. 25 mg; n=182) or aflibercept (2.0 mg; n=180) every 4 weeks through month 6.

E.g. 4.2.4.8: <u>Patients were randomized to nasally inhaled isopropyl al-</u> cohol versus nasallyd inhaled normal saline solution.

# 3. (were) masked to treatment (allocation/assignment)

E.g. 4.2.4.9: Patients, study investigators, and study sponsor personnel were masked to treatment assignment.

E.g. 4.2.4.10: Patients were not masked to treatment allocation.

**E.g. 4.2.4.11:** The study was open label and no-one was <u>masked to</u> treatment assignment.

# 4. we randomly assigned patients

**E.g. 4.2.4.12:** We randomly assigned patients with advanced heart failure to receive either the new centrifugal continuous-flow pump or a commercially available axial continuous-flow pump.

# 4.2.5 Step 5(2S5) Describing main outcomes and their measures

## Step Analysis

The World Health Organization defines an outcome measure as a change in the health of an individual, group of people, or population that is attributable to an intervention or series of interventions. Outcome measures are chosen to assess the impact of the interventions. In a clinical trial, outcome measures may include mortality, cure, clinical worsening, readmission, etc. Sometimes their measurements might also be included in this step.

#### Language Realizations

2S5 can be presented in noun phrases (E.g. 4.2.5.1) or in sentences usually of active voice with "outcomes", "outcome measure", etc. as the sentence subject (E.g. 4.2.5.2). Simple past tense is always used.

E.g. 4.2.5.1: MAIN OUTCOME MEASURES: Cardiff Visual Ability Questionnaire for Children, IVI-C, and PedsQL scores.

E.g. 4.2.5.2: <u>The primary outcome</u> was change from baseline to week 6 in the amount of urine leakage, measured by the 1-hour pad test. <u>Secondary outcomes</u> included mean 72-hour urinary incontinence episodes measured by a 72-hour bladder diary (72-hour incontinence episodes).

#### **Lexical Chunks**

1. the primary end point was (the)

**E.g. 4.2.5.3:** The primary end point was the duration of treatment for symptoms of neonatal opioid withdrawal.

**E.g. 4.2.5.4:** The primary end point was a composite score of anaesthetists' non-technical skills (ANTS) assessed by two blinded evaluators.

2. the primary endpoint was (the)

**E.g. 4.2.5.5:** The primary endpoint was the rate of uncomplicated perineal wound healing defined as a Southampton wound score of less than 2 at 30 days postoperatively.

E.g. 4.2.5.6: The primary endpoint was percentage reduction from baseline in the number of clinically evident basal-cell carcinomas at week 73.

3. (the primary) outcome (measure) was (the)

E.g. 4.2.5.7: The primary outcome was the mean difference in the angle of horizontal and vertical deviations after dilation in prism diopters.

E.g. 4.2.5.8: The primary outcome was expired tidal volume.

E.g. 4.2.5.9: The primary outcome measure was a three-level outcomesurvival without neurodevelopmental impairment, survival with neurodevelopmental impairment, or death.

**E.g. 4.2.5.10:** The secondary <u>outcome measure was the</u> impact of post-operative prophylaxis on donor tissue-associated infections.

#### 4. was the proportion of patients

**E.g. 4.2.5.11:** The primary endpoint, which has been reported previously, was the proportion of patients with BRAFV600 wild-type melanoma achieving an investigator-assessed objective response.

#### 5. in all patients who

**E.g. 4.2.5.12:** We assessed safety <u>in all patients who</u> received at least one dose of study drug.

# 6. secondary end points included

E.g. 4.2.5.13: Secondary end points included overall survival, objective response rate, duration of response, effects on disease-related symptoms, safety, and tolerability.

# 4.2.6 Step 6(2S6) Describing data analysis methods

#### Step Analysis

2S6 is included when some specific data extraction and analysis are needed in the abstract. It is usually optional.

# Language Realizations

Sentences in this step are usually presented in passive voice with the data extraction and analysis methods as the sentence subject. Simple past tense is always used.

**E.g. 4.2.6.1:** <u>Multivariable logistic regression analysis</u> was used to estimate the risks of these complications among obese pregnancies compared with normal-weight pregnancies.

#### Lexical Chunks

1. logistic regression was used to

**E.g. 4.2.6.2:** Multivariable logistic regression was used to investigate the association of the MDS score and AMD, taking account of potential confounders and the multicenter study design.

