

## Where to get help in Springfield

#### MEALS

Christian Schools Of Springfield (Gym) 739 W. Talmage St. Sat 5:30 p.m. For a ride to meal event Freeway Transportation 417-838-2038 \*Must call before 2 p.m.

First Baptist Church 525 South Ave. Fri 6 p.m.

Grace United Methodist 600 S. Jefferson Ave. Mon-Wed 5-6 p.m. Laundry service offered Tue & Wed during meal

Harbor House Front line Feeding Program 636 N. Boonville Ave. Mon-Sun noon-1 p.m.

Meals on Wheels (Seniors) 1423 N. Jefferson Ave. 269-3496 3801 S. National Ave. 269-4696

Salvation Army Senior Citizens 1707 W. Chestnut Expy. Mon-Fri meal noon-1 p.m. 417-862-5509 ext. 113

Veterans Coming Home 806 N. Jefferson Ave. Mon-Fri 8 a.m.— 3:45 p.m. Sat-Sun noon-3:45 p.m. 417-866-3363

Victory Mission
203 W. Commercial St.
Mon-Fri. service 6 p.m., meal 7 p.m.
\*Must attend service to receive meal.
Sun service 5 p.m., meal 6 p.m.
417-831-6387

Walnut Christian Church 2201 W Walnut St 5-7 Wednesdays only Woodland Heights Presbyterian 722 W. Atlantic St. Last Mon of month 5:30-6:30 p.m.

#### FOOD PANTRY

Care to Learn (Students with food insecurity) 411 Sherman Pkwy 417-861-7771

Central Assembly Food Pantry 417-866-5013

Center City Christian Outreach 418 S. Kimbrough Ave. Mon-Wed-Fri 10 a.m.-2 p.m.

Crimson House 1616 N. Robberson Ave. 2<sup>nd</sup> & 4<sup>th</sup> Tuesday 1-4 p.m. 417-831-1818

Crosslines 615 N. Glenstone Ave. Mon-Fri 9 a.m.-1:45 p.m. 4th Sat 9 a.m.-noon 417-869-0563

Daysprings Christian 2157 N Prospect 417-864-4338

Dream Center Location 829 W. Atlantic St. Mon-Wed-Fri 10 a.m.-1 p.m., Wed 6-8 p.m.

Glorious Church 3935 W Sunshine 417-865-1468

Grand Oak Baptist 2845 W. Grand St. 417-869-4818 Tue-Wed-Thurs. Food Distribution 9-11:30 a.m. & 1-3 p.m., Clothing Distribution 9-11:15 a.m. & 1-3 p.m.

Hand Extended Outreach

2157 N. Prospect Ave. Thur 9-noon & 1-3 p.m. Call to confirm pantry hours 417-864-4338

Immaculate Conception Church 3555 S. Fremont Ave. Call Mon or Thurs 10 a.m. -12:30 p.m. for appointment Pick up food at 3:45 p.m. 417-887-0600

Parkview Christian Church 417-862-8281 Monday 9 a.m.— noon Once a month only Parkview School area only

Pathways United Methodist Church 1232 E Dale St 417-866-4378

The Kitchen 1630 N Jefferson 417-837-1500

Least of These Food Pantry 511 Kathryn St, Nixa Mo 417-724-2500

Mt. Olive Missionary Baptist 2771 W Westview St. 417-865-5585

Salvation Army 1707 W. Chestnut Expwy. Wed 9:30–11:30 a.m. & 1-2:30 p.m. 417-862-5509 ext 108 or 110

St. Agness 533 S Jefferson 417-831-3565

St. Joseph Catholic Church 1115 N. Campbell Ave. Call to confirm 417-865-1112

SW MO Indian Center 543 S. Scenic Ave. Call to confirm 417-869-9550

Victory Mission 1715 N. Boonville Ave. Mon, Wed, & Fri 9 a.m.-noon



# Where to get help in Springfield

Well of Life 418 S Kimbrough Ave 417-869-2865

SHELTER Harbor House (M) 636 N. Boonville Ave. 417-831-3371

Harmony House 3404 E. Ridgeview St. 837-7700 myharmonyhouse.org

Lifehouse Crisis Maternity Home 417-720-4213

Safe to Sleep (W) Before 5 p.m. call 417-225-7499 After 5 p.m. call 417-761-5555 or 800-494-7355

Victory Square (M) 1610 N. Broadway Ave. 417-864-2235

#### HYGIENE

Veterans Coming Home Shower & Washer & Dryer 806 N. Jefferson Ave. Mon-Friday 8 a.m.— 3:45 p.m. Sat-Sun noon-3:45 p.m. 417-866-3363

Victory Square 1610 N. Broadway Ave. 417-864-2235 Wed/Sat Washer & Dryer 8a.m-2 p.m. Shower Mon - Sat 8:00 - 9:00

HOUSING Franciscan Villa 55+ 620 W. Scott St. 417-869-5417

Housing Assistance-OACAC 215 S. Barnes Ave. 417-862-4314

Housing Authority of Springfield 421 W. Madison St. Updated 5/1/2019 MID/GMW 417-866-4329

