Leslie Savan The Bribed Soul

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Television-watching Americans—that is, just about all Americans—see approximately 100 TV commercials a day. In that same 24 hours they also see a host of print ads, billboard signs, and other corporate messages slapped onto every available surface, from the fuselages of NASA rockets right down to the bottom of golf holes and the inside doors of restroom stalls. Studies estimate that, counting all the logos, labels, and announcements, some 16,000 ads flicker across an individual's con-sciousness daily. . . . Most admakers understand that in order to sell to you they have to know your desires and dreams better than you may know them yourself, and they've tried to reduce that understanding to a science. Market research, in which psychologists, polling

organizations, trends analysts, focus group leaders, "mall-intercept" interviewers, and the whole pano-ply of mass communications try to figure out what will make you buy, has become a \$2.5 billion annual business growing at a healthy clip of about 4.2 per-cent a year (after adjustment for inflation). Yet this sophisticated program for the study of the individual consumer is only a starter kit for the technological advances that will sweep through the advertising-industrial complex in the 1990s. Today, the most we can do when another TV commercial comes on—and we are repeatedly told that this is our great freedom—is to switch channels. But soon technol-ogy will take even that tiny tantrum of resistance and make it "interactive," providing advertisers with infor-mation on the exact moment we became bored—vital data that can be crunched, analyzed, and processed into the next set of ads, the better to zap-proof them. Impressive as such research may be, the real masterwork of advertising is the way it uses the tech-niques of art to seduce the human soul. Virtually all of modern experience now has a sponsor, or at least a sponsored accessory, and there is no human emotion or concern—love, lust, war, childhood innocence, social rebellion, spiritual enlightenment, even disgust with advertising—that cannot be reworked into a sales pitch. The transcendent look in a bride's eyes the moment before she kisses her groom turns into a promo for Du Pont. The teeth-gnashing humiliation of an office rival becomes an inducement to switch to AT&T. In short, we're living the sponsored life. From

Huggies to Maalox, the necessities and little luxuries of an American's passage through this world are pro-vided and promoted by one advertiser or another. The sponsored life is born when commercial culture sells our own experiences back to us. It grows as those experiences are then reconstituted inside us, mixing the most intimate processes of individual thought with commercial values, rhythms, and expectations. It has often been said by television's critics that TV doesn't deliver products to viewers but that viewers themselves are the real product, one that TV delivers to its advertisers. True, but the symbiotic relation-ship between advertising and audience goes deeper than that. The viewer who lives the sponsored life—and that is most of us to one degree or the other—is slowly re-created in the ad's image. Inside each "consumer," advertising's all-you-can-eat, all-the-time, all-dessert buffet produces a build-up of mass-produced stimuli, all hissing and sputtering to get out. Sometimes they burst out as sponsored speech, as when we talk in the cadences of sitcom one-liners, imitate Letterman, laugh uproariously at lines like "I've fallen and I can't get up," or mouth the words of familiar commercials, like the entranced high school student I met in a communica-tion class who moved his lips with the voiceover of a Toyota spot. . . . To lead the sponsored life you don't really have

to do anything. You don't need to have a corporate sponsor as the museums or the movies do. You don't even have to buy anything—though it helps, and you will. You just have to live in America and share with the nation, or at least with your mall-intercept cohorts, certain paid-for expectations and values, rhythms and reflexes. . . . The chief expectation of the sponsored life is that there will and always should be regular blips of excitement and resolution, the frequency of which is determined by money. We begin to pulse to the beat, the one—two beat, that moves most ads: prob-lem/solution, old/new, Brand X/hero brand, desire/ gratification. In order to dance to the rhythm, we adjust other expectations a little here, a little there: Our notions of what's desirable behavior, our lust for novelty, even our visions of the perfect love affair or thrilling adventure adapt to the mass consensus coaxed out by marketing. Cultural forms that don't fit these patterns tend to fade away, and eventually everything is commercial culture—not just the 30-second spot but the drama, news segment, stage per-formance, novel, magazine layout—comes to share the same insipid insistence on canned excitement and neat resolution. What's all the excitement about? Anything and

