



# JOURNEY TO YOUR BEST

# ● Challenge 0: What's your current version

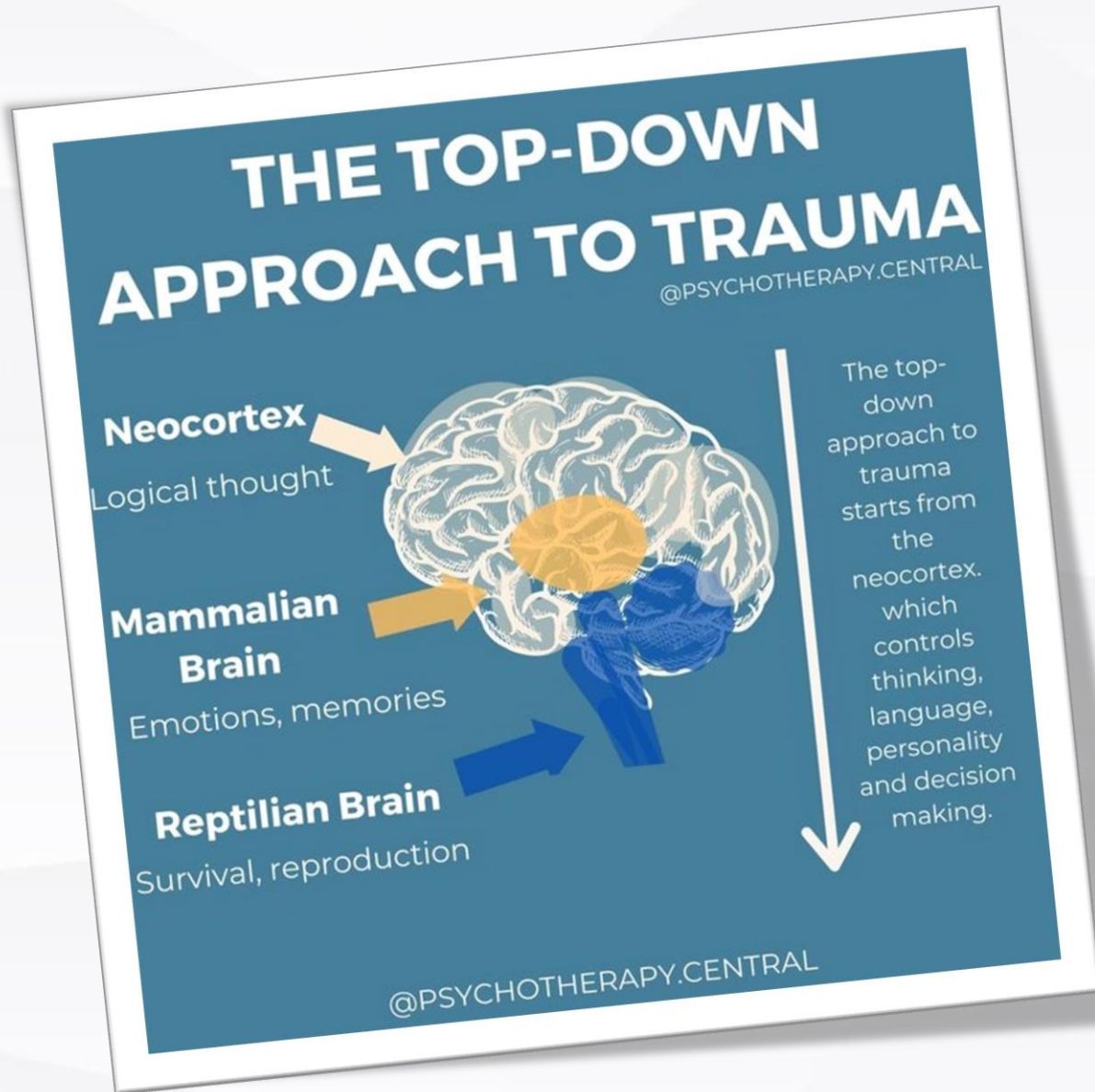


**TOPICS**

- 1 Topdown Approach
- 2 Learning how to learn and learn fast
- 3 Autonomy at work
- 4 Smart Question

