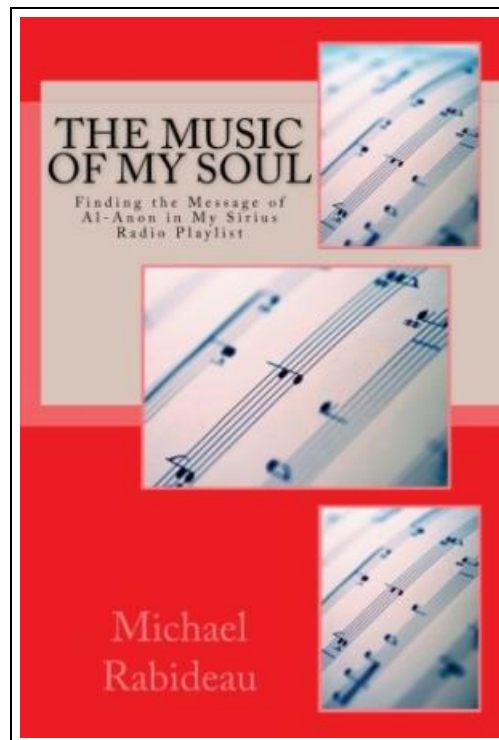


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THE MUSIC OF MY SOUL: FINDING THE MESSAGE OF AL-ANON ON MY SIRIUS RADIO PLAYLIST (PAPERBACK)

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Createspace Independent Publishing Platform, United States, 2017. Paperback. Condition: New. Language: English. Brand new Book. I must begin my latest venture into the world of the November Book Challenge with a brief explanation of what brought me here. The serpentine route I took to get my Point A to Point B is mapped with good intentions, a love of music, and my dedication to my family, to my career, and to my Al-Anon program. Sirius Radio has been my saving grace. The first three things I do when I get into the car are fasten my seat belt, turn on the ignition, and turn on the radio. Those three simple tasks get my day started, and they provide me with the impetus to do what I choose to do each and every day. The channels I listen to provide me with inspiration and words of encouragement; The Message, The Blend, The Broadway Channel, Love, and Joel Osteen Radio are my companions on the road to and from school and home. While I was contemplating the subject of my fifth book, I realized that I could kill two birds with one stone. I have been the District Representative for District 26 in Al-Anon for the past six years, and part of my position has asked me to do service and provide a message of recovery for anyone interested in hearing about my experience, strength, and hope. The twelfth step in Al-Anon explains that as part of having a spiritual awakening, I should spread this message and incorporate it into all aspects of my daily life. Here was the quandary. How could I talk about Al-Anon and make the connection to what I listen to on Sirius Radio on a daily basis? That formed the premise of my current project and enabled...

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