nothing. You know you've entered the commercial zone when the excitement building in you is oddly incommensurate with the content dangled before you: does a sip of Diet Coke really warrant an ex-pensive production number celebrating the rebel prowess of "ministers who surf," "insurance agents who speed," and "people who live their life as an exclamation not an explanation"?!? Of course not. Yet through the sympathetic magic of material-ism we learn how to respond to excitement: It's less important that we purchase any particular product than that we come to expect resolution in the form of something buyable. . . . Irony has become the hallmark of the sponsored

life because it provides a certain distance from the frustration inherent in commercial correctness. For some time now the people raised on television, the baby boomers and the "Generation Xers" that fol-lowed, have mentally adjusted the set, as it were, in order to convince themselves that watching is cool. They may be doing exactly what their parents do—but they do it differently. They take in TV with a Lettermanesque wink, and they like it when it winks back. In many cases (as Mark Crispin Miller has described it so well in Boxed In), the winkers have enthusiastically embraced the artifice, even the ma-nipulativeness, of advertising as an essential paradox of modern life, a paradox that is at the crux of their own identity. The winkers believe that by rolling their col-lective eyes when they watch TV they can control it, rather than letting it control them. But unfortu-nately, as a defense against the power of advertising, irony is a leaky condom—in fact, it's the same old condom that advertising brings over every night. A lot of ads have learned that to break through to the all-important boomer and Xer markets they have to be as cool, hip, and ironic as the target audience likes to think of itself as being. That requires at least the pose of opposition to commercial values. The cool commercials—I'm thinking of Nike spots, some Reeboks, most 501s, certainly all MTV promos—flatter us by saying we're too cool to fall for commercial values, and therefore cool enough to want their product.

If irony is weak armor, how do we ward off the

effect of billions of words and images from our spon-sors? No perfect wolfsbane exists, but I can suggest some tactics to keep in mind: When watching, watch out. Literally. Watch as an outsider, from as far a distance as you can muster (farther even than irony)—especially when watching ads that flatter you for being an outsider, as more and more are doing. Big lie, little lie. All advertising tells lies, but

there are little lies and there are big lies. Little lie: This beer tastes great. Not all ads tell little lies—they're more likely to be legally actionable (while big lies by definition aren't). And many products do live up to their modest material claims: This car runs. But all ads must tell big lies: This car will attract babes and make others slobber in envy. Don't be shocked that ads lie—that's their job. But do try to distinguish between the two kinds of lies. Read the box. Look not just at whether an ad's claims are false or exaggerated, but try to figure out what portion of an ad is about the culture as opposed to the product. Read the contents as you would a cereal box's: Instead of how much sugar to wheat, consider how much style to information. Not that a high ratio of sugar to wheat is necessarily more ma-levolent than the other way around. But it's a sure sign that they're fattening you up for the shill. Assume no relationship between a brand

and its image. Marlboro was originally sold as a woman's cigarette, and its image was elegant, if not downright prissy. It wasn't until 1955 that the Marl-boro Man was invented to ride herd on all that. The arbitrary relationship between a product and its ads becomes even clearer when you realize how much advertising is created to overcome "brand parity"—a plague more troubling to marketers than bodily odors. Brand parity means that there is little or no difference between competing brands and that the best a brand can do is hire a more appealing image. When advertising works at all, it's because the public more or less believes that something serious is going on between a product and its image, as if the latter reveals intrinsic qualities of the former. Peel image off item, and you too can have more of the freedom that ads are always promising. Likewise . . . We don't buy products, we buy the world

that presents them. Over the long run, whether you actually buy a particular product is less important than that you buy the world that makes the products seem desirable. Not so long ago a BMW or a Mercedes was required if you seriously bought the worldview that their ads conveyed. Still, buying an attitude doesn't automatically translate into product purchase. If your income precluded a BMW, you might have bought instead a Ralph Lauren polo shirt or even a Dove bar (which is how yuppie snack foods positioned themselves—as achievable class). Sure, GE wants you to buy its bulbs, but even more it wants you to buy the pa-ternalistic, everything's-under-control world that GE seems to rule. Buying that will result, GE is betting, not only in more appliance sales but also in more credibility when spokesmen insist that de-frauding the Pentagon is not really what GE is all about. That is to say . . . The promotional is the political. Each world that commercials use to sell things comes packed with biases: Entire classes, races, and genders may be excluded for the coddling of the sponsored one. Lee Jeans' world (circa 1989) is a place where young people are hip, sexual, and wear jeans, while old people are square, non-sexual, and wear uniforms. The class and age politics here is more powerful than the Young Republicans'. There is politics in all advertising (and, more obviously, advertising in all politics). It makes sense that these two professions call what they do "campaigns." Advertising shepherds herds of individu-als. When Monty Python's mistaken messiah in

