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01 Work

1. What work do you do?

- 1. I work as a senior software engineer at a major tech company. My responsibilities include designing and implementing complex software systems, leading project teams, and ensuring our products meet high standards. I also mentor junior developers and conduct code reviews to maintain quality.
- 2. I'm a backend developer focusing on cloud-based solutions. My job involves developing server-side logic, optimizing database performance, and ensuring the scalability of our applications. I work closely with the frontend team to integrate their work with our systems.
- 3. I am a full-stack developer, handling both frontend and backend development. My tasks range from creating user interfaces to managing databases and server infrastructure. This role requires a versatile skill set and constant learning.
- 4. I work as a DevOps engineer, bridging the gap between development and operations. My duties include automating deployment processes, managing cloud infrastructure, and monitoring system performance. I aim to improve efficiency and reliability in our development pipeline.

5. I'm a mobile application developer specializing in iOS and Android platforms. I design, code, and test mobile apps to ensure they provide a seamless user experience. This role requires a deep understanding of mobile technologies and user interface design.

2. Why did you choose to do that type of job?

- 1. I chose software engineering because of my passion for technology and problem-solving. I enjoy the intellectual challenge and the satisfaction of creating functional and efficient solutions. The tech industry also offers great career opportunities and growth potential.
- 2. Being a backend developer allows me to work on the core functionalities of applications. I find it rewarding to optimize systems and ensure they run smoothly. The role suits my analytical skills and attention to detail.
- 3. I chose full-stack development because I love the diversity of tasks and the opportunity to see a project through from start to finish. It keeps my work dynamic and allows me to constantly learn new skills. Plus, it's satisfying to build a complete product.
- 4. DevOps appealed to me because it combines development and operations, offering a unique blend of challenges. I enjoy automating processes and improving workflow efficiency. This role fits my interest in both software development and system administration.
- 5. I chose mobile application development due to my interest in mobile technology and the growing importance of mobile apps. Creating intuitive and engaging apps for users is highly fulfilling. This field allows me to combine creativity with technical expertise.

3. Do you like your job?

- 1. Yes, I love my job as a senior software engineer. The technical challenges and opportunities for innovation keep me engaged. Working with talented colleagues and seeing the impact of our projects is very rewarding.
- 2. Absolutely, I enjoy being a backend developer. The satisfaction of optimizing systems and solving complex problems is immense. The work environment is stimulating, and there's always something new to learn.
- 3. Yes, I find full-stack development to be highly satisfying. The variety of tasks keeps me motivated, and I appreciate the continuous learning opportunities. It's exciting to bring ideas to life through coding.
- 4. Definitely, I like my role as a DevOps engineer. Automating processes and improving efficiency is very fulfilling. The collaborative nature of the job and the ability to work on both development and operations aspects are great.
- 5. Yes, I really enjoy mobile application development. Creating apps that users find useful and enjoyable is very satisfying. The rapid evolution of mobile technology keeps my work exciting and challenging.

4. Do you miss being a student?

- Occasionally, I miss the structured learning environment and the social aspects of student life. However, the real-world application of my skills in my job is far more fulfilling. The freedom and responsibility I have now are also rewarding.
- 2. Not really, I enjoy the professional challenges and responsibilities of my job. While student life had its perks, I prefer the impact and problem-solving involved in my current role. The independence is also a significant plus.
- 3. Sometimes, I miss the academic atmosphere and the constant exposure to new ideas. Being a student was a period of intense learning and personal growth. However, my job also provides plenty of opportunities to learn and develop.
- 4. Yes, there are moments when I miss the intellectual stimulation and the opportunity to dive deeply into various subjects. The academic setting allowed for a lot of exploration. Nonetheless, my job also offers continuous learning and practical application of my knowledge.
- 5. Occasionally, I miss the social aspects and the freedom to explore different fields of study. However, the hands-on experience and the sense of achievement I get from my job are unparalleled. The professional world offers a different kind of learning and growth.

5. Is your job very interesting?

- Definitely, my job as a senior software engineer is very interesting. Each
 project brings its own set of challenges and requires innovative solutions.
 The mix of technical work and collaboration with various stakeholders
 keeps things engaging. The tangible results of my work are also highly
 satisfying.
- 2. Yes, being a backend developer is extremely interesting. The process of discovery and experimentation keeps me constantly engaged. Every day presents new findings and challenges. The potential to make significant contributions to the functionality of applications is a huge motivation.
- 3. Absolutely, full-stack development is a dynamic and innovative field. There's always something new to learn, whether it's a programming language or a technology trend. The creative aspect of building software that solves real-world problems is particularly exciting.
- 4. Yes, my job as a DevOps engineer is very interesting. The work involves a good mix of automation and system management. Each project is different, which keeps things fresh. The opportunity to improve the development process is very motivating.
- 5. Yes, mobile application development is incredibly interesting. It combines creativity, technology, and user experience. Every app is a new challenge with its own set of requirements. Capturing unique moments in nature and sharing them with the world is deeply fulfilling.

6. Is there any kind of technology you use at work?

- 1. Yes, as a senior software engineer, I use various programming languages like Java, Python, and C++. We also rely on version control systems like Git and CI/CD tools for automated testing and deployment. Cloud services like AWS are crucial for our infrastructure.
- Absolutely, as a backend developer, I use server-side languages such as Node. Js and Java. Databases like MySQL and MongoDB are essential for data management. We also use containerization technologies like Docker for efficient deployment.
- Definitely, as a full-stack developer, I use frontend frameworks like React and Angular, and backend frameworks like Express and Django. Tools like GitHub for version control and AWS for cloud services are also integral to my work.
- 4. Yes, as a DevOps engineer, I use automation tools like Jenkins and Ansible, and containerization technologies like Docker and Kubernetes. Monitoring tools like Prometheus and Grafana are essential for tracking system performance.
- 5. Absolutely, in mobile application development, I use development environments like Xcode for iOS and Android Studio for Android. Cross-platform frameworks like Flutter and React Native are also important. Additionally, we rely on analytics tools to track app performance.

7. Can you manage your time well when you work?

- Yes, I can manage my time well. I use project management tools like Asana and Trello to keep track of tasks and deadlines. Prioritizing tasks and setting clear goals helps me stay on top of my work. Regular breaks also help maintain productivity.
- 2. I believe so. I use time-blocking techniques to allocate specific times for different tasks. This ensures that I stay focused and productive throughout the day. Tools like Google Calendar and Pomodoro timers are very helpful.
- 3. Yes, as a freelancer, managing time effectively is crucial. I create detailed schedules and use time-tracking software to monitor my productivity. Balancing multiple projects requires good organization and discipline.
- 4. Absolutely, teaching has taught me excellent time management skills. I plan lessons in advance and allocate specific times for grading and administrative tasks. Using scheduling tools helps me ensure that I meet all my responsibilities efficiently.
- 5. Yes, I manage my time well using a combination of digital tools and personal discipline. Keeping a detailed calendar and breaking tasks into smaller, manageable parts helps me stay on track. Flexibility is also key in adapting to unexpected changes.

8. Who helps you most at work?

- 1. My manager is my greatest support at work. They provide clear direction, constructive feedback, and ensure I have the resources I need. Their leadership helps me navigate complex projects and stay motivated.
- 2. My team members are incredibly supportive. We collaborate closely, share knowledge, and help each other troubleshoot problems. Their expertise and teamwork make even the toughest projects manageable.
- 3. Our technical lead is a key mentor for me. They offer guidance on complex technical issues and help me improve my coding skills. Their experience and advice are invaluable in my professional growth.
- 4. The project management team plays a crucial role in my work. They ensure that projects are well-organized, deadlines are clear, and resources are allocated effectively. Their coordination allows me to focus on coding and problem-solving.
- 5. The IT support staff are essential in keeping everything running smoothly. They handle technical issues, maintain our systems, and ensure we have the necessary tools and software. Their assistance allows me to work without interruption.

02 Accommodation

1. Are the transport facilities in your city very good?

- The transport facilities in my city are quite good, though there is room for improvement. The metro system is fast and reliable, but the buses can be crowded and occasionally run late. On the plus side, the city is well-connected with numerous bike lanes and pedestrian-friendly zones. Recently, electric scooters have also become a popular and convenient option for short-distance travel. Despite some issues, the overall system is functional and improving.
- Transport facilities in my city are fairly developed. We have a robust public transportation system, including an efficient metro and an extensive bus network. However, during peak hours, the services can become overcrowded. The city is also making strides towards sustainable transport by introducing electric buses and expanding the bike-sharing program. These initiatives are aimed at reducing the carbon footprint and promoting a greener city.
- I would say the transport facilities in my city are adequate but not exceptional. The metro and bus services are reliable, yet they sometimes suffer from delays and overcrowding. On the positive side, the city offers a comprehensive network of carpooling options and dedicated lanes for buses, which help in managing traffic better. Moreover, recent developments like smart traffic management systems are being implemented to improve efficiency. Despite the challenges, the city is moving towards a smarter and

more integrated transport system

• Transport facilities in my city have their strengths and weaknesses. The metro system is the backbone, providing quick and efficient travel across the city. However, the bus network is not as reliable, often leading to long waits. On the brighter side, the city is well-equipped with numerous bike paths and a growing number of electric vehicle charging stations. The government is also investing in smart city technologies to enhance traffic flow and reduce travel times. Overall, while there are areas that need improvement, the city is progressively enhancing its transport infrastructure.

2. Which room does your family spend most of the time in?

- In our family, we spend most of our time in the living room. It's a spacious and cozy area where we gather to watch TV, play board games, or simply chat. The large windows let in plenty of natural light, making it a pleasant place to relax. We've also decorated it with comfortable sofas and a coffee table, which makes it perfect for family bonding and entertaining guests.
- The kitchen is the heart of our home, where my family spends the most time. We love cooking and eating together, so the kitchen is always bustling with activity. It has a large island in the center, which serves as a spot for meal prep and casual dining. We also have a small TV in the corner, so we can watch cooking shows and try out new recipes together. This shared time strengthens our family bonds.
- For us, the dining room is where we spend the majority of our time. We believe in the importance of family meals, so we make it a point to have dinner together every night. The dining room is elegantly furnished with a large table that can seat all of us comfortably. We often end up lingering there, talking about our day and sharing stories long after the meal is over. It's a special place for creating memories.
- Interestingly, my family spends most of our time in the home office. My parents work from home, and I use the space for studying and projects. The office is equipped with multiple desks, computers, and a printer, making it a productive environment. We often find ourselves collaborating on various tasks or helping each other out with work-related issues. It's a practical room where we can be together while being productive.
- In our household, the family room is the most frequented space. It's a versatile area designed for relaxation and entertainment, with a big-screen TV, gaming consoles, and comfortable seating. We often watch movies, play video games, or have family discussions there. The room also has a fireplace, which makes it a cosy spot during the winter months. It's a perfect blend of comfort and fun, making it our favorite place to unwind.

3. Do you live in a house or a flat?

- I live in a flat in the city center. It's a modern, high-rise building with excellent amenities like a gym, swimming pool, and 24-hour security. Living in a flat is very convenient because everything I need is within walking distance, including shops, restaurants, and public transport. The view from my balcony is spectacular, overlooking the city skyline. It's the perfect place for someone who enjoys an urban lifestyle.
- I live in a house in the suburbs. It's a spacious two-story home with a large garden and a garage. The neighborhood is peaceful and family-friendly, with parks and good schools nearby. I love having a backyard where we can host barbecues and the kids can play. The extra space also allows us to have a dedicated home office and guest room, which is very convenient.
- Currently, I live in a flat that I share with a roommate. It's located in a vibrant part of the city, close to my workplace and various entertainment options. The flat is small but cozy, with a compact kitchen and a shared living area. Sharing a flat is economical and allows me to live in a prime location without breaking the bank. Plus, it's a great way to meet new people and make friends.
- I live in a house in a rural area. It's an old, charming cottage surrounded by nature. The house has a lot of character, with wooden beams and a fireplace. Living in the countryside means we have plenty of space and privacy, and we can enjoy outdoor activities like hiking and gardening. It's a tranquil and idyllic lifestyle, perfect for unwinding and connecting with nature.
- I live in a penthouse flat on the top floor of a downtown building. It's a luxurious space with floor-to-ceiling windows and a private terrace. The flat is designed with modern, high-end finishes and has stunning views of the city. Living here provides a mix of comfort and prestige, with easy access to exclusive shops, fine dining, and cultural events. It's ideal for someone who appreciates luxury and convenience.

4. Do you plan to live here for a long time?

- Yes, I plan to live here for a long time. My flat is conveniently located near my workplace and has all the amenities I need. Additionally, I've built a strong network of friends and community connections in this neighborhood. Moving would disrupt the comfortable and stable lifestyle I've established here. I see myself staying in this flat for the foreseeable future.
- I'm not sure if I'll live here for a long time. While I enjoy the spaciousness of our suburban house, I might consider relocating to a more urban area for better career opportunities. The city offers more in terms of professional growth and social activities. I'm keeping my options open and will decide based on my future job prospects and personal circumstances.

- No, I don't plan to live here for a long time. Although my current flat is convenient, it's quite small, and I would prefer a larger space. I'm saving up to buy a house in a quieter neighborhood with more room for my family to grow. I anticipate making this move within the next few years as my financial situation improves.
- I plan to live here for the next few years, but not indefinitely. The rural lifestyle suits me now, but I might want to move back to the city eventually for better access to healthcare, entertainment, and other services. For now, the tranquility and beauty of the countryside are perfect, but my long-term plans might change as my needs evolve.
- Yes, I intend to live here for a long time. My penthouse flat offers unparalleled luxury and convenience, making it an ideal home. I love the modern design, the stunning views, and the prime location. Unless there are significant changes in my life or career, I can't imagine wanting to move anywhere else. This flat meets all my current and foreseeable future needs.

5. Do you live alone or with your family?

- I live alone in a small flat in the city center. This arrangement suits my independent lifestyle and busy work schedule. Living alone gives me the freedom to manage my space and time as I please, without any interruptions. It also allows me to focus on my career and personal projects without distractions. Although it can be lonely at times, I enjoy the peace and solitude.
- I live with my family in a spacious house in the suburbs. It's great because we can share the responsibilities of maintaining the house and supporting each other. Living with family also means we get to spend quality time together, which strengthens our bonds. We have regular family dinners and enjoy watching movies together in the evenings. It's a comforting and supportive environment.
- Currently, I live with a roommate in a two-bedroom apartment. This setup is cost-effective and allows me to afford living in a desirable part of the city. We share the rent and utilities, which significantly reduces our individual expenses. Having a roommate also provides a social aspect to my living situation, and we often cook and hang out together. It's a good balance between companionship and independence.
- I live with my partner in a cozy flat downtown. We moved in together
 a few years ago and have enjoyed creating a shared space that reflects
 both our tastes and lifestyles. Living together means we can support each
 other daily and enjoy each other's company more frequently. We also
 enjoy hosting friends for dinners and gatherings, making our home a lively
 and welcoming place.

- I live with my extended family in a large, multi-generational house. This includes my parents, siblings, and grandparents. It's a traditional arrangement that allows us to maintain close family ties and support each other. Living with multiple generations means we share household duties and learn from each other's experiences. It's a vibrant and dynamic environment, full of love and care. ## 6. How long have you lived there?
- I've lived in my current flat for about three years. I moved here shortly after starting my job in the city, as it's conveniently located near my office. Over the years, I've grown quite attached to the area and developed a routine that suits my lifestyle. It's been a comfortable and convenient place to live.
- I have lived in this house with my family for over a decade. We moved here when I was still in school, and it has been our home ever since. This place holds many cherished memories, from family celebrations to quiet evenings in the backyard. It truly feels like home because it's where we've grown together as a family.
- I've been living in this apartment for just six months. I relocated here for a new job and chose this place because of its proximity to work and the vibrant neighborhood. Although it's still relatively new to me, I'm enjoying exploring the area and settling into my new home. It's been an exciting transition.
- I've lived in my current residence for five years. Initially, I moved in as a temporary solution, but I ended up loving the neighborhood and the convenience it offers. The apartment has become a cozy and familiar space, and I've made a lot of friends in the area. It's been a stable and enjoyable place to live.
- I have been living in this house for almost 20 years. My parents bought it when I was a child, and I've grown up here. The familiarity of the house and neighborhood brings a sense of comfort and nostalgia. It's been a constant in my life, and I appreciate the sense of continuity it provides.

7. What do you usually do in your house/flat/room?

- In my flat, I spend a lot of time working from home. I have a dedicated home office where I complete my tasks and attend virtual meetings. Outside of work, I enjoy cooking in my kitchen, trying out new recipes, and experimenting with different cuisines. Additionally, I like to unwind by watching movies or reading books in the living room. It's a comfortable and productive space for both work and leisure.
- In my house, I usually engage in family activities. We often have meals together in the dining room and spend evenings in the living room watching TV or playing board games. I also enjoy gardening in the backyard,

- which is a relaxing hobby for me. On weekends, we sometimes host friends and relatives, making our home a lively and social place.
- In my apartment, I typically focus on my hobbies and personal projects. I have a small studio where I paint and work on my art. I also like to practice yoga in the living room, which I've set up as a mini studio with mats and equipment. Cooking is another favorite pastime, and I spend a considerable amount of time experimenting with different dishes in the kitchen.
- In my room, I usually study and work on assignments since I'm a student. I have a desk where I keep my laptop, textbooks, and notes. Besides studying, I enjoy playing video games on my computer as a way to relax. My room is also where I listen to music and practice guitar, making it a multi-functional space for both productivity and relaxation.
- In my house, I enjoy spending time in the home gym. I've set up a variety of exercise equipment, and I work out regularly to stay fit. When I'm not exercising, I like to cook in the kitchen, experimenting with healthy recipes. Evenings are usually spent in the living room, where I watch TV series or read novels. My house provides a great environment for maintaining a healthy and balanced lifestyle.

8. Which is your favorite room in your home?

- My favorite room in my home is the living room. It's a spacious and inviting area where my family and I gather to relax and spend time together.
 I love the comfortable sofas and the large windows that let in plenty of natural light. It's the perfect place to unwind after a long day, watch movies, or have meaningful conversations with my loved ones. The cozy ambiance makes it my favorite spot in the house.
- I absolutely love my kitchen. Cooking is a passion of mine, and the kitchen is where I can fully indulge in it. It's equipped with modern appliances and ample counter space, making it easy to prepare meals and experiment with new recipes. I find the process of cooking therapeutic and enjoy inviting friends over for dinner parties. The kitchen is definitely the heart of my home.
- My bedroom is my favorite room in the house. It's my personal sanctuary
 where I can retreat and relax. I've decorated it with soothing colors and
 comfortable furnishings, creating a peaceful atmosphere. I love curling up
 with a good book before bed or listening to music to unwind. The sense
 of privacy and tranquility in my bedroom makes it my favorite place to
 be.
- The home office is my favorite room in my house. It's a productive and
 inspiring space where I can focus on my work and personal projects. I've
 set it up with a comfortable chair, a large desk, and all the equipment I

need. I also have a few plants and artwork that add a touch of creativity to the room. This dedicated workspace helps me stay organized and motivated.

My favorite room is the sunroom. It's a bright and airy space with large
windows that overlook the garden. I love spending my mornings there,
sipping coffee and enjoying the view. The natural light makes it a perfect
spot for reading, writing, or simply relaxing. The connection to nature
and the serene environment make the sunroom my favorite place in the
house.

9. What 's the difference between where you are living now and where you lived in the past? (If you want to say you have not lived elsewhere)

- Currently, I live in a bustling city apartment, whereas I used to live in a quiet suburban house. The city apartment is much smaller, but it's conveniently located near my workplace and various amenities. In contrast, my suburban house had more space, including a garden and a garage, which provided a peaceful environment but required a long commute. The shift to urban living has made my life more dynamic and accessible.
- I now live in a modern, high-rise building, whereas I previously lived in an older, single-story house. My current residence has state-of-the-art facilities, including a gym and a swimming pool, which were not available in my old house. The high-rise offers stunning views of the city, while the house had a charming garden and more outdoor space. The move has been an upgrade in terms of amenities but a trade-off in outdoor space.
- My current home is a spacious suburban house, while I used to live in a compact city flat. The house has multiple bedrooms, a large kitchen, and a backyard, offering plenty of space for my family. In contrast, the flat was much smaller, with limited living space and no outdoor area. The suburban house provides a more comfortable and family-friendly environment, although I miss the convenience and vibrancy of city living.
- I now reside in a rural cottage, whereas I previously lived in an urban apartment. The rural cottage is surrounded by nature, offering tranquility and scenic views, which is a stark contrast to the hustle and bustle of the city apartment. The apartment was close to shops, restaurants, and public transport, making daily life very convenient. Living in the countryside has been a refreshing change, providing a slower pace of life and a stronger connection to nature.
- Currently, I live in a modern duplex with my partner, but I used to live with my parents in a traditional family home. The duplex is contemporary and has an open-plan layout, while the family home had a more traditional, compartmentalized design. The move has given me more independence

and privacy, allowing me to decorate and organize the space according to my preferences. However, I sometimes miss the warmth and familiarity of my childhood home.

10. What can you see when you look out the window of your room?

- When I look out the window of my room, I can see a beautiful cityscape.
 My apartment is on a high floor, so I have an unobstructed view of the sky line, including towering skyscrapers and bustling streets below. At night,
 the city lights create a mesmerizing scene that I never tire of. The view
 is especially stunning during sunsets when the sky is painted in vibrant
 colors.
- From my room's window, I have a serene view of the park across the street. The lush green trees, colorful flower beds, and a small pond with ducks create a picturesque setting. I often see people jogging, walking their dogs, and children playing, which brings a sense of calm and joy. The park provides a refreshing escape from the urban environment.
- Looking out of my window, I can see the ocean. My house is situated near the coast, and the view of the endless blue sea is incredibly calming. I love watching the waves crash against the shore and the occasional sailboats passing by. The sunsets over the water are breathtaking, and I often sit by the window to enjoy the tranquil scenery.
- From my window, I see a bustling street market. It's a vibrant scene with vendors selling fresh produce, street food, and handmade crafts. The lively atmosphere is filled with the sounds of people chatting, bargaining, and the occasional street performer. It's a wonderful glimpse into the daily life of the community and always offers something interesting to watch.
- When I look out my window, I see the mountains in the distance. Living in a rural area, the view is dominated by rolling hills and dense forests. The changing seasons bring different colors and moods to the landscape, from lush green in the summer to a blanket of snow in the winter. It's a breathtaking and ever-changing panorama that I find incredibly inspiring and peaceful.

11. Would you be willing to live in the countryside in the future?

• Yes, I would be willing to live in the countryside in the future. I find the idea of a peaceful, natural environment very appealing. The slower pace of life and the opportunity to be closer to nature are significant draws for me. It would also be a great place to raise a family, offering a safe and healthy environment for children. While I enjoy the conveniences of city

life, I believe the tranquility of the countryside would provide a refreshing change.

- I'm not entirely sure if I would want to live in the countryside in the future. While I appreciate the beauty and tranquility it offers, I am very accustomed to the fast-paced lifestyle and conveniences of the city. Access to amenities like restaurants, entertainment, and healthcare is important to me. However, I might consider it as a retirement option, when I would appreciate a quieter and more relaxed environment.
- I would definitely consider living in the countryside in the future. The idea of having a large garden, growing my own vegetables, and being surrounded by nature is very appealing. It would also allow for a healthier lifestyle, with more opportunities for outdoor activities like hiking and cycling. The sense of community in rural areas is often stronger, and I would enjoy being part of a close-knit community.
- Living in the countryside is not something I see myself doing. I thrive in the bustling environment of the city, with its diverse cultural activities and vibrant social scene. The countryside might feel too isolated for me, and I would miss the dynamic energy of urban life. While I enjoy visiting rural areas for short breaks, I think I would prefer to stay in the city for the long term.
- I am open to the idea of living in the countryside in the future. It would offer a stark contrast to my current urban lifestyle and could provide a much-needed change of pace. The fresh air, open spaces, and scenic landscapes are very attractive to me. However, it would be important to have some level of convenience, such as reliable internet access and good transportation links, to ensure a comfortable lifestyle.

03 Staying at home

1. Are you a person who likes to stay at home?

- 1. Yes, I am definitely a person who loves to stay at home. I find it to be a sanctuary where I can relax and recharge. The peace and quiet of my home environment are ideal for unwinding after a hectic day at work. It's a place where I can indulge in my hobbies without any distractions. Being at home allows me to focus on self-care and personal growth.
- 2. While I enjoy socializing, I do prefer spending a lot of my time at home. I appreciate the comfort and familiarity it offers. My home is a space that I've tailored to my tastes and needs, which makes it a perfect retreat. The ability to control my surroundings, from lighting to ambiance, is a big plus. Home is where I can truly be myself.
- 3. Not particularly, I am more of an outdoor person. I love exploring new

places and experiencing new activities. Staying at home for extended periods tends to make me feel restless. I thrive on social interactions and the energy of being in dynamic environments. However, I do enjoy the occasional quiet day at home.

- 4. Yes, I enjoy staying at home, especially because it allows me to focus on my creative projects. I find that I am most productive in my own space. Whether it's coding, writing, or painting, home provides the perfect backdrop for my creativity. It's also a great place to spend quality time with family and close friends. The sense of privacy and control is unmatched.
- 5. I like to balance my time between being at home and going out. While I enjoy the comfort of home, I also value social activities and outdoor adventures. Too much time at home can make me feel isolated. Therefore, I try to maintain a healthy balance that keeps me both relaxed and engaged with the world. It's all about finding the right mix.

2. What do you do when you stay at home?

- When I stay at home, I often spend my time reading books. I have a
 collection of novels and non-fiction that I enjoy diving into. Reading helps
 me relax and unwind after a busy day. Additionally, I like to catch up on
 my favorite TV shows and movies. It's a great way to entertain myself
 and de-stress.
- 2. I love to cook and experiment with new recipes when I'm at home. Cooking is both a creative outlet and a practical skill for me. I also enjoy baking desserts and trying out different cuisines. Besides cooking, I spend time working on personal projects, such as coding and DIY crafts. These activities keep me engaged and productive.
- 3. At home, I dedicate a lot of time to my hobby of gardening. I find it therapeutic to take care of my plants and watch them grow. It's a peaceful activity that allows me to connect with nature. I also enjoy listening to music and playing the guitar. Music is a big part of my life, and playing the guitar helps me relax and express myself.
- 4. When I stay at home, I usually spend time on my computer, either working or gaming. I have a passion for technology and enjoy learning new things online. Additionally, I like to exercise and do yoga to stay fit and healthy. Home workouts have become a regular part of my routine. It's convenient and helps me stay in shape.
- 5. I enjoy spending quality time with my family when I'm at home. We often play board games, watch movies, or cook together. These moments are precious and help strengthen our bond. Apart from family time, I like to read and write. Writing is a way for me to express my thoughts and creativity. It's a fulfilling activity that I cherish.

3. What is your favorite place at home?

- 1. My favorite place at home is definitely my home office. It's a quiet and comfortable space where I can focus on my work and personal projects. I have set it up with all my favorite gadgets and a comfortable chair. It's a productive environment that keeps me motivated and inspired. The decor is minimalistic and calming, perfect for concentration.
- 2. I love spending time in my living room. It's a cozy space with a large, comfortable sofa and a big TV. I enjoy relaxing here with a good book or watching movies with family and friends. The living room is also where I entertain guests, making it a lively and welcoming area of my home. It's the heart of my home where many happy memories are made.
- 3. My favorite place at home is my kitchen. I enjoy cooking and experimenting with new recipes, so the kitchen is my creative space. It's well-equipped with modern appliances and has a warm, inviting atmosphere. I spend a lot of time here, not just cooking, but also enjoying meals with loved ones. The kitchen is truly the hub of my home.
- 4. I adore my garden. It's a peaceful retreat where I can relax and enjoy nature. I have a small seating area where I like to read or have my morning coffee. Gardening is one of my favorite hobbies, and I find great joy in taking care of my plants. The garden is a serene and refreshing part of my home that I cherish.
- 5. My favorite place at home is my bedroom. It's my personal sanctuary where I can unwind and recharge. I have decorated it in calming colors and filled it with things that bring me joy. I love reading in bed or simply relaxing and listening to music. The bedroom is where I feel most at peace and comfortable.

4. What did you often do at home as a child?

- As a child, I spent a lot of time reading books. I was an avid reader and loved getting lost in different stories. My parents encouraged my reading habit, which helped me develop a love for literature. I also enjoyed writing my own stories and drawing illustrations for them. It was a fun and creative way to spend my time.
- 2. I often played with my toys and built things with LEGO. I loved creating different structures and using my imagination. Playing with LEGO helped me develop problem-solving skills and creativity. I also enjoyed playing board games with my family. It was a great way to bond and have fun together.
- 3. I spent a lot of time playing video games. My siblings and I would have friendly competitions, and it was a great way to bond. Gaming was one of my favorite pastimes. I also enjoyed watching cartoons and animated

- movies. These activities provided endless entertainment and sparked my imagination.
- 4. I enjoyed drawing and painting. Art was a big part of my childhood, and I loved expressing myself through colors and shapes. I had a dedicated space for my art projects at home. Besides drawing, I also enjoyed making crafts and DIY projects. These activities allowed me to be creative and have fun.
- 5. I frequently played outside in the backyard. Whether it was climbing trees, playing catch, or riding my bike, I loved being active and exploring the outdoors. It was a carefree and adventurous time. I also enjoyed playing with my pets. Spending time with them was always a highlight of my day.

5. Would you like to stay at home a lot in the future?

- 1. Yes, I would like to stay at home more in the future, especially with the rise of remote work. It allows me to balance work and personal life better. Working from home gives me the flexibility to spend more time with my family and pursue hobbies. It's a lifestyle that I find very appealing and productive.
- 2. Not really, I prefer a mix of home and outdoor activities. While I enjoy the comfort of home, I also value social interactions and exploring new places. Too much time at home can make me feel isolated. Therefore, I try to maintain a healthy balance that keeps me both relaxed and engaged with the world. It's all about finding the right mix.
- 3. I think I would, especially if I achieve my goal of becoming a freelancer. Working from home would give me the flexibility to set my own schedule and create a comfortable work environment. It's a lifestyle that appeals to me, allowing for more personal freedom and creativity. The ability to work from anywhere is also a huge plus.
- 4. I would like to stay at home a lot, as I enjoy home improvement projects and gardening. These activities bring me joy and satisfaction. Plus, being at home allows me to create a space that truly reflects my personality and interests. It's a fulfilling way to spend my time and make my living environment more enjoyable.
- 5. Yes, I envision myself spending a lot of time at home in the future, particularly because I plan to continue developing software and learning new technologies. Having a well-equipped home office would enable me to stay productive and inspired. Home provides a stable and comfortable environment for both work and leisure activities.

04 Exciting activities

1. Have you ever tried any exciting activities?

- 1. Yes, I have tried riding **roller coasters**, and it was quite a thrilling experience. The speed and sudden drops really got my adrenaline pumping. It's one of the few activities that make me feel both excited and terrified at the same time. I enjoy the rush it gives me and the sense of accomplishment after finishing the ride. Roller coasters are definitely a highlight when visiting amusement parks.
- 2. Although I haven't tried many extreme sports, I did experience a **roller coaster ride** that was extremely exciting. The loops, twists, and high speeds were exhilarating. It was a great way to break out of my usual routine and experience something different. The thrill of the ride made me feel alive and energized. It's an experience I look forward to repeating.
- 3. Yes, riding a **roller coaster** has been the most exciting activity I've tried. The sensation of flying through the air and the G-forces are unmatched. It's a rare treat given my busy schedule, but it's always worth it. The excitement starts building from the moment the ride begins. Each ride is a new adventure, with different coasters offering unique thrills.
- 4. Indeed, I have tried **roller coasters**, and they provide an incredible adrenaline rush. The anticipation and the actual ride are both thrilling experiences. It's one of the few activities that I find both exhilarating and enjoyable. Despite the fear, the excitement and fun make it all worthwhile. It's a perfect escape from the daily grind.
- 5. Absolutely, I've ridden **roller coasters**, which are among the most exciting activities I've done. The combination of speed, height, and unexpected twists makes it a fantastic experience. It's a great way to challenge myself and face my fears. The excitement of the ride stays with me long after it's over. It's an exhilarating break from my usual routine.

2. What do you think were exciting activities when you were a child?

- 1. As a child, I found **playing hide and seek** to be very exciting. The thrill of finding a good hiding spot and waiting to be discovered was immense. It was a simple game, but it brought a lot of joy and excitement. The suspense and the strategy involved made it incredibly fun. It's one of my fondest childhood memories.
- 2. Riding bicycles around the neighborhood was one of the most exciting activities for me as a child. The sense of freedom and speed was exhilarating. I loved exploring new places and racing with my friends. It was a great way to spend time outdoors and stay active. Those rides were always full of adventure and excitement.

- 3. As a child, I was thrilled by **building and playing with LEGO**. Creating different structures and using my imagination was incredibly exciting. It was a creative outlet that allowed me to build anything I could dream of. The process of planning and constructing was both fun and stimulating. It was one of my favorite activities.
- 4. Playing video games was extremely exciting when I was a child. The immersive worlds and challenging levels kept me engaged for hours. It was a great way to escape into different adventures and compete with friends. The excitement of achieving high scores and completing difficult levels was unmatched. Video games were a big part of my childhood.
- 5. Going to amusement parks and riding the various attractions was the height of excitement for me as a child. The rides, games, and atmosphere were all thrilling. It was a special treat that I always looked forward to. The excitement of spending a day at the park with family or friends was incredible. Those trips were full of joy and adventure.

3. Has anything exciting happened to you recently?

- 1. Yes, recently I completed a **challenging project at work** that was very exciting. The project involved new technologies and required innovative solutions. Seeing it come together successfully was a thrilling experience. It was a great achievement and a boost to my career. The excitement of overcoming obstacles and achieving the goal was immense.
- 2. Absolutely, I recently attended a technology conference that was quite exciting. Meeting industry leaders and learning about the latest advancements was inspiring. The networking opportunities and workshops were very engaging. It was a great way to gain new insights and stay updated in my field. The whole experience was very stimulating.
- 3. Yes, something exciting happened when I started a **new hobby** recently. I took up painting, and the creative process has been very fulfilling. It's a refreshing change from my usual routine and has become a new passion. The excitement of exploring new techniques and creating art is incredible. It's a wonderful way to relax and express myself.
- 4. Indeed, I recently **moved to a new city** for work, and the change has been very exciting. Exploring new places, meeting new people, and adapting to a different environment has been thrilling. The move has brought new opportunities and challenges. It's a fresh start that has reinvigorated me. The excitement of the new experience is still very much alive.
- 5. Definitely, I recently had the chance to **mentor a junior colleague** at work. The process of teaching and guiding someone was very exciting. Seeing their progress and success was immensely rewarding. It was a new and fulfilling experience for me. The excitement of making a positive impact on someone's career was great.

4. Would you like to try scuba diving and bungee jumping?

- 1. I would love to try **scuba diving** as it offers a unique opportunity to explore the underwater world. The thought of seeing marine life up close is fascinating. However, **bungee jumping** seems a bit too extreme for me. The idea of jumping from a great height is daunting. I prefer adventures that are less intense and more exploratory.
- 2. Scuba diving definitely interests me because of the chance to experience life under the sea. The tranquility and beauty of the ocean are very appealing. On the other hand, I'm not sure about bungee jumping. The fear of heights makes it less attractive to me. I might consider it someday, but it's not a priority.
- 3. I am very keen on trying **scuba diving**. The underwater scenery and marine life would be amazing to witness firsthand. **Bungee jumping**, however, is something I'm hesitant about. The adrenaline rush is tempting, but the height is intimidating. I prefer activities that offer excitement without such extreme risks.
- 4. Yes, I would like to try **scuba diving** because it seems like a peaceful yet exciting activity. Being underwater and exploring coral reefs would be a dream come true. **Bungee jumping** does not appeal to me as much. The idea of jumping from a high platform is too scary for me. I think I'll stick to less extreme adventures.
- 5. Definitely, I'm interested in **scuba diving** because it allows for exploration and discovery. The underwater world is fascinating and full of wonders. **Bungee jumping**, on the other hand, is a bit too extreme for my taste. The thrill of the jump is not something I'm comfortable with. I prefer adventures that are more grounded and controlled.

05 Ask for help

1. Do you ask for help when you have a problem?

- 1. Absolutely, I believe that asking for help is a sign of strength, not weakness. When faced with a challenge, I often turn to colleagues or friends for their perspectives. This not only helps me resolve the issue more efficiently but also allows me to learn from others' experiences. It's a great way to build collaborative relationships and foster a supportive environment.
- 2. Yes, I do ask for help when needed. In my experience, seeking assistance can provide valuable insights that I might not have considered on my own. For instance, when I was working on a complex project at work, consulting a more experienced coworker saved me a lot of time and frustration. I also find that people are generally willing to help and appreciate being asked.
- 3. I usually prefer to tackle problems on my own first, but when I hit a

roadblock, I don't hesitate to ask for help. This approach allows me to explore my own problem-solving abilities while also recognizing when external input is necessary. Reaching out for assistance has often led to quicker and more innovative solutions. It's also a good way to build rapport and learn from others.

- 4. Yes, I believe in the power of collaboration. When I encounter a problem, especially one outside my expertise, I reach out to others who might have the knowledge I lack. This not only helps solve the problem faster but also enhances my understanding of the issue. Moreover, it fosters a sense of community and shared purpose among my peers.
- 5. Definitely, I ask for help when needed. I find that discussing a problem with someone else can provide new perspectives and solutions that I hadn't thought of. It's also a good way to ensure that I'm on the right track. For example, when I was struggling with a technical issue at work, consulting a more knowledgeable colleague provided a quick and effective resolution.

2. Why are teachers always willing to help students?

- 1. Teachers are inherently dedicated to the growth and development of their students. They understand that their role is not just to impart knowledge but also to support students in overcoming challenges. By helping students, teachers can ensure that their students succeed academically and personally. This willingness to help is often driven by a passion for teaching and a commitment to their students' future.
- 2. Teachers are usually willing to help because they are deeply invested in their students' success. They recognize that each student has unique needs and challenges, and they strive to provide the necessary support to help them succeed. Additionally, helping students can be very rewarding for teachers as it allows them to see the impact of their guidance and support. It's also part of their professional duty to create an inclusive and supportive learning environment.
- 3. The willingness of teachers to help stems from their dedication to education and their desire to see their students thrive. They understand that learning can be challenging and that students often need additional support to grasp complex concepts. By offering help, teachers can ensure that no student is left behind and that everyone has the opportunity to succeed. This commitment to student success is a fundamental aspect of the teaching profession.
- 4. Teachers are always ready to help because they are passionate about their students' learning and development. They know that providing assistance can make a significant difference in a student's academic journey. Additionally, helping students can foster a positive and engaging learning environment, which benefits everyone involved. Teachers also gain personal

- satisfaction from seeing their students overcome obstacles and achieve their goals.
- 5. The willingness of teachers to help is rooted in their dedication to fostering a positive and effective learning environment. They are aware that students often face various challenges, both academically and personally, and are committed to providing the necessary support. This support can come in many forms, such as offering extra tutoring, providing resources, or simply being a listening ear. Teachers understand that their assistance can have a profound impact on their students' success and well-being.

3. What kind of help do you often ask for?

- I often ask for help with technical issues, especially when dealing with new software or complex coding problems. It's essential to get expert advice to avoid wasting time and to ensure the work is done correctly. I also seek feedback on my work to improve my skills and knowledge continuously. Additionally, I occasionally ask for guidance on project management to streamline processes and improve efficiency.
- 2. I frequently seek help with understanding difficult concepts or subjects. This could be academic, such as asking for clarification on a theory or principle, or professional, like seeking advice on best practices in my field. I also ask for feedback on my work to ensure that I'm meeting the expected standards and to learn how I can improve. Additionally, I sometimes ask for emotional support or advice when dealing with personal challenges.
- 3. The kind of help I often ask for varies depending on the situation. Professionally, I might ask for assistance with specific tasks or projects where I lack expertise. This could include technical support, advice on best practices, or feedback on my work. Personally, I might seek emotional support or advice on handling various life challenges. Asking for help in these areas allows me to grow and improve continuously.
- 4. I usually ask for help with problem-solving and decision-making. Whether it's a complex project at work or a personal dilemma, I find that getting input from others can provide new perspectives and solutions. I also seek help with skill development, such as learning a new language or mastering a new tool. This allows me to continuously improve and stay competitive in my field.
- 5. I often ask for help with time management and prioritization. Balancing a busy work schedule with personal commitments can be challenging, so I seek advice on how to manage my time more effectively. I also ask for help with specific technical issues, such as troubleshooting software problems or understanding new technologies. Additionally, I seek feedback on my work to ensure that I am meeting expectations and continually improving.

