

## ***The Hunger Games***

Peeta Mellark is a key character in *The Hunger Games* by Suzanne Collins. He is the male tribute from District 12, competing in a perilous arena along with Katniss Everdeen. Peeta is kind, loyal, and strong, which makes him an interesting and important character in the story. His personality influences the plot and helps shape the relationships between characters.

One of Peeta's most important traits is his kindness. He is caring and compassionate, even in difficult situations. Before the Hunger Games, Peeta shows kindness to Katniss by giving her bread when she is starving. Even though he is punished by his mother for burning the bread, he still chooses to help Katniss. She remembers this moment and says, *"To this day, I can never shake the connection between this boy, Peeta Mellark, and the bread that gave me hope"* (Collins, pg. 32). This act of kindness gives Katniss hope and makes her remember Peeta as a good person.

In the Hunger Games arena, Peeta continues to be kind. Instead of being selfish, he tries to protect Katniss. He even joins a group of Career tributes to find her, but later, we learn that he does this to keep her safe. Peeta also helps Katniss by warning her about dangers. When he is injured, Katniss finds him and takes care of him. Even in pain, Peeta remains kind and grateful, saying, *"You here to finish me off, sweetheart?"* (Collins, pg.252). His kindness makes Katniss trust him and builds a strong bond between them.

Peeta is also very loyal, especially to Katniss. From the beginning, he shows his love and devotion to her. During his interview before the Games, he shocks everyone by declaring, *"She came here with me"* (Collins, pg. 130). This makes the audience see them as a couple, creating the "star-crossed lovers" story that becomes very important in the Games.

Inside the arena, Peeta risks his life to protect Katniss. Even when he is hurt, he tries to keep her safe. He does not betray her, even though it would be easier for him to survive alone. Katniss begins to understand Peeta's loyalty and feels grateful for it. She says, *"Peeta has put his trust in me, and I'm not about to let him down"* (Collins, pg.273). His loyalty strengthens their relationship and helps them survive together.

Peeta is strong in many ways. Physically, he is strong because he works in a bakery and lifts heavy bags of flour. This helps him in the Games because he can fight and defend himself. Katniss notices this when she sees him lifting weights before the Games: *"The Capitol has their own way of turning children into killers"* (Collins, pg. 96). His strength makes him a dangerous competitor, but he does not use it to harm others unless necessary.

Peeta also has emotional and mental strength. Even when he is wounded, he does not give up. He keeps going and fights to survive. Katniss sees this and says, *"Peeta's not the forgiving kind. But he doesn't push me away"* (Collins, pg.302). This shows that even after facing pain and betrayal in the arena, Peeta stays strong in his heart.

Peeta's kindness, loyalty and strength render him one of the most pivotal characters in *The Hunger Games*. His kindness helps Katniss trust him, which changes how they survive in the

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Nhan Ngoc Thach

arena. His loyalty makes their love story believable and increases their chances of survival. His strength helps him endure the many dangers of the Games.

By the end of the book, Peeta's journey is one of struggle and growth. He faces danger, pain, and the brutal reality of the Hunger Games, but he never loses his true self. His character proves that strength is not just about fighting, it is about heart, mind, and love. Peeta Mellark is a hero, not due to physical strength, but because of his kindness, loyalty, and bravery.

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Nhan Ngoc Thach

## **Works Cited**

Collins, Suzanne. *The Hunger Games*. Scholastic Press, 2008.