https://nickyfrs.github.io/hma-bds/contact.html

Performance	Accessibility	Best Practices	SEO	Progressive Web App
90	90	100	90	PWA

▲ 0–49 50–89 90–100

90

Performance

Metrics

First Contentful Paint 0.6 s	Time to Interactive 0.6 s
Speed Index 0.7 s	Total Blocking Time 0 ms
Largest Contentful Paint 2.1 s	Cumulative Layout Shift 0.002

Values are estimated and may vary. The performance score is calculated directly from these metrics. See calculator.

View Original Trace | View Treemap

Show audits relevant to: All | FCP | LCP | TBT | CLS

Opportunities — These suggestions can help your page load faster. They don't directly affect the Performance score.

Opportunity	Estimated Savings
▲ Serve images in next-gen formats	0.8 s

Image formats like WebP and AVIF often provide better compression than PNG or JPEG, which means faster downloads and less data consumption. Learn more.

Show 3rd-party resources (0)

URL	Resource Size	Potential Savings
 …bg/bg00.jpg (nickyfrs.github.io)	1,084.0 KiB	914.4 KiB
 …logos/logo.png (nickyfrs.github.io)	173.1 KiB	133.3 KiB

Efficiently encode images 0.55 s

Optimized images load faster and consume less cellular data. Learn more.

☐ ~~Show 3rd-party resources~~ (0)

URL	Resource Size	Potential Savings
 …bg/bg00.jpg (nickyfrs.github.io)	1,084.0 KiB	710.3 KiB

Eliminate render-blocking resources 0.29 s

Resources are blocking the first paint of your page. Consider delivering critical JS/CSS inline and deferring all non-critical JS/styles. Learn more. FCP LCP

☑ ~~Show 3rd-party resources~~ (2)

URL	Transfer Size	Potential Savings
/css2?family=… (fonts.googleapis.com)	2.7 KiB	260 ms
/feb68d516c.js (kit.fontawesome.com)	4.0 KiB	250 ms

Diagnostics — More information about the performance of your application. These numbers don't directly affect the Performance score.

▲ Does not use passive listeners to improve scrolling performance

Consider marking your touch and wheel event listeners as `passive` to improve your page's scroll performance. Learn more.

☑ ~~Show 3rd-party resources~~ (3)

Source

init_embed.js:87

js:269

util.js:60

▲ Image elements do not have explicit `width` and `height`

Set an explicit width and height on image elements to reduce layout shifts and improve CLS. Learn more CLS

☐ ~~Show 3rd-party resources~~ (0)

URL	Failing Elements

URL	Failing Elements
…logos/logo.png (nickyfrs.github.io)	 img.logo

▲ Serve static assets with an efficient cache policy — 4 resources found

A long cache lifetime can speed up repeat visits to your page. Learn more.

☑ Show 3rd-party resources (1)

URL	Cache TTL	Transfer Size
…bg/bg00.jpg (nickyfrs.github.io)	10 m	1,085 KiB
…logos/logo.png (nickyfrs.github.io)	10 m	173 KiB
…css/contact-style.css (nickyfrs.github.io)	10 m	2 KiB
…api/js?client=… (maps.googleapis.com)	30 m	52 KiB

○ Avoid chaining critical requests — 7 chains found

The Critical Request Chains below show you what resources are loaded with a high priority. Consider reducing the length of chains, reducing the download size of resources, or deferring the download of unnecessary resources to improve page load. Learn more. FCP LCP

Maximum critical path latency: **780 ms**

Initial Navigation

- /hma-bds/contact.html (nickyfrs.github.io)
  - /css2?family=… (fonts.googleapis.com)
    - …v22/1Ptug8zYS….woff2 (fonts.gstatic.com) **- 80 ms, 41.43 KiB**
    - …v22/1Ptsg8zYS….woff2 (fonts.gstatic.com) **- 80 ms, 43.35 KiB**
  - …css/contact-style.css (nickyfrs.github.io) **- 30 ms, 2.24 KiB**
  - /feb68d516c.js (kit.fontawesome.com) **- 60 ms, 4.00 KiB**
  - …webfonts/free-fa-brands-400.woff2 (ka-f.fontawesome.com) **- 60 ms, 75.75 KiB**
  - …webfonts/free-fa-regular-400.woff2 (ka-f.fontawesome.com) **- 60 ms, 13.68 KiB**
  - …webfonts/free-fa-solid-900.woff2 (ka-f.fontawesome.com) **- 60 ms, 77.13 KiB**

○ Keep request counts low and transfer sizes small — 29 requests • 2,350 KiB

To set budgets for the quantity and size of page resources, add a budget.json file. Learn more.