4. When was the last time you asked for help?

- 1. The last time I asked for help was a few weeks ago when I was working on a complex coding project. I encountered a bug that I couldn't resolve on my own, so I reached out to a colleague who has more experience in that area. Their input was invaluable and helped me understand the issue from a different perspective. It also taught me some new techniques that I can apply in future projects.
- 2. Recently, I asked for help with a project at work that required expertise in a specific software I wasn't familiar with. I reached out to a colleague who had extensive experience with the software, and their guidance was crucial in completing the project on time. This collaboration not only solved the immediate problem but also provided me with new skills and knowledge for future tasks.
- 3. The last time I asked for help was during a team meeting at work. I was struggling with a particular aspect of a project, so I asked my team for their input. Their feedback and suggestions were incredibly helpful and allowed me to move forward with the project more confidently. It also strengthened our teamwork and communication.
- 4. A few days ago, I asked for help from a friend who is an expert in graphic design. I needed to create some visuals for a presentation, and I wanted them to look professional. My friend provided valuable tips and even helped me with some of the design work. This not only improved the quality of my presentation but also gave me new insights into design principles.
- 5. Just last week, I asked for help from my manager regarding a challenging client situation. I was unsure how to handle their demands without compromising our company's policies. My manager provided me with excellent advice on how to communicate effectively and negotiate a satisfactory solution. This experience taught me a lot about conflict resolution and client management.

06 Sharing

1. Did your parents teach you to share when you were a child?

- 1. Yes, my parents emphasized the importance of sharing from a young age. They believed that sharing fosters empathy and helps build strong relationships. I remember my mother encouraging me to share my toys with friends, explaining that it would make playtime more enjoyable for everyone. This lesson has stayed with me, and I find it easy to share both my time and resources with others.
- 2. Absolutely, my parents taught me the value of sharing. They would often

involve me in activities where sharing was essential, like baking cookies for the neighbors or donating toys to charity. These experiences not only taught me generosity but also the joy of making others happy. As an adult, I see the benefits of these lessons in my willingness to collaborate and help others.

- 3. Indeed, sharing was a key lesson from my parents during my childhood. They used everyday situations to instill this value, such as encouraging me to share snacks with my siblings or take turns with games. These practices helped me develop a sense of fairness and consideration for others. Today, I appreciate how these early lessons shaped my interpersonal skills and ability to work in teams.
- 4. Yes, my parents were very proactive in teaching me to share. They would create opportunities for me to practice sharing, like organizing playdates and community events where cooperation was necessary. These experiences taught me that sharing isn't just about giving away something; it's about creating connections and understanding others' needs. This perspective has greatly influenced my professional and personal relationships.
- 5. My parents definitely taught me to share when I was young. They believed it was essential for developing social skills and fostering kindness. I remember them setting examples by sharing their own belongings and involving me in these acts. This nurturing environment made sharing a natural part of my behavior, and I still find it rewarding to share knowledge and resources with my peers.

2. What kind of things do you like to share with others?

- 1. I enjoy sharing my knowledge and expertise with others, especially in the field of programming. Whether it's mentoring a junior colleague or contributing to open-source projects, I find great satisfaction in helping others grow. Additionally, I like to share experiences, such as travel stories or interesting books I've read. Sharing these moments often leads to engaging conversations and deeper connections.
- 2. I often share professional advice and tips with my colleagues. Given my extensive experience, I find that sharing insights about coding practices and project management can be very beneficial for others. Besides work-related matters, I also like to share hobbies and interests, such as new recipes or music playlists, which can be a great way to bond with others outside of work.
- 3. I love sharing resources that can help others improve their skills or knowledge. This includes books, articles, and online courses that I have found useful in my career. Sharing these resources not only benefits others but also helps reinforce my own learning. I also enjoy sharing my time by volunteering for community projects, which is a fulfilling way to give back

to society.

- 4. I frequently share technological tools and software recommendations with my peers. As a programmer, I come across many useful tools that can enhance productivity and simplify tasks. Sharing these tools helps create a more efficient work environment. Additionally, I like to share personal achievements and milestones, as it allows me to celebrate with friends and family and receive their support and encouragement.
- 5. I like to share my experiences and insights from my career journey. This includes both successes and failures, as I believe there's a lot to learn from both. Sharing these stories can provide valuable lessons to others and foster a culture of openness and continuous improvement. Moreover, I enjoy sharing creative ideas and brainstorming solutions with my team, as it often leads to innovative outcomes.

3. What kind of things are not suitable for sharing?

- 1. Personal financial information is something I believe is not suitable for sharing. Discussing details about one's income, debts, or investments can lead to misunderstandings or even conflicts. Additionally, sensitive work-related information, such as confidential company data or client details, should be kept private to maintain professional integrity and trust. It's crucial to respect boundaries when it comes to such sensitive matters.
- 2. Medical and health-related information is generally not suitable for sharing, especially in a professional setting. Such information is deeply personal and can be misinterpreted or lead to unintended consequences if shared inappropriately. Similarly, sharing personal passwords or access credentials is a strict no-no, as it can compromise security and privacy. These are aspects of life that require discretion and careful handling.
- 3. Gossip or negative comments about colleagues or friends are definitely not suitable for sharing. Engaging in such behavior can damage relationships and create a toxic environment. Additionally, proprietary or sensitive information about one's company should never be shared outside of work. Maintaining confidentiality and professionalism is key to building trust and respect in any setting.
- 4. Details of personal relationships and private family matters are not suitable for sharing, especially in a public or professional context. Such information is often sensitive and can lead to unnecessary drama or misunderstandings. Furthermore, sharing explicit content or intimate details is inappropriate and disrespectful. It's important to maintain a level of discretion and privacy regarding such personal aspects.
- 5. Proprietary or sensitive business information should not be shared without proper authorization. This includes trade secrets, strategic plans, and confidential client information. Sharing such details can have serious legal

and ethical implications. Moreover, unsolicited opinions or advice about someone's lifestyle or personal choices are generally unwelcome and can be intrusive. It's important to respect others' privacy and autonomy.

4. Do you have anything to share with others recently?

- Recently, I've been working on a personal project involving a new programming language. I plan to share my findings and experiences with my colleagues, as I believe it could benefit our team's development processes. Additionally, I've discovered some useful productivity tools that I think my peers would appreciate. Sharing these resources can help everyone improve their efficiency and workflow.
- 2. I recently completed an online course on advanced machine learning techniques. The course provided valuable insights and practical skills that I think my team could benefit from. I plan to share the key takeaways and recommend the course to my colleagues. Furthermore, I have some interesting articles and case studies that align with our current projects, which I believe would be helpful to share.
- 3. I've been experimenting with a new project management tool that has significantly improved my workflow. I plan to share this tool with my team and demonstrate how it can streamline our project management processes. Additionally, I recently read a fascinating book on leadership that provided some great strategies for team management, and I intend to share the key points with my peers.
- 4. Recently, I had the opportunity to attend a tech conference where I learned about the latest trends and innovations in our industry. I took detailed notes and collected several resources that I believe would be beneficial for my team. I plan to organize a small presentation to share these insights and discuss how we can implement some of these ideas in our work.
- 5. I recently participated in a hackathon and developed a prototype for a new app. The experience taught me a lot about rapid development and collaboration under pressure. I plan to share my experiences and the lessons learned with my team, as it could provide useful insights for our upcoming projects. Additionally, I have some useful coding snippets and tools from the event that I think my colleagues would find valuable.

07 Home Town

1. Has your hometown changed much these years?

1. Yes, my hometown has changed significantly over the years. The once quiet village has seen considerable development with new infrastructure, such as roads and schools, being built. There are now more shops and amenities available, which has improved the quality of life for residents. However,

- the rapid development has also brought more traffic and pollution, which has changed the peaceful atmosphere.
- 2. Absolutely, my hometown has undergone substantial transformation. When I was a child, it was a small, sleepy village with very few modern facilities. Nowadays, there are new housing developments, improved public services, and even a few tech startups. While these changes have brought economic growth, they have also altered the traditional charm of the village.
- 3. Yes, my hometown has changed a lot in recent years. The local government has invested in modernizing the area, bringing in new businesses and improving public services. This has made life more convenient but has also led to a loss of some of the village's historical character. Overall, the changes have been a mix of positive and negative impacts.
- 4. Indeed, my hometown has experienced a great deal of change. The introduction of new technology and better infrastructure has attracted more people to the area. While this has led to economic growth and better facilities, it has also resulted in a busier and more crowded environment. The sense of community has evolved as well, with more diversity and new faces.
- 5. Yes, there have been many changes in my hometown over the years. It used to be a small, close-knit community with a slow pace of life. Now, it has more modern amenities and a growing population. These developments have improved living standards but have also brought challenges like increased cost of living and urbanization pressures.

2. Is that a big city or a small place?

- 1. My hometown is a small place, more of a village than a town. It's characterized by its close-knit community and slow pace of life. Despite its size, it has a lot of natural beauty and a charming rural atmosphere. This makes it a peaceful retreat compared to the hustle and bustle of the big city where I currently work.
- 2. It's a small place, far from the bustling environment of a big city. The community is tight-knit, and everyone knows each other. There are only a few shops and amenities, but it's a serene and picturesque area. It's a stark contrast to the large city where I spend most of my time working.
- 3. My hometown is quite small, definitely not a big city. It's a quaint village with limited infrastructure and amenities. The simplicity of life there is something I cherish, especially when compared to the complexity of city living. It's a place where traditions are still very much alive.
- 4. It's definitely a small place, more of a village really. The population is small, and the area is surrounded by farmland and natural scenery. This

- rural setting is very different from the urban environment I'm used to now. It's a place that offers peace and a slower pace of life.
- 5. My hometown is a small village, far removed from the urban sprawl of a big city. It's a place where everyone knows each other, and life moves at a much slower pace. There aren't many modern amenities, but the community spirit and natural beauty make up for it. It's a refreshing change from the hectic city life.

3. How long have you been living here?

- 1. I have been living here for several years now, ever since I moved for work. The transition from my small hometown to this big city was quite an adjustment. Over time, I've come to appreciate the opportunities and conveniences that city life offers. Nonetheless, I often think fondly of my village and visit whenever I can.
- 2. I have been living here for about ten years. I moved here initially for my career, seeking better job opportunities and professional growth. The city has offered me many chances to advance in my field, though I still miss the simplicity and tranquility of my hometown. It's been a long time, but the memories of my village are still vivid.
- 3. It's been around eight years since I started living here. My move was primarily driven by work commitments and the promise of a better lifestyle. While the city has lived up to its expectations in terms of career and amenities, I occasionally yearn for the peacefulness of my rural upbringing. This balance keeps my perspective grounded.
- 4. I've been living here for nearly a decade now. My career in programming brought me to this bustling city, far from the quiet village I grew up in. The city life is exciting and full of opportunities, but I sometimes miss the slower pace and close community of my hometown. It's a stark contrast, but it's been a valuable experience.
- 5. I have been residing here for close to ten years. Moving from a small village to a large city was a significant change, driven by my career aspirations. Over the years, I've adapted to the fast-paced urban lifestyle, though I still hold a special place in my heart for my hometown. The experiences in both places have shaped who I am today.

4. For you, what benefits are there living in a big city?

1. Living in a big city offers numerous career opportunities, especially in the tech industry where I work. The access to various professional networks and resources has been invaluable for my growth. Additionally, the city provides a wide range of amenities and entertainment options, making life more convenient and enjoyable. It's also easier to meet people from diverse backgrounds, which enriches my social experiences.

- 2. The primary benefit of living in a big city is the abundance of job opportunities. In my field as a programmer, being in a city means access to cutting-edge projects and professional development. Moreover, the city has excellent public transportation, which makes commuting efficient. There are also countless cultural events and activities to partake in, which keeps life interesting.
- 3. One of the biggest advantages of city living is the convenience. Everything from grocery stores to healthcare facilities is easily accessible. For a busy professional like me, this saves a lot of time. The city also has a vibrant social scene, which provides plenty of opportunities to unwind and network with other professionals. Plus, the availability of diverse dining options is a big bonus.
- 4. The city provides excellent educational and professional resources. As a programmer, I benefit from the numerous tech meetups, workshops, and conferences held regularly. The urban environment also offers a dynamic and stimulating atmosphere, which can be inspiring. Moreover, the diverse population means I can interact with people from various cultures, enhancing my personal and professional growth.
- 5. Living in a big city offers unparalleled access to technology and innovation. This is crucial for someone in my field, as it allows me to stay updated with the latest trends and developments. Additionally, the city has a robust infrastructure that supports a high standard of living. The variety of recreational and cultural activities also ensures a balanced lifestyle, which is important for my overall well-being.

5. Is there anything you dislike about it?

- 1. One major downside of living in the city is the relentless noise and commotion. As someone who grew up in a quiet village, the constant sound of traffic and crowds can be overwhelming. Additionally, the high cost of living is a significant concern, making it challenging to save money and maintain a comfortable lifestyle. The lack of personal space and natural environments is also a drawback.
- 2. I find the pollution in the city quite bothersome. The air quality is often poor, which negatively impacts my health and well-being. Another issue is the traffic congestion, which makes commuting a daily hassle. Despite the numerous amenities, the fast-paced and crowded environment can be exhausting and stressful compared to the tranquility of my hometown.
- 3. One thing I dislike about city life is the impersonal nature of interactions. Unlike in my village where everyone knew each other, the city often feels anonymous and isolating. Building close relationships and finding a sense of community can be challenging. The competitive and fast-paced lifestyle can also lead to stress and burnout.

- 4. The limited green spaces in the city are a significant drawback for me. Growing up surrounded by nature, I miss the fresh air and open land-scapes of my hometown. The city's concrete jungle feels cramped and disconnected from the natural world. This lack of greenery can make me feel claustrophobic and longing for the countryside.
- 5. The constant pressure and competition in the city are aspects I struggle with. The professional environment is highly competitive, leading to stress and anxiety. The high cost of living and financial pressures add to this stress. Additionally, the crowded and busy nature of the city often leaves me longing for the peace and simplicity of my village.

6. What do you like most about your hometown?

- 1. What I like most about my hometown is its tranquility and natural beauty. The village is surrounded by lush fields and forests, providing a serene and picturesque environment. The slower pace of life allows for a more relaxed and mindful existence. Additionally, the close-knit community means that everyone knows and supports each other, which is very comforting.
- 2. The sense of community in my hometown is what I cherish the most. Growing up, everyone knew each other, and there was always a strong sense of togetherness. This supportive environment made it a wonderful place to live. Additionally, the natural surroundings and fresh air are a refreshing change from the urban jungle of the city.
- 3. I love the simplicity and peace that my hometown offers. Life there is uncomplicated, and people are content with what they have. The natural landscapes are breathtaking, with plenty of open spaces to explore. This connection with nature is something I deeply miss in the city.
- 4. The thing I like most about my hometown is its authenticity and traditional charm. The village has preserved its cultural heritage, with many old customs still practiced. This rich history is reflected in the architecture and local festivals. It's a place where traditions are valued and respected, creating a unique and enriching environment.
- 5. What I appreciate most about my hometown is the opportunity to be close to nature. Growing up in a rural setting allowed me to enjoy outdoor activities like hiking and fishing. The fresh air and scenic views are a stark contrast to the city's pollution and concrete. This closeness to nature provided a peaceful and healthy upbringing that I greatly value.

7. Where in your country do you live?

1. I currently live in a bustling metropolitan city known for its vibrant tech industry. This city has offered me countless opportunities to advance my career as a programmer. Despite the hectic pace, I appreciate the conve-

- nience and access to various amenities that city life provides. However, I often find myself longing for the tranquility of my small hometown.
- 2. At the moment, I reside in one of the largest cities in the country. It's a hub of innovation and technology, which suits my profession perfectly. The city is alive with energy and offers a plethora of activities and events. Nevertheless, the constant hustle and bustle make me miss the peaceful, rural environment where I grew up.
- 3. I'm currently living in a major urban center known for its dynamic job market and cultural diversity. This city provides a stimulating environment with numerous professional and personal growth opportunities. While I enjoy the city's fast-paced lifestyle, it contrasts sharply with the calm and simplicity of my childhood village.
- 4. I live in a large, well-developed city that's a major center for business and technology. The city's infrastructure and resources have been instrumental in my career growth. Although the urban lifestyle is exciting and full of opportunities, I often reminisce about the quiet, close-knit community of my small hometown.
- 5. Presently, I reside in a prominent city that's considered a technological and economic powerhouse. The city's vibrant atmosphere and vast opportunities have been beneficial for my career as a programmer. Yet, amidst the urban sprawl and constant activity, I sometimes miss the serene and slower-paced life of my village upbringing.

08 The area you live in

1. Do you like the area that you live in now?

- 1. Yes, I do like the area I live in now. It's a bustling city with a lot of opportunities for professional growth, which is essential for my career. The city offers numerous amenities and conveniences, making life more comfortable. However, I do miss the tranquility and simplicity of my hometown.
- 2. I have mixed feelings about the area I live in. On one hand, it's a vibrant and dynamic place with a lot to offer in terms of career and lifestyle. On the other hand, the constant noise and fast pace can be overwhelming at times. Despite these challenges, I appreciate the diversity and cultural richness of the city.
- 3. Yes, I like the area I live in because it provides a stimulating environment. The city is full of energy, with plenty of activities and events to participate in. It's a great place to meet new people and expand my professional network. Still, the hustle and bustle can sometimes be a bit too much.

- 4. I do appreciate the area I live in for its modern conveniences and opportunities. The city has excellent infrastructure and a wide range of services that make daily life easier. However, I sometimes long for the slower pace and close-knit community of my small hometown. Overall, it's a great place to live and work.
- 5. While I enjoy many aspects of the area I live in, I miss the peace and quiet of my rural upbringing. The city is full of excitement and opportunities, which is beneficial for my career. Nonetheless, the constant activity and lack of green spaces can be draining. Despite these drawbacks, the benefits often outweigh the negatives.

2. Do you think the area you live in now is suitable for people of all ages?

- 1. Yes, I believe the area I live in is suitable for people of all ages. The city offers a variety of amenities, such as parks, schools, and healthcare facilities, catering to different age groups. There are plenty of activities for children, adults, and seniors alike. However, the fast-paced environment might be challenging for some elderly people.
- 2. The area I live in has something for everyone, making it suitable for all ages. There are numerous recreational options for young people and excellent educational institutions for children. For adults, the city provides ample job opportunities and a vibrant social scene. Seniors might find the medical facilities and public transport system very convenient.
- 3. While the area I live in is vibrant and full of opportunities, it may not be ideal for everyone. The fast-paced lifestyle and high cost of living might be challenging for families with young children or elderly people. However, the city does offer excellent healthcare and educational facilities. It's a mixed bag, depending on individual needs.
- 4. The city I live in is generally suitable for people of all ages, though it does have its challenges. Young professionals and adults find it particularly appealing due to the job opportunities and entertainment options. Families appreciate the good schools and parks, while seniors benefit from the healthcare services. However, the noise and hustle can be a bit overwhelming for some.
- 5. The area is quite versatile and caters to different age groups well. There are numerous educational and recreational facilities for children and teens. Adults enjoy the professional opportunities and social activities, while seniors appreciate the healthcare and public amenities. Despite this, the city's pace and cost of living can be a bit demanding for some.

3. Are people in your area friendly?

- 1. Generally, people in my area are quite friendly and approachable. The city has a diverse population, which makes interactions interesting and enriching. Despite the fast-paced lifestyle, many residents are willing to help and engage in conversations. However, the sheer size of the city can sometimes make it feel a bit impersonal.
- 2. Yes, the people in my area are mostly friendly and open. The city's cosmopolitan nature fosters a sense of inclusivity and acceptance. While people are often busy, there is a strong sense of community in neighborhoods and local events. Occasionally, the hustle and bustle can make interactions feel rushed.
- 3. I find that people in my area are generally courteous and friendly. The urban environment promotes a mix of cultures, leading to diverse and enriching social interactions. While some people are focused on their busy lives, many are still willing to lend a hand or have a friendly chat. This balance creates a vibrant community atmosphere.
- 4. People in my area are mostly friendly, but the city's fast pace can sometimes make them seem distant. The diversity here means that you'll encounter various attitudes and behaviors, mostly positive. There are plenty of community events that encourage friendliness and socializing. However, the anonymity of city life can occasionally make interactions feel superficial.
- 5. In general, the people in my area are quite friendly and welcoming. The city's diverse population means there are many opportunities to meet interesting people from different backgrounds. While the busy lifestyle can sometimes make interactions brief, there is still a strong sense of community. Local events and gatherings often bring out the best in people.

4. How has your area changed in recent years?

- 1. In recent years, my area has seen significant development and modernization. New buildings and infrastructure projects have transformed the skyline, and there are more amenities and services available now. This growth has brought more job opportunities and improved living standards. However, it has also led to increased traffic and higher living costs.
- 2. The area I live in has changed dramatically over the past few years. There has been a surge in technological advancements and business developments, attracting more professionals. This growth has led to improved public services and a more vibrant economy. On the downside, it has also resulted in more congestion and environmental concerns.
- 3. Recently, my area has undergone a lot of urban development. There are new residential and commercial projects everywhere, making the cityscape

- more modern. This has brought about better infrastructure and services, enhancing the quality of life. However, the rapid growth has also led to challenges such as overcrowding and pollution.
- 4. Over the past few years, my area has experienced a significant transformation. There has been a noticeable increase in new businesses and startups, especially in the tech sector. This has created a dynamic and innovative environment, but also increased competition for resources. The changes have generally been positive, although they come with the usual urban challenges.
- 5. My area has changed considerably in recent years, with a focus on modernization and development. New public transportation systems have been introduced, making commuting easier. There are more cultural and recreational facilities now, enhancing the lifestyle options. However, the rapid changes have also brought challenges like rising living costs and reduced green spaces.

5. Do you know any famous people in your area?

- 1. Yes, there are a few famous people who reside in my area. It's not uncommon to see renowned tech entrepreneurs and influential business leaders around, given the city's prominence in the tech industry. Occasionally, I've come across them at local events or conferences. Their presence adds to the dynamic and inspiring atmosphere of the area.
- 2. While I haven't personally met any famous people in my area, I know that several celebrities and public figures live here. The city attracts many well-known personalities, especially those from the tech and entertainment industries. Their influence can be seen in the various high-profile events and initiatives taking place. It's exciting to live in such a vibrant and connected community.
- 3. Indeed, my area is home to several notable figures, particularly in the tech and business sectors. I've heard about a few famous CEOs and entrepreneurs who live nearby. Their presence is often felt through their contributions to local innovation and community projects. This adds a certain prestige and excitement to the area.
- 4. Yes, I am aware of a few famous individuals who reside in my area. The city's reputation as a tech hub attracts many influential people from the industry. While I haven't had the chance to interact with them personally, it's inspiring to know that such prominent figures are part of the community. It creates a motivating environment for professionals like myself.
- 5. Although I haven't personally met any famous people in my area, it's known that some live here. The city is a magnet for successful entrepreneurs and tech innovators. Their presence is often highlighted

in local media and events. It's inspiring to think that I share the same environment with such accomplished individuals.

6. Where do you like to go in your area?

- 1. I enjoy visiting the local parks in my area. They offer a refreshing escape from the busy city life, providing a place to relax and unwind. These green spaces are perfect for jogging, reading, or simply enjoying nature. They remind me of the tranquility of my hometown, offering a peaceful retreat amidst the urban hustle.
- 2. One of my favorite places to go in my area is the downtown district. It's full of life with a variety of shops, restaurants, and entertainment options. I enjoy exploring the different cuisines and attending cultural events. The vibrant atmosphere is a great way to experience the city's diversity and energy.
- 3. I often visit the local tech hubs and coworking spaces in my area. These places are not only great for networking but also for staying updated with the latest industry trends. They offer a collaborative environment where I can meet like-minded professionals. It's an excellent way to stay motivated and inspired in my career.
- 4. I love going to the city's libraries and bookstores. They offer a quiet and intellectual environment where I can delve into my interests. Whether it's reading the latest tech journals or finding a new novel, these places are a treasure trove of knowledge. It's a great way to unwind and learn something new.
- 5. The local cafes and coffee shops are some of my favorite spots to visit. They provide a cozy atmosphere to relax, work, or catch up with friends. I often find inspiration while sipping a cup of coffee and observing the bustling city life. These places offer a perfect blend of relaxation and productivity.

09 E-book

1. Which do you prefer, e-books or paper books?

- I prefer e-books because they are extremely convenient. I can carry an
 entire library on my tablet, making it easy to read anytime and anywhere.
 E-books also offer features like adjustable font sizes and integrated dictionaries, enhancing the reading experience. However, I do miss the tactile
 feel and smell of paper books.
- 2. Personally, I enjoy reading paper books more than e-books. There's something special about holding a physical book and turning its pages. The experience feels more immersive and less straining on my eyes. Despite

- the convenience of e-books, the nostalgia and sensory satisfaction of paper books make them my preferred choice.
- 3. I tend to favor e-books due to their portability and accessibility. As a busy professional, being able to quickly download and read a book on my device is a huge advantage. E-books are also more eco-friendly, reducing the need for paper. However, I still keep a few favorite paper books at home for leisurely reading.
- 4. While I use both, I lean towards paper books for their unique charm. The tactile experience and the ability to annotate in the margins are aspects I deeply appreciate. However, for work-related reading or when traveling, e-books are incredibly practical. It's a balance between convenience and tradition.
- 5. I have a slight preference for e-books mainly because of their versatility. With e-books, I can easily search for specific information and carry a multitude of books without the physical burden. They also tend to be cheaper and instantly available. Nonetheless, the occasional reading of a paper book still feels like a treasured experience.

2. When do you usually read online?

- 1. I usually read online during my commute to and from work. The time spent on public transport is perfect for catching up on news articles or professional blogs. Additionally, I often read online before bed to relax and unwind. The convenience of accessing a vast amount of content online makes it easy to fit reading into my busy schedule.
- 2. I tend to read online during my lunch breaks at work. It's a good way to stay informed and entertained without interrupting my workflow. I also read online in the evenings, especially when researching topics related to my projects. The immediacy and variety of online content are incredibly useful.
- 3. Typically, I read online in the mornings to catch up on news and industry updates. This helps me stay informed about current events and trends relevant to my career. I also read online during weekends when I have more free time. The accessibility of online content makes it easy to read whenever I have a few spare moments.
- 4. I often read online when I'm at home relaxing after a long day. It's a convenient way to access a variety of content without needing to carry physical books around. I also read online during travel, as it's easier to manage and more portable. Online reading fits well into my flexible lifestyle.
- 5. My online reading usually happens in the evenings when I'm winding down. I enjoy exploring different websites, blogs, and forums related to

programming and freelancing. This habit helps me stay updated and gather new ideas for my future career plans. The flexibility of online reading makes it a great fit for my daily routine.

3. Will you read more online in the future?

- 1. Yes, I believe I will read more online in the future. As technology continues to advance, accessing online content becomes increasingly convenient and varied. The ability to instantly find and read articles, e-books, and research papers is invaluable. Additionally, the shift towards digital content aligns with my busy lifestyle and professional needs.
- 2. I anticipate reading more online in the future due to the growing availability of digital content. With more publishers and authors moving to digital platforms, the selection of online materials is expanding. This trend, combined with the convenience of online reading, suggests I will continue to increase my digital reading habits.
- 3. Given the rapid pace of technological advancement, I expect to read more online moving forward. Digital platforms offer immediate access to a wealth of information, which is crucial for staying updated in my field. The interactive features of online reading, such as hyperlinks and multimedia content, also enhance the experience. Thus, I see myself relying more on online sources.
- 4. I think it's likely that I will read more online in the future. The convenience and accessibility of online reading are hard to beat, especially for someone with a busy schedule like mine. As more content becomes available digitally, it makes sense to shift towards online reading. This change also aligns with my goal of becoming a freelancer, where staying updated is crucial.
- 5. Yes, I foresee myself reading more online as digital content continues to grow. The immediacy and variety of online resources are highly beneficial for both personal and professional development. Moreover, as e-books and online articles become more interactive and engaging, they offer a compelling alternative to traditional reading. This trend aligns well with my evolving reading habits.

4. Do you think paper books will disappear in the future?

1. While digital reading is on the rise, I don't believe paper books will completely disappear. There will always be a niche market for physical books, driven by those who appreciate the tactile experience and collectability. Additionally, certain types of books, such as art books and special editions, are best enjoyed in print. The charm and nostalgia of paper books will help them endure.

- 2. It's unlikely that paper books will vanish entirely in the future. Although digital formats are becoming more popular, many people still value the physical experience of reading a book. Libraries and bookstores continue to thrive, indicating a sustained interest in paper books. The sentimental and aesthetic appeal of physical books ensures they will remain relevant.
- 3. I don't think paper books will completely disappear, despite the growing popularity of e-books. There is a unique pleasure in reading a physical book that digital formats can't replicate. Additionally, many people enjoy collecting books as physical objects. While their prevalence may decrease, paper books will likely continue to coexist with digital formats.
- 4. Paper books are unlikely to disappear entirely, even as digital reading becomes more widespread. The sensory experience of reading a physical book is something that many readers cherish. Furthermore, certain contexts, such as educational settings, still heavily rely on printed materials. The enduring appeal of paper books will ensure their continued existence.
- 5. While the digital revolution is transforming reading habits, I don't foresee paper books disappearing altogether. They hold a special place in the hearts of many readers for their tangible qualities. Furthermore, the print book industry has a long history and continues to innovate. Therefore, paper books will likely persist, albeit alongside their digital counterparts.

10 Internet

1. When did you start using the internet?

- 1. I started using the internet when I was in middle school, around the age of 13. It was primarily for educational purposes and occasional entertainment. Back then, the internet was not as fast or as accessible as it is today. It was fascinating to explore and connect with information and people from around the world.
- 2. My first experience with the internet was in high school, when I was about 15 years old. I used it mostly for research and school projects. The internet was a new and exciting tool that opened up a world of possibilities for learning and communication. Over time, it became an integral part of my daily life.
- 3. I began using the internet during my early teenage years, around 12 or 13. Initially, it was a tool for fun and games, but it quickly became essential for my studies. The internet provided a vast amount of information and resources that were otherwise inaccessible. It was a transformative experience that significantly broadened my horizons.
- 4. I first accessed the internet when I was in primary school, around the age of 11. It was a fascinating new world, and I spent hours exploring various

- websites and online games. The internet soon became a crucial part of my education and hobbies. It has been amazing to witness its evolution over the years.
- 5. My journey with the internet started when I was around 14 years old in high school. At first, it was just for basic browsing and communication with friends. As I delved deeper into programming, the internet became an invaluable resource for learning and professional development. It has played a significant role in shaping my career.

2. How often do you go online?

- Given my profession and lifestyle, I am online almost constantly throughout the day. I use the internet for work, communication, and leisure. Whether it's coding, attending virtual meetings, or reading the news, the internet is integral to my daily routine. However, I do try to disconnect in the evenings to unwind.
- 2. I go online several times a day, primarily for work and staying updated with current events. The internet is essential for my job as a programmer, from researching solutions to collaborating with colleagues. In my free time, I enjoy browsing social media and streaming videos. It's rare for me to spend a day without going online.
- 3. I am online frequently throughout the day, especially during working hours. My job requires constant internet access for coding, troubleshooting, and communication. After work, I continue to use the internet for entertainment and staying connected with friends and family. It's become an indispensable part of my life.
- 4. My online activity is quite high, with multiple sessions throughout the day. From the moment I start my workday until I relax in the evening, the internet is a constant presence. It's used for both professional tasks and personal interests. Despite this, I make an effort to take breaks and engage in offline activities as well.
- 5. I typically go online numerous times a day, driven by both professional and personal needs. As a programmer, internet access is crucial for my work, including researching and resolving issues. Outside of work, I use it for socializing and entertainment. Balancing online and offline time is something I actively strive for.

3. How does the internet influence people?

 The internet has a profound influence on people's lives by providing access to vast amounts of information and resources. It enhances learning and professional development, enabling individuals to acquire new skills and knowledge. Additionally, it facilitates global communication and social

- connections. However, excessive use can lead to issues like decreased face-to-face interactions and misinformation.
- 2. The internet significantly influences people's daily routines and lifestyles. It offers convenience in tasks such as shopping, banking, and entertainment. Social media platforms connect people across the globe, fostering relationships and cultural exchange. On the downside, it can also lead to addiction and a decrease in physical activity.
- 3. People are greatly influenced by the internet in terms of how they communicate and interact. Online platforms enable instant messaging, video calls, and social networking, making it easier to stay in touch with friends and family. The internet also democratizes information, allowing anyone to access knowledge and express their opinions. Nevertheless, it can also spread misinformation and create echo chambers.
- 4. The internet's impact on people is seen in the way it shapes education and career opportunities. It provides access to online courses, tutorials, and professional networks, making learning and career advancement more accessible. However, it can also contribute to distractions and reduced productivity if not used mindfully. The balance between its benefits and drawbacks depends on individual usage.
- 5. The internet influences people by transforming how they access and consume information. It has revolutionized industries such as news, entertainment, and retail, offering on-demand services and real-time updates. While it enhances connectivity and convenience, it also raises concerns about privacy and data security. The influence of the internet is pervasive and multifaceted.

4. Do you think you spend too much time online?

- 1. Yes, I often feel that I spend too much time online, especially due to my work as a programmer. While the internet is essential for my job, it can be easy to get caught up in non-work-related browsing. I try to set boundaries and take breaks to ensure a healthier balance. Spending time offline helps me recharge and maintain my well-being.
- 2. I do believe I spend a considerable amount of time online, perhaps more than is ideal. The demands of my job and my personal interests both contribute to this. While the internet is a valuable tool, it's important to balance it with offline activities. I make an effort to disconnect and engage in physical and social activities regularly.
- 3. Sometimes, I think I spend too much time online, especially during busy work periods. The internet's convenience and necessity for my profession make it difficult to limit usage. However, I recognize the importance of taking breaks and engaging in offline hobbies. Finding the right balance is a continuous effort.

- 4. Given my reliance on the internet for work and leisure, I do spend a significant amount of time online. It's a challenge to minimize screen time, but I am aware of the need to do so. I actively try to incorporate offline activities into my routine to maintain a healthy lifestyle. Moderation is key to avoiding digital fatigue.
- 5. Yes, I am conscious of the fact that I spend a lot of time online, which is partly unavoidable due to my career. While the internet is a crucial tool, excessive use can lead to burnout and reduced productivity. I strive to set limits and schedule offline time to ensure a balanced life. Regular breaks and digital detoxes are essential for my mental health.

11 Childhood memory

1. What did you enjoy doing as a child?

- As a child, I loved exploring the fields and forests around my village. I
 would spend hours playing with friends, climbing trees, and catching insects. These outdoor adventures were a big part of my childhood. They
 instilled in me a love for nature and a sense of curiosity.
- 2. Growing up in a small village, I enjoyed helping my grandparents with farming tasks. Whether it was planting seeds or feeding animals, I found it rewarding to contribute to our family's livelihood. It also taught me the value of hard work and responsibility from a young age.
- 3. One of my favorite activities as a child was reading books. I would borrow books from the local library and immerse myself in different worlds and stories. This hobby not only entertained me but also sparked my imagination and love for learning.
- 4. I really enjoyed riding my bike around the village and neighboring areas. The freedom of pedaling through the countryside was exhilarating. It was a great way to spend time with friends and discover new places.
- 5. As a child, I was passionate about building things with my hands. Whether it was constructing models or making simple gadgets, I loved creating something out of nothing. This early interest in building and problem-solving eventually led me to a career in programming.

2. Did you enjoy your childhood?

 Yes, I thoroughly enjoyed my childhood. Growing up in a small village provided a peaceful and carefree environment. I had plenty of time to play outdoors and engage in various activities without the pressures of modern life. The simplicity and tranquility of village life made my childhood memorable.

- 2. I have fond memories of my childhood, which I enjoyed immensely. The close-knit community and strong family bonds in the village created a sense of security and belonging. The slower pace of life allowed me to appreciate the little things and cherish my time with loved ones.
- 3. My childhood was a joyful time, filled with adventure and learning. The freedom to explore nature and the support of my family made it special. I was able to develop my interests and skills without many constraints, which contributed to my overall happiness.
- 4. I absolutely enjoyed my childhood, especially the sense of community in my village. Everyone knew each other, and there was always a helping hand when needed. The communal activities and festivals were highlights that brought everyone together and created lasting memories.
- 5. Reflecting on my childhood, I realize how fortunate I was to grow up in such a nurturing environment. The balance of freedom and responsibility helped shape my character. I enjoyed the simplicity and beauty of rural life, which gave me a strong foundation for the future.

3. What are your best childhood memories?

- 1. Some of my best childhood memories are of the summer festivals in our village. The entire community would come together to celebrate with music, dancing, and delicious food. These events were filled with joy and laughter, leaving a lasting impression on me.
- 2. One of my favorite memories is spending time with my grandparents on their farm. They taught me about planting crops and caring for animals, and I cherished the stories they shared about their own childhoods. These moments were not only educational but also deeply bonding.
- 3. I fondly remember the long afternoons spent playing in the fields with my friends. We would invent games, build forts, and have endless adventures. The freedom and creativity of those days are something I look back on with great nostalgia.
- 4. Another cherished memory is the annual family trips to the nearby lake. We would spend the entire day swimming, picnicking, and simply enjoying each other's company. These outings were a highlight of my summers and brought our family closer together.
- 5. My best childhood memories include the quiet evenings spent reading books under the old oak tree in our backyard. The tranquility of those moments, combined with the excitement of discovering new stories, made them truly special. It was a time when my love for reading and learning really flourished.

4. Do you think it is better for children to grow up in the city or in the countryside?

- 1. I believe it's better for children to grow up in the countryside. The natural environment offers ample opportunities for outdoor play and exploration, which is crucial for their physical and mental development. Additionally, the slower pace of rural life allows for stronger family and community bonds.
- 2. While cities offer more educational and cultural opportunities, I think growing up in the countryside has unique benefits. The exposure to nature and the freedom to roam and play can foster creativity and resilience in children. Moreover, rural areas often provide a safer and more nurturing environment.
- 3. I feel that children benefit greatly from growing up in the countryside. The fresh air, open spaces, and close-knit communities contribute to a healthy and balanced upbringing. While urban areas have their advantages, the countryside provides a childhood free from many of the stresses and distractions of city life.
- 4. In my opinion, the countryside is an ideal place for children to grow up. The connection to nature and the emphasis on outdoor activities promote a healthy lifestyle. Additionally, rural communities often offer a supportive environment where children can develop strong social skills and a sense of belonging.
- 5. Although both settings have their merits, I lean towards the countryside as a better environment for children. The opportunities for physical activity and the simplicity of rural life encourage a wholesome and enriching childhood. However, it's important to balance this with access to quality education and resources.

12 Classmate

1. Can students choose their deskmates in your country?

- 1. In my country, it depends on the school and the teacher. Some schools allow students to choose their deskmates, especially in higher grades where students are expected to take more responsibility for their own learning. However, in most cases, teachers assign seats to ensure a balanced and productive classroom environment. This approach helps manage classroom dynamics and reduce distractions.
- 2. Generally, students in my country do not have the freedom to choose their deskmates. Teachers usually make these decisions based on factors such as academic performance, behavior, and social interactions. The goal is to create a conducive learning environment for all students. Occasionally,

- students might be allowed to choose their seats as a reward for good behavior or academic achievement.
- 3. The practice varies widely, but in many schools in my country, students can sometimes choose their deskmates. This usually happens at the beginning of a term or school year. However, if problems arise, such as excessive talking or distractions, teachers may intervene and reassign seats. This flexibility helps balance student preferences with the need for classroom management.
- 4. In primary schools in my country, it is more common for teachers to assign seats, including deskmates. This helps younger students learn how to work with different personalities and develop social skills. As students progress to higher grades, they may have more input into their seating arrangements, depending on the teacher's discretion.
- 5. While it is not a widespread practice, some progressive schools in my country allow students to choose their deskmates as part of fostering a collaborative learning environment. This can encourage students to feel more comfortable and engaged in class. However, teachers monitor the situation closely and make changes if the arrangement affects learning negatively.

2. Is it good for children to play with their classmates?

- 1. Yes, it is highly beneficial for children to play with their classmates. Playing together helps them develop social skills such as cooperation, communication, and conflict resolution. It also strengthens their sense of belonging and builds friendships. Moreover, these interactions can enhance their emotional intelligence and empathy towards others.
- 2. Playing with classmates is essential for children's overall development. It provides a platform for them to learn teamwork and build strong social bonds. Such activities also contribute to physical development through active play. Importantly, it helps children understand the value of sharing and taking turns, which are crucial life skills.
- 3. I believe it is very good for children to play with their classmates. It allows them to bond outside the structured classroom environment, fostering a sense of community. These interactions can lead to better cooperation during class activities and projects. Furthermore, it helps in reducing stress and enhancing overall well-being.
- 4. Encouraging children to play with their classmates is beneficial for multiple reasons. It promotes social integration and helps shy or introverted children come out of their shells. Playtime also provides opportunities for informal learning and creativity. The friendships formed during play can positively impact their academic and social lives.

