

Spiking Neural Network on an FPGA

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Abstract

Individuals of every demographic may be affected by sleep apnea, an affliction causing irregular or halted breathing during periods of sleep. Those afflicted must obtain diagnoses by participating in polysomnography (PSG) lab tests to determine their treatment options. Lab tests use an array of sensors that measure quantities not limited to blood oxygen level, cardiac rhythm signals, brain electrical activity, and eye motion [1]. In-lab tests offer the greatest accuracy in exchange for greater cost and the need to relocate patients from their preferred resting environments. Contrarily, in-home tests require less sensors, correspondingly less cost, and no need for relocation. A disadvantage of a portable test is a reduced number of sensors measuring only blood oxygen content and most often airway pressure [1]. The reduced sensor count provides fewer measurements and results in less accuracy than the in-lab tests except for the most severe of cases. Additionally, the need to return the measuring devices has the potential to delay test results and treatment prescriptions such as a continuous positive airway pressure (CPAP) machine. Medical professionals and patients alike would benefit most from a solution providing the accuracy of in-lab tests at the cost and comfort of in-home tests.

The proposed solution that aims to reduce the gap between in-lab and in-home sleep study tests implements a spiking neural network (SNN) machine learning model on a field-programmable gate array (FPGA). Using this SNN model, impulse-train representations of input signals such as blood oxygen level and respiratory pressure are mapped to predictions of future apnea states and their severity. The implementation augments the in-home sleep studies to provide real-time monitoring and levels of accuracy not normally characteristic of portable tests. The SNN's ability to encode time-dependent feature characteristics and to conduct asynchronous activation propagation in addition to the FPGA's efficiency for high-frequency switching and rapid re-programmability will facilitate low-power, high-speed operation. As opposed to using a more general computational device, such as a graphics processing unit (GPU), the FPGA offers a smaller form factor, and at the same time is not as permanent as application-specific integrated circuits (ASICs) which allows for rapid development. SNNs are less complex and sparsely connected compared to related long short-term memory (LSTM) recurrent

neural networks (RNNs), which makes them feasible to implement on power- and memory-constrained devices like the FPGA.

The project makes extensive use of open-source solutions for most of the development and makes use of a granted Xilinx FPGA board for the physical implementation. Python is used to develop the SNN software golden model. Vivado is used to develop the hardware description of the FPGA and generate a programmable bitstream. SymbiYosys is used for formal verification of the hardware design. Provided proprietary data as well as openly available data from the PhysioNet Apnea-ECG Database is used for determining software accuracy and error [2], [3]. Following hardware synthesis, a power test is conducted to determine efficiency of the implemented FPGA solution.

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1 Problem Description

1.1 Background

Sleep apnea is a sleeping condition which causes the airway to become blocked at various times throughout the night, which is known as obstructive sleep apnea. If the brain does not send any signals to breathe, it may be central sleep apnea. Regardless of type, it can be very deadly to suffer from sleep apnea as it lowers the oxygen levels of the body which can reduce performance in the short-term, and if left undiagnosed, contribute to a myriad of health issues such as a heart attack, diabetes, cancer as well as a shorter life span [4].

Sleep apnea impacts approximately 936 million people worldwide and more that are left undiagnosed due to expensive cost for diagnosis. It is shown that sleep apnea impacts all walks of life regardless of gender, age, ethnicity, and location [5]. There have been studies performed in various regions to understand the demographic that experiences sleep apnea. To rank countries by how the many people of the population experience sleep apnea, the apnoea-hypopnoea index (AHI) is used. The AHI is an index that essentially states how many times a subject has experienced a severe reduction in oxygen levels which is known as an apnea episode. The criterion defined for severity is as follows: minimal cases experience five or less episodes an hour, moderate cases experience between 15 and 30 episodes an hour, and severe cases experience more than 30 episodes an hour. Utilizing this knowledge, the top ten countries that have an estimated large population of people with some case of sleep apnea are the USA, France, Germany, Russia, Japan, China, Brazil, Nigeria, Pakistan, and India. China has the largest projected population with mild cases of sleep apnea coming in at 176 million. However, this may be due to the sheer size of the overall population. It is important to note that India also has a population size comparable to China but has projected numbers comparable to the USA. This demonstrates that there does not seem to be any racial bias for sleep apnea. There are significant differences in the number of men and women affected in the Americas and in European countries. These differences are negligible in Asian countries and Australia, which may indicate a bias his could indicate that there is a bias towards men in some parts of the world [6].