The Kitchen 1630 N. Jefferson Ave. 417-837-1500

FAMILY PLANNING Doula Foundation 417-832-9222

Early Childhood One-Stop 417-887-3545

Isabel's House 2750 W. Bennett St. 417-865-2273

LifeHouse Crisis Maternity Home 417-720-4213

OACAC Family Planning Clinic 215 S Barnes 417-864-3410

Planned Parenthood 417-883-3800

Pregnancy Care Center 1342 E. Primrose St. 417-877-0800 Food Pantry Available

Diaper Bank of the Ozarks 615 N. Glenstone Ave. 417-869-0563

440 E. Tampa St. 417-864-1540

#### TEEN SERVICES

Great Circle 1212 W. Lombard St. 417-865-1646

Fair Haven Children's Home 3132 N. Fair Haven Loop, Strafford 417-862-6675 Rare Breed 301 N. Main Ave. 417-865-6400 Mon-Fri 11 a.m.-5 p.m. Ages 13-24

**Ashley House** 2740 E. Pythian St. 417-862-9634

Youth Crisis/Runaway RUNAWAY (800-786-2929)

#### **HEALTH CLINICS & HOSPITALS**

Cox Care Mobile (Age 2 months—18 yrs.) Call for locations 417-269-5437

Cox North 1423 N. Jefferson Ave. 417-269-3000

Cox South 3801 S. National Ave. 417-269-6000

Greene County Health Department
Pregnancy Exams/Gen Med. Clinic
227 E Chestnut Expy 417-864-1658
Shot Clinic 660 S Scenic 417-874-1220

Jordan Valley Health Center 440 E. Tampa St. 417-831-0150

Mercy Hospital 1235 E. Cherokee St. 417-820-2000

MSU Care (free health care) 640 E. Cherry St. Mon-Fri 8 a.m.-5 p.m. Closed Sat/Sun 417-837-2270

Ozark Community Hospital 2828 N. National Ave. 417-799-7474

Lift Up Springfield 2005 E. Kearney St. Suite F \$5 donation Dental, Medical, & Mental Health Services



## Where to get help in Springfield

DENTAL Jordan Valley Dental 440 E. Tampa St.

OTC Dental Clinic 417-447-8835

417-831-0150

MENTAL HEALTH SERVICES
Burrell Behavioral Health
323 E. Grand St.
417-761-5000

Christian Counseling 1525 E. Republic Road Suite A-105 417-881-9800 ccs@ccstoday.com

Mental Health Hotline (Burrell) 24 hours a day, 1-800-494-7355

MSU Center City Counseling 240 South Ave., 417-836-3215

NAMI 1443 N. Robberson Ave. Suite 408 417-864-7119

Springfield Regional Center 1515 E. Pythian St., 417-895-7400

### DOMESTIC VIOLENCE SHELTER

Harmony House 3404 E. Ridgeview St. 417-837-7700 myharmonyhouse.org

#### ALCOHOL & DRUG TREATMENT

Alcoholics Anonymous 1722 S. Gienstone Ave. Suite W202 417-823-7125

Carol Jones Center (W) 2411 W. Catalpa St. 417-862-3455, 1-800-307-6153

Celebrate Recovery Inside 2210 W. Republic Road 417-840-4011

Narcotics Anonymous 24 Hour Helpline 855-866-7392 RESOURCES Updated 5/1/2019 MID/GMW 211 Missouri Assistance Dial 211

Ambassadors for Children 500 W. Battlefield Road. Suite B 417-708-0565

Be A Jewel 417-319-5803 beajewel.today

Child Abuse 1-800-392-3738

Crime Stoppers 417-869-8477 (24-hour hotline)

Elder Abuse/Neglect 800-392-0210

Family Violence Center Hotline 800-831-6863

**GLO Center** 518 E. Commercial St. 417-869-3978

Help Give Hope 2733 E. Battlefield Road Suite 332 helpgivehope.org

Isabel's House (crisis nursery) 2750 W Bennett St 417-865-2273

National Suicide Prevention Lifeline 800-273-8255

OACAC 417-862-4314 Rent & Utility Assistance

OACAC Greene County Neighborhood Center 417-447-0554

One Door (closed if SPS is closed) 300 E. Central St. 417-225-7499; Public phone

Ozarks Food Harvest 417-429-0853 Assists with Food Stamp Applications Parental Stress Helpline 800-367-2543

Red Cross 1545 N W Bypass 832-9500

Rehabilitation Services for the Blind 1-800-592-6004

Salvation Army Family Enrichment

Center 1707 W. Chestnut Expy. 417-862-5509 ext. 109 or 112 \*Extreme Weather Shelter

Southwest Center for Independent Living 2864 S. Nettleton Ave. 417-886-1188 \*Services for disabled individuals

Suicide Prevention (Hopeline) 800-784-2433

Veterans Home at Last 1630 N. Jefferson Ave. 417-225-7410

Victims Center 417-862-7273

TTD Voice Access 1-800-735-2466

**PETS** 

PAWS Pet Pantry 600 S. Jefferson Ave. 417-501-6416

SAAF Spay and Neuter Clinic 1600 W. Washington Ave. 417-831-7223