5. Definitely, it is advantageous for children to engage in play with their peers. Such interactions are crucial for developing communication and interpersonal skills. It also helps children to understand diverse perspectives and cultures. Additionally, playing with classmates can improve their problem-solving abilities and boost their confidence.

13 Teacher

1. Do you want to be a teacher in the future?

- 1. While I have great respect for teachers, I don't see myself becoming one in the future. My passion lies in programming and technology, and I enjoy the challenges and creativity that come with it. However, I do like the idea of mentoring others and sharing my knowledge informally. Perhaps, I could see myself teaching coding workshops or seminars.
- 2. I have considered the idea of becoming a teacher, especially in the field of computer science. I believe my experience as a programmer could be valuable to students. Teaching would allow me to give back to the community and inspire the next generation of tech enthusiasts. However, I currently prefer the flexibility and independence of a potential freelance career.
- 3. Teaching is a noble profession, but I don't envision myself taking it up as a full-time career. My current focus is on developing my skills as a programmer and eventually transitioning to freelancing. That said, I am open to the idea of tutoring or providing online courses in the future, which would allow me to share my expertise without the constraints of a traditional teaching job.
- 4. Becoming a teacher has crossed my mind, especially considering the positive impact teachers have on their students. I would love to teach programming and share my industry experiences with aspiring developers. However, the structured environment of a school doesn't appeal to me as much as the dynamic nature of freelancing. I prefer the idea of being an occasional guest lecturer or mentor.
- 5. I don't have a strong desire to become a teacher in the traditional sense. My goal is to become a freelancer, which offers more flexibility and aligns better with my lifestyle aspirations. Nevertheless, I enjoy sharing knowledge and could see myself participating in mentorship programs or creating educational content online. This way, I can still contribute to others' learning without a formal teaching role.

2. Do you remember one of your teachers?

1. Yes, I remember my primary school teacher, Mrs. Wang, very fondly. She was kind and patient, always encouraging us to ask questions and explore our interests. Her supportive nature made learning enjoyable and instilled

- in me a lifelong love of learning. She played a significant role in shaping my early education.
- 2. One teacher who stands out in my memory is Mr. Liu, my high school math teacher. His passion for the subject was contagious, and he had a unique way of making complex concepts easy to understand. His classes were always engaging, and he inspired many of us to pursue careers in STEM fields.
- 3. I vividly remember my computer science teacher in high school, Ms. Zhang. She was the first person who introduced me to programming, and her enthusiasm for technology was infectious. Her lessons were hands-on and interactive, which sparked my interest in coding and eventually led me to my current career.
- 4. A teacher I will never forget is Mr. Chen, my physics teacher in high school. He had an incredible ability to make difficult topics accessible and interesting. His dedication to his students and his subject was truly inspiring, and he encouraged me to think critically and analytically, skills that have been invaluable in my career as a programmer.
- 5. One of my most memorable teachers is Mrs. Li, who taught us literature in middle school. Her passion for storytelling and deep understanding of literature made her classes captivating. She encouraged us to think creatively and express ourselves through writing, which was a wonderful outlet for my thoughts and ideas.

3. Do you have a favorite teacher?

- 1. My favorite teacher was definitely Ms. Zhang, my high school computer science teacher. She had a way of making coding seem fun and accessible, which really sparked my interest in technology. Her support and encouragement were instrumental in my decision to pursue a career in programming. I owe a lot of my success to her early influence.
- 2. Yes, my favorite teacher was Mr. Liu, my high school math teacher. His enthusiasm for mathematics and innovative teaching methods made his classes a joy to attend. He had a profound impact on my analytical skills and my appreciation for problem-solving, which have been crucial in my programming career.
- 3. Without a doubt, my favorite teacher was Mrs. Wang from primary school. Her kindness and patience created a nurturing learning environment that I still fondly remember. She made every student feel valued and capable, which greatly boosted my confidence and love for learning.
- 4. My favorite teacher has to be Mr. Chen, my physics teacher in high school. He had a unique ability to make complex subjects understandable and

- engaging. His passion for teaching and his dedication to his students were truly inspiring, and he significantly influenced my critical thinking skills.
- 5. Mrs. Li, my middle school literature teacher, was my favorite teacher. Her passion for books and storytelling was contagious, and she encouraged us to explore our creativity through writing. Her classes were always the highlight of my day, and she inspired me to appreciate the power of words and stories.

4. What kinds of teacher do you prefer?

- 1. I prefer teachers who are passionate about their subject and can convey that enthusiasm to their students. A teacher who is engaging and interactive makes learning enjoyable and memorable. Additionally, I appreciate teachers who are patient and supportive, helping students understand concepts at their own pace.
- 2. The best teachers, in my opinion, are those who are approachable and empathetic. I value teachers who take the time to understand their students' needs and challenges. A teacher who creates a positive and inclusive classroom environment fosters a love for learning and encourages students to reach their potential.
- 3. I tend to favor teachers who use innovative teaching methods and real-world applications. Teachers who can make the material relevant to everyday life or future careers help students see the value in what they are learning. This approach keeps students engaged and motivated.
- 4. Teachers who encourage critical thinking and creativity are my preference. I appreciate when teachers challenge students to think outside the box and explore different perspectives. This not only enhances learning but also prepares students for problem-solving in real-life situations.
- 5. I prefer teachers who balance structure with flexibility. A well-organized teacher who sets clear expectations creates a productive learning environment. At the same time, allowing room for student input and adapting to different learning styles makes the classroom experience more dynamic and inclusive.

14 language

1. What languages can you speak?

1. I am fluent in Mandarin, which is the official language of China. Additionally, I speak the Wenzhou dialect, which is unique to my hometown in Zhejiang province. I also have a good command of English, which I use frequently in my professional life as a programmer. These languages allow me to communicate effectively in both local and international settings.

- 2. Mandarin is my primary language, but I also speak the Wenzhou dialect, which is quite distinct and challenging. I've learned English over the years, primarily for work, and I'm quite proficient in it. This combination of languages has been incredibly useful in my daily life and career.
- 3. Apart from Mandarin, I speak the Wenzhou dialect fluently, which is essential for local communication. I also speak English, having studied it extensively to improve my career prospects. These languages cover most of my communication needs, both personally and professionally.
- 4. I can speak Mandarin and the Wenzhou dialect, which are crucial for everyday interactions in my hometown. I have also learned English, which is necessary for my work as a programmer and for engaging with international colleagues and resources. This linguistic mix is quite beneficial.
- 5. In addition to Mandarin, which I use daily, I am fluent in the Wenzhou dialect, a local language that connects me to my roots. English is another language I speak well, thanks to my education and professional requirements. These languages have broadened my communication horizons significantly.

2. What languages would you like to learn in the future?

- 1. I would love to learn Japanese in the future. Japan's rich culture and technological advancements are fascinating, and knowing the language would allow me to explore these areas more deeply. Additionally, it could open up new professional opportunities in the tech industry.
- 2. Spanish is a language I would like to learn. It is widely spoken around the world, and being proficient in it could be beneficial both personally and professionally. Traveling to Spanish-speaking countries and experiencing their cultures firsthand would be an amazing experience.
- 3. I'm interested in learning French. It's a beautiful language with a rich literary and cultural heritage. Additionally, French is spoken in many countries, so it would be useful for travel and potentially for work, especially if I decide to expand my freelancing career internationally.
- 4. German is a language I aspire to learn. Germany is a leading country in engineering and technology, and knowing German could help me access valuable resources and networks in my field. It would also be interesting to read scientific literature in its original language.
- 5. I would like to learn Korean. The Korean tech industry is booming, and being able to communicate in Korean would be an asset. Moreover, understanding Korean culture and media better would be personally enriching, given its global influence.

3. How do you learn a foreign language?

- 1. I learn a foreign language by immersing myself in it as much as possible. This includes watching movies and TV shows, listening to music, and reading books in the target language. I also use language learning apps like Duolingo and attend language classes when possible.
- 2. Practice and consistency are key to my language learning. I set aside time each day to study vocabulary and grammar. Additionally, I try to converse with native speakers, either through language exchange programs or online platforms, to improve my speaking and listening skills.
- 3. I find that a combination of formal education and self-study works best for me. Enrolling in language courses provides structured learning, while self-study through online resources and practice with native speakers helps reinforce what I've learned. Consistent practice is essential.
- 4. Using technology is a big part of my language learning process. I use apps like Anki for vocabulary flashcards and Rosetta Stone for immersive practice. Additionally, I participate in online forums and chat groups to practice writing and speaking with other learners and native speakers.
- 5. I learn a foreign language by integrating it into my daily life. This means labeling objects around the house in the new language, thinking in the language, and even changing the language settings on my devices. Such immersion helps me internalize the language more naturally.

4. How are languages taught and learned in your school?

- 1. In my school, languages were taught through a combination of traditional classroom instruction and practical exercises. Teachers emphasized grammar and vocabulary, but there were also plenty of opportunities for speaking and listening practice. This balanced approach helped build a strong foundation.
- 2. Language education in my school was very structured, focusing on reading and writing skills initially. As we progressed, there was more emphasis on speaking and listening through activities like role-plays and presentations. This gradual shift helped us become more confident in using the language.
- 3. In my school, language classes were quite interactive. Teachers used multimedia resources, such as videos and audio recordings, to make lessons more engaging. We also had regular group discussions and projects, which encouraged us to use the language in practical situations.
- 4. Language learning in my school involved a lot of rote memorization initially, particularly for vocabulary and grammar rules. However, teachers also incorporated cultural lessons and interactive activities to keep us engaged. This mix of methods aimed to develop both our linguistic and cultural understanding.

5. My school's language program included regular assessments and feedback sessions. This helped us track our progress and identify areas for improvement. Additionally, extracurricular activities like language clubs and exchange programs provided further opportunities to practice and immerse ourselves in the language.

15 numbers

1. Are you good at remembering phone numbers?

- I used to be quite good at remembering phone numbers when I was younger. However, with the advent of smartphones, I rely heavily on my contacts list, so my memory for numbers isn't as sharp as it once was. I can still recall a few important ones, like my parents' and close friends' numbers. Technology has certainly made it easier to manage contact information without needing to memorize it.
- 2. I'm not particularly good at remembering phone numbers. I usually depend on my smartphone to store all my contacts, which means I rarely have to remember them. That said, I do make an effort to memorize a few key numbers in case of emergencies. The convenience of digital storage has definitely impacted my ability to remember numbers.
- 3. Remembering phone numbers is not my strong suit. I tend to forget them easily because I don't practice memorizing them regularly. My phone does all the work for me, storing and dialing numbers with ease. Despite this, I try to remember a couple of emergency contacts just to be safe.
- 4. I wouldn't say I'm good at remembering phone numbers. I find it challenging to retain those sequences in my memory for long. With smartphones being so convenient, there's little need to memorize numbers anymore. I rely on my phone to handle all my contact details.
- 5. My memory for phone numbers isn't very reliable. I can remember a few important ones, but most of the time, I depend on my smartphone's contact list. The digital age has reduced the necessity for memorizing numbers, and I've adapted to this convenience. Nevertheless, I try to keep a few numbers in my memory as a backup.

2. What's your favorite number?

- 1. My favorite number is 7. It's often considered a lucky number and appears frequently in various aspects of life, from days of the week to wonders of the world. There's something quite satisfying and complete about it. I also like the way it sounds and feels when you say it.
- 2. I have always been fond of the number 3. It's a number that represents balance and harmony for me, as seen in the saying "good things come in

- threes." It also has personal significance, as it relates to important dates and events in my life. The number 3 just resonates with me.
- 3. My favorite number is 8. In Chinese culture, 8 is associated with prosperity and good fortune because it sounds like the word for wealth. I appreciate its symmetrical shape, which symbolizes balance and infinity. It brings a sense of positivity and hope into my life.
- 4. The number 10 is my favorite. It represents completeness and perfection, as we often use it as a benchmark for rating systems and achievements. I find it satisfying because it encapsulates a full set, much like a perfect score. It's a number that conveys excellence and finality.
- 5. I really like the number 5. It's versatile and commonly found in everyday life, such as the five senses or the five fingers on each hand. It's also associated with dynamism and balance, making it an intriguing number for me. Plus, it has a nice ring to it when spoken.

3. Do you usually use numbers?

- Yes, I use numbers frequently in my daily life, especially in my job as a programmer. Numbers are essential for coding, algorithms, and data analysis. I also use them for managing my finances, tracking my exercise routines, and even cooking. Numbers play a crucial role in organizing and structuring my activities.
- 2. I constantly use numbers, both at work and in my personal life. As a programmer, dealing with numerical data, statistics, and calculations is a routine part of my job. Outside of work, I use numbers to monitor my jogging distances, keep track of expenses, and follow schedules. Numbers are indispensable in my daily routines.
- 3. Numbers are integral to my daily activities. In programming, precise numbers are necessary for writing code and debugging. Additionally, I use numbers for time management, like setting deadlines and scheduling tasks. Even in my fitness routine, numbers help me track progress and set goals.
- 4. Using numbers is a regular part of my life. At work, they are crucial for tasks such as coding, troubleshooting, and data analysis. In my personal life, I use numbers to plan my budget, measure ingredients for cooking, and track my jump rope sessions. Numbers help me stay organized and efficient.
- 5. Numbers are something I deal with every day. They are essential in my role as a programmer, where accurate calculations and data management are key. I also rely on numbers to keep track of my jogging distances and jump rope counts. Numbers provide structure and clarity in both my professional and personal life.

16 pen or pencil

1. When was the last time that you bought a pen or pencil?

- 1. The last time I bought a pen was about three months ago. I needed a reliable pen for taking notes during meetings and jotting down quick ideas. I specifically chose a gel pen because it writes smoothly and is comfortable to hold. It has since become a staple in my daily work routine.
- 2. I last purchased a pencil around six months ago when I was doing some sketches for a personal project. I needed a fine-tipped mechanical pencil for precise drawing. Although I don't use pencils often, they are essential for specific tasks like sketching and drafting.
- 3. The last time I bought a pen was for a conference I attended last year. I wanted a high-quality pen to sign documents and take notes during the sessions. I opted for a fountain pen, which added a touch of elegance to my work. It was a worthwhile investment for both its functionality and style.
- 4. I recently bought a pack of pencils a few weeks ago. I use them primarily for marking measurements and drawing diagrams in my notebook. I find pencils particularly useful for these tasks because they allow for easy corrections and adjustments.
- 5. The last time I purchased a pen was when I lost my favorite one at the office. That was a couple of months ago. I quickly replaced it with a similar model because I find it indispensable for daily tasks like writing code snippets, signing documents, and taking quick notes.

2. Do you usually use a pen or pencil?

- I usually use a pen for most of my writing tasks. Pens are convenient for taking notes during meetings, signing documents, and jotting down ideas quickly. I prefer pens because they offer a smooth writing experience and don't smudge easily.
- Most of the time, I use a pencil for tasks that require precision and the ability to make corrections. For example, when sketching out designs or drafting plans, a pencil is invaluable. Its erasability and control make it ideal for such activities.
- 3. I typically use a pen for everyday writing needs. Whether it's writing in my journal, drafting to-do lists, or taking notes at work, a pen is my go-to tool. The permanence of ink is useful for keeping records and ensuring that my notes don't fade over time.
- 4. For coding and brainstorming sessions, I often use a pencil. The ability to quickly erase and rewrite ideas is essential when I'm developing new

- concepts. Pencils provide the flexibility to adjust and refine my thoughts without making a mess.
- 5. I generally prefer using a pen because it's more durable and professional-looking for work-related tasks. I use it for signing contracts, writing emails, and making annotations on documents. However, I do switch to a pencil for sketching or drafting when precision and corrections are needed.

3. Which one do you use more often? A Pen or a pencil?

- 1. I use a pen more often than a pencil. Pens are convenient for taking quick notes, signing documents, and everyday writing tasks. The smooth flow of ink makes writing effortless, and I appreciate the permanence of the text.
- 2. A pencil is what I use more frequently, especially for tasks that involve planning or drafting. The ability to erase and correct mistakes is crucial when working on initial designs or brainstorming ideas. Pencils offer flexibility and control that pens don't.
- 3. I find myself reaching for a pen more often than a pencil. Whether I'm at work or home, a pen is always within arm's reach for jotting down thoughts, making lists, or annotating documents. The reliability and clarity of a pen's ink are unbeatable for me.
- 4. In my daily routine, I use a pencil more often because of its versatility. When working on technical drawings or sketches, a pencil's precision and erasability are indispensable. It allows me to refine my work without leaving permanent marks.
- 5. I predominantly use pens over pencils in my everyday life. The ink's permanence is beneficial for most of my tasks, from writing code snippets to making meeting notes. However, I do switch to a pencil for tasks that require frequent revisions.

4. What would you think if someone gave you a pen or a pencil as a gift?

- 1. If someone gave me a pen as a gift, I would appreciate it greatly. Pens are practical and essential tools in my daily life, especially a high-quality one. It would be a thoughtful and useful gift, showing that the giver understands my needs and preferences.
- Receiving a pencil as a gift would be quite thoughtful, especially if it's a high-quality or unique one. I often use pencils for sketching and drafting, so it would definitely come in handy. It would show that the giver knows and values my creative side.
- 3. A pen as a gift would be wonderful, particularly if it's a stylish or premium model. Such a gift would not only be functional but also a stylish addition

- to my desk. It would be a gesture that combines practicality with a touch of elegance.
- 4. I would find a pencil gift quite charming, especially if it's personalized or part of a special set. It would be a practical gift for my drawing and drafting activities. The thoughtfulness behind such a gift would be truly appreciated.
- 5. If someone gave me a pen or pencil, it would make me happy, as these are tools I use regularly. A well-crafted pen or pencil would be a practical and considerate gift, reflecting the giver's attention to my daily needs and habits. It's a small but meaningful gesture.

17 birthday

1. What do you usually do on your birthday?

- 1. On my birthday, I usually prefer a quiet celebration with close family and friends. We often have a nice dinner at a restaurant or cook a special meal at home. I enjoy spending time with loved ones, reflecting on the past year, and setting goals for the future. It's a simple yet meaningful way to mark the occasion.
- 2. My typical birthday involves a mix of relaxation and celebration. I start the day with a jog to invigorate myself, followed by a leisurely breakfast. In the evening, I gather with family and friends for dinner, where we share stories and enjoy each other's company. It's a day to unwind and appreciate the people in my life.
- 3. I usually celebrate my birthday by taking a day off from work to relax and recharge. I might spend the morning reading or engaging in a hobby I enjoy, like coding a fun project. In the evening, I have a small gettogether with close friends, where we enjoy good food and conversation. It's a perfect blend of solitude and socialization.
- 4. Birthdays for me are often low-key but special. I start the day with some exercise, like jump rope or a jog, to set a positive tone. Later, I treat myself to a delicious meal and maybe a small gift. I end the day by catching up with friends and family, either in person or over a video call. It's a day dedicated to self-care and connection.
- 5. On my birthday, I like to indulge in activities that bring me joy. This includes spending time outdoors, perhaps hiking or visiting a scenic spot. In the evening, I enjoy a cozy dinner with my closest friends, sharing laughs and memories. It's a day to focus on happiness and the simple pleasures of life.

2. What did you do on your birthday when you were young?

- When I was young, my birthdays were filled with excitement and joy.
 My parents would throw a small party with my friends from the village,
 complete with homemade cake and games. We would play traditional
 games and enjoy simple treats. These gatherings were always the highlight
 of my year.
- 2. As a child, birthdays meant big family gatherings and lots of fun. We would have a feast with dishes prepared by my mother, and my relatives would come over to celebrate. There were always plenty of laughs, stories, and sometimes even a few presents. These memories are some of my fondest.
- 3. Growing up in a small village, my birthdays were simple but memorable. My family would prepare a special meal, and I'd spend the day playing with my friends outside. Sometimes, my parents would surprise me with a small gift, like a toy or a book. It was always a day filled with happiness and love.
- 4. My childhood birthdays were often celebrated with a mix of family and friends. We would gather at our home, where my mother would bake a cake and prepare my favorite dishes. My friends and I would play games and run around the yard, making the day full of laughter and fun. These celebrations were always heartwarming.
- 5. When I was young, birthdays were celebrated with a lot of enthusiasm. My family would organize a small party, and I would invite my friends from the village. There would be music, games, and plenty of food. The simplicity and joy of those celebrations are something I cherish deeply.

3. Do you think it is important for you to celebrate your birthday?

- 1. Yes, I think it is important to celebrate my birthday, even if it's just a small acknowledgment. It's a chance to reflect on the past year, appreciate the progress I've made, and set new goals. Celebrating also allows me to connect with loved ones and feel their support and affection, which is incredibly valuable.
- 2. While I don't think grand celebrations are necessary, marking my birthday in some way is important to me. It serves as a reminder to take a break from my busy schedule and enjoy the moment. It's also a time to reconnect with friends and family, which strengthens our bonds.
- 3. Celebrating my birthday holds significance because it helps me appreciate life and the people around me. Even a simple celebration can bring joy and a sense of accomplishment. It's a moment to pause and recognize the journey of another year, which is meaningful in itself.

- 4. I do believe celebrating my birthday is important, though it doesn't have to be extravagant. It's a personal milestone that deserves acknowledgment. Whether it's a quiet dinner or a small gathering, the act of celebrating brings a sense of gratitude and happiness.
- 5. Yes, I find it important to celebrate my birthday as it marks another year of experiences and growth. Celebrating, even in a small way, helps me stay connected with my loved ones and brings a sense of joy and renewal. It's a tradition that adds positive moments to my life.

18 weather

1. Do you prefer hot or cold weather?

- 1. I prefer cold weather because it allows for a greater variety of activities. You can bundle up in cozy clothes, enjoy hot drinks, and participate in winter sports like skiing or ice skating. Cold weather also tends to make me feel more energetic and focused. Additionally, I find it easier to warm up when it's cold than to cool down when it's hot.
- 2. Hot weather is my preference because it's perfect for outdoor activities. I enjoy going to the beach, having barbecues, and engaging in sports like swimming and jogging. The long daylight hours also allow for more time to be productive and social. Plus, warm weather puts me in a better mood.
- 3. I favor cold weather because it's easier to manage. You can always add more layers to stay warm, whereas in hot weather, there's a limit to how much you can cool down. Cold weather also has a crisp, refreshing quality that I find invigorating. It's ideal for cozy indoor activities like reading or coding.
- 4. Hot weather is my favorite because it reminds me of summer vacations and relaxed times. It's a great excuse to indulge in cold treats like ice cream and smoothies. I also enjoy the vibrant atmosphere that hot weather brings, with more people out and about. It's energizing and makes me feel alive.
- 5. I prefer cold weather as it often comes with a serene and peaceful environment. Snow-covered landscapes are beautiful and provide a calm setting for reflection and relaxation. Cold weather also reduces the number of insects, making outdoor activities more pleasant. It's a time for enjoying hearty meals and warm company indoors.

2. What is the weather like in your hometown?

1. In my hometown of Wenzhou, the weather is quite mild and humid. Summers are hot and humid, with temperatures often exceeding 30 degrees

Celsius. Winters are relatively mild, rarely dropping below freezing. The city experiences a lot of rainfall throughout the year, especially during the summer months.

- 2. Wenzhou has a subtropical monsoon climate, which means it has distinct seasons. The summers are long, hot, and wet, while the winters are short and mild. Spring and autumn are brief but very pleasant, with moderate temperatures and less humidity. Overall, it's a very lush and green region due to the ample rainfall.
- 3. The weather in Wenzhou can be quite unpredictable, with frequent rain and humidity. Summers are typically hot and steamy, while winters are cool but not too cold. The spring and autumn seasons are relatively short but very comfortable. The climate is conducive to lush vegetation, making the area very green and fertile.
- 4. Wenzhou's weather is characterized by its high humidity and ample rainfall. Summers can be quite hot, with temperatures soaring above 30 degrees Celsius. Winters are generally mild, with temperatures rarely dropping below 5 degrees Celsius. The region is also prone to typhoons during the late summer and early autumn.
- 5. In my hometown, Wenzhou, the weather is warm and humid for most of the year. Summers are particularly hot and rainy, while winters are cool and damp. The spring and autumn seasons are short but very enjoyable, with mild temperatures and less humidity. The climate supports a rich and diverse plant life.

3. Do you prefer dry or wet weather?

- 1. I prefer dry weather because it feels more comfortable and less sticky. Humidity can be quite draining and makes it harder to stay cool. Dry weather also reduces the risk of mold and mildew in homes, which is a big plus. It's generally more pleasant for outdoor activities and exercise.
- 2. Wet weather is my preference because it makes the environment lush and vibrant. I enjoy the sound of rain and the fresh, clean smell it brings. Wet weather also tends to cool things down, which can be a relief during hot seasons. Additionally, I find rainy days cozy and perfect for indoor activities like reading.
- 3. Dry weather is more to my liking as it's easier to plan activities without worrying about rain. It also makes for clearer skies, which is great for outdoor sports and events. Dry weather reduces the discomfort associated with high humidity, making it easier to stay active and productive.
- 4. I prefer wet weather because it brings a sense of calm and relaxation. The sound of rain can be very soothing, and it's a great excuse to stay indoors and unwind. Wet weather also helps keep the environment green and

- healthy, which I appreciate. It's a nice change from the usual dry and sunny days.
- 5. Dry weather is my favorite because it's less messy and more predictable. It's easier to dress appropriately without worrying about getting wet. Dry conditions are also better for certain activities like hiking and running. Overall, it just feels more comfortable and manageable.

4. Do you have the habit of checking the weather forecast? When/How often?

- 1. Yes, I have the habit of checking the weather forecast daily. I usually do it in the morning while having breakfast to plan my day accordingly. Knowing the weather helps me decide what to wear and whether to carry an umbrella or not. It's a small but essential part of my routine.
- 2. I check the weather forecast quite frequently, especially when I have outdoor activities planned. Typically, I check it once in the morning and sometimes in the evening for the next day. It helps me prepare for any sudden changes in weather and ensures that I'm dressed appropriately for the conditions.
- 3. Yes, I check the weather forecast regularly, usually every morning. It's a crucial part of my day, especially since I jog and jump rope outdoors. Knowing the forecast helps me avoid getting caught in the rain and plan my activities more effectively. It's become a habit that I rarely skip.
- 4. I tend to check the weather forecast whenever I have important plans or meetings. While it's not a daily habit, I do it several times a week. It's particularly useful for planning my commuting route and deciding whether to carry a raincoat or not. It's a practical step in staying prepared.
- 5. Checking the weather forecast is a regular habit for me, especially given the unpredictable weather in my region. I usually do it first thing in the morning and sometimes in the evening. This habit helps me plan my day better, ensuring I'm ready for any weather conditions. It's an essential part of my daily routine.

5. What do you think are the effects of climate change in recent years?

1. In recent years, the effects of climate change have become more apparent and alarming. There has been an increase in extreme weather events, such as more frequent and severe typhoons in my region. Additionally, rising temperatures have led to longer and hotter summers, impacting agriculture and daily life. These changes highlight the urgent need for sustainable practices and policies.

- 2. Climate change has had significant impacts globally and locally. In my area, we've noticed shifts in seasonal patterns, with winters becoming milder and summers more intense. There's also been an increase in heavy rainfall and flooding, disrupting daily life and infrastructure. These changes underscore the importance of addressing environmental issues.
- 3. The effects of climate change are increasingly visible, with more extreme and unpredictable weather patterns. In my hometown, we've experienced more frequent heatwaves and heavy rainfalls, affecting both agriculture and urban living. These shifts have also led to health concerns, such as heat stress and waterborne diseases. It's a clear sign that action is needed to mitigate these impacts.
- 4. Climate change has brought about noticeable changes in weather patterns over the years. We've seen more intense and frequent storms, causing damage and disruptions. Additionally, the overall rise in temperatures has affected local ecosystems, leading to shifts in flora and fauna. These impacts are a reminder of the broader consequences of climate change.
- 5. The recent effects of climate change are evident in the increasing frequency of natural disasters. My region has experienced more typhoons and extreme weather events, leading to significant economic and social disruptions. There's also been a rise in average temperatures, affecting water supply and agricultural productivity. These changes highlight the need for global cooperation on climate action.

6. Would you like to visit other cities that have different climates from where you live?

- Yes, I would love to visit cities with different climates to experience new environments. For instance, visiting a city with a cold climate like Tokyo during winter would be exciting. It would offer a break from the hot and humid weather of Wenzhou and allow me to enjoy winter activities. Traveling to diverse climates broadens my perspective and enriches my experiences.
- 2. Absolutely, visiting cities with different climates is something I look forward to. Experiencing the dry, desert climate of a place like Dubai would be fascinating. It would be a stark contrast to the humid weather of my hometown and offer unique cultural and natural experiences. Exploring varied climates adds to the adventure of travel.
- 3. I am very interested in visiting cities with different climates. For example, exploring a city with a temperate climate like San Francisco would be delightful. It would be refreshing to experience the cool, breezy weather compared to the warmth and humidity of Wenzhou. Such trips provide a welcome change and new experiences.

- 4. Yes, I enjoy visiting cities with different climates as it offers a new perspective. Traveling to a city with a wet and rainy climate like Seattle would be intriguing. It would be interesting to compare its lush greenery and rainfall patterns with the subtropical climate of my hometown. Visiting diverse climates enhances my appreciation for different environments.
- 5. Definitely, I am eager to visit cities with climates different from my own. Experiencing the cold, snowy winters of a place like Oslo would be an adventure. It would be a novel experience compared to the mild winters of Wenzhou and allow me to enjoy winter sports. Exploring different climates adds variety and excitement to my travels.

19 shopping

1. Do you like shopping?

- 1. Yes, I enjoy shopping as it allows me to explore new products and stay updated with the latest trends. It's also a way to relax and unwind after a busy work week. Whether it's shopping for tech gadgets or clothes, I find the experience quite enjoyable. Additionally, I appreciate the opportunity to discover unique items that suit my style and needs.
- 2. Shopping isn't something I particularly enjoy. I find it time-consuming and often overwhelming, especially with the numerous options available. However, I do appreciate the convenience of online shopping, which allows me to make purchases without leaving home. Overall, I prefer to shop only when necessary.
- 3. I have mixed feelings about shopping. On one hand, it's exciting to find good deals and new items. On the other hand, the crowds and long lines can be quite frustrating. I prefer to shop during off-peak hours to avoid the hustle and bustle. This way, I can enjoy the process more and make better decisions.
- 4. Shopping is a pleasant activity for me, especially when I'm looking for something specific. I enjoy the process of comparing different products and finding the best deals. It's also a good opportunity to socialize and spend time with friends or family. The satisfaction of finding exactly what I need makes it worthwhile.
- 5. I'm not a big fan of shopping. I find it tedious and prefer to spend my time on other activities. However, I do appreciate the necessity of it and try to make the process as efficient as possible. Online shopping has made it easier for me to get what I need without the hassle of visiting stores.

2. Do you compare prices when you shop? Why?

- Yes, I always compare prices when I shop to ensure I'm getting the best deal. It's a habit I developed to manage my budget effectively. By comparing prices, I can find the most cost-effective options and avoid overspending. It's a practical approach that helps me save money in the long run.
- 2. Sometimes I compare prices, especially for big-ticket items. It's important to me to make informed decisions and avoid buyer's remorse. However, for everyday essentials, I don't spend much time comparing prices. Convenience and quality are more important factors for me in those cases.
- 3. I rarely compare prices when I shop. I prefer to stick to brands and stores I trust, even if they're slightly more expensive. I value quality and convenience over savings. However, I do make exceptions for significant purchases, where price differences can be substantial.
- 4. Yes, I often compare prices to ensure I'm getting good value for my money. With so many options available, it's easy to find varying prices for the same product. Comparing prices helps me avoid overpaying and makes me feel more confident in my purchases. It's a simple step that can lead to significant savings.
- 5. I don't always compare prices, but I do when making significant purchases. For smaller, everyday items, I usually go with the most convenient option. However, for electronics or other expensive products, price comparison is crucial. It helps me find the best deals and ensures that I'm making a wise investment.

3. Is it difficult for you to make choices when you shop?

- Yes, sometimes it's difficult for me to make choices when shopping due to the overwhelming number of options. I tend to overthink and worry about making the wrong decision. To combat this, I often read reviews and ask for recommendations. This helps me narrow down my choices and feel more confident in my decisions.
- 2. Not really, I usually have a clear idea of what I want before I start shopping. I do my research in advance, which makes the decision-making process easier. However, there are times when I come across unexpected options that make me reconsider. In those cases, I rely on gut feeling and practicality to make a choice.
- 3. It depends on what I'm shopping for. For everyday items, making choices is straightforward and quick. But for more significant purchases like electronics or clothing, it can be challenging. I like to take my time, compare options, and consider different factors before deciding.

- 4. Yes, I often find it difficult to make choices when shopping due to my indecisive nature. The fear of missing out on a better option can be paralyzing. To help with this, I set a budget and criteria for what I'm looking for. This framework simplifies the decision-making process and reduces stress.
- 5. No, I don't usually find it difficult to make choices when shopping. I trust my instincts and previous experiences to guide me. If I'm uncertain, I rely on trusted brands or seek advice from friends. This approach minimizes indecision and helps me make satisfactory choices quickly.

4. Do you think expensive products are always better than cheaper ones?

- No, I don't believe that expensive products are always better than cheaper ones. Price does not always equate to quality. Many affordable products offer excellent performance and value. It's essential to evaluate the features, reviews, and brand reputation before making a judgment based on price alone.
- 2. Sometimes, but not always. While expensive products often come with higher quality materials and better craftsmanship, it's not a guarantee. There are many reasonably priced items that perform just as well, if not better, than their expensive counterparts. It's crucial to do thorough research and read reviews before deciding.
- 3. In some cases, yes, but not universally. Higher prices can indicate better quality, especially with electronics and luxury items. However, this isn't a rule that applies to everything. Many factors, including brand name and marketing, can inflate prices without a corresponding increase in quality. It's important to assess each product individually.
- 4. No, expensive products are not always better. Often, you're paying for the brand name or the prestige associated with the product. Many affordable products provide excellent quality and value for money. It's essential to focus on the product's specifications, reviews, and personal needs rather than just the price tag.
- 5. It depends on the product category. For some items, such as electronics or professional tools, a higher price might mean better performance and durability. However, for everyday items, cheaper alternatives can be just as good. It's important to balance cost with quality and consider individual product reviews and ratings.

20 morning routines

1. What is your morning routine?

- 1. My morning routine starts with a quick workout, either jumping rope or jogging, which helps me feel energized for the day. After exercising, I take a refreshing shower and then have a healthy breakfast. I prefer a simple meal like oatmeal or fruit. Finally, I spend a few minutes planning my day before heading to work.
- 2. I usually begin my mornings with a cup of coffee while checking emails and catching up on news. This helps me ease into the day and stay informed. After that, I have a light breakfast, often consisting of yogurt and granola. Then, I get ready and head to the office, mentally preparing for the busy day ahead.
- 3. My mornings are quite structured. I start with a short meditation session to clear my mind, followed by a brief jog around the neighborhood. I then have a hearty breakfast, typically eggs and toast, and spend some time reading or learning something new. This routine keeps me focused and ready for the day's challenges.
- 4. Every morning, I wake up early to enjoy some quiet time before the hustle and bustle begin. I spend this time stretching and doing some light exercises. After that, I have breakfast with my family, which is a cherished part of my routine. Lastly, I review my tasks and schedule for the day to ensure everything is on track.
- 5. My morning routine includes a mix of physical and mental activities. I start with a jog or some jumping rope to get my blood flowing. Afterward, I take a shower and have a nutritious breakfast. I also like to spend a few minutes reflecting on my goals and priorities for the day, which helps me stay focused and productive.

2. Do you like to get up early in the mornings?

- 1. Yes, I enjoy getting up early because it gives me a head start on the day. The quiet mornings allow me to exercise and have a peaceful breakfast without any rush. It also provides me extra time to plan and prepare for the day ahead, making me feel more productive and organized.
- 2. Not particularly. I find it challenging to wake up early, especially after a long night of coding or working on projects. However, I do recognize the benefits of an early start, so I try to gradually adjust my schedule. When I manage to get up early, I feel more accomplished and less stressed.
- 3. I'm naturally a morning person, so getting up early is something I enjoy. The early hours are calm and quiet, perfect for reflection and planning. I feel more energetic and focused when I start my day early, which helps me tackle my work tasks more efficiently.

- 4. No, I prefer to stay up late and wake up later in the morning. My productivity peaks in the evening, so I've adjusted my routine to fit this. However, on days when I do get up early, I appreciate the tranquility and the extra time to get things done.
- 5. It depends on my workload and schedule. During busy periods, I prefer getting up early to maximize my time and stay ahead of deadlines. On weekends or less hectic days, I allow myself to sleep in and recharge. Flexibility in my routine helps me balance productivity and rest.

3. Is breakfast important?

- 1. Absolutely, breakfast is essential as it provides the necessary fuel to start the day. It kick-starts your metabolism and gives you the energy to focus and perform well at work. I make sure to have a balanced breakfast, including proteins, fruits, and whole grains. Skipping breakfast can lead to reduced productivity and concentration.
- 2. Yes, breakfast is very important for maintaining good health and energy levels. It helps replenish your glucose supply and provides other essential nutrients. I find that having a substantial breakfast keeps me full and focused until lunchtime. It's a vital part of my morning routine that I rarely skip.
- 3. I believe breakfast is crucial, especially for someone with a busy schedule like mine. It sets a positive tone for the day and helps me stay alert. I prefer simple yet nutritious options like smoothies or eggs. A good breakfast can make a significant difference in how productive and energetic I feel throughout the morning.
- 4. Breakfast is important, but I don't always have time for a full meal. On busy mornings, I might just grab a piece of fruit or a smoothie. However, I do notice a drop in my energy and focus when I skip a proper breakfast. Ideally, I try to have something quick but nutritious to start my day right.
- 5. While opinions vary, I find breakfast to be important for my overall well-being. It helps stabilize my blood sugar levels and provides the energy needed for my morning activities. Even on hectic days, I make it a point to eat something healthy. It's a small effort that has a big impact on my day.

4. What do you do in the morning?

 In the morning, I usually start with a quick workout, like jumping rope or jogging. After that, I take a shower and have a nutritious breakfast. I spend a few minutes checking emails and planning my day. This routine helps me stay energized and focused for the tasks ahead.

- 2. My mornings are dedicated to preparing for the day. I wake up early, do some light stretching exercises, and enjoy a healthy breakfast. I then review my schedule and prioritize my tasks. This helps me feel organized and ready to tackle my busy workday.
- 3. I begin my mornings with a cup of coffee and some quiet reading time. After that, I do a short workout, usually jogging or jumping rope, to wake up my body. A nutritious breakfast follows, giving me the energy I need. Finally, I check my emails and plan out my work tasks for the day.
- 4. My typical morning includes some form of exercise, like jogging or jumping rope, to get my blood flowing. Afterward, I have a quick shower and a healthy breakfast. I then spend some time catching up on news and emails. This routine ensures I start my day feeling alert and prepared.
- 5. In the morning, I focus on activities that help me prepare mentally and physically for the day. I start with a workout, followed by a shower and a balanced breakfast. I then review my to-do list and set priorities. This structured routine helps me manage my busy schedule effectively.

21 mobile phone

1. Do you remember your first mobile phone?

- Yes, I vividly remember my first mobile phone. It was a Nokia 3310, a sturdy device with long battery life and simple features. I got it during my high school years, and it was primarily used for texting and playing the classic Snake game. It felt like a significant step towards independence and connectivity.
- 2. My first mobile phone was a Motorola flip phone, given to me by my parents when I started college. It had basic functionalities, but I was thrilled to have it. I used it mostly for calling and occasional texting. It was my first personal gadget and introduced me to the world of mobile communication.
- 3. Absolutely, my first mobile phone was a Samsung model with a small screen and physical buttons. I got it when I was a teenager, and it was quite an exciting moment. It allowed me to stay in touch with friends and family more conveniently. The sense of having my own device was quite empowering.
- 4. Yes, I can still recall my first mobile phone, a simple Sony Ericsson model. It was a gift from my parents when I entered high school. It was used mainly for texting and emergency calls. Having a mobile phone at that time was a luxury and a huge step forward in staying connected.
- 5. My first mobile phone was a basic LG model, quite popular back in the day. I got it during my middle school years, and it was a big deal for me.

It had limited features compared to today's smartphones, but it served its purpose well. It marked the beginning of my journey into mobile technology.

2. Do you often use your mobile phone for texting or making phone calls?

- 1. I primarily use my mobile phone for texting rather than making phone calls. Texting is more convenient and less intrusive, especially during work hours. However, for more detailed conversations, I do prefer calling. Both texting and calling play important roles in my daily communication.
- 2. Yes, I frequently use my mobile phone for both texting and making phone calls. Texting is handy for quick messages, while calls are better for more personal or urgent matters. The balance between the two depends on the context and urgency of the communication.
- 3. I use my mobile phone more for texting than for making phone calls. Texting allows for quick and efficient communication without the need for immediate response. However, I do make calls when discussing complex topics or when a more personal touch is required. The flexibility of both options is beneficial.
- 4. Texting is my go-to method of communication on my mobile phone. It's less disruptive and can be done anytime, even during meetings. Phone calls are reserved for more urgent or detailed conversations. This balance suits my busy work schedule well.
- 5. I use my mobile phone equally for texting and making phone calls. Texting is great for casual or quick interactions, while phone calls are reserved for more significant or urgent conversations. This dual approach helps me manage my communication effectively.

