

# MEDICAL LABORATORY REPORT

Date: March 15, 2024

Patient ID: 12345

Name: John Smith

DOB: 05/15/1980

## COMPLETE BLOOD COUNT (CBC)

Test	Result	Reference Range
White Blood Cells:	8.5 x10 <sup>9</sup> /L	4.0-10.0
Red Blood Cells:	5.2 x10 <sup>12</sup> /L	4.0-5.5
Hemoglobin:	14.5 g/dL	13.0-17.0
Platelets:	280 x10 <sup>9</sup> /L	150-350

## METABOLIC PANEL

Test	Result	Reference Range
Glucose:	95 mg/dL	70-100
Cholesterol:	185 mg/dL	0-200
HDL:	55 mg/dL	40-60
LDL:	115 mg/dL	0-130

## PHYSICIAN'S NOTES

Patient's blood work shows all values within normal ranges. The cholesterol profile is particularly good, with HDL and LDL at optimal levels. Continue current diet and exercise

regimen.

## **RECOMMENDATIONS**

1. Maintain current healthy lifestyle
2. Regular exercise (30 minutes, 5 times per week)
3. Follow-up visit in 6 months
4. Continue balanced diet rich in fruits and vegetables

This report has been electronically verified and signed by:

Dr. Sarah Johnson, MD

License #: MD12345

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