# DESIGN OF AN IMPLANTABLE ANTENNA FOR MICROWAVE HYPERTHERMIA

by

Aydın Uzun

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Principal Investigator: Sema Dumanlı Oktar

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#### **ABSTRACT**

Technology today affects every single aspect of modern society. In fact, there is not an industry out there that has not been affected by the hi-tech revolution. Whether we are talking about transportation, communication, security, banking or healthcare, they all rely on technology in one way or another. But nowhere is this immense impact more apparent than in the field of medicine and healthcare. Technological advancements are revolutionizing the way healthcare is being delivered and are also a key factor driving the advances of surgical treatment. But we are still far from fighting against orthopedic implant infection without major intervention and revision surgery. Staphylococcus aureus and Staphylococcus epidermidis are the leading etiologic agents of orthopedic implant infection. Traditional antibiotic therapy will never be successful against these pathogens after the biofilm is formed. This property of bacteria is called antimicrobial resistance (AMR) and it is a major concern worldwide.

A hip implant can be equipped with sensors and microelectronics forming a wireless communication link between the implant and an on-body sensor. In this project an antenna taking action against implant infection before and during the biofilm formation through microwave hyperthermia will be designed.

# TABLE OF CONTENTS

ACKNOWLEDGMENTS	i
ABSTRACT	ii
LIST OF FIGURES	iv
LIST OF TABLES	v
CHAPTER	
1. INTRODUCTION	1
2. METHODOLOGY AND ANALYSIS	3
2.1 Design of a CBSA (Cavity backed slot antenna)	8 11
3. CONCLUSION	
3.1 Results and Discussion	17
3.5 Standards	18
BIBLIOGRAPHY	19

# **LIST OF FIGURES**

Figure 1: Modelled CBSA	3-4
Figure 2: Simulated S <sub>11</sub> vs Frequency (in vacuum)	5
Figure 3: Simulated S <sub>11</sub> vs Frequency (in fat)	6
Figure 4: Simulated SAR distribution of CBSA	7
Figure 5: Basic Structure of Coaxial-Slot antenna	8
Figure 6: Modelled coaxial-slot antenna	9
Figure 7: Simulated SAR distribution of the modelled antenna	10
Figure 8: Measured SAR distribution of the modelled antenna	10
Figure 9: Simulated temperature distribution of the modelled antenna	11
Figure 10: Measured temperature distribution of the modelled antenna	11
Figure 11: Basic structure of the designed antenna	12
Figure 12: Combination of the hip implant and designed antenna	13
Figure 13: Simulated SAR distribution of the designed antenna	13

# LIST OF TABLES

Table I : Parametrized Dimensions of CBSA in vacuum	5
Table II: Parametrized Dimensions of CBSA in fat	6
Table III: Structural parameters of the coaxial-slot antenna with two slots	9
Table IV: Parameters of the antenna with C type slots	12

## **CHAPTER 1**

#### INTRODUCTION

The recent technological advancements are revolutionizing the way healthcare is being delivered and they are also a key factor driving the advances of surgical treatment. Joint replacement surgery (hip and knee replacement) is considered the most effective intervention for severe osteoarthritis and hip fractures, reducing pain and disability and restoring some patients to near normal function. [1] As a consequence, hip replacement surgery shows increasing trends in most OECD countries. On average, the rate of hip replacement increased by 30% between 2000 and 2015.[1] Revision burden can be seen as a rough measure of the success of hip replacement surgeries. In the USA the revision burden was 10.2% for hips between 2012 and 2015 [2], but revision surgery of the hip is expensive owing to the increased cost of pre-operative investigations, surgical implants and instrumentation. [3] The six most common indications for revision after primary hip replacement (listed in order of frequency) are aseptic loosening, pain, adverse soft tissue reaction to particulate debris, dislocation, infection and peri-prosthetic fracture.[4] Especially performing the revision surgery for infection is riskier considering the instrumentation. Staphylococcus aureus and Staphylococcus epidermidis are the leading etiologic agents of orthopedic implant infection.[5] Traditional antibiotic therapy will never be successful against these pathogens after the biofilm is formed. [6] This property of bacteria is called antimicrobial resistance (AMR) and it is a major concern worldwide. The other modes of treatment will be needed to prevent biofilm formation in the first place.