3. How has your mobile phone changed your life?

- 1. My mobile phone has revolutionized how I communicate and access information. It allows me to stay connected with colleagues, friends, and family regardless of location. Additionally, it has become an essential tool for work, enabling remote access and productivity on the go. The convenience it offers is unparalleled.
- 2. The mobile phone has drastically changed my life by providing constant connectivity. I can keep up with work emails, manage my schedule, and communicate with others easily. It's also a source of entertainment and information, making it an indispensable part of my daily routine.
- 3. Having a mobile phone has made my life significantly more efficient. It's not just a communication device but also a tool for organizing my life, from

- scheduling to accessing information quickly. The ability to stay connected and productive regardless of location has been a game-changer.
- 4. My mobile phone has transformed my daily life by providing instant access to information and communication. It helps me manage my work tasks, stay in touch with loved ones, and even relax with games and social media. This constant connectivity and convenience have made it an essential part of my life.
- 5. The mobile phone has had a profound impact on my life, especially in terms of productivity and connectivity. It allows me to work remotely, stay organized with various apps, and maintain constant communication with my network. This transformation has significantly improved both my professional and personal life.

4. Will you buy a new one in the future?

- Yes, I will likely buy a new mobile phone in the future as technology continues to advance. Upgrading to a newer model can provide better features, improved performance, and enhanced security. I usually look for a balance between the latest technology and practical functionality.
- 2. I plan to buy a new mobile phone in the future, but not immediately. I prefer to wait until my current phone becomes outdated or starts malfunctioning. When the time comes, I'll choose a model that offers the latest features and fits my needs.
- 3. I will eventually buy a new mobile phone, as advancements in technology make it necessary to upgrade periodically. I keep an eye on new releases and decide based on the features and improvements they offer. My focus is on getting a device that enhances productivity and connectivity.
- 4. Yes, I anticipate buying a new mobile phone in the future, especially as my current one starts to show signs of wear. I tend to upgrade every few years to benefit from the latest technological advancements. The decision will depend on the new features and improvements available at the time.
- 5. While my current mobile phone still serves me well, I will consider buying a new one in the future. Technological advancements are rapid, and newer models offer better performance and features. I'll evaluate my needs and the available options before making a purchase.

22 holidays

1. Where did you go in your last holiday?

1. During my last holiday, I visited Hangzhou, a city known for its beautiful West Lake. The scenery was breathtaking, and I enjoyed a relaxing boat

- ride on the lake. The ancient temples and tea plantations added a cultural touch to the trip. It was a perfect getaway from my hectic work schedule.
- 2. I spent my last holiday in Shanghai, exploring its vibrant city life and modern architecture. The Bund, with its colonial-era buildings, was a highlight. I also enjoyed the culinary delights and visited several museums. The city's energy and diversity were truly captivating.
- 3. My last holiday was in the tranquil mountains of Huangshan. The natural beauty and serene environment provided a much-needed break from my busy routine. I hiked through the scenic trails and marveled at the sea of clouds from the mountain peaks. It was a rejuvenating experience.
- 4. I took a trip to the coastal city of Xiamen for my last holiday. The sunny beaches and relaxed atmosphere were perfect for unwinding. I visited the famous Gulangyu Island and enjoyed the local seafood. It was a refreshing change from my usual surroundings.
- 5. For my last holiday, I traveled to Suzhou, known for its classical gardens and canals. The picturesque landscapes and historic sites were a delight to explore. I spent time wandering through the gardens and appreciating the traditional architecture. It was a peaceful and enriching experience.

2. Which public holiday do you like the best?

- 1. My favorite public holiday is the Chinese New Year. It's a time for family reunions, delicious food, and traditional festivities. The celebrations, including lion dances and fireworks, are vibrant and joyful. It's a wonderful opportunity to reconnect with loved ones and embrace cultural traditions.
- 2. I particularly enjoy the Mid-Autumn Festival. The holiday is celebrated with mooncakes and lanterns, creating a warm and festive atmosphere. It's a time to appreciate the full moon and spend quality moments with family and friends. The sense of togetherness and cultural significance make it special.
- 3. The Dragon Boat Festival is my favorite public holiday. The boat races are thrilling to watch, and the tradition of eating zongzi is delightful. It's a celebration of heritage and community spirit. Participating in the festivities brings a sense of excitement and cultural pride.
- 4. I love the National Day holiday, which marks the founding of the People's Republic of China. The patriotic celebrations, including parades and fireworks, are grand and inspiring. It's a time to reflect on the nation's achievements and enjoy the festive atmosphere. The extended holiday also allows for travel and relaxation.
- 5. My favorite public holiday is the Qingming Festival, also known as Tomb Sweeping Day. It's a time to honor and remember ancestors by visiting

their graves and making offerings. The holiday has a solemn yet meaningful atmosphere, and it's an important cultural tradition. It provides a moment of reflection and respect for family heritage.

3. What do you usually do in your holidays?

- 1. During holidays, I often take the opportunity to travel to new places. Exploring different cities and experiencing diverse cultures is something I enjoy immensely. I also like to indulge in local cuisine and visit historical sites. It's a great way to break the monotony of daily life and refresh my mind.
- 2. I usually spend my holidays relaxing at home with family and friends. It's a perfect time to catch up on reading, watch movies, and enjoy home-cooked meals. I also take this time to focus on my hobbies, like coding personal projects or going for long jogs. The simple pleasures of home provide a comforting break.
- 3. Holidays for me often involve outdoor activities. I enjoy hiking, jogging, and spending time in nature. It's a good way to stay active and appreciate the beauty of the natural world. These activities help me recharge and maintain a healthy work-life balance.
- 4. I like to use my holidays to learn new skills or improve existing ones. Enrolling in short courses, attending workshops, or even self-study through online resources is fulfilling. It's a productive way to spend time and can be very rewarding professionally and personally.
- 5. On holidays, I sometimes volunteer for community service or local events. It gives me a sense of contribution and helps me connect with my community. Whether it's helping out at a local charity or participating in clean-up drives, it's a meaningful way to spend my time off.

4. Do you like holidays? Why?

- 1. I absolutely love holidays because they provide a much-needed break from the daily grind. It's a time to relax, recharge, and spend quality time with family and friends. Holidays also offer an opportunity to pursue hobbies and interests that I might not have time for during regular workdays.
- 2. Holidays are essential for maintaining a healthy work-life balance. They allow me to step back from work, reduce stress, and rejuvenate my mind and body. This break enhances my productivity and creativity when I return to work. The joy and relaxation that holidays bring are invaluable.
- 3. I enjoy holidays because they give me the chance to travel and explore new places. Experiencing different cultures, cuisines, and landscapes broadens my horizons and provides a fresh perspective on life. These experiences are enriching and often lead to personal growth.

- 4. Yes, I look forward to holidays as they are perfect for family bonding. Spending uninterrupted time with loved ones, whether it's at home or on a trip, is precious. These moments create lasting memories and strengthen family ties, making holidays very special.
- 5. Holidays are important to me because they offer time for self-care and personal development. Whether it's engaging in physical activities like jogging and skipping rope or learning something new, holidays provide the freedom to focus on personal well-being. This balance is crucial for overall happiness and health.

5. Do you like to spend your day at home?

- Yes, I enjoy spending my day at home, especially after a busy workweek.
 Home is a place of comfort and relaxation where I can unwind and do
 things at my own pace. Whether it's reading a book, watching a movie,
 or cooking a nice meal, I find it very rejuvenating.
- 2. While I enjoy outdoor activities, spending a day at home is also quite appealing. It gives me the chance to catch up on chores, work on personal projects, or simply relax. The comfort and familiarity of home provide a perfect environment for rest and reflection.
- 3. I do like spending days at home, particularly when I need a break from the hustle and bustle. It's a great opportunity to focus on hobbies, such as coding or reading, and to spend quality time with family. The tranquility of home helps me recharge and prepare for the days ahead.
- 4. Yes, I appreciate the peace and quiet of spending a day at home. It's a time to enjoy the simple pleasures, like having a leisurely breakfast or taking a nap. Home is a sanctuary where I can escape the stress of work and city life, making it a cherished retreat.
- 5. I find spending a day at home very satisfying, especially when I can indulge in my interests. Whether it's working on a new programming project or exercising, home offers the perfect setting for productivity and relaxation. The sense of control and comfort is very fulfilling.

6. Do you prefer a leisurely or a busy holiday?

- 1. I prefer a leisurely holiday as it allows me to relax and recharge. Taking things slow, enjoying the surroundings, and not having a packed schedule helps me unwind. It's a perfect way to escape the stress of my hectic work life and truly rejuvenate.
- 2. While I enjoy being productive, a leisurely holiday is my preference. It gives me the freedom to do things at my own pace, like reading a book by the beach or taking long walks. This kind of holiday helps me feel refreshed and more balanced when I return to work.

- 3. I usually prefer a busy holiday filled with activities and sightseeing. Exploring new places, trying different foods, and engaging in various adventures keep me energized and excited. It's a way to make the most of my time off and gather new experiences.
- 4. For me, a leisurely holiday is ideal. The chance to relax without any strict plans or schedules is very appealing. It's about enjoying the moment and indulging in simple pleasures, which is a great contrast to my usually busy life.
- 5. I lean towards a busy holiday as I enjoy being active and exploring new places. Having a planned itinerary and visiting different attractions keeps the holiday interesting. It's a way to break the routine and immerse myself in new experiences and cultures.

23 sports

1. What sports do you like?

- 1. I enjoy playing badminton and table tennis the most. Both sports are fast-paced and require quick reflexes and strategic thinking. They provide a great workout and are also a lot of fun to play with friends. Additionally, I like jogging and skipping rope as they are excellent for cardiovascular health.
- 2. Badminton and table tennis are my favorite sports. I find them both physically challenging and mentally stimulating. Besides these, I also enjoy jogging and skipping rope to stay fit. These activities help me maintain a balanced and healthy lifestyle amidst my busy schedule.
- 3. I am passionate about badminton and table tennis. These sports are not only great for physical fitness but also improve hand-eye coordination and agility. I also enjoy jogging and skipping rope, which help me stay in shape and relieve stress. Engaging in these activities keeps me energized and focused.
- 4. I have a strong liking for badminton and table tennis. These sports are exciting and keep me active. In addition, I regularly jog and skip rope, which are excellent ways to maintain my fitness. These activities are a great way to balance my busy work life.
- 5. Badminton and table tennis are the sports I love the most. They offer a good mix of physical exertion and mental challenge. I also incorporate jogging and skipping rope into my routine to ensure I stay healthy and fit. These sports and exercises keep me balanced and motivated.

2. Where did you learn how to do it?

- I learned badminton and table tennis at a local sports club in Wenzhou.
 The coaches there were excellent and taught me the basics as well as advanced techniques. I also picked up jogging and skipping rope as part of my daily exercise routine. These activities have become integral to my lifestyle.
- 2. My skills in badminton and table tennis were developed during my school years in Wenzhou. We had enthusiastic physical education teachers who made these sports enjoyable. Jogging and skipping rope were habits I picked up on my own to maintain fitness. They have been great for my overall well-being.
- 3. I was introduced to badminton and table tennis by my friends in the village where I grew up. We often played together after school. Later, I learned more formally at a sports club. Jogging and skipping rope are activities I incorporated into my routine as an adult to stay fit.
- 4. I started playing badminton and table tennis during my childhood in a small village. We had limited resources, but we made the most of it and enjoyed playing together. I learned jogging and skipping rope through online tutorials and fitness guides. They have been effective in keeping me healthy.
- 5. Badminton and table tennis were part of our school sports curriculum in Wenzhou. I learned the basics from our PE teacher and improved through practice. I took up jogging and skipping rope during college to maintain my fitness. These activities have helped me stay active and healthy.

3. Did you do some sports when you were young?

- 1. Yes, I played a lot of badminton and table tennis when I was young. These were the most popular sports in our village, and we spent hours playing after school. It was a great way to stay active and bond with friends. These early experiences sparked my lifelong interest in sports.
- During my childhood, I was very active in sports. I enjoyed playing badminton and table tennis with my friends in the village. These activities kept us fit and entertained. I also liked running around and playing various outdoor games, which contributed to my love for physical activity.
- 3. As a child, I was always involved in sports. Badminton and table tennis were my favorites, and I played them regularly with my friends. We didn't have professional training, but we learned a lot through practice. These experiences helped shape my passion for sports and fitness.
- 4. My childhood in a small village was filled with sports activities. Badminton and table tennis were our main pastimes, and we played them

- almost daily. These sports were not just fun but also a great way to stay active. They instilled in me a love for fitness and teamwork.
- 5. Yes, I was quite sporty as a child. I played badminton and table tennis frequently, along with other outdoor games. These activities were a big part of my life in the village. They helped me develop physical skills and fostered a sense of camaraderie with my peers.

4. Do you think students need more exercise?

- 1. Absolutely, students need more exercise. Regular physical activity is essential for their overall health and development. It helps improve their physical fitness, mental well-being, and academic performance. Encouraging more exercise can also instill lifelong healthy habits.
- 2. Yes, students definitely need more exercise. In today's digital age, many children spend too much time on screens and not enough on physical activities. Regular exercise can help counteract the negative effects of a sedentary lifestyle. It promotes better health and social skills.
- 3. I believe students should have more opportunities for exercise. Physical activity is crucial for their growth and development. It helps them stay fit, reduces stress, and improves concentration. Schools should incorporate more sports and physical activities into their daily schedules.
- 4. More exercise is essential for students. It not only keeps them physically healthy but also enhances their cognitive abilities. Active students tend to perform better academically and have better social interactions. Encouraging regular exercise can lead to a more balanced and healthy lifestyle.
- 5. Students need more exercise to ensure their holistic development. Physical activities provide a break from academic stress and promote better health. They also teach important life skills such as teamwork and discipline. Schools should prioritize physical education and encourage active lifestyles.

5. Do you know any people who are good at sports?

- 1. Yes, I have a friend who is an excellent badminton player. He has competed in several local tournaments and won numerous awards. His dedication and passion for the sport are truly inspiring. He often gives me tips to improve my game, which I find very helpful.
- 2. I know a colleague who is very skilled at table tennis. He plays at a competitive level and is part of a local club. Watching him play is always a learning experience. His agility and precision are impressive, and he motivates me to keep practicing and improving.
- 3. One of my neighbors is a professional marathon runner. She participates in marathons across the country and has an impressive record. Her commit-

- ment to training and fitness is remarkable. She often shares her training regimen with me, which has helped me improve my jogging routine.
- 4. I have a cousin who excels in various sports, particularly basketball and volleyball. He has represented his school in numerous competitions and has a collection of medals. His athleticism and sportsmanship are commendable. He has been a big influence on my interest in sports.
- 5. Yes, one of my childhood friends is very good at soccer. He played for our village team and later joined a regional club. His skills on the field are exceptional, and he has a deep understanding of the game. His passion for soccer has always been an inspiration to me.

6. Do you think it is important for people to exercise?

- 1. Yes, it is very important for people to exercise regularly. Exercise helps maintain physical health, reduces the risk of chronic diseases, and improves mental well-being. It also boosts energy levels and enhances mood. Regular physical activity is essential for a balanced and healthy life.
- 2. Exercise is crucial for overall health and well-being. It helps in weight management, strengthens the heart, and improves circulation. Regular exercise also reduces stress and anxiety, making it important for mental health. Incorporating physical activity into daily life is vital for everyone.
- 3. I believe exercise is vital for maintaining good health. It keeps the body fit and strong, improves immunity, and enhances mental clarity. Exercise also helps in managing stress and improving sleep quality. A consistent exercise routine is key to a healthy lifestyle.
- 4. Absolutely, regular exercise is important for everyone. It not only keeps the body in shape but also improves mental health. Exercise releases endorphins, which help in reducing stress and enhancing mood. Making exercise a part of daily routine can lead to a healthier and happier life.
- 5. Exercise is essential for a healthy life. It helps in maintaining a healthy weight, strengthens muscles and bones, and improves cardiovascular health. Exercise also promotes better mental health by reducing stress and anxiety. Incorporating regular physical activity into daily life is crucial.

7. Should schools encourage young students to take more physical exercise?

1. Yes, schools should definitely encourage young students to take more physical exercise. Regular physical activity is essential for their growth and development. It helps improve their physical health, mental well-being, and academic performance. Schools play a crucial role in promoting a healthy lifestyle.

- 2. Schools should prioritize physical exercise for young students. Engaging in sports and physical activities helps develop their motor skills, coordination, and teamwork. It also instills discipline and healthy habits. Encouraging exercise at a young age can have long-lasting positive effects on their lives.
- 3. I believe schools should encourage more physical exercise for students. Physical activity is vital for their overall development and well-being. It helps reduce stress, improves concentration, and enhances social skills. Schools should provide ample opportunities for students to be active and stay fit.
- 4. Encouraging physical exercise in schools is important for young students. It helps them stay active, improves their health, and boosts their mood. Regular exercise also enhances cognitive function and academic performance. Schools should incorporate more physical activities into their curriculum.
- 5. Schools should definitely promote physical exercise among young students. It is crucial for their physical and mental development. Exercise helps build strength, flexibility, and endurance. By encouraging regular physical activity, schools can help students lead healthier and more balanced lives.

24 daily routine

1. What is your daily routine?

- 1. My daily routine starts with an early morning jog followed by some skipping rope exercises. After a refreshing shower, I have a healthy breakfast before heading to work at the office. My workday is filled with programming tasks and meetings. In the evening, I unwind by playing badminton or table tennis before dinner.
- 2. I begin my day with a morning jog and some skipping rope to energize myself. Afterward, I enjoy a nutritious breakfast and then commute to my office. My work involves intensive coding and problem-solving. I usually wrap up my day with a light dinner and some relaxation time with family or friends.
- 3. My typical day starts with a jog and skipping rope exercises. Post-workout, I have breakfast and then head to my workplace. My job as a programmer keeps me busy with various projects and deadlines. In the evening, I often play badminton or table tennis to stay active and relieve stress.
- 4. Every morning, I jog and do some skipping rope exercises to kickstart my day. After breakfast, I commute to the office where I spend my day coding and attending meetings. I usually finish my work by early evening and then engage in sports like badminton or table tennis. My day ends with a light dinner and some relaxation.

5. My routine includes a morning jog and skipping rope session, followed by a healthy breakfast. I then head to my office for a busy day of programming and meetings. In the evenings, I like to play badminton or table tennis to unwind. My day concludes with dinner and some time spent reading or watching TV.

2. Have you ever changed your routine?

- Yes, I have changed my routine several times. When I transitioned from being a student to a working professional, I had to adjust my schedule to accommodate longer working hours. Recently, I also incorporated jogging and skipping rope into my mornings to improve my fitness.
- I did change my routine a few years ago when I realized I needed more
 physical activity. I started jogging and skipping rope in the mornings to
 boost my energy levels. This change has significantly improved my overall
 health and productivity at work.
- 3. There have been instances where I had to modify my routine. For example, when I started a new job with different working hours, I adjusted my exercise schedule accordingly. Adding regular jogging and skipping rope to my mornings was a recent change aimed at enhancing my physical fitness.
- 4. Yes, my routine has evolved over the years. Initially, I focused solely on work, but I later realized the importance of physical activity. This led me to incorporate jogging and skipping rope into my daily schedule, which has been beneficial for both my health and productivity.
- 5. I have indeed altered my routine at various points in my life. One significant change was when I decided to prioritize my health by including morning exercises like jogging and skipping rope. This adjustment has helped me maintain a better work-life balance and stay more focused throughout the day.

3. Which part of your daily routine do you like best?

- 1. The part of my daily routine I enjoy the most is my morning exercise session. Jogging and skipping rope not only wake me up but also give me a great start to the day. They help clear my mind and prepare me for the challenges ahead.
- 2. I particularly enjoy the evenings when I play badminton or table tennis. These activities are a fun way to stay fit and relax after a long day of work. They also provide a chance to socialize with friends and colleagues, making them the highlight of my day.
- 3. My favorite part of the day is the morning jog and skipping rope session. It's a time when I can focus on my health and set a positive tone for

- the rest of the day. The fresh air and physical activity leave me feeling invigorated and ready to tackle my work.
- 4. The best part of my routine is playing badminton or table tennis in the evening. It's a great way to unwind and relieve stress after a busy day. These sports not only keep me physically active but also allow me to enjoy some competitive fun with friends.
- 5. I really look forward to my morning exercise routine. Jogging and skipping rope help me start the day with a burst of energy and a clear mind. This part of my day is crucial for maintaining my physical fitness and mental well-being.

25 Science

1. Do you like science?

- Yes, I find science fascinating because it explains how the world works.
 As a programmer, understanding scientific principles often helps me solve complex problems. I enjoy reading about new scientific discoveries and their potential applications. Science always sparks my curiosity and inspires me to learn more.
- 2. Absolutely, I have always had a keen interest in science. The logical and systematic approach of scientific inquiry resonates with my work as a programmer. I appreciate how science constantly evolves and offers new insights into our world. It's a subject that continuously challenges and excites me.
- 3. Yes, I have a deep appreciation for science. It provides a structured way to understand the complexities of our universe. In my profession, scientific principles often intersect with technology, making my work even more interesting. Science's ability to push boundaries and drive innovation is truly inspiring.
- 4. Indeed, I enjoy science because it feeds my innate curiosity. From a young age, I've been intrigued by how things work and the principles behind them. As a programmer, scientific knowledge helps me approach problems methodically. Science is a never-ending source of wonder and discovery.
- 5. Yes, science has always been one of my favorite subjects. It's amazing how it can explain everyday phenomena and drive technological advancements. In my career as a programmer, scientific concepts are often very relevant. Science is not just informative but also incredibly inspiring.

2. When did you start to learn about science?

1. I started learning about science in primary school. I remember being captivated by the basic principles of physics and chemistry. Those early lessons

- laid the foundation for my later interest in technology and programming. Science classes were always the highlight of my school days.
- 2. My introduction to science began in elementary school. The first experiments we conducted, like growing plants and simple chemical reactions, sparked my interest. These early experiences fostered a lifelong curiosity and appreciation for scientific inquiry. It was a gateway to my passion for technology.
- 3. I began learning about science during my early school years. The handson experiments and fascinating facts about the natural world captured my imagination. This early exposure was crucial in shaping my analytical thinking skills, which are essential in my programming career.
- 4. Science became a part of my education from a young age, starting in primary school. The excitement of discovering how things work intrigued me deeply. These foundational years in science education influenced my decision to pursue a career in technology. The curiosity ignited then still drives me today.
- 5. My first encounter with science was in elementary school. The engaging experiments and intriguing lessons about the natural world made a lasting impression on me. This early fascination with science translated into a strong interest in technology and programming as I grew older.

3. Which science subject is interesting to you?

- I find physics particularly interesting. It's fascinating to understand the fundamental laws that govern the universe. Concepts like relativity and quantum mechanics are mind-boggling yet incredibly intriguing. Physics challenges my thinking and aligns well with my problem-solving skills as a programmer.
- 2. Chemistry has always intrigued me the most. The reactions and processes at the molecular level are like a hidden world of magic. Understanding chemical interactions has practical applications in various fields, including technology. It's a subject that combines logic with creativity.
- 3. Biology is a subject that I find very interesting. The complexity of living organisms and ecosystems is astounding. Learning about genetics, evolution, and cellular processes opens up a new perspective on life. It's a field that combines intricate details with the broader picture of life sciences.
- 4. I am particularly fascinated by astronomy. The study of celestial objects and the universe's vastness is awe-inspiring. Understanding the cosmos and our place in it brings a humbling perspective. Astronomy combines physics, chemistry, and biology, making it a comprehensive and captivating subject.

5. Environmental science is a subject that interests me greatly. It addresses critical issues like climate change, conservation, and sustainability. Understanding how human activities impact the environment is essential for creating a better future. This subject's relevance to current global challenges makes it especially engaging.

4. What kinds of interesting things you have done with science?

- One of the most interesting things I've done with science was a school
 project on renewable energy. We built a small solar-powered car and tested
 its efficiency under different conditions. This project gave me practical
 insights into how renewable energy works. It was both educational and
 fun.
- 2. In college, I participated in a research project on artificial intelligence. We applied machine learning algorithms to analyze large datasets, which was a fascinating blend of science and technology. This experience deepened my understanding of AI and its potential applications. It was a pivotal moment in my career.
- 3. I've worked on creating a home automation system using scientific principles and technology. This involved integrating sensors and programming controllers to automate household tasks. It was a practical application of science in everyday life, making my home more efficient and convenient.
- 4. During my studies, I conducted an experiment on plant growth under different light conditions. This biology project taught me a lot about photosynthesis and plant biology. It was fascinating to see how scientific theories translate into observable results. This hands-on experience was very rewarding.
- 5. I once helped organize a community science fair where we demonstrated simple yet intriguing experiments to kids. We showcased chemical reactions, physics principles, and even basic robotics. It was gratifying to inspire young minds and share the excitement of science with the community.

5. Do you like watching science TV programs?

- 1. Yes, I enjoy watching science TV programs a lot. They make complex scientific concepts accessible and entertaining. Shows like "Cosmos" and "Planet Earth" are both informative and visually stunning. These programs fuel my curiosity and broaden my understanding of the world.
- 2. Absolutely, science TV programs are a favorite of mine. They offer a great way to learn about the latest scientific discoveries and theories. Documentaries on space, nature, and technology are particularly captivating. They provide valuable knowledge in an engaging format.

- 3. I love watching science programs on TV. They simplify difficult concepts and make them understandable to a wide audience. Programs about the universe, such as "Through the Wormhole," are especially intriguing. These shows inspire me and keep my interest in science alive.
- 4. Yes, I find science TV programs very interesting. They cover a wide range of topics from biology to astrophysics in an engaging way. Programs like "MythBusters" are not only educational but also entertaining. Watching them is a great way to relax and learn simultaneously.
- 5. Definitely, I enjoy science TV shows a lot. They present scientific information in a visually appealing and easy-to-digest manner. Shows about space exploration, such as "The Universe," are particularly fascinating. These programs help me stay updated with scientific advancements.

6. Do Chinese people often visit science museums?

- 1. Yes, visiting science museums is quite popular in China. Many families take their children to these museums to spark their interest in science. Science museums in major cities offer interactive exhibits that are both educational and entertaining. They play an important role in science education.
- 2. Indeed, science museums are a common destination for Chinese families. These museums provide a hands-on learning experience that is very appealing, especially to young students. They often have special exhibits and workshops that attract a lot of visitors. It's a great way to promote scientific curiosity.
- 3. Science museums are frequently visited by Chinese people, especially on weekends and holidays. They offer a unique blend of education and entertainment, making them popular among all age groups. The interactive exhibits and demonstrations are particularly engaging for children. These museums contribute significantly to public science education.
- 4. Yes, Chinese people do visit science museums quite often. These museums are seen as valuable educational resources for children and adults alike. They host a variety of exhibits that cover different scientific fields, making learning fun and interactive. This helps foster a culture of scientific inquiry.
- 5. Absolutely, science museums are a favorite outing for many Chinese families. They provide an immersive experience that brings scientific concepts to life. The popularity of science museums reflects the growing interest in science and technology in China. They are key in encouraging lifelong learning.

26 News

1. Are you interested in news?

- Yes, I am very interested in news, especially technology and businessrelated topics. Staying updated helps me make informed decisions both in my professional and personal life. I believe being well-informed is crucial for a programmer like me. News keeps me connected to the world and its rapid changes.
- Absolutely, I find news fascinating and essential. It's important to stay
 updated on global events and trends. This habit allows me to understand
 the broader context of my work and industry. Moreover, it provides great
 conversation topics with colleagues and friends.
- 3. Yes, I have a keen interest in news, particularly current events and scientific discoveries. Following the news helps me stay informed and engaged with the world around me. It's also a way to continually learn and broaden my perspective. I enjoy discussing news with friends and colleagues.
- 4. Indeed, I am quite interested in news, especially topics related to technology, science, and business. Keeping up with the latest developments helps me stay ahead in my field. It's also a great way to spark interesting conversations with others. News is a daily part of my routine.
- 5. Yes, I follow the news regularly to stay informed about various topics. Whether it's global events, technological advancements, or financial news, I find it all quite engaging. Staying updated is important for both personal growth and professional development. News helps me stay connected and aware.

2. How do you usually find news?

- 1. I usually find news online through various news websites and apps. Platforms like BBC, CNN, and tech-specific sites like TechCrunch are my go-to sources. I also subscribe to newsletters that deliver the latest updates directly to my inbox. Social media platforms sometimes provide breaking news as well.
- 2. Typically, I get my news from a mix of online sources and mobile apps. I follow major news websites and receive notifications for important updates. Additionally, I subscribe to several newsletters that curate news based on my interests. Social media also plays a role in how I discover trending topics.
- 3. I usually find news through a combination of online news portals and social media. Websites like The New York Times and Reuters provide comprehensive coverage. I also use news aggregator apps that personalize the content based on my preferences. Social media helps me stay updated with real-time developments.

- 4. My primary sources of news are online platforms and news apps. I frequently visit websites like BBC and Bloomberg for reliable information. I also rely on news aggregator apps that compile stories from different sources. Occasionally, I get news updates through social media feeds.
- 5. I generally find news through online news sites and applications. I regularly check platforms like Google News and Flipboard for the latest updates. Additionally, I follow several reliable news outlets on social media. Subscribing to newsletters from trusted sources also keeps me informed.

3. How do your friends get news?

- 1. Most of my friends get their news online, similar to me. They use news apps and visit popular news websites regularly. Social media is also a common source, with many following news accounts for real-time updates. Some prefer watching news on TV during their free time.
- 2. My friends typically find news through a mix of online sources and social media. They subscribe to news apps that provide real-time notifications. Many of them also follow news channels on social media platforms like Twitter and Facebook. A few still enjoy reading physical newspapers or magazines.
- 3. My friends usually get news from various digital platforms. They rely on news websites, apps, and social media for updates. Some of them also listen to podcasts or watch news videos on YouTube. A couple of my friends prefer traditional methods, like TV news broadcasts.
- 4. Many of my friends get their news through a combination of online and social media platforms. They follow major news outlets on Twitter and Facebook for quick updates. Some use news aggregator apps that tailor content to their interests. A few still enjoy reading news from printed newspapers.
- 5. My friends generally stay updated through online news portals and social media. They use apps like Flipboard and Google News for personalized news feeds. Social media accounts of news organizations provide real-time updates. Some friends also enjoy watching news programs on TV.

4. Have you read the news this morning?

- Yes, I read the news this morning while having breakfast. I checked my favorite news app for the latest updates on technology and world events. It's part of my daily routine to stay informed. The headlines were quite interesting today.
- 2. Indeed, I did read the news this morning. I quickly browsed through my news app to catch up on overnight developments. Staying updated helps

- me start my day informed and prepared. There were some intriguing articles on business trends that caught my attention.
- 3. Yes, I made it a point to read the news this morning. I went through a few headlines and read an article on the latest tech innovations. Keeping up with the news is a crucial part of my morning routine. It helps me stay connected with the world.
- 4. This morning, I did read the news as usual. I checked both my news app and social media for updates. There were some significant events and interesting articles that I found worth reading. Staying updated is important to me, especially before starting my workday.
- 5. Yes, I read the news earlier today. I checked my news aggregator app for the latest updates. It's a habit I maintain to stay informed about global events and trends. Today's news had some noteworthy stories that were quite engaging.

5. Do you often talk with your friends about the news?

- 1. Yes, I often discuss news with my friends. We frequently talk about current events, especially those related to technology and business. These discussions help us stay informed and share different perspectives. It's a great way to keep our conversations interesting and engaging.
- Absolutely, talking about the news is common among my friends and me.
 We exchange views on various topics, from global politics to scientific
 discoveries. These conversations are both informative and stimulating.
 They also help us stay connected and engaged with the world.
- 3. Indeed, news is a frequent topic of conversation with my friends. We enjoy debating and discussing the latest events and their implications. These discussions are not only informative but also help us understand different viewpoints. It's a great way to keep our minds active.
- 4. Yes, I often chat with my friends about the news. We share articles and discuss trending topics, especially those related to our interests. These discussions help us stay updated and provide a platform for healthy debates. It's an integral part of our social interactions.
- 5. Certainly, news forms a big part of my conversations with friends. We discuss a wide range of topics, from technology advancements to social issues. These discussions help us exchange information and broaden our understanding. It's a great way to stay connected and informed.

27 library

1. Do you often go to the library?

- I don't go to the library as often as I used to, primarily because of my busy work schedule. However, I still enjoy the peaceful environment it offers when I need to focus on a specific task. Libraries are great for finding resources that are not available online. I wish I had more time to visit regularly.
- 2. Yes, I often visit the library, especially on weekends. It's a quiet place where I can escape from the hustle and bustle of daily life. I find it an ideal spot for reading and working on personal projects. The vast collection of books and resources is always a plus.
- 3. I don't go to the library frequently these days due to my hectic schedule. Most of the information I need is available online, which makes it convenient. However, I do miss the ambiance of the library. I try to visit occasionally to enjoy a different reading experience.
- 4. No, I rarely go to the library now. My work commitments leave little time for such visits. I rely more on digital resources for my reading and research needs. Although I appreciate the library's atmosphere, it's not something I can indulge in regularly.
- 5. Occasionally, I visit the library when I need a change of scenery or access to specific books. The library offers a distraction-free environment that is perfect for deep work. Despite my busy life, I value the tranquility and resources a library provides. I try to make time for it when possible.

2. What do you usually do in the library?

- 1. When I visit the library, I usually spend time reading books and magazines. I also use the library's resources for research and personal projects. The quiet environment helps me concentrate better. Sometimes, I simply enjoy browsing through the different sections.
- 2. In the library, I often work on coding projects or study new programming languages. It's a great place to focus without distractions. Additionally, I enjoy reading non-fiction books on various topics. The library's atmosphere is conducive to deep thinking and learning.
- 3. My typical activities in the library include studying and preparing for work-related tasks. I also like to read technical books that are not easily accessible online. The library's resources are incredibly useful for in-depth research. It's a peaceful place that enhances productivity.
- 4. I usually go to the library to read and borrow books. I also take advantage of the quiet space to work on my freelance projects. The library's vast

- collection of reference materials is invaluable. It's a place where I can disconnect from the digital world and focus.
- 5. In the library, I primarily focus on reading and research. I enjoy exploring new topics and expanding my knowledge. The quiet setting helps me concentrate on my studies. Additionally, I sometimes attend library events and workshops to learn new skills.

3. Did you go to the library when you were a kid?

- 1. Yes, I often went to the library as a child. It was a place of wonder and learning for me. I enjoyed exploring different books and discovering new stories. The library was a significant part of my childhood education.
- 2. Absolutely, the library was one of my favorite places growing up. I spent countless hours reading and borrowing books. It was a great way to expand my imagination and knowledge. The library staff were always helpful and encouraging.
- 3. Yes, I frequented the library during my childhood. It was a quiet place where I could immerse myself in books. I loved reading adventure and science fiction stories. The library played a crucial role in developing my love for reading.
- 4. Indeed, I went to the library regularly as a kid. It was a key resource for school projects and personal reading. I have fond memories of participating in reading programs and events. The library was a safe and stimulating environment.
- 5. Yes, visiting the library was a common activity in my childhood. I enjoyed the variety of books available and often spent weekends there. The library provided a wealth of knowledge and a place to study. It was an integral part of my early education.

4. Do children in your country often go to the library?

- Yes, children in my country often go to the library, especially for school projects. Libraries are well-stocked with educational resources that support their studies. Many libraries also offer reading programs and activities for kids. It's a great way to encourage a love for reading from a young age.
- Generally, children in my country do visit libraries, though perhaps not as
 frequently as in the past. Schools often organize trips to the library, and
 parents take their kids for story time and reading sessions. Libraries are
 seen as valuable educational resources.
- 3. Yes, libraries are a popular destination for children in my country. They visit to borrow books, do homework, and participate in educational pro-

- grams. Libraries often host events that attract young readers. It's a good way for children to develop their reading habits.
- 4. While not all children visit libraries regularly, many do go for specific purposes. School assignments and projects often require library resources. Additionally, libraries provide a quiet place for study and reading. Efforts are made to engage children through various programs and activities.
- 5. Children in my country do visit libraries, though the frequency varies. Some children go regularly, while others visit occasionally for specific needs. Libraries offer a range of programs to attract young readers. They remain an important resource for children's education and development.

28 keys

1. Do you always bring a lot of keys with you?

- 1. No, I don't carry a lot of keys with me. I try to keep things minimal and only carry the essentials like my house key and car key. It makes it easier to manage and reduces the risk of losing them. With digital access becoming more common, I rely less on physical keys.
- 2. Yes, I usually carry quite a few keys with me. Apart from my house and car keys, I have office keys and keys for various locks at home. It can be cumbersome, but I prefer having them all on hand. I feel more secure knowing I have access to everything I might need.
- 3. I carry a moderate number of keys, just the ones I need daily. This typically includes my house key, car key, and a couple of office keys. I avoid carrying too many to prevent clutter and confusion. It's a practical approach to ensure I don't misplace any.
- 4. I carry only a few keys with me. My house key, car key, and office key are the essentials. I like to keep my keychain light and organized. It's easier to manage and reduces the chance of losing any keys.
- 5. No, I don't carry a lot of keys. I try to streamline my keychain to include only the necessary keys. This usually means just my house and car keys. It's simpler and more convenient for my daily routine.

2. Have you ever lost your keys?

- 1. Yes, I have lost my keys a few times. It was quite a stressful experience, especially trying to remember where I last had them. Fortunately, I was able to find them after retracing my steps. Since then, I've been more careful about keeping track of my keys.
- 2. Unfortunately, yes, I have lost my keys before. It happened once when I was in a hurry and misplaced them. I had to get new keys made, which

was inconvenient. Now, I always double-check before leaving any place.

- 3. Yes, losing my keys has happened to me on a couple of occasions. Each time, it caused significant inconvenience and disruption. I have since taken steps to minimize the risk, like using a key holder at home and a designated pocket in my bag.
- 4. I've lost my keys once, and it was a memorable ordeal. It took a lot of effort to find them, and I was late for work as a result. Since then, I've been more vigilant and have implemented better habits to keep track of my keys.
- 5. Yes, losing my keys has been an issue a few times in the past. It's always a frustrating experience and disrupts my day. To prevent it from happening again, I now use a keychain with a tracker. It's given me peace of mind.

3. Do you often forget the keys and lock yourself out?

- No, I don't often forget my keys and lock myself out. I have developed a habit of checking my pockets before leaving home. This routine has helped me avoid such situations. Being organized with my keys is crucial to managing my busy life.
- 2. Yes, it has happened a few times. Rushing out in the mornings can lead to forgetfulness, and I've ended up locking myself out. I've since placed a spare key with a trusted neighbor to avoid the hassle. It's a good backup plan.
- 3. Occasionally, I do forget my keys and lock myself out. It's not a common occurrence, but it does happen during particularly hectic days. To mitigate this, I've hidden a spare key in a secure place. It's a simple solution that has saved me multiple times.
- 4. I rarely forget my keys and lock myself out. I've developed a routine of checking for my keys before I leave. This habit has been effective in preventing such incidents. Staying mindful of my essentials helps a lot.
- 5. Yes, I've locked myself out a couple of times due to forgetting my keys. It's a frustrating experience, but it has taught me to be more careful. I now have a checklist that I run through before stepping out, and it includes making sure I have my keys.

4. Do you think it's a good idea to leave your keys with a neighbor?

1. Yes, I think it's a good idea to leave your keys with a trusted neighbor. It provides a backup in case you lose your keys or lock yourself out. It's important to ensure the neighbor is trustworthy and reliable. This can save a lot of trouble and stress.

- 2. Yes, leaving your keys with a neighbor can be very helpful. It's a convenient solution for emergencies. However, it's crucial to only do this if you have a strong, trusting relationship with your neighbor. Trust is key in such arrangements.
- 3. I believe it's a practical idea to leave your keys with a neighbor. This can be particularly useful in emergencies. However, you should only do this if you completely trust your neighbor. It's a balance between convenience and security.
- 4. Leaving keys with a neighbor can be beneficial, but it depends on the level of trust. If you have a reliable and trustworthy neighbor, it's a good safety measure. It's always good to have a backup plan for unforeseen situations. However, one must be cautious about whom they trust with their keys.
- 5. Yes, it can be a good idea to leave your keys with a neighbor, especially if you have a good relationship with them. It provides an easy solution if you ever lock yourself out. Trust is essential in such situations. It's important to choose a neighbor you know well and can rely on.