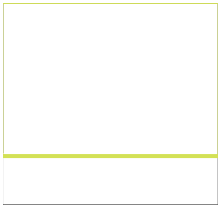
Resource Type	Requests	Transfer Size
Total	29	2,349.7 KiB
Image	4	1,258.2 KiB
Script	12	814.0 KiB

Resource Type	Requests	Transfer Size
Font	5	251.3 KiB
Other	4	18.4 KiB
Stylesheet	2	4.9 KiB
Document	2	2.9 KiB
Media	0	0.0 KiB
Third-party	25	1,086.4 KiB

Largest Contentful Paint element — 1 element found

This is the largest contentful element painted within the viewport. Learn More LCP

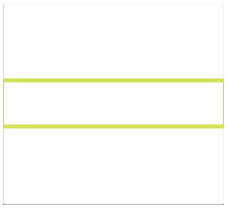
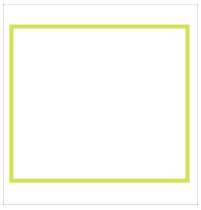
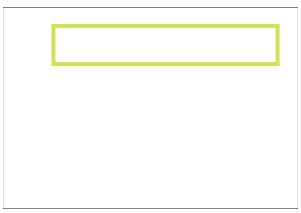
Element



section.contact-hero

Avoid large layout shifts — 4 elements found

These DOM elements contribute most to the CLS of the page. CLS

Element	CLS Contribution
 section.contatus	0.001
 section.contact-form	0
 p.parra	0
 nav.clearfix	0

Avoid long main-thread tasks — 3 long tasks found

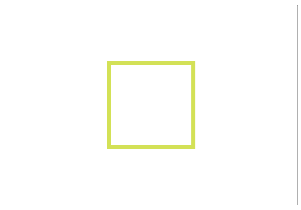
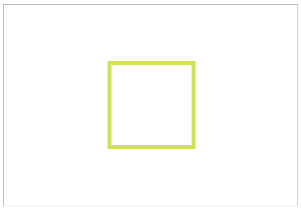
Lists the longest tasks on the main thread, useful for identifying worst contributors to input delay. Learn more TBT

Show 3rd-party resources (1)

URL	Start Time	Duration
/feb68d516c.js (kit.fontawesome.com)	512 ms	108 ms
`Unattributable`	400 ms	75 ms
/hma-bds/contact.html (nickyfrs.github.io)	251 ms	58 ms

Avoid non-composited animations — 8 animated elements found

Animations which are not composited can be janky and increase CLS. Learn more CLS

Element	Name
 i.fa.fa-phone	
Unsupported CSS Property: font-weight	font-weight
 i.fa.fa-envelope	
Unsupported CSS Property: font-weight	font-weight
span.sr-only	
Unsupported CSS Property: margin-bottom	margin-bottom
Unsupported CSS Property: margin-left	margin-left
Unsupported CSS Property: margin-right	margin-right
Unsupported CSS Property: margin-top	margin-top
span.sr-only	
Unsupported CSS Property: margin-bottom	margin-bottom
Unsupported CSS Property: margin-left	margin-left
Unsupported CSS Property: margin-right	margin-right
Unsupported CSS Property: margin-top	margin-top
span.sr-only	
Unsupported CSS Property: margin-bottom	margin-bottom
Unsupported CSS Property: margin-left	margin-left
Unsupported CSS Property: margin-right	margin-right
Unsupported CSS Property: margin-top	margin-top
span.sr-only	
Unsupported CSS Property: margin-bottom	margin-bottom
Unsupported CSS Property: margin-left	margin-left

Element	Name
Unsupported CSS Property: margin-right	margin-right
Unsupported CSS Property: margin-top	margin-top
span.sr-only	
Unsupported CSS Property: margin-bottom	margin-bottom
Unsupported CSS Property: margin-left	margin-left
Unsupported CSS Property: margin-right	margin-right
Unsupported CSS Property: margin-top	margin-top
span.sr-only	
Unsupported CSS Property: margin-bottom	margin-bottom
Unsupported CSS Property: margin-left	margin-left
Unsupported CSS Property: margin-right	margin-right
Unsupported CSS Property: margin-top	margin-top

Passed audits (27)

Properly size images — Potential savings of 140 KiB

Serve images that are appropriately-sized to save cellular data and improve load time. Learn more.