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A hip implant can be equipped with sensors and microelectronics forming a wireless communication link between the implant and an on-body sensor to collect continuous data or provide real-time feedback.[7] In this project it is aimed to design an antenna taking action against infection before and during the biofilm formation through microwave hyperthermia with the help of the feedback from the antenna which monitors its environment.

## **CHAPTER 2**

## METHODOLOGY AND ANALYSIS

# 2.1 Design of CBSA

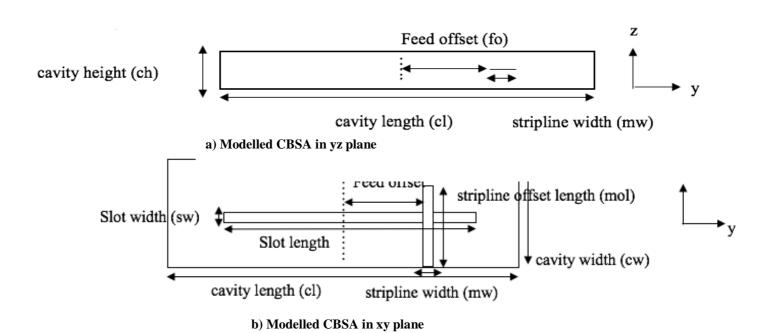
After literature review it is decided to use a cavity-backed slot antenna, because the cavity backed slot antenna (CBSA), where the slot is backed with rectangular cavity, achieves unidirectional radiation and has advantages of low profile, light weight and ease of integration.

[8] The CBSA can be fed by probe, metal waveguide, substrate integrated waveguide (SIW), and microstrip, but the microstrip-fed CBSA has simple structure and small size. [8]

## 2.1.a In vacuum

In this step a CBSA is designed to operate at 2.4 GHz. The industrial, scientific and medical (ISM) 2.40 GHz radio band is an allowed band for body area networks or medical applications.

[9] The performance of designed antenna is judged by its return loss and radiation pattern.



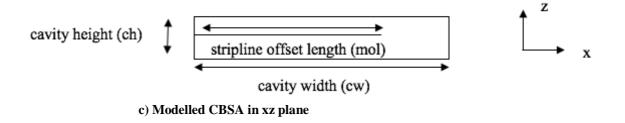


Figure 1: Modelled CBSA

The model of the designed antenna can be seen in Figure 1 from different perspectives. The dimensions of the model can be found in Table I.

The cavity is formed from a 3.15 mm thick (cavity height) substrate with a dielectric constant of 4.4 (FR-4). The slot is fed by a  $50\Omega$  stripline located in the vertical midplane of the antenna in z direction.

The initial dimensions other than the cavity height are determined using the HFSS Antenna Toolkit Software. Prior to the start of the optimization, the software introduces a microstrip feed slot antenna with the initial values of Table I, but this is not the desired antenna. After some modifications, the desired antenna is achieved, the model of which is shown in Figure 1.

The CBSA has been optimized for operation at 2.4 GHz with -20dB return loss. The optimization is done using software ANSYS Electromagnetics Suite. The dimensions given in Table I are parametrized and optimized for a return loss -20dB.

One conclusion that can be drawn from the optimization process is that the most critical parameters for matching are the parameters for the width of the stripline and the length of the stripline. In addition, sloth length is the most critical parameter in terms of CBSA resonance frequency.

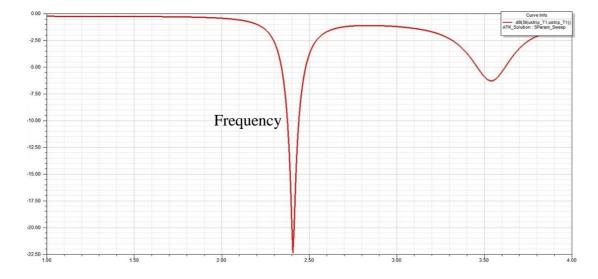
The return loss curve of the optimized antenna can be seen in Figure 2.

