- Quantifying error in effect size estimates in attention, executive function and implicit
- learning
- *Kelly G. Garner^{1,3}, Christopher R. Nolan², Abbey Nydam³, Zoie Nott³, Howard Bowman¹,
- & Paul E. Dux³
- ¹ School of Psychology, University of Birmingham, UK
- ² School of Psychology, University of New South Wales, Australia
- ³ School of Psychology, The University of Queensland, Australia

Author Note

- *denotes corresponding author: getkellygarner@gmail.com
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- 14 Correspondence concerning this article should be addressed to *Kelly G. Garner.
- 5 E-mail: getkellygarner@gmail.com

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- 17 learning
- Data: https://doi.org/10.48610/b63ecc2 Garner & Nolan (2022)
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20 Abstract

Accurate quantification of effect sizes has the power to motivate theory, and reduce 21 misinvestment of scientific resources by informing power calculations during study planning. 22 However, a combination of publication bias and small sample sizes ($\sim N=25$) hampers 23 certainty in current effect size estimates. We sought to determine the extent to which sample sizes may produce error in effect size estimates for four commonly used paradigms assessing 25 attention, executive function and implicit learning (Attentional Blink (AB), Multitasking (MT), Contextual Cueing (CC), Serial Response Task (SRT)). We combined a large data-set 27 with a bootstrapping approach to simulate 1000 experiments across a range of N (13-313). Beyond quantifying the effect size and statistical power that can be anticipated for each study design, we demonstrate that experiments with lower values of N can potentially double or triple information loss. Furthermore, we identify the probability that sampling a similar 31 study will provide a reasonable effect size estimate, and show that using such an approach 32 for power calculations will lead to an imprecise estimate between 40-67% of the time, given 33 commonly used sample sizes. We conclude with practical recommendations for researchers 34 and demonstrate how our simulation approach can yield theoretical insights that are not 35 readily achieved by other methods; such as identifying the information gained from rejecting the null hypothesis, and quantifying the contribution of individual variation to error in effect 37 size estimates.

Introduction

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Despite the complexity involved in disentangling the processes that underpin cognition,
decision making regarding experimental outcomes is often made on binary (i.e. pass or fail)
terms, across the psychological, neuroscientific and biomedical sciences (Szucs & Ioannidis,
2017). Theoretical predictions are often specified in terms of the presence or absence of a
given effect, and a yes/no decision is made about whether the null hypothesis (usually a
hypothesis of null differences) can be rejected. It seems unlikely that such binary
decision-making will be sufficient to disentangle the myriad functional systems that
comprises the brain's processes. An alternate approach is to develop theory and models that
predict the magnitude of the effect. Such magnitudes are often characterised as an effect size:
a standardised measure that reflects the extent to which an effect, such as a mean difference
between two conditions, is expected to generalise to the population (Cohen, 1988).

A prediction of effect magnitude is easier to disprove than a binary outcome, and 51 therefore constitutes a more desirable prediction for theory testing (Popper, 1959). To move towards theories that predict changes in effect size magnitude, it is helpful to gain an 53 understanding of how much insight is yielded from our current effect size estimates; i.e. how well are we currently quantifying effect sizes, and should we increase sample sizes to quantify them better? Indeed, recent work suggests that insufficiently powered studies are at increased risk of producing effect size estimates that are either inflated in magnitude, or are 57 in the incorrect direction (Chen et al., 2019; Gelman & Carlin, 2014). Here we seek to address how well we currently characterise effect sizes in the study of cognition, using some established paradigms in the fields of attention, executive function and implicit learning; namely the Attentional Blink (AB, Raymond, Shapiro, & Arnell, 1992), Multitasking (MT, Schumacher et al., 2001), Serial Response Task (SRT, Nissen & Bullemer, 1987), and Contextual Cueing (CC, Chun & Jiang, 1998) paradigms.

Accurate quantification of effect sizes is also desirable for study planning, as effect sizes

form the foundation of a priori power calculations (Cohen 1988). Here the researcher
determines the sample size (N) required to achieve sufficient power to correctly reject the
null hypothesis. The importance - and difficulty - of accurately determining the anticipated
effect size has been considered extensively elsewhere (Cohen, 1988; Gelman & Carlin, 2014;
Albers & Lakens, 2018; Cumming, 2014;, Egger, Smith, Schneider, & Minder, 1997; Guo,
Logan, Glueck, & Muller, 2013; Lakens, 2013; Szucs & Ioannidis, 2017; Westfall, Kenny, &
Judd, 2014). Standard approaches of determining an anticipated effect size involve
consulting a meta-analysis, basing effect-size estimates on a few similar studies (incomplete
sampling), or determining the smallest effect that is of theoretical relevance (e.g. Gelman &
Carlin, 2014). What remains somewhat less considered is the utility of knowing how effect
size estimates may vary across replications of an experiment (e.g. Cumming, 2014;
Lorca-Puls et al., 2018), i.e. what are the distributional properties of the effect size, given a
field that uses a comparable N across experiments?

The answer to this question can facilitate both study planning and theory development. 78 A paradigm that elicits a small effect that manifests with low variability across replications may be considered a more desirable target for theory and model development than a 80 paradigm that produces the same mean effect size but with wider variability. With regard to 81 study planning, identifying the lower bound of an expected effect size facilitates computation of the N required to achieve sufficient statistical power under the worst case scenario (Gelman & Carlin, 2014). Understanding how effect sizes vary across replications with a given N also allows computation of the likelihood that any single study has produced a 85 reasonably accurate estimate, which can inform the researcher who may be computing anticipated effect sizes on the basis of one or a few similar studies. There is also utility in knowing to what extent variability in effect size observations reduces when larger N are used instead. There may be an upper bound on the accuracy with which a particular effect can be estimated, for example, when the construction of a paradigm introduces a certain level of noise or measurement error that is larger than variation at the level of the individual.

Consequently, there may be a point of diminishing returns, where the cost of recruiting extra N will outweigh the gains in accuracy of effect size estimation.

Quantifying the range of effect sizes that may be observed across experimental 94 replications is not trivial. Indeed, it has been noted that the largest challenge in 95 experimental design is the prior identification of a plausible range of effect sizes (Gelman & Carlin, 2014). Meta-analytic and incomplete sampling approaches for determining an expected effect size are hampered by the quality of the existing literature (Brand, Bradley, Best, & Stoica, 2008; Friston, 2012; Gelman & Carlin, 2014; Lane & Dunlap, 1978; Lorca-Puls et al., 2018). A recent survey of 900 effect sizes across psychology disciplines 100 showed that effects from non-pre-registered studies were much larger than pre-registered 101 studies (r = 0.36 vs 0.16, Schäfer and Schwarz (2019)) suggesting that prior to 102 pre-registration, under-powered studies were contributing inflated effect size estimates to the 103 psychology literature. It is also difficult to determine, on the basis of existing literature, how 104 conclusions about effect sizes would differ if a given field of study was different, e.g. how 105 much published literature is likely to be missing if a larger N was used as standard? 106 Simulation studies offer the opportunity to ask how well a field is currently quantifying 107 effect sizes, and how a field's estimate of an effect size would change with differing levels of 108 statistical power. Typically, simulation studies generate data under some simplifying 109 assumptions about the data generation process (e.g. Albers & Lakens, 2018; Hedges, 1982; 110 Lane & Dunlap, 1978; Troncoso Skidmore & Thompson, 2013; Westfall et al., 2014). 111 Although this work is necessary for informing how effect size estimates behave under varying 112 conditions where ground truth is known, it is challenging to anticipate all the complexities of data from the repeated-measures designs used across a range of phenomena and processes, such as in the study of attention, executive function and implicit learning. Such data are often not normally distributed and carry varying levels of covariance between conditions. 116 Thus, there remains a question mark over the extent to which the results from simulation 117 work generalizes to real-world data. An alternative method is to simulate experimental 118

outcomes by bootstrapping smaller samples from larger, real data-sets (e.g. Lorca-Puls et al., 2018). This approach offers the opportunity to characterize the distributional qualities of effect sizes estimated from high-dimensional data-sets, using varying levels of N, while maintaining ecological validity.