Show 3rd-party resources (0)

URL	Resource Size	Potential Savings
…logos/logo.png (nickyfrs.github.io)	173.1 KiB	140.4 KiB

Defer offscreen images

Consider lazy-loading offscreen and hidden images after all critical resources have finished loading to lower time to interactive. Learn more.

Minify CSS

Minifying CSS files can reduce network payload sizes. Learn more. FCP LCP

Minify JavaScript

Minifying JavaScript files can reduce payload sizes and script parse time. Learn more. FCP LCP

Reduce unused CSS — Potential savings of 12 KiB

Reduce unused rules from stylesheets and defer CSS not used for above-the-fold content to decrease bytes consumed by network activity. Learn more. FCP LCP

Show 3rd-party resources (0)

URL	Transfer Size	Potential Savings
`/*! * Font Awesome Free 5.15.4 by @fontawesome - https://fontawesome.com * License - https://fonta...`	12.0 KiB	11.9 KiB

Reduce unused JavaScript

Reduce unused JavaScript and defer loading scripts until they are required to decrease bytes consumed by network activity. Learn more. LCP

Enable text compression

Text-based resources should be served with compression (gzip, deflate or brotli) to minimize total network bytes. Learn more. FCP LCP

Preconnect to required origins

Consider adding `preconnect` or `dns-prefetch` resource hints to establish early connections to important third-party origins. Learn more. FCP LCP

Initial server response time was short — Root document took 30 ms

Keep the server response time for the main document short because all other requests depend on it. Learn more. FCP LCP

Show 3rd-party resources (0)

URL	Time Spent
/hma-bds/contact.html (nickyfrs.github.io)	30 ms

Avoid multiple page redirects

Redirects introduce additional delays before the page can be loaded. Learn more. FCP LCP

Preload key requests

Consider using `<link rel=preload>` to prioritize fetching resources that are currently requested later in page load. Learn more. FCP LCP

Use HTTP/2

HTTP/2 offers many benefits over HTTP/1.1, including binary headers and multiplexing. Learn more.

Use video formats for animated content

Large GIFs are inefficient for delivering animated content. Consider using MPEG4/WebM videos for animations and PNG/WebP for static images instead of GIF to save network bytes. Learn more LCP

Remove duplicate modules in JavaScript bundles

Remove large, duplicate JavaScript modules from bundles to reduce unnecessary bytes consumed by network activity. TBT

Avoid serving legacy JavaScript to modern browsers

Polyfills and transforms enable legacy browsers to use new JavaScript features. However, many aren't necessary for modern browsers. For your bundled JavaScript, adopt a modern script deployment strategy using module/nomodule feature detection to reduce the amount of code shipped to modern browsers, while retaining support for legacy browsers. Learn More TBT

Preload Largest Contentful Paint image

Preload the image used by the LCP element in order to improve your LCP time. Learn more. LCP

Avoids enormous network payloads — Total size was 2,350 KiB

Large network payloads cost users real money and are highly correlated with long load times. Learn more. LCP

Show 3rd-party resources (8)

URL	Transfer Size
…bg/bg00.jpg (nickyfrs.github.io)	1,084.8 KiB
…3/util.js (maps.googleapis.com)	594.3 KiB
…logos/logo.png (nickyfrs.github.io)	173.4 KiB
…webfonts/free-fa-solid-900.woff2 (ka-f.fontawesome.com)	77.1 KiB
…webfonts/free-fa-brands-400.woff2 (ka-f.fontawesome.com)	75.8 KiB
…3/init_embed.js (maps.gstatic.com)	64.7 KiB
…3/common.js (maps.googleapis.com)	56.2 KiB
…api/js?client=… (maps.googleapis.com)	51.5 KiB
…v22/1Ptsg8zYS….woff2 (fonts.gstatic.com)	43.4 KiB
…v22/1Ptug8zYS….woff2 (fonts.gstatic.com)	41.4 KiB

Avoids an excessive DOM size — 137 elements

A large DOM will increase memory usage, cause longer style calculations, and produce costly layout reflows. Learn more. TBT

Statistic	Element	Value
Total DOM Elements		137
Maximum DOM Depth	br	7
Maximum Child Elements	 fieldset.interest	13

User Timing marks and measures

Consider instrumenting your app with the User Timing API to measure your app's real-world performance during key user experiences. Learn more.

