# Nicholas A. Zotos

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#### **EDUCATION**

# Duquesne University - Duquesne Honors College Resident - Pittsburgh, PA

Bayer School of Science and Engineering

Anticipated, May 2025

- o Major: Bachelor of Sciences in Biological Sciences
  - Minors: Biochemistry, English, Intercultural Engagement

Cumulative GPA: <u>3.97</u>

Math and Science GPA: 3.96

- University Recognitions
  - Dean's List (all semesters)
- Scholarships
  - Duquesne University Horizon Academic Scholarship
  - George N. Boulukos Eastern Orthodox Academic Scholarship
  - New Jersey Golf Association Merit Academic Scholarship

#### RESEARCH EXPERIENCE

#### Duquesne University - Dr. David Lampe - Pittsburgh, PA

Undergraduate Student Researcher (Academic Course Credit)

October 2021 - Present

- O Research Topic/Question: Paratransgenesis as a vector control method for Malaria. (Facilitating the use of gene editing technology via microbiome manipulation to eradicate plasmodium).
  - Laboratory Responsibilities
    - General maintenance of experimental organisms (Anopheles Mosquitoes).
    - Assist in the manipulation of bacterial components in experimental vector.
    - Lead secondary projects exploring the increased production of auxotrophic gene-edited plasmids that carry anti-plasmodium gene regulators. (*Creating an efficient Paratransgenic system*)
  - Competitive summer undergraduate research internship (*URP*)

Summer 2023

- 10-week competitive research internship
- Corresponded with PhD candidates while conducting primary research project
- Explored anti-plasmodium symbiosis and novel vector control methods to reduce the spread of Malaria
- o 2 years of research experience

### RESEARCH EXPERIENCE (Publications and Poster Presentations)

# Duquesne Undergraduate Biology Research - Pittsburgh, PA

- Poster Presentations
  - Duquesne URP 2023 "Upstream, Downstream, and everything in between..."

#### **CLINICAL EXPERIENCE**

# Allegheny Health Network (AHN), Allegheny General Hospital, Pittsburgh, P.A

Hospital Elder Life Program (HELP) – Volunteer

January 18, 2023 – Present

- o Program to improve hospital experience for older patients
  - Patient interaction and contact to prevent the onset of dementia and delirium
  - Assist RN's and CNA's with patient feeding and comfort care
  - Continued training in geriatric dementia care
- o Total clinical hours procured through AHN: 75 Hours

#### PHYSICIAN SHADOWING

# Allegheny General Hospital (AHN), *Pennsylvania* – (Complex Medical Care Unit), Dr. Mary Beth Roberts *June* 12<sup>th</sup> – *June* 16<sup>th</sup>, 2023

O Shadowing D.O. – Internist/Hospitalist – 16 Hours

Catholic Health Institute (CHI), *Tennessee* – (Emergency Room), Dr. Craig S. Swafford, Dr. Lebron Lackey Dec. 21<sup>st</sup>, 2022

○ Shadowing M.D. – General Surgeon – 7 Hours

Dec. 22<sup>nd</sup>, 2022

O Shadowing M.D. – Radiologist – <u>5 Hours</u>

#### Catholic Health Institute (CHI), Tennessee – (Department of Surgery) Dr. Robert Headrick

Dec. 13<sup>th</sup> – Dec. 16<sup>th</sup>, 2022

O Shadowing M.D. – Chief of Thoracic Surgery – 16 Hours

Dec. 19<sup>th</sup> – Dec 20<sup>th</sup>, 2022

O Shadowing M.D. – Chief of Thoracic Surgery – 6 Hours

Hackensack Meridian Health Medical Group, *New Jersey* – (Cardio-Medical Center) Dr. Valarie Kleshchelskaya *July 17 – July 29, 2022* 

○ Shadowing M.D. – Internist/Hospitalist – <u>27 Hours</u>

Total physician shadowing Hours: <u>76 Hours</u>

#### MEMBERSHIP, LEADERSHIP & COMMUNITY INVOLVEMENT

# **Duquesne University - Pittsburgh, PA**

Duquesne on-campus university affiliated scientific journal – The D.U. Quark

January 2023 – Present

- o Staff Writer
  - Write monthly scientific journal entrees for on-campus STEM community
  - Coordinate with executive positions on relative scientific communication strategies

Duquesne Department of Student Life - Duquesne university orientation

August 2022 – Present

- o Team Leader
  - Assist incoming freshmen moving in on campus
  - Serve as a mentor for younger individuals during their first week of collegiate life

Duquesne on-campus university affiliated newspaper – The Duquesne Duke

September 2021 – Present

- o Advertisement Manager:
  - Work with Editor and Chief in managing staff writers and weekly publishing operations
  - Oversee prospective salaries and budgetary reviews for the University Newspaper
  - Cooperate with small and large businesses to advertise through publications (PNC, UPMC, Moonlight Burger, Milano's Pizza, DU Cares, Pennsylvania State Department, etc...)

#### University of Pittsburgh - Pittsburgh, PA

January 2023 – Present

University of Pittsburgh - Young Life

- o Member
  - Assist in local community service initiatives
  - Create care packages for homeless
  - Provide outlet for Christian dialogue pertaining to collegiate individuals

#### American Legion – Clark, NJ

Boy Scouts of America – Troop 145

January 2016 – January 2020

- Eagle Scout
- o Congressional Award for Service, NJ 7<sup>th</sup> district

#### OTHER EMPLOYMENT

#### **Duquesne University - Pittsburgh, PA**

Duquesne University Athletic Department, Academic correspondence

February 2023 – Present

- o Tutor
  - Tutor undergraduate NCAA Division 1 student athletes in calculus, chemistry, and biology.
  - Plan each session based on the student's style of learning
  - Provide student with study tips and techniques
  - Develop alternative ways for students to learn and make each session productive

#### CERTIFICATIONS, TRAINING, AND SKILLS

# Duquesne University - Pittsburgh, PA

Pre-Medical and Health Professions Program (PMHPP)

- o Program Certifications
  - PMHPP Academic Undergraduate Certification
  - HIPAA Training

#### **Coursera - Online Professional Certifications**

- o Yale
  - Connected Leadership
  - Introduction to Medical Research
- Stanford
  - Writing in the Sciences
  - Introduction to Food & Nutrition

January 2022