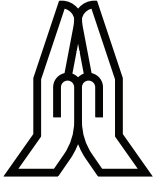
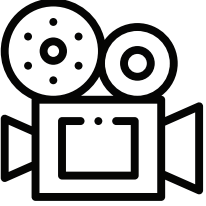





	ACTIVITY	RED	YELLOW	GREEN
	RELIGIOUS SERVICES	Attending large religious services	Small outside religious service (<10 people) with social distancing and masks	Remote attendance via streaming or social media
	ENTERTAINMENT	Going to the movie theatre Dance club or indoor party	Small picnic with social distancing in open air, while wearing masks	Watching a movie with your household Watching a virtual concert 
	SPORTS AND RECREATION	Going to a public swimming pool with multiple people in close proximity Going to the gym Participating in team-based recreational sports, such as basketball and soccer	Small-group sports, such as tennis, ideally with household members, social distancing and masks 	Going to the park with your immediate family and sitting on a blanket or a mask  Individual sports, like running while wearing a mask
	OUTSIDE ACTIVITIES	Block Parties, festivals parades, or group gatherings of over 25 and/or in close proximity	BBQ/Grilling outdoors with groups up to 15 	BBQ/Family Gatherings with immediate family members 
	SHOPPING	In-store shopping without PPE	Curbside pick-up without entering a store Grocery shopping while social distancing while wearing a mask	Online shopping 
	PERSONAL CARE SERVICES	Going to a barber shop, nail salon or hair salon	Wearing PPE, Visiting an establishment following all CDC Guidelines and city guidelines	Cutting your own hair or doing your nails at home
	DINING	Going to a restaurant without social distancing	Picking up food from a take-out restaurant	Cooking at home and enjoying the evening with your immediate household
	TRANSPORT	Taking the bus or subway without social distancing without a mask	Taking the bus or subway with good social distancing (6 ft) while wearing a mask 	Riding your bicycle while wearing a mask Walking to work while wearing a mask
	HEALTHCARE	N/A	Visiting a doctor for an immediate healthcare need	Going to the ER for emergency conditions 