JavaScript execution time — 0.0 s

Consider reducing the time spent parsing, compiling, and executing JS. You may find delivering smaller JS payloads helps with this. Learn more. TBT

Show ~~3rd-party resources~~ (0)

URL	Total CPU Time	Script Evaluation	Script Parse
/hma-bds/contact.html (nickyfrs.github.io)	505 ms	3 ms	1 ms
`Unattributable`	266 ms	32 ms	0 ms

Minimizes main-thread work — 0.8 s

Consider reducing the time spent parsing, compiling and executing JS. You may find delivering smaller JS payloads helps with this. Learn more TBT

Category	Time Spent
Style & Layout	371 ms
Other	296 ms
Script Evaluation	64 ms
Rendering	50 ms
Parse HTML & CSS	27 ms
Script Parsing & Compilation	2 ms

All text remains visible during webfont loads

Leverage the font-display CSS feature to ensure text is user-visible while webfonts are loading. Learn more. FCP LCP

Minimize third-party usage — Third-party code blocked the main thread for 0 ms

Third-party code can significantly impact load performance. Limit the number of redundant third-party providers and try to load third-party code after your page has primarily finished loading. Learn more. TBT

Show 3rd-party resources (0)

Third-Party	Transfer Size	Main-Thread Blocking Time
Google Maps	810 KiB	0 ms
…3/util.js (maps.googleapis.com)	594 KiB	0 ms
…3/init_embed.js (maps.gstatic.com)	65 KiB	0 ms
…3/common.js (maps.googleapis.com)	56 KiB	0 ms
…api/js?client=… (maps.googleapis.com)	52 KiB	0 ms
Other resources	43 KiB	0 ms
FontAwesome CDN	189 KiB	0 ms
…webfonts/free-fa-solid-900.woff2 (ka-f.fontawesome.com)	77 KiB	0 ms
…webfonts/free-fa-brands-400.woff2 (ka-f.fontawesome.com)	76 KiB	0 ms
…webfonts/free-fa-regular-400.woff2 (ka-f.fontawesome.com)	14 KiB	0 ms
…css/free.min.css?token=feb68d516c (ka-f.fontawesome.com)	13 KiB	0 ms
Other resources	9 KiB	0 ms
Google Fonts	87 KiB	0 ms
…v22/1Ptsg8zYS….woff2 (fonts.gstatic.com)	43 KiB	0 ms
…v22/1Ptug8zYS….woff2 (fonts.gstatic.com)	41 KiB	0 ms
Other Google APIs/SDKs	0 KiB	0 ms

Lazy load third-party resources with facades

Some third-party embeds can be lazy loaded. Consider replacing them with a facade until they are required. Learn more. TBT

Largest Contentful Paint image was not lazily loaded

Above-the-fold images that are lazily loaded render later in the page lifecycle, which can delay the largest contentful paint. Learn more.

Element

section.contact-hero

Avoids `document.write()`

For users on slow connections, external scripts dynamically injected via `document.write()` can delay page load by tens of seconds. Learn more.

Has a `<meta name="viewport">` tag with `width` or `initial-scale`

A `<meta name="viewport">` not only optimizes your app for mobile screen sizes, but also prevents a 300 millisecond delay to user input. Learn more. TBT

Accessibility

These checks highlight opportunities to improve the accessibility of your web app. Only a subset of accessibility issues can be automatically detected so manual testing is also encouraged.

Names and labels — These are opportunities to improve the semantics of the controls in your application. This may enhance the experience for users of assistive technology, like a screen reader.

No form fields have multiple labels

Form fields with multiple labels can be confusingly announced by assistive technologies like screen readers which use either the first, the last, or all of the labels. Learn more.

Failing Elements

input#piano

`<frame>` or `<iframe>` elements do not have a title

Screen reader users rely on frame titles to describe the contents of frames. Learn more.

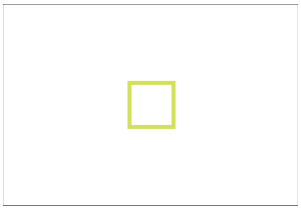
Failing Elements

iframe

▲ Form elements do not have associated labels

Labels ensure that form controls are announced properly by assistive technologies, like screen readers. Learn more.

