

Participant: \_\_\_\_\_ Date: \_\_\_\_\_

## Vividness of Tactile Imagery Questionnaire (v1.0)

### English Version

Dear participant,  
the following questionnaire is used to measure the vividness of your imagery of tactile sensations. Please take your time to imagine the described situations as lively as possible and rate how clear and detailed your sensation was on the right side.  
Please be as honest as possible.  
Thank You!

Please think of the sensation of ...	How clear and detailed is your mental imagery?				
	No imagery (I only know that I am thinking about the sensation)	Vague and unclear	Relatively clear and vivid	Clear and vivid	Very detailed and as vivid as a real stimulus
1. ... your phone vibrating in your hand.					
2. ... petting a cat.					
3. ... holding a cup of warm coffee.					
4. ... walking barefoot over pebbles.					
5. ... feeling the comb on your head while combing your hair.					
6. ... strolling barefoot on grass.					
7. ... letting sand run through your fingers.					
8. ... resting your forehead against a cool glass surface.					
9. ... having a small stone in your shoe.					
10. ... opening a plastic bottle cap by twisting it with your fingers.					
11. ... brushing your teeth.					
12. ... clapping your hands.					
13. ... taking a cold shower.					
14. ... filing your nails.					
15. ... having your hair pulled by someone.					
16. ... an ant crawling over your skin.					