| **Variable** | **M** | **SD** | **Skew** | **Kurtosis** | **α** | **I** | **II** | **III** | **IV** | **V** |
| --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- |
| ES\_total | 7.43 | 2.12 | -1.03 | 3.85 | 0.67 | 1.00 | 0.75 | -0.69 | 0.52 | -0.75 |
| ES\_likert\_total | 31.63 | 7.40 | -0.18 | 3.42 | 0.81 | 0.75 | 1.00 | -0.59 | 0.54 | -0.66 |
| GSI | 32.01 | 34.33 | 1.47 | 4.30 | 0.98 | -0.69 | -0.59 | 1.00 | -0.55 | 0.88 |
| CDRISC\_total | 25.74 | 7.91 | -0.72 | 3.50 | 0.89 | 0.52 | 0.54 | -0.55 | 1.00 | -0.52 |
| BDI\_total | 10.14 | 11.86 | 1.94 | 7.11 | 0.96 | -0.75 | -0.66 | 0.88 | -0.52 | 1.00 |