

Playing Career

2011 – Started Squash

Foundation years | Competitive entry

- Athletic Genesis

2012 – National-Level Entry (U-11)

Junior Sub-Junior Nationals – Quarterfinalist

- First National Breakthrough

2014 – Consistent National Semifinalist (U-13)

Multiple Junior Circuit Semifinals

- Rising Junior Contender

2016 – Strong National Presence (U-15)

Multiple National Quarterfinals

- Competitive Maturity Phase

2018 – Leadership Begins 🔥

National Team Bronze – Captain

SGFI National Championship (Team) – 🥇

Indian Junior Open – Semifinalist

JSW Sunil Verma Memorial Junior Open – Best Player of the Tournament

- Emerging Leader

2019 – Breakthrough & State Dominance 🚀

Tamil Nadu State Closed – 🥇 Winner

OORJA Junior & Professional Open – 🥇 Winner

Greater Chennai Open – 🥈 Runner-Up

SGFI Nationals: Team – 🥈 Captain | Individual – 🥇 Captain

- State Champion | National Podium Leader

2020 – National Peak (Junior Era) 🏆

SGFI National Championship – Team Gold (Captain)

Individual Silver (Captain)

ISA Circuit – Semifinalist

- National Champion | Peak Junior Leadership

2021 – Senior Transition 🎓

Men's Category Entry

TN State Closed – Semifinal

Bengal Open – Quarterfinal

- Senior Circuit Establishment

2022 – University Captain & Certified Coach 🎓

All-India University – Team Bronze (Captain)

TN State Closed – Semifinal

Century Bangalore Open – Quarterfinal

IIT Gandhinagar Open – Quarterfinal

- University Leader | Player–Coach Evolution

2023 – Collegiate Champion & Graduation 🥇

All-India Inter-Collegiate – Individual Gold

SSN All-India Inter-Collegiate Open – Best Player of the Tournament

TN State Closed – Semifinal

- Collegiate Champion | Academic Completion

2024 – Professional & International Expansion 🌎

PSA Satellite (International) – Quarterfinalist (2 Events)

Selangor State Closed (Malaysia) – Semifinal

- PSA Tour Competitor

Coaching Career

2022 – Assistant Coach Phase (India)

Indian Squash Academy – Junior Program

- Supported junior athlete development
- Organized competitive box matches
- Began structured player mentoring

🎓 Level 1 Coaching Certification – Completed October 2022, Delhi

- Officially certified to coach at junior level

2023 – International Coaching Transition (Malaysia)

Moved to Malaysia (September 2023)

Head Coach – Vision Squash

- Full program responsibility
- Player development planning
- Competitive pathway structuring
- Identity shift: Assistant → International Head Coach

2024 – Competitive Progression Year

Head Coach – Malaysia

- Players achieved multiple State-Level Top 8 finishes
- Improved Junior Asian Rankings
- National-level tracking selections

 Level 2 Coaching Certification – Completed November 2024, Kuala Lumpur

- Advanced coaching credentials for high-performance athlete development
- System establishment phase

2025 – Title Breakthrough & High-Performance Integration 🧠

Head Coach – Malaysia

- State-Level Champion produced
- Multiple junior ranking improvements (Asian Level)
- Players in national tracking pathway
- IOC Mental Health in Elite Sport – Completed 2025
- High-performance coaching integration

- Program validation & elite coaching identity established

Designing Career

2020 – Bachelor's of Vocational: Digital Journalism

- Started a 3-year degree program (2020–2023)
- Learned social media marketing strategies and tools
- Enhanced pre-existing passion for design
- Foundation phase: education + skill-building

2023 – Graduation & Launch of K29

- Completed Bachelor's Degree
- Launched personal brand K29
- Focus: Design projects for people in need, free of cost
- Identity established: Designer with a purpose

2024 – Expanded Project Work & Media Exposure

- Took on multiple design projects: course materials, event posters, squash media content
- Worked for clients and events in India and Malaysia
- Continued charitable contributions through design
- Identity reinforced: Social-impact designer + creative media producer

2025 – Professional Project Phase

- Worked on professional-level design projects

- Continued supporting events, clients, and charitable contributions
- Identity phase: Professional designer delivering impactful work

2026 – Dual Concept: K29 Squash & K29 Space

- K29 Squash – All squash-related initiatives: coaching programs, workshops, player development, performance projects
- K29 Space – All creative/media work and charitable design projects
- Current focus: Building two strong, distinct divisions under K29
- Identity: Designer + Impact Creator + Sports Program Developer