

FACILITATOR HABITS TO ADOPT

INCLUSIVE PLANNING

Design your activities with a variety of participation styles in mind to cater to the diverse needs of all participants.

- *Consider incorporating verbal activities that encourage discussion, written tasks that allow for reflection, movement-based exercises that engage physical energy, and partner work that fosters collaboration and connection. This multifaceted approach not only enhances engagement but also ensures that every participant can contribute in a way that feels comfortable and authentic to them.*

Offer choices in how youth can express themselves and show up in the space—not just in terms of what they say, but also in how they choose to participate.

- *This could include options for sharing ideas through art, technology, or group discussions. By providing these varied avenues for expression, you empower youth to take ownership of their participation, allowing them to bring their unique perspectives and strengths to the forefront, ultimately enriching the overall experience for everyone involved.*