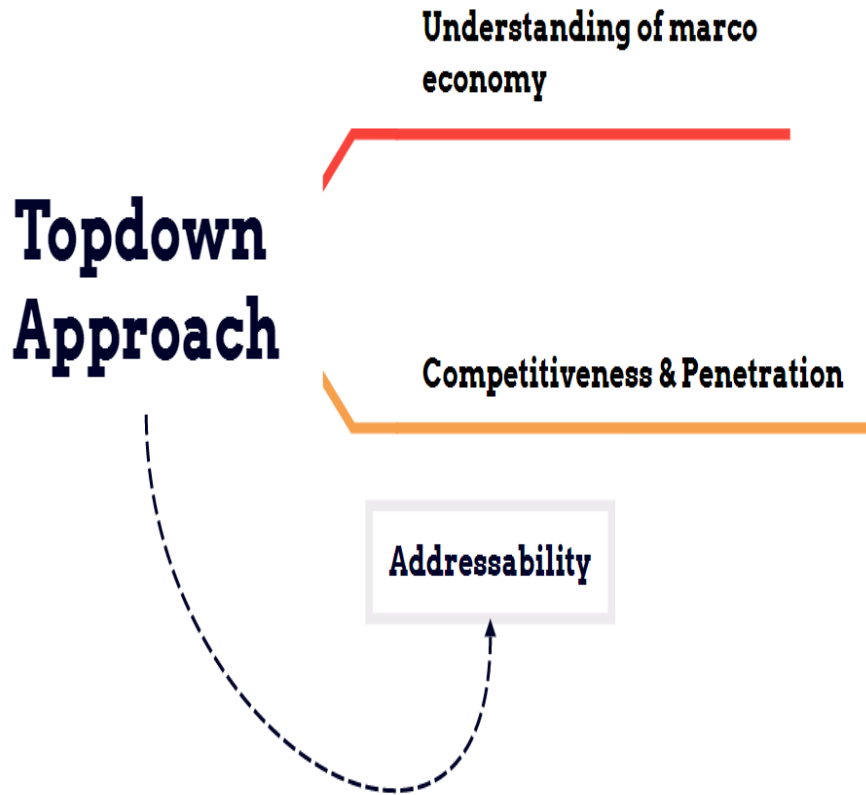


## ● Topic 1



# Topdown Approach

# ● Topdown Approach



- The top-down approach is a problem-solving or design methodology that begins with a broad overview and then gradually focuses on specific details.
- The main idea behind the top-down approach is to break down a complex system into smaller, more manageable parts.

# ● Topdown Approach

**Develop outline**

**Focus on details**

**Review & Edit**

**How to apply  
topdown  
approach**

**Understand the assignment**

**Define the Overall**

**Breakdown into sections**



## Topic 2

### THE TYPES OF LEARNERS

visual  
learner



learn what they see

kinesthetic  
learner



learn what they do

auditory  
learner



learn what they hear

stress  
learner



learn what stresses them

ease  
learner



learn what relaxes them

scribble  
learner



learn what they write out

trust  
learner



learn from authority

teach  
learner



learn by teaching

copy  
learner



learn what they can copy

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# Learning How To Learn And Learn Fast