Failing Elements



input#steelpan

textarea#quick-message

textarea#message

Additional items to manually check (10) — These items address areas which an automated testing tool cannot cover. Learn more in our guide on conducting an accessibility review.

○ The page has a logical tab order

Tabbing through the page follows the visual layout. Users cannot focus elements that are offscreen. Learn more.

○ Interactive controls are keyboard focusable

Custom interactive controls are keyboard focusable and display a focus indicator. Learn more.

○ Interactive elements indicate their purpose and state

Interactive elements, such as links and buttons, should indicate their state and be distinguishable from non-interactive elements. Learn more.

○ The user's focus is directed to new content added to the page

If new content, such as a dialog, is added to the page, the user's focus is directed to it. Learn more.

○ User focus is not accidentally trapped in a region

A user can tab into and out of any control or region without accidentally trapping their focus. Learn more.

- Custom controls have associated labels

  Custom interactive controls have associated labels, provided by aria-label or aria-labelledby. Learn more.

- Custom controls have ARIA roles

  Custom interactive controls have appropriate ARIA roles. Learn more.

- Visual order on the page follows DOM order

  DOM order matches the visual order, improving navigation for assistive technology. Learn more.

- Offscreen content is hidden from assistive technology

  Offscreen content is hidden with display: none or aria-hidden=true. Learn more.

- HTML5 landmark elements are used to improve navigation

  Landmark elements (<main>, <nav>, etc.) are used to improve the keyboard navigation of the page for assistive technology. Learn more.

Passed audits (19)

- `[aria-*]` attributes match their roles

  Each ARIA `role` supports a specific subset of `aria-*` attributes. Mismatching these invalidates the `aria-*` attributes. Learn more.

- `[aria-hidden="true"]` is not present on the document `<body>`

  Assistive technologies, like screen readers, work inconsistently when `aria-hidden="true"` is set on the document `<body>`. Learn more.

- `[aria-hidden="true"]` elements do not contain focusable descendents

  Focusable descendents within an `[aria-hidden="true"]` element prevent those interactive elements from being available to users of assistive technologies like screen readers. Learn more.

- `[aria-*]` attributes have valid values

  Assistive technologies, like screen readers, can't interpret ARIA attributes with invalid values. Learn more.

- `[aria-*]` attributes are valid and not misspelled

  Assistive technologies, like screen readers, can't interpret ARIA attributes with invalid names. Learn more.

- Buttons have an accessible name

  When a button doesn't have an accessible name, screen readers announce it as "button", making it unusable for users who rely on screen readers. Learn more.

- The page contains a heading, skip link, or landmark region

  Adding ways to bypass repetitive content lets keyboard users navigate the page more efficiently. Learn more.

- Background and foreground colors have a sufficient contrast ratio

  Low-contrast text is difficult or impossible for many users to read. Learn more.

Document has a `<title>` element

The title gives screen reader users an overview of the page, and search engine users rely on it heavily to determine if a page is relevant to their search. Learn more.

`[id]` attributes on active, focusable elements are unique

All focusable elements must have a unique `id` to ensure that they're visible to assistive technologies. Learn more.

ARIA IDs are unique

The value of an ARIA ID must be unique to prevent other instances from being overlooked by assistive technologies. Learn more.

Heading elements appear in a sequentially-descending order

Properly ordered headings that do not skip levels convey the semantic structure of the page, making it easier to navigate and understand when using assistive technologies. Learn more.

`<html>` element has a `[lang]` attribute

If a page doesn't specify a lang attribute, a screen reader assumes that the page is in the default language that the user chose when setting up the screen reader. If the page isn't actually in the default language, then the screen reader might not announce the page's text correctly. Learn more.

`<html>` element has a valid value for its `[lang]` attribute

Specifying a valid BCP 47 language helps screen readers announce text properly. Learn more.

Image elements have `[alt]` attributes

Informative elements should aim for short, descriptive alternate text. Decorative elements can be ignored with an empty alt attribute. Learn more.

Links have a discernible name

Link text (and alternate text for images, when used as links) that is discernible, unique, and focusable improves the navigation experience for screen reader users. Learn more.

Lists contain only `<li>` elements and script supporting elements (`<script>` and `<template>`).

Screen readers have a specific way of announcing lists. Ensuring proper list structure aids screen reader output. Learn more.

List items (`<li>`) are contained within `<ul>` or `<ol>` parent elements

Screen readers require list items (`<li>`) to be contained within a parent `<ul>` or `<ol>` to be announced properly. Learn more.

