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Writting is an skill which can be mastered by vigorous exercise. It is not a “natural gift”.

I was always distracted when I was working. In fact, nobody interrupted me but I just was trying to do multiple jobs at the same time. Consequently, a lot of time is wasted and I felt frustrated after doing nothing valuable. Focous is essential to work effectively. Fortunatley, I have realised that and will make changes. When I was thinking about this problem, once my teacher , whom I don’t remeber exactly, had said “If you play, play blissfully, if you study, then study hard.”.