In the current study, we applied such a simulation approach to characterize effect size 123 distributions yielded from the study of cognition. Participants (N=313) completed a 124 battery of cognitive tasks (AB, MT, SRT and CC) originally assembled to test the 125 relationship between attention, executive function and implicit learning. For each paradigm, 126 we simulated 1000 bootstrapped experiments across 20 Ns ranging from 13 to 313. For each 127 paradigm and from each set of simulations, we determined the impact of N on error in effect 128 size estimates. We asked how much variability of effect size estimates changes as a function of 129 N, and sought to identify a point at which increasing N may offer lower gains for improving 130 effect size estimates. We next determined how likely it is that a study will produce an effect 131 size estimate with sufficiently low error, as a function of N. We also sought to determine the 132 impact of N on the potential for missing literature for each paradigm, given the case of 133 publication bias. Last, we identified data features that predict error in effect size estimates, 134 beyond the mean and standard deviation measures of which they are a function. Such 135 features may serve as a flag for whether data from a single exepriment may be susceptible to error in effect size estimates. We focused on the skew and kurtosis of inter- and intra-subject effects, as such measures can bias mean and variance estimates when datasets violate 138 normality assumptions, yet remain undiscussed in simulation studies that assume normality. 139 The results motivate guidelines for study design and interpretation, not only for future AB, 140 MT, SRT and CC studies, but also more broadly for the investigation of cognition.

142 Methods

43 Participants

The current study used a data set collected for a different pre-registered project examining the relationship between executive function and implicit learning. This data set contains performance measures from N=313 participants. Participants were undergraduate students, aged 18 to 35 years old (mean = 20.14 yrs, sd = 3.46). Of the total sample, 208 reported being female, and 269 reported being right handed. Participants received course credits as compensation. All procedures were approved by The University of Queensland Human Research Ethics Committee and adhered to the National Statement on Ethical Conduct in Human Research.

152 Apparatus

Experimental procedures were run on an Apple Mac Minicomputer (OS X Late 2014, 2.8 GHz Intel Core i5) with custom code using the Psychophysics toolbox (v3.0.14)

(Brainard, 1997; Pelli, 1997) in Matlab v2015b. Participants completed 7 tasks; Attentional Blink (AB), Multitasking (MT), Contextual Cueing (CC), Serial Response Task (SRT), Visual Statistical Learning (VSL), Operation Span task and a Stop Signal Inhibition task.

Only the data from the AB, MT, CC and SRT are reported here. We opted not to report the VSL, OSPAN or Stop Signal data as their design did not lend themselves to the computation of a standardised effect size.

161 Procedures

Across all tasks, participants sat approximately 57 cm from the monitor. An overview of the task procedures is presented in Figure 1. Details regarding each of the task protocols are presented within each section below.

Attentional Blink (AB). The AB task taps limitations in the deployment of visual information processing over time. Participants are instructed to detect two targets from a rapidly presented series of visual items. Accuracy for the second target is poorer if it appears closer in time to the first target (at early lags, from lag 2 onwards), relative to further apart in time (Raymond et al., 1992).

Protocol.The AB protocol was the same as that reported in Bender et al (2016). 170 Each trial began with a black fixation cross in the center of a gray screen [RGB: 128, 128, 171 128 for a variable interval of 200-600 ms. On each trial, letter targets and digit distractors 172 were presented centrally for 100 ms in rapid serial presentation. The eight distractors were 173 drawn without replacement from the digits 2-9. The target letters were randomly selected 174 from the English alphabet, excluding I, L, O, Q, U, V and X. The first target (T1) was 175 presented third in the series (serial position 3), and T2 was presented at either lag 2 (200 176 ms), 3 (300 ms), 5 (500 ms) or 7 (700 ms) relative to T1. All stimuli subtended 1.72 x 2.31 $^{\circ}$ 177 (w x h) visual angle. Participants were instructed to make an unspeeded report of the 178 identity of both targets at the end of each trial. Participants completed 24 practice trials 179 and four test blocks of 24 trials. For the current analysis we calculated T2 accuracy, given that T1 was correctly reported (T2|T1), for each lag. 181

Multitasking (MT). MT paradigms tap the performance costs incurred when individuals attempt to perform more than one task concurrently. Participants are instructed to complete two simple sensorimotor tasks as accurately and quickly as possible under single or multitask conditions. RTs to the constituent tasks are typically slowed for multitask relative to single task conditions (see Pashler (1994), for a review).

Protocol. The MT protocol was previously reported in Bender et al (2016). Each trial began with a black fixation cross presented in the center of a gray screen [RGB: 128, 128, 128] for a variable interval of 200-600 ms. Next either one of two coloured circles [red, RGB: 237, 32, 36 or blue, RGB: 44, 71, 151] or one of two sounds (complex tones taken from Dux, Ivanoff, Asplund, & Marois, (2006)), or both (circle and sound) were presented for 200

ms. The coloured circle subtended 1.3° visual angle. Participants were instructed to respond 192 to all tasks as quickly and accurately as possible, by using the appropriate key presses 'A' or 193 'S' for left hand responses, 'J' or 'K' for right hand responses, with the task-hand mapping 194 counterbalanced across participants. The MT protocol consisted of 4 blocks of 36 trials, 195 with each trial type (single-task [ST] visual, ST auditory or MT) randomly mixed within 196 blocks. Participants completed the MT protocols after completing two ST blocks as practice, 197 one for the visual task and one for the auditory task. We analysed mean response times 198 (RTs) to each task x modality condition. 199

Serial Response Task (SRT). The SRT paradigm taps sensorimotor sequence 200 learning; specifically the extent to which individuals speed up responses when cue stimuli 201 follow a predictable sequence, relative to when cue stimuli are presented randomly (Nissen & 202 Bullemer, 1987). As participants receive no explicit instructions or cues regarding the 203 sequence, it has been assumed that the SRT taps implicit sequence learning (Nissen & 204 Bullemer, 1987), although the extent to which performance gains reflect implicit or explicit 205 learning mechanisms continues to be debated (Clegg, DiGirolamo, & Keele, 1998; Goschke, 206 1998). Participants are instructed to make a button press response to one of four spatially 207 compatible target stimuli as quickly and accurately as possible. Unknown to the participants, the presentation of the target stimuli will on occasions follow a repeating rather than a random sequence. 210

Protocol. The SRT was adapted from Nissen & Bullemer (1987). Four square
placeholders were presented across the horizontal meridian. A red circle [RGB: 255, 0, 0]
appeared in one of the 4 squares for 500 ms. This served as the target stimulus. Participants
responded by pressing the finger of their dominant hand that spatially aligned to the target
circle, using the relevant 'j', 'k', 'l' or ';' keys. The subsequent target stimulus appeared 500
ms after a correct response had been made. Participants completed 4 blocks of 100 trials.
For blocks 1 and 4, the location of the target stimulus for each trial was randomly selected
from a uniform distribution. These blocks are referred to as 'Random'. For blocks 2 and 3, a

repeating sequence of 10 elements was used to determine the target location. The sequence was repeated 10 times. The repeating sequence was 4-2-3-1-3-2-4-2-3-1, with 1 being the leftmost placeholder, and 4 being the rightmost placeholder. These blocks are referred to as 'Sequence' blocks. Learning in the SRT is tested by comparing mean RTs between Sequence and Repeat blocks in the latter half of the experiment (block 4 vs 3).