To diagnose a potential candidate, a polysomnography (PSG) is taken which is a sleep study to observe the oxygen levels at various points in the body and brain signals. However, this method is expensive, in the US it

approximately costs \$2,999, and may not create a familiar sleep environment for the candidate which may cause complications in testing that can lead to needing more sleep studies or a misdiagnosis [7]. Another option is to take an in-home kit; however, this option is only for candidates that may have previous familial history and show a higher proclivity for sleep apnea based on personal health history. The pricing of an in-home test can vary between \$300-\$600 before insurance and can vary between \$0-\$50 after insurance [8]. Both solutions are deemed viable, however, a PSG needs a technician or doctor to analyze the data in real time and to ensure that the patient has not shifted the sensors while asleep. This same problem may be created with the in-home test kit but may result in necessary repeats of the test since it cannot be corrected by an attending technician.

1.2 Problem Statement

Utilizing the data as a potential use case, the team will develop and implement a machine learning model, spiking neural network, on a processing unit, FPGA, to improve detection and labeling of oxygen levels and brain signals. Since a technician must be required to view and analyze the data for sleep apnea, this model may eliminate the need for a technician until an episode has occurred or a sensor has been shifted. This frees the technician and can perform other tasks and will simply be notified if sleep apnea has occurred or there is an adjustment needed. In the case of the sensor being shifted for both a PSG and in-home, someone can be notified, and a mark can be indicated for such an event and projections can be produced to reduce impact of data loss. Another contribution will be to reduce the threshold to utilize an in-home test kit as the accuracy will be boosted since extrapolations will be made when taking in data based on previous data based on the candidate's preliminary analysis such as age, height, weight, and previous medical history. Utilizing the base model and tuning the meta parameters to an individual, a model can be placed onto a CPAP machine to reduce noise pollution and energy usage. This process will hopefully bridge the gap for SNN on FPGA implementations and produce a use case to further explore this area.

Currently, there have been various implementations of deep learning on sleep apnea data to detect if the subject experienced sleep apnea. CNNs and RNNs seemed to be the predominant approach. However, these methods do not process signals in real time and do not predict as the events are occurring.

A cornerstone for our implementation is to predict in near live time before an episode occurs based on the signals being read in. One of the important features that has been leveraged previously and will be leveraged in this implementation is the oxygen saturation index which is a measurement of oxygen in the blood. These measurements will be taken from various points of the body [9]. However, most of these implementations have been on CPUs and GPUs. Another cornerstone is implementing this onto an FPGA. While there have been implementations of FPGAs with sleep apnea in mind, there has been a larger focus on screening and monitoring strictly [10].

2 Design Description

2.1 Concepts

An FPGA is the changeable version of a CPU or GPU. It allows you to create digital logic that can be easily changed and is usually what chip makers use to prototype a CPU or GPU before it is turned into an ASIC. A designer can take an FPGA and mold it to fit the criteria of a specific application and therefore give speed advantages over a CPU or GPU since it is not general purpose. The downside of the FPGA is that it is very difficult to program and changes to it require a lot more time than that of a GPU or CPU. A CPU is great for tasks that happen one after the next but suffers in tasks that require parallelization which is where the GPU thrives. Price is a bit tricky with all the devices and will be discussed when the three are compared in the next section.

Machine learning methods may be divided into three broad categories. Supervised learning trains a machine learning model by allowing it to categorize a set of features into categories that have known labels. Models such as those implementing backpropagation introduce an element of correction to the model that allows it to inch closer to what is considered a "correct" interpretation of the data. Unsupervised learning is conducted without knowledge of a proper labeling of the data. A crucial drawback of supervised learning is the potential for the model to know the data too-well, which produces a model that is ill-fit to generalize or adapt to new data or outliers. Supervised learning models are those that have the goal of classifying data into a set of pre-determined categories or models that intend to fit a model to a set of data points.

An unsupervised learning model puts the task of determining labels and feature similarities on the model, which then gives its own interpretation of how a model should be labeled. Common labeling strategies included kernel methods that increase feature dimensionality or those that result in local or global clustering. Unsupervised learning models have the potential of finding similarities that are too nuanced in the data, thereby missing the overall similarities that are often sought after during exploratory data analysis. Semi supervised learning is the midpoint between supervised and unsupervised learning where various combinations of training and validation data are used to train a model. Models that are semi supervised usually learn upon a training set that is developed with proper labels and then allowed to interpret unlabeled data to prevent overfitting and allow for better generalization for data not included in training.