Table I. Parametrized dimensions of CBSA in vacuum

Dimension	Initial value	Final value
Slot length	5.56 cm	5.2 cm
Slot width	0.28 cm	0.21 cm
Feed Offset	1.55 cm	1.8 cm
Stripline width	0.31 cm	0.15 cm
Stripline offset length	1.71 cm	0.53 cm
Cavity length	11.1 cm	8.1 cm
Cavity width	8.3 cm	3.2 cm

# **2.1.a In fat**

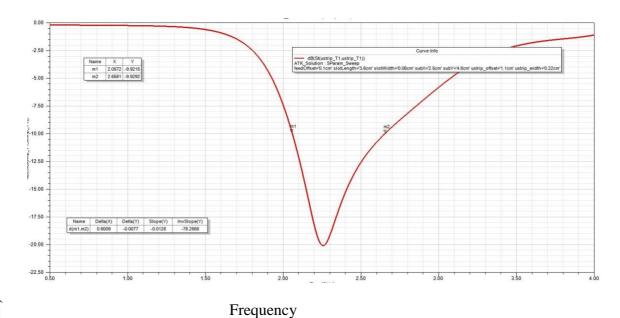
The same procedure is used as in vacuum. The initial values of parametrized dimensions of the antenna optimized in fat are the final values of the antenna optimized in vacuum. It is obvious that the dimensions should change significantly to cause a return loss of -20dB, since



the electrical properties of vacuum and fat are completely different. The dimensions of the model shown in Figure 1 are shown in Table II. The return loss curve of the optimized antenna can be seen in Figure 3.

Table II. Parametrized dimensions of CBSA in fat

Dimension	Initial value	Final value
Slot length	5.2 cm	3.6 cm
Slot width	0.21 cm	0.06 cm
Feed Offset	1.8 cm	0.1 cm
Stripline width	0.15 cm	0.22 cm
Stripline offset length	0.53 cm	1.1 cm
Cavity length	8.1 cm	4.8 cm
Cavity width	3.2 cm	2.5 cm



 $S_{11}$  (d)

# 2.1.c Thermal Analysis

The model is already set up in HFSS to prepare it for thermal analysis. The HFSS geometry and the associated solution data should be transferred to ANSYS Workbench and the thermal analysis carried out in ANSYS Workbench. The thermal properties of the materials should be

introduced to the software. [10] Thereafter, heat dissipation should be specified by assigning convection to the exterior surfaces of the structure. In addition, it should be introduced into software which objects introduce heat effect to calculate the thermal properties. There are two types of imported loads: heat flux, heat generation. The designed model should have both, because there exist volume losses caused by currents flowing in the volumes of lossy dielectrics and surface losses caused by currents flowing in the volumes of lossy dielectrics. After completing these steps, the temperature of the entire model can be displayed. However, the thermal demonstration of CBSA was not satisfactory. The temperature increases from 37 °C to 37.13 °C.

In the antennas for telecommunications and broadcasting, input impedance, radiation pattern and radiation efficiency are among the important factors for performance evaluation. In contrast, in antennas for thermal treatment, it is the specific absorption rate (SAR) and the temperature distribution in the body that are the important criteria.[11]

SAR Field (V/sg) 100,0000 193,333 66,6667 60,0000 153,3333 25,6667 10,0000 153,3333 25,6667 60,0000 153,3333 25,6667 60,0000 153,

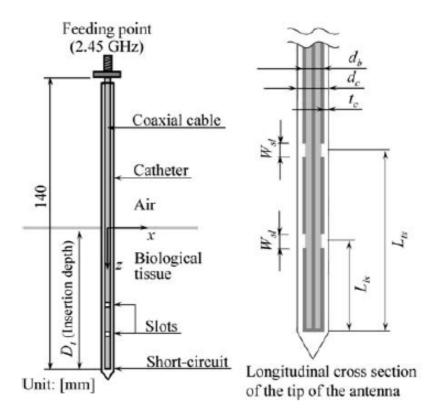
Figure 4: Simulated SAR distribution of CBSA

Figure 4 shows the simulated SAR distribution around the CBSA. Here the CBSA is inserted into human fat tissue ( $\epsilon_r = 5.28$ ,  $\sigma = 0.102$  S/m at 2.4 GHz) [12]. The relative high SAR region exists only around the slot and the tip of the microstrip. But the region is so small that a prototyped antenna is going to definitely fail the heating of the surrounding tissue.