Contextual Cueing (CC). CC tasks tap how the visual system exploits statistical 224 regularities to guide visual search (Sisk, Remington and Jiang, (2019); Jiang and Sisk 225 (2020)). Participants are typically asked to report the orientation of a rotated 'T' target 226 presented among an array of distractor 'L's. Participants are not informed that a set of the 227 displays are repeated throughout the course of the experiment, while the remaining displays 228 are novel to each trial. Typically RTs to the repeat displays become faster than novel 229 displays throughout the course of the experiment (e.g. Chun & Jiang, 1998; Nydam, Sewell, 230 & Dux, 2018). Participants are typically poor at recognising repeat displays in a subsequent 231 recognition test (Sisk, Remington and Jiang, (2019); Jiang and Sisk (2020)), which has 232 prompted the conclusion that CC reflects a process of implicit learning (but see Vadillo, 233 Konstantinidis, & Shanks, 2016; Vadillo, Linssen, Orgaz, Parsons, & Shanks, 2020; Vadillo, 234 Malejka, Lee, Dienes, & Shanks, 2021). 235

The CC protocol was the same as that reported by Nydam et al (2018) 236 which is modeled on Chun and Jiang (1998). Each trial began with a white fixation cross 237 presented on a grey screen [RGB: 80, 80, 80]. An array of 12 L's and a single T were then 238 presented presented within an invisible 15 x 15 grid that subtended 10° x 10° of visual angle. 239 Orientation of each L was determined randomly to be rotated 0°, 90°, 180° or 270° clockwise. The T was oriented to either 90° or 270°. Participants reported whether the T was oriented to the left (using the 'z' key) or the right (using the 'm' key), as quickly and accurately as possible. The task consisted of 12 blocks of 24 trials. For half the trials in each block, the display was taken (without replacement) from 1 of 12 configurations that was uniquely 244 generated for each participant, where the location of the distractors and target (but not the 245

orientation of the target) was fixed. These trials were called 'repeats'. For the remaining 246 trials, the display was randomly generated for each trial, making them 'novel'. Displays were 247 generated with the constraint that equal items be placed in each quadrant and each 248 eccentricity. Target positions were matched between the repeat and novel displays for both 249 quadrant and eccentricity. The exact location of the item was jittered within each cell for 250 each presentation, to prevent perceptual learning or adaptation to the specific position of the 251 item. The order of display type (repeat vs novel), configuration (1:12) and target orientation 252 (left or right) was randomised for each block. Mean RTs to each block (1:12) and display 253 type (repeat vs novel) were taken as the dependent variable. 254

255 Statistical Approach

All the data and code used for the current analyses are available online. All data were analysed using R-Team (2015) and RStudio (RStudio Team, 2020). The analysis of the data from each task followed two steps; first, to ascertain that we observed the typical findings for each of the paradigms, we applied the relevant conventional statistical model to the full dataset (N=313). Next, we implemented a simulation procedure to determine the effect sizes and p-values that would be attained over many experiments conducted at multiple levels of sample size.

Simulation procedure. For each paradigm, we simulated experiments across 20 263 different sample sizes (N), defined on a logarithmic interval between N_{13} and N_{313} (N = [13,264 15, 18, 21, 25, 30, 36, 42, 50, 59, 69, 82, 97, 115, 136, 160, 189, 224, 265, 313). We opted for 265 a logarithmic interval given that changes in effect size variability should be greater across changes of N when N is lower, relative to when Ns are higher. To simulate k=1000267 experiments at each of our chosen N, we sampled N participants from N_{max} (N₃₁₃) over k iterations. The relevant analysis was applied to each of the samples. Details regarding which 269 analyses were applied to each k sample are listed below for each paradigm. Sampling with 270 replacement ensured that the samples carried the Markov property. One potential concern is 271

that any reductions in observed effect size variability may be attributable to saturation as 272 the simulated N approaches the maximum (N_{313}) , rather than a genuine reduction in 273 variance of the estimate of the effect. Specifically, it could be that as N approaches 313, the 274 overlap of participants between samples is greater than when N equals a lower number such 275 as 13. It follows then that any decreasing variability in effect size estimates at higher $N_{\rm S}$ 276 could be due to the decrease in variability of the samples, rather than the improved estimate 277 of the population variance that should come with a larger N. We have run simulations that 278 argue against this explanation (see appendix i). 279

Effect Sizes. For each paradigm, we report the following information from the simulated effect size distributions; first we used simulations using N_{313} to provide a best estimate of the effect size distribution. We therefore report, for each paradigm, the mean (M), median (M), when different to the M, standard deviation (SD), the .025 (lower bound, LB) and .975 (upper bound, UB) quantiles. These values can be used to define, a priori, the range of anticipated effect sizes for future experiments, and consequently, can be used to inform study design.

We next determined to what extent using an N that is typical for the field impacts the effect size distribution. We report the same summary statistics as above, from the simulation using the N that is closest to the typical N for that task (N_{med}) . To identify the typical N, we conducted a survey of the recent literature and computed the median N for each paradigm (see below). We next computed the precision loss incurred from using N_{med} by taking the ratio of the difference between the LB and UB quantiles for N_{med} and N_{313} :

$$qq\text{-}ratio = \frac{UB_{N_{med}} - LB_{N_{med}}}{UB_{N_{313}} - LB_{N_{313}}}$$

We refer to this measure from now as the qq-ratio. The qq-ratio indicates how underor over-inflated effect size estimates may be - a qq-ratio of 2 would suggest that effect sizes may be twice as low or high as the LB or UB of the best estimate. For each task, we also report the largest observed qq-ratio and the N for which the qq-ratio reaches less than double. Note that although we expect qq-ratios to decrease as some function of $\frac{1}{N}$ (given that variance depends on this term), the exact relationship between N and precision loss will be dependent on population variance and measurement error for any given paradigm. We also present qq-ratios across all N's, to provide an idea of potential precision gains from increasing sample size.

Next we computed estimates regarding the extent to which precision loss in effect size 302 estimates may lead a researcher awry during study planning. To determine how often 303 sampling one or two similar studies with N_{med} may induce biases in power calculations, we 304 computed for each task and N, the proportion of simulated observations that fell within the 305 LB and UB quantiles of the best estimate (N_{313}) . This provides the probability that 306 sampling one study will provide an accurate estimate of the true effect size. We refer to this 307 as the probability of attaining a hit, given the sample size (p(hit $|N_x|$)). (As above, although 308 we expect this to change as a function of $\frac{1}{N}$, the exact relationship is dependent on 309 measurement noise). We next estimate effect size biases that result from aggregating across 310 experiments with statistically significant results (p<.05), under the assumption that the 311 published literature is more likely to only contain significant findings. We computed the difference between the mean effect size from significant results and the mean effect size from 313 all results, and refer to this value as the *inflation bias*. Effectively, this analysis is assessing 314 the severity of the file-drawer effect for different sizes of N. To inform understanding of 315 potential file-drawer effects, we also report the proportion of studies that rejected the null 316 hypothesis (p < .05) for N_{med} , and the N where this value reached 90% (note: this is related 317 to the observed effect size, but we report it here for clarity). 318

Last, we sought metrics that may inform whether an experiment has yielded an imprecise effect size estimate. Effect sizes are a function of the variability of the effect across individuals, as well as intra-individual variability over trials (Rouder & Haaf, 2018). If either of these stem from a non-normal distribution, mean and standard deviation estimates -and

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consequently effect size computations- may be impacted. We thus determined whether the skewness and kurtosis of this data could predict error in effect size estimates.

