



臣在TOEFL

听力Conversation短语



1. **Have a hard time doing sth** 做某事有困难，很费力（常有痛苦意味）

例：I was **having a hard time** preparing for GRE.

2. **Sth is a good start.** 某事是一个良好的开头

例：Getting 90 in TOEFL model test is a **good start**.

Head start



3. **Go through...**把...过一遍;

例: **go through** all the material/information

4. **Narrow sth down to...**; 把 (选择/范围/可能性) 缩小到...

例: We have **narrowed our searching range down to** this small area.

5. **Make sth more doable**; 让某事更可行

例: she definitely **made this whole thing more doable**.



准备高考真是一件折磨人的事情。



老师让我们把昨天学习的内容 再看看。



6. **Going on** 某事正在进行;

例: there's a car show **going on** outside.

7. **Like** 常用于美语中举例

It's **like** 就像是..; 美语中高频表达



别随便进去，会议还在进行呢！



8. **Rule of thumb** 经验法则=凭感觉的经验

例：according to my **rule of thumb** 凭我的经验来看

9. **Jot down** 匆忙记下

例：I **jot down** questions that I don't wanna forget.

10. **Sb's getting +adj** 某人正在变得...;

例：**I'm getting** increasingly **jealous**.



11. **Come up with** 想出，提出

例：He **came up with** an idea about this project.



我得把今天要做的事情大致写下来。



12. **A heavy schedule** 档期很满;

例: I had **a heavy schedule** yesterday, like, my work could never be done.

13. **Quit doing sth** 戒掉 (烟) , 辞去 (工作) , 不做 (某事) ;

例: **Quit** playing;

I decided to **quit** smoking;

14. **Bulletin Board** 公告栏



15. **Some kind/sort of...**某种...;

例: there must be **some kind of** misunderstanding between me and you.



我不知道这发生了什么，但看起来像是某种犯罪现场。



16. **That's a relief.** (终于) 可以松口气了

17. **In the middle of sth** 深陷某事之中/在某物中间

例: **in the middle of** the conflict; **in the middle of** the semester

18. **Sth is a good incentive for sb** 某事对某人来说是良好的激励

例: His words are **a good incentive for** us all.



奖金对我来说有非常好的激励作用。



我在一个荒无人烟的地方。



19. **Tear sth to pieces** 把..撕成碎片

例： I **tear** the book **to pieces** since it keeps bringing back bad memories.

tear tore torn

20. **Cause/Make a fuss about sth** 对某事大惊小怪；

例： **I didn't make a fuss about what he told me.**



21. **How do you like it?** 你觉得怎么样?

22. **Figure sth out** 解决/想出

例: I **figured out** that math problem with the help of my friends.



23. **In a hurry** 匆忙

例： Are you **in a hurry**?

24. **They are just sitting back, not really doing their fair share of the work.**

sit back and relax

fair share of the work



25. **Free rider** 搭便车的人

26. **Get credit for doing sth** 因某事得到好评（分数）

27. **Split up** 分开（成几份）

例：We should **split up** the work so everyone gets their fair share.



28. **Goof off** 吊儿郎当，不认真工作；

例：When I got back I found they were just **goofing off** and talking, which got me really pissed off.

29. **Go down the drain** 白白浪费掉

例：I don't want the project to **go down the drain**.

30. **Start from scratch** 白手起家

例：If you want to success, you have to **start from scratch**.



为了更好地教学生，我们把这篇文章分成了三个部分。



我不让我的努力就这么付之东流。



你看起来好像很急，放松点。



31. **On short notice** 毫无准备时/仓促

例： Thanks for seeing me **on such short notice**.

32. **Keep pace with** 跟上， 赶上；

例： The president is angry because the development of this area fails to **keep pace with** the whole country.



33. **Pop in** 突然出现、进来

例：He just popped in without telling anybody.

pop up/ peptalk

34. **Be into sth** 喜欢某事

例：I'm into music.

to someone's taste



35. **Feel a little lost** 感到有些迷惑 例：I'm not surprised that you **feel a little lost**.

36. **Far along** 如何（问句）

例：How **far along** is the report? 报告写怎么样了？；How **far along** are you? 你干这行多久了？你几个月了（怀孕）？

37. **Keep on doing sth** 坚持做某事

例：We should **keep on drilling into** this subject.



38. **Drop sth**;放弃

例：I just don't wanna **drop that project** because we've just begun haven't we?

Drop out of school

39. **In-depth** 深入的，全面的；

例：These are pretty **in-depth** theories we have been discussing.



40. **Out of interest** 出于兴趣;

例: I'm doing this job **out of interest**.

Out of ... ;

41. **Have a better handle on sth** 更好的理解/掌握某事

例: After his explanation, we would definitely **have a better handle on** the passage.



42. **Career fair** 招聘会

43. **Familiarize sb with sth** 使某人熟悉某事；

例： I'm going to **familiarize myself with the process.**



44. **It wouldn't hurt for sb to do sth...**即使...也不会;

例: **It still wouldn't hurt for you** to learn some english.