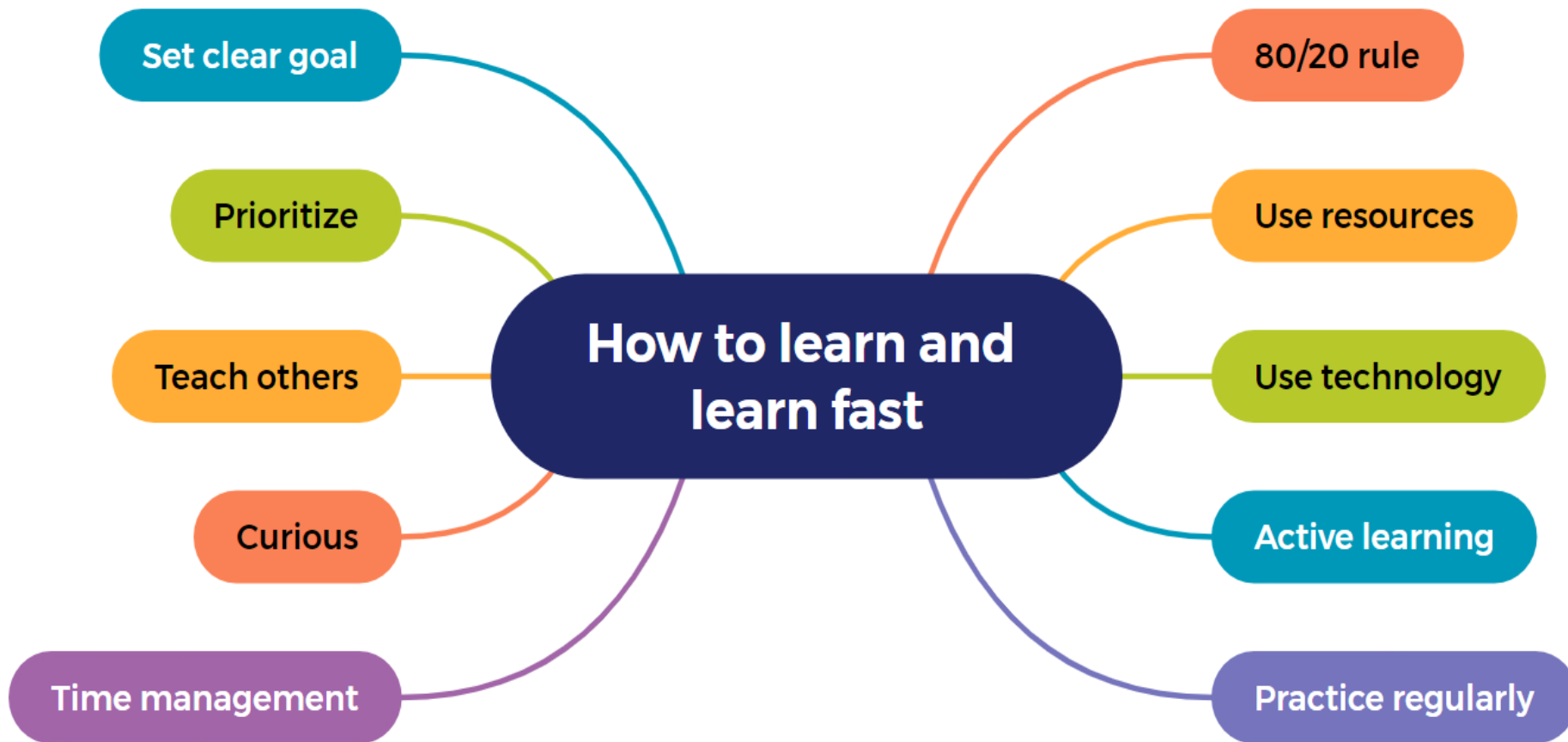


# ● Learn how to learn and fast

- Learning quickly can be achieved through efficient strategies and focused efforts.
- Experiment with different techniques, reflect on your progress, and adjust your approach as needed.