Error in effect sizes were defined for each task as the difference between the expected 325 value for N_{313} and each observed effect size from N_{med} . For each N_{med} simulation, we 326 calculated the key behavioural effect for each participant (in raw units) and computed the 327 Pearson's skewness and kurtosis coefficients of the resulting distribution of effects. We also 328 sought to characterise the skewness and kurtosis of intra-individual variability; we computed 329 the variability, skew and kurtosis from each participant's performance across trials, and took 330 the means of these measures across participants (also for each simulated experiment). The 331 resulting variables (effect skewness, effect kurtosis, mean intra-individual variance, skewness, 332 and kurtosis) served as predictors in a multiple regression analysis, using effect size error as 333 the criterion variable. If any of the regressors themselves showed high levels of skew then a 334 log transformation was applied. All model residuals were checked for homoscedasticity. Note 335 also that although skewness and kurtosis share variance as they depend in part on the same 336 parameters, performing stepwise regression yielded the same results as we present below. 337

To protect against interpreting over-fitted models, we performed k-fold cross-validation for each multiple regression model, where k=10, and we report the mean R^2 (and standard deviation) across folds. Next, we identified potential predictors by determining which regressors consistently predicted effect size error across the four tasks. We then sought to identify which values of such predictors suggest a problematic effect size error (defined as effect size errors that were less or more than the .025 and .975 quantiles of N_{313} effects). We achieved this using simple regression, as we sought to simulate how much variability may be accounted for when a researcher only has access to a single piece of information.

Computing Effect Sizes. To compute effect sizes for the paradigms analysed using a repeated-measures ANOVA (AB, MT and CC), we computed partial epsilon squared (ϵ_p^2) , as this measure is unbiased, unlike η_p^2 (Okada, 2013). (Indeed, an earlier version of our manuscript showed that η_p^2 estimates are biased on average, even for sample sizes of N=313,

³⁵⁰ 1). We use the formula for ϵ_p^2 as defined in (Carroll & Nordholm, 1975, eq 11):

$$\epsilon_p^2 = \frac{F - 1}{F + \frac{df_w}{df_b}} \tag{1}$$

where F is the F statistic for the effect, df_w is the degrees of freedom within groups, and df_b is the degrees of freedom between groups. The SRT paradigm instead uses a paired-samples design. For this paradigm we computed Cohen's d_z (see Lakens (2013), eq 6):

$$d_z = \frac{M_{diff}}{\sqrt{\frac{\sum (X_{diff} - M_{diff})^2}{N - 1}}} \tag{2}$$

where M_{diff} is the mean difference between groups, and X_{diff} is the difference score for one subject.

To facilitate our interpretation of effect sizes as small, medium or large, we refer to Cohen (1992) for ϵ_p^2 and to Gignac & Szodorai, (2016) for d_z .

Representative N. To attain an N that reflects what is commonly used for each paradigm, we surveyed the three most relevant Journal of Experimental Psychology journals (General, Human Perception & Performance and Learning, Memory & Cognition) for all articles mentioning use of any of the current paradigms. We searched back for a total of 60 experiments or back from today to 2005, whichever occurred first. We then computed the median sample size used across all experiments found from the survey. The results from the survey are presented in Table 1.

Analysis of Experimental Tasks.

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¹ See for Supplemental Figures documenting this analysis: https://github.com/kel-github/Super-Effects/tree/master/doc/supp-figs. Note: we thank a helpful reviewer for drawing our attention to this

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Attentional Blink. As is typical for the field, and to ascertain the effectiveness of 366 the lag manipulation, T2|T1 accuracy was subject to a repeated measures ANOVA, with lag 367 (2, 3, 5, & 7) as the independent variable. This analysis was also applied to each k sample. 368 For each k sample, ϵ_p^2 and the resulting p value were taken for the main effect of lag. For this 369 task, and all remaining ANOVA tests, models were fit using the anova test() function from 370 the rstatix package. Where possible, the models were fit using type 3 sum of squares, owing 371 to the computational expediency and match to commercial statistical software packages. In 372 some cases, models were unable to be fit using type 3 sum of squares, owing to rank 373 deficiencies in the underlying design matrix (e.g. when one participant was drawn more than 374 twice within a sample). In these cases, models were fit using type 1 sum of squares. However, 375 as the experiment designs were fully balanced, each sum of squares type should yield the 376 same results. 377

Multitasking. To ascertain the effectiveness of the multitasking manipulation, the data were modelled using a 2 (task-modality: visual-manual vs auditory-manual) x 2 (task: ST vs MT) repeated-measures ANOVA. This analysis was also applied to each k sample; ϵ_p^2 and p are reported for both the main effect of task and the task-modality x task interaction.

Serial Response Task. To ascertain whether participants learned the repeating sequences, RTs in the final block of sequence trials (block 3) were compared to those in the final block of random trials (block 4) using a paired-samples t-test. This analysis was also applied to each k sample, and we present the resulting Cohen's d_z , and p value from each test.

Contextual Cueing. To ascertain whether participants became faster for repeat relative to novel trials over the course of the experiment (i.e. whether participants learned the statistical regularities of the repeated displays), the data were subject to a block (1:12) x condition (repeat vs novel display) repeated measures ANOVA. Specifically, learning should be evidenced by a significant block x condition interaction. This analysis was applied to each k sample, and we report ϵ_p^2 and p for the block x condition interaction.

As some studies from the contextual cueing literature suggest that the effect is better characterised by a main effect of condition thereby implying rapid learning of the statistical regularities (e.g. Peterson & Kramer, 2001; Travis, Mattingley, & Dux, 2013), we also report the ϵ_p^2 and p for the main effect of condition.

397 Results

We first present the results from the standard analyses used for each task, to show that
we replicate the classic findings from each task. The key behavioural data are presented in
Figure 2.

401 Behavioural Results

Attentional Blink. The AB data are presented in Figure 2A. Accuracy for T2|T1 was lower for early relative to late lags; accuracy for T2|T1 decreased (by around p = 0.32) when T2 was presented at lag 2, relative to lag 7. A one-way ANOVA revealed that the effect of lag was statistically significant (F (2.4, 749) = 508, $\epsilon_p^2 = 0.62$, p = 1.88e-157). Post-hoc t-tests showed that accuracy at each lag differed statistically from accuracy at each of the other lags (all p's \leq 3.68e-18). Therefore, the AB paradigm yielded the typically observed effects.

