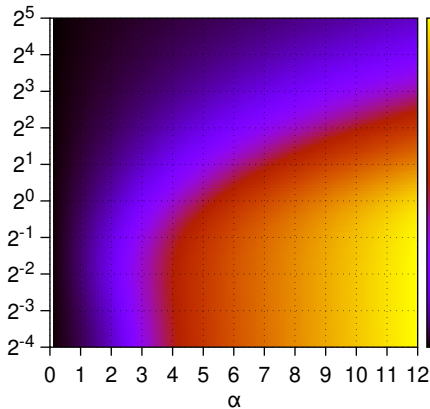


Temperature ($\hbar\omega_0/kB$)



Frohlich Polaron Mass (m_0)