29 jewelry

1. Do you often wear jewelry?

- 1. No, I don't often wear jewelry. My lifestyle as a busy programmer doesn't leave much room for accessories. I prefer to keep things simple and practical. The only accessory I usually wear is my smartwatch, which helps me keep track of my schedule and fitness.
- 2. I occasionally wear jewelry, especially for formal events. I have a few classic pieces like a silver bracelet and a pair of cufflinks that I bring out for special occasions. On regular days, I find jewelry can be distracting and impractical for my work and exercise routines.
- 3. I rarely wear jewelry because it doesn't fit with my active lifestyle. Whether I'm jumping rope or jogging, jewelry tends to get in the way. I do appreciate how a well-chosen piece can enhance an outfit, so I keep a couple of simple items for when I need to dress up.
- 4. Wearing jewelry isn't a daily habit for me. As someone who enjoys sports like badminton and table tennis, I find that jewelry can be cumbersome. However, I do own a few sentimental pieces that I wear occasionally, like a family heirloom watch.
- 5. Jewelry isn't a big part of my everyday look. I find it more practical to go without it in my day-to-day activities. That said, I do have a few pieces that I wear during holidays or important family gatherings, which add a nice touch of elegance.

2. What type of jewelry do you like?

- 1. I prefer minimalist jewelry, like a simple silver chain or a sleek watch. These pieces complement my style without being too flashy. I appreciate how they add a touch of sophistication to my appearance while still being practical for everyday wear.
- My favorite type of jewelry is culturally significant pieces. Being from Wenzhou, I have a few traditional jade items that I cherish. They carry a lot of personal and cultural meaning, making them special beyond their aesthetic value.
- 3. I like functional jewelry, such as a smartwatch or a fitness tracker. These pieces serve a dual purpose by being both stylish and useful. They help me keep track of my activities and health, which fits well with my active lifestyle.
- 4. I enjoy wearing jewelry that has sentimental value. For instance, I have a ring that was passed down from my grandfather. These types of pieces are not only beautiful but also carry a personal story, making them irreplaceable.
- 5. I appreciate modern and clean designs in jewelry. Simple metal bands or geometric shapes are my go-to choices. They are versatile and can be worn with various outfits, whether I'm at work or attending a formal event.

3. Have you ever given jewelry to someone as a gift?

- 1. Yes, I have given jewelry as a gift. I once bought a necklace for my mother on her birthday. It was a simple but elegant piece that I knew she would love. Seeing her wear it often brings me joy and satisfaction.
- 2. Yes, I have. I gifted a bracelet to my sister when she graduated from university. It was a small token of my pride and support for her achievements. She appreciated it greatly and wears it often.
- 3. I once gave a pair of earrings to my wife for our anniversary. They were designed with her favorite gemstones, making them a thoughtful and personal gift. She was thrilled and wears them on special occasions.
- 4. Yes, I gave a watch to my father on his retirement. It was a way to commemorate his years of hard work and dedication. He wears it every day, and it reminds him of that special milestone in his life.
- 5. Yes, I bought a set of matching rings for my best friend's wedding. It was a symbolic gesture of our long-lasting friendship. The couple was touched by the thoughtfulness and the rings added a special touch to their wedding day.

4. Why do you think some people wear a piece of jewelry for a long time?

- People often wear jewelry for a long time because of its sentimental value.
 A piece given by a loved one or inherited from a family member can hold deep emotional significance. It serves as a constant reminder of special memories and relationships.
- 2. Jewelry can become a part of one's identity. A signature piece, like a favorite necklace or a wedding ring, can be worn daily as a personal trademark. It reflects their style and can be a source of comfort and familiarity.
- 3. Some people wear jewelry for a long time due to its practicality and durability. High-quality pieces made from precious metals and stones can withstand daily wear and tear, making them suitable for everyday use without needing frequent replacement.
- 4. Wearing jewelry for a long time can also be a matter of habit. Once someone gets used to wearing a particular piece, it becomes a natural part of their routine. Removing it might feel strange or uncomfortable.
- 5. Jewelry can also have cultural or religious significance. Certain pieces might be worn to symbolize faith, tradition, or cultural heritage. These items are often worn consistently to honor and express one's beliefs and values.

30 Life stages

1. What did you often do with your friends in your childhood?

- 1. In my childhood, growing up in a small village, my friends and I spent a lot of time playing outside. We often explored the nearby fields and forests, building makeshift forts and climbing trees. These adventures were the highlight of our days, fostering a deep connection with nature and each other.
- 2. As a child, I often played traditional games with my friends. We enjoyed activities like hopscotch, hide and seek, and tag. These simple yet fun games not only kept us active but also strengthened our friendships.
- 3. My friends and I loved playing sports together, especially badminton and table tennis. We would set up makeshift courts in open spaces and spend hours competing and improving our skills. These activities instilled a love for sports that I still have today.
- 4. During my childhood, my friends and I frequently went on bike rides around our village. We loved the sense of freedom and adventure that came with exploring new paths and racing each other. These memories of cycling together remain some of my fondest.

5. In the evenings, my friends and I often gathered to share stories and play board games. We enjoyed games like Chinese checkers and chess, which were both entertaining and intellectually stimulating. These moments of camaraderie and friendly competition were cherished by all of us.

2. What do you think is the most important at the moment?

- At the moment, the most important thing for me is maintaining a healthy work-life balance. Given my busy schedule as a programmer, it's crucial to find time for exercise, hobbies, and spending quality moments with family and friends. This balance helps me stay productive and happy.
- 2. Currently, my primary focus is on professional growth and skill development. Staying updated with the latest programming trends and technologies is essential in my field. This continuous learning ensures that I remain competitive and capable in my career.
- 3. The most important thing right now is planning for my future as a free-lancer. This involves building a solid portfolio, networking with potential clients, and acquiring the necessary business skills. These steps are crucial to achieving my long-term career goals.
- 4. At this moment, prioritizing my health and well-being is of utmost importance. Regular exercise, like jogging and jumping rope, helps me stay fit and manage stress. Maintaining a healthy lifestyle is essential for both my personal and professional life.
- 5. Right now, staying connected with my loved ones is what matters most. Whether through regular phone calls or occasional visits, maintaining strong relationships with family and friends provides emotional support and enriches my life.

3. Do you have any plans for the next five years?

- 1. Over the next five years, I plan to transition from my current job to becoming a full-time freelancer. I aim to build a strong client base and establish myself as a reliable and skilled independent programmer. This shift will allow me more flexibility and control over my work.
- 2. In the next five years, I intend to enhance my expertise in emerging technologies such as AI and blockchain. By taking advanced courses and obtaining relevant certifications, I hope to expand my professional opportunities and stay ahead in the tech industry.
- 3. One of my goals for the next five years is to improve my physical fitness. I plan to maintain my routine of jogging and jumping rope while incorporating new sports like rock climbing. Achieving better health and fitness will positively impact both my personal and professional life.

- 4. In the coming five years, I aspire to travel more and explore different cultures. Experiencing new environments and meeting diverse people will broaden my horizons and provide fresh perspectives, which can also inspire my work as a freelancer.
- 5. Over the next five years, I aim to contribute more to my community. Whether through volunteer work, mentoring aspiring programmers, or participating in local events, I believe giving back will bring a sense of fulfillment and strengthen my ties with my hometown.

4. How do people remember each stage of their lives?

- 1. People often remember each stage of their lives through photographs and videos. These visual records capture significant moments and everyday experiences, serving as tangible reminders of the past. Reviewing old albums or digital galleries can evoke vivid memories and emotions.
- 2. Personal journals and diaries are another way people remember different stages of their lives. Writing down thoughts, experiences, and reflections helps preserve the details of daily life and important events. Revisiting these entries can provide a rich, introspective look at one's journey.
- 3. Social media has become a modern tool for remembering life's stages. Platforms like Facebook and Instagram archive posts, photos, and interactions over the years. These digital memories allow people to look back and recall their experiences and milestones.
- 4. People often use keepsakes and memorabilia to remember various life stages. Items like souvenirs, gifts, and mementos from significant events or travels can trigger specific memories and emotions, keeping the past alive in a tangible way.
- 5. Conversations and storytelling also play a crucial role in remembering different stages of life. Sharing stories with family and friends helps to reinforce memories and pass down experiences to future generations. These shared narratives create a collective memory and a sense of continuity.

31 relax

1. What would you do to relax?

- To relax, I enjoy jogging in the park. The rhythmic movement and fresh air help clear my mind and relieve stress. Sometimes, I also listen to my favorite music or podcasts while jogging, which makes the experience even more enjoyable.
- 2. Reading a good book is one of my favorite ways to unwind. I find immersing myself in a different world or learning something new very soothing.

Whether it's fiction or non-fiction, a good book can provide a much-needed escape from daily pressures.

- 3. I often relax by spending time with my family and friends. A casual dinner or a weekend outing can be incredibly refreshing. These moments of connection and laughter are essential for recharging my energy.
- 4. Practicing meditation and mindfulness helps me relax. Taking a few minutes each day to focus on my breath and be present in the moment reduces stress and increases my overall well-being. It's a simple yet effective way to unwind.
- 5. Playing badminton or table tennis is another great way for me to relax. These sports are not only physically engaging but also mentally refreshing. Competing in friendly matches with friends or colleagues is always a fun and relaxing activity.

2. Do you think doing sports is a good way to relax?

- Yes, I believe doing sports is an excellent way to relax. Physical activity releases endorphins, which help reduce stress and improve mood. Engaging in sports like badminton or table tennis allows me to unwind and stay fit at the same time.
- 2. Sports provide a great distraction from everyday worries. When I'm focused on a game or a workout, I'm fully present in the moment, which helps me forget about any stressors. This mental break is crucial for relaxation and mental health.
- 3. Doing sports with friends can be particularly relaxing. The social interaction, combined with physical activity, creates a sense of camaraderie and fun. Whether it's a casual game or a competitive match, it always leaves me feeling refreshed.
- 4. For me, sports are a perfect way to relax because they combine physical exertion with enjoyment. Activities like jogging or playing table tennis help me release built-up tension and improve my overall well-being. It's a productive and healthy form of relaxation.
- 5. I find that sports also provide a structured way to relax. Setting aside time for regular exercise routines, like my morning jogs, creates a predictable and reliable way to unwind. This consistency is beneficial for managing stress and maintaining a healthy lifestyle.

3. Do you think vacation is a good time to relax?

 Absolutely, vacations are an ideal time to relax. They provide a break from the daily routine and work pressures, allowing for complete mental and physical rejuvenation. Exploring new places or simply resting at home can be incredibly refreshing.

- 2. Vacations offer a chance to disconnect from work and other responsibilities. This time away helps to reset and recharge, leading to improved productivity and well-being upon returning. It's essential for maintaining a healthy work-life balance.
- 3. During vacations, I enjoy engaging in activities that I don't usually have time for, like traveling or pursuing hobbies. These experiences are not only enjoyable but also help me relax and gain new perspectives. They are a vital part of self-care.
- 4. Vacations are also a great opportunity to spend quality time with family and friends. Shared experiences and adventures strengthen bonds and create lasting memories. This social aspect of vacations adds to the overall relaxation and enjoyment.
- 5. I believe vacations are crucial for mental health. The change of scenery and pace can reduce stress and anxiety. Whether it's a short getaway or an extended trip, the time off helps to clear the mind and restore energy levels.

4. Do you think students need more relaxing time?

- 1. Yes, I believe students need more relaxing time. The pressure of academics and extracurricular activities can be overwhelming. Providing more opportunities for relaxation can help reduce stress and improve overall well-being and academic performance.
- 2. Relaxation is crucial for students' mental health. More downtime allows them to recharge, which can lead to better focus and productivity when they study. It also helps prevent burnout and promotes a healthier lifestyle.
- 3. Students benefit from having time to engage in hobbies and physical activities. These activities provide a necessary break from academic work and contribute to a more balanced and fulfilling life. Relaxation time is essential for their holistic development.
- 4. Encouraging relaxation can also improve students' social lives. When they have time to relax, they can spend more time with friends and family, building stronger relationships and support networks. This social interaction is important for their emotional health.
- 5. More relaxing time allows students to explore their interests and passions outside of the classroom. This exploration can lead to the discovery of new talents and skills, enriching their educational experience and personal growth.

32 weekends

1. What do you usually do on weekends?

- 1. On weekends, I typically enjoy a mix of relaxation and physical activity. I often go for a morning jog or play a game of badminton with friends. Afternoons are usually spent reading a good book or catching up on personal projects. Evenings are reserved for family time, where we either watch a movie or have a nice dinner together.
- 2. My weekends often start with a leisurely breakfast followed by some exercise, like jogging or skipping rope. Afterward, I like to visit local markets or explore new places around the city. In the evening, I unwind by watching TV shows or playing table tennis with friends.
- 3. Weekends are my time to recharge, so I usually start with some physical exercise, like jogging or playing badminton. I also dedicate some time to learning new programming skills or working on freelance projects. To relax, I enjoy cooking a nice meal or watching a movie with my family.
- 4. I usually spend my weekends engaging in various physical activities, such as jogging, skipping rope, or playing sports like badminton and table tennis. I also use this time to catch up on reading or learning new skills related to my career. Evenings are often spent with friends and family, enjoying good food and conversation.
- 5. Weekends for me are a balance between staying active and relaxing. I start the day with a jog or a session of skipping rope, followed by some personal development activities, like learning new coding techniques. I also make sure to spend quality time with my family, either by going out for a meal or having a movie night at home.

2. Do you like weekends?

- 1. Yes, I love weekends because they give me a chance to unwind from a busy workweek. It's a time to relax, engage in my hobbies, and spend quality time with family and friends. The break from work helps me recharge and feel more productive when the new week starts.
- 2. Absolutely, weekends are my favorite part of the week. They provide an opportunity to focus on personal interests and physical activities that I enjoy. Whether it's jogging, playing badminton, or just relaxing at home, weekends are essential for my well-being.
- 3. I definitely enjoy weekends because they allow me to break free from my hectic work schedule. It's a time to engage in physical activities, catch up on reading, and spend time with loved ones. The balance of relaxation and productivity makes weekends very enjoyable.

- 4. Weekends are fantastic as they offer a much-needed respite from the daily grind. I relish the freedom to engage in sports, pursue hobbies, and simply relax. It's also a great time to connect with family and friends, making weekends very special to me.
- 5. I really appreciate weekends because they give me the flexibility to do things I love. From physical activities like jogging and playing badminton to enjoying quiet time at home, weekends are a perfect blend of relaxation and fun. They help me feel rejuvenated for the upcoming week.

3. What did you do last weekend?

- 1. Last weekend, I started my Saturday with a refreshing morning jog in the park. In the afternoon, I met up with some friends for a game of badminton, which was a lot of fun. On Sunday, I spent some quality time with my family, and we had a nice dinner together in the evening.
- 2. Over the last weekend, I engaged in my usual physical activities, including jogging and skipping rope. I also spent some time reading a new book that I had been looking forward to. On Sunday, I caught up with an old friend over coffee, which was very enjoyable.
- 3. My last weekend was quite productive and relaxing. On Saturday, I worked on a freelance programming project in the morning and then played table tennis with friends in the afternoon. Sunday was more relaxed; I spent it reading and watching movies with my family.
- 4. Last weekend, I kicked things off with a morning jog, followed by a visit to the local market. In the afternoon, I played badminton with some friends. On Sunday, I dedicated time to learning a new programming language and spent the evening having a nice dinner with my family.
- 5. During the last weekend, I combined physical activity and relaxation. I started with skipping rope and jogging on Saturday morning, followed by a game of table tennis. Sunday was a bit more laid-back; I enjoyed a quiet day reading and preparing a special meal for my family.

4. Do you make plans for weekends?

- Yes, I usually make plans for my weekends to ensure I have a good balance of relaxation and productivity. I schedule time for physical activities, personal projects, and socializing with friends and family. Planning ahead helps me make the most of my time.
- 2. I often make plans for my weekends to include a mix of activities. I like to schedule jogging or badminton sessions, as well as allocate time for reading and learning new skills. Having a plan helps me stay organized and ensures I can enjoy my free time to the fullest.

- 3. Planning my weekends is something I always do. I typically organize activities like jogging, playing sports, and catching up on personal projects. I also make sure to include some leisure time to relax and spend with family, which makes my weekends both productive and enjoyable.
- 4. Yes, I do plan my weekends to make sure I have a variety of activities lined up. I prioritize physical exercises like jogging or playing badminton and also set aside time for hobbies and socializing. Planning helps me make the most of my weekends and keeps me balanced.
- 5. I definitely make plans for my weekends to ensure a good mix of rest and activities. I schedule sports sessions, like badminton or table tennis, and plan outings with friends or family. This way, I can relax, stay active, and spend quality time with loved ones.

33 art

1. Do you like art?

- 1. Yes, I have always had an appreciation for art. It offers a wonderful escape from the rigors of daily life and provides a creative outlet. I particularly enjoy how art can evoke emotions and provoke thoughts. Whether it's painting, sculpture, or digital art, I find it all fascinating.
- 2. Art has always been a passion of mine. I love how it can convey complex emotions and ideas through visual means. Whether it's a classic piece from the Renaissance or a contemporary digital artwork, I find joy in exploring different artistic expressions. Art enriches my life and broadens my perspective.
- 3. I do have a keen interest in art. It's amazing how artists can capture the essence of life and emotions through their work. Visiting exhibitions and exploring various art forms is something I enjoy. Art not only relaxes me but also inspires my own creativity in programming and problem-solving.
- 4. Yes, I like art because it allows me to see the world from different perspectives. I appreciate the creativity and effort that goes into each piece. Art also serves as a great source of inspiration for my work, helping me think outside the box. It's a wonderful blend of beauty and intellect.
- 5. Absolutely, art is something I find incredibly intriguing. It serves as a mirror to society and offers a unique way to express feelings and thoughts. Exploring different art forms, from classical to contemporary, is a hobby of mine. Art adds a layer of depth and beauty to everyday life.

2. Do you like visiting art galleries?

1. Yes, visiting art galleries is one of my favorite activities. It allows me to immerse myself in different art forms and gain a deeper understanding of

- the artist's vision. Galleries offer a tranquil environment where I can relax and appreciate the beauty and complexity of the artworks.
- 2. I thoroughly enjoy visiting art galleries. They provide a wonderful opportunity to see a diverse range of artworks up close. It's fascinating to observe the techniques and styles used by different artists. Each visit to a gallery is a new learning experience and a source of inspiration.
- 3. Visiting art galleries is something I really enjoy. It's a chance to escape the daily routine and engage with creativity. I love seeing how different artists interpret the world and express their ideas. Galleries are also a great place to find inspiration for my own creative projects.
- 4. Yes, I like visiting art galleries. They offer a peaceful and inspiring environment where I can appreciate the creativity and skill of various artists. Each gallery visit is like a journey through different eras and styles of art, which is both educational and enjoyable.
- 5. I find visiting art galleries to be a very enjoyable experience. It's fascinating to see a variety of art forms and styles in one place. Galleries provide an opportunity to understand the cultural and historical context of the artworks. It's a great way to spend a weekend afternoon.

3. Do you want to be an artist?

- While I admire artists and their work, I don't see myself becoming one.
 My passion lies in programming and solving technical problems. However,
 I do enjoy incorporating creativity into my projects and finding innovative
 solutions. Art remains a source of inspiration rather than a career path
 for me.
- 2. I have a great appreciation for art, but my talents and interests are more aligned with programming and technology. I enjoy using creativity in my work, but I don't aspire to be a professional artist. Art will always be a hobby and a way to relax and find inspiration.
- 3. Becoming an artist is not a goal of mine, though I deeply admire their creativity and skill. My strengths are in the technical field, where I can apply logical thinking and problem-solving skills. Art plays a role in my life as a source of enjoyment and inspiration, rather than a career choice.
- 4. While I love art, my career aspirations are focused on becoming a successful freelance programmer. Art is a passion, but I find my true calling in technology and innovation. I do enjoy dabbling in creative projects, but I don't see myself pursuing art as a profession.
- 5. I don't plan to become an artist, although I have a deep appreciation for the arts. My primary interest is in programming and developing innovative solutions. Art is a wonderful hobby and a great way to unwind, but my career goals are centered around technology and freelancing.

4. Do you like modern art or traditional art?

- 1. I appreciate both modern and traditional art for different reasons. Traditional art often provides a glimpse into history and showcases incredible craftsmanship. Modern art, on the other hand, challenges conventions and offers new perspectives. Both styles enrich my understanding of the world.
- 2. While I enjoy traditional art for its historical and cultural significance, I am also fascinated by modern art. Modern art's boldness and innovation often inspire me to think differently. Each style has its own unique appeal, and I appreciate the diversity they bring to the art world.
- 3. My preference leans towards modern art due to its abstract and innovative nature. Modern art often pushes boundaries and provokes thought, which I find exciting. However, I also have a deep respect for traditional art and its meticulous detail and historical context.
- 4. I like both modern and traditional art. Traditional art connects me to history and culture, while modern art captivates me with its creativity and boldness. Each style offers something unique and valuable, making it hard to choose one over the other.
- 5. I find both modern and traditional art intriguing. Traditional art provides a sense of continuity and connection to the past, while modern art breaks norms and introduces fresh ideas. Both styles contribute to a richer, more diverse artistic landscape, and I enjoy exploring each.

34 outer space

1. Have you ever learnt about outer space and stars?

- 1. Yes, I have always been fascinated by outer space and stars. As a child, I used to spend hours reading books about the solar system, planets, and galaxies. In school, I took every opportunity to learn more about astronomy through science classes and extracurricular activities. This interest has stayed with me into adulthood, and I still enjoy following the latest discoveries in space science.
- 2. I have indeed learned a lot about outer space and stars. During my school years, I took a keen interest in astronomy and often participated in stargazing events. This passion for space continued as I grew older, and I regularly read articles and watch documentaries about the latest developments in space exploration. It's a subject that never ceases to amaze me.
- 3. Outer space and stars have always captivated my imagination. I took several astronomy courses in college, which deepened my understanding of the universe. Additionally, I've attended a few public lectures by renowned

- astronomers and even visited an observatory to see the stars up close. Learning about space has been a continuous journey for me.
- 4. I have had a strong interest in outer space and stars since childhood. I remember making a model of the solar system for a school project and being completely absorbed by it. Over the years, I've kept up with space science through reading and documentaries. It's a topic that never fails to intrigue me.
- 5. Yes, I've learned quite a bit about outer space and stars. From an early age, I was fascinated by the night sky and would spend hours looking through a telescope. This interest led me to study more about astronomy, both formally in school and informally through books and documentaries. It's a subject that continues to captivate me.

2. Do you like science fiction movies? Why?

- 1. I absolutely love science fiction movies. They allow me to explore imaginative worlds and futuristic technologies that spark my curiosity and creativity. Movies like "Interstellar" and "Blade Runner" not only entertain but also provoke thought about the possibilities of the future. They are a great way to escape reality and think about what might lie ahead.
- 2. Yes, I enjoy science fiction movies a lot. They often combine thrilling plots with fascinating scientific concepts, which I find both entertaining and intellectually stimulating. Films like "The Matrix" and "Inception" challenge my perception of reality and inspire me to think outside the box. It's a genre that never fails to intrigue me.
- 3. I do enjoy science fiction movies because they blend creativity with scientific ideas. These films often explore themes like space exploration, advanced technology, and artificial intelligence, which align with my interests. They provide a unique way to contemplate future possibilities and the impact of technology on our lives.
- 4. Science fiction movies are some of my favorites. They transport me to different worlds and times, showcasing advanced technologies and alien civilizations. Movies like "Star Wars" and "The Terminator" are not only entertaining but also fuel my imagination and curiosity about the universe and future innovations.
- 5. Yes, I have a strong liking for science fiction movies. They are a perfect mix of adventure, creativity, and speculative science. Watching films like "E.T." and "Avatar" expands my mind and allows me to dream about what humanity could achieve. It's a genre that resonates deeply with my interest in science and technology.

3. Do you want to go into outer space in the future?

- 1. Going into outer space would be a dream come true for me. The idea of exploring the unknown and experiencing weightlessness is incredibly exciting. However, I'm also aware of the risks and challenges involved. If given the opportunity and it was safe, I would definitely consider it.
- 2. I would love to go into outer space if I had the chance. The idea of seeing Earth from space and exploring new frontiers is fascinating. It would be a once-in-a-lifetime experience that few people get to have. However, the practicalities and dangers involved would need to be thoroughly considered.
- 3. The thought of traveling to outer space is thrilling. It would be an extraordinary adventure to experience zero gravity and see the vastness of the universe firsthand. While it might not be a realistic goal for me at the moment, it's something I would seriously consider if the opportunity arose in the future.
- 4. Yes, I do have a desire to go into outer space. It represents the ultimate exploration and a chance to witness the cosmos up close. Although it's a distant dream, the advancements in space travel technology make it seem more achievable than ever before. I would love to be part of such an incredible journey.
- 5. Traveling to outer space is something I would find incredibly exciting. The prospect of exploring new worlds and experiencing life beyond Earth is captivating. While it may be a challenging and risky endeavor, the opportunity to be part of such a monumental experience is something I would seriously consider.

4. Do you want to know more about outer space?

- Absolutely, I'm always eager to learn more about outer space. There is so much we still don't know about the universe, and each new discovery opens up more questions. I regularly read articles and watch documentaries to stay updated on the latest developments in space exploration.
- 2. Yes, I have a strong desire to learn more about outer space. The universe is vast and full of mysteries, from black holes to distant galaxies. I enjoy keeping up with new findings and advancements in space technology, and I believe that understanding more about space can offer insights into the origins of life and our place in the cosmos.
- 3. I am very interested in learning more about outer space. The complexity and vastness of the universe are incredibly intriguing. I follow space missions and research closely, as they often reveal fascinating details about our solar system and beyond. There's always something new to discover.

- 4. Definitely, I would love to know more about outer space. It's a field that constantly evolves with new discoveries and technologies. Understanding more about space helps us comprehend our own planet better and the potential for life elsewhere. It's a subject that never ceases to captivate me.
- 5. I have a great interest in learning more about outer space. The unknown aspects of the universe, such as dark matter and the possibility of extrater-restrial life, are particularly fascinating. I enjoy exploring these topics through various media and staying informed about the latest research and discoveries in astronomy.

35 T-shirts

1. Do you usually wear T-shirts?

- 1. Yes, I usually wear T-shirts because they are comfortable and versatile. Given my busy work schedule, T-shirts offer a convenient option for both casual and semi-casual settings. They are easy to pair with jeans or shorts, making them a staple in my wardrobe. Additionally, they are ideal for my jogging and skipping rope sessions.
- 2. I often wear T-shirts, especially during weekends and exercise sessions. They are practical and breathable, perfect for a variety of activities. Whether I'm running errands or playing badminton, a T-shirt keeps me comfortable. It's a simple yet essential part of my daily attire.
- 3. T-shirts are a regular part of my wardrobe, particularly for casual outings and exercise. Their comfort and ease of maintenance make them an obvious choice for my hectic lifestyle. I also appreciate their versatility, as they can be dressed up or down depending on the occasion.
- 4. I generally wear T-shirts quite frequently, as they suit my active lifestyle. Being a programmer, I spend a lot of time in a comfortable workspace, and T-shirts are perfect for that environment. They are also great for outdoor activities like jogging and playing sports, providing the right balance of comfort and functionality.
- 5. T-shirts are my go-to clothing item for most casual occasions. They are practical, comfortable, and easy to style. Whether I'm at home, at the gym, or out with friends, a T-shirt is always a reliable choice. Their simplicity and comfort align well with my daily routine and active lifestyle.

2. Do you like T-shirts with pictures or prints?

1. Yes, I like T-shirts with pictures or prints as they add a bit of personality to my outfit. They can express my interests, such as favorite movies,

- quotes, or even tech-related themes. It's a fun way to showcase a bit of who I am without saying a word.
- 2. I do enjoy wearing T-shirts with prints or pictures, especially if they are unique or meaningful. Graphic T-shirts can be a conversation starter and reflect my personal taste and hobbies. Whether it's a vintage design or a contemporary print, it adds a creative touch to my everyday attire.
- 3. I prefer T-shirts with subtle prints rather than bold pictures. A small logo or an interesting pattern can enhance the look without being too overpowering. These designs often add a stylish element to the basic T-shirt, making it more appealing and fashionable.
- 4. Sometimes, I like wearing T-shirts with prints or pictures, depending on the design. If it's something that resonates with my interests or has a cool graphic, I'm likely to wear it. However, I also appreciate plain T-shirts for their simplicity and versatility.
- 5. I occasionally wear T-shirts with pictures or prints, especially if they have a meaningful or funny design. These T-shirts can reflect my sense of humor or interests, making them more than just a piece of clothing. However, I balance them with plain T-shirts for a more understated look.

3. Do you think older people are fashionable if they wear T-shirts?

- Absolutely, older people can be fashionable in T-shirts. Fashion is about comfort and personal style, not just age. A well-chosen T-shirt can look great on anyone, regardless of how old they are. It's all about how they carry themselves and pair it with other items.
- 2. Yes, I believe older people can be fashionable in T-shirts. Many brands now offer stylish and age-appropriate T-shirts that look great on older adults. It's all about finding the right fit and design that suits their personal style and makes them feel confident.
- 3. I think older people can definitely be fashionable in T-shirts, especially when they choose designs that reflect their personality. T-shirts can be paired with different accessories and clothing items to create a stylish and modern look. Age should not be a barrier to wearing comfortable and trendy clothes.
- 4. Fashion has no age limit, and older people can look very fashionable in T-shirts. A classic T-shirt paired with the right accessories and a good fit can enhance their overall appearance. It's important for everyone to wear what makes them feel comfortable and confident.
- 5. Older people can be just as fashionable in T-shirts as younger individuals. A well-fitted T-shirt in a flattering color or design can look stylish and sophisticated. It's all about personal expression and feeling good in what you wear, regardless of age.

4. Have you ever bought T-shirts as souvenirs?

- Yes, I often buy T-shirts as souvenirs when I travel. They are practical and serve as a great reminder of the places I've visited. Each T-shirt carries memories of the trip and the experiences I had, making them special keepsakes.
- I have bought T-shirts as souvenirs on several occasions. They are easy to pack and always useful. A T-shirt with a local design or logo is a fantastic way to remember a destination and share the experience with friends and family.
- 3. Souvenir T-shirts are one of my favorite items to purchase while traveling. They are affordable and can be worn regularly, keeping the travel memories alive. Each T-shirt represents a unique story from the trip, whether it's from a theme park, a city, or an event.
- 4. Yes, I enjoy buying T-shirts as souvenirs because they are both practical and meaningful. Wearing a T-shirt from a place I've visited reminds me of the good times I had there. It's a simple yet effective way to keep travel memories close.
- 5. I have a collection of T-shirts from various places I've traveled to. They are my go-to souvenirs because they are functional and hold sentimental value. Every time I wear one, it brings back memories of the adventures and experiences from that trip.

5. Do you like wearing T-shirts?

- 1. Yes, I love wearing T-shirts because they are comfortable and versatile. They fit well into my active lifestyle, whether I'm exercising, working, or relaxing. T-shirts are easy to style and maintain, making them a staple in my wardrobe.
- 2. I do enjoy wearing T-shirts, especially for casual occasions. They are simple yet stylish, and they can be paired with almost anything. Whether I'm at home or out with friends, a T-shirt always feels like the right choice.
- 3. Wearing T-shirts is something I find very comfortable and practical. They are perfect for my busy schedule and active lifestyle. The ease and flexibility they offer make them an essential part of my daily attire.
- 4. I really like wearing T-shirts due to their comfort and simplicity. They are ideal for a range of activities, from work to sports. The versatility of T-shirts means I can wear them in various settings without much thought.
- 5. T-shirts are one of my favorite clothing items. They are comfortable, easy to wear, and suitable for most occasions. I appreciate their practicality and the fact that they come in a wide variety of styles and designs.

36 staying up late

1. Do you often stay up late?

- 1. Yes, I often stay up late due to my demanding job. There are times when deadlines are looming, and I need to work late into the night to ensure everything is completed on time. Despite the fatigue, I find a certain quiet focus during late hours that helps me concentrate. However, I do try to balance it with adequate rest whenever possible.
- 2. I occasionally stay up late, but I try to avoid it as much as I can. My busy schedule sometimes makes it unavoidable, especially when there are urgent projects at work. Staying up late affects my productivity the next day, so I prefer to maintain a regular sleep schedule. When it does happen, I make sure to catch up on sleep during the weekends.
- 3. Staying up late is something I do quite frequently, especially when I'm engrossed in a programming project. The peace and quiet at night allow me to work without distractions. However, I am aware of the negative impact it has on my health, so I make an effort to limit late nights to essential tasks only.
- 4. I try not to stay up late too often, as I value my health and well-being. On occasions when work demands it, I make sure to compensate with extra rest the following day. Maintaining a healthy work-life balance is important to me, even if it means setting aside work for a good night's sleep.
- 5. Occasionally, I stay up late to finish reading or working on personal projects. These moments are rare but sometimes necessary to meet certain goals or deadlines. While I enjoy the tranquility of late nights, I am mindful of the importance of regular sleep for my overall health and productivity.

2. What do you do when you stay up late?

- When I stay up late, I usually work on coding projects or catch up on emails. The quiet night hours provide an uninterrupted environment to focus on complex problems. I also sometimes use this time to research new technologies or improve my skills. It's a productive yet exhausting habit.
- 2. Staying up late often involves working on urgent tasks or preparing for important meetings the next day. I might also use this time to work on freelance projects, which aligns with my dream of becoming a freelancer. Additionally, I occasionally read or watch tech-related videos to unwind.
- 3. During late nights, I focus on clearing my backlog of work or learning new programming languages. This uninterrupted time is invaluable for deep

- work. I also might use this time to plan and organize my tasks for the upcoming days, ensuring I stay on top of my responsibilities.
- 4. When I stay up late, I usually work on side projects or hobbies. This might include programming challenges, writing code for personal projects, or even playing video games. It's a way to balance work and relaxation, though it sometimes makes the next day a bit tougher.
- 5. Late nights are often spent debugging code or refining my skills through online courses. The stillness of the night allows for a high level of concentration. Occasionally, I might also indulge in some leisure activities like watching movies or reading books to relax before finally going to bed.

3. How do you feel when you have stayed up late the night before?

- 1. When I stay up late, I usually feel quite exhausted the next day. It affects my concentration and productivity at work. I often need extra coffee to stay alert, but I try to avoid making it a regular habit. The lack of sleep also impacts my mood, making me more irritable.
- 2. Staying up late leaves me feeling groggy and less focused the following day. My energy levels are significantly lower, and it takes a while to get into the rhythm of work. Despite the temporary productivity boost at night, the next day's sluggishness makes me reconsider staying up late often.
- 3. After a late night, I generally feel tired and less motivated. It's harder to stay sharp and efficient at work, and I find myself needing short breaks to maintain my performance. While occasional late nights are manageable, frequent occurrences definitely take a toll on my well-being.
- 4. I usually feel the impact of staying up late quite strongly the next day. My mind feels foggy, and I have a harder time focusing on tasks. It also disrupts my usual exercise routine, as I lack the energy to go for a jog or skip rope. This reinforces the importance of maintaining a regular sleep schedule.
- 5. When I stay up late, I feel the consequences the next day in terms of decreased productivity and mood. My cognitive functions are slower, and simple tasks take longer to complete. To counter this, I try to eat healthily and take short breaks to rejuvenate throughout the day.

4. Did you stay up late when you were a kid?

- 1. As a kid, I rarely stayed up late. Growing up in a small village, we had a routine that involved early bedtimes and early mornings. The simple life meant there were fewer distractions to keep me up at night. My parents emphasized the importance of a good night's sleep for health and growth.
- 2. I didn't stay up late much as a child because my parents were strict about bedtime. We had a structured schedule that included early mornings for

- school and chores. Staying up late was reserved for special occasions, like festivals or family gatherings, but it was not a common occurrence.
- 3. Staying up late was not a habit I had as a child. Life in the village meant there was little to do after dark, and we usually went to bed early. However, there were exceptions during holidays or when we had family visitors, where we would stay up late to enjoy the time together.
- 4. When I was young, staying up late was a rare treat, often associated with special events or holidays. Regular days were marked by early bedtimes to ensure I was well-rested for school and daily activities. My parents made sure we had a disciplined routine that included ample sleep.
- 5. In my childhood, I rarely stayed up late as it was not encouraged by my parents. We led a disciplined life with early bedtimes and a focus on getting enough rest. On rare occasions, like during the Chinese New Year, we were allowed to stay up late to celebrate, but those were exceptions.

37 school and workplace

1. Where is your school?

- My school is located in the bustling city of Hangzhou, not far from the famous West Lake. The campus is surrounded by modern buildings and vibrant street life, offering a dynamic environment for students. It's easily accessible by public transportation, making it convenient for daily commute. The city's rich cultural heritage also provides a unique learning experience outside the classroom.
- 2. My school is situated in the serene outskirts of Wenzhou, amidst lush greenery and rolling hills. This tranquil setting creates a peaceful atmosphere, conducive to focused study and relaxation. The school grounds are spacious, with plenty of outdoor areas for sports and recreation. Despite being slightly remote, the natural beauty more than compensates for the distance.
- 3. Located in the heart of Shanghai, my school is in a prime urban area filled with skyscrapers and busy streets. The proximity to various tech companies and startups provides excellent opportunities for internships and networking. The campus itself is modern, with state-of-the-art facilities and resources. The vibrant city life adds an exciting dimension to student life.
- 4. My school is in a small town in Zhejiang province, where the pace of life is slower and more laid-back. This setting allows for a close-knit community feel among students and faculty. The town's simplicity and charm create a comfortable and supportive learning environment. It's a place where everyone knows each other, fostering strong relationships and collaboration.

5. My school is located near the coastline of Ningbo, offering a unique blend of urban convenience and coastal beauty. The campus is modern, with a view of the ocean from some of the buildings, providing a refreshing backdrop for studying. The city itself is known for its economic development, which opens up various opportunities for students. It's an ideal location for both education and personal growth.

2. Do you like your school?

- 1. Yes, I really like my school because it has a friendly and supportive atmosphere. The teachers are dedicated and always willing to help students succeed. The campus is well-maintained and offers many resources for learning and extracurricular activities. It's a place where I feel motivated and encouraged to do my best.
- 2. I do like my school, especially the diversity of students and faculty. It provides a rich cultural experience and broadens my perspectives. The curriculum is challenging and keeps me engaged. Overall, it's a stimulating environment that prepares me well for my future career.
- 3. I enjoy my school primarily because of the strong sense of community. Everyone, from the staff to the students, is welcoming and inclusive. The school also offers a variety of clubs and organizations that cater to different interests, which allows me to pursue my passions outside of academics.
- 4. My school is great because it emphasizes both academic excellence and personal development. The balance between rigorous coursework and opportunities for leadership and creativity makes it an enriching experience. I also appreciate the support services available, such as counseling and career guidance.
- 5. I like my school because of its beautiful campus and excellent facilities. The environment is conducive to both studying and relaxation. Additionally, the school has a strong focus on sustainability and environmental awareness, which aligns with my personal values.

3. Is there anything you want to change about your school?

- 1. If I could change one thing about my school, it would be the cafeteria menu. While the food is decent, I believe offering a wider variety of healthy options would benefit everyone. Including more vegetarian and vegan choices would cater to diverse dietary preferences and promote better nutrition.
- 2. One thing I would change about my school is the class schedule. The current timetable can be quite hectic, leaving little time for rest and extracurricular activities. A more balanced schedule with longer breaks between classes would improve overall student well-being and productivity.

- 3. I think my school could benefit from more modernized classroom technology. While we have some resources, updating all classrooms with the latest educational tools and interactive boards would enhance the learning experience. This would also better prepare students for the technology-driven workplace.
- 4. Improving the sports facilities is something I would like to see at my school. While we have basic amenities, investing in better equipment and more diverse sports options would encourage more students to participate in physical activities. This would promote a healthier lifestyle among the student body.
- 5. One area for improvement at my school is the availability of mental health resources. While we have some support, increasing the number of counselors and providing more mental health workshops would help address the growing stress and anxiety among students. Creating a more supportive environment is crucial for overall well-being.

4. Do you think your school is a good place to study?

- Yes, I think my school is an excellent place to study. The faculty are highly qualified and passionate about teaching, which makes the learning process engaging and effective. The library is well-stocked with resources, and the campus provides a peaceful environment conducive to focused study. Overall, it's a place where academic excellence is encouraged and supported.
- 2. Absolutely, my school offers a great study environment with modern facilities and ample study spaces. The supportive community and collaborative spirit among students make it an ideal place for learning. The availability of online resources and well-equipped labs further enhance the academic experience. It's a place that fosters both intellectual and personal growth.
- 3. I believe my school is a good place to study because of its comprehensive curriculum and dedicated teachers. The diverse range of subjects and extracurricular activities ensures a well-rounded education. The school also places a strong emphasis on critical thinking and problem-solving skills, which are essential for success in the real world.
- 4. My school is definitely a good place to study due to its emphasis on innovation and technology. The classrooms are equipped with the latest educational tools, and there are many opportunities for hands-on learning. The school's commitment to fostering a forward-thinking mindset makes it an inspiring place to pursue academic goals.
- 5. Yes, my school provides an excellent learning environment with its well-maintained campus and supportive staff. The school's focus on holistic education, which includes both academic and personal development, ensures

that students are well-prepared for the future. The positive atmosphere and strong community spirit make it a wonderful place to study.

