E-step:

$$\begin{aligned} Q_t^{(i)}(c_t) &= P\big(c_t = k \big| x_t, \theta^{(i-1)}\big) \\ &\propto P\big(x_t \big| c_t = k, \theta^{(i-1)}\big) \cdot P\big(c_t = k \big| \theta^{(i-1)}\big) \\ &\propto \Phi(x_t, \lambda) \cdot \pi_k^{(i-1)} \end{aligned}$$

$$Q_t^{(i)}(c_t) = \frac{\lambda_k^{x_t} e^{-\lambda_k}}{\sum_{k=1}^K e^{-\lambda_k}}$$

M-step for π_k :

$$\pi_{k} = \underset{\pi_{k}}{argmax} \left(\sum_{t=1}^{n} \sum_{k=1}^{K} Q_{t}^{(i)}(k) \log(\pi_{k}) \right)$$

$$\pi_{k} = \frac{\sum_{t=1}^{n} Q_{t}^{(i)}(k)}{n}$$

M-step for λ_k :

$$\begin{split} &\lambda_k = argmax \left(\sum_{t=1}^n \sum_{k=1}^K Q_t^{(i)}(k) \log \left(P(x_t | c_t = k, \theta) \right) \right) \\ &= argmax \left(\sum_{t=1}^n \sum_{k=1}^K Q_t^{(i)}(k) \log \left(\frac{\lambda_k^{x_t} e^{-\lambda_k}}{x_t!} \right) \right) \\ &= argmax \left(\sum_{t=1}^n \sum_{k=1}^K Q_t^{(i)}(k) (x_t \log (\lambda_k) - \lambda_k - \log (x_t!)) \right) \end{split}$$

Take the derivative of the RHS and equate it to 0 Then we get:

$$\sum_{t=1}^{n} Q_t^{(i)}(k) \left(x_t \frac{1}{\lambda_k} - 1 \right) = 0$$

So:

$$\lambda_k = \frac{\sum_{t=1}^{n} Q_t^{(i)}(k) x_t}{\sum_{t=1}^{n} Q_t^{(i)}(k)}$$