#### 2. models were used to

**E.g. 4.2.6.3:** Multivariable Cox and logistic regression models were used to examine associations between vaccination history and screening initiation and interval adherence.

3. regression analysis was used

E.g. 4.2.6.4: Logistic regression analysis was used to estimate factors predicting IUBT failure.

# 4.2.7 Step 7(2S7) Reporting on registration information

#### Step Analysis

According to the WHO rules, the clinical trials, especially those prospective ones, should be registered, so some clinical trials will include this step at the end of M2. In spite of its importance, it is seldom seen in abstract writing.

#### Language Realizations

The study or trial is usually taken as the subject in this step, so passive voice is used more often. Generally speaking, simple present tense is used much more frequently than simple past tense. Following are two of the few 2S7 examples found.

**E.g. 4.2.7.1:** This trial is registered with ClinicalTrials. gov, number NCTO1815840, and the study is ongoing.

E.g. 4.2.7.2: The KEYNOTE-001 trial was registered with ClinicalTrials. gov, number NCTOI295827.

#### **Lexical Chunks**

1. This trial/study is registered with

**E.g. 4.2.7.3:** This trial is registered with ClinicalTrials. gov as NCTO0569127.

E.g. 4.2.7.4: This study is registered with Current Controlled Trials, number ISRCTN82857232.

# Task 4.2.2: Corpus-based task

Which word can collocate with "clinical", "experiment", "research", "study" or "trial" in your corpus? List them in frequency order.

# 4.3 Sample Reading

Three samples of M2 are presented here, followed by a detailed analysis on the language features of the steps included.

# Sample 4.3.1:

## **METHOD**

Randomized controlled trial for adolescents (12–18 years of age) with recent (past 3 months) suicide attempts or other self-harm. Youth were randomized either to SAFETY or to treatment as usual enhanced by parent education and support accessing community treatment (E-TAU). Outcomes were evaluated at baseline, 3 months, or end of treatment period, and were followed up through 6 to 12 months. The primary outcome was youth-reported incident suicide attempts through the 3-month follow-up.

—Cognitive-Behavioral Family Treatment for Suicide Attempt Prevention:

A Randomized Controlled Trial. Journal of the American Academy of

Child and Adolescent Psychiatry (2017)

#### STEP IDENTIFICATION

表 4.1: Common Prefixes

Step	Sample
2S3 with 2S2 embedded	Randomized controlled trial for adolescents (12–18 years of age) with recent (past 3 months) suicide attempts or other self-harm.
2S4	Youth were randomized either to SAFETY or to treatment as usual enhanced by parent education and support accessing community treatment (E-TAU).
2S5	Outcomes were evaluated at baseline, 3 months, or end of treatment period, and were followed up through 6 to 12 months. The primary outcome was youth-reported incident suicide attempts through the 3-month follow-up.

## **ANALYSIS**

This is a typical one-paragraphed M2. The first language structure is a noun phrase with the research design (2S2) "randomized controlled trial" embedded with the description of the participants and selection criteria (2S3) "adolescents...". The process description (2S4) and the outcome measurement (2S5) are in passive voice with "youth", "outcomes" and "the primary outcome" as the sentence subjects. 2S1, 2S6 and 2S7 are missing, as they are not conventional in M2. Common lexical chunks of M2 are also seen in this paragraph, such as "randomized controlled trial", "... were randomized to ...", "Outcomes were evaluatedd ...", "The primary outcome was ...", etc.

# Sample 4.3.2:

#### MATERIALS AND METHODS

The institutional review board approved this retrospective study and waived the informed consent requirement. Seventy-four patients with surgically confirmed PNETs and 82 patients with PDACs who underwent gadobutrol-enhanced MR imaging were included. Two radiologists independently evaluated the morphologic characteristics and temporal enhancement patterns of each tumor. Quantitative analysis, including measurement of tumor size, maximal upstream parenchymal thickness (MUPT), contrast-to-noise ratio, and apparent diffusion coefficient values, was performed. Uni-and multivariate logistic regression analyses were performed to identify relevant features to differentiate between PNETs and PDACs.