The Life of Brian exhorts the crowd of devotees to "Don't follow me! Don't follow anyone! Think for yourselves! . . . You are all individuals!" they reply in unison, "We are all individuals!" That is advertising in a nutshell. Advertising's most basic paradox is to say: Join us and become unique. Advertisers learned long ago that individuality sells, like sex or patriotism. The urge toward individualism is a constant in America, with icons ranging from Thomas Jeffer-son's yeoman farmer to the kooky girl bouncing to the jingle "I like the Sprite in you!" Commercial nonconformity always operates in the service of . . . conformity. Our system of laws and our one-

man—one-vote politics may be based on individual-ism, but successful marketing depends on the exact opposite: By identifying (through research) the ways we are alike, it hopes to convince the larg-est number of people that they need the exact same product. Furthermore, in modern pop culture, we construct our individuality by the unique combina-tion of mass-produced goods and services we buy. I sip Evian, you slug Bud Light; I drive a Geo, you gun a Ford pickup; I kick sidewalk in cowboy boots, you bop in Reeboks. Individuality is a good angle for all advertising, but it's crucial for TV commer-cials. There you are sitting at home, not doing any-thing for hours on end, but then the very box you're staring at tells you that you are different, that you are vibrantly alive, that your quest for freedom—freedom of speech, freedom of movement, freedom to do whatever you damn well choose—will not be impeded! And you can do all that, says the box, without leaving your couch. It's the real ad. The one question I'm most

often asked is, Does advertising shape who we are and what we want, or does it merely reflect back to us our own emotions and desires? As with most nature-or-nurture questions, the answer is both. The real ad in any campaign is controlled neither by admakers nor adwatchers; it exists somewhere between the TV set and the viewer, like a huge hair-ball, collecting bits of material and meaning from both. The real ad isn't even activated until viewers hand it their frustrations from work, the mood of their love life, their idiosyncratic misinterpretations, and most of all, I think, their everyday politics. On which class rung do they see themselves teetering? Do they ever so subtly flinch when a different race comes on TV? In this way, we all co-produce the ads we see. Agency people are often aghast that anyone

would find offensive meanings in their ads because "that's not what we intended." Intention has little to do with it. Whatever they meant, once an ad hits the air it becomes public property. That, I think, is where criticism should aim—at the fluctuating, multi-meaning thing that floats over the country, re-flecting us as we reflect it. Follow the flattery. I use the word "flattery" a lot. When trying to understand what an ad's really up to, following the flattery is as useful as following the money. You'll find the ad's target market by asking who in any 30-second drama is being praised for qualities they probably don't possess. When a black teenager plays basketball with a white baby boomer for Canada Dry, it's not the black youth that's being pandered to. It's white boomers—the flattery being that they're cool enough to be accepted by blacks. Ads don't even have to put people on stage to toady up to them. Ads can flatter by style alone, as do all the spots that turn on hyper-quick cuts or obscure meanings, telling us—uh, some of us—that we're special enough to get it. We participate in our own seduction. Once properly flattered, all that's left is to close the sale—and only we can do that. Not only do we coproduce the ads, but we're our own best voiceover—that little inner voice that ultimately decides to buy or not. The best ads tell us we're cool coolly—in the other meaning of the word. McLuhan used to say that a cool medium, like television, involves us more by not giving us everything; the very spaces between TV's flickering dots are filled in by our central nervous system. He refers to "the involvement of the viewer with the completion of 'closing' of the TV image." This is seduction: We're stirred to a state so that not only do we close the image but, given the right image at the right time, we open our wallet. All television is erotically engaged in this way, but commercials are TV's G-spot. The smart ads always hold back a little to get us to lean forward a little. Some ads have become caricatures of this tease, withholding the product's name until the last second to keep you wondering who could possibly be sponsoring such intrigue. The seduction may continue right to the cash register, where one last

image is completed:

you and product together at last. It'd be nice to say that now that you've consumed, you've climaxed, and everyone can relax. But sponsorship is a lifetime proposition that must be renewed every day.