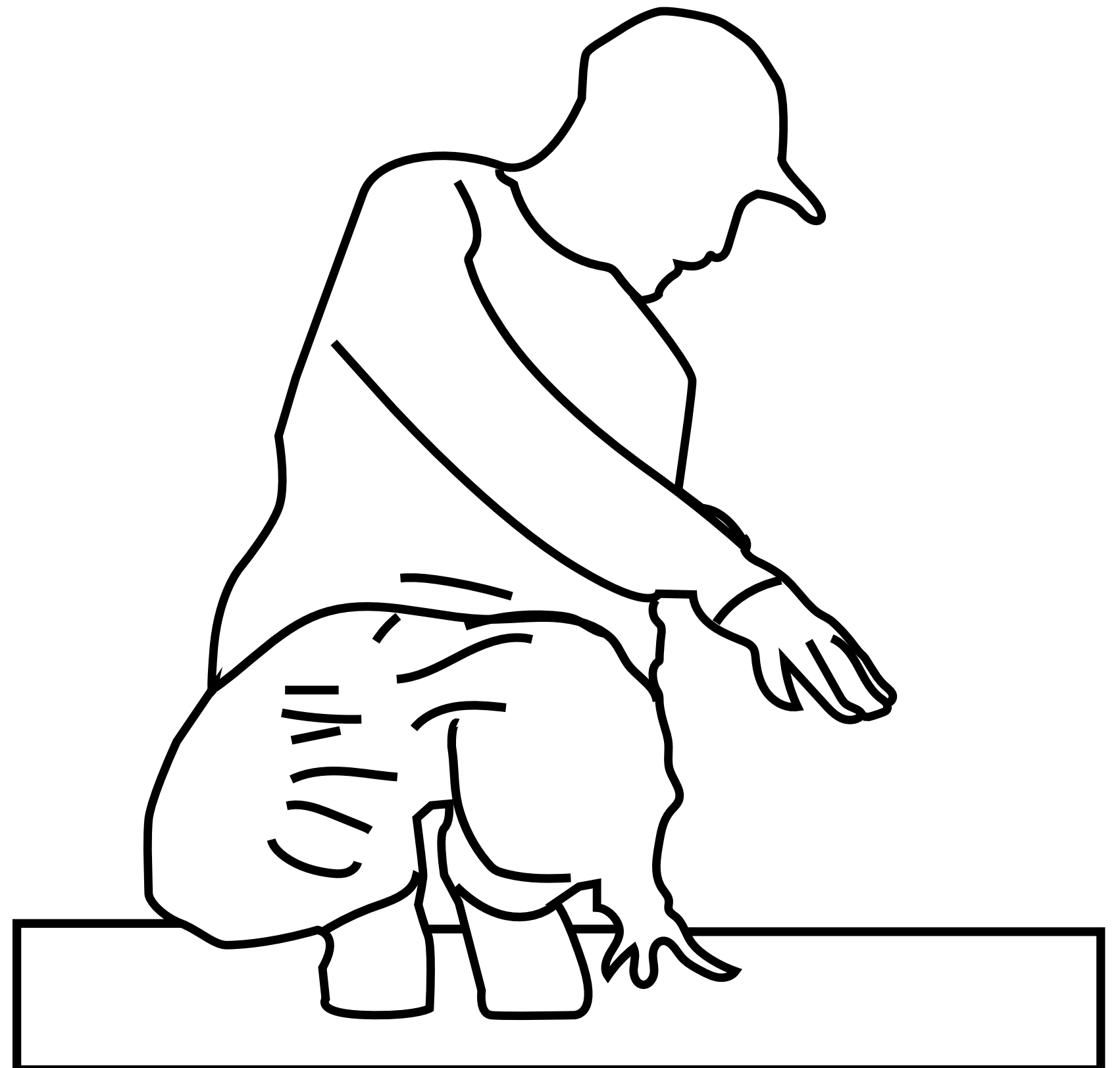
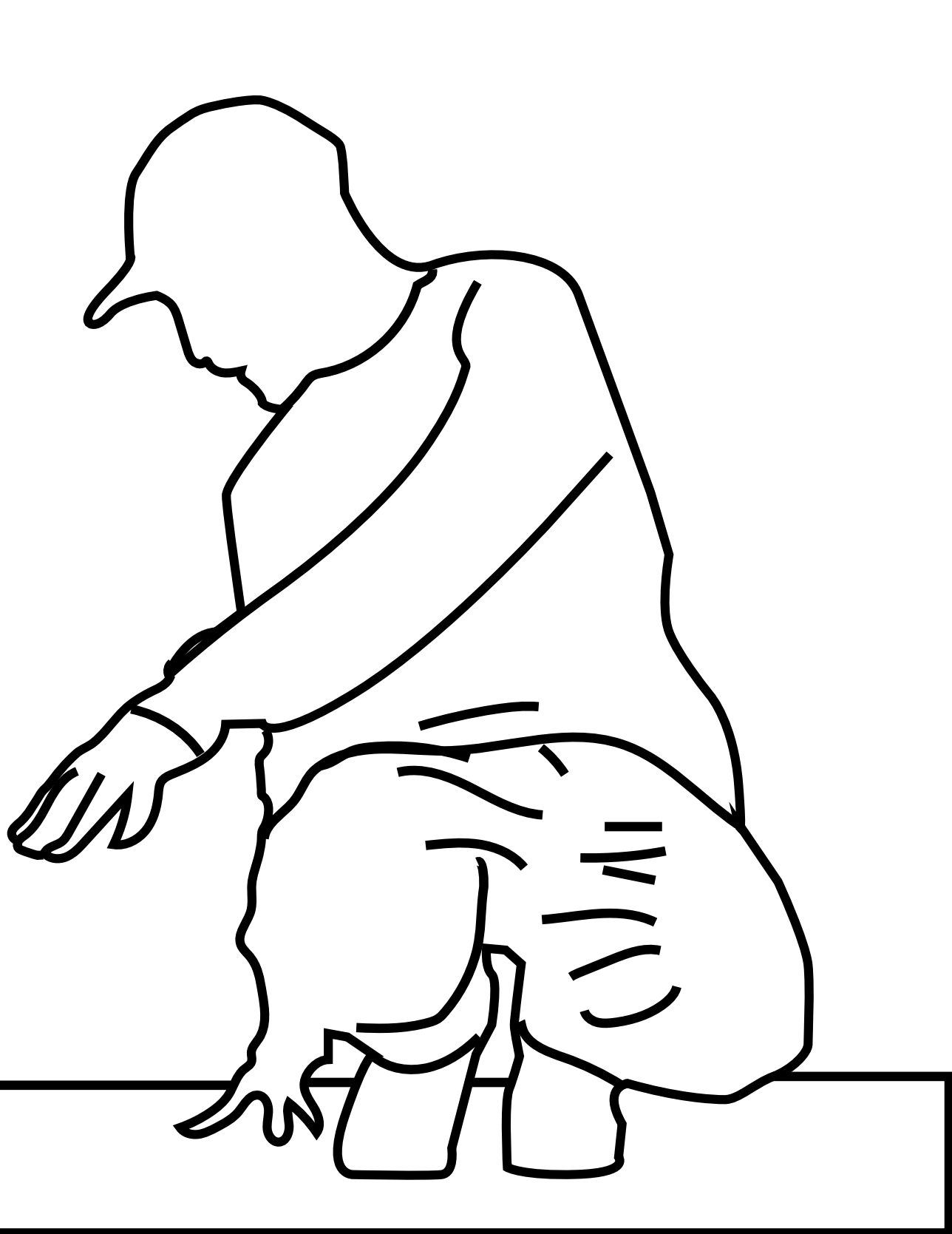