Multitasking. As anticipated, RTs were slowed for multitask relative to single task 409 conditions (see Figure 2B). Mean RTs were on average 0.31 (95% CI[0.30, 0.33]) seconds (s) 410 slower on MT trials (F(1, 312) = 2653, ϵ_p^2 = 0.89, p<.0001). There was also a significant 411 task modality (sound or visual) x task (ST vs MT) interaction (F(1, 312) = 59.4, $\epsilon_p^2 = 0.16$, p<.0001). The MT cost (MT RT - ST RT) was larger for the sound task relative to the 413 visual task by on average 0.08 s (95% CI[0.06, 0.10]). This latter finding has been reported 414 previously (Hazeltine & Ruthruff, 2006). We continue to interrogate this effect, as it serves 415 as an example of an interaction with a small effect size. This facilitates comparisons to the 416 contextual cueing task, as reported below. 417

SRT. The results from the SRT paradigm are presented in Figure 2C. Participants 418 learned the repeating sequence; RTs were on average 0.049 s faster (95% CI [0.046, 0.051]) 419 for the sequence relative to the random condition (t(312) = 33.60, $d_z = 1.90$, p = 1.13e-105). 420 Contextual Cueing. Participants learned the repeat displays over blocks (see Figure 421 2D); the RT data showed a significant albeit small block x condition interaction (F (10.12, 422 3158.9) = 4.80, ϵ_p^2 = 0.01, p = 6.01e-07). There was no statistically significant difference 423 between RTs for repeat and novel displays for block 1: (t (312) = 0.53, p = 0.60, μ difference 424 = 0.01 s, sd: 0.20). However, by block 12, RTs for repeat displays were on average 0.04 s425 faster than novel displays (sd: 0.14, t (312) = 5.33, p = 1.87e-07. There was also a significant 426 and larger main effect of block (F(5.03, 1567.97) = 131.08, $\epsilon_p^2 = 0.29$, p = 1.07e-116). and a 427 significant main effect of condition (F(1.00, 312.00) = 32.78, ϵ_p^2 = 0.09, p = 2.42e-08). 428

Effect Sizes

Summary Statistics and Precision Loss. Across tasks, we observed a range of 430 small to large effect sizes $(epsilon_p^2: .01 - .9)$, thus we are able to characterize the extent of precision loss across a range of effect size scenarios. For studies run with N_{med} , the range of 432 precision losses we observed was 1.78 - 4.16, suggesting that caution is warranted when 433 basing power calculations on the outcomes of a small number of studies. The N required to 434 reduce precision loss to < 2 ranged from 36 - 82. For both the interaction effects currently 435 studied (MT and CC), the effect size distributions for N_{med} spanned from below to above 436 zero, suggesting that differing conclusions may be reached across studies. Specifically, when 437 the effect size is less than zero, the direction of the effect has the opposite sign. The observed 438 power to reject the null hypothesis ranged from p=.35 - 1, suggesting areas where there may 439 be missing literature owing to publication bias. We next report these details for each task. 440 **Attentional Blink.** The AB effect was large (see Figure 3A); $N_{313} \epsilon_p^2 M = 0.62$ (SD: 0.03, LB: 0.57, UB: 0.67). The simulated effect sizes for N_{med} (N_{25}) produced the same 442 mean effect size estimate (M: 0.62, SD: 0.06, LB: 0.48, UB: 0.74, see Figure 3B). With

regard to extent of precision loss; the qq-ratio for N_{med} was 2.38. The qq-ratio for small N 444 was ~ 3 ($N_{13} = 3.06$, $N_{15} = 2.98$), and reached < 2 at N_{42} ($N_{36} = 2.09$, $N_{42} = 1.81$). The 445 remaining qq-ratios are presented in Figure 5. 446

Across all N, the probability of rejecting the null hypothesis was 1.

Multitasking.

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Main effect of task condition. For the MT paradigm, the main effect of task condition 449 was large $(N_{313} \epsilon_p^2 M = 0.90, SD: 0.01, LB: 0.87, UB: 0.92)$, and the simulated effect sizes 450 for N_{med} (N_{42}) produced the same mean effect size estimate (M: 0.90, SD: 0.03, LB: 0.84, 451 UB: 0.94, see Figure 3D). With regard to precision loss, the qq-ratio for N_{med} was 1.89. Comparable to the AB, qq-ratio for small N was ~3 ($N_{13} = 2.97$, $N_{15} = 3.03$), and was < 2 453 for N_{36} ($N_{30} = 2.12$, $N_{36} = 1.96$). The remaining qq-ratios are presented in Figure 5. 454

Across all N, the probability of rejecting the null hypothesis was 1. 455

Task condition by modality interaction. The task condition x modality interaction 456 achieved a medium effect size (N_{313} ϵ_p^2 M=0.17, SD: 0.06, LB: 0.06, UB: 0.30, see Figure 457 3E), and the simulated effect sizes for N_{med} produced the same mean effect size estimate (M: 458 0.17, Mdn: 0.16, SD: 0.12). However, the LB and UB quantiles from N_{med} crossed zero (LB: 459 -0.02, UB: 0.43, see Figure 3F), suggesting that using N_{med} will sometimes produce differing 460 inferences with regard to the effect size, compared to N_{313} . With regard to precision loss, the 461 qq-ratio for N_{med} was 1.78. The qq-ratio for small N was ~2.75 ($N_{13} = 2.88, N_{15} = 2.72$), 462 and reached < 2 at N_{36} ($N_{30} = 2.00$, $N_{36} = 1.87$). The remaining qq-ratios are presented in 463 Figure 5. 464

The probability of rejecting the null hypothesis at N_{med} was 0.79. A sample size of N_{82} 465 was required to achieve statistical power of > 90 % ($N_{69} p = 0.90, N_{82} p = 0.95$). 466

Serial Response Task. For the SRT, the effect of sequence vs random was large 467 $(N_{313} d_z M: 1.93, SD: 0.21, LB: 1.53, UB: 2.33, Figure 4A)$. Here, there was disagreement 468 between N_{313} and N_{med} (N_{36}) regarding the means of the simulated effect size distributions 469

 $(N_{med}\ d_z\ M=2.02,\ SD:\ 0.44,\ LB:\ 1.22,\ UB:\ 2.86,\ see\ Figure\ 4B).$ With regard to precision loss, the qq-ratio for N_{med} was 2.05. The remaining qq-ratios are presented in Figure 5. The qq-ratio for small N was $\sim 3.5\ (N_{13}=3.62,\ N_{15}=3.35),\ and\ reached\ under\ 2\ at\ N_{42}\ (N_{36}=3.05,\ N_{42}=1.88).$

Across all sampled N, the probability of rejecting the null hypothesis was 1.

$Contextual\ Cueing.$

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Block x Condition Interaction. The block x condition interaction effect was on the 476 boundary between very small and small (N_{313} ϵ_p^2 M: 0.02, SD: 0.01, LB: 0.01, UB: 0.04, Figure 4C). There was a minor discrepancy between the N_{313} and N_{med} (N_{25}) means, but 478 the N_{med} Mdn agreed (M: 0.03, Mdn: 0.02, SD: 0.03). Similar to the SRT task, the effect 479 size distribution for N_{med} included zero (N_{med} LB: -0.02, UB: 0.11), thus experiments with 480 N_{med} may sometimes motivate different conclusions to N_{313} . Specifically, when the effect size 481 is below zero, it would be concluded that repeating displays leads to a slowing of RTs (rather 482 than speeding RTs), relative to novel displays. There was also a greater extent of precision 483 loss at N_{med} than was observed for other tasks (qq-ratio: 4.16). The qq-ratio for small N 484 was ~ 6 ($N_{13} = 6.41$, $N_{15} = 5.64$), and reached under 2 at N_{82} ($N_{69} = 2.08$, $N_{82} = 1.84$). The 485 remaining qq-ratios are presented in Figure 5. 486

The probability of rejecting the null hypothesis at N_{med} was p=0.35. A sample size of N_{82} was required to achieve statistical power of > 90 % (N_{69} p=0.90, N_{82} p=0.95).

Main Effect of Condition. The main effect of condition was large $(N_{313} \epsilon_p^2 M: 0.31, SD: 0.03, LB: 0.25, UB: 0.37,$ see Figure 4E). There was a minor discrepancy between the mean estimates for N_{313} and N_{med} (M: 0.33, Mdn: 0.32, SD: 0.08, LB: 0.20, UB: 0.47, see Figure 4F). Precision loss was comparable to the SRT (qq-ratio: 2.19). The qq-ratio for small N was ~2.8 $(N_{13} = 2.82, N_{15} = 2.75),$ and reached under 2 at N_{36} $(N_{30} = 2.19, N_{36} = 1.97)$. The remaining qq-ratios are presented in Figure 5.