Machine learning architectures other than the SNN can implement supervised, semi supervised, or unsupervised learning models. The base idea of a neural network (NN) is that each point in a network is a unit known generally as a perceptron that aggregates a set of input signals and outputs another signal based on some activation function of the inputs. Nodes and connections usually have biases and weights respectively that are tuned to produce a desired output. These values are what are changed throughout a model's learning process. Various training methods change the way the architecture learns and process. NNs may be cyclic in nature with connections feeding back on to already visited nodes, or acyclic where no node is visited more than once. In addition, networks may relate to various densities. Some networks connect each node of a previous layer to every node of the next layer, and some sparse networks trim the number of connections to reduce model size and complexity.

2.2 Concept Evaluation

The type of device to use could make or break the implementation of the neural network. Traditionally CPUs and GPUs were the two main choices due to their ease of programming. GPUs were preferred over CPUs because of their highly parallelizable nature. An FPGA allows a designer to custom fit the low-level logic to work a lot faster since it only performs one task whereas a CPU or GPU has to support a great number of instructions, correspondingly prioritizing and scheduling them in order to be multipurpose. If a designer wants even faster speeds, they can turn to designing an ASIC,

but that causes the design to be permanent and not easily changeable. It is also significantly more difficult to design an ASIC, since more complex logical operations require greater power, volume, and distribution considerations than a processor that splits operations into smaller, more manageable units. Pricing of any choice of hardware has great implications for design choices. Machine learning and training has a high degree of parallelization, therefore making CPUs generally unsuitable for precise implementations. High-end GPUs are typically in the range from \$500-\$700 while an FPGA has a price range from \$60 to \$10,000. The price usually lands around the \$3,000 mark, although it is hard to say exactly where. FPGAs come in a variety of form factors with significant changes in memory size, programmable logic units, transistor leak and operating currents, and many other factors. The features offered by the FPGA manufacturer will determine the final price per circuit or board. The price point may encourage choosing the GPU over the FPGA, but GPU improvements generally cause the consumer to buy new ones sometimes on a yearly basis if the improvements are needed. FPGAs, on the other hand, can be reprogrammed on the fly and even incorporate these improvements especially if the top of the market chip is being used. It will be relevant and up to date significantly longer than a GPU would be.

Machine learning is a discipline that aids in automating processes through algorithmic learning and noting observations that are weighted by the algorithm. Artificial neural networks (ANN) are a subsection of machine learning architectures, that has gained a lot of traction for being able to process and learn about the data based on an input layer, hidden layer, and output layer and no need for a weight vector. The hidden layer is comprised of one or many nodes that process and “judge” the data to give an output that passes to either another node or the output layer. However, ANN’s require processing at every node within a hidden layer which requires a lot of data, can be time consuming to generate and train a model, and have an architecture that can support and process without heavy costs. The usual complete connectivity of ANNs create great difficulty for constrained hardware implementations since the lack of any virtually infinite memory space requires the model to be scaled down, thereby impacting accuracy and reliability. This requires of a model scalability and efficiency that takes into consideration the limited resources present on a piece of hardware.

Spiking neural networks (SNN) operate in a similar fashion to a brain in how to process information and decide on an action or label an object asynchronously without needing other nodes in the hidden layer to process

data. Instead of the full connectivity of a typical ANN, SNNs are more fluid and allow for some connections to be removed, thereby reducing the need for greater memory reserves and synchronous clocking. The asynchronous nature of an SNN incorporates a more complex temporal component to data processing that may be decoded for additional information at the network's output. This mode of network lends itself to less data points and generating and training time.

2.3 Detailed Design

The initial goal is to perform a deep dive of signal processing and understand the current literature for signal conversions of electrocardiogram (ECG) and SpO2 signals since these will be the primary features to analyze. There will be on-going researched-based transformations performed on the data to create more features, but this step is pending approval. Collecting all the generated and base features, initial analysis will be performed on the features utilizing principal component analysis (PCA) and a high correlation filter. These are methods of dimensionality reduction which will help manage the data as well as utilize the more important features.

While the hardware is being created, a golden model will also be designed in software. The golden model is then used to compare against the hardware and build up a testbench to make sure the hardware works. The hardware will be built using Verilog with the SystemVerilog synthesis expansions. Verifying lower level parts like first in first out buffers will be done using formal verification because it makes the process easier and catches difficult to spot bugs. After simulation passes, a bitstream will be built and tests will be done to ensure the synthesis tests pass on a Virtex-7 FPGA. If any issues are found during the synthesis tests, they will be fixed and the bitstream will be rebuilt. This last step will repeat until the synthesis tests pass.