5. What is the environment like at your school?

- 1. The environment at my school is vibrant and dynamic. There's a strong sense of community among students and faculty, which creates a supportive and collaborative atmosphere. The campus is green and well-maintained, providing a pleasant backdrop for both academic and recreational activities. It's a place where everyone feels welcome and motivated.
- 2. The environment at my school is peaceful and conducive to learning. The spacious campus is surrounded by nature, offering a serene setting that helps students focus and relax. The classrooms are well-equipped, and there are plenty of quiet study areas available. It's an ideal environment for those who value both education and tranquility.
- 3. My school has a lively and energetic environment. There's always something happening, whether it's a club meeting, a sports event, or a cultural festival. This vibrant atmosphere makes school life exciting and engaging. The diversity of activities ensures that there's something for everyone, fostering a well-rounded educational experience.
- 4. The environment at my school is very inclusive and welcoming. There's a strong emphasis on diversity and respect, which creates a positive and accepting atmosphere. The faculty and staff are approachable and supportive, always willing to help students succeed. It's a place where everyone is encouraged to be themselves and pursue their passions.
- 5. The environment at my school is innovative and forward-thinking. There's a strong focus on technology and modern teaching methods, which makes learning exciting and relevant. The campus is equipped with state-of-the-art facilities, and there are numerous opportunities for hands-on experience. It's a stimulating environment that prepares students for the future.

6. How important is interest in study?

- 1. Interest in study is crucial because it drives motivation and engagement. When students are genuinely interested in a subject, they are more likely to put in the effort and excel. This intrinsic motivation leads to a deeper understanding and retention of knowledge. Interest also fosters a positive attitude towards learning, making education enjoyable and fulfilling.
- 2. Having an interest in study is essential for academic success. It encourages curiosity and a desire to explore subjects beyond the curriculum. This passion for learning often results in higher grades and better performance. Additionally, interest in study helps students develop critical thinking and problem-solving skills, which are valuable in any field.

- 3. Interest in study plays a significant role in maintaining student focus and perseverance. Without interest, learning can become tedious and challenging. When students are interested in what they're studying, they are more likely to stay committed and overcome obstacles. This sustained effort is key to achieving long-term academic goals.
- 4. The importance of interest in study cannot be overstated, as it influences overall academic experience. Students who are interested in their subjects are more likely to participate actively in class and engage in discussions. This active involvement enhances their learning experience and helps them build strong connections with their peers and teachers.
- 5. Interest in study is vital for lifelong learning and personal growth. It instills a love for learning that extends beyond formal education. Students who develop an interest in study are more likely to continue seeking knowledge and self-improvement throughout their lives. This continuous learning is essential for adapting to an ever-changing world.

7. Which subject do you find challenging?

- 1. I find advanced mathematics particularly challenging. While I appreciate the logical structure and problem-solving aspects, some concepts can be quite abstract and difficult to grasp. The level of precision required in calculations and proofs often makes it a tough subject for me. However, I recognize its importance and continually strive to improve my skills in this area.
- 2. Physics is a subject I struggle with due to its complex theories and mathematical foundations. Understanding the principles behind physical phenomena and applying them to solve problems can be daunting. The need for a strong grasp of both theory and practical application makes it a challenging subject for me. Despite this, I find it fascinating and try to keep up with it.
- 3. Chemistry has always been a challenging subject for me, especially organic

Chemistry. The intricate details of chemical reactions and molecular structures require a lot of memorization and understanding. Balancing equations and understanding chemical properties can be quite overwhelming. Nonetheless, I find the subject interesting and enjoy the practical experiments.

- 4. I find foreign languages challenging, particularly due to the nuances of grammar and vocabulary. Mastering pronunciation and understanding cultural context add to the difficulty. The need for consistent practice and immersion can be demanding. Despite these challenges, I appreciate the beauty of languages and the cultural insights they offer.
- 5. Economics is a subject I find challenging, especially the theoretical aspects. The complex models and concepts, such as supply and demand, can be

hard to fully understand. Analyzing economic data and trends also requires a strong analytical mindset. However, I acknowledge the relevance of economics in understanding the world and try to stay engaged with it.

8. Do you like your job?

- 1. Yes, I enjoy my job as a programmer, especially because it allows me to solve complex problems and create innovative solutions. The sense of accomplishment that comes from seeing a project come to life is incredibly rewarding. Additionally, working in a large company offers me opportunities to collaborate with talented colleagues and learn from them. The dynamic nature of the tech industry keeps me engaged and motivated.
- 2. I like my job, particularly the creative aspects of programming. Being able to build applications from scratch and see them being used by people is fulfilling. The challenge of staying updated with new technologies and trends keeps the work interesting. However, the fast-paced nature and occasional long hours can be demanding, but overall, it's a rewarding experience.
- 3. My job has its ups and downs, but I do enjoy the intellectual challenge it presents. The opportunity to work on diverse projects and continuously learn new skills is a big plus. The supportive work environment and the company's focus on innovation make it a good place to work. While it can be stressful at times, the satisfaction of overcoming challenges outweighs the difficulties.
- 4. I appreciate my job for the stability and growth opportunities it provides. Working in a large company offers a structured career path and access to various resources. The job can be demanding, but it's rewarding to see the tangible impact of my work. The experience and knowledge I gain are invaluable for my future goals, including freelancing.
- 5. Yes, I enjoy my job, especially the technical aspects and problem-solving challenges. The work allows me to apply my skills and knowledge in meaningful ways. The company culture is supportive, and there are ample opportunities for professional development. While the workload can be heavy, the satisfaction of completing projects and contributing to the team's success makes it worthwhile.

9. Do you currently have a good work environment?

1. Yes, I have a good work environment that's both supportive and collaborative. The company fosters a culture of open communication and teamwork, which makes it easy to share ideas and receive feedback. The office space is well-designed, providing a comfortable and productive setting. Additionally, the company offers flexible working hours, which helps maintain a good work-life balance.

- 2. My work environment is positive and conducive to productivity. The team is diverse, and there's a strong emphasis on innovation and creativity. The management is approachable and encourages continuous learning and development. The company also provides various perks, such as wellness programs and social events, which enhance the overall work experience.
- 3. I am fortunate to work in a good environment where respect and professionalism are prioritized. The workplace culture is inclusive, and everyone's contributions are valued. The office has modern facilities and technology, which support efficient work processes. Regular team-building activities and workshops also contribute to a positive atmosphere.
- 4. Yes, the work environment at my company is quite good, with a focus on employee well-being. The office is equipped with comfortable workstations and relaxation areas, making it a pleasant place to work. There's a strong sense of community, and the company often organizes events to foster team spirit. The management's transparency and support further enhance job satisfaction.
- 5. I have a supportive work environment that values growth and development. The company offers numerous opportunities for training and skill enhancement. The team dynamics are excellent, with open communication and mutual respect. The office layout and facilities are modern, providing a comfortable and efficient workspace.

10. What do you think could be improved at your workplace?

- 1. One area that could be improved at my workplace is the communication between different departments. Sometimes, projects can suffer from a lack of coordination and understanding. Implementing regular interdepartmental meetings and clear communication channels could enhance collaboration and efficiency. This would ensure that everyone is on the same page and working towards common goals.
- 2. I believe that more opportunities for remote work could improve the worklife balance at my workplace. While we have occasional flexibility, offering more regular options for remote work would allow employees to manage their time better. It would also help reduce commute stress and increase overall productivity and job satisfaction.
- 3. Improving the recognition and rewards system could enhance employee motivation at my workplace. While the company does acknowledge hard work, a more structured and transparent system for recognizing achievements would be beneficial. This could include bonuses, promotions, or even simple public acknowledgments, which can go a long way in boosting morale.
- 4. I think the training and development programs at my workplace could be more comprehensive. While there are some opportunities for learning,

- offering more diverse and advanced courses would help employees upskill and stay competitive. This investment in employee growth would benefit both the individuals and the company.
- 5. One improvement that could be made at my workplace is in the area of workspace design. While the office is generally comfortable, adding more collaborative spaces and quiet zones could enhance productivity. This would cater to different work styles and needs, allowing for both teamwork and focused individual work.

11. Have you ever thought about changing jobs?

- 1. Yes, I have occasionally thought about changing jobs, particularly when considering my long-term goal of becoming a freelancer. While I enjoy my current position, the idea of having more flexibility and control over my projects is appealing. However, I value the stability and learning opportunities my current job provides, so it's not a decision I take lightly.
- 2. I've thought about changing jobs mainly to explore different areas of programming and technology. While my current job offers a lot of growth, I sometimes wonder if a different company or role could provide new challenges and experiences. That said, I am content with my current position and would only consider a change for a significant career advancement.
- 3. Changing jobs has crossed my mind, especially when I think about worklife balance and job satisfaction. While I appreciate the experience and knowledge I've gained, there are moments when I wonder if another company might offer a better work environment or growth opportunities. However, I'm cautious about making such a move without careful consideration.
- 4. Yes, the thought of changing jobs has come up, particularly when I consider the possibility of relocating to a different city. While I'm happy with my current role, the idea of living in a new place and experiencing a different work culture is intriguing. Nonetheless, I'm aware of the risks and challenges involved in making such a transition.
- 5. I've occasionally thought about changing jobs to explore different career paths within the tech industry. My current role is fulfilling, but there's always the curiosity about what other opportunities might be out there. However, I am also mindful of the benefits and stability my current position offers, so any decision would require thorough deliberation.

12. What do you think would be challenging when you start working in the future?

1. One of the challenges I foresee when starting a new job is adapting to a new work culture and environment. Every company has its own set of norms and expectations, and it can take time to understand and align

- with them. Building relationships with new colleagues and understanding the team dynamics will also be crucial. This adjustment period can be challenging but is an essential part of starting any new job.
- 2. Another potential challenge is mastering new technologies and tools specific to the new job. The tech industry is constantly evolving, and each company may use different software, programming languages, or frameworks. Staying up-to-date and quickly adapting to these new tools will be necessary. It may require a steep learning curve initially.
- 3. Managing time and workload effectively in a new job can be challenging. Understanding the priorities and deadlines of the new role and balancing them with personal life will require careful planning. The expectations in terms of productivity and output might be different, and meeting these standards will be crucial for success.
- 4. A potential challenge in a new job is navigating the company's organizational structure and understanding the decision-making process. Identifying the key stakeholders and knowing whom to approach for different issues can be tricky initially. Building a network and establishing good communication with the right people will be important for smooth functioning.
- 5. Dealing with the pressure of proving oneself in a new job can be challenging. There's often an expectation to make a good first impression and demonstrate competence quickly. This pressure can be stressful, especially in a competitive environment. However, staying focused and confident in one's abilities can help overcome this challenge.

13. Is there a place in your company that makes you feel relaxed?

- 1. Yes, there's a lounge area in my company that makes me feel relaxed. It's equipped with comfortable seating, a coffee machine, and a small library. It's a great place to unwind during breaks or after a long meeting. The atmosphere is cozy and inviting, making it a perfect spot to recharge.
- 2. The rooftop garden at my company is my favorite place to relax. It offers a beautiful view of the city skyline and has a variety of plants and seating areas. I often go there for a quick break to enjoy the fresh air and take my mind off work. It's a peaceful oasis amidst the busy work environment.
- 3. The game room at my company is a great place to relax and have fun. It has a ping-pong table, a foosball table, and some video games. It's a nice way to de-stress and bond with colleagues over a friendly game

38 happiness

1. What made you happy when you were little?

- 1. When I was little, playing with my friends in the countryside brought me immense joy. We would run around the fields, climb trees, and play hide-and-seek. The simplicity and freedom of those days, along with the fresh air and nature, made me genuinely happy. It was a carefree time filled with laughter and adventure.
- 2. As a child, I found happiness in simple activities like skipping rope and riding my bicycle. These small pleasures were a big part of my daily life, providing a sense of fun and accomplishment. The feeling of the wind on my face and the joy of mastering new tricks were unforgettable. These moments made my childhood special.
- 3. Spending time with my family, especially during the holidays, was a source of great happiness. We would gather around for meals, share stories, and play traditional games. The warmth and love of family made these occasions memorable. It was a time of togetherness and celebration that always lifted my spirits.
- 4. One of my happiest childhood memories was visiting amusement parks and riding roller coasters. The thrill of the rides and the excitement of exploring new attractions were exhilarating. It was an escape from everyday life, filled with laughter and joy. Those experiences left a lasting impression on me.
- 5. I found great happiness in reading books and exploring new stories. My imagination would run wild with the adventures and characters I encountered. It was a form of escapism that transported me to different worlds. The joy of discovering new books and losing myself in their pages was unparalleled.

2. Is there anything that makes you feel happy lately?

- 1. Lately, I've found happiness in staying active and maintaining my fitness routine. Skipping rope and jogging have become a regular part of my life, helping me stay healthy and energized. The sense of accomplishment after a good workout and the positive impact on my well-being bring me joy. It's a great way to start or end my day.
- 2. Spending time with friends and family has been a source of happiness for me recently. Whether it's a casual dinner, a game night, or a simple conversation, these moments of connection mean a lot. They provide a sense of belonging and remind me of what's truly important in life. It's the simple pleasures that bring the most joy.
- 3. I've been happy lately due to the progress I'm making in my career. Tackling challenging projects and seeing them come to fruition is incredibly

- rewarding. The recognition and appreciation from my colleagues and superiors boost my morale. It's satisfying to see my hard work pay off and contribute to the company's success.
- 4. Exploring new hobbies, like learning to cook different cuisines, has brought me happiness recently. The process of experimenting with recipes and enjoying the delicious results is fulfilling. It's a creative outlet that allows me to relax and unwind. The joy of sharing a home-cooked meal with loved ones is an added bonus.
- 5. Lately, I've been happy just enjoying the simple pleasures of life, like taking walks in nature or listening to music. These activities help me clear my mind and appreciate the beauty around me. They offer a sense of peace and contentment that is often hard to find in a busy life. It's these small moments that make life special.

3. What do you think will make you feel happy in the future?

- 1. In the future, I believe achieving my dream of becoming a freelancer will bring me happiness. The freedom to choose my projects and work schedule will allow me to balance work and personal life better. The sense of autonomy and the opportunity to pursue my passions will be fulfilling. It will be a new chapter in my career that I'm looking forward to.
- 2. Building a family and spending quality time with them is something I think will make me happy in the future. The joy of creating memories and watching my children grow up is a source of happiness I anticipate. Sharing life's ups and downs with loved ones is what I look forward to the most. It will bring a sense of purpose and fulfillment.
- 3. Exploring the world and traveling to new places is something I believe will bring me happiness in the future. Experiencing different cultures, cuisines, and landscapes will broaden my horizons. The excitement of discovering new destinations and making lasting memories is something I cherish. Travel offers a unique kind of joy and adventure.
- 4. Continuing to learn and grow professionally will make me happy in the future. Whether it's mastering new programming languages or taking on leadership roles, the pursuit of knowledge and skills is fulfilling. The satisfaction of overcoming challenges and achieving new milestones is something I always strive for. It's a source of personal and professional growth.
- 5. In the future, I believe finding a balance between work and leisure will make me happy. Having time for hobbies, relaxation, and personal interests is important to me. Whether it's playing sports, exploring new hobbies, or simply spending time with loved ones, this balance will bring a sense of well-being and happiness. It's essential for a fulfilling life.

4. Are you happy when you buy new things?

- Yes, I feel happy when I buy new things, especially when it's something
 I've wanted for a long time. The excitement of owning a new gadget or
 piece of clothing is enjoyable. It's a small pleasure that adds a bit of
 excitement to life. However, I try to be mindful of not overindulging and
 focus on meaningful purchases.
- 2. I do experience happiness when I buy new things, particularly if they are practical and improve my daily life. For instance, upgrading my home office setup or getting new workout gear can enhance my productivity and well-being. The joy comes from the utility and the positive impact these items have on my life. It's a sense of satisfaction and accomplishment.
- 3. While I enjoy buying new things, the happiness it brings is often short-lived. The initial excitement can quickly fade, especially if the purchase is impulsive. I've learned that experiences and meaningful relationships bring more lasting happiness than material possessions. Therefore, I try to prioritize these over buying new things.
- 4. I find happiness in buying new things that align with my hobbies and interests. For example, getting new books or sports equipment can enhance my enjoyment of these activities. It's not just about the item itself but the experiences it enables. The anticipation and enjoyment of using new things add to the happiness.
- 5. The happiness I feel when buying new things often depends on the context and significance of the purchase. For instance, buying gifts for loved ones or items that support my personal growth brings a deeper sense of joy. It's the thought and intention behind the purchase that make it meaningful. Material things are a part of life, but they don't define happiness.

5. When do you feel happy at work? Why?

- I feel happy at work when I complete a challenging project successfully.
 The sense of accomplishment and recognition from my colleagues and superiors is gratifying. It validates my efforts and skills, making the hard work worthwhile. It's a moment of pride and satisfaction that boosts my morale.
- 2. I experience happiness at work when I'm collaborating with a great team. The camaraderie and shared sense of purpose make the work environment enjoyable. When everyone is working towards a common goal and supporting each other, it creates a positive atmosphere. This teamwork and synergy are what I value the most.
- 3. Being given the opportunity to learn new skills and take on new challenges makes me happy at work. The excitement of expanding my knowledge and capabilities keeps me motivated. It's fulfilling to know that I'm growing

- professionally and contributing to the company's success. This continuous learning is a key factor in my job satisfaction.
- 4. I feel happy at work when I'm able to help others and make a positive impact. Whether it's mentoring a junior colleague or solving a problem for a client, these moments are rewarding. It gives me a sense of purpose and fulfillment, knowing that my work is making a difference. It's one of the most satisfying aspects of my job.
- 5. Happiness at work for me often comes from a good work-life balance. When I'm able to manage my workload efficiently and still have time for personal interests, it brings a sense of well-being. The company's support in maintaining this balance through flexible hours or remote work options is greatly appreciated. It makes me feel valued and respected as an employee.

6. Do you think happiness is important?

- 1. Yes, I believe happiness is extremely important as it contributes to overall well-being and quality of life. It affects our mental and physical health, relationships, and productivity. Being happy helps us cope with stress and challenges more effectively. It also encourages positive interactions with others, fostering a supportive and caring environment.
- 2. Happiness is crucial because it gives life meaning and purpose. It motivates us to pursue our goals and passions, making us more resilient in the face of adversity. A happy person is more likely to be optimistic and open to new experiences. This positivity can lead to personal growth and fulfillment.
- 3. I think happiness is important because it influences our decisions and actions. When we're happy, we're more likely to make healthy choices and engage in activities that bring us joy. It also impacts our outlook on life and how we interact with the world. Happiness is a key component of a fulfilling and satisfying life.
- 4. Happiness is vital as it affects not only individuals but also those around them. A happy person can spread positivity and uplift others, creating a harmonious environment. It promotes kindness, empathy, and a sense of community. The ripple effect of happiness can lead to a more compassionate and connected society.
- 5. While happiness is important, I believe it's also essential to recognize that it's a journey, not a destination. It's about finding joy in everyday moments and being grateful for what we have. The pursuit of happiness should be balanced with other aspects of life, such as growth, responsibility, and meaningful relationships. It's a holistic approach to living a fulfilling life.

7. Do you think people are happy when buying new things?

- 1. People often feel happy when buying new things due to the excitement of acquiring something new. The anticipation and pleasure of owning a desired item can be quite fulfilling. However, this happiness is usually short-lived and may not lead to lasting satisfaction. It's often more about the experience and novelty than the item itself.
- 2. Buying new things can bring happiness, especially if they enhance one's lifestyle or serve a practical purpose. For instance, purchasing a new gadget that simplifies daily tasks can be gratifying. However, the key is to make mindful purchases that align with one's values and needs. Otherwise, the happiness from buying new things can be fleeting and superficial.
- 3. I believe people can feel happy when buying new things, but it often depends on the context. For example, buying gifts for loved ones can bring joy and strengthen relationships. The act of giving and seeing the recipient's happiness can be incredibly rewarding. In this case, the happiness extends beyond the material aspect.
- 4. While people may experience a momentary happiness when buying new things, it's not a sustainable source of fulfillment. Material possessions can only provide temporary pleasure, and the novelty wears off quickly. True happiness often comes from experiences, relationships, and personal growth rather than accumulating more things.
- 5. Some people find happiness in buying new things as a way to reward themselves or celebrate achievements. This can be a positive experience, as long as it doesn't lead to excessive consumerism. It's important to strike a balance and remember that happiness is not solely dependent on material possessions. It's about finding joy in life's experiences and moments.

39 chocolate

1. Do you like eating chocolate?

- 1. I absolutely enjoy eating chocolate. The rich and creamy texture, along with its sweet and sometimes bitter taste, is irresistible. It's my go-to treat when I need a quick pick-me-up or a little indulgence. Whether it's dark, milk, or white chocolate, each variety has its unique charm that I appreciate.
- 2. Chocolate is one of my favorite treats. I love how it can be both a simple pleasure and a luxurious experience, depending on the quality and flavor. The variety of options, from plain chocolate bars to intricate pralines, keeps things interesting. It's a versatile delight that I never tire of.
- 3. Yes, I do enjoy eating chocolate, but I try to consume it in moderation. It's

- a delightful indulgence that can satisfy my sweet cravings. I particularly enjoy dark chocolate for its rich flavor and health benefits. It's a treat that I like to savor and enjoy slowly.
- 4. I have a love-hate relationship with chocolate. While I enjoy its taste and the comfort it provides, I'm also mindful of its high sugar content. So, I indulge in chocolate occasionally, especially when I want to treat myself. It's a little pleasure that I allow myself from time to time.
- 5. I do like eating chocolate, especially when it's paired with other flavors like nuts or fruit. The combination of textures and tastes makes it a delightful experience. It's a versatile treat that can be enjoyed in various forms, from bars to desserts. Chocolate is a classic indulgence that never disappoints.

2. Did you often eat chocolate when you were a child?

- 1. Yes, I did eat chocolate quite often when I was a child. It was a special treat that I looked forward to, especially during festivals and special occasions. My parents would sometimes surprise me with a chocolate bar, and it always made me happy. It was one of the simple pleasures of childhood.
- 2. I didn't eat chocolate very frequently as a child, as it wasn't a common snack in our household. However, when I did get the chance to have some, it was a real treat. I remember savoring every bite and enjoying the sweetness. It was something special that I appreciated.
- 3. Growing up in a small village, chocolate wasn't always readily available, so I didn't eat it often. However, whenever I did have the chance to enjoy it, it felt like a luxury. The rarity made it even more special, and I cherished those moments. It was a treat I looked forward to during holidays.
- 4. As a child, I loved chocolate, and I would eat it whenever I had the opportunity. It was a common gift from relatives and friends, so I often had a stash of chocolates at home. I enjoyed trying different brands and flavors. It was a delightful part of my childhood.
- 5. Chocolate was a rare indulgence during my childhood, as we didn't have it often. However, whenever I did have it, it was a memorable experience. I still remember the joy of unwrapping a chocolate bar and savoring its sweet taste. Those moments were special and brought a lot of happiness.

3. What's your favorite flavour?

 My favorite flavor is dark chocolate, especially those with a high cocoa content. I love the rich, intense taste and the slight bitterness that sets it apart from other types. It's a more sophisticated flavor that I find incredibly satisfying. Dark chocolate also has the added benefit of being lower in sugar.

- 2. I have a soft spot for milk chocolate with hazelnuts. The creamy texture of the milk chocolate combined with the crunchiness of the nuts creates a delightful contrast. It's a perfect blend of sweet and nutty flavors that I can't resist. It's my go-to choice when I want a comforting treat.
- 3. I enjoy white chocolate with a hint of vanilla. Its smooth and creamy texture, along with the subtle sweetness, makes it a delicious indulgence. Although it's not technically chocolate, it's a flavor I find comforting and enjoyable. It's a unique taste that I occasionally crave.
- 4. My favorite chocolate flavor is a combination of dark chocolate and orange. The rich, deep taste of dark chocolate paired with the citrusy zest of orange creates a refreshing contrast. It's a sophisticated flavor that I find both refreshing and satisfying. It's a perfect treat for a special occasion.
- 5. I love the combination of milk chocolate and caramel. The smooth, creamy milk chocolate complements the rich, gooey caramel perfectly. The blend of sweet and slightly salty flavors makes it an irresistible treat. It's a classic flavor combination that never fails to please.

4. Do you think it is good to give others chocolate as gifts?

- 1. Yes, I think chocolate is an excellent gift choice. It's a universally loved treat that suits various occasions, from birthdays to holidays. The variety of flavors and packaging options makes it a versatile and thoughtful gift. It's a sweet gesture that shows appreciation and care.
- 2. Giving chocolate as a gift is a great idea, especially because it's a crowdpleaser. It's a simple yet thoughtful way to brighten someone's day. The fact that chocolate comes in various forms and flavors means you can personalize the gift. It's a delicious treat that most people enjoy.
- 3. I believe chocolate makes for a perfect gift, as it's both delicious and symbolic. It represents sweetness and indulgence, making it a great choice for expressing gratitude or affection. It's also a safe option since most people enjoy chocolate. It's a versatile and universally appreciated gift.
- 4. While chocolate is a common gift, it's always well-received. It's a classic and timeless choice that can suit a wide range of tastes. Whether it's a simple chocolate bar or a gourmet selection, it's a gift that brings joy. It's a safe and thoughtful option that rarely disappoints.
- 5. Chocolate is an excellent gift because it's a luxury that people might not always buy for themselves. It's a treat that can be enjoyed and shared with others. Giving chocolate shows thoughtfulness and care, as it's a gesture that brings happiness. It's a versatile and universally loved gift.

5. Why do you think chocolate is popular around the world?

- Chocolate's popularity around the world can be attributed to its delicious taste and versatility. It comes in various forms and flavors, appealing to a wide range of preferences. Its comforting and indulgent qualities make it a favorite treat for many. It's also deeply rooted in cultural traditions and celebrations.
- 2. The universal appeal of chocolate lies in its rich and satisfying flavor. It can be enjoyed on its own or as an ingredient in various desserts and beverages. The experience of eating chocolate, from its smooth texture to its melt-in-the-mouth quality, is unique. It's a treat that transcends cultures and brings joy to people everywhere.
- 3. Chocolate is popular worldwide due to its versatility and ability to evoke positive emotions. It's often associated with special occasions, celebrations, and moments of indulgence. The variety of products, from bars to truffles, caters to different tastes and preferences. Its global availability and cultural significance make it a beloved treat.
- 4. One reason chocolate is popular globally is its adaptability to different culinary traditions. It can be sweet, bitter, or even spicy, depending on the region and recipe. This versatility allows it to be incorporated into various dishes and desserts. Its ability to satisfy sweet cravings makes it a universal favorite.
- 5. Chocolate's popularity can be attributed to its unique combination of taste and texture. The pleasure of enjoying a piece of chocolate, with its smooth, creamy, and sometimes crunchy texture, is unparalleled. It's a comfort food for many, offering a quick mood boost. Its rich history and association with luxury also add to its appeal.

6. How often do you eat chocolate?

- 1. I eat chocolate about once or twice a week, depending on my cravings. I try to balance my love for chocolate with a healthy diet, so I enjoy it in moderation. It's usually a small treat that I savor, whether it's a piece of dark chocolate or a chocolate dessert. It's a little indulgence that brightens my day.
- 2. I indulge in chocolate occasionally, maybe a few times a month. I enjoy it as a special treat, especially after a long day or during the weekends. I prefer quality over quantity, so I often choose artisanal chocolates. It's a delightful experience that I like to savor.
- 3. I eat chocolate fairly regularly, almost every other day. It's a small pleasure that I allow myself, especially when I need a quick energy boost. I usually go for dark chocolate because of its health benefits and rich flavor. It's a comforting and satisfying snack.

- 4. Chocolate is something I enjoy sparingly, maybe once a week. I try to maintain a balanced diet, so I limit my intake of sweets. However, when I do have chocolate, I make sure to savor it and enjoy the experience. It's a treat that I look forward to.
- 5. I eat chocolate quite rarely, perhaps once a month. I reserve it for special occasions or when I'm in the mood for something sweet. I find that having it less frequently makes it more enjoyable. It's a treat that I appreciate more because of its rarity.

40 challenges

1. What subject do you think is the most challenging at school?

- 1. Physics was the most challenging subject for me. The concepts were abstract, and the mathematical calculations could be complex. Despite its difficulty, I found it fascinating because it explained how the world works. Understanding the laws of nature and applying them to solve problems was both a struggle and a thrill.
- 2. For me, **chemistry** was particularly tough. The subject required a good grasp of both theoretical concepts and practical laboratory skills. Balancing chemical equations and memorizing various reactions was challenging. However, the subject's real-world applications made it interesting, even though it was difficult to master.
- 3. Mathematics posed the greatest challenge during my school years. The abstract nature of algebra and the complexity of calculus made it a tough subject. While I appreciated its logical structure, solving complex problems often required a lot of effort and patience. It was a subject that demanded constant practice and focus.
- 4. **History** was surprisingly challenging for me. The vast amount of dates, events, and historical figures to remember was overwhelming. It required not just memorization but also a deep understanding of the context and significance of events. The analytical aspect of connecting historical events was both intriguing and demanding.
- 5. I found **literature** to be the most challenging subject. Analyzing texts and understanding the deeper meanings behind the authors' words required a level of insight and interpretation that was difficult to develop. The subjective nature of literary analysis made it a complex and nuanced subject. It was a challenge to grasp the different layers of meaning in various works.

2. Do you like to challenge yourself?

- Yes, I enjoy challenging myself because it pushes me to grow and improve. Facing difficult tasks and overcoming them gives me a sense of accomplishment. It's a way to test my limits and learn new skills. Challenges keep life interesting and help me stay motivated.
- 2. Absolutely, I believe that challenging myself is essential for personal development. Taking on difficult projects or learning new skills helps me expand my capabilities. It's not always easy, but the satisfaction of achieving something challenging is rewarding. I find that pushing myself out of my comfort zone leads to growth and new opportunities.
- 3. I do like to challenge myself, but within reason. While I enjoy pushing my boundaries, I also know the importance of maintaining a balance. Taking on too much can lead to burnout, so I choose challenges that are meaningful and manageable. It's about finding the right level of difficulty to stay engaged and motivated.
- 4. Yes, challenging myself is something I value. It helps me build resilience and problem-solving skills. I believe that challenges are opportunities to learn and grow, both personally and professionally. Embracing challenges has helped me become more confident and adaptable.
- 5. I enjoy challenging myself in various aspects of life. Whether it's learning a new language, trying a new sport, or taking on a complex work project, I find challenges exciting. They keep me curious and driven. Overcoming obstacles gives me a great sense of achievement and keeps me striving for more.

3. Do you like to live a life that has a lot of challenges?

- 1. I appreciate a life with challenges, as they keep me engaged and motivated. However, I also value moments of peace and relaxation. A balance between challenges and rest is crucial for maintaining overall well-being. While challenges drive growth, too many can be overwhelming.
- 2. Yes, I enjoy a life filled with challenges, as they make life exciting and rewarding. They provide opportunities for personal and professional growth. Overcoming obstacles gives a sense of accomplishment and builds resilience. However, I believe it's essential to manage the challenges to avoid unnecessary stress.
- 3. I prefer a balanced life where challenges are present but not overwhelming. While challenges are important for growth and development, constant stress can be exhausting. I like having goals and challenges to work towards but also appreciate time to relax and recharge. It's all about finding the right balance.

- 4. I thrive on challenges, as they add a sense of purpose and direction to life. They push me to think creatively and find solutions to problems. A challenging life is never boring and always offers opportunities for learning. However, it's also important to have moments of tranquility to reflect and rejuvenate.
- 5. While I appreciate challenges, I don't seek them out constantly. I enjoy the satisfaction of overcoming difficulties, but I also value stability and predictability. A life with some challenges is enriching, but too many can lead to stress and burnout. I believe in having a mix of challenges and simpler moments.

4. How do you usually deal with challenges in daily life?

- When faced with challenges, I try to approach them methodically. I break down the problem into smaller, manageable parts and tackle them one by one. Staying organized and keeping a positive attitude helps me navigate difficulties. I also seek advice or assistance from others when needed.
- 2. My approach to challenges is to stay calm and focused. I assess the situation, identify the root cause, and then come up with a plan of action. Prioritizing tasks and setting realistic goals helps me manage my time effectively. I also remind myself to stay flexible and open to new solutions.
- 3. I deal with challenges by maintaining a positive mindset and staying resilient. I believe that every problem has a solution, so I keep an optimistic outlook. I also practice mindfulness and stress-relief techniques, like meditation and exercise, to stay grounded. Facing challenges head-on with confidence is my strategy.
- 4. When challenges arise, I try to approach them with a problem-solving attitude. I analyze the situation, consider possible solutions, and then take action. Staying organized and keeping a clear head helps me navigate through difficulties. I also try to learn from each challenge to improve my skills and knowledge.
- 5. I usually deal with challenges by seeking support from friends and colleagues. Sharing the problem with others often provides new perspectives and solutions. I also make sure to take breaks and maintain a healthy work-life balance to avoid burnout. Reflecting on past experiences helps me approach challenges with more confidence and preparedness.

41 music

1. What kinds of music do you like to listen to?

1. I enjoy a wide variety of music, but **classical** music has a special place in my heart. The complexity and emotion conveyed through orchestral

- compositions are captivating. I also appreciate the calming effect it has, making it perfect for unwinding after a busy day. Additionally, I find that it helps me concentrate while working.
- 2. Jazz is one of my favorite genres. The improvisation and unique rhythms make it an exciting listen. I love the way jazz musicians express themselves through their instruments. It's a genre that's both relaxing and stimulating, making it ideal for different moods.
- 3. I have a deep appreciation for **indie and alternative rock**. The raw and authentic sounds often convey deep emotions and stories. Bands like Radiohead and Arctic Monkeys have been my go-to for years. The variety within the genre keeps it fresh and engaging.
- 4. Electronic dance music (EDM) is my choice when I want to energize myself. The beats and rhythms are perfect for working out or getting pumped up. It's a genre that brings a lot of energy and excitement, making it great for parties and social gatherings.
- 5. Traditional Chinese music holds a nostalgic and cultural significance for me. The use of traditional instruments like the guzheng and erhu creates a unique soundscape. It's soothing and reminds me of my heritage. I often listen to it when I want to relax and connect with my roots.

2. Do you enjoy the same kind of music with your friend?

- 1. Yes, my friends and I share a common love for **rock and indie music**. We often exchange playlists and go to concerts together. It's a great way to bond and discover new bands. Sharing a passion for the same genre has made our friendship stronger.
- 2. While my friends and I have different tastes, we all enjoy **pop music**. It's a versatile genre with catchy melodies and relatable lyrics. We often find ourselves singing along to popular hits at gatherings. It's a genre that brings us together, despite our individual preferences.
- 3. My friends and I have diverse musical tastes, but we all appreciate jazz. Whether it's classic jazz standards or modern interpretations, we enjoy the improvisational aspect of the genre. It's something we can all listen to and discuss, even if our other preferences differ.
- 4. Interestingly, my friends and I don't always enjoy the same music. While I prefer classical and instrumental music, they're more into hip-hop and rap. However, we respect each other's tastes and occasionally introduce each other to new artists. It's a great way to broaden our musical horizons.
- 5. My friends and I share a mutual appreciation for **electronic music**. Whether it's house, techno, or dubstep, we enjoy the energetic beats and

creative soundscapes. We often attend music festivals together, where we can experience the genre live. It's a shared passion that brings us closer.

3. Which singer or musician would you like to see in the concert that is going to be held in your city?

- 1. I would love to see **Taylor Swift** in concert. Her ability to tell stories through her lyrics and connect with the audience is remarkable. I admire her versatility and evolution as an artist. Attending her concert would be an unforgettable experience.
- 2. Seeing John Mayer perform live would be a dream come true. His guitar skills and soulful voice make his performances captivating. I've always admired his songwriting and musical talent. A live concert would be an incredible opportunity to experience his music up close.
- 3. **Ed Sheeran** is an artist I'd love to see in concert. His ability to perform with just a guitar and his voice is impressive. His concerts are known for their intimate and engaging atmosphere. It would be amazing to hear his hit songs live.
- 4. If given the chance, I would love to see **Yo-Yo Ma** perform. His mastery of the cello and his ability to convey deep emotion through classical music are inspiring. A live performance would be a rare and valuable experience for any music lover. His concerts are known for their profound musical expression.
- 5. **Daft Punk** would be an incredible duo to see live, especially considering their unique electronic music style. Their concerts are famous for their elaborate stage setups and high-energy performances. It would be an unforgettable experience to witness their iconic hits in person.

4. Is there any kind of music that you don't enjoy very much?

- 1. I'm not particularly fond of **heavy metal** music. The intense and aggressive sound can be overwhelming for me. While I respect the genre and its artists, it's not something I enjoy listening to. I prefer more melodic and less intense genres.
- 2. Country music isn't a genre I usually gravitate towards. The storytelling aspect is interesting, but the overall sound and themes don't resonate with me as much. It's a genre that I appreciate from a distance but don't actively seek out. I find other genres more appealing to my taste.
- 3. **Electronic dance music (EDM)** is something I don't enjoy much, especially the more repetitive and high-energy tracks. While it's great for parties and social events, it's not my go-to for regular listening. I prefer music with more diverse melodies and lyrical content.

- 4. I find **opera** challenging to enjoy. While I admire the vocal talent and the artistry involved, the style and language barriers make it hard for me to connect with. It's a genre that requires a certain appreciation, which I haven't developed yet. I prefer other forms of vocal music.
- 5. **Trap music** isn't a genre I enjoy much. The repetitive beats and heavy use of auto-tune don't appeal to me. While it's popular among many, I find it lacks the musical diversity and lyrical depth I enjoy in other genres. I prefer music that offers more variety and substance.

42 math

- 1. Do you think it is difficult to learn mathematics well?
 - 1. Yes, I think learning mathematics well can be challenging because it requires a strong understanding of abstract concepts and logical reasoning. Many people struggle with the foundational principles, which can make more advanced topics difficult. However, with practice and good instruction, it is certainly possible to master it. The key is consistent effort and a positive attitude towards problem-solving.
 - 2. I believe mathematics can be difficult, but not impossible to learn. It often depends on the teaching method and the student's learning style. Some students may find it easier if they have a strong grasp of the basics. Others may struggle with the abstract nature of the subject. Nonetheless, with perseverance and the right guidance, it can be mastered.
 - 3. Mathematics can be challenging to learn well, especially because it builds on itself. If foundational concepts aren't clear, understanding more complex theories becomes difficult. However, this difficulty can also be motivating, pushing students to develop critical thinking and problem-solving skills. The complexity of math can be overcome with dedication and practice.
 - 4. Learning mathematics can be tough, especially for those who aren't naturally inclined towards it. The abstract concepts and need for precision can be daunting. However, with proper teaching and a willingness to practice, anyone can improve. The challenges of mathematics often lie in its logical structure, but mastering it can be incredibly rewarding.
 - 5. For many, learning mathematics well is a challenging endeavor. It requires not only understanding but also applying concepts in various situations. The abstract nature of mathematics can make it seem inaccessible to some. However, like any skill, it improves with practice and the right approach. Success in mathematics often comes from perseverance and a willingness to engage with complex problems.

2. Do you often use a calculator?

- 1. Yes, I often use a calculator for quick calculations. It's especially handy for more complex mathematical operations that are time-consuming to do by hand. While I try to do simpler calculations mentally, a calculator is a useful tool for accuracy. It's a practical aid in both professional and daily life.
- 2. I use a calculator frequently, particularly at work. Given the nature of my job, dealing with numbers and data is a regular task. Calculators help streamline this process, ensuring accuracy and saving time. While it's important to understand the underlying math, calculators are invaluable for efficiency.
- 3. I occasionally use a calculator, mostly for work-related tasks. While I prefer to solve simpler problems mentally, a calculator helps with more complex calculations. It's a convenient tool that ensures precision and saves time. However, I make sure to understand the basics before relying on it.
- 4. I don't use a calculator very often, preferring to work out simpler problems mentally. However, for more complex calculations, especially in professional settings, it becomes necessary. It's a helpful tool for ensuring accuracy in data and finance-related tasks. Despite this, I value understanding the math behind the numbers.
- 5. I use a calculator regularly, especially when dealing with financial figures. It's a practical tool that helps with precision and efficiency. While I appreciate the mental exercise of doing calculations by hand, calculators are indispensable for quick and accurate results. They are especially useful in situations where mistakes can be costly.