The probability of rejecting the null hypothesis at N_{med} was p = 0.39. A sample size of

496 N_{136} was required to achieve statistical power of > 90 % (N_{115} p = 0.97, N_{136} p = 0.99).

Impacts of imprecision and missing literature. Having characterized the effect 497 size distributions for each task, we next sought to determine the impact of effect size 498 imprecision when basing power calculations on a similar study that uses N_{med} , and the 499 extent to which effect size estimates could be inflated in cases where there may be missing 500 information owing to publication bias. For the former, we computed p(hit|N); for the AB, 501 MT and SRT paradigms, the p(hit| N_{med}) was ~0.66 (AB: 0.65, MT tc: 0.67, MT tc x m: 502 0.67, SRT: 0.65). This suggests that sampling a similar study will produce a reasonable a 503 priori effect size estimate 2/3 of the time (Note: it is interesting that the AB, MT and SRT 504 fields appear to have converged on an N_{med} that puts them on a comparable footing for 505 hitting the best effect size. Indeed, if the MT and SRT fields used the same sample size as 506 the AB field, the p(hit N_{25}) ratios for the three effects would be ~0.57 (MT tc: 0.59, MT tc x 507 m: 0.54, SRT: 0.57)). For the CC paradigm, the p(hit| $N_{med} = \sim .48$ (b x c: 0.40, c: 0.55). 508 This suggests that basing effect size estimates on a similar CC study will result in an 509 appropriately powered study 50% of the time. The remaining p(hit N_x) are presented in 510 Figure 6.

Next, we estimate the *inflation bias* that is incurred by using a given N. Here we focus on the MT and CC paradigms, as they contained effects where the null was not consistently rejected at N_{med} . For the MT task, the task condition x modality inflation bias for N_{med} was 0.04 ϵ_p^2 . No inflation bias was present for the main effect of task condition (all N=0). For the CC, the block x condition interaction inflation bias at N_{med} was 0.03 ϵ_p^2 , for the main effect of condition the N_{med} inflation bias was nominal (-0.003 ϵ_p^2). These and the remaining inflation bias estimates are presented in Figure 7.

Predicting error in effect size estimates. Last, we determined which aspects of
the data were predictive of erroneous effect size estimates. Multiple-regression analysis
showed that between 10-40% of the variance in effect size errors were predicted by effect
skewness, effect kurtosis, mean intra-individual variance, mean intra-individual skewness,

and mean intra-individual kurtosis (mean cross-validated R²s (sd): AB: 0.39 (0.08), MT 523 main effect of task: 0.09, (0.05), MT task x modality interaction: 0.11 (0.04), SRT: 0.22 524 (0.09), CC main effect of condition: 0.19 (0.08), all ps < .001), apart from for the block x 525 condition effect from the CC task, where the model accounted for a negligible proportion 526 (1%) of effect size error (F(5,994) = 2.35 p = .04). This suggests that skewness and 527 kurtosis of effects and within-participant variability predict reasonable variability in effect 528 size error, apart from when effect sizes are very small, such as is the case the CC block x 529 condition interaction ($\epsilon_p^2 \sim 0.01$ - 0.04). 530

Next we determined which regressors showed significant predictive power across the 531 tasks. For the AB, MT, and SRT tasks, effect skewness and kurtosis were significant 532 predictors of effect size error (all ps < see appendix ii). Mean intra-individual skew was a 533 significant predictor across all four tasks, apart from for the MT task x condition interaction. 534 We next determined which of these regressors may serve as a predictor of error when used as 535 a marker in isolation. Effect skewness tended to predict a higher range of effect size error 536 variance (Adjusted R^2 s: 0.04 - 0.10) than kurtosis (Adjusted R^2 : -0.00 - 0.01), apart from 537 for the multitasking condition x task interaction (skewness: Adjusted \mathbb{R}^2 : 0.00 kurtosis: 538 Adjusted R^2 : 0.06). Although mean intra-individual skewness predicted higher amounts of error variance for the AB (Adj R^2 : 0.18) and CC main effect of condition (Adj R^2 : 0.16), its predictive power was poor for the remaining tasks (Adj R^2 s: \leq .02. This suggests that effect skewness is a more informative predictor of effect size error, when not controlling for other influences. 543

Having identified that effect skewness predicts 5-10% of variance in effect size error, we
next determined which values of effect skewness serve as a marker for problematic effect size
error. Where skewness was a better predictor of effect size error (AB, SRT, and MT main
effect of condition), moderate to large negative effect skewness (VALS) was suggestive of
erroneous over-estimates of effect size, whereas large positive skew was predictive of
erroneous under-estimates (VALS). Thus, WRAP THIS UP OF WHY ITS IMPORTANT.}

550 Discussion

We simulated 1000 bootstrapped experiments across 20 Ns ranging from 13 to 313. 551 For each paradigm and from each set of simulations, we determined the impact of N on error 552 in effect size estimates. In doing so, we were able to quantify a range of effect sizes that 553 researchers can consider when performing power analyses, particularly when using the AB, 554 MT, SRT or CC paradigms. We determined precision loss in effect size estimates as a 555 function of N and found that decreasing N_{max} to N_{med} inflated the range of effect sizes by 556 factors ranging between 1.78-4.16. We also computed the probability of attaining an accurate 557 effect size estimate (defined as falling between the .025 and .975 quantiles of N_{max}), and 558 found that sampling a single study would result in a reasonable estimate on between 40-67%559 of samples. Last we computed the inflation bias for effects that carried less than 90% power 560 at N_{med} . We found that inflation biases ranged from a nominal to small effect (ϵ_p^2 : -.003-.03). 561 These findings can inform study planning, study interpretation and theory development. 562

Our findings have practical relevance for study planning. A Study Planning. 563 researcher planning a study using the Attentional Blink, who only has resources to test 50 564 participants, can now a priori determine that they have 100% power to reject the null 565 hypothesis. They can also determine that their observed effect size may be inflated by a 566 factor of 1.78, and that their effect size estimate will be comparable to a study with several 567 hundred people 77% of the time. Thus, the researcher can move to designing studies that 568 produce an effect size estimate that they believe is sufficiently accurate to be a useful 569 contribution to the field. They are also able to identify points of diminishing returns, beyond which testing extra participants may produce incremental gains. For example, by examining 571 the relationship between the qq-ratio and N, they can determine the point at which they 572 believe the cost in resources outweighs the benefits of precision gain. The information 573 presented above allows such informed decision-making to be conducted for the AB, MT, SRT 574 and CC tasks. 575

These findings complement the insights offered by previous simulation studies into the 576 factors influencing effect size estimates. Previous simulation work has highlighted conditions 577 that cause bias in effect size estimates (Gelman & Carlin, 2014; e.g. Lane & Dunlap, 1978; 578 Okada, 2013; Troncoso Skidmore & Thompson, 2013) and the consequences for power 579 calculations (Albers & Lakens, 2018; Anderson, Kelley, & Maxwell, 2017), by generating 580 data-sets under simplifying conditions such as using between subjects designs or using lower 581 and fewer samples of N. Collectively, these studies have determined which effect size 582 measures provide unbiased estimates (e.g. ϵ_p^2 vs η_p^2), that effect size estimates are likely to be 583 inflated due to publication bias and low statistical power, and that the process of study 584 design should account for uncertainty in the magnitude and direction of anticipated effect 585 sizes. However, it can be challenging to determine the uncertainty around effect size 586 estimates and the impact of differing N on that uncertainty without quantifications of the expected effect size, and the variability around that effect size, for a given field of study. By taking the current step away from simplifying data generating conditions, and instead 589 simulating experiments based on data from specific paradigms with more complex designs, 590 we provide insight into the uncertainty regarding effect size estimates for ecologically valid 591 data taken from the AB, MT, SRT and CC paradigms. 592

