| M | SD | Skew | Kurtosis | α | ES\_total | PWB\_Autonomy | PWB\_Environmental\_Mastery | PWB\_Personal\_Growth | PWB\_Rositive\_Relations | PWB\_Purpose\_of\_life |
| --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- |
| 7.43 | 2.12 | -1.03 | 3.85 | 0.67 | 1.00 | 0.07 | 0.49 | 0.27 | 0.44 | 0.02 |
| 12.44 | 2.68 | -0.39 | 3.16 | 0.63 | 0.07 | 1.00 | 0.30 | 0.23 | 0.02 | 0.12 |
| 13.70 | 2.63 | -0.73 | 3.66 | 0.55 | 0.49 | 0.30 | 1.00 | 0.47 | 0.28 | 0.26 |
| 15.36 | 2.49 | -1.35 | 4.67 | 0.61 | 0.27 | 0.23 | 0.47 | 1.00 | 0.34 | 0.33 |
| 13.64 | 3.09 | -0.94 | 4.13 | 0.44 | 0.44 | 0.02 | 0.28 | 0.34 | 1.00 | -0.05 |
| 13.87 | 2.62 | -0.50 | 3.30 | 0.35 | 0.02 | 0.12 | 0.26 | 0.33 | -0.05 | 1.00 |
| 13.48 | 2.97 | -0.58 | 2.95 | 0.72 | 0.57 | 0.30 | 0.63 | 0.45 | 0.45 | 0.15 |