3. Do you think mathematics is important?

- 1. Absolutely, mathematics is fundamental in many aspects of life. It is essential for various fields, including science, engineering, finance, and technology. Mathematics helps in developing critical thinking and problem-solving skills. Its applications in everyday life, such as budgeting and time management, make it indispensable.
- 2. I believe mathematics is incredibly important, not just for academic purposes but also for everyday decision-making. It provides a foundation for logical reasoning and analytical thinking. In a world increasingly driven by data, a solid understanding of math is crucial. It equips individuals with the skills needed to tackle complex problems in various fields.
- 3. Yes, mathematics is crucial, as it underpins many aspects of our daily lives and professional fields. From simple tasks like budgeting to complex scientific research, math is everywhere. It also fosters critical thinking

- and problem-solving skills, which are valuable in any career. The ability to understand and work with numbers is essential in today's world.
- 4. Mathematics holds great importance, particularly in an increasingly digital and data-driven world. It is the language of science and technology, enabling innovations and advancements. Beyond its practical applications, math also sharpens the mind, enhancing logical reasoning and analytical skills. Its relevance spans from simple daily activities to complex professional tasks.
- 5. Mathematics is undoubtedly important, as it is the foundation of many critical fields, including science, technology, and engineering. It helps us make sense of the world and solve practical problems. Math also develops logical thinking and precision, which are valuable skills in any area of life. Understanding math is key to navigating today's complex world.

4. Are girls generally good at mathematics?

- 1. Yes, girls are generally good at mathematics, just as much as boys. The notion that one gender is better at math than the other is outdated and untrue. Many girls excel in math and pursue careers in fields that require strong mathematical skills. It's important to encourage all students, regardless of gender, to develop their math abilities.
- 2. Girls are just as capable as boys in mathematics. Research has shown that there are no inherent differences in mathematical ability based on gender. Many girls have excelled in math and gone on to successful careers in STEM fields. The key is providing equal opportunities and encouragement to all students.
- 3. There is no evidence to suggest that girls are less capable in mathematics. In fact, many girls perform exceptionally well in math and pursue advanced studies in the subject. Stereotypes about gender and math ability are harmful and unfounded. Encouraging a supportive learning environment is crucial for all students to succeed in math.
- 4. Girls have demonstrated strong abilities in mathematics, debunking the myth that they are less skilled in this subject. Many girls excel in math competitions and advanced courses. It's essential to challenge stereotypes and provide equal support to all students. Math proficiency is not determined by gender but by interest and effort.
- 5. Girls can be just as good at mathematics as boys, and many have proven this through their achievements. The idea that girls are inherently weaker in math is a stereotype that has been debunked. With proper encouragement and resources, girls can excel in math and related fields. It's important to promote a culture of equality and support for all students.

43 flowers

- 1. What kinds of flowers do you know?
 - 1. I know a variety of flowers, including roses, tulips, and lilies. Roses are popular for their beauty and are often associated with love. Tulips, with their vibrant colors, symbolize perfect love and are common in spring. Lilies are elegant and can represent purity and refined beauty. Each type of flower has its own unique charm and significance.
 - 2. Some common flowers I know include sunflowers, daisies, and orchids. Sunflowers are known for their bright, cheerful appearance and are often associated with positivity. Daisies are simple yet charming and represent innocence. Orchids are exotic and symbolize luxury and strength. These flowers are not only beautiful but also carry various meanings.
 - 3. I am familiar with flowers like carnations, chrysanthemums, and peonies. Carnations are often used in bouquets and symbolize love and admiration. Chrysanthemums are popular in many cultures and can represent longevity and joy. Peonies are lush and fragrant, often associated with romance and prosperity. These flowers are cherished for their beauty and symbolism.
 - 4. Among the flowers I know are lavender, jasmine, and marigolds. Lavender is known for its calming scent and is often associated with tranquility. Jasmine has a sweet fragrance and symbolizes purity and grace. Marigolds are vibrant and can represent warmth and creativity. These flowers are appreciated for their unique characteristics.
 - 5. I also know about flowers like daffodils, lotus, and hibiscus. Daffodils are bright and cheerful, often symbolizing new beginnings. The lotus is revered in many cultures for its beauty and represents purity and enlightenment. Hibiscus flowers are tropical and symbolize delicate beauty. Each of these flowers has a distinct cultural and aesthetic significance.
- 2. Are there any flowers that have special meanings in China?
 - 1. In China, the peony is often referred to as the "king of flowers". It symbolizes wealth, prosperity, and honor. Peonies are highly regarded and are often used in traditional art and decorations. They are especially popular during the Chinese New Year, as they are believed to bring good fortune and happiness.
 - 2. Chrysanthemums hold a special place in Chinese culture, symbolizing longevity and nobility. They are often associated with the autumn season and are admired for their resilience. Chrysanthemums are also featured in traditional Chinese paintings and poetry. They are a popular choice during festivals and special occasions.

- 3. The lotus flower is another significant symbol in Chinese culture. It represents purity, beauty, and spiritual enlightenment. The lotus is often associated with Buddhist teachings and is considered sacred. It is admired for its ability to bloom in muddy waters, symbolizing the triumph of purity over adversity.
- 4. Orchids are valued in China for their elegance and refinement. They are often associated with scholarly pursuits and the cultivation of moral character. Orchids symbolize friendship, integrity, and nobility. They are a common motif in traditional Chinese art and are admired for their delicate beauty.
- 5. Plum blossoms are cherished in Chinese culture for their resilience and beauty. They bloom in the harsh winter, symbolizing perseverance and hope. Plum blossoms are often depicted in Chinese paintings and poetry, representing strength and renewal. They are also a symbol of the lunar new year and the coming of spring.

3. Have you planted any flowers?

- Yes, I've planted flowers like marigolds and pansies in my garden.
 Marigolds are hardy and easy to grow, making them a great choice for beginners. Pansies add a splash of color and are perfect for cooler weather.
 It's rewarding to see the flowers bloom and brighten up the space.
- 2. I have planted roses and tulips in my backyard. Roses require a bit of care but are worth it for their beauty and fragrance. Tulips are relatively easy to grow and come in a variety of vibrant colors. Planting flowers is a relaxing activity, and it's satisfying to watch them grow and blossom.
- 3. Yes, I've tried my hand at growing sunflowers and lavender. Sunflowers are tall and cheerful, and they grow quite easily. Lavender has a lovely fragrance and can be used in various ways, such as in sachets or cooking. Gardening is a great way to unwind and connect with nature.
- 4. I've planted flowers like daisies and petunias in pots on my balcony. Daisies are simple and charming, while petunias offer a variety of colors. They are relatively low-maintenance and brighten up the space. It's enjoyable to tend to the plants and see them thrive.
- 5. Yes, I've planted chrysanthemums and lilies in my garden. Chrysanthemums are known for their long-lasting blooms, and they come in various shapes and colors. Lilies are elegant and fragrant, adding a touch of sophistication to the garden. Gardening has become a relaxing hobby that brings a lot of joy.

4. Have you sent flowers to others?

- 1. Yes, I've sent flowers to friends and family on special occasions. It's a thoughtful gesture that shows appreciation and love. I've sent bouquets for birthdays, anniversaries, and even to cheer someone up. Flowers have a universal appeal and can brighten anyone's day.
- 2. I've sent flowers to colleagues as a way of celebrating achievements. It's a nice way to acknowledge someone's hard work and success. Whether it's a promotion or a job well done, a bouquet of flowers can convey congratulations and support. It's a simple yet meaningful gesture.
- 3. Yes, I often send flowers as gifts for holidays like Valentine's Day and Mother's Day. Roses are a popular choice for Valentine's Day, while lilies or carnations are great for Mother's Day. Flowers are a classic and timeless gift that can express a range of emotions, from love to gratitude.
- 4. I've sent flowers to friends during difficult times. Flowers can offer comfort and support during moments of loss or illness. I've chosen arrangements with calming colors and scents to bring a sense of peace. It's a gentle way to show empathy and care.
- 5. Yes, I have sent flowers as a thank-you gift. When someone has done something kind or gone out of their way to help, a bouquet of flowers is a lovely way to express gratitude. It's a small gesture that can mean a lot, showing appreciation and fostering goodwill.

44 pets and animals

1. What's your favourite animal?

- 1. My favorite animal is the dog. I love their loyalty and playful nature. Dogs are not only great companions but also protective and loving. They come in various breeds, each with unique traits, which makes them even more fascinating. Having a dog can bring a lot of joy and comfort to one's life.
- 2. I have a soft spot for cats. They are independent yet affectionate, and their playful antics can be quite entertaining. Cats are also low-maintenance pets, which is perfect for a busy lifestyle. Their purring is incredibly soothing, and they have a mysterious charm that I find intriguing.
- 3. I've always been fascinated by dolphins. They are intelligent, social animals known for their playful behavior and communication skills. Dolphins have a friendly demeanor and are often seen interacting with humans. Their ability to form strong social bonds is quite remarkable.

- 4. Pandas are my favorite animals. They are adorable and have a unique appearance with their black-and-white fur. Pandas are also a symbol of conservation, as they are an endangered species. Their gentle nature and bamboo-eating habits make them incredibly endearing.
- 5. I love birds, especially parrots. Parrots are colorful, intelligent, and can mimic sounds, including human speech. They have vibrant personalities and are quite social. Their ability to learn and interact with people makes them fascinating pets.

2. Where do you prefer to keep your pet, indoors or outdoors?

- 1. I prefer keeping pets indoors. It allows for a closer bond and better supervision, ensuring their safety. Indoor pets are less likely to encounter dangers like traffic or other animals. It also helps in maintaining cleanliness and keeping the pet healthy.
- 2. For me, it depends on the type of pet. Smaller animals like cats and small dogs are better suited for indoors, while larger dogs may benefit from more outdoor time. However, I still prefer keeping pets mostly indoors to monitor their well-being. A secure yard can also be a good compromise for outdoor time.
- 3. I like to keep pets indoors, especially in urban settings. The city can be dangerous for pets, with busy streets and limited green spaces. Keeping them indoors ensures they are safe from accidents and can enjoy a comfortable environment. It's also easier to provide regular meals and healthcare.
- 4. I prefer a mix of both indoor and outdoor living for pets. It's important for them to have fresh air and exercise, but I like them to sleep indoors where it's safe and warm. This balance ensures they stay active and healthy while being protected from the elements.
- 5. Indoors is my preference for keeping pets. It allows for more interaction and companionship, and I can keep a close eye on their health. Indoor living also prevents them from being exposed to harsh weather conditions and potential hazards.

3. Did you have any pets when you were a child?

- Yes, I had a dog when I was a child. He was a playful and loyal companion, always ready for a game of fetch. Having a pet taught me responsibility and provided a lot of joy. I have fond memories of our time together, and he was truly a part of the family.
- 2. I had a couple of goldfish as a child. They were easy to care for and fascinating to watch. I enjoyed feeding them and cleaning the tank, and it

- was a peaceful experience. Although they weren't as interactive as other pets, they added a touch of tranquility to my room.
- 3. Growing up, I had a cat named Whiskers. She was independent yet affectionate, often curling up on my lap. Whiskers was a great companion and provided comfort. I learned a lot about animal behavior from observing her.
- 4. I didn't have pets during my childhood. My family preferred not to keep animals due to allergies and space constraints. However, I often visited friends who had pets and enjoyed playing with them. This experience made me appreciate the joy pets can bring.
- 5. As a child, I had a pet rabbit. He was a gentle and quiet animal, and I loved feeding him fresh vegetables. The rabbit was easy to care for and provided a lot of happiness. It was a wonderful experience that sparked my love for animals.

4. What is the most popular animal in China?

- 1. The panda is undoubtedly the most popular animal in China. It is a national symbol and is beloved by people all over the country. The giant panda's unique appearance and gentle nature make it a favorite. They are often associated with conservation efforts and are considered a national treasure.
- 2. Dogs are extremely popular in China. Many families keep them as pets, and they are cherished for their loyalty and companionship. The popularity of dogs has grown significantly in recent years, with various breeds being favored. They are seen as both protectors and beloved members of the family.
- 3. Cats have gained immense popularity in China. They are adored for their independence and playful nature. Many people, especially in urban areas, prefer cats as they are easier to care for in small apartments. Cats have become a common sight in households across the country.
- 4. Goldfish are traditionally popular in China. They are often kept in homes as a symbol of good luck and prosperity. Goldfish are considered easy to care for and are a common pet for children. They have a long history in Chinese culture and are admired for their beauty.
- 5. Birds, particularly parrots, are also popular in China. They are admired for their colorful plumage and ability to mimic sounds. Many people enjoy keeping birds as they can be trained and provide pleasant company. Birds are a common pet choice, especially among older generations.

45 small business

- 1. Are there any famous small businesses in the area you live in?
 - 1. Yes, there are several well-known small businesses in my area. For instance, there's a family-owned bakery that's famous for its traditional pastries. It's been around for decades and has a loyal customer base. People come from all over just to taste their unique recipes.
 - 2. In my city, there's a renowned local bookstore that's quite popular. It's known for its cozy atmosphere and curated selection of books. The owners host frequent literary events, attracting readers and authors alike. It's a beloved spot for book lovers in the community.
 - 3. One famous small business in my area is a quaint tea shop. They specialize in unique blends of teas and offer a serene environment for customers. The shop has gained popularity for its exceptional customer service and quality products. It's a favorite place for locals to relax and unwind.
 - 4. There's a small, family-run restaurant that's famous for its authentic local cuisine. The dishes are made using traditional recipes passed down through generations. The restaurant has a warm, welcoming atmosphere and is a go-to spot for a hearty meal. It's well-known among both locals and tourists.
 - 5. A popular small business in my neighborhood is a handmade jewelry store. The owner creates unique pieces that have become quite sought-after. The store has a charming aesthetic and is known for its high-quality craftsmanship. It's a favorite among those looking for one-of-a-kind accessories.
- 2. Do you prefer buying things from small or big companies?
 - 1. I prefer buying from small companies when possible. They often offer unique, handcrafted products that you can't find at big retailers. Supporting small businesses also helps the local economy and encourages entrepreneurship. I appreciate the personalized service and attention to detail they provide.
 - 2. I usually buy from big companies for convenience. They offer a wide range of products at competitive prices, and their return policies are often more straightforward. However, I do enjoy shopping at small businesses for specialty items. It really depends on what I'm looking for at the time.
 - 3. I like to support small businesses whenever I can. They often provide a more personal shopping experience and unique items. While big companies offer more variety and convenience, small businesses tend

- to offer better customer service. It's also nice to know that my purchase supports local entrepreneurs.
- 4. It depends on the product. For everyday items, I often go to big companies because they have a wider selection and better prices. But for specialty items, gifts, or unique experiences, I prefer small businesses. They offer a unique charm and often better quality in certain niches.
- 5. I have a mix of preferences. I appreciate the reliability and consistency of big companies, especially for electronics and household items. However, for clothing, home decor, and food, I often prefer small businesses. They offer unique products and a more personal shopping experience.

3. Have you ever worked in small businesses?

- 1. Yes, I have worked in a small business before. It was a local tech startup, and the experience was quite different from working in a large corporation. The environment was more intimate, and I had the opportunity to wear many hats. It was a valuable experience that taught me a lot about the business world.
- 2. I have worked part-time at a small café during my college years. It was a great experience where I learned about customer service and multitasking. Working in a small business gave me a sense of community and allowed me to connect with regular customers. It was a rewarding job that I still fondly remember.
- 3. No, I've never worked in a small business. Most of my career has been in large corporations, where the structure and processes are more defined. However, I have always been curious about the dynamics of working in a smaller, more agile environment. It seems like it would be an exciting and challenging experience.
- 4. I did an internship at a small marketing agency. The team was small, so I got to work closely with everyone and gained a lot of hands-on experience. It was interesting to see how a small business operates and the challenges they face. The experience helped me develop a broader skill set.
- 5. Yes, my first job was at a small retail store. It was a great introduction to the working world, and I learned a lot about sales and inventory management. The close-knit team made it a fun and supportive environment. Working there gave me a strong foundation in customer service and business operations.

4. Have you ever thought about starting your own business?

1. Yes, I've thought about starting my own business several times. The idea of being my own boss and having the freedom to pursue my

- passions is appealing. I've considered various fields, from tech startups to a small café. However, the risks and uncertainties have held me back so far.
- 2. Starting my own business is a dream of mine. I've always been interested in entrepreneurship and the idea of creating something from scratch. The thought of building a brand and offering unique products or services excites me. It's a challenging path, but the potential rewards are motivating.
- 3. I've definitely considered starting my own business. The idea of having more control over my work and pursuing my passions is very attractive. However, I'm aware of the challenges and risks involved, especially in the early stages. It's a dream I hope to pursue in the future, possibly in the tech industry.
- 4. Yes, I've thought about it, especially since I'm interested in becoming a freelancer. Being self-employed offers the flexibility and autonomy that I crave. I've considered offering consulting services or starting a small software development company. The idea of entrepreneurship is both exciting and daunting.
- 5. I've toyed with the idea of starting a small business. The thought of creating a niche product or service and bringing it to market is intriguing. However, the financial and logistical challenges have made me hesitant. It's a long-term goal that I would like to explore when the time is right.

46 sunglasses

- 1. Do you often wear sunglasses?
 - Yes, I wear sunglasses quite frequently, especially during sunny days. They help protect my eyes from the harsh sunlight and make it more comfortable to be outside. I find them essential, particularly when I'm driving or spending time outdoors. They also add a stylish touch to my outfit.
 - 2. I don't wear sunglasses very often, mainly because I don't find them necessary most of the time. However, I do use them when I'm at the beach or in very bright conditions. They're great for protecting my eyes and reducing glare. Otherwise, I usually rely on hats or visors for sun protection.
 - 3. I wear sunglasses occasionally, mostly during summer or on vacation. They're a must-have accessory when I'm in a sunny location, as they help reduce glare and eye strain. I also find them useful for shielding my eyes from dust and wind. It's more about practicality than fashion for me.

- 4. I rarely wear sunglasses unless it's extremely bright outside. While I own a pair, I don't use them daily. I find them useful for specific situations like driving long distances or being out on a boat. Otherwise, I don't see the need for them in my day-to-day life.
- 5. I enjoy wearing sunglasses regularly, as they not only protect my eyes but also enhance my style. I like to match them with my outfits and see them as a fashion accessory. Plus, they provide excellent UV protection, which is crucial for eye health. It's a small but important part of my daily routine.

2. Do you spend a lot of money on sunglasses?

- 1. I don't spend a lot of money on sunglasses. I prefer affordable options that offer good UV protection. For me, function and comfort are more important than brand names. However, I do own a couple of mid-range pairs for special occasions.
- 2. I tend to invest in quality sunglasses. While I don't buy them often, I believe in getting a good pair that offers excellent UV protection and durability. I see it as a worthwhile investment for both style and eye health. I prefer classic styles that won't go out of fashion.
- 3. I don't prioritize spending much on sunglasses. I usually go for reasonably priced options that still offer good quality. I believe you can find stylish and functional sunglasses without breaking the bank. However, I might splurge on a designer pair once in a while.
- 4. I like to treat myself to high-quality sunglasses. While they can be pricey, I appreciate the craftsmanship and durability of premium brands. Plus, they often come with better lenses and warranties. I see it as a combination of fashion and function.
- 5. I don't see the need to spend a lot on sunglasses. I usually buy budget-friendly pairs that are comfortable and offer UV protection. While I appreciate the allure of designer brands, I prioritize practicality. That said, I wouldn't mind splurging on a nice pair if I really liked them.

3. Do you give sunglasses as a gift?

- 1. I've given sunglasses as a gift before, and they were well-received. It's a practical and stylish gift that can suit many occasions. I usually choose a classic style that I know the recipient will like. It's a thoughtful gift, especially for someone who spends a lot of time outdoors.
- 2. I haven't given sunglasses as a gift yet. I feel that they're a personal item, and it's challenging to pick the right style and fit for someone else. However, I think they could make a great gift if you know the person's taste well. It's definitely an option I'd consider in the future.

- 3. I think sunglasses can be a fantastic gift. They are versatile and can be both practical and fashionable. While I haven't gifted them before, I believe it's a thoughtful present, especially if you know the recipient's preferences. It's a great way to show you care about their style and comfort.
- 4. I have given sunglasses as a gift to a close friend. They loved them, as it was something they needed but hadn't gotten around to buying. It's a thoughtful and practical gift, especially during summer. Plus, it's a way to give someone a bit of luxury without going overboard.
- 5. Sunglasses make a unique gift, but I haven't given them yet. I usually stick to more traditional gifts like books or gadgets. However, if I knew the person's taste well, I think sunglasses could be a stylish and practical option. It's definitely something I'll consider for future gifts.

4. Why do you wear sunglasses?

- 1. I wear sunglasses mainly to protect my eyes from harmful UV rays. They reduce glare, which is especially helpful when driving. They also prevent eye strain and discomfort in bright conditions. Plus, they add a stylish element to my outfit.
- 2. I wear sunglasses to enhance comfort in bright sunlight. They help reduce glare, making it easier to see on sunny days. I also appreciate the added privacy they offer. It's a simple way to protect my eyes and elevate my style.
- 3. For me, sunglasses are essential for outdoor activities. Whether I'm jogging or playing sports, they protect my eyes from the sun and any debris. They also help reduce headaches caused by bright light. It's all about comfort and protection.
- 4. Sunglasses are a must-have accessory for driving. They improve visibility by reducing glare from the road and other vehicles. This makes driving safer and more comfortable, especially on sunny days. I also like how they complete my look.
- 5. I wear sunglasses primarily for health reasons. Protecting my eyes from UV radiation is crucial, especially as I spend a lot of time outdoors. They also help prevent wrinkles around the eyes by reducing squinting. It's a practical and stylish habit.

47 social media

- 1. When did you start to use social media?
 - 1. I started using social media during my college years. It was a great way to connect with friends and keep up with campus events. Initially, it

- was just for fun, but over time it became a tool for networking and staying informed. I've seen the platforms evolve significantly since then.
- 2. I began using social media in high school, around the age of 16. At that time, it was mostly for chatting with friends and sharing photos. It felt like a new and exciting way to stay connected. Since then, my use has evolved to include professional networking and following industry news.
- 3. My journey with social media started relatively late, in my midtwenties. I was initially hesitant but soon found it useful for keeping in touch with friends and colleagues. It's interesting to see how it's become a daily part of my life, both personally and professionally.
- 4. I first started using social media during my early career days. It was a way to connect with colleagues and stay updated on industry trends. Initially, it felt more like a necessity than a choice, but I've grown to appreciate its benefits. It's also been a valuable tool for career growth.
- 5. I didn't get into social media until after graduating from university. At first, it was just a means to stay connected with friends scattered across different cities. Over time, I've also used it to follow news and trends, making it an essential part of my daily routine.

2. Do you think you spend too much time on social media?

- 1. I sometimes feel that I spend too much time on social media. It's easy to get caught up scrolling through feeds and lose track of time. I've been trying to limit my usage, especially during work hours. While it's useful for staying informed, it can be a distraction.
- 2. I don't think I spend an excessive amount of time on social media. I try to use it purposefully, like checking updates or connecting with friends. However, I do occasionally find myself browsing aimlessly. It's a balance I'm still working on.
- 3. I try to be mindful of my social media usage. While it can be addictive, I set specific times for checking it, like during breaks. This helps me stay focused on more important tasks. However, it's easy to spend more time than intended, so I monitor my screen time regularly.
- 4. I admit that I do spend a fair amount of time on social media. It's a great way to unwind, but it can also be a time sink. I've started using apps to track and limit my usage. This helps me ensure that I'm not spending too much time online at the expense of other activities.
- 5. I've noticed that my social media use fluctuates. Some weeks I hardly check it, while others I find myself constantly online. I'm aware of the potential for overuse, so I try to stay conscious of how much time I'm spending. Setting boundaries is key for me.

- 3. What do people do on social media?
 - 1. People use social media for various purposes, including staying in touch with friends and family. It's a convenient way to share updates, photos, and life events. Additionally, many use it for networking, job hunting, and staying informed about current events. It has become an integral part of daily communication.
 - 2. On social media, people often engage in entertainment, such as watching videos and memes. It's also a platform for expressing opinions, participating in discussions, and following trends. Many users enjoy exploring new content and discovering influencers and celebrities they admire.
 - 3. A lot of people use social media for professional networking and branding. Platforms like LinkedIn are popular for job hunting and career development. Others use it to promote businesses or personal projects, reaching a wider audience. It's a powerful tool for marketing and creating opportunities.
 - 4. Social media is a hub for information sharing and news updates. Many people rely on it to stay updated with the latest news, both locally and globally. It's also a space for learning, with access to articles, tutorials, and educational content. It's a versatile tool for knowledge and awareness.
 - 5. People often use social media to connect with communities and groups that share similar interests. Whether it's hobbies, sports, or social causes, these platforms offer a space for like-minded individuals to interact. It fosters a sense of belonging and allows for the exchange of ideas and support.

48 Memory

- 1. What do you have to remember to do every day?
 - 1. Every day, I make sure to check my work emails and respond to urgent messages. It's an essential part of staying on top of my job responsibilities. I also prioritize getting some exercise, whether it's a quick jog or some skipping rope. It helps me stay healthy and clear-headed.
 - 2. I always remember to start my day with a good breakfast and a cup of coffee. It sets the tone for the rest of the day. Additionally, I make it a point to review my to-do list and set my goals for the day. This helps me stay organized and focused on my tasks.
 - 3. I need to remember to take short breaks throughout the day. Sitting for long periods can be exhausting, so I make sure to stretch and move around. It's also crucial to stay hydrated, so I keep a water bottle at my desk to remind myself to drink water regularly.

- 4. Every day, I make sure to spend quality time with my family, even if it's just a quick chat. It's a small but important part of maintaining strong relationships. I also have to remember to update my project's progress, as it helps keep my work on track.
- 5. I try to remember to stay up to date with industry news and trends. As a programmer, it's important to keep learning and improving my skills. I usually dedicate some time each day to read articles or watch tutorials. It helps me stay competitive in my field.

2. Is it easy for you to forget to do these things?

- 1. It can be easy to forget certain tasks, especially on busy days. When I'm swamped with work, smaller things like taking breaks or staying hydrated can slip my mind. That's why I rely on reminders and checklists to keep me on track.
- 2. Sometimes, I do forget to do certain things, like exercising or checking personal messages. It's not intentional, but when I'm focused on work, these tasks can get overlooked. I try to set alarms or reminders to help me stay on top of everything.
- 3. Forgetting daily tasks isn't uncommon for me, especially when my schedule is packed. I find that when I'm under a lot of stress, it's easy to miss out on minor details. However, using a planner or a digital calendar helps me keep track of what needs to be done.
- 4. I rarely forget the most important tasks, but smaller ones can sometimes slip my mind. Things like remembering to take a break or drink water can be easily forgotten during busy workdays. I've found that setting specific times for these activities helps prevent them from being overlooked.
- 5. It's not too difficult for me to forget things, especially if they're not part of my usual routine. For instance, if I have an unusual appointment or task, I might need an extra reminder. That's why I make a habit of noting down anything out of the ordinary in my planner.

3. Are you good at memorizing things?

- 1. I'm fairly good at memorizing things, especially when it comes to technical information. As a programmer, I often need to remember specific coding syntax and algorithms. However, I'm not as strong with remembering dates or names, so I tend to write those down.
- 2. I think I'm decent at memorizing things, particularly short-term information. For example, I can easily remember a list of tasks or appointments for the day. However, for long-term memory, I rely more on notes and reminders to ensure I don't forget important details.

- 3. I'm quite good at memorizing things when they are related to my interests. For example, I can easily recall details about a programming project or a new technology. However, I'm not as good with memorizing less engaging information, so I use tools like flashcards to help.
- 4. I would say I'm average at memorizing things. I can remember essential work-related information and daily tasks without much trouble. However, when it comes to less frequent or more detailed information, I prefer to use notes or digital reminders.
- 5. I'm generally good at memorizing things, but it depends on the context. For work-related tasks and projects, I have a good memory. However, for personal or less urgent matters, I often rely on lists and reminders to ensure I don't forget anything important.

4. How do you help yourself to remember things?

- 1. I use a digital calendar to help me remember important dates and tasks. It syncs across all my devices, making it easy to set reminders and notifications. This way, I can keep track of meetings, deadlines, and personal appointments without missing anything.
- 2. I rely on to-do lists to keep myself organized and remember what needs to be done. Each morning, I list out the tasks for the day and prioritize them. Crossing off completed items gives me a sense of accomplishment and helps me stay focused on what's next.
- 3. I find setting alarms and notifications on my phone very helpful. For example, I'll set a reminder to take a break or to attend a meeting. This method ensures that even if I'm deeply focused on work, I won't forget important tasks.
- 4. I like to use sticky notes and place them in visible areas. For instance, I'll put a note on my computer screen or desk to remind me of specific tasks. It's a simple but effective way to keep important things in sight and top of mind.
- 5. I keep a journal where I jot down important events, thoughts, and reminders. Writing things down helps reinforce my memory, and it's a useful reference if I need to recall something later. I review it regularly to ensure I stay on top of everything.

5. Have you ever forgotten something important?

1. Yes, I've forgotten an important work deadline once. It was a hectic time, and amidst the chaos, I completely overlooked the due date. It was a stressful experience, but I learned the importance of better organization and now use multiple reminders to prevent it from happening again.

- 2. I once forgot to attend a family event. I had been so wrapped up in work that it slipped my mind entirely. It was embarrassing, but it taught me to prioritize and balance my personal and professional life more effectively.
- 3. I've forgotten to bring an essential document to a meeting before. It was crucial for the discussion, and not having it caused some inconvenience. Since then, I've made it a habit to double-check everything I need before heading out.
- 4. I once forgot to lock the door when leaving the house. It wasn't a major issue, but it made me realize how easy it is to overlook small yet important tasks. Now, I make a conscious effort to check everything before leaving.
- 5. Yes, I forgot a friend's birthday once. I felt terrible about it, as it was an important occasion. Since then, I've set up reminders for significant dates to make sure I never miss such events again.

49 cake or dessert

1. Do you like cakes or desserts?

- 1. As someone who grew up in a small village in Wenzhou, my taste buds have always leaned towards our local delicacies rather than Western-style cakes. However, the fast-paced life of a programmer in a big city has introduced me to a variety of desserts that I've come to appreciate. I particularly enjoy light, fruity desserts that offer a refreshing break from hours of staring at code. That being said, nothing beats the nostalgia of traditional Wenzhou sweet treats, especially when I'm feeling homesick after a long day at work.
- 2. To be honest, as a health-conscious individual with a regular skipping and jogging routine, I try to limit my intake of sugary foods. However, I do have a soft spot for certain desserts, particularly those that incorporate fresh, seasonal fruits. I find that these lighter options provide a nice energy boost during long coding sessions without the guilt associated with heavier, cream-based cakes. Interestingly, my preference for fruity desserts aligns well with my dream of becoming a freelancer, as they offer a quick, refreshing treat that doesn't induce a food coma and hinder productivity.
- 3. Growing up in a rural area of Wenzhou, cakes and Western-style desserts were not a common part of my childhood diet. However, since moving to the city and working in a large tech company, I've developed quite a fondness for them. I especially enjoy desserts that blend Eastern and Western elements, like matcha tiramisu or red bean cheesecake. These fusion desserts remind me of my own journey, bridging the gap between

- my rural roots and urban lifestyle, much like how I balance traditional values with modern ambitions in my career.
- 4. As someone who's always on the go, juggling a demanding programming job with my passion for sports like badminton and table tennis, I tend to gravitate towards quick, bite-sized desserts rather than large slices of cake. I find that small, individually portioned treats like macarons or mochi provide a perfect sweet fix without weighing me down. Plus, these portable desserts are ideal for snacking on during short breaks between coding sprints, helping me maintain my energy levels throughout the day.
- 5. While I do enjoy the occasional dessert, my palate, shaped by years of savoring Wenzhou's unique cuisine, often finds Western cakes too sweet for my liking. Instead, I prefer our local desserts, especially those with subtle, complex flavors like osmanthus jelly or pumpkin pancakes. These traditional treats not only satisfy my sweet tooth but also connect me to my roots, providing a moment of calm amidst the chaotic life of a big city programmer. Interestingly, I find that the precision required in making these delicate desserts mirrors the attention to detail needed in coding, reminding me of the artistry in both culinary and digital creations.

2. Why do some people not like eating sweet food?

- 1. As a programmer who spends long hours in front of a computer, I've noticed that excessive sugar intake can lead to energy crashes, which is detrimental to maintaining focus during coding sessions. This experience has made me more mindful of my sugar consumption, and I believe many others in high-intensity jobs might feel the same way. Additionally, growing up in a small Wenzhou village, our local cuisine often emphasized savory flavors over sweet ones, which might have influenced my palate. I think cultural background and dietary habits formed in childhood play a significant role in shaping one's preference for or aversion to sweet foods.
- 2. From my perspective as someone who regularly engages in sports like badminton and table tennis, I've become acutely aware of how different foods affect my performance. Sweet foods, while providing a quick energy boost, often lead to a rapid drop in blood sugar levels, which can negatively impact my game. Moreover, as I've gotten older and more health-conscious, I've started paying more attention to the potential long-term effects of excessive sugar consumption, such as increased risk of diabetes and obesity. I believe many people, especially those leading active lifestyles or with health concerns, might avoid sweet foods for similar reasons.
- 3. In my experience transitioning from a rural upbringing to a fast-paced urban lifestyle, I've observed that stress and anxiety can significantly alter one's taste preferences. The demanding nature of my programming job often leaves me craving savory, comforting foods rather than sweets. Additionally, the constant exposure to artificial sweeteners in many pro-

cessed foods has made some people, myself included, more sensitive to and less tolerant of overly sweet flavors. I think this flavor fatigue, combined with increased awareness of the health implications of high sugar intake, contributes to some individuals' aversion to sweet foods.

- 4. As someone dreaming of becoming a freelancer in the tech industry, I've been paying close attention to how different foods affect my productivity and mental clarity. I've noticed that consuming too many sweets can lead to difficulty in concentrating, which is crucial in my line of work. Furthermore, having grown up speaking Wenzhou dialect, I'm particularly attuned to how language and culture shape our food preferences. In many Asian cultures, including parts of China, traditional medicine often associates excessive sweetness with imbalance in the body, which might explain why some people instinctively avoid overly sweet foods.
- 5. From my observations as both a tech professional and a sports enthusiast, I've noticed that people's aversion to sweet foods can stem from a variety of factors. Some individuals might have had negative experiences, such as cavities or weight gain, which they associate with consuming too many sweets. Others, particularly those in high-stress environments like the tech industry, might find that sugar exacerbates anxiety or mood swings. Additionally, as our understanding of nutrition evolves, many people are becoming more conscious of hidden sugars in processed foods, leading them to be more cautious about their overall sugar intake. This increased awareness, coupled with personal health goals, can contribute to a reduced preference for sweet foods.

50 video game

1. Do you play video games?

- 1. As a programmer, I find myself drawn to video games not just for entertainment, but also as a way to unwind after long hours of coding. The logical puzzles and problem-solving aspects of many games resonate with my professional mindset, offering a refreshing change of pace from my daily work. However, I'm cautious not to let gaming interfere with my regular exercise routine of skipping rope and jogging, which I find essential for maintaining a healthy work-life balance.
- 2. While I do enjoy the occasional gaming session, I have to admit that my rural upbringing in Wenzhou has instilled in me a preference for more traditional pastimes. That being said, I find certain strategy games fascinating, as they often require the same kind of analytical thinking I use in my programming work. Balancing my gaming hobby with my career aspirations and fitness regimen can be challenging, but I believe it's all about moderation and making conscious choices about how I spend my leisure time.

- 3. To be honest, video games were not a significant part of my childhood in the Wenzhou countryside, but I've grown to appreciate them since moving to the city and working in the tech industry. I particularly enjoy games that challenge my problem-solving skills or offer a social component, allowing me to connect with colleagues and friends. However, I'm mindful of not letting gaming consume too much of my time, as I'm focused on advancing my career and working towards my goal of becoming a freelancer.
- 4. As someone who's experienced the adrenaline rush of roller coasters, I find that certain action-packed video games can provide a similar thrill without the physical risks. That said, I'm quite selective about the games I play, preferring those that offer mental stimulation or help me unwind after a stressful day of programming. I often find myself drawing parallels between game design and software development, which adds an extra layer of appreciation to my gaming experiences.
- 5. Coming from a small village in Wenzhou, video games were once a novelty to me, but they've become an interesting way to bridge my rural roots with my current urban lifestyle. I enjoy games that incorporate elements of Chinese culture or language, as they help me stay connected to my heritage while engaging in a modern form of entertainment. However, I'm careful to balance my gaming time with other activities, such as playing badminton or table tennis, to ensure I maintain a well-rounded lifestyle.

2. What kinds of video games do you like to play?

- 1. Given my background in programming, I'm particularly drawn to puzzle and strategy games that challenge my problem-solving skills. Games like "Portal" or "Factorio" appeal to my love for logical thinking and efficient system design, mirroring the challenges I face in my day job. Additionally, I enjoy management simulation games that allow me to exercise the organizational skills I hope to use when I eventually become a freelancer.
- 2. As someone who grew up in rural Wenzhou, I find myself gravitating towards games that offer a connection to nature or rural life, such as farming simulators or open-world exploration games. These provide a nostalgic escape from my busy urban life as a programmer. However, I also enjoy fast-paced sports games like virtual badminton or table tennis, which allow me to indulge in my favorite physical activities even when I can't make it to the court.
- 3. Coming from a background where traditional games were more common, I've developed a fondness for digital versions of classic Chinese games like Mahjong or Go. These games not only entertain but also help me maintain a connection to my cultural roots. On the flip side, I'm also fascinated by futuristic sci-fi games that showcase advanced technologies, as they often inspire me to think creatively about potential innovations in my own field of work.

- 4. As a programmer with aspirations of freelancing, I'm drawn to multiplayer games that foster teamwork and communication skills. Games like "Overcooked" or "Keep Talking and Nobody Explodes" are not only entertaining but also help me hone skills that are valuable in collaborative work environments. Additionally, I enjoy games with robust modding communities, as they allow me to experiment with game development and coding in a fun, low-pressure environment.
- 5. Given my penchant for physical activities like jogging and skipping rope, I've found myself increasingly drawn to fitness-oriented games and VR experiences. These games allow me to combine my love for technology with my commitment to staying active. However, I also enjoy narrative-driven games that offer rich storytelling experiences, particularly those that explore themes of personal growth and career development, as they often resonate with my own journey from a small village to a big city tech career.

3. Is it good for young people to play video games?

- 1. As someone who's navigated the transition from rural life to a career in technology, I believe video games can be beneficial for young people when approached mindfully. They can foster problem-solving skills, enhance digital literacy, and even provide a platform for social interaction in our increasingly connected world. However, it's crucial to balance gaming with other activities, such as sports and outdoor pursuits, to ensure a well-rounded development.
- 2. From my perspective as a programmer, I see both potential benefits and risks in young people playing video games. On one hand, many games can enhance cognitive skills, strategic thinking, and even introduce basic programming concepts, which could be valuable in our technology-driven future. On the other hand, excessive gaming could lead to a sedentary lifestyle, potentially impacting physical health and social skills. The key lies in moderation and parental guidance to ensure a healthy balance.
- 3. Drawing from my experience of growing up in a small Wenzhou village and later adapting to city life, I believe video games can serve as a bridge between traditional and modern ways of learning and socializing for young people. Games can offer exposure to diverse cultures, languages, and ideas, broadening horizons in ways that weren't possible for previous generations. However, it's essential to complement this digital exposure with real-world experiences and physical activities to ensure holistic development.
- 4. As someone who dreams of becoming a freelancer, I can see how certain video games might help young people develop valuable skills for the future job market. Games that encourage creativity, problem-solving, and collaboration could foster entrepreneurial thinking and adaptability. Nevertheless, it's crucial to teach young people to approach gaming critically,

- understanding both its entertainment value and its limitations as a learning tool.
- 5. Having experienced the thrill of roller coasters and the joy of sports like badminton, I believe it's important for young people to have a diverse range of experiences beyond video games. While games can offer cognitive benefits and even simulate physical activities, they shouldn't replace real-world adventures and face-to-face interactions. The ideal approach would be to integrate gaming as part of a balanced lifestyle that includes outdoor activities, sports, and social engagements, ensuring young people develop into well-rounded individuals.