Study Interpretation. Our findings also offer insight into the interpretation of 593 existing studies using the AB, MT, SRT and CC paradigms. Researchers evaluating existing 594 studies can use the current findings to estimate the potential imprecision of a given effect 595 size, and can accordingly weight their belief in consequent theoretical assertions. The current 596 findings also enable (largely positive) evaluations of the broader literature for each paradigm. Statistical power was largely very strong, apart from for interactions, which involved small or medium effects. This suggests that the published literature will likely cumulatively reflect a 599 reasonable effect size estimate, across all N, when the effect under study is a main effect. 600 However, for interaction effects (for which we only saw very small to medium effect sizes $[\epsilon_p^2]$ 601 .02-.17), we consistently found that ~82 participants were required to achieve > 90% power, 602

which was far above the N_{med} for each paradigm. It follows that interactions would be 603 relatively under-powered since data is being divided into more bins, and this accords with 604 other observations that current practices result in low statistical power for interaction effects 605 (e.g. Lakens & Caldwell, 2021). However, our survey of the field suggests that investigation 606 of interaction effects with low N remains common practice when measuring attention, 607 executive function and implicit learning. The current findings demonstrate that cumulative 608 approaches would be hampered by current practices in characterizing interaction effects (at 609 least in the case of MT and CC). 610

We believe these findings offer new insights when considering what constitutes a well 611 powered study for investigations into attention, executive function and implicit learning. The 612 current findings show that achieving statistical power to reject the null hypothesis is either 613 trivially easy, or, in the case of very small effects (as we observed for CC b x c), is inevitable 614 with sufficient N. Therefore, demonstrating rejection of the null hypothesis has relatively 615 little to offer if the goal is to develop theory and leverage insights from cumulative science 616 (Chen et al., 2019; Cumming, 2014; Gelman & Carlin, 2014; Lorca-Puls et al., 2018). Here 617 we show that if a given field can pool data, or collectively provide the appropriate simulation 618 parameters, then it is possible to plan research studies with the aim of producing an effect size estimate that has an acceptable level of precision. Of course, there are no pre-defined rules regarding what is a tolerable level of precision. This is something that may need to be 621 defined on a case by case basis. 622

Just as knowing about the distributional properties of effect sizes observed across many replications provides information about study design and interpretation, so too can considering the distributional qualities of observed p-values. The p-value is itself a random variable that will vary from experiment to experiment (e.g. Chen et al., 2019), yet this variation is rarely considered when researchers report a single p-value for each reported effect. Understanding exactly how a p-value may vary across replications can help identify where there may be missing literature owing to publication bias, or uncertainty regarding the

rejection of the null hypothesis (e.g. Nolan, Vromen, Cheung, & Baumann, 2018). Moreover, 630 although it is known that p-values are inversely related to effect size, the relationship is both 631 non-linear and non-trivial to compute as it depends on other factors such as the sample size, 632 the underlying data type (e.g. independent vs dependent) and the statistical test (Faul, 633 Erdfelder, Lang, & Buchner, 2007). The current simulation approach could also be employed 634 to better map the relationship between N and p-values, for varying effects. This can yield 635 insights into uncertainty over p-values and assist with interpretation of research findings. We 636 provide the p-value data from the current simulations as Supplemental figures ² to help with 637 this endeavor. 638

Theory Development. The current simulation approach can also inform theory 639 development. In the case of implicit learning, our results showed that for the CC paradigm, the block x condition interaction effect was very small (ϵ_p^2 : .01-.04). This may be because the effect is very small across all variations of the paradigm, or that the current design parameters may not effectively measure the effect. The current paradigm was modeled on the seminal demonstration (Chun & Jiang, 1998). Nonetheless, there may be critical design parameters that with modification, elicit a larger (and more positive) range of interaction 645 effects. Applying the current simulation approach to data collected across varying 646 implementations of the CC paradigm can yield insights into what produces the effect, and 647 consequently can help refine theory regarding the causes of the effect. 648

The current approach of using a large data-set also offers insight into the impact of 649 increasing individual variation while holding measurement error relatively constant, for each 650 paradigm under study here. Hopefully, at N_{313} the contribution of individual variation is relatively low compared to the measurement error. Given this, the currently observed comparable rates of change for the qq-ratio and p(hit|N) values across paradigms may be unsurprising. This consistency may be of some value when quantifying the impact of

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² See https://github.com/kel-github/Super-Effects/tree/master/doc/supp-figs

individual variation on predicted effect magnitudes. Furthermore, the range of effect sizes observed for experiments at N_{313} provides an estimate of measurement error that could be built into quantitative predictions for the AB, MT, SRT and CC effects.

Limitations. It remains an open question whether the current findings generalize 658 beyond the paradigms and participant pool used here. There are some suggestions of 659 generalizability of the current observations across tasks that should be investigated in future 660 research. Across all the ϵ_p^2 findings, the standard deviations at N_{313} were small (SDs: 661 .01-.03), and each SD doubled or tripled as a function of moving from N_{313} to N_{med} . 662 Therefore, it is possible that effect sizes such as ϵ_p^2 will show a comparable reduction in 663 variability as N increases to the hundreds, across all paradigms. If this were found to be 664 true, then researchers could apply the rates of change observed here to effect size estimates 665 from their own field of study in order to determine the N required to achieve a tolerable level of precision. Moreover, changes in p(hit|N) and qq-ratio rates were comparable across N for 667 all effects, regardless of size, suggesting invariance to the measurement differences across 668 paradigms. Future research should determine the extent to which these rates were dependent upon the current sample of N_{313} , which was arguably homogeneous with regard to 670 population characteristics. Indeed, it is pertinent to determine the extent to which our 671 results would hold with more heterogeneous samples. For example, estimates of effect sizes 672 may be more variable under less constrained conditions, such as when community sample 673 participants complete online studies. Future work should determine the extent to which 674 study design choices may hamper precise effect size estimates in such groups. 675

A further limitation is that the p(hit|N) and qq-ratio values were dependent on the range of effect sizes observed at N_{313} . The results may be different if we had sampled N_{1000} (for example). Thus interpretation of the current findings is dependent on how willing the researcher is to assume that several hundred participants is a sufficient representation of 'as good as it gets'. Given the small ranges of effect sizes observed for N_{313} , we certainly think this is a reasonable place to start.

682 Conclusions

By simulating experiments across varying N for popular paradigms from the study of 683 attention, executive function and implicit learning, we are able to provide insights into the 684 precision of effect size estimates that are unknowable from simulation approaches that make 685 simplifying assumptions regarding the data. Using the current approach, we can identify the 686 mean effect size and the variability of that effect size, under the best case scenario. This 687 allows us to quantify the change in precision of effect size estimates with varying N. We 688 identify that using a typical N can double imprecision of effect size estimates, and characterize to what extent this reduces the chances that a single study will provide a reasonable effect size estimate. In the case of the small effect sizes observed here, inflation 691 bias can amount to the equivalent of a small effect size. Amassing large data-sets to allow characterisation of error in effect size estimates is a useful exercise when seeking to plan studies that facilitate cumulative science.