`[user-scalable="no"]` is not used in the `<meta name="viewport">` element and the `[maximum-scale]` attribute is not less than 5.

Disabling zooming is problematic for users with low vision who rely on screen magnification to properly see the contents of a web page. Learn more.

Not applicable (22)

`[accesskey]` values are unique

Access keys let users quickly focus a part of the page. For proper navigation, each access key must be unique. Learn more.

- `button`, `link`, and `menuitem` elements have accessible names

  When an element doesn't have an accessible name, screen readers announce it with a generic name, making it unusable for users who rely on screen readers. Learn more.

- ARIA input fields have accessible names

  When an input field doesn't have an accessible name, screen readers announce it with a generic name, making it unusable for users who rely on screen readers. Learn more.

- ARIA `meter` elements have accessible names

  When an element doesn't have an accessible name, screen readers announce it with a generic name, making it unusable for users who rely on screen readers. Learn more.

- ARIA `progressbar` elements have accessible names

  When a `progressbar` element doesn't have an accessible name, screen readers announce it with a generic name, making it unusable for users who rely on screen readers. Learn more.

- `[role]`s have all required `[aria-*]` attributes

  Some ARIA roles have required attributes that describe the state of the element to screen readers. Learn more.

- Elements with an ARIA `[role]` that require children to contain a specific `[role]` have all required children.

  Some ARIA parent roles must contain specific child roles to perform their intended accessibility functions. Learn more.

- `[role]`s are contained by their required parent element

  Some ARIA child roles must be contained by specific parent roles to properly perform their intended accessibility functions. Learn more.

- `[role]` values are valid

  ARIA roles must have valid values in order to perform their intended accessibility functions. Learn more.

- ARIA toggle fields have accessible names

  When a toggle field doesn't have an accessible name, screen readers announce it with a generic name, making it unusable for users who rely on screen readers. Learn more.

- ARIA `tooltip` elements have accessible names

  When an element doesn't have an accessible name, screen readers announce it with a generic name, making it unusable for users who rely on screen readers. Learn more.

- ARIA `treeitem` elements have accessible names

  When an element doesn't have an accessible name, screen readers announce it with a generic name, making it unusable for users who rely on screen readers. Learn more.

- `<dl>`'s contain only properly-ordered `<dt>` and `<dd>` groups, `<script>`, `<template>` or `<div>` elements.

  When definition lists are not properly marked up, screen readers may produce confusing or inaccurate output. Learn more.

- Definition list items are wrapped in `<dl>` elements

Definition list items (`<dt>` and `<dd>`) must be wrapped in a parent `<dl>` element to ensure that screen readers can properly announce them. Learn more.

- `<input type="image">` elements have `[alt]` text

  When an image is being used as an `<input>` button, providing alternative text can help screen reader users understand the purpose of the button. Learn more.

- The document does not use `<meta http-equiv="refresh">`

  Users do not expect a page to refresh automatically, and doing so will move focus back to the top of the page. This may create a frustrating or confusing experience. Learn more.

- `<object>` elements have `[alt]` text

  Screen readers cannot translate non-text content. Adding alt text to `<object>` elements helps screen readers convey meaning to users. Learn more.

- No element has a `[tabindex]` value greater than 0

  A value greater than 0 implies an explicit navigation ordering. Although technically valid, this often creates frustrating experiences for users who rely on assistive technologies. Learn more.

- Cells in a `<table>` element that use the `[headers]` attribute refer to table cells within the same table.

  Screen readers have features to make navigating tables easier. Ensuring `<td>` cells using the `[headers]` attribute only refer to other cells in the same table may improve the experience for screen reader users. Learn more.

- `<th>` elements and elements with `[role="columnheader"/"rowheader"]` have data cells they describe.

  Screen readers have features to make navigating tables easier. Ensuring table headers always refer to some set of cells may improve the experience for screen reader users. Learn more.

- `[lang]` attributes have a valid value

  Specifying a valid BCP 47 language on elements helps ensure that text is pronounced correctly by a screen reader. Learn more.

- `<video>` elements contain a `<track>` element with `[kind="captions"]`

  When a video provides a caption it is easier for deaf and hearing impaired users to access its information. Learn more.