—Nonhypervascular Pancreatic Neuroendocrine Tumors: Differential Diagnosis from Pancreatic Ductal Adenocarcinomas at MR Imaging-Retrospective Cross-sectional Study. *Radiology* (2017)

# STEP IDENTIFICATION

表 4.2: Common Prefixes		
Step	Sample	
2S1 with 2S2 embedded	The institutional review board approved this retrospective study and waived the informed consent requirement.	
2S3	Seventy-four patients with surgically confirmed PNETs and 82 patients with PDACs who underwent gadobutrol-enhanced MR imaging were included.	
2S4	Two radiologists independently evaluated the morphologic characteristics and temporal enhancement patterns of each tumor.	
2S5	Quantitative analysis, including measurement of tumor size, maximal upstream parenchymal thickness (MUPT), contrast-to-noise ratio, and apparent diffusion coefficient values, was performed.	
2S6	Uni-and multivariate logistic regression analyses were performed to identify relevant features to differentiate between PNETs and PDACs.	

#### **ANALYSIS**

Although it is in a single one paragraph, this M2 includes almost every step listed above (except for 2S7). The first sentence offers the ethical investigation information(2S1) embeddedwith the research design "retrospective study" (2S2), followed by the participants and selection criteria in passive voice "seventy-four patients ... were included" (2S3) and the research process in active voice "Two radiologists ... evaluated ..." (2S4). Several specific measurements "... of tumor size, maximal upstream parenchymal thickness,..." (2S5) and data analysis "uni-and multivariate logistic regression analysis ..." (2S6) are mentioned next. The passive voice is quite prominent in this sample, indicating the objectivity of the research process. Signals for M2 covered in this example include "retrospective study", "informed consent", "... patients ... were included", "analysis, ... was performed", "logistic regression analyses were performed", etc.

# Sample 4.3.3:

#### **DESIGN**

Cross-sectional observational study.

# **PARTICIPANTS**

One hundred nineteen children 2 to 16 years of age (mean age, 9.4 years; standard deviation [SD], 4.56 years) with glaucoma and their parents.

## **METHODS**

Completion of 3 validated instruments for children to assess (1) functional visual ability (FVA) with the Cardiff Visual Ability Questionnaire for Children (CVAQC), (2) VR QoL with the Impact of Vision Impairment for Children (IVI-C), and (3) HR QoL with the Pediatric Quality of Life Inventory (PedsQL) version 4.0.

#### MAIN OUTCOME MEASURES

Cardiff Visual Ability Questionnaire for Children, IVI-C, and PedsQL scores.

—Quality of Life and Functional Vision in Children with Glaucoma.

Ophthalmology (2017)

#### STEP IDENTIFICATION

$\mathbf{Step}$	Sample
2S2	DESIGN: Cross-sectional observational study.
2S3	PARTICIPANTS: One hundred nineteen children 2 to 16 years of age (mean age, 9.4 years; standard deviation [SD], 4.56 years) with glaucoma and their parents.
2S4	METHODS: Completion of 3 validated instruments for children to assess (1) functional visual ability (FVA) with the Cardiff Visual Ability Questionnaire for Children (CVAQC), (2) VR QoL with the Impact of Vision Impairment for Children (IVI-C), and (3) HR QoL with the Pediatric Quality of Life Inventory (PedsQL) version 4.0.
2S5	MAIN OUTCOME MEASURES: Cardiff Visual Ability Questionnaire for Children, IVI-C, and PedsQL scores.

#### **ANALYSIS**

This is a typical multi-paragraphed M2. With subtitles, the steps are quite clear. In such a structured M2, noun phrases are very common. In the

 $4.4 \quad GLOSSARY$  63

"DESIGN"step (2S2), some descriptive medical terms "cross-sectional" and "observational" are used to modify "study". In the "PARTICIPANTS" step (2S3), number and selection criteria of the participants are presented in noun or prepositional phrases. In the "METHODS" step (2S4), the examinations or assessments are described. In the "MAIN OUTCOME MEASURES" step (2S5), the tool used to observe is mentioned.

# 4.4 Glossary

表 4.3: Glossary of Chapter 4

WORDS	MEANING	MEANING OR EXAMPLE
collocate /ˈkɒləˌkert/	v. 【语】词语的 组合;排列	to group or place together in some system or order
embed/m'bead/	v. 嵌入	to set or fix firmly in a surrounding mass
extraction /ıkˈstræk∫ən/	n. 提取; 开采; 提炼; 拔出	the act or process of removing or obtaining sth from sth else
intervention /mtəˈben∫ən/	n. 干预; 介入; 调解	the act of intervening
registration /ˌrɛʤɪˈstreɪʃən/	n. 登记	the act of making an official record of sth/sb
regression /rɪˈgrεʃən/	n. 回归; 退化; 倒退	the process of going back to an earlier or less advanced form or state
tentative /'tentativ/	n. 试探; 尝试; 实验	not definite or certain because you may want to change it later

# 

1. With the "Steps in M2" offered, try to identify the steps in the following 2 examples of M2 and write down the corresponding numbers in the blanks in front of each part.

