

```
class Main {
    public static void main(String[] args) {
        System.out.println("T");
        System.out.println("Tr");
        System.out.println("Tri");
        System.out.println("Tria");
        System.out.println("Trian");
        System.out.println("Triang");
        System.out.println("Triangle");
        System.out.println("_____");
        System.out.println("SQUARE");
        System.out.println("Q    R");
        System.out.println("U    A");
        System.out.println("A    U");
        System.out.println("R    Q");
        System.out.println("ERAUQS");
    }
}
```