45. **That's a given.** 这是理所应当的/必须的;



46. **Look over** 仔细检查，翻阅；

例： **Look over** the class description

47. **Jump out at sb** 引起某人注意；

例： There was one thing that really did **jump out at me**.

48. **Write up** 详细写

例： **write me up** a plan给我写一份详尽计划



49. I'll be interested to see how it all came out.

我很想看看到时候效果怎么样。

50. Pitch in 参与, 做出贡献;

例: I heard volunteers will help clean up the streets, I wanna **pitch in** too.



51. Get it all covered 都安排上了

例： I think they've **got it all covered**.

52. Has something/nothing to do with sb 跟某人有/无关系

例： Just stop talking to me like that, it **has nothing to do with me**.



你不需要再担心你的工作了，我已经全帮你全搞定了。



53. **Student orientation** 新生入学会

54. **Quick pointers** 几个小建议

55. **Get a hold of sth** 获得，控制

例：Where can I **get a hold of** him?



56. Process sth 处理某物（电子常用）

In the process of sth

例：The project is in the process of drawing up a plan.

57. Get on it 着手做某事=get down to it



58. Have sth coming up 最近有某事要（参加）

例： I **have** an important meeting **coming up** this Friday.

59. Have trouble doing sth 做某事有困难；

例： I **had trouble dealing with** all the pressure from school.

60. That kind of thing 诸如此类=something like that



61. Work out 健身

62. In spite of 不管，虽然；

例： **In spite of** my trying so hard, I flunked out.

63. High end 高端的



64. Lean towards sth/doing sth 对某事感兴趣

例：He said he was **leaning towards** entering the race for governor.

65. Luck out 走大运

66. Sb's overwhelmed by sth...被淹没...无法承受

例：He's **overwhelmed by** his work and social life.



67. Check in/check out 还书/借书, 入住/退房

68. Back in...回到... (某一年)

例: back in time

69. Sign up for sth

例: I didn't **sign up for** that test yet because I was diffident.

70. Take a look at sth 看一眼

例: You should really **take a look at** this guy, he's hilarious.

71. A couple of几个

例: There is only a couple of months left for us to finish our essay.



72. Head back to...

例： I guess I should **head back to** the library to check out those books I need for that paper right away.

73. Fill out

例： **fill out** a form填表



74. Sth's on sb's mind 一直想着某事

例：What he said to me that day has **been on my mind** for years.

75. Flavor of the month 短暂的时髦；红极一时

76. Wind up doing sth 以...结尾/收场

例：He **winded up being** a factory worker.

77. Keep up with trends 跟上潮流

5. Surrender to sth 像某事/某物屈服

例：I **surrendered to** Toefl after my 10th failure.



78. Be in full gear 快速全面的进行

例：The project **is in full gear** now that we have Glee on board.

79. Sb's being+adj. 某人现在很...（指短暂状态）

例：Will you just stop? Don't you know **you are being impolite**?

80. Make an exception 破例

例：I know about your rules but I just hope that you can make an exception for me.



81. Run out of time 耗尽时间

82. Give it a try 试一试

83. Give sb access to sth 让某人可以接触（获得）某物

例：My courage **gives me access to** success.

84. Assess sb's level 评估某人水平



85. Settle for...满足于

例： He is a perfectionist growing up, so he doesn't want his son to **settle for** anything mediocre.

86. Be swamped with 忙于.../深陷.../对...应接不暇

例： I was swamped with TOEFL listening tasks.

87. Cut sth out 删除， 剔除

例： They decided to **cut out the last chapter of this book.**

cut off, cut down on

88. Shoot for sth 尽力

例： But if you can't, well, shoot for after spring break, OK?



89. Count on sb/sth 指望某人/某物

例：Don't worry, you can just count on me.

90. Put on reserve 将（图书馆的）书预留，不能外借

例：You should ask your professor to put some of the copies on reserve.

91. Touch base with sb 与某人取得联系

例：Being there gave me a chance to touch base with three friends whom I had not seen for a year.



92. Have a knack for sth 擅长做某事

例：Some people seem to have a knack for making money.

93. Specialize in sth 专攻（某领域）

例：Is there a type of reporting you think you might like to specialize in?

94. Strive for sth 为某事努力

例：He strove for recognition as a singer.

95. Know of sb/sth 对某人/某事了解（表面了解）

例：Is there anyone in that company that you know of?



96. Be entitled to sth 享有做某事的权力

例：The District Court's deciding if the university's entitled to any of the professor's profits.

97. Address the issue/problem 解决问题

例：Every government should have a national intersectoral plan on how to address the issue and respond to it.

98. be placed + 序数词 获得第几名

Place an order

99. Make time for sth 为某事腾出时间

例：I really do make time to study, and I actually study more for this class than I do for all my other classes.