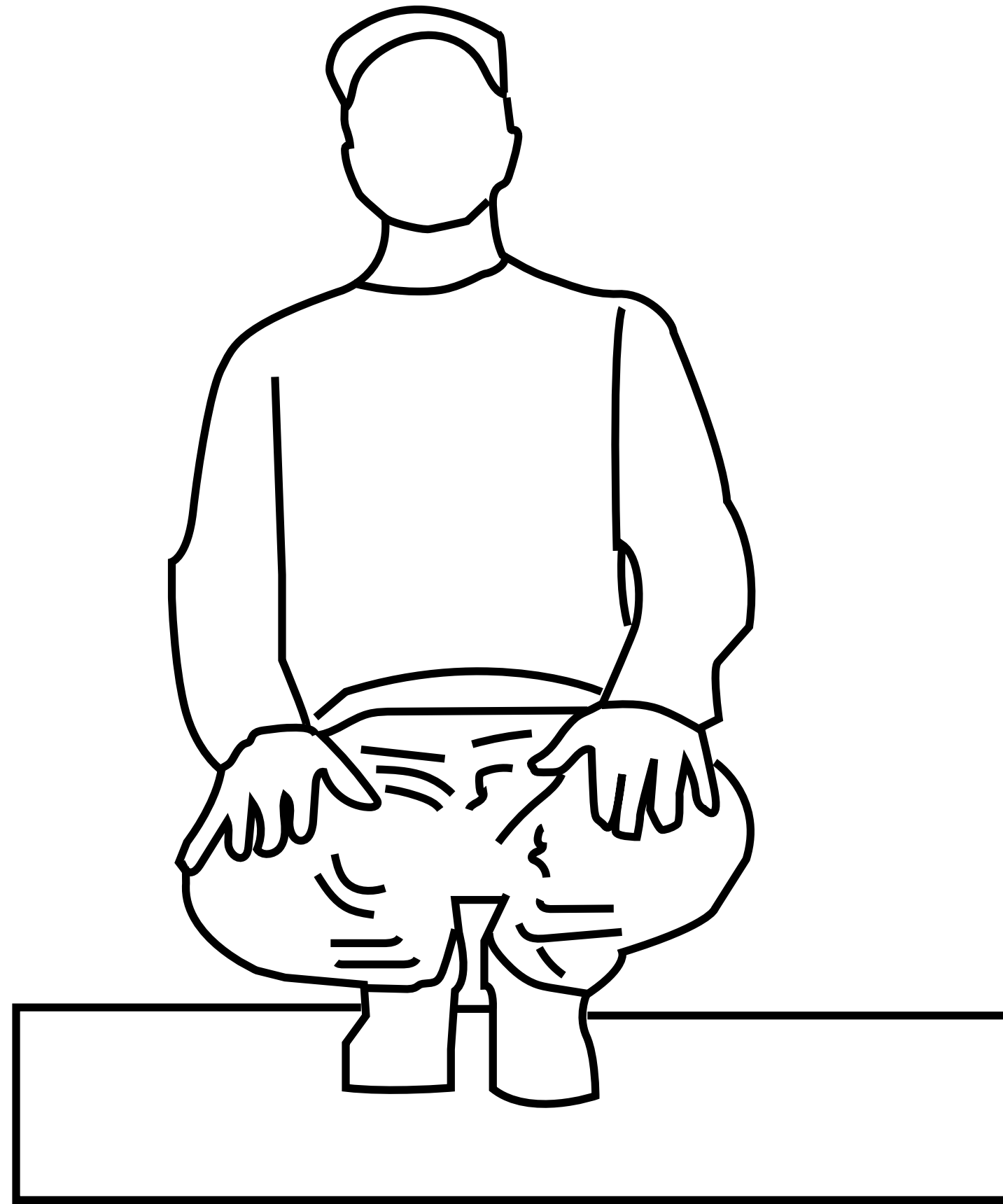