51 color

IELTS Speaking Practice: Colour-related Questions

1. What is your favourite colour?

- 1. As a programmer who spends countless hours staring at screens, I find myself drawn to soothing shades of blue. It reminds me of the clear skies over my childhood village in Wenzhou, providing a sense of calm amidst the hustle and bustle of city life. Interestingly, this preference for blue has subtly influenced my coding style, as I often use blue-themed syntax highlighting in my integrated development environment.
- 2. My favourite colour is actually a vibrant shade of green, reminiscent of the lush bamboo forests surrounding my hometown in rural Wenzhou. This preference has stayed with me even as I've transitioned into the world of technology, serving as a constant reminder of my roots. I find that incorporating touches of green in my workspace helps me stay grounded and focused during long coding sessions.
- 3. Given my penchant for sports like badminton and table tennis, it's perhaps unsurprising that I'm particularly fond of crisp, clean white. This colour not only reminds me of the lines on a badminton court but also symbolizes the blank slate I hope to have when I eventually transition to freelance work. White represents to me the potential for new beginnings and the clarity of thought I strive for in both my athletic pursuits and my programming career.
- 4. I've always been drawn to the colour red, which might seem at odds with my calm demeanour as a programmer. However, in Chinese culture, red symbolizes good fortune and joy, reminding me of festive celebrations in my Wenzhou village. This vibrant hue energizes me during my morning jogs and skipping routines, and even inspires me to tackle challenging

coding problems with renewed vigour.

5. My favourite colour is a deep, rich purple, which I believe reflects my journey from a simple rural upbringing to a complex urban life. Purple, traditionally associated with royalty and luxury, represents to me the aspirations I have for my career, including my dream of becoming a successful freelancer. It's a colour that bridges the gap between my humble beginnings and my ambitious future, much like how I strive to balance traditional values with modern technology in my daily life.

2. Are there any colours that have a special meaning in your culture?

- 1. In Chinese culture, red holds immense significance, symbolizing good fortune, joy, and prosperity. Growing up in Wenzhou, I vividly remember the prevalence of red during festivals and celebrations, from the vibrant decorations to the crimson envelopes containing money gifts. This cultural association has stayed with me even in my professional life as a programmer, where I often find myself gravitating towards red when designing user interfaces for good luck.
- 2. While red is undoubtedly important, yellow also carries special meaning in our culture, representing royalty and power. In my hometown in Wenzhou, yellow was often used in traditional architecture, symbolizing the earth and the emperor. As a programmer, I find it interesting how these cultural colour associations sometimes influence design choices in software development, especially when creating applications for a Chinese audience.
- 3. In contrast to the vibrant reds and yellows, white holds a more solemn meaning in Chinese culture, often associated with mourning and funerals. However, it's fascinating to see how this perception is slowly changing, particularly in urban areas where I now work. In the tech industry, for instance, white is frequently used to convey cleanliness and simplicity in user interface design, showcasing how traditional colour meanings can evolve in a modern context.
- 4. Green has always held a special place in our culture, symbolizing growth, harmony, and health. Coming from a rural area in Wenzhou, I grew up surrounded by lush green fields, which instilled in me a deep appreciation for this colour. Now, as a programmer aspiring to be a freelancer, I often incorporate green into my work environment to promote balance and well-being, especially during long coding sessions.
- 5. In Chinese culture, blue is not traditionally as significant as other colours, but it has gained importance in recent years, particularly in urban areas. As someone who's made the transition from a small village to a big city, I've noticed how blue has come to represent technology, innovation, and progress. This shift in perception aligns well with my career in program-

ming and my frequent use of blue-light filtering glasses to protect my eyes during long hours of coding.

3. Do you usually wear clothes in your favourite colour?

- 1. While I do appreciate my favourite colour, as a programmer, I tend to prioritize comfort and practicality in my daily wardrobe. However, I often incorporate subtle touches of my preferred hue through accessories like ties or socks, which add a personal flair to my otherwise neutral office attire. This balance allows me to maintain a professional appearance while still expressing my individuality.
- 2. Given my background growing up in rural Wenzhou and my current position in a tech company, my clothing choices tend to be a blend of traditional and modern styles. While I don't exclusively wear my favourite colour, I do enjoy incorporating it into casual wear, especially when engaging in sports like badminton or table tennis. It's a way for me to bring a bit of personal joy into my active lifestyle, which helps balance out the long hours I spend sitting at a computer.
- 3. As someone aspiring to become a freelancer, I'm conscious of the importance of personal branding. While I don't always wear clothes in my favourite colour, I do make a point of incorporating it into my wardrobe for networking events or client meetings. This consistent colour choice has become a subtle part of my professional identity, helping me stand out in the competitive tech industry while still maintaining a polished appearance.
- 4. To be honest, my favourite colour doesn't feature prominently in my everyday wardrobe. Coming from a small village in Wenzhou, I learned the value of practicality in clothing choices, a habit that has stuck with me even as I've adapted to city life. However, I do enjoy wearing my favourite colour during festive occasions or when participating in teambuilding activities at work, as it helps me feel more connected to my roots and personal identity.
- 5. As someone who enjoys sports like jogging and skipping rope, my clothing choices are often dictated by functionality rather than colour preference. That said, I do own several workout outfits in my favourite hue, which I find gives me an extra boost of motivation during exercise. Interestingly, this pop of colour in my fitness routine provides a refreshing contrast to the more muted tones I typically wear in the office, helping me mentally transition between work and personal time.

4. What is your preferred car colour for purchase?

1. As a programmer with a penchant for logic and efficiency, I'm drawn to silver cars for their practical benefits. Silver not only maintains a clean

- appearance for longer, reducing the need for frequent washes, but it also has good visibility on the road, enhancing safety. Moreover, silver cars often have a higher resale value, which appeals to my forward-thinking nature as someone aspiring to be a freelancer.
- 2. Given my rural upbringing in Wenzhou, I have a soft spot for earthy tones when it comes to cars. A deep forest green, for instance, would be my top choice as it reminds me of the lush countryside of my childhood while still looking sophisticated in an urban setting. This colour choice reflects my desire to maintain a connection to my roots even as I navigate the fast-paced world of technology.
- 3. As someone who enjoys the thrill of roller coasters, I'm surprisingly inclined towards more subdued car colours. A classic white, for example, appeals to me for its clean, timeless look. It also has practical benefits, such as better heat reflection, which is particularly useful during my weekend badminton or table tennis sessions when the car is parked under the sun for hours.
- 4. Interestingly, despite my cautious nature as a programmer, I'm drawn to bold, attention-grabbing colours for cars. A vibrant red, for instance, not only stands out in a sea of neutral-toned vehicles but also embodies the energy and passion I hope to bring to my future freelance career. Plus, it's a nod to the auspicious nature of red in Chinese culture, which resonates with my Wenzhou heritage.
- 5. As someone who values both tradition and innovation, I find myself leaning towards a sleek black for my ideal car colour. Black not only exudes sophistication and professionalism, which aligns with my career in the tech industry, but it also symbolizes power and prestige in many cultures. Furthermore, the timeless elegance of a black car mirrors my approach to programming: creating solutions that are both classic in their efficiency and modern in their application.

52 singing

IELTS Speaking Practice: Singing-related Questions

1. Do you like singing?

1. As a programmer immersed in logic and code all day, I find singing to be a refreshing change of pace that allows me to exercise a different part of my brain. While I'm far from a professional, I enjoy belting out traditional Wenzhou folk songs in the shower or humming popular tunes while jogging. It's a way for me to connect with my cultural roots and unwind after a

long day of staring at screens.

- 2. To be honest, my relationship with singing is quite complex. Growing up in a small village in Wenzhou, group singing was a common pastime, and I have fond memories of joining in during festivals and gatherings. However, as I've transitioned into the tech world, I've found less time for such activities. These days, I mainly sing to myself while coding or during my daily skipping rope routine, finding it a great way to maintain focus and rhythm.
- 3. While I wouldn't say I'm particularly fond of singing in public, I do enjoy it in more private settings. As someone who spends most of their day engaged in logical thinking, singing provides a much-needed emotional outlet. I often find myself humming melodies in Wenzhou dialect while working on complex programming problems, as it helps me think more creatively and stay connected to my roots.
- 4. Surprisingly, given my usually reserved nature as a programmer, I have a secret passion for karaoke. There's something liberating about belting out popular songs after a stressful week of coding. I particularly enjoy singing duets with colleagues during company events, as it's a great way to bond and showcase a different side of myself outside of work.
- 5. As someone who enjoys the adrenaline rush of roller coasters, I find that singing gives me a similar thrill, albeit in a more controlled environment. Whether it's hitting a high note or mastering a difficult melody, there's a sense of accomplishment that rivals solving a complex coding problem. However, I tend to limit my performances to the car during my commute or while playing badminton with friends, where the physical exertion helps mask any vocal shortcomings.

2. Do you have any singing classes at school?

- During my school days in the small village near Wenzhou, formal singing classes were not part of our regular curriculum. However, we did have music appreciation sessions where we learned about traditional Chinese opera and folk songs. These classes sparked my interest in our rich musical heritage, which I now explore through online tutorials during breaks from my programming work.
- 2. While we didn't have dedicated singing classes, our school organized an annual talent show where students could showcase their vocal abilities. I remember participating one year, nervously singing a popular Wenzhou dialect song. Although I didn't win, the experience boosted my confidence and taught me valuable lessons about performing under pressure skills that have surprisingly come in handy during important presentations in my current tech job.
- 3. In my school, singing was integrated into our broader music education

rather than being taught as a separate subject. We learned the basics of pitch, rhythm, and harmony, often through group singing activities. Interestingly, these early lessons in harmonizing with others have proven useful in my career as a programmer, where collaboration and 'being in sync' with team members is crucial.

- 4. Looking back, I wish we had more formal singing classes in school. Our music education was quite limited, focusing mainly on theory and appreciation rather than practical skills. However, this lack of formal training didn't dampen my enthusiasm for singing; if anything, it motivated me to explore it as a hobby later in life, providing a creative counterbalance to my logical, code-driven workdays.
- 5. While we didn't have regular singing classes, our school did bring in professional singers once a year for a special workshop. These sessions were eye-opening, introducing us to various vocal techniques and styles. Although I pursued a career in technology, the lessons about breath control and projection have been surprisingly applicable, helping me deliver more engaging presentations and communicate more effectively in my role as a programmer.

3. Do you think there are many Chinese that can sing?

- 1. From my perspective as someone who grew up in a small Wenzhou village and now works in a big city, I'd say there's an abundance of singing talent in China. Our rich musical tradition, from folk songs to modern pop, has cultivated a strong appreciation for vocal arts. However, what's truly impressive is how this talent extends beyond professional circles; I've heard incredible voices at everything from local festivals to company karaoke nights.
- 2. As a programmer who often deals with data and statistics, I'd say the sheer population size of China suggests there must be a significant number of talented singers. However, what's more interesting is the cultural emphasis on music and performance, which encourages many people to develop their singing skills. From my observations, even in tech-centric environments, it's common to find colleagues who are surprisingly good singers.
- 3. While it's difficult to quantify, I believe China has a wealth of singing talent that often goes unrecognized on the global stage. Growing up, I witnessed how singing was integral to our community life, from traditional opera performances to casual gatherings where everyone would join in. This widespread engagement with music, coupled with the increasing accessibility of vocal training resources online, suggests to me that there are indeed many Chinese who can sing well.
- 4. In my experience transitioning from a rural upbringing to a career in technology, I've encountered numerous individuals with impressive singing

- abilities across various walks of life. What's particularly noteworthy is the diversity of styles, from traditional Chinese opera to modern pop and even Western classical music. This versatility, I believe, is a testament to the adaptability and musical aptitude of many Chinese people.
- 5. As someone who enjoys both logic-based activities like coding and creative pursuits like singing, I've noticed that many of my Chinese colleagues and friends possess a similar duality. This balance often translates into a surprising level of singing proficiency, even among those in technical fields. While not everyone may be a professional-level singer, the general standard is quite high, reflecting a culture that values musical expression alongside academic and professional achievements.

53 advertising

IELTS Speaking Practice: Advertisement-related Questions

1. Do you like advertisements on TV or some other products?

- 1. As a programmer who spends most of my day immersed in code, I find TV advertisements to be a refreshing break from the digital world. They often serve as a window into current trends and societal shifts, which can be quite enlightening. However, I must admit that I'm more drawn to product advertisements that showcase innovative technology or gadgets, as they align more closely with my professional interests and often spark ideas for potential side projects.
- 2. To be honest, my relationship with advertisements is rather ambivalent. Growing up in a small village near Wenzhou, we had limited exposure to commercials, which made them seem almost magical when we did see them. Now, working in a bustling city and constantly surrounded by ads, I find myself appreciating those that are clever or thought-provoking, especially ones that remind me of my rural roots or incorporate elements of Wenzhou dialect, as they provide a nostalgic connection to my hometown.
- 3. Given my background in technology and my aspiration to become a free-lancer, I tend to pay more attention to advertisements related to productivity tools or online platforms. These ads often introduce me to new software or services that could potentially enhance my work efficiency or help me in my future entrepreneurial endeavors. That said, I do enjoy the occasional quirky or humorous ad during my downtime, particularly when I'm unwinding after a long day of coding.
- 4. As someone who enjoys sports like badminton and table tennis, I find

myself drawn to advertisements featuring athletes or sports equipment. These commercials often resonate with my personal interests and sometimes even motivate me to maintain my exercise routines, like jogging and skipping rope. However, I'm less enthusiastic about ads that interrupt my viewing experience, especially when I'm watching tutorials or educational content related to programming.

5. Coming from a programming background, I tend to analyze advertisements from a technical perspective. I'm fascinated by the use of special effects, computer-generated imagery, and data-driven marketing strategies in modern ads. While I may not always be the target audience, I appreciate the creativity and technological prowess that goes into creating compelling advertisements, especially those that manage to tell a story or evoke emotions in a short span of time.

2. Were there any advertisements that impressed you when you were young?

- 1. Growing up in a small village near Wenzhou, one advertisement that left a lasting impression on me was for a popular brand of sports shoes. The commercial featured a young athlete from a rural background, much like myself, who overcame obstacles to achieve success. This resonated deeply with me and fueled my ambition to pursue a career in technology, despite coming from a humble background. Even now, as a programmer, I often reflect on that ad when facing challenges in my work.
- 2. During my childhood, there was a memorable advertisement for a local Wenzhou delicacy that used our regional dialect. As a young boy, hearing our local language on television was incredibly exciting and made me feel a sense of pride in our culture. This experience has stayed with me, and now, as a programmer working in a big city, I often find myself appreciating ads that celebrate diversity and local cultures, recognizing the impact they can have on young minds.
- 3. One of the most impressive advertisements I recall from my youth was for a computer brand. At that time, living in a rural area, computers were a rarity, and this ad opened up a whole new world of possibilities for me. The commercial showcased how technology could bridge gaps and connect people, which ultimately inspired my career choice. Now, as I work towards becoming a freelance programmer, I often think back to that ad and marvel at how far technology has come.
- 4. An advertisement that struck a chord with me in my younger years was for a traditional Chinese medicine brand. The commercial beautifully blended modern storytelling with ancient wisdom, showcasing the balance between progress and tradition. This concept of harmonizing the old and the new has significantly influenced my approach to programming, where

- I strive to write efficient, cutting-edge code while respecting established principles and methodologies.
- 5. When I was young, an advertisement for a popular instant noodle brand left a strong impression on me. The commercial depicted people from all walks of life enjoying the product, including students burning the midnight oil. Little did I know then that I would one day be a programmer, often relying on quick meals during late-night coding sessions. This ad not only made me appreciate the product but also subtly prepared me for the realities of a demanding career in technology.

3. Will you do work related to advertising?

- 1. As a programmer with aspirations of becoming a freelancer, I'm actually quite open to working in the advertising industry. The intersection of technology and advertising, particularly in the realm of digital marketing and ad tech, presents exciting opportunities to apply my coding skills in innovative ways. I could see myself developing algorithms for targeted advertising or creating interactive ad experiences, combining my technical expertise with the creative aspects of advertising.
- 2. While my current focus is on software development, I wouldn't rule out the possibility of venturing into advertising-related work in the future. Given my background in programming and my experience growing up in Wenzhou, I could potentially contribute to creating culturally nuanced digital advertising campaigns. This could be an interesting way to blend my technical skills with my cultural insights, especially as companies increasingly seek to personalize their messaging for diverse audiences.
- 3. To be honest, I've never seriously considered a career in advertising before. My passion lies in coding and problem-solving, and I'm not sure how well that aligns with the creative demands of the advertising world. However, as I work towards becoming a freelancer, I recognize the importance of marketing my own services effectively. So while I may not work directly in advertising, I'll certainly be honing my skills in self-promotion and personal branding.
- 4. The idea of working in advertising is intriguing, especially given the industry's increasing reliance on data analytics and artificial intelligence. As a programmer, I could potentially contribute to developing sophisticated ad targeting systems or creating data visualization tools for campaign analysis. That said, my true passion lies in creating useful software applications, so any foray into advertising would likely be from a technical perspective rather than a creative one.
- 5. Given my background in programming and my hobbies like badminton and table tennis, I could see myself potentially working on advertising projects related to sports technology. For instance, developing apps that

incorporate augmented reality for interactive sports equipment ads or creating data-driven campaigns for fitness products. This would allow me to combine my technical skills with my personal interests, while also tapping into the dynamic world of advertising.

4. What kind of advertisements are shown in public places?

- 1. In the bustling city where I now work as a programmer, public advertisements are a vibrant part of the urban landscape. Large LED screens on skyscrapers often display dynamic ads for tech products and services, which I find particularly engaging given my professional background. It's fascinating to see how these ads use cutting-edge display technologies to capture attention, sometimes making me ponder about the complex systems and code running behind these impressive visual displays.
- 2. Coming from a small village near Wenzhou to a big city, I've noticed a stark contrast in public advertising. In urban areas, you'll find a mix of traditional billboards and modern digital displays showcasing everything from luxury goods to local services. What's interesting is how these ads often reflect the fast-paced, technology-driven lifestyle of city dwellers a world apart from the simpler, more community-focused advertisements I remember from my hometown.
- 3. As someone who enjoys sports like badminton and jogging, I've noticed that public spaces often feature health and fitness-related advertisements. You'll see billboards promoting sports equipment, health supplements, and fitness apps on bus stops and along jogging trails. It's intriguing how these ads are strategically placed to catch the attention of health-conscious individuals, often motivating me to maintain my exercise routines even on busy days filled with coding.
- 4. In my experience, public transportation hubs like subway stations and bus terminals are hotspots for diverse advertising. You'll find everything from posters promoting local events and cultural exhibitions to interactive digital ads for mobile apps and online services. As a programmer, I'm particularly impressed by the QR code-based advertisements that bridge the physical and digital worlds, allowing commuters to instantly access more information or download apps.
- 5. One type of public advertisement that has caught my attention, especially given my aspiration to become a freelancer, are those promoting online learning platforms and professional development courses. These ads, often seen on university campuses and in business districts, showcase the growing trend of continuous learning and upskilling. They serve as constant reminders of the importance of staying updated in the fast-evolving tech industry, sometimes prompting me to consider expanding my skill set beyond just programming.

54 feel bored

IELTS Speaking Practice: Boredom-related Questions

1. Do you often feel bored?

- 1. As a programmer working in a fast-paced tech environment, I rarely find myself feeling bored during work hours. The constant flow of challenges and problem-solving keeps my mind engaged. However, during my downtime, I occasionally experience moments of restlessness, especially when I'm unable to pursue my hobbies like badminton or work on personal coding projects. It's during these moments that I find myself yearning for the simpler, more carefree days of my childhood in the Wenzhou countryside.
- 2. To be honest, boredom is a luxury I can hardly afford in my current lifestyle. Between the demanding nature of my programming job, my regular exercise routines like jogging and skipping rope, and my aspirations to become a freelancer, my days are usually packed to the brim. That being said, there are rare occasions, usually during long commutes or tedious meetings, when a sense of monotony creeps in, making me crave the excitement of a roller coaster ride or a competitive game of table tennis.
- 3. Interestingly, my perception of boredom has evolved significantly since my childhood days in the small village near Wenzhou. Back then, I often felt bored due to the lack of stimulation and limited access to technology. Now, as a busy programmer in a big city, I find myself almost nostalgic for those moments of quiet boredom. These days, when I do experience boredom, it's usually a sign that I need to step back, recharge, and perhaps revisit some of the simple pleasures from my youth, like speaking in Wenzhou dialect with old friends.
- 4. In my line of work as a programmer, boredom is often a sign that I'm not challenging myself enough. Whenever I start to feel a hint of tedium creeping into my daily routine, I take it as a cue to learn a new programming language, tackle a complex algorithm, or brainstorm innovative ideas for my future freelance career. This proactive approach to combating boredom not only keeps me engaged but also contributes to my professional growth and brings me closer to my goal of becoming an independent developer.
- 5. As someone who grew up in a rural setting and now works in a bustling urban environment, I've come to appreciate that boredom is often a state of mind rather than a result of external circumstances. While the fast-paced nature of my programming job and my regular sports activities like badminton keep me generally occupied, I do sometimes experience moments

of ennui. However, I've learned to embrace these moments as opportunities for introspection and creativity, often using them to reminisce about my childhood or to dream up new project ideas.

2. What kinds of things would make you feel bored?

- 1. As a programmer who thrives on mental stimulation, I find myself most susceptible to boredom during repetitive tasks that don't challenge my problem-solving skills. For instance, sitting through long, unproductive meetings or performing routine system maintenance can sometimes feel mind-numbingly dull. It's during these moments that I find myself longing for the dynamic nature of coding or the exhilaration of a badminton match. Ironically, the very technology that I work with daily can sometimes contribute to my boredom, especially when I'm forced to wait for slow systems or large files to process.
- 2. Coming from a small village in Wenzhou to working in a big city, I've noticed that social events lacking meaningful conversation or intellectual stimulation can often lead to boredom for me. While I appreciate the importance of networking, small talk and superficial discussions, particularly those that don't touch on technology, personal growth, or my aspirations for freelancing, can sometimes feel tedious. In these situations, I often find myself missing the simple yet profound conversations I used to have with fellow villagers in our local dialect.
- 3. Surprisingly, periods of inactivity or relaxation, which many people crave, can sometimes induce boredom for me. Having grown accustomed to a busy lifestyle split between coding, exercise routines like jogging and skipping rope, and planning for my freelance future, I find it challenging to simply sit still and do nothing. Even vacations can become boring if they don't involve some form of mental engagement or physical activity, like exploring new technologies or trying out local sports.
- 4. Despite my love for technology, I find that excessive screen time, especially when it involves passive consumption of content rather than active creation or problem-solving, can lead to a sense of boredom. Scrolling endlessly through social media feeds or binge-watching TV shows, activities that many find entertaining, often leave me feeling unfulfilled and restless. In such moments, I yearn for the physical engagement of a table tennis match or the mental challenge of a complex coding problem.
- 5. Interestingly, I've noticed that activities that are too far removed from both my professional interests and personal hobbies can quickly become boring for me. For example, attending art exhibitions or classical music concerts, while culturally enriching, often fail to capture my attention in the same way that a tech conference or a sports event would. This realization has made me appreciate the unique way my experiences, from

growing up in rural Wenzhou to becoming a programmer, have shaped my interests and what I find engaging.

3. What will you do if you feel bored?

- 1. When boredom strikes, I often turn to coding personal projects as a way to reignite my enthusiasm. This not only keeps my skills sharp for my current job but also brings me closer to my dream of becoming a freelance developer. I might start working on a new app idea or contribute to an open-source project, finding joy in the creative process of bringing ideas to life through code. Sometimes, I even challenge myself to solve complex algorithms in Wenzhou dialect, adding a touch of my cultural heritage to my professional skills.
- 2. To combat boredom, I often engage in physical activities that get my blood pumping. As someone who enjoys the thrill of roller coasters, I try to recreate that excitement through high-intensity workouts. I might go for a sprint instead of my usual jog, or increase the speed of my jump rope routine. If time permits, I'll head to a local sports center for a competitive game of badminton or table tennis, finding that the strategic nature of these sports provides both mental and physical stimulation.
- 3. When I feel the creep of boredom, I often use it as an opportunity to connect with my roots. I might call up old friends or family members back in my hometown near Wenzhou, engaging in conversations in our local dialect. These chats not only alleviate boredom but also help me maintain a connection to my cultural heritage. Additionally, I sometimes explore online communities of programmers from similar backgrounds, sharing experiences and ideas about blending our traditional values with modern tech careers.
- 4. Interestingly, I've found that embracing boredom can sometimes lead to creative breakthroughs. When I feel understimulated, I often engage in mindfulness exercises or meditation, practices I initially scoffed at as a pragmatic programmer. However, I've discovered that these moments of quiet reflection often lead to innovative ideas for my work or future free-lance projects. It's in these still moments that I sometimes find solutions to complex coding problems or come up with novel app ideas.
- 5. To shake off boredom, I occasionally dive into learning a completely new skill that's unrelated to my usual routines of programming and sports. For instance, I might try my hand at cooking a traditional Wenzhou dish, attempt to learn a new language, or even explore a form of art like digital photography. These novel experiences not only combat boredom but also broaden my perspectives, often leading to unexpected insights that I can apply to my work as a programmer or my plans for freelancing.

4. Do you think childhood is boring or adulthood is boring?

- 1. From my perspective as a programmer who grew up in a small village near Wenzhou, I find that both childhood and adulthood have their unique flavors of excitement and boredom. My childhood, while lacking in technological stimulation, was rich with simple pleasures like exploring nature and playing traditional games with friends. Adulthood, on the other hand, offers intellectual challenges through my work and the thrill of pursuing my freelance dreams, but it can sometimes feel monotonous due to routine. Ultimately, I believe boredom is less about the stage of life and more about how one approaches each day with curiosity and purpose.
- 2. Reflecting on my journey from a rural childhood to a tech-focused adulthood, I'd say that neither phase is inherently boring, but they present different types of engagement. As a child, I sometimes felt bored due to limited access to stimulating activities, yet I now look back fondly on the creativity that emerged from those constraints. As an adult, while I have access to endless information and opportunities, the pressure of work and responsibilities can sometimes make life feel tedious. However, my childhood experiences have taught me to find joy in simple things, which helps combat adult boredom.
- 3. As someone who has experienced the stark contrast between a traditional rural upbringing and a modern urban lifestyle, I find that boredom manifests differently in childhood and adulthood. Childhood boredom often stemmed from a lack of structured activities, but it also bred imagination and resilience. Adult boredom, in my experience, usually arises from an excess of structure and routine. However, my background has equipped me with the ability to find excitement in learning new technologies for work or planning my freelance future, making adulthood far from boring.
- 4. Having grown up in a small Wenzhou village and now working as a programmer in a big city, I've come to realize that the perception of boredom changes with age and circumstance. Childhood, with its limitless imagination and fewer responsibilities, rarely felt truly boring, even if we sometimes claimed it was. Adulthood, while offering more freedom and opportunities, can sometimes feel monotonous due to work pressures and social expectations. However, I find that maintaining childhood curiosity in my adult life, whether it's through learning new coding languages or mastering new sports like badminton, keeps boredom at bay.
- 5. In my experience, the question of whether childhood or adulthood is more boring is highly subjective and depends on one's perspective and circumstances. As a child in rural Wenzhou, I sometimes felt bored due to the lack of variety in daily life, yet those moments often led to creative games or exploration of nature. As an adult programmer with dreams of freelancing, I face different challenges that can lead to boredom, such as repetitive tasks or long hours. However, I've found that maintaining a childlike sense

of wonder and curiosity, whether it's towards new technologies or in appreciating simple pleasures like speaking in my native dialect, can make any stage of life exciting and fulfilling.

55 crowed place

1. Is the city where you live crowded?

- 1. Yes, the city I live in, Hangzhou, is definitely crowded, especially in popular areas like West Lake or downtown. The rapid development has attracted a lot of people for work and tourism. During rush hours, the streets and public transport can get really packed. However, the city has also worked on improving infrastructure to handle the crowds. Overall, the hustle and bustle are part of its charm.
- 2. Hangzhou is quite a bustling city, particularly in commercial and business districts. While it can feel crowded, especially during peak hours, the city offers many green spaces that provide a bit of relief. I live in a relatively quieter area, but I still notice the high population density. Despite the crowds, the convenience of city life makes it worthwhile.
- 3. The city of Hangzhou has grown significantly over the years, and now it's often crowded in many parts. Popular spots, especially tourist destinations, are always busy. However, living in a more residential part of the city, I don't feel the crowd as much in my daily routine. The city does a good job of balancing urban life with nature, so it never feels overwhelming.
- 4. Yes, Hangzhou is pretty crowded, especially in the central areas. The mix of locals, tourists, and people from other cities makes it feel quite busy. Sometimes it can be a bit much, but I've grown used to the constant flow of people. However, outside of the tourist hotspots, it can be quite peaceful.
- 5. The city I live in, Hangzhou, is fairly crowded, especially around the major attractions like West Lake. Commuting during rush hour can be challenging because of the number of people. However, the city is also full of parks and quieter neighborhoods where you can escape the busyness. Overall, it's a vibrant and lively place to live.

2. Is there a crowded place near where you live?

1. Yes, there's a shopping mall close to my home that's always packed, especially on weekends. It's a popular spot for shopping and dining, so people flock there regularly. I usually avoid it during peak times because it can

- get overwhelming. However, it's convenient to have everything nearby when I need it.
- 2. Near where I live, there's a large commercial area with lots of shops, restaurants, and entertainment options. It's usually quite crowded, especially in the evenings. People come from all over the city to visit this area, which makes it a bit hectic. Despite the crowds, it's nice to have everything I need just a short walk away.
- 3. There's a busy street market close to my home that attracts a lot of people. It's particularly crowded in the mornings when people go shopping for fresh produce. Although I don't go often, it's a good place to get local products. The energy of the market is exciting, but it can be a bit chaotic at times.
- 4. I live near a subway station, and it's one of the busiest places in my area. During rush hours, it gets really crowded with commuters heading to work. I try to avoid the station during those times, but it's very convenient when I need to travel. The crowd is something you get used to after a while.
- 5. Yes, there's a famous park not far from my home that tends to get very crowded, especially on weekends and holidays. It's a popular place for families and tourists. While it's usually packed, the park is large enough that you can still find some quieter spots. I prefer going there early in the morning to avoid the crowd.

3. Do you like crowded places?

- 1. Personally, I don't enjoy crowded places very much. I prefer quieter environments where I can relax without feeling overwhelmed. That said, there are times when I enjoy the energy of a busy place, like a concert or festival. It's a matter of balance—crowded places can be fun, but only for a short time. Afterward, I always crave some peace and quiet.
- 2. I'm not particularly fond of crowded places because they make me feel a bit stressed. The noise and hustle can be tiring, especially after a long day of work. However, I do appreciate the excitement of crowded events like sports games or big festivals. It's fun to be in a lively atmosphere, but I wouldn't want to stay there for too long.
- 3. I actually enjoy crowded places occasionally, especially if there's something interesting happening. The energy in busy areas can be quite contagious, and it makes you feel like you're part of something bigger. However, I wouldn't want to be in crowded places all the time. I need a balance between lively environments and peaceful ones.
- 4. I don't mind crowded places if there's a good reason to be there, like for a big event or social gathering. It can be exciting to be in a busy atmosphere

- where there's a lot going on. However, on a daily basis, I prefer quieter settings where I can focus and relax. So, while I enjoy crowded places occasionally, I wouldn't say I love them.
- 5. Crowded places are not really my thing, as I prefer a calmer and quieter environment. The noise and chaos can get a bit overwhelming for me. That said, I don't completely avoid them, especially if there's something exciting going on. Sometimes the crowd adds to the experience, but I'd rather be in a peaceful spot most of the time.

4. When was the last time you were in a crowded place?

- 1. The last time I was in a crowded place was during the Lunar New Year celebrations. I went to the West Lake area, and it was packed with tourists and locals enjoying the festivities. The atmosphere was lively, but it was hard to move around because of the crowd. I stayed for a bit to enjoy the fireworks and then left to avoid the rush.
- 2. A few weeks ago, I went to a shopping mall for a weekend sale, and it was extremely crowded. Everyone seemed to be out shopping for deals, and the lines at the checkout were really long. While I managed to find some good bargains, I quickly grew tired of the crowd. I ended up leaving earlier than planned because it was too hectic.
- 3. Just last weekend, I was at a badminton tournament, and the sports center was packed with people. It was exciting to see so many participants and spectators, but the space felt a bit cramped. Despite the crowd, I had a great time competing and meeting new people. After the event, though, I was ready to escape the noise and relax.
- 4. The most recent crowded place I visited was a local park during the Dragon Boat Festival. There were lots of people watching the boat races and enjoying the holiday. The festive atmosphere was great, but it was hard to find a spot to sit because of all the people. I stayed for a couple of hours, then decided to leave before the crowd got even bigger.
- 5. A few days ago, I went to a tech expo, and it was packed with visitors and exhibitors. There were so many people exploring the latest gadgets and innovations. It was a bit overwhelming at first, but the excitement in the air made it worth it. After spending a few hours there, I was ready to leave and find a quieter spot to unwind.

56 money

1. How do you save money?

- I save money by setting a strict monthly budget and sticking to it. I
 avoid unnecessary expenses by cooking at home rather than eating out.
 Additionally, I set up automatic transfers to my savings account every
 month. Whenever I receive a bonus or extra income, I save a significant
 portion of it. Lastly, I always look for discounts and use coupons when
 shopping.
- 2. To save money, I prioritize needs over wants and make a detailed financial plan. I cut down on luxury items and opt for more affordable alternatives. I also make use of various savings apps that help track my expenses and savings goals. Investing in stocks and mutual funds is another strategy I use to grow my savings. Moreover, I avoid impulse buying by making a shopping list and sticking to it.
- 3. My approach to saving money involves a combination of frugal living and smart investing. I frequently review my expenses and eliminate non-essential costs. I take advantage of cashback offers and reward programs that help save money on purchases. Setting up a high-interest savings account allows my money to grow over time. Additionally, I prefer to use public transportation or bike to work to save on fuel costs.
- 4. I save money by adopting a minimalist lifestyle and focusing on experiences rather than material possessions. I plan my purchases carefully and buy in bulk to get better deals. Utilizing digital banking tools helps me keep track of my spending and stay within my budget. Investing in long-term assets like real estate also contributes to my savings. Furthermore, I always ensure to have an emergency fund for unforeseen expenses.
- 5. Saving money for me involves a disciplined approach and strategic planning. I set specific savings goals and monitor my progress regularly. Reducing energy consumption at home helps lower utility bills. I also participate in community activities and free events to enjoy life without spending much. Additionally, I educate myself about personal finance to make informed decisions about saving and investing.

2. What do you think of e-payment?

- 1. I believe e-payment systems are incredibly convenient and efficient. They allow for quick and secure transactions without the need for physical cash. E-payment platforms also offer various benefits like cashback and discounts. They have made online shopping and bill payments much easier. However, it's crucial to ensure the security of personal information when using these platforms.
- 2. E-payment is a revolutionary advancement in the financial sector. It has

simplified money transfers and made them accessible to everyone with a smartphone. The ease of tracking expenses and budgeting through e-payment apps is a significant advantage. Moreover, it reduces the risk of carrying large amounts of cash. Despite its benefits, I am cautious about potential security breaches and cyber threats.

- 3. I find e-payment to be a game-changer in modern finance. The convenience of making payments anytime and anywhere is unmatched. It supports a cashless society, reducing the need for physical money handling. E-payment systems also integrate well with other financial tools, providing a comprehensive money management solution. However, I am aware of the importance of digital literacy to use these services safely.
- 4. E-payment systems have transformed the way we conduct financial transactions. They offer unparalleled convenience and speed, making everyday transactions seamless. The ability to link multiple accounts and cards to a single platform simplifies money management. Additionally, e-payment platforms often provide detailed transaction histories, aiding in financial tracking. Nonetheless, the reliance on technology means ensuring robust cybersecurity measures is essential.
- 5. In my opinion, e-payment is a highly efficient and user-friendly method of transaction. It eliminates the hassle of carrying cash and provides instant payment confirmations. The widespread acceptance of e-payment methods in retail and services is a testament to their popularity. Furthermore, they offer features like splitting bills and sending money to friends, which are very handy. However, I remain vigilant about protecting my financial data from online fraud.

3. Do you often use credit cards?

- 1. I use credit cards frequently for both everyday purchases and larger expenses. They offer convenience and often come with rewards programs that provide cashback or points. Using credit cards also helps build my credit history, which is beneficial for future financial needs. However, I always ensure to pay off the balance in full each month to avoid interest charges. I find the security features of credit cards, such as fraud protection, very reassuring.
- 2. Credit cards are a regular part of my financial toolkit. I appreciate the ease of making transactions and the ability to track my spending. The various perks, such as travel rewards and purchase protections, make credit cards attractive. Nonetheless, I am cautious about not overspending and maintaining a good credit score. I also set up alerts to remind me of payment due dates to avoid late fees.
- 3. Yes, I often use credit cards because they offer many advantages. The flexibility to defer payments and manage cash flow is very useful. Addi-

tionally, credit cards come with various offers and discounts that can save money. I ensure to use them responsibly by keeping my utilization rate low. I also review my statements regularly to check for any unauthorized transactions.

- 4. Credit cards are my go-to payment method for their convenience and benefits. I use them for online shopping, travel bookings, and even everyday groceries. The ability to earn rewards on purchases is a significant incentive for me. However, I am mindful of not accumulating debt and always paying more than the minimum due. I also take advantage of the purchase protection feature that credit cards offer.
- 5. I rely on credit cards quite a bit for their ease of use and financial benefits. They provide a safety net for emergencies and unexpected expenses. The detailed monthly statements help me keep track of my spending habits. I am careful to avoid interest charges by paying off the balance promptly. Moreover, the fraud protection features give me peace of mind when making transactions.

4. Do you think cash will still be popular in the future?

- 1. I believe cash will gradually lose its popularity as digital payment methods continue to evolve. The convenience and security of e-payments are making them more attractive. However, cash will still be used for certain transactions, especially in rural areas or small businesses. Some people also prefer cash for its anonymity and tangibility. Ultimately, while cash usage may decline, it won't disappear entirely.
- 2. In the future, I foresee a significant decline in the use of cash. With the rise of e-payment systems and digital wallets, cash transactions are becoming less frequent. The younger generation, in particular, prefers the ease of digital payments. Nonetheless, cash will remain relevant for specific scenarios like emergencies or in places with limited internet access. It will coexist with digital payments but will not be the dominant method.
- 3. Cash will likely see reduced usage in the future but won't become obsolete. The increasing reliance on technology for payments is evident in urban areas. However, certain demographics and regions still heavily depend on cash. Cash also provides a sense of security and control over spending for some people. Therefore, while digital payments will dominate, cash will still hold a place in the economy.
- 4. The future of cash usage seems to be on a declining trend. With the advancements in fintech, digital payments are becoming more accessible and user-friendly. Despite this, cash will still be necessary for situations where digital payments are not feasible. For example, in natural disasters or technological failures, cash becomes indispensable. Therefore, while its popularity might wane, cash will remain a critical component of the

financial system.

5. I think cash will retain a level of popularity, although it will be less prominent. Digital payment methods offer unmatched convenience and are rapidly gaining traction. However, cash provides a backup option when technology fails or in areas without digital infrastructure. Some people also prefer cash for budgeting purposes. Thus, while the dominance of cash may diminish, it will continue to play a vital role.

5. Do you like spending money or saving money?

- 1. I prefer saving money because it gives me a sense of security and peace of mind. Knowing that I have a financial cushion for emergencies is very comforting. I enjoy watching my savings grow and achieving my financial goals. However, I do indulge in spending on experiences and items that bring me joy. Striking a balance between saving and spending is essential for me.
- 2. While I enjoy saving money for future stability, I also like to spend on things that enhance my quality of life. I find satisfaction in investing in experiences like travel and hobbies. However, I always ensure that my spending does not jeopardize my financial goals. Saving provides a foundation, but spending on meaningful activities adds value to life. Therefore, I try to maintain a healthy balance between the two.
- 3. Saving money is important to me as it helps in building a secure financial future. I take pride in being able to save and invest wisely. However, I also recognize the importance of spending on experiences and activities that I enjoy. I believe that money is a tool to enhance life, so I don't shy away from spending when it matters. Overall, I lean towards saving but understand the value of balanced spending.
- 4. I enjoy saving money because it aligns with my long-term financial goals. The discipline of saving helps me stay focused and prepared for the future. Nonetheless, I do spend money on things that I am passionate about, such as technology and gaming. I believe that occasional spending is essential for a fulfilling life. Therefore, while saving is my priority, I allow myself to spend on what truly matters.
- 5. My inclination is towards saving money, as it provides financial security and independence. I derive satisfaction from being able to save and invest for future needs. However, I also appreciate the joy that spending on leisure and personal interests brings. Finding a balance between saving for the future and spending on present pleasures is crucial. This approach helps me enjoy life while staying financially responsible.

98 Time management

How do you plan your time in a day?

- Personally, I make to-do lists in an app that can be synchronized between mobile and PC, so that they can be easily adjusted to keep me on track anywhere, anytime. Therefore, my work and leisure time are well-balanced. ### Is it easy to manage time for you?
- As a software engineer in a large company, managing time is challenging due to unpredictable workloads and frequent team collaborations. I often struggle with prioritizing tasks despite using tools like to-do lists. To improve, I'm setting more realistic goals and breaking tasks into smaller steps. Though it's a work in progress, I hope these strategies will enhance my time management.