Having understood the fact that a CBSA cannot provide a good heating, a literature review has done to understand which type of antennas have been developed and reported in the literature. After literature review, it is decided to model the coaxial-slot antenna. [13]

## 2.2 Modelling of Coaxial-Slot Antenna

The coaxial-slot antenna is composed of a thin semi-rigid coaxial cable. Some ring slots are cut on the outer conductor of the thin coaxial cable and the tip of the cable is short circuited. The operating frequency is 2.45 GHz, which is one of the Industrial, Scientific, and Medical (ISM) frequencies. Figure 5 and Table 3 show the basic structure and the structural parameters of the antenna. The performance of modelled antenna is judged by its thermal analysis and SAR distribution.



**Figure 5:** Basic structure of the coaxial-slot antenna [14]

**Table III.** Structural parameters of the coaxial-slot antenna with two slots [15]

d <sub>b</sub> (diameter of the antenna) [mm]	1.19
d <sub>c</sub> (external diameter of the catheter) [mm]	1.79
t <sub>c</sub> (thickness of the catheter) [mm]	0.3
$L_{ts}$ (length from the tip to the center of the slot close to the feeding point) [mm]	20.0
$L_{ls}$ (length from the tip to the center of the slot close to the tip) [mm]	10.0
$W_{sl}$ (width of the slot) [mm]	1.0
$\varepsilon_{rc}$ (relative permittivity of the catheter)	2.6

Modelling of this antenna gives the opportunity to check my thermal analysis setup. The coaxial-slot antenna was already modelled and analyzed electrically and mechanically. Comparing my simulated results and given results in the paper. [16] I concluded that my thermal analysis setup mentioned in previous section of this chapter is successful. Figure 6 shows the geometry of modelled antenna in HFSS and figure 7 shows its simulated SAR. The observation planes are x-z and x-y planes. The high SAR region exists only around the tip of the antenna. One can compare the simulated and measured SAR region in figure 8, they are similar as expected.

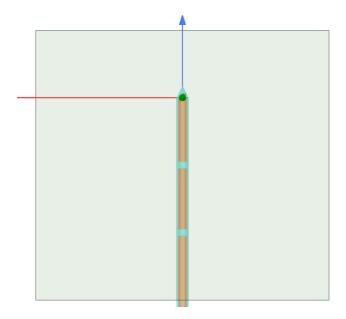


Figure 6: Modelled coaxial-slot antenna

b) xz plane a) xy plane

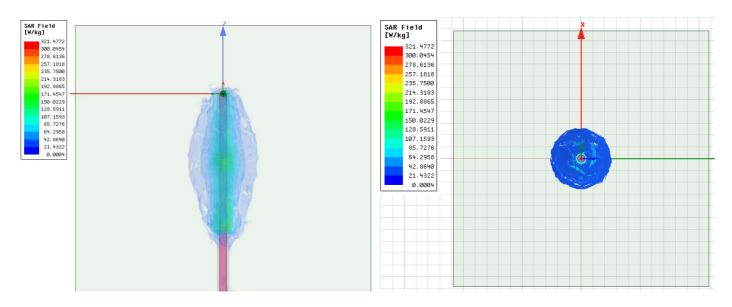
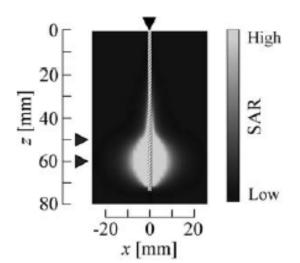


Figure 7: Simulated SAR distribution of the modelled antenna



**Figure 8:** Measured SAR distribution [17]

After observing the SAR values of modelled antenna are satisfactory, the thermal analysis of the modelled antenna should be done. The HFSS geometry and the associated solution data is transferred to ANSYS workbench and the thermal analysis carried out in ANSYS Workbench. For the simulations the net input power of the antenna is 5.0 W. The heating time is 600s. In addition, the initial temperature of the biological tissue (muscle) is 37 °C. The surrounding tissue's electrical and thermal properties are :  $\epsilon_r$  (relative permittivity)= 47,  $\sigma$  (conductivity in S/m), = 2.21, c (specific heat in J/ Kg.K) = 3500,  $\kappa$ (thermal conductivity in W/m.K) = 0.60,  $\rho$ ( density in kg/m³) = 1020. [18] The figure 9 shows the simulated temperature distribution and the figure 10 shows the measured temperature distribution. They are also similar as expected.