3 Context and Impact

3.1 Economic Analysis

The anticipated impact of the FPGA SNN implementation is to bridge the gap between the high-accuracy, high-cost, in-lab PSG tests and the low-accuracy, low-cost, in-home sleep studies. The solution must showcase

greater accuracy than in-home tests at a cost lower than that of in-lab tests. There exist four types of sleep study test with type I tests requiring the largest number of sensors, constant supervision, and relocation, and type IV tests allowing for portability and requiring at least one sensor [1]. Recent estimates project that type III tests, a single level of complexity above type IV tests, can cost on average about \$1,000.00¹¹, which is more than double the price of the \$400.00¹² rate for type IV tests [11]. These prices are on par with the expected rates to pay out-of-pocket for tests of these levels. The solution must be able to use whatever signals are provided by type III or type IV tests and improve accuracy for all severities while incurring no significant costs.

The greatest cost incurred by the solution remains the FPGA integrated circuit that implements the SNN. The market price for different chips can range anywhere from \$60 to a chip with a low density of logic elements to \$10,000 for a chip with hundreds of thousands of logic elements. The most cost effective chip to buy would have to be chosen after the design is made to pick a chip that just barely fits the design with a little bit of wiggle room. Software and formal verification utilize open-source technologies, thereby incurring no additional price on project development. Additional costs from power consumption are minimal since the implementation respects the constraints of a low-power, efficient solution. To prevent additional consequences from hardware integration with present type III or type IV tests, the design uses signals already produced from test kits. This avoids the additional costs of more sensors and designates the FPGA solution as a near plug-and-play add-on to readily available testing options.

3.2 Environmental Impact Analysis

Unintentional environmental effects because of the project implementation are avoided by considering the potential for lead free circuit devices. The FPGA manufacturer, Xilinx designates that the part number XC7VX485T-2FFG1761C of project device corresponds to a RoHS 6/6 “with Exemption 15” with only enough lead content to ensure proper connection between internal die wire and package pins [12], [13]. Since the software model is config-

¹¹This value was first adjusted for November 2017 british pound conversion (1 GBP = 1.3478 USD)

¹²Rounded up from \$991.98 (original price was 736 GBP)

²Rounded up from \$431.30 (original price 320 GBP)

unable to various hardware constraints, compliant devices that offer further restrictions than the device used for development continue to have the potential for drop-in replacement.

3.3 Social Impact Analysis

Sleep apnea is a condition that affects all demographics without regard for socioeconomic status, and tests providing accurate and reliable results should be made available to everyone who may be afflicted. Reducing the financial gap for in-home tests allows for quicker access to diagnostics on sleep apnea severity and correspondingly quicker administration for treatment. Out-of-pocket expenses for in-home tests are not billed as such unless a patient's insurance provider preapproves the testing option and subsidizes the total cost for treatment. Unfortunately, existing low-cost solutions may not provide the accuracy necessary for insurance coverage thereby gating the option of a cheaper test type to those with comprehensive healthcare coverage. Augmenting existing low-cost testing kits with minimal hardware that significantly increases prediction accuracy may lead to wider insurance approval and thereby greater accessibility for patients of all walks of life.

Such requirements deemed necessary for test and treatment approval depends on the type of insurance. Federal healthcare determines coverage based on reliability and necessity standards dictated by laws on Social Security and confirmed by the U.S. Food and Drug Administration (FDA) [14]. Private healthcare institutions provide coverage based on internally decided criteria. The proposed implementation addresses such criteria, like those required by the Blue Cross and Blue Shield Association (BCBSA). The BCBSA determines coverage based on how the experimental technology satisfies five criteria [14]. Technology must be approved by government authorities, backed up by scientific evaluations, positively effective on health, at least as effective as alternative solutions, and expandable beyond its original research setting.

Accuracy tests to be delivered upon project completion address the evidence-based criteria and effectiveness-based criteria of such private insurance solutions. Augmenting type III and type IV tests with greater accuracy provides a greater positive effect for affected populations and increases effectiveness of already available solutions. Some tests are already portable, and the addition of the small formfactor FPGA, will not significantly change a testing kit's size, thereby preserving the tests portability. Following the results of both accuracy and efficiency tests, if the solution deems to be beneficial in

all regards, the potential for further approval may be explored. By aiming to satisfy various insurance requirements, such concerns as financial availability may be addressed by the implementation allowing for greater accessibility for all social levels.

