

# Seeing language

The world is not how we see it and how we see it is affected by how we think which in turn is affected by how we talk, but we do not think about how we talk. If we think about something as an object we tend to treat it as an object. Happiness is a great example of this. We talk about happiness as if it is an object, something you can obtain, but it is more of something you simply are. If you talk about happiness as if it is an object then you start to think of it as an object and begin to see it as an object. But you cannot hold or sell happiness, although you can be happy.

Exploring and expanding our words can explore and expand our world. By exploring and expanding words you can see it in different lights. Like the guy did with the word passion, and instead of seeing it as an object he saw it more as a feeling. Thinking about a word, what it means and how it is used, can help us expand the way we see the world around us.

By categorizing something it seems to make us think of it only as what it is categorized as and not what else it could be. If you categorize something as extremely boring then you will most likely find it to be boring. But if you open up to the other possibilities of what it might be then you may enjoy it or find a way that you can enjoy it.

Language is important to the way we think. The way you talk about something tends to change the way you think about it, and How you speak tends to change the way people think about you. Learning a new language can expand on the way you think about the world. An excellent first step to learning a new language is by having the mindset that you are going to learn the language. Take some time and put in the effort to not only learn the language but to understand it.

Notes to self: Try some different language learning techniques and applications. What words can I use or describe differently and how would doing this change the way I think?