Figure 9: Simulated temperature distribution

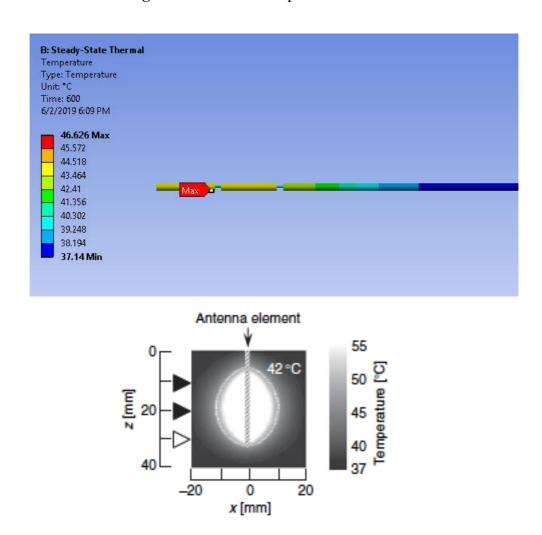


Figure 10: Measured temperature distribution

After observing that my simulation works with no problem, I started to think about the question what type of antenna I can use in my project for a better heating simulation in other terms for an antenna with large SAR values. After meetings with my principal investigator and some literature review, I decided to use C type slotted antenna.

## 2.3 Design of an antenna with C type slots

The designs of C type slotted antenna and coaxial-slot antenna are similar. This is why one should expect large SAR values in the neighborhood of the antenna. In figure 11 one can see the basic structure of the designed antenna. The substrate used in this antenna design is Rogers RO3210 which has the electrical property  $\varepsilon_r = 10.2$ . The surrounding tissue is cortical

bone ( $\epsilon_r$  = 1.14,  $\sigma$  =0.385 S/m). [19] The parameters of the designed antenna can be seen on the table IV.

This antenna is simulated inside the hip implant designed by Sema Dumanlı Oktar. On figure 12 one can see the combination of the hip implant and designed antenna. On figure 13 one can see the simulated SAR distribution of the designed antenna. The observation planes are xy and xz planes. The high SAR region exists around the slots of the antenna and the regions are far wider than the SAR regions of my first antenna (cavity backed slot antenna).



Figure 11: Basic structure of the designed antenna

**Table IV.** Parameters of the antenna with C type slots

Size of antenna	10 mm x 70 mm
Thickness of substrate	1.28 mm
Feed length	60 mm
Inner radius of C type slot	2 mm
Outer radius of C type slot	2.5 mm

Figure 12: Combination of the hip implant and designed antenna

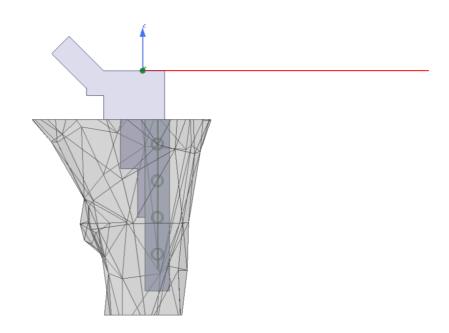
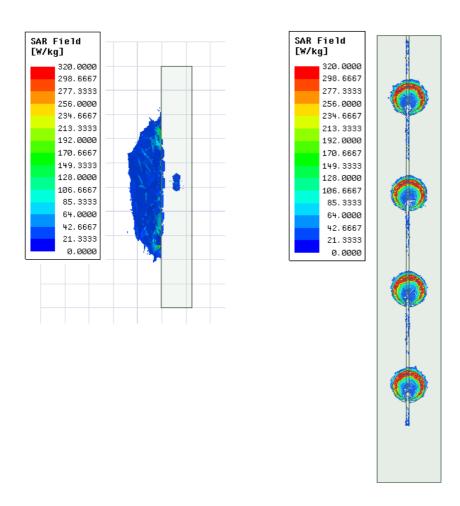


Figure 13: Simulated SAR distribution of the designed antenna



The HFSS geometry and the associated solution data is transferred to ANSYS Workbench and the thermal analysis carried out in ANSYS Workbench. The thermal properties of the materials are also introduced to the software. After completing necessary steps mentioned before, the temperature of the entire model can be displayed. The temperature around the slots increases from 37 °C to 38.53 °C. Even though the result is much better than the result of my first designed antenna, it does not meet the aforementioned evaluation criterion for the microwave hyperthermia, whether the 1 mm neighborhood of the designed antenna can be heated up to 40 °C.