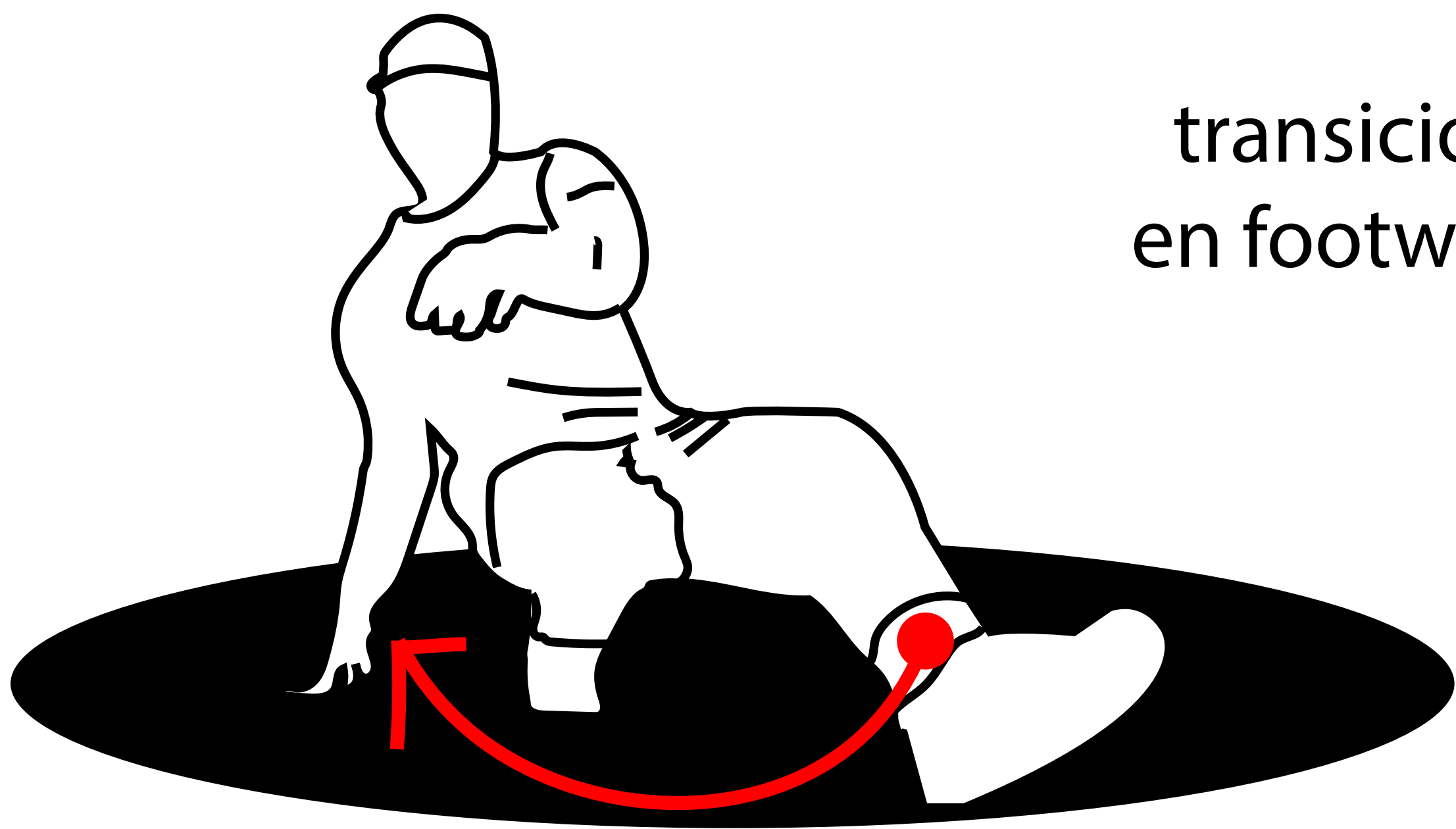


Footwork Stability. Bounce and Directions

