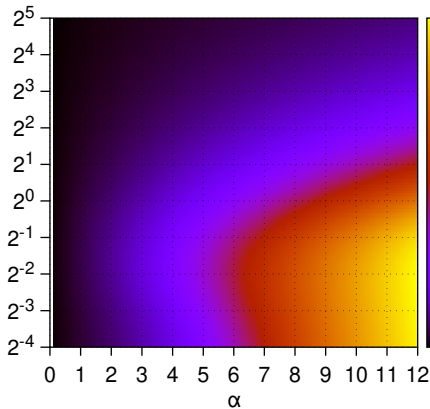


Temperature ($\hbar\omega_0/kB$)



α

Polaron Mass (m_0)