## **CHAPTER 3**

#### **CONCLUSION**

## 3.1 Results and Discussion

In this project the development and simulation of an implantable antenna taking action against microwave hyperthermia operating at the frequency of 2.45 GHz have been described. The project started with a simple antenna design. Thanks to this simple antenna design, I learned to use the HFSS software. Some parametric analysis was done and the effect of changes of these parameters on the resonant frequency of the cavity backed slot antenna was observed. For example, doing this I made the conclusion that slot length is the most critical parameter for determining the resonant frequency of cavity backed slot antenna. Afterwards, the same analysis is done to the cavity backed slot antenna in human fat tissue. The effect of medium on the antenna characteristics is observed. Changing antenna parameters, the return loss of -20 dB is achieved. The bandwidth of the antenna is also increased.

After electromagnetics analysis the thermal analysis is done, and I learned to use software ANSYS Workbench during my project. But the thermal demonstration of cavity backed slot antenna was not satisfactory, only an increase of 0.13 °C is observed. The main reason for this was the distribution of the SAR. The region was so small. Although the result of cavity backed slot antenna was not satisfactory, the design and simulation of cavity backed slot antenna electrically and mechanically helped me a lot practicing the applications HFSS and Workbench.

It would be nice to have a reference for my thermal analysis. Because I am not sure if my thermal analysis setup is successful or not. I may have made a mistake when applying heat transfer between surfaces. To clarify this question, it would be good to model an antenna, which has developed and reported in literature. For this purpose, I modeled the coaxial-slot antenna, developed by Koichi Ito and Kazuyuki Saito.

The performance of the coaxial-slot antenna is not judged by its return loss and radiation pattern, but by its specific absorption rate (SAR) and the temperature distribution. It is observed that the SAR values of the modelled antenna satisfactory. The simulated SAR values and temperature distributions are compared with the measured results reported in the paper, and my thermal analysis setup is verified. Besides this antenna gives the idea to design an antenna which have large SAR values in its neighborhood. One should design an antenna whose structure resembles the already designed coaxial slot antenna.

After meetings with my principal investigator and some literature review, I decided to use C type slotted antenna. After optimizing its performance and analyzing mechanically I observe that the C-type antenna has a better performance in terms of heating. But the temperature is still below 40 °C, which was the performance evaluation criteria.

The heating strongly depends on the antenna type. More antenna types should be reviewed and tested later in my project.

I would love to emphasize the fact that it is really hard to simulate an exact medium and observe the heating in that medium. For instance, the C type antenna is simulated inside human bone. But the real human bone consists of different parts and materials. Its thermal and dielectric properties strongly depend on ambient conditions and it is not homogenic as it is assumed in simulations. The software I used for heating

simulations was Ansys Workbench, which is a software environment for performing structural, thermal and electromagnetic analyses. It was a little bit hard for me learning how to use this software for biomedical purposes, because the documentation on the internet was restricted.

#### 3.2 Future Work

In the following stages of my project, I would like to design an antenna that shows more effective and better heating performance. I want to design and test a few different antennas and specify the antenna I want to prototype until the beginning of new semester. In EE 492, I will complete the simulations and start prototyping, and then of course measurements.

# 3.3 Social, Environmental and Economic Impact

Although from an economical point of view, the project does not aim for any profit or further labor, if the project will turn out to be a real success at the end of EE 492, then it will yield a great economic and social benefits for users and device manufacturers. Moreover, using the designed antenna will save the patients and physicians a lot of time, because the implant antenna has its own feedback mechanism. Implicitly it will reduce the cost associated with the healthcare and it will improve the healthcare provided. It is a fact that implanted wireless devices are going to find wider application in tomorrow's world. Whether my project will be completed successfully is not going to change this fact.

## 3.4 Cost Analysis

The project required a workstation on which the simulations to be implemented. I used the workstation of BOUNTENNA during my project. To create the measurement setup a vector network analyzer (VNA), a rotary stage and absorbers will be used (in

EE 492). Moreover, I invested a specified amount of time for this project throughout the year.

# 3.5 Standards

In this project, the engineering ethics and code of conduct is considered. Besides, the IEEE, IET, ETSI and EU standards will be followed in addition to Turkish standards.

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