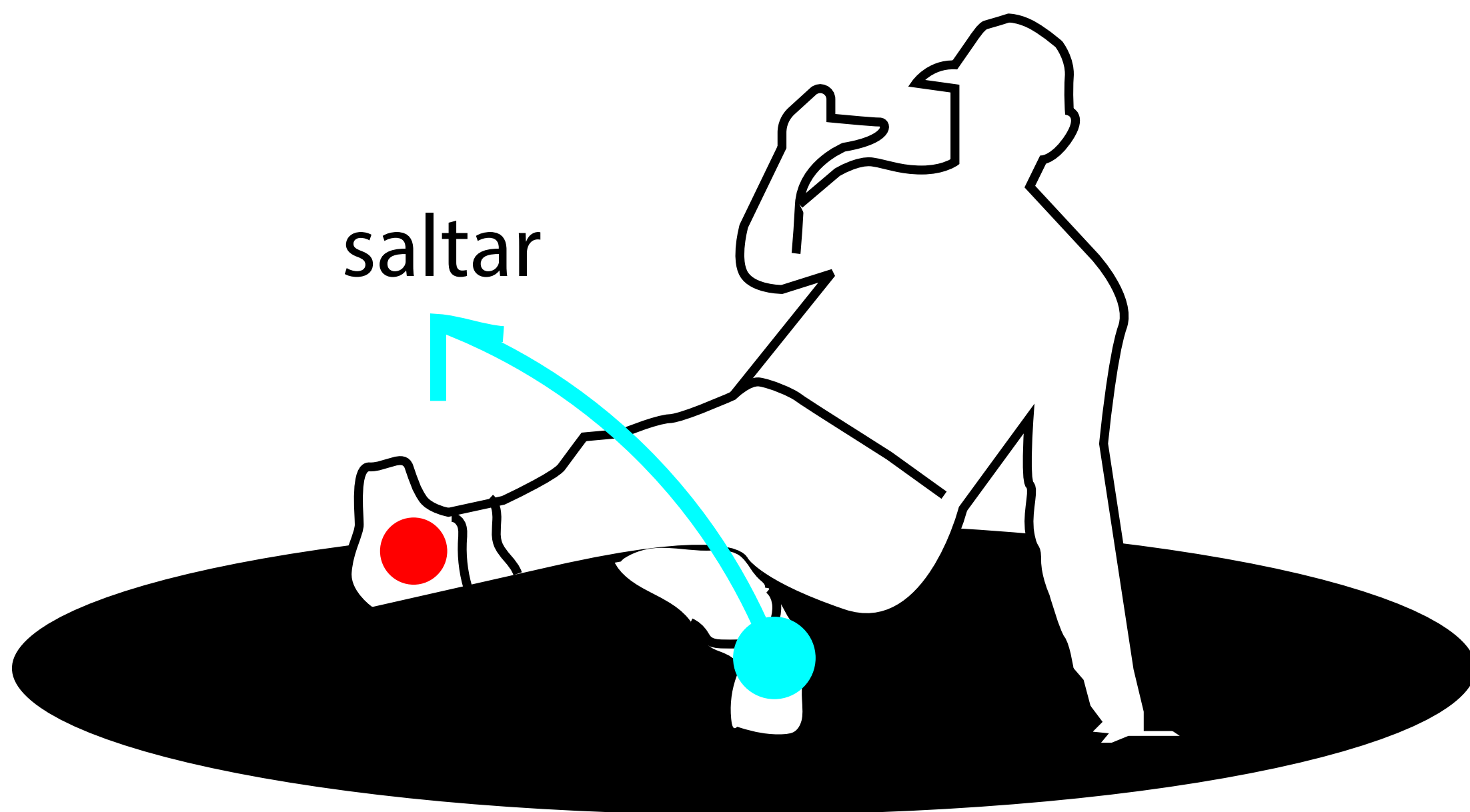
Estabilidad. Rebote y Direcciones