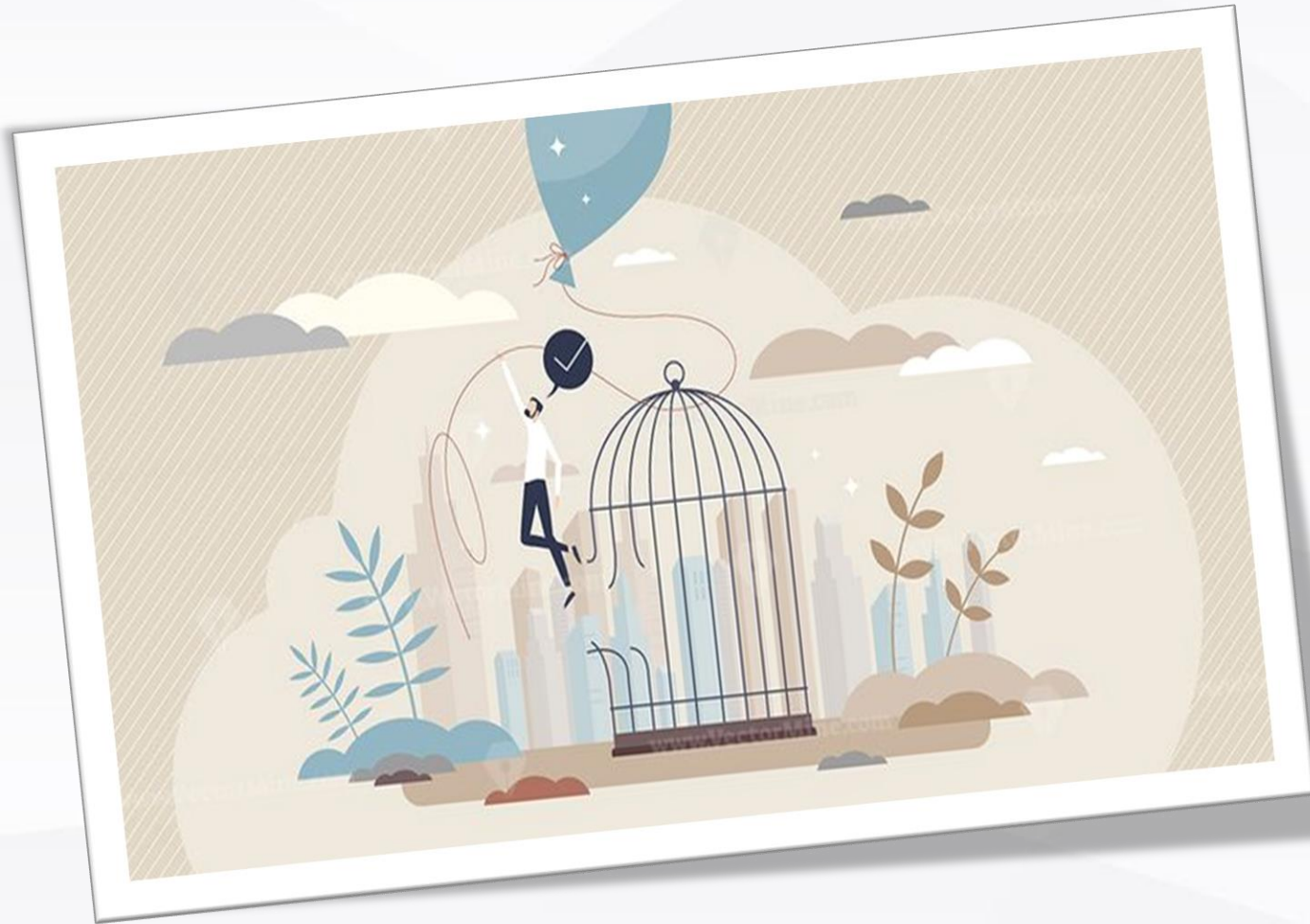
# ● Learn how to learn and fast







## Topic 3

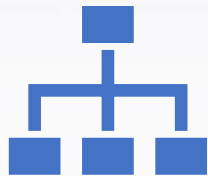


# Autonomy at work

# ● Autonomy at work



Autonomy at work refers to the degree of independence and freedom employees

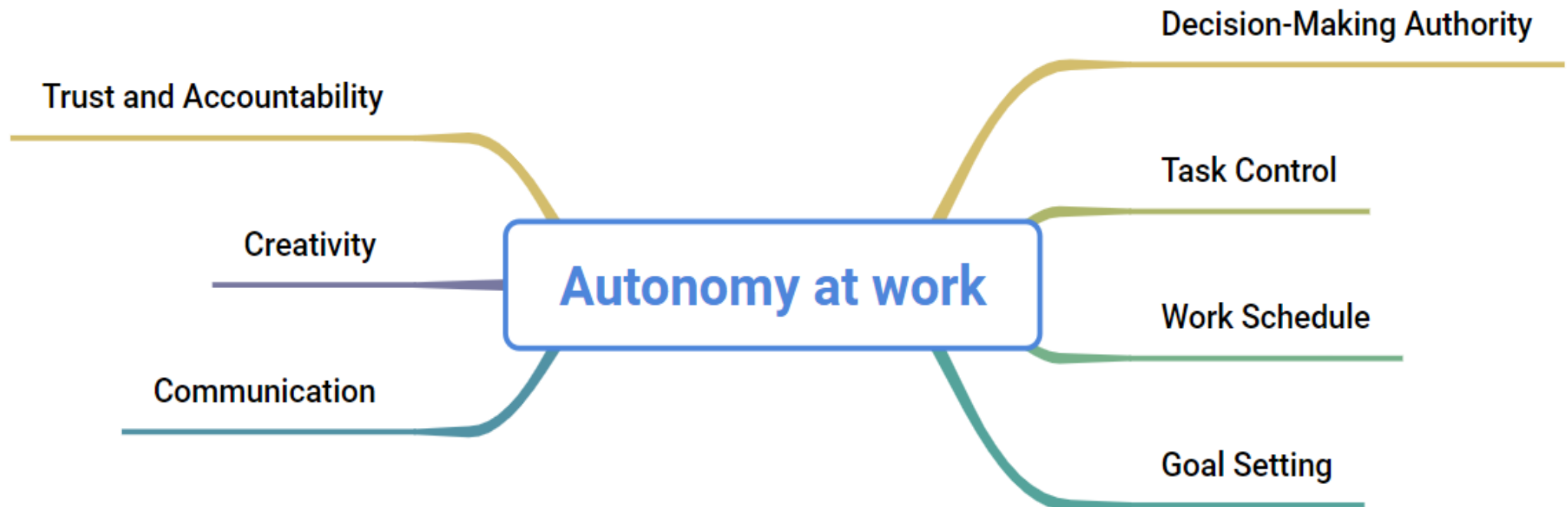


Making decisions related to their tasks, projects, and overall work environment.





# Autonomy At Work



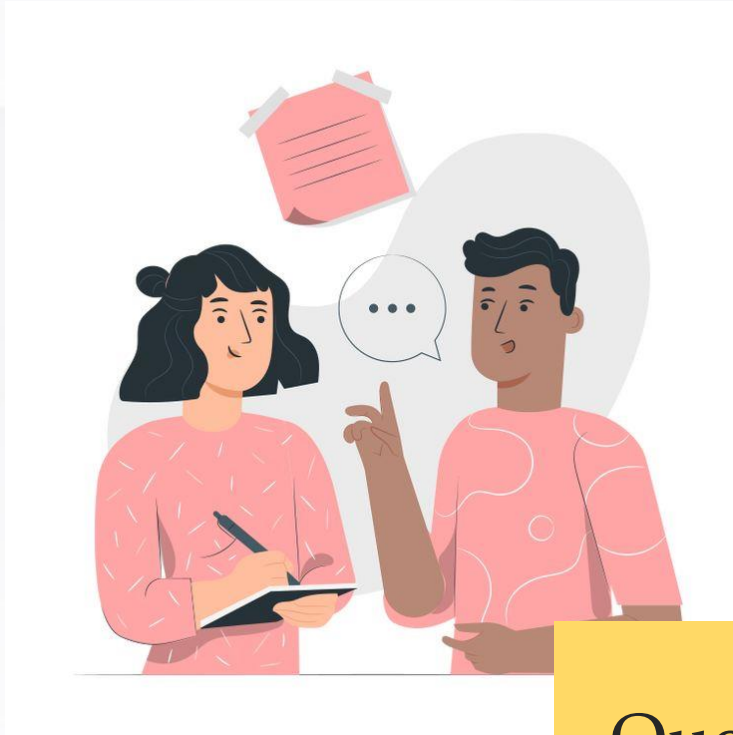


## Topic 4



**Smart  
question**

# ● Smart question



Question

- A "smart question" is typically considered one that is well-thought-out, specific.
- Demonstrates a thoughtful approach to gaining information or solving a problem

# ● Smart question

## Smart question

### Clear and specific

leaving no room for ambiguity. It focuses on a particular aspect or issue

### Relevant

relevant to the context or topic under discussion

### Purposeful

it's seeking clarification, solving a problem

### Engaging

engage the respondent or the audience

### Respectful

respect each others

### Open-ended

smart questions are often open-ended, encouraging detailed and meaningful responses



**THANKS FOR  
WATCHING**