3.4 Ethical Analysis

Reliability is the greatest concern, as its absence reduces all faith in the project's design. The implementation must ensure high accuracy, minimize false negatives, and minimize false positives. High accuracy results from the proper configuration of the software golden model and the accurate implementation of the model and training rules on the FPGA. Multiple verification tests quantify the accuracy of the implementation by reporting minimized error metrics such as least mean squares (LMS) error and mean squared error (MSE). A false positive reading corresponds to the implementation incorrectly determining the severity of sleep apnea to be more severe than is correctly determined. False positive readings by the model are to be avoided because any falsities decrease the viability of the solution and may indicate inconsistent results. A false negative reading corresponds to the implementation incorrectly determining the severity of sleep apnea to be less severe than is correctly determined. False negative readings may detriment an individual by providing proof for a treatment that insufficiently mitigates the sleep apnea affliction. In some cases, these types of decisions may lead to insufficient enough treatment as to have irreversible, detrimental effects on the patient. Since a low level of reliability may lead to permanent harm of an otherwise healthy individual, the absolute minimization of all false readings is pursued.

4 Materials/Resources

4.1 Hardware

- Xilinx FPGA
- Verilog - Language used to write the hardware for the FPGA
- Xilinx Vivado - Used for programming the FPGA
- SybiYosys - Used for formal verification of the hardware subsystems

4.2 Software

- Python - open source programming language with a large community to leverage various libraries

Pandas - Formally structure the data to process efficiently

Numpy - Perform matrix manipulations

SKLEARN - Utilize base libraries for metrics of machine learning models

Keras - Build neural network layers and the logic for the nodes of the hidden layer

Seaborn - Effectively visualize features, data points, and metrics

5 Project Management

5.1 Team Organization

All team members are responsible for the tasks they have volunteered for. Team members choices correspond to the strengths and focus areas that they study. Member Cameron Calv who majors in electrical engineering and computer engineering focuses on the formal verification of hardware, software development of the testbench, and the implementation efficiency analysis. Member Neel Jagad who majors in computer engineering leads software design implementing the SNN golden model and conducting experimental data analysis and feature selection. Member Nick Sica who majors in computer engineering and minors in computer science leads hardware designing performing the development of the hardware Verilog for the FPGA, synthesizing the programmable bitstream, and assisting in final analysis and verification. The faculty member advising the team is Dr. Anup Das.

Group tasks will be assigned using a Kanban project management board allowing for accurate planning of deadlines and compartmentalization of responsibilities. Code flow including that for software models and hardware descriptions is facilitated using Git version control and code storage on GitHub.

5.2 Schedule and Milestones

Project progress is conducted in a six-month time frame split up into three academic terms as shown in the gantt chart in Table 1. Dark colorings represent portions of time where the task is being worked on with shading under assignments corresponding to the participation of the corresponding team member. The initial month of progress determines familiarity with sleep apnea datasets and obtaining access authorization for proprietary data once familiarity is established. Following the feature selection from available data the software golden model of the SNN is developed as well as the initial architecture layout on the FPGA. Much of the winter season is spent on configuring the model and developing the hardware framework. Connection between the hardware and software will be facilitated with a software test-bench. Following the connection of the hardware and the software, prediction accuracy tests will be conducted to determine how, if at all, the model needs to be tuned. Concluding progress are the final efficiency tests for the FPGA implementing the SNN following the synthesis of the hardware bitstream. The following chart showing the time dedicated to each design goal and the relative participation of each team member to the goal is provided below.

5.3 Project Budget

The total cost of all materials consists only of the expenses incurred by the hardware design choice. The FPGA provided by Xilinx is the only part that incurs a cost because while there is a licensing fee of \$3,500 for Vivado, there is a free webpack or lab version that can be used to program the FPGA. All other technologies used are open-source or publicly licensed databases.

5.4 Success Benchmarks

Performance metrics such as the MSE and LSM error will give accuracy results from the software and hardware implemented model. Efficiency tests run on the hardware give a method of quantifying the total energy cost of the implementation which must remain as low as possible.

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Appendices

A Detailed Project Management

Table 1: Gantt chart showing the responsibilities of each team member

	Fall			Winter							Spring							Assignments		
Tasks																		Calv	Jagad	Sica
Hardware																				
FPGA Verilog																				
Hardware Synthesis																				
Software																				
Data EDA																				
Golden Model																				
Develop Testbench																				
Verification																				
SymbiYosys																				
Prediction Accuracy																				
Efficiency Analysis																				