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Table 1 $Typical\ N\ found\ from\ literature\ survey.\ n\ exp=number\ or\ experiments,\ med\ N=median\ N$

task	n exp	med N
AB	60	24
MT	60	40
CC	49	24
SRT	60	34

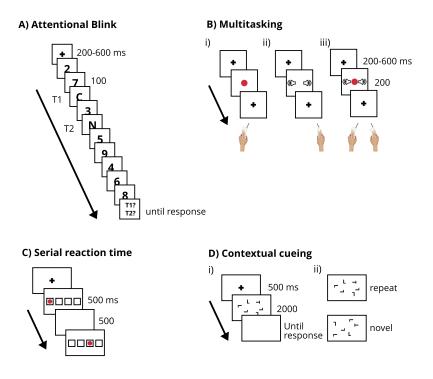


Figure 1. Task battery. A) Attentional Blink Paradigm (AB). Participants report the two letter targets from the rapid serial visual presentation of numbers and letters. B) Multitasking Paradigm (MT). Participants discriminate the colour of a disc, a complex tone, or both. C) Serial reaction time task (SRT). Participants respond to one of four stimuli, each mapped to a spatially-compatible button press. Unknown to participants, for half of the experimental blocks, the stimulus follows a repeating sequence. D) Contextual Cueing Paradigm (CC). i) Participants perform an inefficient visual search task where they search for a rotated T among L distractors. ii) Unknown to participants, half of the search arrays are repeated throughout the course of the experiment.

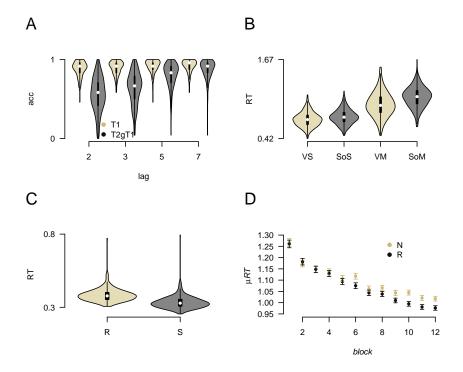


Figure 2. Behavioural Results. A) Attentional Blink Paradigm (AB). Accuracy (acc) for T2|T1 was lower at early lags, relative to later lags. Note that T1 accuracy is also plotted. B) Multitasking Paradigm (MT). RTs were slowed for multitask (M) conditions, relative to single-tasks (S). This difference was larger for sound tasks (So) than for visual (V) tasks. C) Serial Response Task (SRT). In the second half of the experiment, RTs were faster in the sequence (S) relative to the random (R) condition. D) Contextual Cueing (CC). RTs were faster for the repeat (R) than for the novel (N) displays, and this difference became larger throughout the course of the experiment.

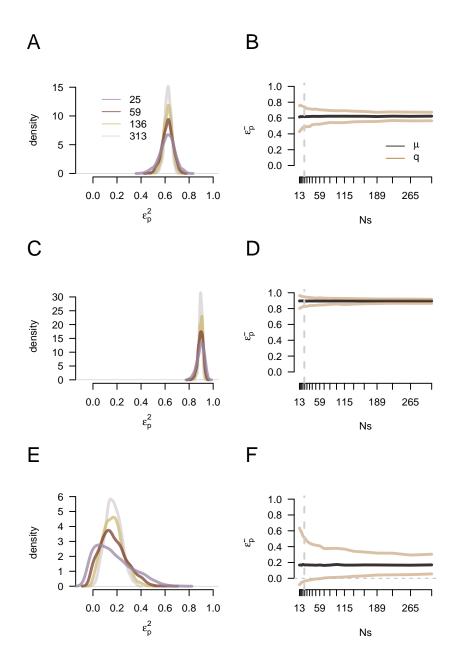


Figure 3. Effect size distributions for the AB and MT paradigms. A) AB: Partial epsilon sq distributions for selected N for the main effect of lag. B) Showing the mean partial epsilon squared, and the UB and LB quantiles [.025, .975], for the main effect of lag, across N (AB). C) MT: Same as in A, but for the main effect of task condition (MT). D) Same as in B, for the main effect of task condition (MT), E) As in C, but for the task x modality interaction (MT), E) As D, but for the MT task x modality interaction

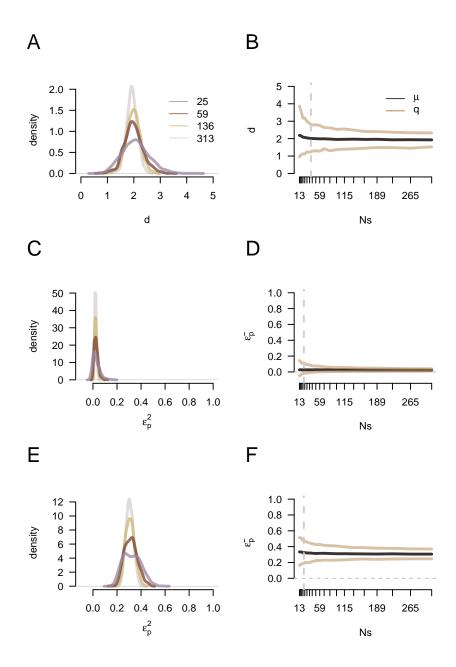


Figure 4. Effect size distributions observed for the SRT and CC paradigms. A) SRT: Cohens dz for the effect of sequence learning, for selected N. B) Showing the mean dz, and the UB and LB quantiles [.025, .975], for the effect of sequence, across N (SRT). C) CC: Same as in A, but for the block x condition interaction. D) Same as in B, for the block x condition interaction (CC), E) As in C, but for the main effect of condition (CC), E) As D, but for the main effect of condition (CC)

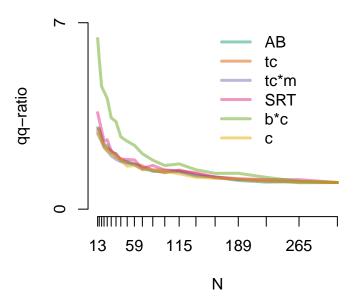


Figure 5. QQ-ratios plotted by N for each task effect. AB: Attentional Blink, tc: main effct of task condition from the MT paradigm, tc*m: trial condition x modality interaction, SRT: Serial Response Task, b*c: block x condition interaction from the CC task, c: main effect of condition from the CC task.

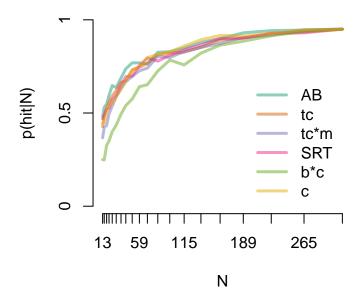


Figure 6. probability of a single study producing an effect size estimates that are within the LB and UB for the best estimate (p(hit|N)), plotted by N for each task effect. AB: Attentional Blink, tc: main effect of task condition from the MT paradigm, tc*m: trial condition x modality interaction, SRT: Serial Response Task, b*c: block x condition interaction from the CC task, c: main effect of condition from the CC task.

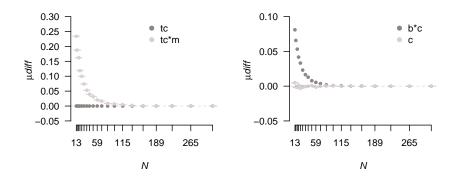


Figure 7. Inflation bias scores plotted by N for the A) the task condition and task condition x modality interactions for the MT paradigm, and B) the block x condition interaction and main effect of condition from the CC paradigm. IB: Implicit Bias, tc: task condition, tc*m: task condition x modality, b*c: block x condition interaction, c: main effect of condition. Error bars reflect pooled standard error of the difference.