Steps in M2:

- 2S1 Reporting on medical ethics review
- 2S2 Explaining briefly research design
- 2S3 Describing subjects or data and their selection criteria

	2S4 Describing experimental procedure, such as interventions, examina-
tie	ons, etc.
	2S5 Describing main outcomes and their measures
	2S6 Describing data analysis methods
	2S7 Reporting on registration information
$\mathbf{E}$	xample 1
	Design: Retrospective case-control study.
	Setting: Nijmegen, the Netherlands.
	Patients: Thirty consecutive patients with SSD.
	Interventions: Patients received a trial with a BCD headband as art of the regular workup for SSD. The patients were divided into 2 groups exording to their decision to opt for a BCD (BCD+) or not (BCD-).
	Main outcome measures: Patients completed a questionnaire on tisfaction with the BCD headband, patient-and BCD-related factors, and enefit in listening situations.
$\mathbf{E}$	xample 2
	Methods:
tr ip pl (A Sc di	Eighteen adults with first-ever chronic monohemispheric subcorcal stroke participated in this randomized, controlled, triple-blinded ial Intervention consisted of priming with real or sham iTBS to the silesional primary motor cortex immediately before 45 minutes of upper limb hysical therapy, daily for 10 days Changes in upper limb function action Research Arm Test [ARAT]), upper limb impairment (Fugl-Meyer cale), and corticomotor excitability, were assessed before, during, and immeately, 1 month and 3 months after the intervention. Functional magnetic sonance images were acquired before and at one month after the intervention.
2. <b>F</b>	ill in the blanks with the correct form of the verbs given. Notice
tł	ne tense and voice.
(	a) Methods: A population-based prospective cohort study 1) (include) 3,504 male and female Koreans aged 40 to 69 years from the Korean Genome Epidemiology Study. At the beginning of follow-up, all individuals 2) (be) free of metabolic syndrome and known cardiovascular

Chapter Exercice 65

disease. Each participant 3 (complete) a food frequency questionnaire. Incident cases of metabolic syndrome 4 (identify) by biennial health examinations during a follow-up period between April 17, 2003, and November 17, 2006. Pooled logistic regression analysis 5 (apply) to obtain an odds ratio (OR) of metabolic syndrome with its 95% confidence interval for fish or n-3 fatty acid intake.

- (b) Methods: This 1) (be) a retrospective matched cohort study of women with liver cirrhosis between January 2005 and January 2016 in a university hospital. Women in a case group 2) (match) to women in a control group according to year of delivery, age, body mass index, and parity in a 1:4 ratio. Bivariable and multivariable analyses 3) (perform) 4) (compare) the prevalence of the primary composite outcome, which 5) (include) any one of the following: fetal or neonatal demise, placental abruption, preeclampsia, preterm delivery at less than 37 weeks of gestation, and small-for-gestational age neonate between women in the case group and those in the control group.
- 3. The following steps in M2 need improvement. You may have to change a word, add a word or delete a word. Mark out the mistakes and put the corrections in the blank provided. Ifyou change a word, underline it and write the correct word in the corresponding blank. If you add a word, put an insertion mark (∧) in the right place and write the added word in the blank. If you delete a word, cross it out and put a slash (/) in the blank. If you consider the sentence as correct, put a tick (√).

Design, setting and participants: A randomize clinical trial of patients in<sup>2</sup> persistent hypercapnia (PaCO<sub>2</sub>> 53 mmHg) 2 weeks to 4 weeks after  $^2$  (1) resolution<sup>3</sup> of respiratory acidemia, who recruited from 13 UK centers be-  $^3$  (2) tween 2010 and<sup>4</sup> 2015. Exclusion criterium included obesity (body mass index  $^4$  (3) [BMI] > 35),<sup>5</sup> obstructive sleep apnea syndrome, or other causes of respira-  $^5$  (4) tory failure. Of 2021 patients screening, 124 were eligible.<sup>6</sup>

<sup>11</sup> (10)\_\_\_\_\_

backup rate of 14 (IQR, 14–16) breaths/minute.

Main outcomes and measures: Time to readmission or death within 12 months adjusted for the number of previous COPD admissions, previous use of longterm $^{11}$  oxygen, age, and BMI.

# 第五章 Move Three

# 第六章

70 第六章