

Allergy Alert Information

Name: John Doe

Date of Birth: Jan 1, 1990

Known Allergies:

- Peanuts
- Tree Nuts (e.g., walnuts, cashews)
- Shellfish (e.g., shrimp, crab)
- Penicillin

Symptoms of Reaction:

- Hives or rash
- Swelling of lips, face, or throat
- Difficulty breathing or wheezing
- Dizziness or fainting

Emergency Action Plan:

1. Administer epinephrine immediately.
2. Call emergency services (911).
3. Monitor breathing and consciousness.
4. Inform emergency responders about the allergies.

Emergency Contact:

Name: Jane Doe

Phone: (123) 456-7890

Allergy Alert Information

Physician Contact:

Dr. Smith, Allergy Specialist

Phone: (321) 654-0987

Medical Notes:

Carries EpiPen at all times. Reactions may be severe and life-threatening (anaphylaxis).