conceptos a aplicar

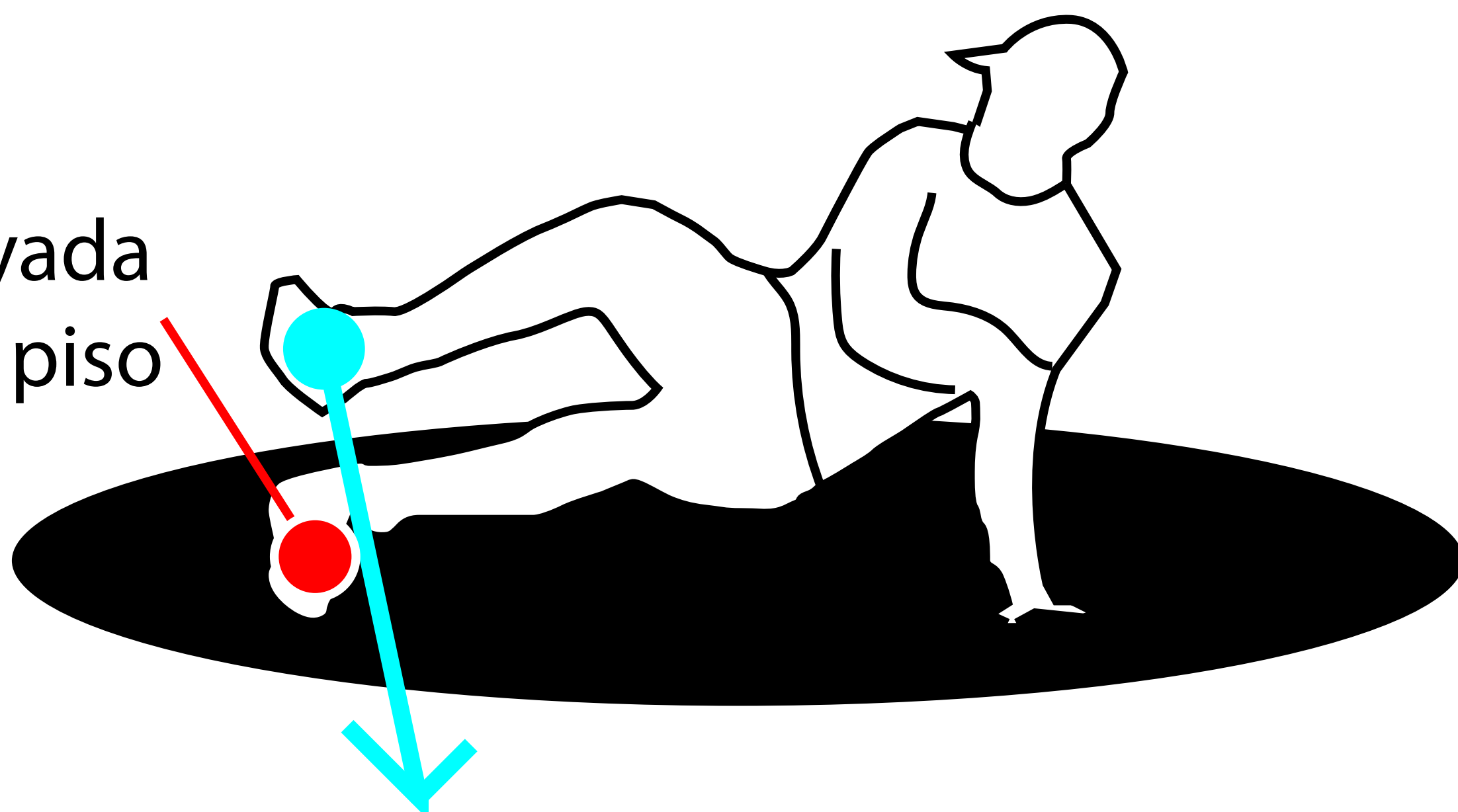


transicion
en footwork



saltar

Apoyada
en el piso



Patada al frente