Best Practices

Trust and Safety

- Ensure CSP is effective against XSS attacks

  A strong Content Security Policy (CSP) significantly reduces the risk of cross-site scripting (XSS) attacks. Learn more

Description	Directive	Severity

Description	Directive	Severity
No CSP found in enforcement mode		High

Passed audits (16)

Uses HTTPS

All sites should be protected with HTTPS, even ones that don't handle sensitive data. This includes avoiding mixed content, where some resources are loaded over HTTP despite the initial request being served over HTTPS. HTTPS prevents intruders from tampering with or passively listening in on the communications between your app and your users, and is a prerequisite for HTTP/2 and many new web platform APIs. Learn more.

Links to cross-origin destinations are safe

Add `rel="noopener"` or `rel="noreferrer"` to any external links to improve performance and prevent security vulnerabilities. Learn more.

Avoids requesting the geolocation permission on page load

Users are mistrustful of or confused by sites that request their location without context. Consider tying the request to a user action instead. Learn more.

Avoids requesting the notification permission on page load

Users are mistrustful of or confused by sites that request to send notifications without context. Consider tying the request to user gestures instead. Learn more.

Avoids front-end JavaScript libraries with known security vulnerabilities

Some third-party scripts may contain known security vulnerabilities that are easily identified and exploited by attackers. Learn more.

Allows users to paste into password fields

Preventing password pasting undermines good security policy. Learn more.

Displays images with correct aspect ratio

Image display dimensions should match natural aspect ratio. Learn more.

Serves images with appropriate resolution

Image natural dimensions should be proportional to the display size and the pixel ratio to maximize image clarity. Learn more.

Page has the HTML doctype

Specifying a doctype prevents the browser from switching to quirks-mode. Learn more.

Properly defines charset

A character encoding declaration is required. It can be done with a `<meta>` tag in the first 1024 bytes of the HTML or in the Content-Type HTTP response header. Learn more.

Avoids `unload` event listeners

The `unload` event does not fire reliably and listening for it can prevent browser optimizations like the Back-Forward Cache. Consider using the `pagehide` or `visibilitychange` events instead. Learn more

Avoids Application Cache

Application Cache is deprecated. Learn more.

Avoids deprecated APIs

Deprecated APIs will eventually be removed from the browser. Learn more.

No browser errors logged to the console

Errors logged to the console indicate unresolved problems. They can come from network request failures and other browser concerns. Learn more

Page has valid source maps

Source maps translate minified code to the original source code. This helps developers debug in production. In addition, Lighthouse is able to provide further insights. Consider deploying source maps to take advantage of these benefits. Learn more.

No issues in the `Issues` panel in Chrome Devtools

Issues logged to the `Issues` panel in Chrome Devtools indicate unresolved problems. They can come from network request failures, insufficient security controls, and other browser concerns. Open up the Issues panel in Chrome DevTools for more details on each issue.

Not applicable (2)

Fonts with `font-display: optional` are preloaded

Preload `optional` fonts so first-time visitors may use them. Learn more

Detected JavaScript libraries

All front-end JavaScript libraries detected on the page. Learn more.

SEO

These checks ensure that your page is following basic search engine optimization advice. There are many additional factors Lighthouse does not score here that may affect your search ranking, including performance on Core Web Vitals. Learn more.

Content Best Practices — Format your HTML in a way that enables crawlers to better understand your app's content.

Document does not have a meta description

Meta descriptions may be included in search results to concisely summarize page content. Learn more.

Additional items to manually check (1) — Run these additional validators on your site to check additional SEO best

practices.

- Structured data is valid

  Run the Structured Data Testing Tool and the Structured Data Linter to validate structured data. Learn more.

Passed audits (9)

- Has a `<meta name="viewport">` tag with `width` or `initial-scale`

  A `<meta name="viewport">` not only optimizes your app for mobile screen sizes, but also prevents a 300 millisecond delay to user input. Learn more. TBT

- Document has a `<title>` element

  The title gives screen reader users an overview of the page, and search engine users rely on it heavily to determine if a page is relevant to their search. Learn more.

- Page has successful HTTP status code

  Pages with unsuccessful HTTP status codes may not be indexed properly. Learn more.

- Links have descriptive text

  Descriptive link text helps search engines understand your content. Learn more.

- Links are crawlable

  Search engines may use `href` attributes on links to crawl websites. Ensure that the `href` attribute of anchor elements links to an appropriate destination, so more pages of the site can be discovered. Learn More

- Page isn't blocked from indexing

  Search engines are unable to include your pages in search results if they don't have permission to crawl them. Learn more.

