

VVI QUESTIONNAIRE

Think of some relative or friend whom you frequently see (but who is not with you at present) and consider carefully the picture that comes before your mind's eye.

Q1.The exact contours of face, head, shoulders and body.

- ☐ No image at all, you only “know” that you are thinking of the object
- ☐ Dim and vague; flat
- ☐ Moderately clear and lively
- ☐ Clear and lively
- ☐ Perfectly clear and lively as real seeing

Q2.Characteristic poses of head, attitudes of body etc.

- ☐ No image at all, you only “know” that you are thinking of the object
- ☐ Dim and vague; flat
- ☐ Moderately clear and lively
- ☐ Clear and lively
- ☐ Perfectly clear and lively as real seeing

Q3.The precise carriage, length of step etc., in walking.

- ☐ No image at all, you only “know” that you are thinking of the object
- ☐ Dim and vague; flat
- ☐ Moderately clear and lively
- ☐ Clear and lively
- ☐ Perfectly clear and lively as real seeing

Q4.The different colors worn in some familiar clothes.

- ☐ No image at all, you only “know” that you are thinking of the object
- ☐ Dim and vague; flat
- ☐ Moderately clear and lively
- ☐ Clear and lively
- ☐ Perfectly clear and lively as real seeing

Visualize a rising sun. Consider carefully the picture that comes before your mind's eye.

Q5.The sun rising above the horizon into a hazy sky

- ☐ No image at all, you only “know” that you are thinking of the object
- ☐ Dim and vague; flat
- ☐ Moderately clear and lively
- ☐ Clear and lively
- ☐ Perfectly clear and lively as real seeing

Q6.The sky clears and surrounds the sun with blueness.

- ☐ No image at all, you only “know” that you are thinking of the object
- ☐ Dim and vague; flat
- ☐ Moderately clear and lively
- ☐ Clear and lively
- ☐ Perfectly clear and lively as real seeing

Q7.Clouds. A storm blows up with flashes of lightning.

- ☐ No image at all, you only “know” that you are thinking of the object
- ☐ Dim and vague; flat
- ☐ Moderately clear and lively
- ☐ Clear and lively
- ☐ Perfectly clear and lively as real seeing

Q8.A rainbow appears.

- ☐ No image at all, you only “know” that you are thinking of the object
- ☐ Dim and vague; flat
- ☐ Moderately clear and lively
- ☐ Clear and lively
- ☐ Perfectly clear and lively as real seeing

Think of the front of a shop which you often go to. Consider the picture that comes before your mind's eye.

Q9.The overall appearance of the shop from the opposite side of the road.

- ☐ No image at all, you only “know” that you are thinking of the object
- ☐ Dim and vague; flat
- ☐ Moderately clear and lively
- ☐ Clear and lively
- ☐ Perfectly clear and lively as real seeing

Q10.A window display including colour, shapes and details of individual items for sale.

- ☐ No image at all, you only “know” that you are thinking of the object
- ☐ Dim and vague; flat
- ☐ Moderately clear and lively
- ☐ Clear and lively
- ☐ Perfectly clear and lively as real seeing

Q11.You are near the entrance. The colour, shape and details of the door.

- ☐ No image at all, you only “know” that you are thinking of the object
- ☐ Dim and vague; flat
- ☐ Moderately clear and lively
- ☐ Clear and lively
- ☐ Perfectly clear and lively as real seeing

Q12. You enter the shop and go to the counter. The counter Assistant serves you. Money changes hands.

- ☐ No image at all, you only “know” that you are thinking of the object
- ☐ Dim and vague; flat
- ☐ Moderately clear and lively
- ☐ Clear and lively
- ☐ Perfectly clear and lively as real seeing

**Finally think of a country scene which involves trees, mountains and a lake.
Consider the picture that comes before your mind's eye.**

Q13.The contours of the landscape.

- ☐ No image at all, you only “know” that you are thinking of the object
- ☐ Dim and vague; flat
- ☐ Moderately clear and lively
- ☐ Clear and lively
- ☐ Perfectly clear and lively as real seeing

Q14.The colour and shape of the lake.

- ☐ No image at all, you only “know” that you are thinking of the object
- ☐ Dim and vague; flat
- ☐ Moderately clear and lively
- ☐ Clear and lively
- ☐ Perfectly clear and lively as real seeing

Q15.The colour and shape of the trees.

- ☐ No image at all, you only “know” that you are thinking of the object
- ☐ Dim and vague; flat
- ☐ Moderately clear and lively
- ☐ Clear and lively
- ☐ Perfectly clear and lively as real seeing

Q16.Visualize an apple, it's shape and colour. How vivid is the picture that comes before your mind's eye?

- ☐ No image at all, you only “know” that you are thinking of the object
- ☐ Vague and dim
- ☐ Moderately clear and lively
- ☐ Clear and lively
- ☐ Perfectly clear and as vivid as normal vision