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Self Critics

It is not easy for me to make a judgement to myself. One reason is that I can not watch myself in a neutral way. However, I am know more and more about myself and am able to admit something that I have done is radiculous so that I am a loser now. The other reason is that I dare not face myself and always try to make excuses for my mistakes. So it is no wise to continue being so stupid anymore after realising that. As imperfact humanbeing am I, I manage to find how to improve myself. It is like evolution.