- Image elements have `[alt]` attributes

  Informative elements should aim for short, descriptive alternate text. Decorative elements can be ignored with an empty alt attribute. Learn more.

- Document has a valid `hreflang`

  hreflang links tell search engines what version of a page they should list in search results for a given language or region. Learn more.

- Document avoids plugins

  Search engines can't index plugin content, and many devices restrict plugins or don't support them. Learn more.

Not applicable (4)

- robots.txt is valid

  If your robots.txt file is malformed, crawlers may not be able to understand how you want your website to be crawled or indexed. Learn more.

- Document has a valid `rel=canonical`

Canonical links suggest which URL to show in search results. Learn more.

- Document uses legible font sizes

  Font sizes less than 12px are too small to be legible and require mobile visitors to “pinch to zoom” in order to read. Strive to have >60% of page text ≥12px. Learn more.

- Tap targets are sized appropriately

  Interactive elements like buttons and links should be large enough (48x48px), and have enough space around them, to be easy enough to tap without overlapping onto other elements. Learn more.

Progressive Web App

These checks validate the aspects of a Progressive Web App. Learn more.

Installable

- Web app manifest or service worker do not meet the installability requirements — 1 reason

  Service worker is the technology that enables your app to use many Progressive Web App features, such as offline, add to homescreen, and push notifications. With proper service worker and manifest implementations, browsers can proactively prompt users to add your app to their homescreen, which can lead to higher engagement. Learn more.

  Failure reason

  No manifest was fetched

PWA Optimized

- Does not register a service worker that controls page and `start_url`

  The service worker is the technology that enables your app to use many Progressive Web App features, such as offline, add to homescreen, and push notifications. Learn more.

- Redirects HTTP traffic to HTTPS

  If you've already set up HTTPS, make sure that you redirect all HTTP traffic to HTTPS in order to enable secure web features for all your users. Learn more.

- Is not configured for a custom splash screen Failures: No manifest was fetched.

  A themed splash screen ensures a high-quality experience when users launch your app from their homescreens. Learn more.

- Does not set a theme color for the address bar.
  Failures: No manifest was fetched, No `<meta name="theme-color">` tag found.

  The browser address bar can be themed to match your site. Learn more.

Content is sized correctly for the viewport

If the width of your app's content doesn't match the width of the viewport, your app might not be optimized for mobile screens. Learn more.

Has a `<meta name="viewport">` tag with `width` or `initial-scale`

A `<meta name="viewport">` not only optimizes your app for mobile screen sizes, but also prevents a 300 millisecond delay to user input. Learn more. TBT

Does not provide a valid `apple-touch-icon`

For ideal appearance on iOS when users add a progressive web app to the home screen, define an `apple-touch-icon`. It must point to a non-transparent 192px (or 180px) square PNG. Learn More.

Manifest doesn't have a maskable icon No manifest was fetched

A maskable icon ensures that the image fills the entire shape without being letterboxed when installing the app on a device. Learn more.

Additional items to manually check (3) — These checks are required by the baseline PWA Checklist but are not automatically checked by Lighthouse. They do not affect your score but it's important that you verify them manually.

Site works cross-browser

To reach the most number of users, sites should work across every major browser. Learn more.

Page transitions don't feel like they block on the network

Transitions should feel snappy as you tap around, even on a slow network. This experience is key to a user's perception of performance. Learn more.

Each page has a URL

Ensure individual pages are deep linkable via URL and that URLs are unique for the purpose of shareability on social media. Learn more.

Runtime Settings

URL	https://nickyfrs.github.io/hma-bds/contact.html
Fetch Time	Jan 3, 2022, 12:36 AM GMT
Device	Emulated Desktop
Network throttling	40 ms TCP RTT, 10,240 Kbps throughput (Simulated)
CPU throttling	1x slowdown (Simulated)
Channel	devtools
User agent (host)	Mozilla/5.0 (Windows NT 10.0; Win64; x64) AppleWebKit/537.36 (KHTML, like Gecko) Chrome/96.0.4664.110 Safari/537.36

User agent (network)	Mozilla/5.0 (Macintosh; Intel Mac OS X 10_15_7) AppleWebKit/537.36 (KHTML, like Gecko) Chrome/94.0.4590.2 Safari/537.36 Chrome-Lighthouse
CPU/Memory Power	1257
Axe version	4.2.3

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